



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dziki Weekend 2018
Stowarzyszenie Klub Biegowy Dzik
2018-08-19
Police
7.5 km

IV EKSTREMALNY DZIKOBIEG

B4SPORT

B4SPORT
INTELIGENNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Mundurowi	Drużyna Klubu	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	PELO Artur	798	7 BRYGADA OBRONY WYBRZEŻA SLUPSK	M3 40-49	1				00:45:28.55	00:45:28.55		6:03	9,9 (100%)
2	POKRZYWIŃSKI Zbigniew	667	BBL POLICE	M2 30-39	1	12BZ Szczecin	xRunners		00:48:19.45	00:48:19.45	+00:02:50 (5.9%)	6:26	9,3 (100%)
3	WÓJCIK Rafał	170	SKB DZIK POLICE	M3 40-49	2	12BZ Szczecin	SKB Dzik		00:48:59.25	00:48:59.25	+00:03:30 (7.2%)	6:31	9,2 (100%)
4	SOWAŁA Wojciech	796	KW PSP ŁÓDŹ	M2 30-39	2	KW PSP ŁÓDŹ			00:49:17.25	00:49:17.25	+00:03:48 (7.7%)	6:34	9,1 (101.1%)
5	PLESNER Krzysztof	856	KMPSP SZCZECIN	M2 30-39	3	PSP SZCZECIN	PSP Szczecin		00:49:35.95	00:49:35.95	+00:04:07 (8.3%)	6:36	9,1 (101.1%)
6	GREGULA Wojt	777	STRAŻ POŻARNA	M2 30-39	4	PSP SZCZECIN	Straż Pożarna Szczecin		00:49:59.10	00:49:59.10	+00:04:30 (9.0%)	6:39	9 (100%)
7	POGOCKI Seweryn	795	KW PSP ŁÓDŹ	M2 30-39	5	KW PSP ŁÓDŹ			00:50:46.20	00:50:46.20	+00:05:17 (10.4%)	6:46	8,9 (98.9%)
8	SKORSKI Lukasz	552		M2 30-39	6				00:50:52.35	00:50:52.35	+00:05:23 (10.6%)	6:46	8,8 (88.9%)
9	PAWLIŃSKI Piotr	904	GRUPA AZOTY POLICE	M2 30-39	7		Grupa Azoty Police		00:51:05.30	00:51:05.30	+00:05:36 (11.0%)	6:48	8,8 (97.8%)
10	BURDKA Piotr	800	KW PSP ŁÓDŹ	M3 40-49	3	KW PSP ŁÓDŹ			00:51:20.15	00:51:20.15	+00:05:51 (11.4%)	6:50	8,8 (97.8%)
11	PAWŁOWSKI Kamil	601	OCR TEAM WŁOCŁAWEK	M1 16-29	1	JW 3605	OCR TEAM WŁOCŁAWEK		00:51:24.20	00:51:24.20	+00:05:55 (11.5%)	6:51	8,8 (88.9%)
12	USTIANOWSKI Przemysław	760	12 BZ	M3 40-49	4	12BZ Szczecin			00:51:36.20	00:51:36.20	+00:06:07 (11.9%)	6:52	8,7 (88.9%)
13	SZCZEPANIAK Paweł	86	MUD GOATS	M1 16-29	2		Mud Goats		00:52:36.15	00:52:36.15	+00:07:07 (13.5%)	7:00	8,6 (88.9%)
14	CHUDAŃSKI Hubert	642	SP PSP BYDGOSZCZ	M2 30-39	8				00:54:12.55	00:54:12.55	+00:08:44 (16.1%)	7:13	8,3 (88.9%)
15	GAWLIK Wojciech	394	IWSP SZ	M2 30-39	9				00:54:14.75	00:54:14.75	+00:08:46 (16.2%)	7:13	8,3 (88.9%)
16	ADAMSKI Janusz	1253	DOULIFE TEAM	M3 40-49	5		Doulife team		00:54:18.55	00:54:18.55	+00:08:50 (16.3%)	7:14	8,3 (88.9%)
17	HENDZEL Miłosz	28	PUSZCZYK BUKOWY	M2 30-39	10				00:54:25.05	00:54:25.05	+00:08:56 (16.4%)	7:15	8,3 (88.9%)
18	PŁOŃSKI Jakub	1148		M2 30-39	11		Dziki Dzik Gorzów		00:54:36.30	00:54:36.30	+00:09:07 (16.7%)	7:16	8,2 (88.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
19	WASZAK Krzysztof	361		M1 16-29	3	12BZ Szczecin	Brothers Team	00:54:38.00	00:54:38.00	+00:09:09 (16.8%)	7:17	8,2 (88.9%)
20	PRAŻANOWSKI Grzegorz	1096	DESZCZNO WARRIORS	M2 30-39	12		Deszczno Warriors	00:55:39.25	00:55:39.25	+00:10:10 (18.3%)	7:25	8,1 (88.9%)
21	RUDZIŃSKI Jacek	171	KW PSP SZCZECIN	M3 40-49	6	PSP SZCZECIN	PSP Szczecin	00:55:54.60	00:55:54.60	+00:10:26 (18.7%)	7:27	8,1 (88.9%)
22	MASIUKIEWICZ Jacek	1338	DESZCZNO WARRIORS	M2 30-39	13		Deszczno Warriors	00:56:02.25	00:56:02.25	+00:10:33 (18.8%)	7:28	8 (88.9%)
23	MICHALAK Michał	693	OSŻW MIŃSK MAZOWIECKI	M3 40-49	7			00:56:08.45	00:56:08.45	+00:10:39 (19.0%)	7:29	8 (88.9%)
24	HOŁYŃSKI Leszek	239	WIECZORNE BIEGANIE W SZCZECINIE	M2 30-39	14			00:56:10.90	00:56:10.90	+00:10:42 (19.1%)	7:29	8 (88.9%)
25	WRÓBLEWSKI Michał	479	GRA RUNNERS	M2 30-39	15		Gryficka Siła Biegowa	00:56:31.25	00:56:31.25	+00:11:02 (19.5%)	7:32	8 (88.9%)
26	PAPLICKI Michał	1031	DZIKIE DZIKI GORZÓW	M2 30-39	16		Dzikie Dziki Gorzów	00:56:34.65	00:56:34.65	+00:11:06 (19.6%)	7:32	8 (88.9%)
27	GOŁĘBIEWSKI Tomasz	584	PARUNMEDIC	M2 30-39	17	paRUNmedic	paRUNmedic	00:56:47.10	00:56:47.10	+00:11:18 (19.9%)	7:34	7,9 (77.8%)
28	MICHALAK Krzysztof	1015	UNBREAKABLE	M3 40-49	8			00:57:00.25	00:57:00.25	+00:11:31 (20.2%)	7:36	7,9 (77.8%)
29	ZABOROWSKA Małgorzata	817	GRARUNNERS / OSP PŁOTY	K2 30-39	1		Gryficka Siła Biegowa	00:57:05.00	00:57:05.00	+00:11:36 (20.3%)	7:36	7,9 (87.8%)
30	KOŁODZIŃSKI Paweł	747	DZIKIE DZIKI GORZÓW	M2 30-39	18		Dzikie Dziki Gorzów	00:57:27.30	00:57:27.30	+00:11:58 (20.8%)	7:39	7,8 (77.8%)
31	SZYMKIEWICZ Łukasz	1070	MECHANICY	M2 30-39	19			00:57:41.40	00:57:41.40	+00:12:12 (21.2%)	7:41	7,8 (77.8%)
32	PRUSEK Mateusz	75	AKTYWNE CHOSZCZNO	M1 16-29	4		Aktywne Choszczno	00:57:42.40	00:57:42.40	+00:12:13 (21.2%)	7:41	7,8 (77.8%)
33	STEFAŃCZYK Przemysław	238		M3 40-49	9			00:57:50.85	00:57:50.85	+00:12:22 (21.4%)	7:42	7,8 (77.8%)
34	KOZAJDA Tomasz	1292	DESZCZNO WARRIORS	M2 30-39	20			00:57:52.85	00:57:52.85	+00:12:24 (21.4%)	7:42	7,8 (77.8%)
35	PRZEKOPOWICZ Bartosz	782	102. BATALION OCHRONY	M1 16-29	5			00:58:08.45	00:58:08.45	+00:12:39 (21.8%)	7:45	7,7 (77.8%)
36	STOLAREK Sebastian	250		M1 16-29	6			00:58:30.20	00:58:30.20	+00:13:01 (22.3%)	7:48	7,7 (77.8%)
37	MACIASZEK Grzegorz	797	KW PSP ŁÓDŹ	M3 40-49	10	KW PSP ŁÓDŹ		00:58:36.10	00:58:36.10	+00:13:07 (22.4%)	7:48	7,7 (85.6%)
38	WIĘCKO Jacek	922	15GBZ	M3 40-49	11	15 Giżycka Brygada Zmechanizowana	15 Giżycka Brygada Zmechanizowana	00:59:11.15	00:59:11.15	+00:13:42 (23.2%)	7:53	7,6 (77.8%)
39	GÓRNIAK Przemysław	172	12 BRYGADA ZMECHANIZOWANA	M1 16-29	7			00:59:51.10	00:59:51.10	+00:14:22 (24.0%)	7:58	7,5 (77.8%)
40	KOWALCZYK Artur	1044	DZIKIE DZIKI GORZÓW	M3 40-49	12		Dzikie Dziki Gorzów	01:00:58.30	01:00:58.30	+00:15:29 (25.4%)	8:07	7,4 (77.8%)
41	KWIATKOWSKI Kajetan	47	BIGYELLOWFOOT ADVENTURE TEAM	M2 30-39	21		Małe Lwy	01:01:18.85	01:01:18.85	+00:15:50 (25.8%)	8:10	7,3 (77.8%)
42	KRÓL Kamil	53	SOCIOS SILESIA	M1 16-29	8		socos Silesia	01:01:23.30	01:01:23.30	+00:15:54 (25.9%)	8:11	7,3 (77.8%)
43	PAWLAK Bartosz	327	WIECZORNE BIEGANIE W SZCZECINIE	M1 16-29	9			01:01:38.10	01:01:38.10	+00:16:09 (26.2%)	8:13	7,3 (77.8%)
44	SIEDLER Martin	302	SV DONSBRUGGEN	M2 30-39	22			01:02:04.10	01:02:04.10	+00:16:35 (26.7%)	8:16	7,3 (77.8%)
45	CZARNECKA Barbara	149		K2 30-39	2			01:02:09.10	01:02:09.10	+00:16:40 (26.8%)	8:17	7,2 (77.8%)

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46	MIKULSKI Marcin	1342		M1 16-29	10			01:02:28.25	01:02:28.25	+00:16:59 (27.2%)	8:19	7,2 (77.8%)
47	ZELEK Dariusz	388		M3 40-49	13			01:02:44.80	01:02:44.80	+00:17:16 (27.5%)	8:21	7,2 (77.8%)
48	KAMIŃSKA Ewelina	117	MUD GOATS	K2 30-39	3		Mud Goats	01:03:21.65	01:03:21.65	+00:17:53 (28.2%)	8:26	7,1 (78.9%)
48	DYDEK Edyta	943	CF PRAWY BRZEG	K1 16-29	1		Cf prawy brzeg	01:03:21.65	01:03:21.65	+00:17:53 (28.2%)	8:26	7,1 (78.9%)
50	POCIERZNICKI Rafał	384	3KPZMOT/1BPZMOT/12BZ	M2 30-39	23	3kpzmot/1bpzmot		01:03:28.45	01:03:28.45	+00:17:59 (28.4%)	8:27	7,1 (77.8%)
51	TWARDOWSKI Michał	942	XRUNNERS	M2 30-39	24	JW 3605	xRunners	01:03:30.15	01:03:30.15	+00:18:01 (28.4%)	8:28	7,1 (77.8%)
52	PASIKOWSKI Kamil	356	SPONTAN SZCZECIN TEAM	M1 16-29	11			01:03:31.85	01:03:31.85	+00:18:03 (28.4%)	8:28	7,1 (78.9%)
53	PAPLICKA Katarzyna	1005	DZIKIE DZIKI GORZÓW	K2 30-39	4		Dzikie Dzikie Gorzów	01:03:52.90	01:03:52.90	+00:18:24 (28.8%)	8:30	7 (77.8%)
54	ŻUKOWSKA Natalia	770	JW 3605	K2 30-39	5	JW 3605	xRunners	01:03:57.00	01:03:57.00	+00:18:28 (28.9%)	8:31	7 (77.8%)
55	PRZYBYSZ Rafał	555	23. BAZA LOTNICTWA TAKTYCZNEGO	M2 30-39	25	23. Baza Lotnictwa Taktycznego	23. Baza Lotnictwa Taktycznego	01:04:03.45	01:04:03.45	+00:18:34 (29.0%)	8:32	7 (77.8%)
56	RUDZIŃSKI Jakub	570	KW PSP SZCZECIN	M1 16-29	12	KW PSP Szczecin		01:04:05.10	01:04:05.10	+00:18:36 (29.0%)	8:32	7 (77.8%)
57	DZIEDZIC Paweł	575		M1 16-29	13		Mango Gatki Team	01:04:09.15	01:04:09.15	+00:18:40 (29.1%)	8:33	7 (77.8%)
58	KOZŁOWSKI Artur	956		M2 30-39	26			01:04:10.80	01:04:10.80	+00:18:42 (29.1%)	8:33	7 (77.8%)
59	KRZACZKOWSKA Iwona	715	DZIKI WROCŁAW	K2 30-39	6		Dziki Wrocław	01:04:17.95	01:04:17.95	+00:18:49 (29.3%)	8:34	7 (77.8%)
60	TOPOREK Przemysław	713	DLL PARTNERS	M2 30-39	27		DLL Partners	01:04:45.65	01:04:45.65	+00:19:17 (29.8%)	8:38	6,9 (76.7%)
61	MARZEC Karolina	441	DZIKIE DZIKI GORZÓW	K2 30-39	7			01:04:54.70	01:04:54.70	+00:19:26 (29.9%)	8:39	6,9 (76.7%)
62	GIZICKI Tomasz	729	KP PSP POLICE	M1 16-29	14	KP PSP Police	KP PSP Police	01:04:56.75	01:04:56.75	+00:19:28 (30.0%)	8:39	6,9 (76.7%)
63	ROZICKI Krzysztof	425	3KPZMOT/1BPZMOT/12BZ	M2 30-39	28	3kpzmot/1bpzmot/12BZ	3kpzmot/1bpzmot/12BZ	01:05:04.55	01:05:04.55	+00:19:36 (30.1%)	8:40	6,9 (76.7%)
64	LUDWICZAK Jarosław	260	KOŚCIAN TEAM	M2 30-39	29			01:05:14.70	01:05:14.70	+00:19:46 (30.3%)	8:41	6,9 (66.7%)
65	SŁOWIK Jacek	416		M1 16-29	15			01:05:23.60	01:05:23.60	+00:19:55 (30.5%)	8:43	6,9 (66.7%)
66	GŁADYSZ Jarosław	435		M2 30-39	30			01:05:25.90	01:05:25.90	+00:19:57 (30.5%)	8:43	6,9 (66.7%)
67	SZARZEC Przemysław	375	3KPZMOT/1BPZMOT/12BZ	M2 30-39	31	3kpzmot/1bpzmot/12BZ	3kpzmot/1bpzmot/12BZ	01:05:31.95	01:05:31.95	+00:20:03 (30.6%)	8:44	6,9 (76.7%)
68	PORZYCH Zbigniew	346	CALIBRA TIM	M2 30-39	32			01:05:51.45	01:05:51.45	+00:20:22 (30.9%)	8:46	6,8 (66.7%)
69	SCHERFENBERG Łukasz	348		M2 30-39	33		ZS Zwyrole	01:05:58.70	01:05:58.70	+00:20:30 (31.1%)	8:47	6,8 (66.7%)
70	NIEMIRO Dominika	690	JAGODOWO-KALINOWY TEAM	K2 30-39	8			01:06:12.65	01:06:12.65	+00:20:44 (31.3%)	8:49	6,8 (75.6%)
71	SZCZEPANIAK Marcin	17	XRUNNERS	M2 30-39	34			01:06:19.35	01:06:19.35	+00:20:50 (31.4%)	8:50	6,8 (66.7%)
72	GŁOWACKI Adrian	516	TEAM POSEJDONA	M2 30-39	35		Team Posejdona	01:06:19.55	01:06:19.55	+00:20:51 (31.4%)	8:50	6,8 (66.7%)

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73	KOTARSKI Wiesław	905	GRUPA AZOTY POLICE	M5 60+	1		Grupa Azoty Police	01:06:20.25	01:06:20.25	+00:20:51 (31.4%)	8:50	6,8 (75.6%)
74	WEŁNA Rafał	495	HUSARIA RACE TEAM	M1 16-29	16		Husaria Race Team	01:06:20.30	01:06:20.30	+00:20:51 (31.4%)	8:50	6,8 (66.7%)
75	KORDYS Michał	531	23.BAZA LOTNICTWA TAKTYCZNEGO	M1 16-29	17	23. Baza Lotnictwa Taktycznego	23. Baza Lotnictwa Taktycznego	01:06:22.75	01:06:22.75	+00:20:54 (31.5%)	8:50	6,8 (66.7%)
76	BIENKOWSKI Michał	413	DZIK KOMANDO	M2 30-39	36			01:06:25.15	01:06:25.15	+00:20:56 (31.5%)	8:51	6,8 (66.7%)
77	KOWALSKI Tomasz	1298	ZMECZONY SEZONEM	M2 30-39	37			01:06:26.90	01:06:26.90	+00:20:58 (31.6%)	8:51	6,8 (66.7%)
78	TAMBORSKA Agata	694	DZIK KOMANDO	K2 30-39	9		Dzik Komando	01:06:31.05	01:06:31.05	+00:21:02 (31.6%)	8:52	6,8 (66.7%)
79	SOLIWODA Jacek	467	15 GIŻYCKA BRYGADA ZMECHANIZOWANA	M3 40-49	14	15 Giżycka Brygada Zmechanizowana	15 Giżycka Brygada Zmechanizowana	01:06:46.00	01:06:46.00	+00:21:17 (31.9%)	8:54	6,7 (66.7%)
80	IWANIEC Dariusz	548	BIEGOLAS KOSZALIN	M3 40-49	15			01:06:46.40	01:06:46.40	+00:21:17 (31.9%)	8:54	6,7 (66.7%)
81	KRYWALD Rafał	1275	DOBRA	M3 40-49	16			01:06:51.60	01:06:51.60	+00:21:23 (32.0%)	8:54	6,7 (66.7%)
82	CZARNECKI Daniel	150		M2 30-39	38			01:06:58.65	01:06:58.65	+00:21:30 (32.1%)	8:55	6,7 (66.7%)
83	BRYL Mirosław	718	15 GIŻYCKA BRYGADA ZMECHANIZOWANA	M3 40-49	17	15 Giżycka Brygada Zmechanizowana	15 Giżycka Brygada Zmechanizowana	01:07:03.65	01:07:03.65	+00:21:35 (32.2%)	8:56	6,7 (66.7%)
84	MICHALAK Piotr	1341	OŻW SZCZECIN	M1 16-29	18	OŻW Szczecin	OŻW Szczecin	01:07:22.40	01:07:22.40	+00:21:53 (32.5%)	8:58	6,7 (74.4%)
85	GRYGORCEWICZ Jan	232	SKB DZIK	M4 50-59	1			01:07:24.55	01:07:24.55	+00:21:56 (32.5%)	8:59	6,7 (74.4%)
86	SZESZKOWSKI Tomasz	287		M2 30-39	39			01:07:37.10	01:07:37.10	+00:22:08 (32.7%)	9:00	6,7 (66.7%)
87	OPIELA Arkadiusz	423		M1 16-29	19			01:08:00.25	01:08:00.25	+00:22:31 (33.1%)	9:04	6,6 (66.7%)
88	MICERSKI Tomasz	419	BIEGOLAS KOSZALIN	M3 40-49	18			01:08:21.20	01:08:21.20	+00:22:52 (33.5%)	9:06	6,6 (66.7%)
89	STYMA Sławomir	958	HUSARIA RACE TEAM	M3 40-49	19			01:08:31.40	01:08:31.40	+00:23:02 (33.6%)	9:08	6,6 (66.7%)
90	MOŻEJKO Dawid	683	DZIK KOMANDO	M2 30-39	40		Dzik Komando	01:08:31.45	01:08:31.45	+00:23:02 (33.6%)	9:08	6,6 (66.7%)
91	KUŁAKOWSKI Dawid	436	BIEGOLAS KOSZALIN	M3 40-49	20			01:08:32.95	01:08:32.95	+00:23:04 (33.7%)	9:08	6,6 (66.7%)
92	GARBACIAK Przemysław	676	MAUPOLAND	M2 30-39	41		MAUPoland	01:08:56.95	01:08:56.95	+00:23:28 (34.0%)	9:11	6,5 (66.7%)
93	KOŁODZIEJSKI Piotr	937		M1 16-29	20			01:09:00.70	01:09:00.70	+00:23:32 (34.1%)	9:12	6,5 (66.7%)
94	ZERZUT Jarosław	93	PUSZCZYK BUKOWY	M4 50-59	2		Puszczyc Bukowy	01:09:11.05	01:09:11.05	+00:23:42 (34.3%)	9:13	6,5 (66.7%)
95	DEC Dominik	318	SOKOŁÓW TEAM	M1 16-29	21			01:09:23.85	01:09:23.85	+00:23:55 (34.5%)	9:15	6,5 (66.7%)
96	OSTOJSKI Ireneusz	824		M3 40-49	21			01:09:47.15	01:09:47.15	+00:24:18 (34.8%)	9:18	6,4 (71.1%)
97	NOWAK Jakub	806		M1 16-29	22			01:09:50.80	01:09:50.80	+00:24:22 (34.9%)	9:18	6,4 (71.1%)
98	KIDA Rafał	319	SOKOŁÓW TEAM	M3 40-49	22			01:09:56.45	01:09:56.45	+00:24:27 (35.0%)	9:19	6,4 (66.7%)
99	BOGDĄSKI Bartosz	369	DZIK KOMANDO	M2 30-39	42			01:10:03.10	01:10:03.10	+00:24:34 (35.1%)	9:20	6,4 (66.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
100	DZIAŁEK Czesław	1032	DZIKIE DZIKI GORZÓW	M3 40-49	23		Dzikie Dzikie Gorzów	01:10:07.55	01:10:07.55	+00:24:39 (35.2%)	9:20	6,4 (66.7%)
101	MAJ Joanna	1329	ZS CROSSFIT SZCZECIN	K2 30-39	10		Maciejkowe Żelki	01:10:12.25	01:10:12.25	+00:24:43 (35.2%)	9:21	6,4 (71.1%)
102	JANKE Łukasz	1332	ZS CROSSFIT SZCZECIN	M2 30-39	43		Maciejkowe Żelki	01:10:13.45	01:10:13.45	+00:24:44 (35.2%)	9:21	6,4 (71.1%)
103	MŁYNARCZYK Tatiana	61	HUSARIA RACE TEAM	K2 30-39	11		Husaria Race Team	01:10:21.85	01:10:21.85	+00:24:53 (35.4%)	9:22	6,4 (66.7%)
104	KOŁOMAŃSKI Hubert	434		M2 30-39	44			01:10:30.45	01:10:30.45	+00:25:01 (35.5%)	9:24	6,4 (66.7%)
105	MOSZYŃSKI Patryk	1183	XRUNNERS	M1 16-29	23		xRunners	01:10:39.60	01:10:39.60	+00:25:11 (35.6%)	9:25	6,4 (66.7%)
106	JASTRZĘBSKI Daniel	321		M3 40-49	24			01:10:42.10	01:10:42.10	+00:25:13 (35.7%)	9:25	6,4 (66.7%)
107	ŚLUFIŃSKI Franek	608	OCR TEAM WŁOCŁAWEK	M1 16-29	24		OCR TEAM WŁOCŁAWEK	01:10:42.25	01:10:42.25	+00:25:13 (35.7%)	9:25	6,4 (66.7%)
108	KLEPACKI Bartek	276		M2 30-39	45			01:10:47.10	01:10:47.10	+00:25:18 (35.8%)	9:26	6,4 (66.7%)
109	KOTYNIA Dawid	1104	COLOSSUS	M2 30-39	46			01:10:49.20	01:10:49.20	+00:25:20 (35.8%)	9:26	6,4 (66.7%)
110	ZIÓŁKOWSKI Mieczysław	309	ZGUBIŁEM SPONSORA	M4 50-59	3			01:10:51.95	01:10:51.95	+00:25:23 (35.8%)	9:26	6,4 (66.7%)
111	WOJCIECHOWSKA Paulina	255		K1 16-29	2		Mud Goats	01:10:54.45	01:10:54.45	+00:25:25 (35.9%)	9:27	6,3 (66.7%)
111	GLINKOWSKI Filip	100	FIFNE PYRKI	M1 16-29	25		Fifne Pyrki	01:10:54.45	01:10:54.45	+00:25:25 (35.9%)	9:27	6,3 (66.7%)
113	SZUSTAK Robert	92	PITUPITU	M3 40-49	25			01:10:58.15	01:10:58.15	+00:25:29 (35.9%)	9:27	6,3 (66.7%)
114	RAWLUK Adrian	1185		M1 16-29	26		Koloniści	01:11:01.25	01:11:01.25	+00:25:32 (36.0%)	9:28	6,3 (66.7%)
115	ZBLEWSKI Radosław	1098		M3 40-49	26			01:11:05.25	01:11:05.25	+00:25:36 (36.0%)	9:28	6,3 (70.0%)
116	KOTYNIA Maciej	969		M2 30-39	47			01:11:05.95	01:11:05.95	+00:25:37 (36.0%)	9:28	6,3 (66.7%)
117	ANYŻEWSKI Tomek	585	OCR TEAM WŁOCŁAWEK	M2 30-39	48		OCR TEAM WŁOCŁAWEK	01:11:14.05	01:11:14.05	+00:25:45 (36.2%)	9:29	6,3 (66.7%)
118	CHENON Guillaume	607	WIECZORNE BIEGANIE W SZCZECINIE	M2 30-39	49		Wieczorne Bieganie w Szczecinie	01:11:23.45	01:11:23.45	+00:25:54 (36.3%)	9:31	6,3 (66.7%)
119	MIELCZAREK Krystian	275	STARGARDZKI KLUB MORSÓW MIEDWIANIE	M2 30-39	50			01:11:34.75	01:11:34.75	+00:26:06 (36.5%)	9:32	6,3 (66.7%)
120	GRABOWSKI Jarosław	1119	PDC	M2 30-39	51		PDC	01:11:43.00	01:11:43.00	+00:26:14 (36.6%)	9:33	6,3 (66.7%)
121	LIPERTOWICZ Sebastian	595	LOVELASY	M2 30-39	52			01:11:49.20	01:11:49.20	+00:26:20 (36.7%)	9:34	6,3 (66.7%)
122	PŁUCIENIK Jakub	921		M1 16-29	27		Maciejkowe Żelki	01:11:50.90	01:11:50.90	+00:26:22 (36.7%)	9:34	6,3 (70.0%)
123	KACZMAREK Maciej	739	BROS TEAM	M1 16-29	28			01:11:57.15	01:11:57.15	+00:26:28 (36.8%)	9:35	6,3 (66.7%)
124	ARLUKIEWICZ Grzegorz	1187		M1 16-29	29			01:12:00.65	01:12:00.65	+00:26:32 (36.8%)	9:36	6,3 (66.7%)
125	SPÓLNIK Paweł	709		M2 30-39	53			01:12:01.95	01:12:01.95	+00:26:33 (36.9%)	9:36	6,2 (66.7%)
126	KWIATKOWSKA Aleksandra	96	WIECZORNE BIEGANIE W SZCZECINIE	K1 16-29	3			01:12:08.05	01:12:08.05	+00:26:39 (37.0%)	9:37	6,2 (66.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas		Różn	Tempo min/km	Tempo km/h
								netto 7.5km	brutto 7.5km			
127	BACIOR Tomasz	398		M2 30-39	54			01:12:08.60	01:12:08.60	+00:26:40 (37.0%)	9:37	6,2 (66.7%)
128	LANGE Damian	611	TEAM POSEJDONA	M2 30-39	55	Team Posejdona	Team Posejdona	01:12:14.45	01:12:14.45	+00:26:45 (37.0%)	9:37	6,2 (66.7%)
129	MORGIEWICZ Piotr	278	RUNGRYF GRYFICE	M4 50-59	4		Gryficka Siła Biegowa	01:12:15.10	01:12:15.10	+00:26:46 (37.1%)	9:38	6,2 (66.7%)
130	PANASZEK Rafał	1173	AKTYWNE PRAWOBRZEŻE SZCZECIN	M1 16-29	30		Aktywne Prawobrzeże Szczecin	01:12:15.45	01:12:15.45	+00:26:46 (37.1%)	9:38	6,2 (66.7%)
131	ZAWLIK Tomasz	279		M3 40-49	27			01:12:15.75	01:12:15.75	+00:26:47 (37.1%)	9:38	6,2 (66.7%)
132	BABICZ Wojtek	420	BRIDGESTONE STARGARD RUNNERS	M2 30-39	56			01:12:22.80	01:12:22.80	+00:26:54 (37.2%)	9:38	6,2 (66.7%)
133	SOBOCIŃSKA Ewelina	745	15 GIŻYCKA BRYGADA ZMECHANIZOWANA	K2 30-39	12	15 Giżycka Brygada Zmechanizowana	15 Giżycka Brygada Zmechanizowana	01:12:31.85	01:12:31.85	+00:27:03 (37.3%)	9:40	6,2 (66.7%)
134	TOMICZAK Krzysztof	323		M3 40-49	28			01:12:35.65	01:12:35.65	+00:27:07 (37.4%)	9:40	6,2 (66.7%)
135	NIKONOWICZ Ewa	464	15 GIŻYCKA BRYGADA ZMECHANIZOWANA	K2 30-39	13	15 Giżycka Brygada Zmechanizowana	15 Giżycka Brygada Zmechanizowana	01:12:46.95	01:12:46.95	+00:27:18 (37.5%)	9:42	6,2 (66.7%)
136	CHUDY Kamil	1067		M2 30-39	57			01:13:06.60	01:13:06.60	+00:27:38 (37.8%)	9:44	6,2 (66.7%)
137	CHMUROWICZ Marcin	1069		M2 30-39	58			01:13:21.15	01:13:21.15	+00:27:52 (38.0%)	9:46	6,1 (66.7%)
138	WIETRZYŃSKA Agnieszka	1210	ALGRAF RACE TEAM	K3 40-49	1			01:13:29.10	01:13:29.10	+00:28:00 (38.1%)	9:47	6,1 (66.7%)
139	RYBARCZYK Ilona	74	HURAGAN - KOŁO BIEGA	K1 16-29	4		Mud Goats	01:13:30.30	01:13:30.30	+00:28:01 (38.1%)	9:48	6,1 (66.7%)
140	KOPYŚĆ Bartłomiej	1061	CALIBRA TIM	M2 30-39	59			01:13:34.00	01:13:34.00	+00:28:05 (38.2%)	9:48	6,1 (66.7%)
141	ADAMCZYK Paweł	823		M2 30-39	60			01:13:35.40	01:13:35.40	+00:28:06 (38.2%)	9:48	6,1 (67.8%)
142	TARNOWSKI Tomasz	503	HUSARIA RACE TEAM	M2 30-39	61		Husaria Race Team	01:13:39.75	01:13:39.75	+00:28:11 (38.3%)	9:49	6,1 (66.7%)
143	DUSZA Robert	153		M2 30-39	62			01:13:40.80	01:13:40.80	+00:28:12 (38.3%)	9:49	6,1 (66.7%)
144	PAŃCZYK Tomasz	167	12 BRYGADA ZMECHANIZOWANA	M2 30-39	63			01:13:54.00	01:13:54.00	+00:28:25 (38.5%)	9:51	6,1 (66.7%)
145	JAROSIEWICZ Radosław	325		M2 30-39	64			01:14:03.15	01:14:03.15	+00:28:34 (38.6%)	9:52	6,1 (66.7%)
146	BRUSIŁOWICZ Dagmara	219	WIECZORNE BIEGANIE W SZCZECINIE	K3 40-49	2			01:14:03.25	01:14:03.25	+00:28:34 (38.6%)	9:52	6,1 (66.7%)
147	CZYLKOWSKI Patryk	121		M2 30-39	65			01:14:05.75	01:14:05.75	+00:28:37 (38.6%)	9:52	6,1 (66.7%)
148	ALABRUDZIŃSKA Agnieszka	855	SZWLA STARGARD	K2 30-39	14		Koloniści	01:14:07.60	01:14:07.60	+00:28:39 (38.7%)	9:52	6,1 (66.7%)
149	ZGUTKA Tomasz	192	HUSARIA RACE TEAM	M3 40-49	29		Husaria Race Team	01:14:10.35	01:14:10.35	+00:28:41 (38.7%)	9:53	6,1 (66.7%)
149	MAJDAN-ADAMSKA Agnieszka	496		K2 30-39	15		Husaria Race Team	01:14:10.35	01:14:10.35	+00:28:41 (38.7%)	9:53	6,1 (66.7%)
151	PRZYBYSZ Adrian	741	SKB DZIK	M1 16-29	31		Dziki z Polic	01:14:19.20	01:14:19.20	+00:28:50 (38.8%)	9:54	6,1 (66.7%)
152	WOŁOSZYN Wojciech	546		M2 30-39	66		BK-127	01:14:39.15	01:14:39.15	+00:29:10 (39.1%)	9:57	6 (66.7%)
153	POCIECHA Artur	1037		M3 40-49	30			01:14:56.30	01:14:56.30	+00:29:27 (39.3%)	9:59	6 (66.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
154	KIELER Aleksandra	652	DZIK KOMANDO	K1 16-29	5		Dzik Komando	01:15:01.35	01:15:01.35	+00:29:32 (39.4%)	10:00	6 (66.7%)
155	ZARĘBA Piotr	746	KP PSP POLICE	M2 30-39	67	KP PSP Police	KP PSP Police	01:15:01.90	01:15:01.90	+00:29:33 (39.4%)	10:00	6 (66.7%)
156	MIZGAŁA Mateusz	1281	12BZ	M1 16-29	32			01:15:06.05	01:15:06.05	+00:29:37 (39.4%)	10:00	6 (66.7%)
157	EKIERT Martyna	1282		K1 16-29	6			01:15:06.35	01:15:06.35	+00:29:37 (39.5%)	10:00	6 (66.7%)
158	KISIEL Łukasz	538		M2 30-39	68		BK-127	01:15:07.95	01:15:07.95	+00:29:39 (39.5%)	10:00	6 (66.7%)
159	LECHOWICZ Tomek	1199	OFF SEASON SZCZECIN	M2 30-39	69			01:15:08.05	01:15:08.05	+00:29:39 (39.5%)	10:01	6 (66.7%)
160	BOROWSKA Karolina	146	PUSZCZYK BUKOWY	K2 30-39	16			01:15:11.15	01:15:11.15	+00:29:42 (39.5%)	10:01	6 (66.7%)
161	JASTAK Paweł	40		M2 30-39	70			01:15:13.70	01:15:13.70	+00:29:45 (39.5%)	10:01	6 (66.7%)
162	DYDEK Arkadiusz	499	CF PRAWY BRZEG	M1 16-29	33		Cf prawy brzeg	01:15:17.15	01:15:17.15	+00:29:48 (39.6%)	10:02	6 (66.7%)
163	PAKULA Konrad	357	DZIKIE DZIKI GORZÓW	M2 30-39	71		Dzikie Dzik Gorzów	01:15:17.75	01:15:17.75	+00:29:49 (39.6%)	10:02	6 (66.7%)
164	SŁODZIŃSKI Gabriel	205	ŁOSOŚ T.E.A.M	M1 16-29	34		Łosoś T.E.A.M	01:15:20.95	01:15:20.95	+00:29:52 (39.6%)	10:02	6 (66.7%)
165	DĄBROWSKI Sławek	168		M3 40-49	31			01:15:31.80	01:15:31.80	+00:30:03 (39.8%)	10:04	6 (66.7%)
166	BAK Sebastian	305	ŁOSOŚ T.E.A.M	M2 30-39	72		Łosoś T.E.A.M	01:15:33.05	01:15:33.05	+00:30:04 (39.8%)	10:04	6 (66.7%)
167	FUDRO Edward	583	ZCH POLICE	M5 60+	2			01:15:41.35	01:15:41.35	+00:30:12 (39.9%)	10:05	5,9 (55.6%)
168	ŚWIĄTEK Sebastian	1127	PDC	M3 40-49	32		PDC	01:15:49.10	01:15:49.10	+00:30:20 (40.0%)	10:06	5,9 (55.6%)
169	MAZUR Marcin	502	STARGARDZKI KLUB MORSÓW MIEDWIANIE	M2 30-39	73			01:15:49.35	01:15:49.35	+00:30:20 (40.0%)	10:06	5,9 (55.6%)
170	ŻAK Sebastian	537		M2 30-39	74			01:15:55.25	01:15:55.25	+00:30:26 (40.1%)	10:07	5,9 (55.6%)
171	LINKE Rafał	447	SKB DZIK	M2 30-39	75			01:15:59.15	01:15:59.15	+00:30:30 (40.2%)	10:07	5,9 (55.6%)
172	ROSZAK Krystyna	902	GRYFUS SZCZECIN	K4 50-59	1			01:16:12.95	01:16:12.95	+00:30:44 (40.3%)	10:09	5,9 (55.6%)
173	LIPSKI Łukasz	1200		M2 30-39	76			01:16:13.25	01:16:13.25	+00:30:44 (40.3%)	10:09	5,9 (55.6%)
174	MYŚLICKI Rafał	623		M1 16-29	35			01:16:19.40	01:16:19.40	+00:30:50 (40.4%)	10:10	5,9 (65.6%)
175	GRZELAK Ryszard	644	KB HERMES GRYFINO	M3 40-49	33			01:16:20.95	01:16:20.95	+00:30:52 (40.4%)	10:10	5,9 (65.6%)
176	ŚWIST Joanna	42	RUNNING QUEEN	K2 30-39	17			01:16:49.15	01:16:49.15	+00:31:20 (40.8%)	10:14	5,9 (55.6%)
177	GRABOWSKA Joanna	65	SPC	K3 40-49	3			01:16:51.85	01:16:51.85	+00:31:23 (40.8%)	10:14	5,9 (55.6%)
178	KRUSZEWSKI Piotr	751		M3 40-49	34			01:16:52.30	01:16:52.30	+00:31:23 (40.8%)	10:14	5,9 (65.6%)
179	OLEJARZ Damian	1241		M2 30-39	77			01:16:53.70	01:16:53.70	+00:31:25 (40.9%)	10:15	5,9 (55.6%)
180	GRUDOWSKI Konrad	631	AKTYWNE PRAWOBRZEŻE	M2 30-39	78			01:16:58.70	01:16:58.70	+00:31:30 (40.9%)	10:15	5,8 (55.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
								7.5km	7.5km			
181	ŁONIEWSKI Bartek	1029		M2 30-39	79			01:17:09.15	01:17:09.15	+00:31:40 (41.1%)	10:17	5,8 (55.6%)
182	NĘDZUSIAK Dariusz	67	KP PSP ALEKSANDRÓW KUJAWSKI	M4 50-59	5			01:17:10.20	01:17:10.20	+00:31:41 (41.1%)	10:17	5,8 (55.6%)
183	WOZNY Mateusz	1091	HQ MNC NE	M1 16-29	36			01:17:14.35	01:17:14.35	+00:31:45 (41.1%)	10:17	5,8 (55.6%)
184	SOLIS Mariusz	1159	HQ MNC NE	M3 40-49	35	OŻW Szczecin	OŻW Szczecin	01:17:14.65	01:17:14.65	+00:31:46 (41.1%)	10:17	5,8 (55.6%)
185	KRZACZKOWSKI Łukasz	716		M2 30-39	80		Dziki Wrocław	01:17:33.95	01:17:33.95	+00:32:05 (41.4%)	10:20	5,8 (64.4%)
186	QUESADO Paulo	717	DZIKI WROCŁAW	M2 30-39	81			01:17:34.05	01:17:34.05	+00:32:05 (41.4%)	10:20	5,8 (64.4%)
187	KUSAK Bartłomiej	704	DZIKI WROCŁAW	M1 16-29	37			01:17:37.65	01:17:37.65	+00:32:09 (41.4%)	10:20	5,8 (64.4%)
188	ODRZYWOLSKI Michał	669	ŻANDARMERIA WOJSKOWA	M2 30-39	82	OŻW Szczecin	OŻW Szczecin	01:17:46.35	01:17:46.35	+00:32:17 (41.5%)	10:22	5,8 (55.6%)
189	KOCZKODAJ Kamil	685		M1 16-29	38	OŻW Szczecin	OŻW Szczecin	01:18:04.35	01:18:04.35	+00:32:35 (41.8%)	10:24	5,8 (55.6%)
190	SZYMAŃSKA Katarzyna	32	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	18			01:18:04.75	01:18:04.75	+00:32:36 (41.8%)	10:24	5,8 (55.6%)
191	ANDRUCH Andrzej	1343	HELL'S HEAVEN SZCZECIN	M2 30-39	83		Hell's Heaven CrossFit Szczecin	01:18:05.15	01:18:05.15	+00:32:36 (41.8%)	10:24	5,8 (64.4%)
192	KOWAL Tomasz	1176		M3 40-49	36			01:18:14.45	01:18:14.45	+00:32:45 (41.9%)	10:25	5,8 (55.6%)
193	ZYDEK Katarzyna	936	DZIK KOMANDO	K1 16-29	7		Dzik Komando	01:18:15.25	01:18:15.25	+00:32:46 (41.9%)	10:26	5,8 (55.6%)
194	ŁAWNICZAK Sebastian	500		M3 40-49	37			01:18:32.85	01:18:32.85	+00:33:04 (42.1%)	10:28	5,7 (55.6%)
195	MASZKIEWICZ Mariusz	890	DZIKI WROCŁAW	M1 16-29	39			01:18:35.45	01:18:35.45	+00:33:06 (42.1%)	10:28	5,7 (63.3%)
196	BUGAJNY Damian	523	SUPERMARATON KALISZ	M3 40-49	38			01:18:40.55	01:18:40.55	+00:33:12 (42.2%)	10:29	5,7 (55.6%)
197	KRAMER Krzysztof	970		M2 30-39	84			01:18:46.20	01:18:46.20	+00:33:17 (42.3%)	10:30	5,7 (55.6%)
198	MOROZ Konrad	1002		M1 16-29	40			01:18:58.65	01:18:58.65	+00:33:30 (42.4%)	10:31	5,7 (55.6%)
199	WAHN Przemysław	222		M2 30-39	85			01:19:02.55	01:19:02.55	+00:33:34 (42.5%)	10:32	5,7 (55.6%)
200	GRYGORCEWICZ Władysław	235	KB DZIK	M5 60+	3			01:19:09.05	01:19:09.05	+00:33:40 (42.5%)	10:33	5,7 (55.6%)
201	MATYSEK Ireneusz	91	SAMOTNY WILK	M5 60+	4			01:19:10.35	01:19:10.35	+00:33:41 (42.6%)	10:33	5,7 (55.6%)
202	SOKOŁOWSKI Michał	160	MUD GOATS	M2 30-39	86		Mud Goats	01:19:11.65	01:19:11.65	+00:33:43 (42.6%)	10:33	5,7 (63.3%)
203	BANASZAK Marcin	1234		M2 30-39	87		Agat	01:19:44.55	01:19:44.55	+00:34:16 (43.0%)	10:37	5,6 (55.6%)
204	BLICHARSKA Marta	594		K2 30-39	19		Fit Inaczej	01:19:52.25	01:19:52.25	+00:34:23 (43.1%)	10:38	5,6 (55.6%)
205	CHARĘZA Marcin	247	ZAWADZKIEGO SZCZECIN	M2 30-39	88			01:19:52.90	01:19:52.90	+00:34:24 (43.1%)	10:38	5,6 (55.6%)
206	KĘDZIELEWSKI Łukasz	299	ZAWADZKIEGO SZCZECIN	M2 30-39	89			01:19:53.50	01:19:53.50	+00:34:24 (43.1%)	10:39	5,6 (55.6%)
207	EWERT-KRZEMIENIEWSKI Stanisław	1335		M2 30-39	90			01:20:04.35	01:20:04.35	+00:34:35 (43.2%)	10:40	5,6 (62.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
208	LEWANDOWSKI Piotr	923	SKB DZIK	M2 30-39	91		SKB Dzik	01:20:07.15	01:20:07.15	+00:34:38 (43.2%)	10:40	5,6 (55.6%)
209	JAWORSKI Piotr	1208	ALISIAINATALKA	M2 30-39	92			01:20:08.25	01:20:08.25	+00:34:39 (43.3%)	10:41	5,6 (55.6%)
210	MURAWSKA Wioletta	505	KB DZIK POLICE	K4 50-59	2			01:20:18.60	01:20:18.60	+00:34:50 (43.4%)	10:42	5,6 (55.6%)
211	SOIŃSKI Kamil	1081		M3 40-49	39		Sili	01:20:19.25	01:20:19.25	+00:34:50 (43.4%)	10:42	5,6 (62.2%)
212	KUŻBIK Jakub	617		M2 30-39	93			01:20:37.40	01:20:37.40	+00:35:08 (43.6%)	10:44	5,6 (55.6%)
213	WASTOWSKI Dawid	478		M1 16-29	41			01:20:46.65	01:20:46.65	+00:35:18 (43.7%)	10:46	5,6 (55.6%)
214	BURZYŃSKI Zbigniew	331	3KPZMOT/1BPZMOT/12BZ	M2 30-39	94	3kpzmot/1bpzmot/12BZ	3kpzmot/1bpzmot/12BZ	01:20:52.50	01:20:52.50	+00:35:23 (43.8%)	10:46	5,6 (55.6%)
215	SZCZĘSNY Gracjan	1084		M1 16-29	42			01:20:55.00	01:20:55.00	+00:35:26 (43.8%)	10:47	5,6 (55.6%)
216	PALICKI Rafał	1036		M1 16-29	43			01:20:59.75	01:20:59.75	+00:35:31 (43.9%)	10:47	5,6 (55.6%)
217	SZYNTOR Mateusz	482	GRA RUNNERS	M1 16-29	44		Gryficka Siła Biegowa	01:21:01.30	01:21:01.30	+00:35:32 (43.9%)	10:48	5,6 (55.6%)
218	KAJKOWSKI Rafał	545	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN	M3 40-49	40			01:21:07.50	01:21:07.50	+00:35:38 (43.9%)	10:48	5,5 (55.6%)
219	WINKEL Arkadiusz	569		M3 40-49	41			01:21:09.25	01:21:09.25	+00:35:40 (44.0%)	10:49	5,5 (55.6%)
220	ZYGOŃ Artur	1243		M2 30-39	95			01:21:14.35	01:21:14.35	+00:35:45 (44.0%)	10:49	5,5 (55.6%)
221	MARTUSZEWSKI Ryszard	19		M3 40-49	42	Aktywni Walcz	Aktywni Walcz	01:21:19.30	01:21:19.30	+00:35:50 (44.1%)	10:50	5,5 (55.6%)
222	STRZELCZYK Wojciech	517		M2 30-39	96			01:21:21.20	01:21:21.20	+00:35:52 (44.1%)	10:50	5,5 (55.6%)
223	ANIOŁA Bartosz	1033		M1 16-29	45			01:21:32.00	01:21:32.00	+00:36:03 (44.2%)	10:52	5,5 (55.6%)
224	JAKUBIAK Anna	910	RAZ	K3 40-49	4		RAZ	01:21:36.55	01:21:36.55	+00:36:08 (44.3%)	10:52	5,5 (61.1%)
225	ANIOŁA Piotr	240	SILI	M3 40-49	43		Sili	01:21:42.25	01:21:42.25	+00:36:13 (44.3%)	10:53	5,5 (55.6%)
226	MACIEJCZYK Piotr	727		M2 30-39	97	KP PSP Police		01:21:53.80	01:21:53.80	+00:36:25 (44.5%)	10:55	5,5 (61.1%)
227	BOBROWSKI Marek	1043		M2 30-39	98			01:22:15.55	01:22:15.55	+00:36:47 (44.7%)	10:58	5,5 (55.6%)
228	KONEFAŁ Piotr	521		M1 16-29	46		HARDROCKY	01:22:20.00	01:22:20.00	+00:36:51 (44.8%)	10:58	5,5 (61.1%)
229	CHLASTA Jacek	803		M2 30-39	99			01:22:23.35	01:22:23.35	+00:36:54 (44.8%)	10:59	5,5 (61.1%)
230	CHUDZIK Wojciech	511		M3 40-49	44			01:22:29.55	01:22:29.55	+00:37:01 (44.9%)	10:59	5,5 (55.6%)
231	WÓJCIK Tomasz	1184		M2 30-39	100			01:22:48.40	01:22:48.40	+00:37:19 (45.1%)	11:02	5,4 (55.6%)
232	RYWACKI Karol	947		M2 30-39	101			01:22:53.10	01:22:53.10	+00:37:24 (45.1%)	11:03	5,4 (60.0%)
233	STERNA Maciej	1195		M2 30-39	102			01:22:54.35	01:22:54.35	+00:37:25 (45.1%)	11:03	5,4 (60.0%)
234	ZAGÓRSKI Grzegorz	148		M3 40-49	45			01:23:08.85	01:23:08.85	+00:37:40 (45.3%)	11:05	5,4 (55.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
235	PEDA Leszek	194		M5 60+	5			01:23:14.05	01:23:14.05	+00:37:45 (45.4%)	11:05	5,4 (55.6%)
236	SZTURO Marcin	763		M2 30-39	103			01:23:16.05	01:23:16.05	+00:37:47 (45.4%)	11:06	5,4 (55.6%)
236	GRYCZ Piotr	765		M2 30-39	103			01:23:16.05	01:23:16.05	+00:37:47 (45.4%)	11:06	5,4 (55.6%)
236	PETRUSIEWICZ Paweł	748		M1 16-29	47			01:23:16.05	01:23:16.05	+00:37:47 (45.4%)	11:06	5,4 (55.6%)
239	PLISZKA Dariusz	1133	PDC	M1 16-29	48		PDC	01:23:17.85	01:23:17.85	+00:37:49 (45.4%)	11:06	5,4 (55.6%)
240	MICHNIACKI Michał	633		M2 30-39	105			01:23:18.50	01:23:18.50	+00:37:49 (45.4%)	11:06	5,4 (55.6%)
241	PEDZIWIATR Marek	139	MR	M3 40-49	46			01:23:30.25	01:23:30.25	+00:38:01 (45.5%)	11:08	5,4 (55.6%)
242	SAWA Piotr	673	IRON TEAM SZCZECIN	M2 30-39	106		Na Pięterko	01:23:31.75	01:23:31.75	+00:38:03 (45.6%)	11:08	5,4 (55.6%)
243	MĄDRAWSKI Tomasz	317		M3 40-49	47			01:23:32.15	01:23:32.15	+00:38:03 (45.6%)	11:08	5,4 (55.6%)
244	NARKUN Maciej	480		M2 30-39	107		Mango Gatki Team	01:23:46.30	01:23:46.30	+00:38:17 (45.7%)	11:10	5,4 (55.6%)
245	GADOWSKA Paulina	827		K2 30-39	20		Gadowscy	01:23:51.65	01:23:51.65	+00:38:23 (45.8%)	11:10	5,4 (60.0%)
246	GADOWSKI Wojciech	826		M2 30-39	108		Gadowscy	01:23:51.85	01:23:51.85	+00:38:23 (45.8%)	11:10	5,4 (60.0%)
247	HAWRYŁAK Marcin	151	SOSW NR 1 DLA DZIECI NIEPEŁNOSPRAWNYCH RUCHOWO W POLICACH	M3 40-49	48		Dzkie Krokodyle	01:24:05.90	01:24:05.90	+00:38:37 (45.9%)	11:12	5,4 (55.6%)
248	ABRAMOWICZ Tomasz	731	BIEGOHOLLICA	M2 30-39	109			01:24:08.65	01:24:08.65	+00:38:40 (46.0%)	11:13	5,3 (58.9%)
249	BRZEZICKI Michał	757		M1 16-29	49		PDC	01:24:18.40	01:24:18.40	+00:38:49 (46.1%)	11:14	5,3 (55.6%)
250	STEFAŃCZYK Małgorzata	237		K3 40-49	5			01:24:22.65	01:24:22.65	+00:38:54 (46.1%)	11:14	5,3 (55.6%)
251	SITEK Alfred	26	SKB DZIK	M2 30-39	110			01:24:29.50	01:24:29.50	+00:39:00 (46.2%)	11:15	5,3 (55.6%)
252	FIGOŁUSZKA Katarzyna	1008	12 BRYGADA ZMECHANIZOWANA	K1 16-29	8			01:24:38.80	01:24:38.80	+00:39:10 (46.3%)	11:17	5,3 (55.6%)
253	SZELĄG Tomasz	529	23. BAZA LOTNICTWA TAKTYCZNEGO	M3 40-49	49	23. Baza Lotnictwa Taktycznego	23. Baza Lotnictwa Taktycznego	01:24:40.90	01:24:40.90	+00:39:12 (46.3%)	11:17	5,3 (55.6%)
254	ZIELIŃSKI Grzegorz	138	BRIDGESTONE RUNNER CLUB	M3 40-49	50		Bridgestone Runner Club	01:24:46.00	01:24:46.00	+00:39:17 (46.4%)	11:18	5,3 (55.6%)
255	KIERSZ Dawid	1028		M1 16-29	50			01:24:47.65	01:24:47.65	+00:39:19 (46.4%)	11:18	5,3 (55.6%)
256	CHEŁMINIAK Sławomir	13	BIEGAM SOBIE	M2 30-39	111			01:24:48.15	01:24:48.15	+00:39:19 (46.4%)	11:18	5,3 (55.6%)
257	TRUKAWKA Andrzej	249		M1 16-29	51			01:24:50.95	01:24:50.95	+00:39:22 (46.4%)	11:18	5,3 (55.6%)
258	ZUROWSKI Adam	1030		M1 16-29	52			01:25:04.20	01:25:04.20	+00:39:35 (46.5%)	11:20	5,3 (55.6%)
259	WŁODARCZYK Agata	1280	COLOSSUS	K2 30-39	21		Colossus	01:25:05.85	01:25:05.85	+00:39:37 (46.6%)	11:20	5,3 (55.6%)
260	DEPTUŁA Tobiasz	935		M2 30-39	112			01:25:11.85	01:25:11.85	+00:39:43 (46.6%)	11:21	5,3 (55.6%)
261	JAGODZIŃSKI Hubert	963		M1 16-29	53			01:25:41.00	01:25:41.00	+00:40:12 (46.9%)	11:25	5,3 (58.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
262	LEWANDOWSKI Mirosław	1020	GOLENIOW	M4	50-59	6		01:25:42.40	01:25:42.40	+00:40:13 (46.9%)	11:25	5,3 (55.6%)
263	GRACZYK Grzegorz	769	3BLOG	M2	30-39	113		01:25:44.55	01:25:44.55	+00:40:16 (47.0%)	11:25	5,2 (57.8%)
264	JAKUBOWSKA Aneta	528	DZIKUŚ	K2	30-39	22		01:25:47.10	01:25:47.10	+00:40:18 (47.0%)	11:26	5,2 (55.6%)
265	DIKTA Ania	549	23. BAZA LOTNICTWA TAKTYCZNEGO	K1	16-29	9	23. Baza Lotnictwa Taktycznego	01:25:47.15	01:25:47.15	+00:40:18 (47.0%)	11:26	5,2 (55.6%)
266	PTAK Patrycja	440	HUSARIA RACE TEAM	K2	30-39	23	Husaria Race Team	01:25:48.90	01:25:48.90	+00:40:20 (47.0%)	11:26	5,2 (55.6%)
267	PTAK Daniel	71	HUSARIA RACE TEAM	M2	30-39	114	Husaria Race Team	01:25:51.05	01:25:51.05	+00:40:22 (47.0%)	11:26	5,2 (55.6%)
268	BRANDEBURA Cezary	794		M1	16-29	54		01:25:56.70	01:25:56.70	+00:40:28 (47.1%)	11:27	5,2 (57.8%)
269	RUŚKIEWICZ Wojciech	1205	DELOITTE ADVENTURE TEAM	M2	30-39	115		01:25:57.50	01:25:57.50	+00:40:28 (47.1%)	11:27	5,2 (55.6%)
270	WOJCIECHOWSKI Maciej	25		M2	30-39	116		01:25:59.70	01:25:59.70	+00:40:31 (47.1%)	11:27	5,2 (55.6%)
271	SASINOWSKI Amadeusz	140		M1	16-29	55	Aktywni Walcz	01:26:20.70	01:26:20.70	+00:40:52 (47.3%)	11:30	5,2 (55.6%)
272	KOSAKOWSKI Paweł	1296		M2	30-39	117		01:26:22.35	01:26:22.35	+00:40:53 (47.3%)	11:30	5,2 (57.8%)
273	DĄBROWSKA Iza	1	MUD GOATS	K3	40-49	6	Mud Goats	01:26:30.95	01:26:30.95	+00:41:02 (47.4%)	11:32	5,2 (55.6%)
274	SASAK Michał	437	12BZ	M2	30-39	118		01:26:31.90	01:26:31.90	+00:41:03 (47.4%)	11:32	5,2 (55.6%)
275	HYBIAK Lukasz	202	ORKI Z MAJORKI	M2	30-39	119	ORKI Z MAJORKI	01:26:33.55	01:26:33.55	+00:41:05 (47.5%)	11:32	5,2 (55.6%)
276	WILK Agnieszka	618		K1	16-29	10	Wild Wolves	01:26:33.70	01:26:33.70	+00:41:05 (47.5%)	11:32	5,2 (55.6%)
277	BEBŁO Patryk	619		M1	16-29	56	Wild Wolves	01:26:33.85	01:26:33.85	+00:41:05 (47.5%)	11:32	5,2 (55.6%)
278	BALCERZAK Aleksandra	1013	UKL OSEMKA POLICE	K2	30-39	24		01:26:43.95	01:26:43.95	+00:41:15 (47.6%)	11:33	5,2 (55.6%)
279	BODURKA Łukasz	1334		M2	30-39	120		01:26:44.75	01:26:44.75	+00:41:16 (47.6%)	11:33	5,2 (57.8%)
280	BALCERZAK Przemysław	1012		M2	30-39	121		01:26:44.80	01:26:44.80	+00:41:16 (47.6%)	11:33	5,2 (55.6%)
281	DZIĘGIELEWSKI Grzegorz	465		M1	16-29	57		01:27:00.45	01:27:00.45	+00:41:31 (47.7%)	11:36	5,2 (55.6%)
282	ROSZAK Zbigniew	207	TG SOKÓŁ GNIEWKOWO	M2	30-39	122		01:27:05.30	01:27:05.30	+00:41:36 (47.8%)	11:36	5,2 (55.6%)
283	PALICKI Damian	1041		M1	16-29	58		01:27:10.85	01:27:10.85	+00:41:42 (47.8%)	11:37	5,2 (55.6%)
284	NAGOT Sandra	428		K1	16-29	11		01:27:26.65	01:27:26.65	+00:41:58 (48.0%)	11:39	5,1 (55.6%)
285	GŁOWACKI Mariusz	429		M2	30-39	123		01:27:26.85	01:27:26.85	+00:41:58 (48.0%)	11:39	5,1 (55.6%)
286	GRZEJSZAK Mikołaj	972		M1	16-29	59		01:27:28.40	01:27:28.40	+00:41:59 (48.0%)	11:39	5,1 (56.7%)
287	KAMINSKI Rafal	15		M2	30-39	124		01:27:49.55	01:27:49.55	+00:42:21 (48.2%)	11:42	5,1 (55.6%)
288	CICHOCKI Kamil	1132	PDC	M2	30-39	125	PDC	01:27:52.75	01:27:52.75	+00:42:24 (48.3%)	11:42	5,1 (55.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
289	BACHORSKI Paweł	1155	1981	M2 30-39	126			01:28:09.90	01:28:09.90	+00:42:41 (48.4%)	11:45	5,1 (55.6%)
290	BERLIŃSKI Wojciech	720		M1 16-29	60			01:28:39.95	01:28:39.95	+00:43:11 (48.7%)	11:49	5,1 (55.6%)
290	MASTELA Mariusz	1116	PDC	M3 40-49	51		PDC	01:28:39.95	01:28:39.95	+00:43:11 (48.7%)	11:49	5,1 (55.6%)
292	SZCZUKO Diana	354		K1 16-29	12		Drużyna Pierścienia	01:28:43.55	01:28:43.55	+00:43:15 (48.7%)	11:49	5,1 (55.6%)
293	GAJEK Patrycja	118		K2 30-39	25			01:11:23.35	01:28:50.35	+00:43:21 (48.8%)	9:31	6,3 (66.7%)
294	DRESLER Bartosz	687	12BZ/1BPZMOT	M1 16-29	61			01:29:05.90	01:29:05.90	+00:43:37 (49.0%)	11:52	5,1 (55.6%)
295	SOWISZ Danuta	300	SOWISZ TEAM	K3 40-49	7			01:29:07.65	01:29:07.65	+00:43:39 (49.0%)	11:52	5 (55.6%)
295	SOWISZ Cezary	301	SOWISZ TEAM	M4 50-59	7			01:29:07.65	01:29:07.65	+00:43:39 (49.0%)	11:52	5 (55.6%)
297	ŻELISKO Łukasz	660	12BZ / 1BPZMOT	M1 16-29	62			01:29:11.45	01:29:11.45	+00:43:42 (49.0%)	11:53	5 (55.6%)
298	SZCZUKO Marta	466	DRUŻYNA PIERŚCIENIA	K2 30-39	26			01:29:11.80	01:29:11.80	+00:43:43 (49.0%)	11:53	5 (55.6%)
299	SMOGÓR Andrzej	430		M2 30-39	127			01:29:17.65	01:29:17.65	+00:43:49 (49.1%)	11:54	5 (55.6%)
300	SZCZUKO Karol	347		M2 30-39	128		szczupaki	01:29:18.50	01:29:18.50	+00:43:49 (49.1%)	11:54	5 (55.6%)
301	KAPUSTA Marcin	432		M2 30-39	129			01:29:28.50	01:29:28.50	+00:43:59 (49.2%)	11:55	5 (55.6%)
302	NAREJKO Paweł	378		M1 16-29	63			01:29:28.95	01:29:28.95	+00:44:00 (49.2%)	11:55	5 (55.6%)
303	OKIENCZUK Radek	749		M2 30-39	130			01:29:31.10	01:29:31.10	+00:44:02 (49.2%)	11:56	5 (55.6%)
304	KWIATKOWSKA Agnieszka	1197		K1 16-29	13			01:29:38.15	01:29:38.15	+00:44:09 (49.3%)	11:57	5 (55.6%)
305	CIEMCIOCH Paweł	41		M2 30-39	131			01:29:40.95	01:29:40.95	+00:44:12 (49.3%)	11:57	5 (55.6%)
306	KOLEJ Monika	410	DZIKIE DZIKI	K3 40-49	8			01:29:41.05	01:29:41.05	+00:44:12 (49.3%)	11:57	5 (55.6%)
307	KOZAK Przemysław	1302		M3 40-49	52		CrossFit Run& have Fun	01:29:43.25	01:29:43.25	+00:44:14 (49.3%)	11:57	5 (55.6%)
308	ŻAK Karolina	1304	CROSSFIT RUN& HAVE FUN	K2 30-39	27		CrossFit Run& have Fun	01:29:43.40	01:29:43.40	+00:44:14 (49.3%)	11:57	5 (55.6%)
309	STANDOWICZ Marcin	1303		M3 40-49	53		CrossFit Run& have Fun	01:29:44.80	01:29:44.80	+00:44:16 (49.3%)	11:57	5 (55.6%)
310	BERNACKA-SZYDLIK Karolina	45		K2 30-39	28			01:29:54.15	01:29:54.15	+00:44:25 (49.4%)	11:59	5 (55.6%)
311	SZYDLIK Łukasz	1004		M1 16-29	64			01:29:54.30	01:29:54.30	+00:44:25 (49.4%)	11:59	5 (55.6%)
312	SIENKIEWICZ Klaudia	1312		K1 16-29	14		CrossFit Run& have Fun	01:29:56.85	01:29:56.85	+00:44:28 (49.4%)	11:59	5 (55.6%)
313	NIECHWIADOWICZ Łukasz	353		M1 16-29	65		Drużyna Pierścienia	01:30:04.25	01:30:04.25	+00:44:35 (49.5%)	12:00	5 (55.6%)
314	FOJCIK Sebastian	1204		M1 16-29	66			01:30:04.95	01:30:04.95	+00:44:36 (49.5%)	12:00	5 (55.6%)
315	RUTKOWSKI Konrad	591		M2 30-39	132		Rangarok Szczecin	01:30:07.05	01:30:07.05	+00:44:38 (49.5%)	12:00	5 (55.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
315	HRYCIÓW Daniel	592	RAGNAROK SZCZECIN	M2 30-39	132		Rangarok Szczecin	01:30:07.05	01:30:07.05	+00:44:38 (49.5%)	12:00	5 (55.6%)
317	GOŁĘBIEWSKI Gabriel	1165		M1 16-29	67		Rangarok Szczecin	01:30:07.40	01:30:07.40	+00:44:38 (49.5%)	12:00	5 (55.6%)
318	MAĆZYŃSKA Edyta	955	CROSSFIT RUN& HAVE FUN	K2 30-39	29			01:30:07.65	01:30:07.65	+00:44:39 (49.5%)	12:00	5 (55.6%)
319	BIENKO Oskar	1321		M1 16-29	68		CrossFit Run& have Fun	01:30:07.70	01:30:07.70	+00:44:39 (49.5%)	12:00	5 (55.6%)
320	WOŁYNIEC Marek	1114		M1 16-29	69		Ryby głębinowe	01:30:12.00	01:30:12.00	+00:44:43 (49.6%)	12:01	5 (55.6%)
321	WACHOWICZ Tomasz	492	BUSHIKAN RUNNERS	M1 16-29	70		Bushikan Runners	01:30:22.80	01:30:22.80	+00:44:54 (49.7%)	12:02	5 (55.6%)
322	LASEK Jakub	750	CHICKS&SPORT TEAM	M1 16-29	71			01:30:23.65	01:30:23.65	+00:44:55 (49.7%)	12:03	5 (55.6%)
323	SMĘTEK Michał	572		M1 16-29	72		Mango Gatki Team	01:30:29.55	01:30:29.55	+00:45:01 (49.7%)	12:03	5 (55.6%)
324	SADEL Krzysztof	374		M3 40-49	54			01:30:29.70	01:30:29.70	+00:45:01 (49.7%)	12:03	5 (55.6%)
325	CHACHURSKA Daria	137	DZIK KOMANDO	K2 30-39	30		Dzik Komando	01:30:37.20	01:30:37.20	+00:45:08 (49.8%)	12:04	5 (55.6%)
326	BILIŃSKI Zbigniew	805	KDOW - 1BPZMOT	M4 50-59	8			01:30:37.35	01:30:37.35	+00:45:08 (49.8%)	12:04	5 (55.6%)
327	ROMAN Ewelina	791	MONIAGYM	K2 30-39	31			01:30:46.15	01:30:46.15	+00:45:17 (49.9%)	12:06	5 (55.6%)
328	KĘCZKOWSKA Agnieszka	158		K1 16-29	15			01:30:54.95	01:30:54.95	+00:45:26 (50.0%)	12:07	5 (55.6%)
329	KORABIUSZ Maciej	1180	ÓSEMKOWA PETARDA.	M2 30-39	134		Ósemkowa petarda	01:30:57.75	01:30:57.75	+00:45:29 (50.0%)	12:07	4,9 (54.4%)
330	DRÓZDŹ Mariusz	915		M3 40-49	55		Grupa Berno Motors	01:30:59.75	01:30:59.75	+00:45:31 (50.0%)	12:07	4,9 (54.4%)
331	POLECHOŃSKA Marta	1182		K2 30-39	32		Ósemkowa petarda	01:31:02.65	01:31:02.65	+00:45:34 (50.1%)	12:08	4,9 (54.4%)
332	JASIŃSKI Michał	123		M1 16-29	73			01:31:10.40	01:31:10.40	+00:45:41 (50.1%)	12:09	4,9 (44.4%)
333	WIŚNIEWSKA Monika	646	STARGARDZKI KLUB MORSÓW MIEDWIANIE	K3 40-49	9			01:31:17.10	01:31:17.10	+00:45:48 (50.2%)	12:10	4,9 (44.4%)
334	KERAJ Jarosław	1268		M2 30-39	135			01:31:20.10	01:31:20.10	+00:45:51 (50.2%)	12:10	4,9 (54.4%)
335	JANCZAREK Rafał	126		M2 30-39	136			01:31:20.55	01:31:20.55	+00:45:52 (50.2%)	12:10	4,9 (44.4%)
336	JAKSINA Sylwester	1181	ÓSEMKOWA PETARDA	M2 30-39	137		Ósemkowa petarda	01:31:20.85	01:31:20.85	+00:45:52 (50.2%)	12:10	4,9 (54.4%)
337	JAROSŁAWSKA Sandra	680		K1 16-29	16			01:31:21.05	01:31:21.05	+00:45:52 (50.2%)	12:10	4,9 (44.4%)
338	JAROSŁAWSKA Jowita	681		K2 30-39	33			01:31:21.55	01:31:21.55	+00:45:53 (50.2%)	12:10	4,9 (44.4%)
339	DROZD Michał	630	BAR DANCERZ	M1 16-29	74			01:31:22.70	01:31:22.70	+00:45:54 (50.2%)	12:10	4,9 (44.4%)
340	MAJ Patryk	629	BAR DANCERZ	M1 16-29	75			01:31:23.20	01:31:23.20	+00:45:54 (50.2%)	12:11	4,9 (44.4%)
341	BRZESKA Ewa	259	WIECZORNE BIEGANIE W SZCZECINIE	K1 16-29	17			01:31:33.20	01:31:33.20	+00:46:04 (50.3%)	12:12	4,9 (44.4%)
342	BARTOSIŃSKI Piotr	206	RAZ SZCZECIN	M4 50-59	9			01:31:34.25	01:31:34.25	+00:46:05 (50.3%)	12:12	4,9 (44.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
343	JACHIRA Klaudia	373	TRENER24H.COM.PL	K1 16-29	18			01:31:45.25	01:31:45.25	+00:46:16 (50.4%)	12:14	4,9 (44.4%)
344	TURCZYŃSKI Marcin	930		M2 30-39	138			01:31:50.35	01:31:50.35	+00:46:21 (50.5%)	12:14	4,9 (54.4%)
345	LAL Monika	292	RUNGRYF	K4 50-59	3		Gryficka Siła Biegowa	01:31:50.40	01:31:50.40	+00:46:21 (50.5%)	12:14	4,9 (44.4%)
346	KUCHARCZYK Robert	248	RUNGRYF GRZYFICE	M3 40-49	56			01:31:50.55	01:31:50.55	+00:46:22 (50.5%)	12:14	4,9 (44.4%)
347	JUCHNIEWICZ Jędrzej	914	LO13 SZCZECIN	M1 16-29	76			01:31:51.50	01:31:51.50	+00:46:22 (50.5%)	12:14	4,9 (44.4%)
348	DOŁGOPOŁ Waldemar	402	RUNNER SZCZECIN TEAM	M4 50-59	10		Runner Szczecin Team	01:31:52.90	01:31:52.90	+00:46:24 (50.5%)	12:14	4,9 (44.4%)
349	RUDZKA Katarzyna	404	RUNNER SZCZECIN TEAM	K3 40-49	10		Runner Szczecin Team	01:31:53.35	01:31:53.35	+00:46:24 (50.5%)	12:15	4,9 (44.4%)
350	KSYCKI Błażej	132		M2 30-39	139			01:32:04.05	01:32:04.05	+00:46:35 (50.6%)	12:16	4,9 (44.4%)
351	SYCHEL Magdalena	779		K2 30-39	34			01:32:05.45	01:32:05.45	+00:46:36 (50.6%)	12:16	4,9 (54.4%)
352	GŁOWACKI Grzegorz	1007		M2 30-39	140			01:32:05.80	01:32:05.80	+00:46:37 (50.6%)	12:16	4,9 (44.4%)
353	LACHOWICZ Bartosz	1206		M2 30-39	141			01:32:07.60	01:32:07.60	+00:46:39 (50.6%)	12:16	4,9 (44.4%)
354	NOWAK Maciej	131		M1 16-29	77			01:32:14.40	01:32:14.40	+00:46:45 (50.7%)	12:17	4,9 (44.4%)
355	MOSKWA Grzegorz	268		M3 40-49	57			01:32:17.35	01:32:17.35	+00:46:48 (50.7%)	12:18	4,9 (44.4%)
356	JURECZKO Agnieszka	461	DZIK KOMANDO	K2 30-39	35			01:32:17.75	01:32:17.75	+00:46:49 (50.7%)	12:18	4,9 (44.4%)
357	GUTOWSKI Paweł	581	EMKA STARGARD	M1 16-29	78			01:32:21.95	01:32:21.95	+00:46:53 (50.8%)	12:18	4,9 (44.4%)
358	HRYMAJŁO Marcin	405	RUNNER SZCZECIN TEAM	M3 40-49	58		Runner Szczecin Team	01:32:24.35	01:32:24.35	+00:46:55 (50.8%)	12:19	4,9 (44.4%)
359	LIPSKI Łukasz	520	BIEGOHOLLICA	M2 30-39	142			01:32:25.80	01:32:25.80	+00:46:57 (50.8%)	12:19	4,9 (44.4%)
360	MICHALAK Tomasz	198	TKM	M4 50-59	11			01:32:28.95	01:32:28.95	+00:47:00 (50.8%)	12:19	4,9 (44.4%)
361	OLEJNICZAK Konrad	397	RUNNER SZCZECIN TEAM	M3 40-49	59			01:32:29.45	01:32:29.45	+00:47:00 (50.8%)	12:19	4,9 (44.4%)
362	NOWAK Zbigniew	389	KBDZIK	M5 60+	6			01:32:30.55	01:32:30.55	+00:47:02 (50.8%)	12:20	4,9 (44.4%)
363	ADAMSKA Barbara	1260	ADAMS TEAM	K1 16-29	19			01:32:31.45	01:32:31.45	+00:47:02 (50.8%)	12:20	4,9 (44.4%)
364	KNOT Martyna	30	PIĘKNI I BESTIE	K2 30-39	36			01:32:35.95	01:32:35.95	+00:47:07 (50.9%)	12:20	4,9 (44.4%)
365	ADAMSKA Karolina	1279		K1 16-29	20			01:32:40.80	01:32:40.80	+00:47:12 (50.9%)	12:21	4,9 (44.4%)
366	BĄCZYK Monika	154	1978	K3 40-49	11		Monia Gym	01:32:59.85	01:32:59.85	+00:47:31 (51.1%)	12:23	4,8 (44.4%)
367	BĄCZYK Adam	156	MONIA GYM	M3 40-49	60		Monia Gym	01:32:59.95	01:32:59.95	+00:47:31 (51.1%)	12:23	4,8 (44.4%)
368	ORNATEK Pawe	1295		M2 30-39	143			01:33:03.70	01:33:03.70	+00:47:35 (51.1%)	12:24	4,8 (53.3%)
369	SKRZYPIEC Andrzej	233	MKL MARATON ŚWINOUJŚCIE	M5 60+	7			01:33:16.25	01:33:16.25	+00:47:47 (51.2%)	12:26	4,8 (44.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
370	MIKICIUK Natalia	228	HUSARIA RACE TEAM	K1 16-29	21		Husaria Race Team	01:33:16.90	01:33:16.90	+00:47:48 (51.2%)	12:26	4,8 (44.4%)
371	ŚWIĆ Miłosz	455	DZIK KOMANDO	M2 30-39	144			01:33:19.50	01:33:19.50	+00:47:50 (51.3%)	12:26	4,8 (44.4%)
372	DUDA-RELIGA Ewelina	326	OZKB	K3 40-49	12			01:33:21.45	01:33:21.45	+00:47:52 (51.3%)	12:26	4,8 (44.4%)
373	KOPERTOWSKI Rafał	971		M1 16-29	79			01:28:30.95	01:33:23.95	+00:47:55 (51.3%)	11:48	5,1 (55.6%)
374	KUPCZYK Przemysław	54	DZIK KOMANDO	M2 30-39	145		Dzik Komando	01:33:25.70	01:33:25.70	+00:47:57 (51.3%)	12:27	4,8 (44.4%)
375	GRZELIŃSKA Dorota	350	DZIK KOMANDO	K1 16-29	22		Dzik Komando	01:33:27.15	01:33:27.15	+00:47:58 (51.3%)	12:27	4,8 (44.4%)
376	SADOWSKI Mariusz	588	OCR TEAM WŁOCŁAWEK	M3 40-49	61		OCR TEAM WŁOCŁAWEK	01:33:34.95	01:33:34.95	+00:48:06 (51.4%)	12:28	4,8 (44.4%)
377	KOBUS Natalia	587	OCR TEAM WŁOCŁAWEK	K2 30-39	37		OCR TEAM WŁOCŁAWEK	01:33:35.00	01:33:35.00	+00:48:06 (51.4%)	12:28	4,8 (53.3%)
378	SIWIELA Katarzyna	726		K2 30-39	38	KP PSP Police	KP PSP Police	01:34:01.65	01:34:01.65	+00:48:33 (51.6%)	12:32	4,8 (53.3%)
379	SZMUDANOWSKI Kamil	589	OCR TEAM WŁOCŁAWEK	M1 16-29	80		OCR TEAM WŁOCŁAWEK	01:34:16.15	01:34:16.15	+00:48:47 (51.8%)	12:34	4,8 (44.4%)
380	MICHALSKI Marek	1063		M2 30-39	146			01:34:17.15	01:34:17.15	+00:48:48 (51.8%)	12:34	4,8 (53.3%)
381	ŻAK Dominika	332	PUSZCZYK BUKOWY	K2 30-39	39			01:34:17.35	01:34:17.35	+00:48:48 (51.8%)	12:34	4,8 (53.3%)
381	RUTKOWSKI Tomasz	340	PUSZCZYK BUKOWY	M2 30-39	147			01:34:17.35	01:34:17.35	+00:48:48 (51.8%)	12:34	4,8 (53.3%)
383	KOPACZ Łukasz	339		M1 16-29	81			01:34:17.55	01:34:17.55	+00:48:49 (51.8%)	12:34	4,8 (53.3%)
384	ZDUNEK Piotr	682		M2 30-39	148			01:34:26.20	01:34:26.20	+00:48:57 (51.8%)	12:35	4,8 (53.3%)
385	HRYNKIEWICZ-PAWŁASZEK Anna	297		K2 30-39	40			01:34:38.30	01:34:38.30	+00:49:09 (51.9%)	12:37	4,8 (44.4%)
386	PYREK Iwona	81		K2 30-39	41	Aktywni Walcz	Aktywni Walcz	01:34:46.45	01:34:46.45	+00:49:17 (52.0%)	12:38	4,7 (44.4%)
387	PYREK Krzysztof	80	1 RBLOG	M2 30-39	149	Aktywni Walcz	Aktywni Walcz	01:34:46.55	01:34:46.55	+00:49:18 (52.0%)	12:38	4,7 (52.2%)
388	NARLOCH Monika	383		K1 16-29	23			01:34:50.45	01:34:50.45	+00:49:21 (52.1%)	12:38	4,7 (44.4%)
389	PĘDZIK Marek	1106		M1 16-29	82		Husaria Race Team	01:34:51.65	01:34:51.65	+00:49:23 (52.1%)	12:38	4,7 (44.4%)
390	HORODECKA Monika	1313	DESZCZNO WARRIORS	K1 16-29	24		Deszczno Warriors	01:35:13.65	01:35:13.65	+00:49:45 (52.2%)	12:41	4,7 (44.4%)
391	KLEPACZ Noemi	306		K1 16-29	25		Bravehearts Legionowo	01:35:18.30	01:35:18.30	+00:49:49 (52.3%)	12:42	4,7 (44.4%)
392	BOGUSŁAWSKI Łukasz	476		M2 30-39	150			01:35:21.25	01:35:21.25	+00:49:52 (52.3%)	12:42	4,7 (44.4%)
393	DUTKIEWICZ Urszula	6	WATAHA	K2 30-39	42		Wataha	01:35:22.25	01:35:22.25	+00:49:53 (52.3%)	12:42	4,7 (52.2%)
394	BIRULA Michał	759	XRUNNERS	M2 30-39	151		xRunners	01:35:30.15	01:35:30.15	+00:50:01 (52.4%)	12:44	4,7 (44.4%)
395	MURAWSKA Monika	245		K3 40-49	13			01:35:33.80	01:35:33.80	+00:50:05 (52.4%)	12:44	4,7 (52.2%)
396	OCZKOWSKI Maciej	1285		M2 30-39	152			01:35:55.05	01:35:55.05	+00:50:26 (52.6%)	12:47	4,7 (52.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
397	HANDKE Justyna	785	XRUNNERS	K2 30-39	43		xRunners	01:35:59.60	01:35:59.60	+00:50:31 (52.6%)	12:47	4,7 (44.4%)
398	PODBRZESKI Jakub	1306	FANI PÓŁNOCNEJ NORWEGII	M2 30-39	153		Fani północnej Norwegii	01:36:02.15	01:36:02.15	+00:50:33 (52.6%)	12:48	4,7 (44.4%)
399	JASIŃSKI Krystian	1305		M2 30-39	154			01:36:02.30	01:36:02.30	+00:50:33 (52.6%)	12:48	4,7 (44.4%)
399	JASIŃSKA Alicja	1308		K2 30-39	44		Fani północnej Norwegii	01:36:02.30	01:36:02.30	+00:50:33 (52.6%)	12:48	4,7 (44.4%)
401	ZATOŃ Łukasz	200	BYLE DO METY	M2 30-39	155			01:36:28.10	01:36:28.10	+00:50:59 (52.9%)	12:51	4,7 (44.4%)
402	WEGLINSKI Radosław	819	OŻW SZCZECIN	M2 30-39	156	OŻW Szczecin	OŻW SZCZECIN	01:36:31.00	01:36:31.00	+00:51:02 (52.9%)	12:52	4,7 (52.2%)
403	MACHOLA Bartłomiej	702	1981	M2 30-39	157			01:36:37.70	01:36:37.70	+00:51:09 (52.9%)	12:52	4,7 (44.4%)
404	JUCHA Jakub	415		M1 16-29	83			01:36:51.30	01:36:51.30	+00:51:22 (53.0%)	12:54	4,6 (44.4%)
405	ROSTRYGIN Maciej	263	WKURW_TEAM	M2 30-39	158			01:36:52.65	01:36:52.65	+00:51:24 (53.1%)	12:54	4,6 (44.4%)
406	ROSTRYGIN Katarzyna	33		K2 30-39	45			01:36:52.80	01:36:52.80	+00:51:24 (53.1%)	12:54	4,6 (44.4%)
407	MALEC Kamil	525	PDC	M2 30-39	159		PDC	01:36:56.85	01:36:56.85	+00:51:28 (53.1%)	12:55	4,6 (44.4%)
408	TUBACKI Dawid	1309	SZMERF BOT TEAM	M1 16-29	84			01:37:05.15	01:37:05.15	+00:51:36 (53.2%)	12:56	4,6 (51.1%)
409	KULCZYK Kamil	1085		M1 16-29	85			01:37:05.85	01:37:05.85	+00:51:37 (53.2%)	12:56	4,6 (44.4%)
410	JAROSZ Krzysztof	1287		M1 16-29	86			01:37:08.80	01:37:08.80	+00:51:40 (53.2%)	12:57	4,6 (44.4%)
411	JAWORSKI Krystian	1196	SZMERF BOT TEAM	M1 16-29	87			01:37:12.80	01:37:12.80	+00:51:44 (53.2%)	12:57	4,6 (51.1%)
412	SZCZĘCH Elżbieta	1157		K2 30-39	46			01:37:16.45	01:37:16.45	+00:51:47 (53.2%)	12:58	4,6 (51.1%)
413	MAREK Anna	1046		K1 16-29	26			01:37:20.20	01:37:20.20	+00:51:51 (53.3%)	12:58	4,6 (44.4%)
414	DROZD Dariusz	1045		M2 30-39	160			01:37:23.65	01:37:23.65	+00:51:55 (53.3%)	12:59	4,6 (44.4%)
415	WITKOWSKA Kamila	424		K2 30-39	47			01:37:28.10	01:37:28.10	+00:51:59 (53.3%)	12:59	4,6 (44.4%)
416	MATUSIAK Rafał	1262	BIEGIEM NA SŁUŻBĘ	M1 16-29	88			01:37:28.35	01:37:28.35	+00:51:59 (53.3%)	12:59	4,6 (51.1%)
417	RASZEWSKI Damian	316		M2 30-39	161			01:37:28.40	01:37:28.40	+00:51:59 (53.3%)	12:59	4,6 (44.4%)
418	TOMASZEWSKA Beata	1174		K2 30-39	48			01:37:31.25	01:37:31.25	+00:52:02 (53.4%)	13:00	4,6 (51.1%)
419	ŚLUSARZ Iwona	52		K3 40-49	14			01:37:37.85	01:37:37.85	+00:52:09 (53.4%)	13:00	4,6 (44.4%)
420	ŚLUSARZ Marcin	1006		M3 40-49	62			01:37:37.90	01:37:37.90	+00:52:09 (53.4%)	13:00	4,6 (44.4%)
421	PASIEKA Agnieszka	203	K.B.SPRINT ŚWIDWIN / 21.BLT	K2 30-39	49	21.BLT		01:37:40.75	01:37:40.75	+00:52:12 (53.4%)	13:01	4,6 (51.1%)
422	JUSINSKA Anna	124		K3 40-49	15			01:37:41.60	01:37:41.60	+00:52:13 (53.5%)	13:01	4,6 (44.4%)
423	JAKUBOWSKA Dorota	530	23.BAZA LOTNICTWA TAKTYCZNEGO	K2 30-39	50	23. Baza Lotnictwa Taktycznego	23. Baza Lotnictwa Taktycznego	01:37:48.35	01:37:48.35	+00:52:19 (53.5%)	13:02	4,6 (44.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
424	PASEK Rafał	600	DZIKUSEK	M2 30-39	162			01:37:48.45	01:37:48.45	+00:52:19 (53.5%)	13:02	4,6 (44.4%)
425	ŁABECKI Paweł	1175		M2 30-39	163			01:37:51.95	01:37:51.95	+00:52:23 (53.5%)	13:02	4,6 (44.4%)
426	OBROCKI Adrian	893		M2 30-39	164			01:37:52.10	01:37:52.10	+00:52:23 (53.5%)	13:02	4,6 (44.4%)
427	PRABUCKA Weronika	252	UKL ÓSEMKA POLICE	K1 16-29	27		Dziki z Polic	01:37:55.35	01:37:55.35	+00:52:26 (53.6%)	13:03	4,6 (44.4%)
428	LIPIŃSKA Agnieszka	29		K1 16-29	28			01:37:58.75	01:37:58.75	+00:52:30 (53.6%)	13:03	4,6 (44.4%)
429	SZWARC Ewa	705		K2 30-39	51			01:37:59.10	01:37:59.10	+00:52:30 (53.6%)	13:03	4,6 (44.4%)
430	SZULC Darek	1297		M4 50-59	12			01:38:03.60	01:38:03.60	+00:52:35 (53.6%)	13:04	4,6 (44.4%)
431	PRABUCKI Jarek	251	UKL ÓSEMKA POLICE	M3 40-49	63		Dziki z Polic	01:38:06.50	01:38:06.50	+00:52:37 (53.6%)	13:04	4,6 (44.4%)
432	ŚWIETLIK Alicja	177		K3 40-49	16			01:38:12.05	01:38:12.05	+00:52:43 (53.7%)	13:05	4,6 (44.4%)
433	DZIEWIERSKI Marcin	315		M3 40-49	64			01:38:14.95	01:38:14.95	+00:52:46 (53.7%)	13:05	4,6 (44.4%)
434	PAPLEWSKA Anna	578		K1 16-29	29			01:38:27.00	01:38:27.00	+00:52:58 (53.8%)	13:07	4,6 (44.4%)
435	ANTKOWIAK Łukasz	532		M1 16-29	89			01:38:27.30	01:38:27.30	+00:52:58 (53.8%)	13:07	4,6 (44.4%)
436	SAMOLCZYK Karolina	1248		K2 30-39	52			01:38:51.85	01:38:51.85	+00:53:23 (54.0%)	13:10	4,6 (44.4%)
437	HERMANOWICZ Miłosz	341	ZS ZWYROLE	M2 30-39	165			01:38:54.20	01:38:54.20	+00:53:25 (54.0%)	13:11	4,6 (44.4%)
438	JANKE Ewa	1331	ZS CROSSFIT SZCZECIN	K2 30-39	53		Maciejkowe Żelki	01:38:54.30	01:38:54.30	+00:53:25 (54.0%)	13:11	4,6 (51.1%)
439	SAMPŁAWSKA Joanna	1102		K2 30-39	54		ORKI Z MAJORKI	01:38:56.85	01:38:56.85	+00:53:28 (54.0%)	13:11	4,5 (44.4%)
440	DZIEGIELEWSKA Izabela	1145		K3 40-49	17			01:38:57.70	01:38:57.70	+00:53:29 (54.0%)	13:11	4,5 (44.4%)
441	ROMANOWICZ Marek	223	AROM	M4 50-59	13			01:39:11.70	01:39:11.70	+00:53:43 (54.2%)	13:13	4,5 (44.4%)
442	MISTAK Paula	258		K1 16-29	30			01:39:11.85	01:39:11.85	+00:53:43 (54.2%)	13:13	4,5 (44.4%)
443	JASAK Michał	783	X	M2 30-39	166			01:39:21.80	01:39:21.80	+00:53:53 (54.2%)	13:14	4,5 (50.0%)
444	MIKITÓW Aleksandra	1257		K1 16-29	31			01:39:27.00	01:39:27.00	+00:53:58 (54.3%)	13:15	4,5 (50.0%)
445	PILUŚ Piotr	1256		M1 16-29	90			01:39:27.55	01:39:27.55	+00:53:59 (54.3%)	13:15	4,5 (50.0%)
446	IGNASZEWSKI Marcin	1179		M2 30-39	167			01:39:35.30	01:39:35.30	+00:54:06 (54.3%)	13:16	4,5 (44.4%)
447	WIERBIL Dominik	1105		M1 16-29	91			01:39:35.90	01:39:35.90	+00:54:07 (54.3%)	13:16	4,5 (44.4%)
448	CHODZICKI Janusz	714	#967	M1 16-29	92		ZS Zwyrole	01:39:36.55	01:39:36.55	+00:54:08 (54.3%)	13:16	4,5 (44.4%)
448	SCHERFENBERG Katarzyna	772		K2 30-39	55		Koszykówkarze	01:39:36.55	01:39:36.55	+00:54:08 (54.3%)	13:16	4,5 (44.4%)
450	KERL Kamil	1293		M1 16-29	93			01:39:37.00	01:39:37.00	+00:54:08 (54.3%)	13:16	4,5 (44.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
451	BŁAŻEJEWICZ Łukasz	816		M2 30-39	168	JW 4509		01:39:40.55	01:39:40.55	+00:54:12 (54.4%)	13:17	4,5 (44.4%)
452	DZIETCZYK Kamil	813	102. BOCHR	M2 30-39	169	JW 4509	102 Bochr.	01:39:40.65	01:39:40.65	+00:54:12 (54.4%)	13:17	4,5 (50.0%)
453	CZACHOWSKI Jarosław	815	102. BOCHR	M3 40-49	65	JW 4509		01:39:41.10	01:39:41.10	+00:54:12 (54.4%)	13:17	4,5 (44.4%)
453	WIATRAK Dominika	445		K2 30-39	56			01:39:41.10	01:39:41.10	+00:54:12 (54.4%)	13:17	4,5 (50.0%)
453	PAWLICKI Bartosz	104		M2 30-39	170			01:39:41.10	01:39:41.10	+00:54:12 (54.4%)	13:17	4,5 (50.0%)
456	WIECZOREK Mariusz	68		M3 40-49	66			01:39:41.15	01:39:41.15	+00:54:12 (54.4%)	13:17	4,5 (50.0%)
457	PRUSEK Mateusz	75	AKTYWNE CHOSZCZNO	M1 16-29	94		Aktywne Choszczno	01:39:41.40	01:39:41.40	+00:54:12 (54.4%)	13:17	4,5 (50.0%)
458	SIDORCZUK Tomasz	270	KLUB BIEGAJACYCH LEŚNIKÓW	M2 30-39	171			01:39:45.65	01:39:45.65	+00:54:17 (54.4%)	13:18	4,5 (44.4%)
459	MISIAK Artur	119	BYLEBY DO PRZODU	M2 30-39	172			01:39:46.45	01:39:46.45	+00:54:17 (54.4%)	13:18	4,5 (44.4%)
460	MISIAK Dorota	120	BYLEBY DO PRZODU	K2 30-39	57			01:39:47.30	01:39:47.30	+00:54:18 (54.4%)	13:18	4,5 (44.4%)
461	POST Marcin	1324		M2 30-39	173			01:39:54.05	01:39:54.05	+00:54:25 (54.5%)	13:19	4,5 (50.0%)
462	ŚLIŻEWSKI Marcin	712		M3 40-49	67			01:39:57.95	01:39:57.95	+00:54:29 (54.5%)	13:19	4,5 (44.4%)
463	WOJTKOWIAK Rafał	899		M2 30-39	174			01:39:59.10	01:39:59.10	+00:54:30 (54.5%)	13:19	4,5 (50.0%)
464	DĘBROWSKA .	961		6 Fala	1			01:40:04.05	01:40:04.05	+00:54:35 (54.6%)	13:20	4,5 (50.0%)
465	POST Mariola	1325		K3 40-49	18			01:40:04.15	01:40:04.15	+00:54:35 (54.6%)	13:20	4,5 (50.0%)
466	ZYGIEL- SZAKOŁA Aneta	1319		K2 30-39	58		DoktoŻy	01:40:05.65	01:40:05.65	+00:54:37 (54.6%)	13:20	4,5 (50.0%)
467	KAMIŃSKI Kamil	653	17 WBZ	M2 30-39	175			01:40:11.70	01:40:11.70	+00:54:43 (54.6%)	13:21	4,5 (44.4%)
468	SZAKOŁA Paweł	1317		M2 30-39	176		DoktoŻy	01:40:16.55	01:40:16.55	+00:54:48 (54.6%)	13:22	4,5 (50.0%)
469	PIETRUSZKIEWICZ Joanna	1089	JÓZEFINA	K2 30-39	59			01:40:25.60	01:40:25.60	+00:54:57 (54.7%)	13:23	4,5 (44.4%)
470	PIETRUSZKIEWICZ Henryk	401		M3 40-49	68			01:40:28.95	01:40:28.95	+00:55:00 (54.7%)	13:23	4,5 (44.4%)
471	WARCHAŁOWSKI Arkadiusz	304		M3 40-49	69			01:40:47.60	01:40:47.60	+00:55:19 (54.9%)	13:26	4,5 (44.4%)
472	SZATANEK Ewa	891		K3 40-49	19			01:40:47.65	01:40:47.65	+00:55:19 (54.9%)	13:26	4,5 (50.0%)
473	ELERT Mariusz	161	PAPRYKARZE	M2 30-39	177		Paprykarze	01:40:50.45	01:40:50.45	+00:55:21 (54.9%)	13:26	4,5 (44.4%)
474	WITORZĘĆ Dariusz	277		M3 40-49	70			01:40:56.35	01:40:56.35	+00:55:27 (54.9%)	13:27	4,5 (44.4%)
475	ŚLIWIŃSKA Justyna	547		K1 16-29	32			01:41:01.40	01:41:01.40	+00:55:32 (55.0%)	13:28	4,5 (50.0%)
476	KNIOŁA Agnieszka	46	PIŁA TEAM	K2 30-39	60		PIŁA TEAM	01:41:02.05	01:41:02.05	+00:55:33 (55.0%)	13:28	4,5 (44.4%)
477	ŚWIERCZ Dariusz	115		M4 50-59	14	KP PSP Wałcz	Aktywni Wałcz	01:41:07.50	01:41:07.50	+00:55:38 (55.0%)	13:28	4,5 (44.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
478	BASZURO Magdalena	64		K2 30-39	61			01:41:09.90	01:41:09.90	+00:55:41 (55.0%)	13:29	4,4 (44.4%)
479	JUROWSKI Karol	932		M1 16-29	95			01:41:10.40	01:41:10.40	+00:55:41 (55.1%)	13:29	4,4 (48.9%)
480	JANUS Grzegorz	288		M2 30-39	178			01:41:20.25	01:41:20.25	+00:55:51 (55.1%)	13:30	4,4 (44.4%)
481	LESZCZYŃSKI Marcin	554		M2 30-39	179			01:41:21.25	01:41:21.25	+00:55:52 (55.1%)	13:30	4,4 (48.9%)
482	RŻANY Aleksandra	1211		K1 16-29	33			01:41:24.90	01:41:24.90	+00:55:56 (55.2%)	13:31	4,4 (44.4%)
483	AGATA Pa	1009	1983	K2 30-39	62			01:41:29.55	01:41:29.55	+00:56:01 (55.2%)	13:31	4,4 (44.4%)
484	UMIASTOWSKA Joanna	1048		K2 30-39	63			01:41:30.80	01:41:30.80	+00:56:02 (55.2%)	13:32	4,4 (44.4%)
485	KAKOWSKI Dawid	939		M2 30-39	180			01:41:31.10	01:41:31.10	+00:56:02 (55.2%)	13:32	4,4 (44.4%)
486	CHODUBSKI Filip	973		M1 16-29	96			01:41:32.45	01:41:32.45	+00:56:03 (55.2%)	13:32	4,4 (48.9%)
487	KRAWCZYK Paweł	296		M1 16-29	97		Oponki team	01:41:32.55	01:41:32.55	+00:56:04 (55.2%)	13:32	4,4 (44.4%)
488	LEONOWICZ Martyna	359		K1 16-29	34		Oponki	01:41:32.70	01:41:32.70	+00:56:04 (55.2%)	13:32	4,4 (44.4%)
489	SKOCZYŁAS Patryk	666		M1 16-29	98			01:41:37.90	01:41:37.90	+00:56:09 (55.3%)	13:32	4,4 (44.4%)
490	CZYPICKA Marta	665		K2 30-39	64			01:41:38.35	01:41:38.35	+00:56:09 (55.3%)	13:33	4,4 (44.4%)
491	PASŁAWSKA Magda	127		K2 30-39	65			01:41:38.40	01:41:38.40	+00:56:09 (55.3%)	13:33	4,4 (44.4%)
491	BUDNA Anna	913		K2 30-39	65			01:41:38.40	01:41:38.40	+00:56:09 (55.3%)	13:33	4,4 (48.9%)
493	KNIOŁA Łukasz	44	PIŁA TEAM	M2 30-39	181		PIŁA TEAM	01:41:43.40	01:41:43.40	+00:56:14 (55.3%)	13:33	4,4 (44.4%)
494	ŻUROWSKI Leszek	489	ŻURKI	M2 30-39	182		żurki	01:41:45.65	01:41:45.65	+00:56:17 (55.3%)	13:34	4,4 (44.4%)
495	ŻUROWSKI Jarosław	487		M3 40-49	71		żurki	01:41:46.00	01:41:46.00	+00:56:17 (55.3%)	13:34	4,4 (44.4%)
496	ŻUROWSKA Agnieszka	486		K3 40-49	20		żurki	01:41:46.05	01:41:46.05	+00:56:17 (55.3%)	13:34	4,4 (44.4%)
497	WASEK Aleksander	920	MANGO GATKI TEAM	M1 16-29	99		Mango Gatki Team	01:41:48.05	01:41:48.05	+00:56:19 (55.3%)	13:34	4,4 (44.4%)
498	MAJCHER Agata	135	PIŁA TEAM	K1 16-29	35		PIŁA TEAM	01:41:58.45	01:41:58.45	+00:56:29 (55.4%)	13:35	4,4 (48.9%)
499	BOGACKA Małgorzata	106		K2 30-39	67			01:41:59.05	01:41:59.05	+00:56:30 (55.4%)	13:35	4,4 (44.4%)
500	TURBACZEWSKI Konrad	1129	PDC	M3 40-49	72		PDC	01:42:02.80	01:42:02.80	+00:56:34 (55.4%)	13:36	4,4 (44.4%)
501	KRYCZKA Adam	659		M2 30-39	183			01:42:03.65	01:42:03.65	+00:56:35 (55.4%)	13:36	4,4 (44.4%)
502	SOKOŁOWSKA Agnieszka	23	DALEKO JESZCZE	K2 30-39	68			01:42:04.80	01:42:04.80	+00:56:36 (55.5%)	13:36	4,4 (48.9%)
503	KONOPKA Paweł	51	DALEKO JESZCZE	M2 30-39	184			01:42:05.90	01:42:05.90	+00:56:37 (55.5%)	13:36	4,4 (44.4%)
504	PIETKIEWICZ Paweł	408		M2 30-39	185			01:42:11.80	01:42:11.80	+00:56:43 (55.5%)	13:37	4,4 (44.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
505	PELC Marek	234		M2 30-39	186			01:42:12.55	01:42:12.55	+00:56:44 (55.5%)	13:37	4,4 (44.4%)
506	FELCENLOBEN Robert	180	RAJSPOORT ACTIVE	M2 30-39	187		RAJSPOORT ACTIVE	01:42:13.95	01:42:13.95	+00:56:45 (55.5%)	13:37	4,4 (44.4%)
507	LEWICKI Kamil	670	POŁAPANI TEAM	M2 30-39	188			01:42:14.60	01:42:14.60	+00:56:46 (55.5%)	13:37	4,4 (44.4%)
508	KOZAK Mirosław	409		M2 30-39	189			01:42:15.35	01:42:15.35	+00:56:46 (55.5%)	13:38	4,4 (44.4%)
509	WOJSZCZYK Michał	58	BRIDGESTONE STARGARD RUNNERS	M2 30-39	190			01:42:15.60	01:42:15.60	+00:56:47 (55.5%)	13:38	4,4 (44.4%)
510	DOBRYCKI Piotr	403	BRIDGESTONE STARGARD RUNNERS	M3 40-49	73		Bridgestone Stargard Runners	01:42:15.65	01:42:15.65	+00:56:47 (55.5%)	13:38	4,4 (44.4%)
511	KOTWICKI Mariusz	426		M2 30-39	191			01:42:15.75	01:42:15.75	+00:56:47 (55.5%)	13:38	4,4 (44.4%)
512	SAWICKI Bartosz	358	DZIKIE DZIKI GORZÓW	M1 16-29	100		Dzikie Dzikie Gorzów	01:42:16.80	01:42:16.80	+00:56:48 (55.5%)	13:38	4,4 (44.4%)
513	WIERZYCKA Kinga	370	BBL	K3 40-49	21		Kinga	01:42:31.80	01:42:31.80	+00:57:03 (55.6%)	13:40	4,4 (44.4%)
514	PAWŁASZEK Lech	298		M2 30-39	192			01:42:35.95	01:42:35.95	+00:57:07 (55.7%)	13:40	4,4 (44.4%)
515	ORECKI Radosław	1018		M2 30-39	193			01:42:43.40	01:42:43.40	+00:57:14 (55.7%)	13:41	4,4 (44.4%)
515	MICHAŁ Małcki	1100		M2 30-39	193			01:42:43.40	01:42:43.40	+00:57:14 (55.7%)	13:41	4,4 (44.4%)
517	ORECKA Anna	1017		K2 30-39	69			01:42:43.65	01:42:43.65	+00:57:15 (55.7%)	13:41	4,4 (44.4%)
518	ADAMCZEWSKA - PIETRZAK Marta	1042		K2 30-39	70			01:42:43.70	01:42:43.70	+00:57:15 (55.7%)	13:41	4,4 (44.4%)
519	GITNER Marcin	38	PIĘKNI I BESTIE	M3 40-49	74	Piękni i Bestie	Piękni i Bestie	01:42:49.85	01:42:49.85	+00:57:21 (55.8%)	13:42	4,4 (44.4%)
520	SZKAŁUBA Aleksandra	312		K1 16-29	36		ORKI Z MAJORKI	01:42:59.55	01:42:59.55	+00:57:31 (55.8%)	13:43	4,4 (44.4%)
521	SŁUGOCKI Mariusz	1053		M1 16-29	101			01:42:59.95	01:42:59.95	+00:57:31 (55.8%)	13:43	4,4 (44.4%)
522	RÓZGA Jerzy	563	VIKING88	M3 40-49	75			01:43:00.60	01:43:00.60	+00:57:32 (55.9%)	13:44	4,4 (44.4%)
523	RÓZGA Zbigniew	566	VIKING 88	M3 40-49	76			01:43:01.15	01:43:01.15	+00:57:32 (55.9%)	13:44	4,4 (44.4%)
524	SŁUGOCKA Justyna	195		K1 16-29	37		ORKI Z MAJORKI	01:43:01.90	01:43:01.90	+00:57:33 (55.9%)	13:44	4,4 (44.4%)
525	LIPIŃSKA Sylwia	110		K1 16-29	38			01:43:05.80	01:43:05.80	+00:57:37 (55.9%)	13:44	4,4 (44.4%)
526	SPORNY Grzegorz	1059		M2 30-39	195			01:43:30.90	01:43:30.90	+00:58:02 (56.1%)	13:48	4,3 (47.8%)
527	JEZIOREK Agnieszka	253		K3 40-49	22			01:43:36.75	01:43:36.75	+00:58:08 (56.1%)	13:48	4,3 (44.4%)
528	MLECZEK Roman	254		M3 40-49	77			01:43:36.85	01:43:36.85	+00:58:08 (56.1%)	13:48	4,3 (44.4%)
529	ISKRA Angelika	484		K1 16-29	39			01:43:47.05	01:43:47.05	+00:58:18 (56.2%)	13:50	4,3 (44.4%)
530	MATUSZAK Mateusz	514	MANGO GATKI TEAM	M1 16-29	102		Mango Gatki Team	01:43:50.35	01:43:50.35	+00:58:21 (56.2%)	13:50	4,3 (44.4%)
531	BOROWSKI Tomek	345		M1 16-29	103			01:43:53.45	01:43:53.45	+00:58:24 (56.2%)	13:51	4,3 (44.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
532	GODEK Cezary	1134	SZCZECIN	M2 30-39	196			01:43:58.05	01:43:58.05	+00:58:29 (56.3%)	13:51	4,3 (44.4%)
533	OLEJNIK Marzena	1135		K4 50-59	4			01:43:59.70	01:43:59.70	+00:58:31 (56.3%)	13:51	4,3 (44.4%)
534	OLEJNIK Przemek	1136		M3 40-49	78			01:43:59.75	01:43:59.75	+00:58:31 (56.3%)	13:51	4,3 (44.4%)
535	SZAL Marzena	474	IZERSKA GRUPA BIEGOWA	K2 30-39	71			01:44:02.80	01:44:02.80	+00:58:34 (56.3%)	13:52	4,3 (44.4%)
536	LINKOWSKI Sławomir	1072		M2 30-39	197			01:44:03.70	01:44:03.70	+00:58:35 (56.3%)	13:52	4,3 (44.4%)
537	MATUSZEWSKA-LINKOWSKA Anita	647	SZCZECIŃSKI KLUB ROWEROWY GRYFUS	K2 30-39	72			01:44:03.85	01:44:03.85	+00:58:35 (56.3%)	13:52	4,3 (44.4%)
538	KOSTRZEWSKI Krystian	903		M3 40-49	79			01:44:08.05	01:44:08.05	+00:58:39 (56.3%)	13:53	4,3 (47.8%)
539	MAĆKIEWICZ Aleksandra	1269		K1 16-29	40		Kubula	01:44:09.00	01:44:09.00	+00:58:40 (56.3%)	13:53	4,3 (47.8%)
540	MAĆKIEWICZ Mateusz	1270		M1 16-29	104		Kubula	01:44:09.15	01:44:09.15	+00:58:40 (56.3%)	13:53	4,3 (47.8%)
541	ZAWADZKI Maciej	780		M1 16-29	105		Ekipa Kryzys	01:44:28.85	01:44:28.85	+00:59:00 (56.5%)	13:55	4,3 (47.8%)
542	PIETKIEWICZ Anna	635		K2 30-39	73			01:44:28.90	01:44:28.90	+00:59:00 (56.5%)	13:55	4,3 (47.8%)
543	MYTYCH Ilona	781		K1 16-29	41		Ekipa Kryzys	01:44:29.45	01:44:29.45	+00:59:00 (56.5%)	13:55	4,3 (47.8%)
544	KRZEMIŃSKI Paweł	778		M1 16-29	106		Ekipa Kryzys	01:44:29.75	01:44:29.75	+00:59:01 (56.5%)	13:55	4,3 (47.8%)
545	SKOCZYL Wojtek	604	HUSARIA RACE TEAM	M1 16-29	107		Husaria Race Team	01:44:34.10	01:44:34.10	+00:59:05 (56.5%)	13:56	4,3 (44.4%)
546	PANASZEK Elżbieta	1172	AKTYWNE PRAWOBRZEŻE SZCZECIN	K4 50-59	5		Aktywne Prawobrzeże Szczecin	01:44:39.45	01:44:39.45	+00:59:10 (56.5%)	13:57	4,3 (44.4%)
547	BEDNARZ Katarzyna	24		K3 40-49	23			01:44:54.50	01:44:54.50	+00:59:25 (56.7%)	13:59	4,3 (44.4%)
548	POHLID-DODA Anna	37	MRA SUSZ	K2 30-39	74			01:45:03.70	01:45:03.70	+00:59:35 (56.7%)	14:00	4,3 (44.4%)
548	MŁODAWSKI Rafał	39		M3 40-49	80			01:45:03.70	01:45:03.70	+00:59:35 (56.7%)	14:00	4,3 (44.4%)
550	BIEGAŃSKI Tomasz	908		M2 30-39	198			01:45:13.65	01:45:13.65	+00:59:45 (56.8%)	14:01	4,3 (47.8%)
551	CUPRYJAK Sebastian	262		M2 30-39	199			01:45:13.90	01:45:13.90	+00:59:45 (56.8%)	14:01	4,3 (44.4%)
552	WOJCIECHOWSKA Maja	267		K1 16-29	42			01:45:13.95	01:45:13.95	+00:59:45 (56.8%)	14:01	4,3 (44.4%)
553	KNIAŻ Edyta	965		K3 40-49	24			01:45:31.40	01:45:31.40	+01:00:02 (56.9%)	14:04	4,3 (47.8%)
554	JOŃCA Magdalena	1192		K2 30-39	75		Nanogiwaciaki	01:45:32.35	01:45:32.35	+01:00:03 (56.9%)	14:04	4,3 (44.4%)
555	PACH Karolina	954		K2 30-39	76			01:45:32.50	01:45:32.50	+01:00:03 (56.9%)	14:04	4,3 (44.4%)
556	ANTOSIEWICZ Robert	216	LULATEAM	M3 40-49	81			01:45:33.30	01:45:33.30	+01:00:04 (56.9%)	14:04	4,3 (44.4%)
557	KNIAŻ Jarosław	328	FOL-TECH TEAM MYŚLIBÓRZ	M3 40-49	82			01:45:38.95	01:45:38.95	+01:00:10 (57.0%)	14:05	4,3 (47.8%)
558	MAJCHER Małgorzata	134	PIŁA TEAM	K3 40-49	25		PIŁA TEAM	01:45:44.30	01:45:44.30	+01:00:15 (57.0%)	14:05	4,3 (47.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
559	LEWIKOWSKA Patrycja	291	WIECZORNE BIEGANIE W SZCZECINIE	K3 40-49	26			01:45:49.15	01:45:49.15	+01:00:20 (57.0%)	14:06	4,3 (44.4%)
560	STRAK Izabela	221	WIECZORNE BIEGANIE W SZCZECINIE	K3 40-49	27			01:45:49.25	01:45:49.25	+01:00:20 (57.0%)	14:06	4,3 (44.4%)
561	JOŃCA Marcin	1191		M2 30-39	200		Nanogiwaciaki	01:45:49.30	01:45:49.30	+01:00:20 (57.0%)	14:06	4,3 (44.4%)
562	PAŁAC Piotr	622	WIECZORNE BIEGANIE W SZCZECINIE	M4 50-59	15			01:45:49.45	01:45:49.45	+01:00:20 (57.0%)	14:06	4,3 (44.4%)
563	HAJDUK Emilian	1194		M2 30-39	201		Nanogiwaciaki	01:45:49.90	01:45:49.90	+01:00:21 (57.0%)	14:06	4,3 (44.4%)
564	CHEŁSTOWSKI Adrian	1193		M2 30-39	202		Nanogiwaciaki	01:45:50.10	01:45:50.10	+01:00:21 (57.0%)	14:06	4,3 (44.4%)
565	SIECZYK Jędrzej	1107		M2 30-39	203			01:45:51.35	01:45:51.35	+01:00:22 (57.0%)	14:06	4,3 (47.8%)
566	MAJCHER Piotr	133	PIŁĄ TEAM	M3 40-49	83		PIŁĄ TEAM	01:45:55.95	01:45:55.95	+01:00:27 (57.1%)	14:07	4,2 (46.7%)
567	BRATKO Przemysław	218		M1 16-29	108			01:45:59.10	01:45:59.10	+01:00:30 (57.1%)	14:07	4,2 (44.4%)
568	CZAPLIŃSKA Magdalena	241		K2 30-39	77			01:46:06.10	01:46:06.10	+01:00:37 (57.1%)	14:08	4,2 (44.4%)
569	BROCZKOWSKA Żaneta	708		K2 30-39	78			01:46:21.95	01:46:21.95	+01:00:53 (57.2%)	14:10	4,2 (44.4%)
570	MULARCZYK Krzysztof	707		M2 30-39	204			01:46:22.05	01:46:22.05	+01:00:53 (57.2%)	14:10	4,2 (44.4%)
571	PODEDWORNY Artur	105		M3 40-49	84			01:46:49.20	01:46:49.20	+01:01:20 (57.4%)	14:14	4,2 (44.4%)
572	NOWAK Marta	273	STARGARDZKI KLUB MORSÓW MIEDIWANIE	K1 16-29	43			01:47:11.85	01:47:11.85	+01:01:43 (57.6%)	14:17	4,2 (44.4%)
573	KARBOWIAK Patryk	1014		M2 30-39	205			01:47:16.00	01:47:16.00	+01:01:47 (57.6%)	14:18	4,2 (44.4%)
574	DURAJ Kacper	1152		M1 16-29	109			01:47:29.00	01:47:29.00	+01:02:00 (57.7%)	14:19	4,2 (44.4%)
575	ZIARKIEWICZ Aneta	265		K1 16-29	44		BEZIMIENNI	01:47:38.60	01:47:38.60	+01:02:10 (57.8%)	14:21	4,2 (46.7%)
576	ZIELIŃSKI Michał	473		M1 16-29	110			01:47:48.80	01:47:48.80	+01:02:20 (57.8%)	14:22	4,2 (46.7%)
577	SAMBORSKI Radosław	393		M1 16-29	111			01:47:49.30	01:47:49.30	+01:02:20 (57.8%)	14:22	4,2 (46.7%)
578	ŁUCZAK Zbigniew	504	1KPZMOT/3BPZMOT	M2 30-39	206		Husaria Race Team	01:47:53.40	01:47:53.40	+01:02:24 (57.8%)	14:23	4,2 (44.4%)
579	PRENDECKA Sylwia	34		K2 30-39	79	Aktywni Walcz	Aktywni Walcz	01:47:55.80	01:47:55.80	+01:02:27 (57.9%)	14:23	4,2 (44.4%)
580	LECH Wojciech	907		M2 30-39	207			01:48:00.40	01:48:00.40	+01:02:31 (57.9%)	14:24	4,2 (46.7%)
581	MORAWSKI Artur	129		M3 40-49	85			01:48:01.05	01:48:01.05	+01:02:32 (57.9%)	14:24	4,2 (44.4%)
582	MADOŃ Magdalena	927		K2 30-39	80			01:48:01.35	01:48:01.35	+01:02:32 (57.9%)	14:24	4,2 (44.4%)
583	PASZKIEWICZ Anna	333	DZIK Z PUSZCZY	K2 30-39	81			01:48:02.60	01:48:02.60	+01:02:34 (57.9%)	14:24	4,2 (46.7%)
584	JAKUBOWSKA Anna	808		K2 30-39	82		ROKO TEAM	01:48:04.35	01:48:04.35	+01:02:35 (57.9%)	14:24	4,2 (46.7%)
585	ZAMOŻNY Anna	801		K2 30-39	83		ROKO TEAM	01:48:04.50	01:48:04.50	+01:02:35 (57.9%)	14:24	4,2 (46.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
586	POLONIS Aneta	1286	KB DZIK	K2 30-39	84			01:48:10.70	01:48:10.70	+01:02:42 (58.0%)	14:25	4,2 (44.4%)
587	KURTYKA Kamil	1288		M1 16-29	112			01:48:11.00	01:48:11.00	+01:02:42 (58.0%)	14:25	4,2 (44.4%)
588	CIMOSZ Paula	1316		K1 16-29	45			01:48:22.70	01:48:22.70	+01:02:54 (58.0%)	14:26	4,2 (46.7%)
589	WRÓBEL Emilia	1315		K1 16-29	46			01:48:22.85	01:48:22.85	+01:02:54 (58.0%)	14:26	4,2 (46.7%)
590	WOSZCZYK Renata	367	WIECZORNE BIEGANIE W SZCZECINIE	K3 40-49	28			01:48:25.05	01:48:25.05	+01:02:56 (58.1%)	14:27	4,2 (44.4%)
591	KUPIŃSKA Marta	50		K1 16-29	47			01:48:25.55	01:48:25.55	+01:02:57 (58.1%)	14:27	4,2 (44.4%)
592	BIENIAS Konrad	43		M1 16-29	113			01:48:25.75	01:48:25.75	+01:02:57 (58.1%)	14:27	4,2 (44.4%)
593	GOLEC Aneta	191	ZESPÓŁ NIESPOKOJNYCH NÓG	K3 40-49	29		Zespół Niespokojnych Nóg	01:48:31.35	01:48:31.35	+01:03:02 (58.1%)	14:28	4,1 (44.4%)
593	SAJKOWSKI Kamil	181	ZESPÓŁ NIESPOKOJNYCH NÓG	M1 16-29	114		Zespół Niespokojnych Nóg	01:48:31.35	01:48:31.35	+01:03:02 (58.1%)	14:28	4,1 (44.4%)
593	BARTWICKA Beata	227	HUSARIA RACE TEAM	K2 30-39	85		Husaria Race Team	01:48:31.35	01:48:31.35	+01:03:02 (58.1%)	14:28	4,1 (44.4%)
596	WIERZCHOWSKI Arkadiusz	182	BRIDGESTONE STARGARD RUNNERS	M3 40-49	86		Bridgestone Stargard Runners	01:48:31.45	01:48:31.45	+01:03:02 (58.1%)	14:28	4,1 (44.4%)
597	CZAJKOWSKA Diana	107	ZESPÓŁ NIESPOKOJNYCH NÓG	K2 30-39	86		Zespół Niespokojnych Nóg	01:48:31.65	01:48:31.65	+01:03:03 (58.1%)	14:28	4,1 (44.4%)
597	JELEŃSKI Grzegorz	166	DZIKIE JELENIE	M1 16-29	115		BEZIMIENNI	01:48:31.65	01:48:31.65	+01:03:03 (58.1%)	14:28	4,1 (45.6%)
599	JÓŻWICKA Aneta	368	WIECZORNE BIEGANIE W SZCZECINIE	K3 40-49	30			01:48:33.70	01:48:33.70	+01:03:05 (58.1%)	14:28	4,1 (44.4%)
600	JAKUBOWSKA Angelika	1339		K1 16-29	48			01:48:39.35	01:48:39.35	+01:03:10 (58.1%)	14:29	4,1 (45.6%)
601	ZABROCKI Karol	551	TEAM POSEJDONA	M2 30-39	208		Team Posejdona	01:49:06.25	01:49:06.25	+01:03:37 (58.3%)	14:32	4,1 (44.4%)
602	HNAT Rafał	76	KP PSP WAŁCZ	M3 40-49	87	KP PSP Wałcz	Aktywni Wałcz	01:49:06.70	01:49:06.70	+01:03:38 (58.3%)	14:32	4,1 (44.4%)
603	JENDRZEJCZYK Mariusz	438		M2 30-39	209			01:49:26.85	01:49:26.85	+01:03:58 (58.4%)	14:35	4,1 (45.6%)
604	JENDRZEJCZYK Małgorzata	1093		K2 30-39	87			01:49:27.20	01:49:27.20	+01:03:58 (58.5%)	14:35	4,1 (45.6%)
605	MAKOWSKA Joanna	1088		K2 30-39	88			01:49:28.25	01:49:28.25	+01:03:59 (58.5%)	14:35	4,1 (45.6%)
606	NOWAK Natalia	962		K2 30-39	89			01:49:31.20	01:49:31.20	+01:04:02 (58.5%)	14:36	4,1 (45.6%)
607	CHROBOCIŃSKI Jan	560		M1 16-29	116			01:49:38.50	01:49:38.50	+01:04:09 (58.5%)	14:37	4,1 (44.4%)
608	ZABŁOCKI Rafał	1139	PRZEBIEGLI	M2 30-39	210		Przebiegli	01:49:47.20	01:49:47.20	+01:04:18 (58.6%)	14:38	4,1 (44.4%)
609	MASZCZYK Marta	229	MONIA GYM	K2 30-39	90			01:49:48.90	01:49:48.90	+01:04:20 (58.6%)	14:38	4,1 (44.4%)
610	MODELSKA Justyna	1345	KOBIECE BIEGANIE	K3 40-49	31		Kobiece Bieganie	01:49:58.10	01:49:58.10	+01:04:29 (58.6%)	14:39	4,1 (44.4%)
611	JABLONKA Mariusz	14	BRAVEHEARTS LEGIONOWO	M3 40-49	88		Bravehearts Legionowo	01:49:58.40	01:49:58.40	+01:04:29 (58.6%)	14:39	4,1 (44.4%)
612	CHROBOCIŃSKA Elżbieta	141		K4 50-59	6			01:50:03.00	01:50:03.00	+01:04:34 (58.7%)	14:40	4,1 (44.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
613	BIAŁKOWSKA Katarzyna	112	WIECZORNE BIEGANIE	K3 40-49	32			01:50:03.75	01:50:03.75	+01:04:35 (58.7%)	14:40	4,1 (44.4%)
614	PLOCH Piotr	616		M2 30-39	211		Dzikusy	01:50:05.80	01:50:05.80	+01:04:37 (58.7%)	14:40	4,1 (44.4%)
615	JABŁONKA Radosław	62		M3 40-49	89		Bravehearts Legionowo	01:50:10.95	01:50:10.95	+01:04:42 (58.7%)	14:41	4,1 (44.4%)
616	SZACHNOWSKA Daria	953		K1 16-29	49			01:50:13.80	01:50:13.80	+01:04:45 (58.7%)	14:41	4,1 (45.6%)
617	ZEMANKIEWICZ Łukasz	274	KANAŁ 6AM	M2 30-39	212			01:50:14.60	01:50:14.60	+01:04:46 (58.7%)	14:41	4,1 (44.4%)
618	WYCIECHOWSKI Norbert	586	OCR TEAM WŁOCŁAWEK	M2 30-39	213		OCR TEAM WŁOCŁAWEK	01:50:18.80	01:50:18.80	+01:04:50 (58.8%)	14:42	4,1 (44.4%)
619	UZDOWSKA Marta	692	OCR TEAM WŁOCŁAWEK	K2 30-39	91		OCR TEAM WŁOCŁAWEK	01:50:22.35	01:50:22.35	+01:04:53 (58.8%)	14:42	4,1 (44.4%)
620	ZABŁOCKI Paweł	1138	PRZEBIEGLI	M1 16-29	117			01:50:26.75	01:50:26.75	+01:04:58 (58.8%)	14:43	4,1 (44.4%)
621	CHUDYNKA Paulina	761	KOBIECE BIEGANIE	K2 30-39	92			01:50:28.70	01:50:28.70	+01:05:00 (58.8%)	14:43	4,1 (44.4%)
622	WIKLAK Natalia	559		K1 16-29	50			01:50:29.55	01:50:29.55	+01:05:01 (58.8%)	14:43	4,1 (44.4%)
623	MORAWSKA Agnieszka	562		K1 16-29	51			01:50:30.15	01:50:30.15	+01:05:01 (58.8%)	14:44	4,1 (44.4%)
624	SLUFIŃSKI Dariusz	610	OCR TEAM WŁOCŁAWEK	M4 50-59	16		OCR TEAM WŁOCŁAWEK	01:50:31.50	01:50:31.50	+01:05:02 (58.9%)	14:44	4,1 (44.4%)
625	BICHTA Katarzyna	776		K2 30-39	93		Monia Gym	01:50:32.35	01:50:32.35	+01:05:03 (58.9%)	14:44	4,1 (45.6%)
626	LEBIEDZIEWSKA Natalia	1284	KOBIECE BIEGANIE	K2 30-39	94		Kobiece Bieganie	01:50:32.95	01:50:32.95	+01:05:04 (58.9%)	14:44	4,1 (44.4%)
627	HAJDUK Maciej	542		M3 40-49	90			01:50:47.45	01:50:47.45	+01:05:18 (59.0%)	14:46	4,1 (44.4%)
628	KOMOSA Agnieszka	386		K2 30-39	95			01:50:59.70	01:50:59.70	+01:05:31 (59.0%)	14:47	4,1 (44.4%)
629	MAŁYSA Marta	888		K2 30-39	96			01:51:00.90	01:51:00.90	+01:05:32 (59.0%)	14:48	4,1 (44.4%)
630	WYPYCH Paulina	1326		K2 30-39	97			01:51:01.95	01:51:01.95	+01:05:33 (59.0%)	14:48	4,1 (45.6%)
631	ZAREMBA Marcin	1327		M2 30-39	214			01:51:02.05	01:51:02.05	+01:05:33 (59.0%)	14:48	4,1 (45.6%)
632	ROJEK Krzysztof	1239		M2 30-39	215			01:51:16.50	01:51:16.50	+01:05:47 (59.1%)	14:50	4 (44.4%)
633	LESZCZYŃSKA Ania	1238		K1 16-29	52			01:51:16.70	01:51:16.70	+01:05:48 (59.1%)	14:50	4 (44.4%)
634	PAWLUŚ Tomasz	209	SSPS CHEMIK POLICE	M2 30-39	216		Dzikie Krokodyle	01:51:21.60	01:51:21.60	+01:05:53 (59.2%)	14:50	4 (44.4%)
635	CHOYNACKA-SAŃKA Alicja	544		K2 30-39	98			01:51:21.85	01:51:21.85	+01:05:53 (59.2%)	14:50	4 (44.4%)
636	WÓJCIK Krzysztof	208		M2 30-39	217		Dzikie Krokodyle	01:51:21.90	01:51:21.90	+01:05:53 (59.2%)	14:50	4 (44.4%)
636	MASAL Emilia	571		K2 30-39	99		Dzikusy	01:51:21.90	01:51:21.90	+01:05:53 (59.2%)	14:50	4 (44.4%)
638	BEJM Łukasz	557		M2 30-39	218		Dzikusy	01:51:22.00	01:51:22.00	+01:05:53 (59.2%)	14:50	4 (44.4%)
638	KEMPIŃSKI Tomasz	1154		M2 30-39	218		Dzikusy	01:51:22.00	01:51:22.00	+01:05:53 (59.2%)	14:50	4 (44.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
640	SAŃKA Paweł	543		M3 40-49	91			01:51:22.05	01:51:22.05	+01:05:53 (59.2%)	14:50	4 (44.4%)
641	SAWULAK Wiktor	558		M2 30-39	220			01:51:22.10	01:51:22.10	+01:05:53 (59.2%)	14:50	4 (44.4%)
642	WOJSZCZYK Marlena	645	TRYTON BIKE TEAM	K2 30-39	100			01:51:36.65	01:51:36.65	+01:06:08 (59.3%)	14:52	4 (44.4%)
643	WOŁCZAK Iwona	414		K2 30-39	101			01:51:36.70	01:51:36.70	+01:06:08 (59.3%)	14:52	4 (44.4%)
644	SZULC Anna	612		K2 30-39	102			01:51:43.60	01:51:43.60	+01:06:15 (59.3%)	14:53	4 (44.4%)
645	GAWRYSIAK Ewa	1112		K2 30-39	103			01:51:44.40	01:51:44.40	+01:06:15 (59.3%)	14:53	4 (44.4%)
646	POSZUMSKA Gabriela	535		K1 16-29	53			01:51:45.55	01:51:45.55	+01:06:17 (59.3%)	14:54	4 (44.4%)
647	SZULC Marcin	613		M2 30-39	221			01:51:48.50	01:51:48.50	+01:06:19 (59.3%)	14:54	4 (44.4%)
648	ROGOWSKA Agnieszka	730	PIĘKNI I BESTIE	K2 30-39	104			01:51:53.80	01:51:53.80	+01:06:25 (59.4%)	14:55	4 (44.4%)
649	DUDKA Robert	536		M1 16-29	118			01:51:55.40	01:51:55.40	+01:06:26 (59.4%)	14:55	4 (44.4%)
650	JÓZEFOWICZ Anna	87		K2 30-39	105		Piękni i Bestie	01:51:56.35	01:51:56.35	+01:06:27 (59.4%)	14:55	4 (44.4%)
651	ŁUKOMSKI Piotr	593		M1 16-29	119			01:52:20.05	01:52:20.05	+01:06:51 (59.5%)	14:58	4 (44.4%)
652	SZYMAŃSKA Jolanta	199		K2 30-39	106			01:52:20.10	01:52:20.10	+01:06:51 (59.5%)	14:58	4 (44.4%)
653	CIESZYŃSKA Emilia	1121	PDC	K2 30-39	107		PDC	01:52:22.70	01:52:22.70	+01:06:54 (59.5%)	14:58	4 (44.4%)
654	STRZELECKA Małgorzata	337	SAILING TEAM FERAJNA	K3 40-49	33		Sailing Team Ferajna	01:52:25.05	01:52:25.05	+01:06:56 (59.5%)	14:59	4 (44.4%)
655	STRZELECKI Sebastian 'Kaszana'	335	SAILING TEAM FERAJNA	M3 40-49	92		Sailing Team Ferajna	01:52:25.35	01:52:25.35	+01:06:56 (59.5%)	14:59	4 (44.4%)
655	NOWAK Bartłomiej	201	SAILING TEAM FERAJNA	M3 40-49	92		Sailing Team Ferajna	01:52:25.35	01:52:25.35	+01:06:56 (59.5%)	14:59	4 (44.4%)
657	SZYSZKA Marcin	1110	MARCIN SZYSZKA	M2 30-39	222		ORKI Z MAJORKI	01:52:29.75	01:52:29.75	+01:07:01 (59.6%)	14:59	4 (44.4%)
658	KIES Grzegorz	1169		M1 16-29	120		Trzy Dziki	01:52:31.25	01:52:31.25	+01:07:02 (59.6%)	15:00	4 (44.4%)
659	BALCERAK Kuba	1170		M1 16-29	121		Trzy Dziki	01:52:32.15	01:52:32.15	+01:07:03 (59.6%)	15:00	4 (44.4%)
660	SKONECZNY Przemysław	286		M2 30-39	223			01:52:32.25	01:52:32.25	+01:07:03 (59.6%)	15:00	4 (44.4%)
661	GUZOWSKA Iwona	136	KS UZNAM ŚWINOUJŚCIE	K4 50-59	7			01:52:32.90	01:52:32.90	+01:07:04 (59.6%)	15:00	4 (44.4%)
662	CHOMIŃSKI Aleksander	1123	PDC	M1 16-29	122		PDC	01:52:33.35	01:52:33.35	+01:07:04 (59.6%)	15:00	4 (44.4%)
663	KIES Marcin	1168		M3 40-49	94		Trzy Dziki	01:52:33.55	01:52:33.55	+01:07:05 (59.6%)	15:00	4 (44.4%)
664	OWCZARZ Krystyna	790		K3 40-49	34			01:52:45.45	01:52:45.45	+01:07:16 (59.7%)	15:02	4 (44.4%)
665	ZAKRZEWSKI Grzegorz	454	FSD RUN DREZDENKO	M1 16-29	123			01:52:46.75	01:52:46.75	+01:07:18 (59.7%)	15:02	4 (44.4%)
666	KRAWCZYK Lukasz	1214	TWK	M2 30-39	224		TWK	01:52:58.60	01:52:58.60	+01:07:30 (59.7%)	15:03	4 (44.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
667	PĘKALSKI Tomasz	1209	TKW	M2 30-39	225			01:52:58.75	01:52:58.75	+01:07:30 (59.7%)	15:03	4 (44.4%)
668	OSTROWSKI Piotr	534	23. BAZA LOTNICTWA TAKTYCZNEGO	M3 40-49	95	23. Baza Lotnictwa Taktycznego	23. Baza Lotnictwa Taktycznego	01:53:02.20	01:53:02.20	+01:07:33 (59.8%)	15:04	4 (44.4%)
669	SAMPLAWSKI Adam	1111		M2 30-39	226		ORKI Z MAJORKI	01:53:08.15	01:53:08.15	+01:07:39 (59.8%)	15:05	4 (44.4%)
670	MILEJSKI Paweł	349		M2 30-39	227			01:53:10.95	01:53:10.95	+01:07:42 (59.8%)	15:05	4 (44.4%)
671	JAMRÓZ Wojciech	627		M2 30-39	228			01:53:12.80	01:53:12.80	+01:07:44 (59.8%)	15:05	4 (44.4%)
672	STROJNA-GRZYBOWSKA Marta	678	MAUPOLAND	K2 30-39	108		KP PSP Police	01:53:25.60	01:53:25.60	+01:07:57 (59.9%)	15:07	4 (44.4%)
673	SZACHNOWSKA Iwona	952		K2 30-39	109			01:53:25.75	01:53:25.75	+01:07:57 (59.9%)	15:07	4 (44.4%)
674	SZYMCZAK Marcin	506		M3 40-49	96			01:53:25.95	01:53:25.95	+01:07:57 (59.9%)	15:07	4 (44.4%)
675	JAMRÓZ Monika	626		K2 30-39	110			01:53:33.15	01:53:33.15	+01:08:04 (60.0%)	15:08	4 (44.4%)
676	GOWORSKI Jerzy	147		M1 16-29	124			01:53:40.75	01:53:40.75	+01:08:12 (60.0%)	15:09	4 (44.4%)
677	ŁEBKOWSKI Karol	175		M2 30-39	229			01:53:47.00	01:53:47.00	+01:08:18 (60.0%)	15:10	4 (44.4%)
678	PUPEK Małgorzata	173		K2 30-39	111			01:53:47.15	01:53:47.15	+01:08:18 (60.0%)	15:10	4 (44.4%)
679	CZERKASOW Piotr	1323		M2 30-39	230		Nienormalnie Normalni	01:53:48.15	01:53:48.15	+01:08:19 (60.0%)	15:10	4 (44.4%)
680	GRZYBOWSKI Przemysław	725		M2 30-39	231	KP PSP Police	KP PSP Police	01:53:50.65	01:53:50.65	+01:08:22 (60.1%)	15:10	4 (44.4%)
681	MILCZAREK Paweł	931		M1 16-29	125	KP PSP Police	KP PSP Police	01:53:51.55	01:53:51.55	+01:08:23 (60.1%)	15:10	4 (44.4%)
682	ŁYDZIŃSKI Michał	733	1973	M1 16-29	126	Straż Pożarna	KP PSP Police	01:53:51.75	01:53:51.75	+01:08:23 (60.1%)	15:10	4 (44.4%)
683	GIERS-ROMEK Monika	1188	PUSZCZYK BUKOWY	K2 30-39	112			01:53:53.55	01:53:53.55	+01:08:25 (60.1%)	15:11	4 (44.4%)
684	ROMEK Wojciech	1189		M2 30-39	232			01:53:53.75	01:53:53.75	+01:08:25 (60.1%)	15:11	4 (44.4%)
685	KOSTYK Agnieszka	307		K2 30-39	113			01:53:57.15	01:53:57.15	+01:08:28 (60.1%)	15:11	3.9 (43.3%)
686	SŁOTWIŃSKI Bogusław	1322		M3 40-49	97		Dziwnie Normalni	01:53:57.40	01:53:57.40	+01:08:28 (60.1%)	15:11	3.9 (43.3%)
687	KRĘŻEL Agata	609		K1 16-29	54			01:54:06.40	01:54:06.40	+01:08:37 (60.1%)	15:12	3.9 (33.3%)
688	WITKOWSKI Emil	606		M1 16-29	127			01:54:06.55	01:54:06.55	+01:08:38 (60.1%)	15:12	3.9 (33.3%)
689	GAŁUSZKA Daniel	387	PUSZCZYK BUKOWY	M1 16-29	128			01:54:11.00	01:54:11.00	+01:08:42 (60.2%)	15:13	3.9 (43.3%)
690	KACIUPA Agnieszka	355		K3 40-49	35			01:54:11.10	01:54:11.10	+01:08:42 (60.2%)	15:13	3.9 (33.3%)
691	PTASZYŃSKI Jarosław	579	OCR TEAM WŁOCLAWEK	M3 40-49	98		OCR TEAM WŁOCLAWEK	01:54:29.75	01:54:29.75	+01:09:01 (60.3%)	15:15	3.9 (33.3%)
692	MAŁOCHA Adam	114	PARKRUN ŚWINOUJŚCIE	M1 16-29	129			01:54:33.80	01:54:33.80	+01:09:05 (60.3%)	15:16	3.9 (43.3%)
693	ZGRAJA Katarzyna	189		K3 40-49	36			01:54:34.00	01:54:34.00	+01:09:05 (60.3%)	15:16	3.9 (43.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
694	LEBIEDZIŃSKI Radek	78	NORDA ACTIVE TEAM	M2 30-39	233			01:54:34.25	01:54:34.25	+01:09:05 (60.3%)	15:16	3.9 (43.3%)
695	LEBIEDZIŃSKA Angelika	77	NORDA ACTIVE TEAM	K2 30-39	114			01:54:34.45	01:54:34.45	+01:09:05 (60.3%)	15:16	3.9 (43.3%)
696	MAŁOCHA Klaudyna	113	GHETTO WORKOUT ŚWINOUJŚCIE	K1 16-29	55			01:54:34.70	01:54:34.70	+01:09:06 (60.3%)	15:16	3.9 (43.3%)
697	JĘDRZEJAK Maciej	128	BIEGACZE ŚWINOUJŚCIE	M3 40-49	99			01:43:27.90	01:54:34.90	+01:09:06 (60.3%)	13:47	4.3 (47.8%)
698	MAŁOCHA Mariusz	108	GHETTO WORKOUT ŚWINOUJŚCIE	M3 40-49	100			01:54:35.20	01:54:35.20	+01:09:06 (60.3%)	15:16	3.9 (43.3%)
698	DRZEWIECKA Agnieszka	57	BIEGACZE ŚWINOUJŚCIE	K3 40-49	37		Biegacze Świnoujście	01:54:35.20	01:54:35.20	+01:09:06 (60.3%)	15:16	3.9 (43.3%)
700	PODSADA Edyta	27		K3 40-49	38			01:54:42.75	01:54:42.75	+01:09:14 (60.4%)	15:17	3.9 (33.3%)
701	GRUNT Małgorzata	283	DZIKIE DZIKI GORZOW WLKP	K2 30-39	115			01:54:42.95	01:54:42.95	+01:09:14 (60.4%)	15:17	3.9 (33.3%)
702	NIKLAS Małgorzata	752	KSF NOWOGRÓDEK POMORSKI	K2 30-39	116		KSF	01:54:45.85	01:54:45.85	+01:09:17 (60.4%)	15:18	3.9 (33.3%)
703	WOŁK Marcin	753		M2 30-39	234		KSF	01:54:46.75	01:54:46.75	+01:09:18 (60.4%)	15:18	3.9 (33.3%)
704	OSTOLSKA Ewelina	968		K1 16-29	56			01:54:48.30	01:54:48.30	+01:09:19 (60.4%)	15:18	3.9 (43.3%)
705	WILCZOPOLSKI Kamil	463		M1 16-29	130			01:54:48.75	01:54:48.75	+01:09:20 (60.4%)	15:18	3.9 (43.3%)
706	BŁACHOWIAK Małgorzata	11		K4 50-59	8			01:54:49.80	01:54:49.80	+01:09:21 (60.4%)	15:18	3.9 (43.3%)
707	STEMPNIAK Katarzyna	73	REBELS LEGION TEAM	K2 30-39	117			01:54:50.30	01:54:50.30	+01:09:21 (60.4%)	15:18	3.9 (43.3%)
708	NASKRĘT Darek	2		M2 30-39	235			01:54:50.45	01:54:50.45	+01:09:21 (60.4%)	15:18	3.9 (33.3%)
709	GRALEWICZ Robert	4	MORSY MUROWANA GOŚLINA	M3 40-49	101			01:54:50.60	01:54:50.60	+01:09:22 (60.4%)	15:18	3.9 (33.3%)
710	WOŹNIAK Beata	55		K3 40-49	39			01:54:50.80	01:54:50.80	+01:09:22 (60.4%)	15:18	3.9 (33.3%)
710	STEMPNIAK Zbigniew	72	REBELS LEGION TEAM	M3 40-49	102			01:54:50.80	01:54:50.80	+01:09:22 (60.4%)	15:18	3.9 (43.3%)
712	GRALEWICZ Magdalena	7	MUROWANE MORSY	K3 40-49	40			01:54:50.95	01:54:50.95	+01:09:22 (60.4%)	15:18	3.9 (33.3%)
713	DOMASIK Izabela	16		K3 40-49	41			01:54:51.05	01:54:51.05	+01:09:22 (60.4%)	15:18	3.9 (33.3%)
714	DYDEK Dorota	498	CF PRAWY BRZEG	K4 50-59	9		Cf prawy brzeg	01:55:01.80	01:55:01.80	+01:09:33 (60.5%)	15:20	3.9 (33.3%)
715	WOLANO Anna	36	CF PRAWY BRZEG	K2 30-39	118		Cf prawy brzeg	01:55:01.95	01:55:01.95	+01:09:33 (60.5%)	15:20	3.9 (33.3%)
716	KARLIN-GRAŻEWICZ Katarzyna	1263		K3 40-49	42			01:55:05.15	01:55:05.15	+01:09:36 (60.5%)	15:20	3.9 (43.3%)
717	GAJEK Zofia	95		K1 16-29	57			01:55:10.50	01:55:10.50	+01:09:41 (60.5%)	15:21	3.9 (33.3%)
718	GAJEK Anna	94		K2 30-39	119			01:55:10.55	01:55:10.55	+01:09:42 (60.5%)	15:21	3.9 (33.3%)
719	KLIMEK Krzysztof	122		M2 30-39	236			01:55:10.60	01:55:10.60	+01:09:42 (60.5%)	15:21	3.9 (33.3%)
720	ADAMSKA Anna	1259	DZIKI RYŚ WIDZIANY NOCĄ	K4 50-59	10			01:55:16.35	01:55:16.35	+01:09:47 (60.5%)	15:22	3.9 (43.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
721	--	1246	DZIECI KAPITANA ŻBIKA	M2 30-39	237			01:55:19.35	01:55:19.35	+01:09:50 (60.6%)	15:22	3.9 (43.3%)
722	OSOWSKA Izabela	1261	DZIECI KAPITANA ŻBIKA	K3 40-49	43	Dzieci Kapitana Żbika	Dzieci Kapitana Żbika	01:55:19.40	01:55:19.40	+01:09:50 (60.6%)	15:22	3.9 (43.3%)
723	KUSIO Marzena	1294		K3 40-49	44	Dzieci Kapitana Żbika	Dzieci Kapitana Żbika	01:55:19.55	01:55:19.55	+01:09:51 (60.6%)	15:22	3.9 (43.3%)
724	SMYKA Jarosław	738		M3 40-49	103			01:55:19.65	01:55:19.65	+01:09:51 (60.6%)	15:22	3.9 (43.3%)
724	MIZERSKI Jakub	1250	DZIECI KAPITANA ŻBIKA	M2 30-39	238			01:55:19.65	01:55:19.65	+01:09:51 (60.6%)	15:22	3.9 (43.3%)
726	GNOIŃSKA Joanna	1255	DZIECI KAPITANA ŻBIKA	K2 30-39	120			01:55:19.95	01:55:19.95	+01:09:51 (60.6%)	15:22	3.9 (43.3%)
727	KAŁUN Mariusz	1272		M3 40-49	104			01:55:20.70	01:55:20.70	+01:09:52 (60.6%)	15:22	3.9 (43.3%)
727	GRABAN Żaneta	1254	DZIECI KAPITANA ŻBIKA	K2 30-39	121			01:55:20.70	01:55:20.70	+01:09:52 (60.6%)	15:22	3.9 (43.3%)
729	KAMIONKA Andrzej	723		M2 30-39	239			01:55:20.85	01:55:20.85	+01:09:52 (60.6%)	15:22	3.9 (43.3%)
730	PASTUCH Jarosław	1247	DZIECI KAPITANA ŻBIKA	M2 30-39	240	Dzieci Kapitana Żbika		01:55:21.00	01:55:21.00	+01:09:52 (60.6%)	15:22	3.9 (43.3%)
731	BONTER Jakub	1249	DZIECI KAPITANA ŻBIKA	M1 16-29	131	Dzieci Kapitana Żbika		01:55:21.05	01:55:21.05	+01:09:52 (60.6%)	15:22	3.9 (43.3%)
732	DZIEDZINA Roksana	1221	KFS	K1 16-29	58		KFS	01:55:34.25	01:55:34.25	+01:10:05 (60.7%)	15:24	3.9 (43.3%)
733	PILARCZYK Katarzyna	1273	KLUB SPORTOWY FITNESS	K2 30-39	122		KSF	01:55:35.45	01:55:35.45	+01:10:06 (60.7%)	15:24	3.9 (33.3%)
734	DUBIŃSKI Szymon	960		M1 16-29	132			01:53:24.25	01:55:36.25	+01:10:07 (60.7%)	15:07	4 (44.4%)
735	DUBICKA Marta	1240	KFS	K3 40-49	45		KFS	01:55:36.45	01:55:36.45	+01:10:07 (60.7%)	15:24	3.9 (33.3%)
736	LEWANDOWSKI Karol	668	OŻW SZCZECIN	M2 30-39	241	OŻW Szczecin	OŻW SZCZECIN	01:55:43.90	01:55:43.90	+01:10:15 (60.7%)	15:25	3.9 (33.3%)
737	SZEWCZYK Dariusz	1244	DZIKUSY Z GRYFINA	M1 16-29	133			01:55:45.55	01:55:45.55	+01:10:17 (60.7%)	15:26	3.9 (43.3%)
738	ROGAŁA Magda	31	WKURW_TEAM NOWOGARD	K2 30-39	123			01:55:47.00	01:55:47.00	+01:10:18 (60.7%)	15:26	3.9 (33.3%)
739	OBROCZI Maciej	35	BBB	M3 40-49	105			01:55:48.05	01:55:48.05	+01:10:19 (60.7%)	15:26	3.9 (33.3%)
740	ZDZIEBŁOWSKI Wktor	1079	HQ MNC NE	M1 16-29	134			01:55:48.15	01:55:48.15	+01:10:19 (60.7%)	15:26	3.9 (33.3%)
741	KŁĘCZAR Igor	342	BIKE TEAM CHOJNA	M1 16-29	135			01:56:03.30	01:56:03.30	+01:10:34 (60.8%)	15:28	3.9 (33.3%)
742	BUREK Justyna	343		K1 16-29	59			01:56:03.95	01:56:03.95	+01:10:35 (60.8%)	15:28	3.9 (33.3%)
743	ZAKRZEWSKA Sylwia	452	FSD RUN DREZDENKO	K2 30-39	124			01:56:12.35	01:56:12.35	+01:10:43 (60.9%)	15:29	3.9 (33.3%)
744	WOSIAK Paweł	453	FSD RUN DREZDENKO	M2 30-39	242			01:56:12.85	01:56:12.85	+01:10:44 (60.9%)	15:29	3.9 (33.3%)
745	CZERWIŃSKA Agnieszka	639		K1 16-29	60			01:56:14.10	01:56:14.10	+01:10:45 (60.9%)	15:29	3.9 (33.3%)
745	KRYWAN Piotr	1186		M2 30-39	243		Team Calypso	01:56:14.10	01:56:14.10	+01:10:45 (60.9%)	15:29	3.9 (33.3%)
747	KOPKA Magdalena	56		K2 30-39	125			01:56:14.25	01:56:14.25	+01:10:45 (60.9%)	15:29	3.9 (33.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
748	PAŁASZ Karolina	497		K1 16-29	61		Husaria Race Team	01:56:19.00	01:56:19.00	+01:10:50 (60.9%)	15:30	3,9 (33.3%)
749	KĘDRA Małgorzata	468		K2 30-39	126			01:56:32.25	01:56:32.25	+01:11:03 (61.0%)	15:32	3,9 (33.3%)
750	SOLECKA Anna	470		K2 30-39	127			01:56:47.50	01:56:47.50	+01:11:18 (61.1%)	15:34	3,9 (33.3%)
751	KRZYSZTOFOWICZ Krzysztof	934		M2 30-39	244			01:56:49.20	01:56:49.20	+01:11:20 (61.1%)	15:34	3,9 (33.3%)
752	KRZYSZTOFOWICZ Karol	451		M2 30-39	245			01:56:49.95	01:56:49.95	+01:11:21 (61.1%)	15:34	3,9 (33.3%)
753	SOLECKI Sylwester	469		M2 30-39	246			01:56:50.55	01:56:50.55	+01:11:22 (61.1%)	15:34	3,9 (33.3%)
754	NAJMARK Małgorzata	210	NORDIC POLICE	K3 40-49	46		Nordic Police	01:57:19.80	01:57:19.80	+01:11:51 (61.2%)	15:38	3,8 (33.3%)
755	BUBLIENKO Jana	743		K2 30-39	128			01:57:24.10	01:57:24.10	+01:11:55 (61.3%)	15:39	3,8 (42.2%)
756	KOPKIEWICZ Radosław	1117	PDC	M2 30-39	247		PDC	01:57:25.40	01:57:25.40	+01:11:56 (61.3%)	15:39	3,8 (33.3%)
757	DŁUGOŁĘCKI Michał	742		M1 16-29	136			01:57:25.45	01:57:25.45	+01:11:56 (61.3%)	15:39	3,8 (42.2%)
758	STRAŻNIKIEWICZ Joanna	1291	DZIK I DZIKI	K1 16-29	62			01:57:34.90	01:57:34.90	+01:12:06 (61.3%)	15:40	3,8 (42.2%)
759	ŚWITAŁA Piotr	1203	DZIK I DZIKI	M1 16-29	137			01:57:35.50	01:57:35.50	+01:12:06 (61.3%)	15:40	3,8 (42.2%)
760	WILIŃSKA-ONYSKO Agata	1115	PDC	K2 30-39	129		PDC	01:57:51.65	01:57:51.65	+01:12:23 (61.4%)	15:42	3,8 (33.3%)
761	GÓRSKA Agnieszka	10		K3 40-49	47			01:57:53.70	01:57:53.70	+01:12:25 (61.4%)	15:43	3,8 (33.3%)
762	MICHALCZYK Katarzyna	130	FERTISTAV PL	K2 30-39	130			01:57:53.95	01:57:53.95	+01:12:25 (61.4%)	15:43	3,8 (33.3%)
763	PUFF Agata	775	PANDA I BANDA	K2 30-39	131		Panda i Banda	01:58:00.40	01:58:00.40	+01:12:31 (61.5%)	15:44	3,8 (42.2%)
764	JACHIRA Krzysztof	722	GRYF TEAM	M2 30-39	248			01:58:00.45	01:58:00.45	+01:12:31 (61.5%)	15:44	3,8 (42.2%)
765	OLEJNICKI Mikołaj	679	MUD GOATS	M1 16-29	138		Mud Goats	01:58:03.05	01:58:03.05	+01:12:34 (61.5%)	15:44	3,8 (42.2%)
766	BOŻEK Łukasz	184	MUD GOATS	M2 30-39	249		Mud Goats	01:58:03.30	01:58:03.30	+01:12:34 (61.5%)	15:44	3,8 (42.2%)
767	PELCZAR Marta	1177		K2 30-39	132			01:58:14.55	01:58:14.55	+01:12:46 (61.5%)	15:45	3,8 (33.3%)
768	MORISSON Kornelia	1320		K1 16-29	63		DoktoŻy	01:58:15.45	01:58:15.45	+01:12:46 (61.5%)	15:46	3,8 (42.2%)
769	POST Michał	1337		M2 30-39	250		DoktoŻy	01:58:16.10	01:58:16.10	+01:12:47 (61.5%)	15:46	3,8 (42.2%)
770	STASIUK Robert	1318		M2 30-39	251		DoktoŻy	01:58:16.55	01:58:16.55	+01:12:48 (61.6%)	15:46	3,8 (42.2%)
771	GARBACIAK Grzegorz	1094	OCHOTNICZA STRAŻ POŻARNA W POLICACH	M3 40-49	106			01:58:16.85	01:58:16.85	+01:12:48 (61.6%)	15:46	3,8 (33.3%)
772	GARBACIAK Marta	1109		K2 30-39	133			01:58:17.05	01:58:17.05	+01:12:48 (61.6%)	15:46	3,8 (33.3%)
773	GOŁASZ Renata	1147		K2 30-39	134			01:58:21.65	01:58:21.65	+01:12:53 (61.6%)	15:46	3,8 (33.3%)
774	GOŁASZ Robert	1146		M2 30-39	252			01:58:22.55	01:58:22.55	+01:12:54 (61.6%)	15:46	3,8 (33.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas		Różn	Tempo min/km	Tempo km/h
								netto 7.5km	brutto 7.5km			
775	GÓRKA Anna	1290		K2 30-39	135			01:58:24.35	01:58:24.35	+01:12:55 (61.6%)	15:47	3,8 (33.3%)
776	TROJANOWSKI Marcin	1289		M2 30-39	253			01:58:34.50	01:58:34.50	+01:13:05 (61.6%)	15:48	3,8 (33.3%)
777	PIERŚCIŃSKA Marzena	257		K2 30-39	136			01:58:34.70	01:58:34.70	+01:13:06 (61.6%)	15:48	3,8 (33.3%)
777	PIERŚCIŃSKI Sławomir	1034		M3 40-49	107			01:58:34.70	01:58:34.70	+01:13:06 (61.6%)	15:48	3,8 (33.3%)
779	JASIK Agnieszka	214		K3 40-49	48			01:58:36.25	01:58:36.25	+01:13:07 (61.7%)	15:48	3,8 (33.3%)
780	JASIK Mariusz	807		M3 40-49	108			01:58:36.55	01:58:36.55	+01:13:08 (61.7%)	15:48	3,8 (33.3%)
781	BAGIŃSKI Marcin	1340		M2 30-39	254			01:58:41.00	01:58:41.00	+01:13:12 (61.7%)	15:49	3,8 (42.2%)
782	KOTWAS Paweł	1124	PDC	M2 30-39	255		PDC	01:58:42.30	01:58:42.30	+01:13:13 (61.7%)	15:49	3,8 (33.3%)
783	KABIL Aly	1118	PDC	M2 30-39	256		PDC	01:58:42.35	01:58:42.35	+01:13:13 (61.7%)	15:49	3,8 (33.3%)
784	KOZAKIEWICZ Andrzej	1333		M2 30-39	257			01:58:49.90	01:58:49.90	+01:13:21 (61.7%)	15:50	3,8 (33.3%)
785	KRUBER Katarzyna	1283		K1 16-29	64			01:58:51.40	01:58:51.40	+01:13:22 (61.7%)	15:50	3,8 (33.3%)
786	KRUBER Piotr	519		M2 30-39	258			01:58:59.65	01:58:59.65	+01:13:31 (61.8%)	15:51	3,8 (33.3%)
787	NOWOTNIK Wojciech	944		M2 30-39	259			01:59:12.40	01:59:12.40	+01:13:43 (61.9%)	15:53	3,8 (33.3%)
788	KWIATKOWSKA Alicja	49	BIGYELLOWFOOT ADVENTURE TEAM	K2 30-39	137		Male Lwy	01:59:15.85	01:59:15.85	+01:13:47 (61.9%)	15:54	3,8 (33.3%)
789	MOŹDŻEŃ Anna	672		K2 30-39	138		Male Lwy	01:59:15.90	01:59:15.90	+01:13:47 (61.9%)	15:54	3,8 (33.3%)
790	STACH Sara	266	KOŚCIAN TEAM	K1 16-29	65			01:59:21.95	01:59:21.95	+01:13:53 (61.9%)	15:54	3,8 (33.3%)
791	LESZKIEWICZ Roman	281		M2 30-39	260		KMS	01:59:24.05	01:59:24.05	+01:13:55 (61.9%)	15:55	3,8 (42.2%)
792	WÓJCIGA Weronika	1242		K1 16-29	66			01:59:24.40	01:59:24.40	+01:13:55 (61.9%)	15:55	3,8 (42.2%)
793	POLIS Paweł	1219		M2 30-39	261			01:59:24.55	01:59:24.55	+01:13:56 (61.9%)	15:55	3,8 (42.2%)
794	CICHY Łukasz	79		M2 30-39	262			01:59:25.20	01:59:25.20	+01:13:56 (61.9%)	15:55	3,8 (42.2%)
795	KOZŁOWSKA - PARUZEL Magdalena	1108		K2 30-39	139			01:59:25.55	01:59:25.55	+01:13:57 (61.9%)	15:55	3,8 (42.2%)
796	KUCHTO Arkadiusz	83	HRLINK	M2 30-39	263			01:59:25.60	01:59:25.60	+01:13:57 (61.9%)	15:55	3,8 (42.2%)
797	KŁODA Damian	1336		M1 16-29	139			01:59:25.75	01:59:25.75	+01:13:57 (61.9%)	15:55	3,8 (42.2%)
798	KUCABA Paweł	1225		M2 30-39	264			01:59:25.85	01:59:25.85	+01:13:57 (61.9%)	15:55	3,8 (42.2%)
799	ZAGROCKA Mirosława	310		K2 30-39	140			01:59:25.95	01:59:25.95	+01:13:57 (61.9%)	15:55	3,8 (42.2%)
800	MOSKWA Arkadiusz	1220		M3 40-49	109			01:59:26.25	01:59:26.25	+01:13:57 (61.9%)	15:55	3,8 (42.2%)
801	CZYŻEWSKI Mateusz	311		M2 30-39	265			01:59:26.40	01:59:26.40	+01:13:57 (61.9%)	15:55	3,8 (42.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
802	CHROBOCINSKI Daniel	142		M1 16-29	140			01:59:30.45	01:59:30.45	+01:14:01 (61.9%)	15:56	3,8 (33.3%)
803	GUMOWSKI Daniel	352		M2 30-39	266		2 of 4	01:59:51.40	01:59:51.40	+01:14:22 (62.1%)	15:58	3,8 (33.3%)
804	KIELISZEK Anna	539	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	141			01:59:58.55	01:59:58.55	+01:14:30 (62.1%)	15:59	3,8 (42.2%)
805	KAROL Wojciech	82	WIECZORNE BIEGANIE W SZCZECINIE	M3 40-49	110			02:00:01.70	02:00:01.70	+01:14:33 (62.1%)	16:00	3,7 (33.3%)
806	BAGIŃSKA Laura	366		K1 16-29	67			02:00:02.85	02:00:02.85	+01:14:34 (62.1%)	16:00	3,7 (41.1%)
807	KACZOR Mariusz	491	WAR-CHLACZKI	M2 30-39	267		Jost Polska	02:00:03.45	02:00:03.45	+01:14:34 (62.1%)	16:00	3,7 (33.3%)
808	GAJEK Łukasz	412	WAR-CHLACZKI	M2 30-39	268		WAR-chlaczki	02:00:04.25	02:00:04.25	+01:14:35 (62.1%)	16:00	3,7 (33.3%)
808	JANUSZEWSKI Bartosz	444	JOST POLSKA	M1 16-29	141		Jost Polska	02:00:04.25	02:00:04.25	+01:14:35 (62.1%)	16:00	3,7 (33.3%)
810	BIAZIK Piotr	443	WAR-CHLACZKI	M2 30-39	269		WAR-chlaczki	02:00:04.75	02:00:04.75	+01:14:36 (62.1%)	16:00	3,7 (33.3%)
811	SKOWYRA Arkadiusz	422	RUNGRYF GRYFICE	M2 30-39	270			02:00:10.75	02:00:10.75	+01:14:42 (62.2%)	16:01	3,7 (33.3%)
812	NOWAK Irena	417		K4 50-59	11			02:00:10.85	02:00:10.85	+01:14:42 (62.2%)	16:01	3,7 (33.3%)
813	SKOWYRA Wioletta	421	RUNGRYF GRYFICE	K3 40-49	49			02:00:11.15	02:00:11.15	+01:14:42 (62.2%)	16:01	3,7 (33.3%)
814	ZIENIUK Beata	1267		K2 30-39	142		HARDROCKY	02:00:12.85	02:00:12.85	+01:14:44 (62.2%)	16:01	3,7 (41.1%)
815	CACKOWSKA Magdalena	1265		K1 16-29	68		HARDROCKY	02:00:13.00	02:00:13.00	+01:14:44 (62.2%)	16:01	3,7 (41.1%)
816	ZIENIUK Aneta	1264		K1 16-29	69			02:00:13.40	02:00:13.40	+01:14:44 (62.2%)	16:01	3,7 (41.1%)
817	BOREK Joanna	1266		K1 16-29	70		HARDROCKY	02:00:13.55	02:00:13.55	+01:14:45 (62.2%)	16:01	3,7 (41.1%)
818	MICHALSKI Roman	1068		M1 16-29	142			02:00:34.00	02:00:34.00	+01:15:05 (62.3%)	16:04	3,7 (41.1%)
819	GUMOWSKA Karolina	344		K2 30-39	143		2 of 4	02:00:34.25	02:00:34.25	+01:15:05 (62.3%)	16:04	3,7 (33.3%)
820	MOLENDASabina	351		K2 30-39	144		2 of 4	02:00:34.35	02:00:34.35	+01:15:05 (62.3%)	16:04	3,7 (33.3%)
821	SAGAN Dawid	1153		M1 16-29	143			02:00:36.30	02:00:36.30	+01:15:07 (62.3%)	16:04	3,7 (41.1%)
822	ŁUKASIEWICZ-WESELAK Justyna	695		K2 30-39	145			02:00:37.55	02:00:37.55	+01:15:09 (62.3%)	16:04	3,7 (33.3%)
823	HAJDUKIEWICZ Anna	674		K2 30-39	146			02:00:37.65	02:00:37.65	+01:15:09 (62.3%)	16:04	3,7 (33.3%)
824	BIAŁASIK Maria	88		K2 30-39	147			02:00:40.60	02:00:40.60	+01:15:12 (62.3%)	16:05	3,7 (33.3%)
825	BĘGOWSKI Tomasz	185		M2 30-39	271	12BZ Szczecin	B	02:00:40.70	02:00:40.70	+01:15:12 (62.3%)	16:05	3,7 (33.3%)
826	BĘGOWSKA Anna	186		K2 30-39	148			02:00:40.80	02:00:40.80	+01:15:12 (62.3%)	16:05	3,7 (33.3%)
827	BORODYN Andrzej	338	GRUPA DOCHODZENIOWA SAVE THE BEAT	M3 40-49	111			02:00:43.15	02:00:43.15	+01:15:14 (62.3%)	16:05	3,7 (41.1%)
828	WARKOCZYŃSKI Marcin	330	DLAELUNI	M3 40-49	112			02:00:43.25	02:00:43.25	+01:15:14 (62.3%)	16:05	3,7 (41.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
829	JAGIEŁŁO Joanna	1022		K1 16-29	71		Jagielaki	02:00:52.15	02:00:52.15	+01:15:23 (62.4%)	16:06	3,7 (33.3%)
830	JAGIEŁŁO Jacek	1024		M4 50-59	17		Jagielaki	02:00:52.35	02:00:52.35	+01:15:23 (62.4%)	16:06	3,7 (33.3%)
831	JAGIEŁŁO Paweł	1023		M1 16-29	144		Jagielaki	02:00:53.55	02:00:53.55	+01:15:25 (62.4%)	16:07	3,7 (33.3%)
832	BAGIEŃSKI Andrzej	1227		M4 50-59	18			02:01:01.45	02:01:01.45	+01:15:32 (62.4%)	16:08	3,7 (33.3%)
833	HARNER Jacek	244	PANDA I BANDA	M2 30-39	272		Panda i Banda	02:01:14.75	02:01:14.75	+01:15:46 (62.5%)	16:09	3,7 (41.1%)
834	WASILEWSKI Andrzej	371		M3 40-49	113			02:01:20.15	02:01:20.15	+01:15:51 (62.5%)	16:10	3,7 (41.1%)
835	MADEJ Krzysztof	637		M2 30-39	273			02:01:25.50	02:01:25.50	+01:15:56 (62.5%)	16:11	3,7 (33.3%)
836	JANKOWSKA Justyna	636	MRÓWECZKI	K2 30-39	149			02:01:25.65	02:01:25.65	+01:15:57 (62.5%)	16:11	3,7 (33.3%)
837	BIADACZ- LISOWSKA Katarzyna	211		K3 40-49	50			02:01:29.85	02:01:29.85	+01:16:01 (62.6%)	16:11	3,7 (33.3%)
838	KOWNACKA Aleksandra	212	AT-TRZEBIATÓW	K2 30-39	150			02:01:30.00	02:01:30.00	+01:16:01 (62.6%)	16:12	3,7 (33.3%)
839	KOWNACKI Bartosz	213	AT-TRZEBIATÓW	M2 30-39	274			02:01:30.05	02:01:30.05	+01:16:01 (62.6%)	16:12	3,7 (33.3%)
840	ULASS Agnieszka	101		K3 40-49	51		Ubawieni po pachy IV	02:01:42.15	02:01:42.15	+01:16:13 (62.6%)	16:13	3,7 (33.3%)
841	ULASS Robert	103		M3 40-49	114		Ubawieni po pachy IV	02:01:42.50	02:01:42.50	+01:16:13 (62.6%)	16:13	3,7 (33.3%)
842	ŁEMPICKI Maciej	493		M1 16-29	145			02:01:45.95	02:01:45.95	+01:16:17 (62.7%)	16:14	3,7 (41.1%)
843	ŁEMPICKA Karolina	494		K1 16-29	72			02:01:46.00	02:01:46.00	+01:16:17 (62.7%)	16:14	3,7 (41.1%)
844	GORYŃSKA Daria	48	PIĘKNI I BESTIE	K1 16-29	73		Piękni i Bestie	02:01:59.95	02:01:59.95	+01:16:31 (62.7%)	16:15	3,7 (33.3%)
845	PEDA Kamila	66		K2 30-39	151			02:02:09.85	02:02:09.85	+01:16:41 (62.8%)	16:17	3,7 (33.3%)
846	BZDAWKA Joanna	226		K3 40-49	52			02:02:14.25	02:02:14.25	+01:16:45 (62.8%)	16:17	3,7 (41.1%)
847	KWAŚNIEWSKI Wojciech	1213	KS POLANIE PIERZCHNICA	M2 30-39	275			02:02:33.30	02:02:33.30	+01:17:04 (62.9%)	16:20	3,7 (41.1%)
848	ULATOWSKI Tomasz	109		M2 30-39	276			02:03:07.25	02:03:07.25	+01:17:38 (63.1%)	16:24	3,7 (33.3%)
849	BZDAWKA Rafał	225		M3 40-49	115			02:03:11.90	02:03:11.90	+01:17:43 (63.1%)	16:25	3,7 (41.1%)
850	ELBIŃSKA- KRAWCZUK Monika	280		K3 40-49	53			02:03:11.95	02:03:11.95	+01:17:43 (63.1%)	16:25	3,7 (41.1%)
851	BARSZCZEWSKA Małgorzata	231		K3 40-49	54			02:03:12.05	02:03:12.05	+01:17:43 (63.1%)	16:25	3,7 (41.1%)
852	BARSZCZEWSKI Stanisław	230		M3 40-49	116			02:03:12.20	02:03:12.20	+01:17:43 (63.1%)	16:25	3,7 (41.1%)
853	DRZEWIECKI Arkadiusz	63	BIEGACZE ŚWINOUJŚCIE	M4 50-59	19		Biegacze Świnoujście	02:03:12.50	02:03:12.50	+01:17:43 (63.1%)	16:25	3,7 (41.1%)
854	ORLON Barbara	472	CALYPSO RUNNERS TEAM	K3 40-49	55			02:03:12.70	02:03:12.70	+01:17:44 (63.1%)	16:25	3,7 (33.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
855	SZULC Helena	764	SMT SZCZECIN	K2 30-39	152			02:03:12.90	02:03:12.90	+01:17:44 (63.1%)	16:25	3.7 (41.1%)
856	BUCZEK Joanna	1218		K2 30-39	153		Agat	02:03:23.15	02:03:23.15	+01:17:54 (63.1%)	16:27	3,6 (33.3%)
856	BUCZEK Krzysztof	1328		M2 30-39	277		Agat	02:03:23.15	02:03:23.15	+01:17:54 (63.1%)	16:27	3,6 (33.3%)
858	WOZNA Edyta	1090	HQ MNC NE	K3 40-49	56			02:03:29.60	02:03:29.60	+01:18:01 (63.2%)	16:27	3,6 (33.3%)
859	GAJDA Hanna	1307	HQ MNC NE	K2 30-39	154			02:03:29.65	02:03:29.65	+01:18:01 (63.2%)	16:27	3,6 (33.3%)
860	PURCHALAK Monika	1278	COLOSSUS	K2 30-39	155		Colossus	02:03:29.80	02:03:29.80	+01:18:01 (63.2%)	16:27	3,6 (33.3%)
861	LEWANDOWSKA Anita	1277	COLOSSUS	K2 30-39	156		Colossus	02:03:29.85	02:03:29.85	+01:18:01 (63.2%)	16:27	3,6 (33.3%)
862	ZDZIEBŁOWSKI Bartosz	1080	HQ MNC NE	M3 40-49	117			02:03:29.90	02:03:29.90	+01:18:01 (63.2%)	16:27	3,6 (33.3%)
863	LEWANDOWSKI Michał	1103	COLOSSUS	M2 30-39	278			02:03:30.10	02:03:30.10	+01:18:01 (63.2%)	16:28	3,6 (33.3%)
864	NIEMIERKO Magdalena	164	SKB DZIK	K3 40-49	57			02:03:34.25	02:03:34.25	+01:18:05 (63.2%)	16:28	3,6 (40.0%)
865	CIEPIELA Przemysław	577		M2 30-39	279			02:03:34.35	02:03:34.35	+01:18:05 (63.2%)	16:28	3,6 (40.0%)
866	WIELGOSZEWSKA Olga	458		K2 30-39	157			02:03:34.45	02:03:34.45	+01:18:05 (63.2%)	16:28	3,6 (40.0%)
867	ŻYWICKA Barbara	8		K3 40-49	58			02:03:34.55	02:03:34.55	+01:18:06 (63.2%)	16:28	3,6 (40.0%)
868	DĘBCZYŃSKI Michał	152	WILD HORSE ZÜRICH	M2 30-39	280			02:03:34.65	02:03:34.65	+01:18:06 (63.2%)	16:28	3,6 (40.0%)
869	BOBROWSKA Maja	1027		K1 16-29	74		SKB Dzik	02:03:34.80	02:03:34.80	+01:18:06 (63.2%)	16:28	3,6 (40.0%)
870	BANASZAK Magdalena	1235		K2 30-39	158		Agat	02:03:38.40	02:03:38.40	+01:18:09 (63.2%)	16:29	3,6 (33.3%)
871	BURAKOWSKI Grzegorz	365	SPOCENI ŚWINOUJŚCIE :)	M3 40-49	118			02:03:54.35	02:03:54.35	+01:18:25 (63.3%)	16:31	3,6 (40.0%)
872	ŁOZIŃSKI Miłosław	1301		M1 16-29	146		Jazz Club	02:04:05.50	02:04:05.50	+01:18:36 (63.4%)	16:32	3,6 (40.0%)
873	CYNOWSKI Patryk	1299		M2 30-39	281		Jazz Club	02:04:06.25	02:04:06.25	+01:18:37 (63.4%)	16:32	3,6 (40.0%)
874	STĘPNIAK Paulina	1300		K2 30-39	159		Jazz Club	02:04:06.30	02:04:06.30	+01:18:37 (63.4%)	16:32	3,6 (40.0%)
875	LIPIŃSKA Małgorzata	1216	HUSARIA RACE TEAM	K3 40-49	59			02:04:09.10	02:04:09.10	+01:18:40 (63.4%)	16:33	3,6 (33.3%)
875	LIPIŃSKI Paweł	1215	HUSARIA RACE TEAM	M2 30-39	282	Husaria Race Team		02:04:09.10	02:04:09.10	+01:18:40 (63.4%)	16:33	3,6 (33.3%)
877	PAWŁAK Milena	565		K2 30-39	160			02:04:16.35	02:04:16.35	+01:18:47 (63.4%)	16:34	3,6 (40.0%)
878	NOWAK Sandra	379		K1 16-29	75			02:04:16.80	02:04:16.80	+01:18:48 (63.4%)	16:34	3,6 (40.0%)
879	NOWAK Monika	380		K1 16-29	76			02:04:17.00	02:04:17.00	+01:18:48 (63.4%)	16:34	3,6 (40.0%)
880	ŻERKO Marcin	564		M2 30-39	283			02:04:17.15	02:04:17.15	+01:18:48 (63.4%)	16:34	3,6 (40.0%)
881	WĘGLEWSKI Bartosz	792	SZAMOTULSKIE STOWARZYSZENIE SPORTOWE	M1 16-29	147		xRunners	02:04:17.50	02:04:17.50	+01:18:48 (63.4%)	16:34	3,6 (40.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
882	GOSTOMSKI Miłosz	381		M2 30-39	284			02:04:18.25	02:04:18.25	+01:18:49 (63.4%)	16:34	3,6 (40.0%)
883	WALENT Marta	334	WIECZORNE BIEGANIE W SZCZECINIE	K1 16-29	77			02:04:19.30	02:04:19.30	+01:18:50 (63.4%)	16:34	3,6 (33.3%)
884	GORCZYCA Mateusz	1236		M2 30-39	285		Slawno bushcraft	02:04:20.10	02:04:20.10	+01:18:51 (63.4%)	16:34	3,6 (33.3%)
885	HEPPNER Paweł	1231		M1 16-29	148		Agat	02:04:32.70	02:04:32.70	+01:19:04 (63.5%)	16:36	3,6 (33.3%)
886	TOMASZEWSKI Michał	1212		M1 16-29	149			02:04:45.00	02:04:45.00	+01:19:16 (63.5%)	16:38	3,6 (40.0%)
887	JURKIEWICZ Małgorzata	1224		K1 16-29	78			02:04:45.95	02:04:45.95	+01:19:17 (63.6%)	16:38	3,6 (40.0%)
888	MOSKWA Martyna	768	GO SPORT	K1 16-29	79			02:04:53.55	02:04:53.55	+01:19:25 (63.6%)	16:39	3,6 (40.0%)
888	SZCZETYŃSKA Karolina	224	ZDRUN EXTREME	K2 30-39	161			02:04:53.55	02:04:53.55	+01:19:25 (63.6%)	16:39	3,6 (40.0%)
890	WIETRZYŃSKA Agnieszka	767		K1 16-29	80			02:04:54.20	02:04:54.20	+01:19:25 (63.6%)	16:39	3,6 (40.0%)
891	SOWA Krzysztof	701	ZWIEDZANIE PRZEZ BIEGANIE	M2 30-39	286			02:04:59.10	02:04:59.10	+01:19:30 (63.6%)	16:39	3,6 (40.0%)
892	PŁAŻAŁSKA Sylwia	1252		K2 30-39	162			02:05:04.90	02:05:04.90	+01:19:36 (63.6%)	16:40	3,6 (33.3%)
893	PŁAŻAŁSKI Łukasz	957		M2 30-39	287		Husaria Race Team	02:05:05.05	02:05:05.05	+01:19:36 (63.6%)	16:40	3,6 (33.3%)
894	PŁAŻAŁSKA Monika	1271		K2 30-39	163			02:05:05.20	02:05:05.20	+01:19:36 (63.6%)	16:40	3,6 (33.3%)
895	SOKOŁOWSKI Konrad	959	HUSARIA RACE TEAM	M2 30-39	288			02:05:05.50	02:05:05.50	+01:19:36 (63.6%)	16:40	3,6 (33.3%)
896	LISIECKA Barbara	165		K4 50-59	12			02:05:15.65	02:05:15.65	+01:19:47 (63.7%)	16:42	3,6 (40.0%)
897	SOBCZAK Wojtek	1035		M2 30-39	289			02:05:25.85	02:05:25.85	+01:19:57 (63.7%)	16:43	3,6 (33.3%)
898	DZIECIOL Alina	264		K2 30-39	164			02:05:26.05	02:05:26.05	+01:19:57 (63.7%)	16:43	3,6 (33.3%)
899	RYBACKI Roman	411	WAR-CHLACZKI	M2 30-39	290		WAR-chlaczki	02:05:30.25	02:05:30.25	+01:20:01 (63.8%)	16:44	3,6 (33.3%)
900	CICHARSKI Rafał	471	JOST POLSKA	M1 16-29	150		WAR-chlaczki	02:05:31.35	02:05:31.35	+01:20:02 (63.8%)	16:44	3,6 (33.3%)
901	ZIEMIĘCKI Waldemar	671		M3 40-49	119			02:06:01.00	02:06:01.00	+01:20:32 (63.9%)	16:48	3,6 (40.0%)
902	WINIARZ Grzegorz	906	SKB DZIK	M3 40-49	120		SKB Dzik	02:06:08.90	02:06:08.90	+01:20:40 (64.0%)	16:49	3,6 (40.0%)
903	CHUDZIŃSKI Filip	1207		M1 16-29	151			02:06:18.45	02:06:18.45	+01:20:49 (64.0%)	16:50	3,6 (40.0%)
904	KONDELA Mikołaj	1202		M1 16-29	152			02:06:18.75	02:06:18.75	+01:20:50 (64.0%)	16:50	3,6 (40.0%)
904	KONDELA Paweł	196		M3 40-49	121			02:06:18.75	02:06:18.75	+01:20:50 (64.0%)	16:50	3,6 (40.0%)
904	CHUDZIŃSKI Bartosz	190		M3 40-49	121			02:06:18.75	02:06:18.75	+01:20:50 (64.0%)	16:50	3,6 (40.0%)
907	KONIECKA Barbara	1095		K3 40-49	60			02:06:19.15	02:06:19.15	+01:20:50 (64.0%)	16:50	3,6 (40.0%)
908	NASIADEK Arkadiusz	272		M3 40-49	123			02:06:19.20	02:06:19.20	+01:20:50 (64.0%)	16:50	3,6 (40.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
908	CHUDZIŃSKA Dorota	1021		K3 40-49	61			02:06:19.20	02:06:19.20	+01:20:50 (64.0%)	16:50	3,6 (40.0%)
910	KONIECKA Barbara	966		K1 16-29	81			02:06:19.25	02:06:19.25	+01:20:50 (64.0%)	16:50	3,6 (40.0%)
911	BAGIEŃSKI Adrian	1226	STC STARGARD	M2 30-39	291			02:06:19.90	02:06:19.90	+01:20:51 (64.0%)	16:50	3,6 (33.3%)
912	NOWACKI Tomasz	661	OPTIMA	M3 40-49	124		Panda i Banda	02:06:32.65	02:06:32.65	+01:21:04 (64.1%)	16:52	3,6 (40.0%)
913	KOŁCZ Monika	662	OPTIMA	K3 40-49	62		Panda i Banda	02:06:33.35	02:06:33.35	+01:21:04 (64.1%)	16:52	3,6 (40.0%)
914	WRÓBLEWSKI Jarosław	382	RAZ SZCZECIN	M3 40-49	125		RAZ Szczecin	02:06:33.55	02:06:33.55	+01:21:05 (64.1%)	16:52	3,6 (33.3%)
915	ŁOBODZIŃSKA Wanda	1087	RAZ SZCZECIN	K5 60+	1		RAZ Szczecin	02:06:33.65	02:06:33.65	+01:21:05 (64.1%)	16:52	3,6 (33.3%)
916	GABERT Beata	1055	RAZ SZCZECIN	K3 40-49	63		RAZ Szczecin	02:06:33.75	02:06:33.75	+01:21:05 (64.1%)	16:52	3,6 (33.3%)
917	LENER Sławomir	1092	EKSPEDYCJA NORDIC TEAM	M5 60+	8		RAZ Szczecin	02:06:33.85	02:06:33.85	+01:21:05 (64.1%)	16:52	3,6 (33.3%)
917	GABERT-JAWORSKA Klaudia	574		K1 16-29	82		RAZ Szczecin	02:06:33.85	02:06:33.85	+01:21:05 (64.1%)	16:52	3,6 (33.3%)
919	JAWORSKI Adrian	576		M1 16-29	153		RAZ Szczecin	02:06:33.95	02:06:33.95	+01:21:05 (64.1%)	16:52	3,6 (33.3%)
920	BOBROWICZ Jakub	116	T.CH. SZCZECIN	M2 30-39	292			02:06:40.60	02:06:40.60	+01:21:12 (64.1%)	16:53	3,6 (33.3%)
921	KAROL Agnieszka	501	LOSZKI I WARCHLAKI	K3 40-49	64		LOSZKI I WARCHLAKI	02:06:46.45	02:06:46.45	+01:21:17 (64.1%)	16:54	3,5 (33.3%)
921	PIESYK Damian	540		M1 16-29	154		LOSZKI I WARCHLAKI	02:06:46.45	02:06:46.45	+01:21:17 (64.1%)	16:54	3,5 (33.3%)
923	KAROL Monika	541		K1 16-29	83		LOSZKI I WARCHLAKI	02:06:46.50	02:06:46.50	+01:21:17 (64.1%)	16:54	3,5 (33.3%)
923	LEWANDOWSKA Dorota	556	LOSZKI I WARCHLAKI	K3 40-49	65			02:06:46.50	02:06:46.50	+01:21:17 (64.1%)	16:54	3,5 (33.3%)
925	SIELICKA Małgorzata	649		K3 40-49	66		LOSZKI I WARCHLAKI	02:06:46.80	02:06:46.80	+01:21:18 (64.1%)	16:54	3,5 (33.3%)
925	KAROL Sławek	550	LOSZKI I WARCHLAKI	M4 50-59	20		LOSZKI I WARCHLAKI	02:06:46.80	02:06:46.80	+01:21:18 (64.1%)	16:54	3,5 (38.9%)
927	SIELICKI Patryk	650		M1 16-29	155		LOSZKI I WARCHLAKI	02:06:46.85	02:06:46.85	+01:21:18 (64.1%)	16:54	3,5 (33.3%)
928	BAGIEŃSKI Mateusz	1245		M1 16-29	156			02:06:52.85	02:06:52.85	+01:21:24 (64.2%)	16:54	3,5 (33.3%)
929	HAJDUKIEWICZ Marek	1274		M2 30-39	293			02:07:30.35	02:07:30.35	+01:22:01 (64.3%)	17:00	3,5 (33.3%)
930	HAJDUKIEWICZ Katarzyna	1314		K2 30-39	165			02:07:30.60	02:07:30.60	+01:22:02 (64.3%)	17:00	3,5 (33.3%)
931	GŁUSZYK Małgorzata	364		K2 30-39	166			02:07:33.05	02:07:33.05	+01:22:04 (64.3%)	17:00	3,5 (33.3%)
932	PARYPA Hann	967		K2 30-39	167			02:07:33.35	02:07:33.35	+01:22:04 (64.3%)	17:00	3,5 (38.9%)
933	WIŚNIEWSKI Przemysław	1125	PDC	M1 16-29	157		PDC	02:07:38.60	02:07:38.60	+01:22:10 (64.4%)	17:01	3,5 (33.3%)
934	KAROL Anna	85	WIECZORNE BIEGANIE W SZCZECINIE	K3 40-49	67			02:07:42.05	02:07:42.05	+01:22:13 (64.4%)	17:01	3,5 (33.3%)
935	KUŹMIŃSKA Weronika	3		K1 16-29	84			02:08:01.60	02:08:01.60	+01:22:33 (64.5%)	17:04	3,5 (33.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas		Różn	Tempo min/km	Tempo km/h
								netto 7.5km	brutto 7.5km			
936	JUCHA Michał	5		M1 16-29	158			02:08:10.75	02:08:10.75	+01:22:42 (64.5%)	17:05	3,5 (33.3%)
937	KACZMAREK Sylwia	293		K3 40-49	68		Ubawieni po pachy IV	02:08:48.15	02:08:48.15	+01:23:19 (64.7%)	17:10	3,5 (33.3%)
938	ZUBKIEWICZ Michał	1065		M1 16-29	159			02:08:54.00	02:08:54.00	+01:23:25 (64.7%)	17:11	3,5 (33.3%)
939	KACZMAREK Krzysztof	70	BIEGACZE PÓŁNOCY	M3 40-49	126		Ubawieni po pachy IV	02:09:56.55	02:09:56.55	+01:24:28 (65.0%)	17:19	3,5 (33.3%)
940	HAŁAS Renata	485	SZYBCIEJ NIE MOGE	K3 40-49	69			02:10:06.35	02:10:06.35	+01:24:37 (65.0%)	17:20	3,5 (33.3%)
940	SZALEWICZ Małgorzata	176	SZYBCIEJ NIE MOGĘ	K4 50-59	13			02:10:06.35	02:10:06.35	+01:24:37 (65.0%)	17:20	3,5 (38.9%)
942	LEWANDOWSKI Janusz	567	WIECZORNE BIEGANIE SZCZECIN	M4 50-59	21			02:10:06.40	02:10:06.40	+01:24:37 (65.0%)	17:20	3,5 (33.3%)
943	WIELGUS-ULATOWSKA Joanna	111		K2 30-39	168			02:10:11.60	02:10:11.60	+01:24:43 (65.1%)	17:21	3,5 (33.3%)
944	MAZUR Mirosława	290		K5 60+	2			02:10:36.10	02:10:36.10	+01:25:07 (65.2%)	17:24	3,4 (33.3%)
945	KARPIS Mirosław	1167		M3 40-49	127			02:10:36.60	02:10:36.60	+01:25:08 (65.2%)	17:24	3,4 (37.8%)
946	KARPIS Joanna	1166		K2 30-39	169			02:10:36.65	02:10:36.65	+01:25:08 (65.2%)	17:24	3,4 (37.8%)
947	SOBOLEWSKA-SZWED Ewelina	811	MGT	K3 40-49	70		Mango Gatki Team	02:11:27.75	02:11:27.75	+01:25:59 (65.4%)	17:31	3,4 (33.3%)
948	RAWA Donata	634	MGT	K3 40-49	71		Mango Gatki Team	02:11:27.90	02:11:27.90	+01:25:59 (65.4%)	17:31	3,4 (33.3%)
949	DOBACZEWSKA Ewa	490	EWA DOBACZEWSKA-WĄSEK	K3 40-49	72			02:11:27.95	02:11:27.95	+01:25:59 (65.4%)	17:31	3,4 (33.3%)
950	MATUSZAK Anita	512	MANGO GATKI TEAM	K3 40-49	73		Mango Gatki Team	02:11:28.25	02:11:28.25	+01:25:59 (65.4%)	17:31	3,4 (33.3%)
951	ADRIAN-CZABORYK Monika	568	MANGO GATKI TEAM	K3 40-49	74		Mango Gatki Team	02:11:28.55	02:11:28.55	+01:26:00 (65.4%)	17:31	3,4 (33.3%)
952	MATUSZAK Kamila	513	MANGO GATKI TEAM	K1 16-29	85		Mango Gatki Team	02:11:28.65	02:11:28.65	+01:26:00 (65.4%)	17:31	3,4 (33.3%)
953	CZYNSZAK Krystian	700	STARGARD. JA SIĘ NIE ŚCIGAM	M2 30-39	294		Pędzące Imadła Stargard	02:11:35.10	02:11:35.10	+01:26:06 (65.4%)	17:32	3,4 (33.3%)
953	WROŃSKA Sandra	488	STARGARD. JA SIĘ NIE ŚCIGAM	K1 16-29	86		Pędzące Imadła Stargard	02:11:35.10	02:11:35.10	+01:26:06 (65.4%)	17:32	3,4 (33.3%)
955	GĘBICKA Agata	628	STARGARD JA SIĘ NIE ŚCIGAM !	K1 16-29	87		Pędzące Imadła Stargard	02:11:35.30	02:11:35.30	+01:26:06 (65.4%)	17:32	3,4 (33.3%)
956	STĄNCZYK Sławomir	314	STARGARD. JA SIĘ NIE ŚCIGAM	M2 30-39	295		Pędzące Imadła Stargard	02:11:35.40	02:11:35.40	+01:26:06 (65.4%)	17:32	3,4 (33.3%)
956	STAŃKO Agnieszka	643	STARGARD JA SIĘ NIE ŚCIGAM	K2 30-39	170			02:11:35.40	02:11:35.40	+01:26:06 (65.4%)	17:32	3,4 (33.3%)
958	WROŃSKI Julian	625	STARGARD JA SIĘ NIE ŚCIGAM	M2 30-39	296		Pędzące Imadła Stargard	02:11:35.45	02:11:35.45	+01:26:06 (65.4%)	17:32	3,4 (33.3%)
959	WOJCIECHOWSKA Wioletta	699	STARGARD JA SIĘ NIE ŚCIGAM	K3 40-49	75		Pędzące Imadła Stargard	02:11:35.60	02:11:35.60	+01:26:07 (65.4%)	17:32	3,4 (33.3%)
960	WROŃSKI Przemysław	675		M1 16-29	160		Pędzące Imadła Stargard	02:11:36.25	02:11:36.25	+01:26:07 (65.4%)	17:32	3,4 (33.3%)
961	WOJCIECHOWSKI Krzysztof	698	STARGARD JA SIĘ NIE ŚCIGAM	M4 50-59	22		Pędzące Imadła Stargard	02:11:36.50	02:11:36.50	+01:26:07 (65.4%)	17:32	3,4 (33.3%)
962	KRÓL Roksana	1082		K1 16-29	88			02:12:31.45	02:12:31.45	+01:27:02 (65.7%)	17:40	3,4 (33.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
963	KRÓL Rafał	1040		M1 16-29	161			02:12:31.55	02:12:31.55	+01:27:03 (65.7%)	17:40	3,4 (33.3%)
964	JEŻ Maja	1137		K1 16-29	89		Ryby głębinowe	02:13:27.50	02:13:27.50	+01:27:58 (65.9%)	17:47	3,4 (37.8%)
965	MIKLEWICZ Agata	1128		K1 16-29	90		Ryby głębinowe	02:13:27.90	02:13:27.90	+01:27:59 (65.9%)	17:47	3,4 (37.8%)
966	LOKOCZ Żaneta	1158	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	171			02:13:31.55	02:13:31.55	+01:28:03 (65.9%)	17:48	3,4 (33.3%)
967	LOKOCZ Rafał	590	WIECZORNE BIEGANIE W SZCZECINIE	M2 30-39	297			02:13:31.70	02:13:31.70	+01:28:03 (65.9%)	17:48	3,4 (33.3%)
968	SZCZEPEK Marta	1113		K1 16-29	91		Ryby głębinowe	02:13:48.70	02:13:48.70	+01:28:20 (66.0%)	17:50	3,4 (37.8%)
969	SUCHECKI Paweł	459		M2 30-39	298			02:13:59.70	02:13:59.70	+01:28:31 (66.1%)	17:51	3,4 (37.8%)
970	HAWRYLUK Marta	399		K2 30-39	172		BEZIMIENNI	02:14:06.80	02:14:06.80	+01:28:38 (66.1%)	17:52	3,4 (37.8%)
971	MAŻUL Dominika	400		K1 16-29	92		BEZIMIENNI	02:14:06.85	02:14:06.85	+01:28:38 (66.1%)	17:52	3,4 (37.8%)
972	WILCZYŃSKI Grzegorz	406		M2 30-39	299			02:14:46.15	02:14:46.15	+01:29:17 (66.3%)	17:58	3,3 (36.7%)
973	WOROCH Tomasz	1131	TOP-PLANT GOSPODARSTWO OGRODNICZE KRZYSZTOF WOROCH	M1 16-29	162		Ryby głębinowe	02:15:01.15	02:15:01.15	+01:29:32 (66.3%)	18:00	3,3 (36.7%)
974	PAGEL Kasia	372		K2 30-39	173		Stargardzki Klub Morsów Miedwianie	02:16:06.70	02:16:06.70	+01:30:38 (66.6%)	18:08	3,3 (33.3%)
975	PROKOCKA Asia	271		K2 30-39	174			02:16:06.75	02:16:06.75	+01:30:38 (66.6%)	18:08	3,3 (33.3%)
976	NIEMIANOWSKA Magda	948	KOBIECE BIEGANIE	K2 30-39	175			02:16:30.75	02:16:30.75	+01:31:02 (66.7%)	18:12	3,3 (33.3%)
977	W Patryk	964		M1 16-29	163			02:16:30.95	02:16:30.95	+01:31:02 (66.7%)	18:12	3,3 (33.3%)
978	PIOTROWSKI Karol	457	POŁAPANI TEAM	M1 16-29	164		POŁAPANI TEAM	02:16:36.60	02:16:36.60	+01:31:08 (66.7%)	18:12	3,3 (33.3%)
979	MARCHEWKA Łukasz	460	POŁAPANI TEAM	M2 30-39	300			02:16:36.80	02:16:36.80	+01:31:08 (66.7%)	18:12	3,3 (33.3%)
980	MATEJCZUK Robert	456	POŁAPANI TEAM	M1 16-29	165			02:16:37.25	02:16:37.25	+01:31:08 (66.7%)	18:12	3,3 (33.3%)
980	PIOTROWSKA Ilona	1099	POŁAPANI TEAM	K1 16-29	93			02:16:37.25	02:16:37.25	+01:31:08 (66.7%)	18:12	3,3 (33.3%)
982	CHYBIŃSKA Anna	1101		K1 16-29	94		Połapani	02:16:37.35	02:16:37.35	+01:31:08 (66.7%)	18:12	3,3 (33.3%)
983	KOSMAŁSKI Jarosław	524	SKS HUSARIA	M2 30-39	301		SKS Husaria	02:16:37.80	02:16:37.80	+01:31:09 (66.7%)	18:12	3,3 (36.7%)
984	ADAM Kamila	706	1983	K2 30-39	176		DLL Partners	02:17:27.00	02:17:27.00	+01:31:58 (66.9%)	18:19	3,3 (36.7%)
985	ŁEMPKOWSKA Beata	703	DLL PARTNERS	K3 40-49	76		DLL Partners	02:17:27.10	02:17:27.10	+01:31:58 (66.9%)	18:19	3,3 (36.7%)
986	ŁEMPKOWSKI Janusz	689	BBL POLICE	M3 40-49	128		BBL Police	02:17:27.25	02:17:27.25	+01:31:58 (66.9%)	18:19	3,3 (36.7%)
987	KAMIŃSKA Adriana	684	BBL POLICE	K2 30-39	177			02:17:27.30	02:17:27.30	+01:31:58 (66.9%)	18:19	3,3 (36.7%)
988	ZAWODNIAK Mirosław	810	BBL POLICE	M3 40-49	129			02:17:27.40	02:17:27.40	+01:31:58 (66.9%)	18:19	3,3 (36.7%)
989	KUKUROWSKA Sylwia	754	DLL PARTNERS	K3 40-49	77		DLL Partners	02:17:27.50	02:17:27.50	+01:31:58 (66.9%)	18:19	3,3 (36.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
990	DACH Eryk	102	FIFNE PYRKI	M1 16-29	166		Fifne Pyrki	02:17:33.35	02:17:33.35	+01:32:04 (66.9%)	18:20	3,3 (33.3%)
991	WOŹNIAK Wiktoria	99	FIFNE PYRKI	K1 16-29	95		Fifne Pyrki	02:17:34.10	02:17:34.10	+01:32:05 (66.9%)	18:20	3,3 (33.3%)
992	LIŚKIEWICZ Kasia	289		K2 30-39	178			02:17:35.90	02:17:35.90	+01:32:07 (67.0%)	18:20	3,3 (33.3%)
993	BULIŃSKI Jacek	1163		M2 30-39	302			02:17:52.85	02:17:52.85	+01:32:24 (67.0%)	18:22	3,3 (33.3%)
994	TOKARCZYK Marta	835	WIECZORNE BIEGANIE W SZCZECINIE	K3 40-49	78			02:17:53.05	02:17:53.05	+01:32:24 (67.0%)	18:23	3,3 (33.3%)
994	WASYLÓW Katarzyna	1162	WIECZORNE BIEGANIE W SZCZECINIE	K3 40-49	78			02:17:53.05	02:17:53.05	+01:32:24 (67.0%)	18:23	3,3 (33.3%)
996	MAŁECKA Karolina	1164		K2 30-39	179			02:17:53.20	02:17:53.20	+01:32:24 (67.0%)	18:23	3,3 (33.3%)
997	TOKARCZYK Grzegorz	1160		M3 40-49	130			02:17:53.50	02:17:53.50	+01:32:24 (67.0%)	18:23	3,3 (33.3%)
998	FALARCZYK Maciej	1122	PDC	M2 30-39	303		PDC	02:18:15.70	02:18:15.70	+01:32:47 (67.1%)	18:26	3,3 (36.7%)
999	CZYŻ Anna	656	3A TEAM	K3 40-49	80		3ATeam	02:18:26.55	02:18:26.55	+01:32:58 (67.2%)	18:27	3,3 (33.3%)
1000	ADAMCZEWSKA Agnieszka	657		K3 40-49	81		3ATeam	02:18:26.70	02:18:26.70	+01:32:58 (67.2%)	18:27	3,3 (33.3%)
1001	ADAMCZEWSKA Anna	658		K3 40-49	82		3ATeam	02:18:26.75	02:18:26.75	+01:32:58 (67.2%)	18:27	3,3 (33.3%)
1002	KRZYSZTOFOWICZ Sławek	433	KRZYSZTOFKI TEAM	M3 40-49	131			02:18:42.65	02:18:42.65	+01:33:14 (67.2%)	18:29	3,2 (33.3%)
1003	MALEC Edyta	599	SKM MIEDWIANIE	K3 40-49	83			02:18:52.65	02:18:52.65	+01:33:24 (67.3%)	18:30	3,2 (33.3%)
1004	MALEC Mariusz	69	STARGARDZKI KLUB MORSÓW MIEDWIANIE	M3 40-49	132			02:19:29.65	02:19:29.65	+01:34:01 (67.4%)	18:35	3,2 (33.3%)
1005	MIELCARZ Aneta	1233	KOBIECE BIEGANIE	K2 30-39	180		Kobiece Bieganie	02:23:01.35	02:23:01.35	+01:37:32 (68.2%)	19:04	3,1 (33.3%)
1006	LEPA Anna	1201	KOBIECE BIEGANIE	K2 30-39	181		Kobiece Bieganie	02:23:01.45	02:23:01.45	+01:37:32 (68.2%)	19:04	3,1 (33.3%)
1007	WIERZBA Ewa	640	KOBIECE BIEGANIE	K2 30-39	182		Kobiece Bieganie	02:23:01.55	02:23:01.55	+01:37:33 (68.2%)	19:04	3,1 (33.3%)
1007	KACZMAREK Arleta	833	KOBIECE BIEGANIE	K2 30-39	182		Kobiece Bieganie	02:23:01.55	02:23:01.55	+01:37:33 (68.2%)	19:04	3,1 (33.3%)
1009	MICHALIK-CAŁY Kasia	596	KOBIECE BIEGANIE	K2 30-39	184		Kobiece Bieganie	02:23:01.60	02:23:01.60	+01:37:33 (68.2%)	19:04	3,1 (33.3%)
1010	REDLARSKA Anna	1217	KOBIECE BIEGANIE	K2 30-39	185		Kobiece Bieganie	02:23:01.85	02:23:01.85	+01:37:33 (68.2%)	19:04	3,1 (33.3%)
1011	WIERZBA Piotr	641	KOBIECE BIEGANIE	M2 30-39	304		Kobiece Bieganie	02:23:01.95	02:23:01.95	+01:37:33 (68.2%)	19:04	3,1 (33.3%)
1011	ŚWIATŁY Magdalena	1057	DZIKIE BATATY TEAM	K2 30-39	186		DZIKIE BATATY TEAM	02:23:01.95	02:23:01.95	+01:37:33 (68.2%)	19:04	3,1 (33.3%)
1013	CAŁY Przemek	597	KOBIECE BIEGANIE	M2 30-39	305		Kobiece Bieganie	02:23:02.15	02:23:02.15	+01:37:33 (68.2%)	19:04	3,1 (33.3%)
1014	BARAŃSKI Radosław	598	OCR TEAM WŁOCLAWEK	M1 16-29	167		OCR TEAM WŁOCLAWEK	02:23:48.00	02:23:48.00	+01:38:19 (68.4%)	19:10	3,1 (33.3%)
1015	AMBROZIAK Adam	1120	PDC	M2 30-39	306		PDC	02:23:48.45	02:23:48.45	+01:38:19 (68.4%)	19:10	3,1 (34.4%)
1016	JIMENEZ Rebecca	602	OCR TEAM WLOCLAWEK	K1 16-29	96			02:23:48.55	02:23:48.55	+01:38:20 (68.4%)	19:10	3,1 (33.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1017	GŁAZEK Julia	1232		K1 16-29	97		Agat	02:29:45.30	02:29:45.30	+01:44:16 (69.6%)	19:58	3 (33.3%)
1018	MIZIŃSKI Kuba	1230		M1 16-29	168		Agat	02:29:46.15	02:29:46.15	+01:44:17 (69.6%)	19:58	3 (33.3%)
1019	CZYŻ Andrzej	1222		M2 30-39	307		Agat	02:31:10.80	02:31:10.80	+01:45:42 (69.9%)	20:09	3 (33.3%)
1020	CZYŻ Agata	1223		K2 30-39	187		Agat	02:31:13.35	02:31:13.35	+01:45:44 (69.9%)	20:09	3 (33.3%)
1021	MACIEJEWSKI Michał	1126	PDC	M3 40-49	133		PDC	02:37:49.40	02:37:49.40	+01:52:20 (71.2%)	21:02	2.9 (32.2%)
1022	RUTKIEWICZ Marek	561	MIEDWIANIE	M4 50-59	23			02:38:33.75	02:38:33.75	+01:53:05 (71.3%)	21:08	2.8 (31.1%)
1023	LIWUŚ-ŁAPIŃSKA Asia	269	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	188			02:41:13.45	02:41:13.45	+01:55:44 (71.8%)	21:29	2.8 (31.1%)
1024	RZEMYK Marta	1228		K2 30-39	189		Agat	02:42:40.35	02:42:40.35	+01:57:11 (72.0%)	21:41	2.8 (31.1%)
1025	RZEMYK Mariusz	1229		M1 16-29	169		Agat	02:42:40.45	02:42:40.45	+01:57:11 (72.0%)	21:41	2.8 (31.1%)
1026		975						01:36:59.90	03:56:45.90	+03:11:17 (80.8%)	12:55	4.6 (51.1%)
1027	CHAŁUPKA Łukasz	843		M2 30-39	308			01:22:25.35	04:04:08.35	+03:18:39 (81.4%)	10:59	5.5 (61.1%)
1028	PETERSBURSKI Robert	919	BBL POLICE	M3 40-49	134		HARDROCKY	02:05:27.40	04:25:17.40	+03:39:48 (82.9%)	16:43	3.6 (40.0%)
	BARAN Piotr	909		M2 30-39				DNF	DNF	-	-	- (0.0%)
	KOCZOCIK Natalia	818	IZERSKA GRUPA BIEGOWA	K2 30-39				DNF	DNF	-	-	- (0.0%)
	WAWSZCZAK Jakub	1330		M2 30-39			Maciejkowe Żelki	DNF	DNF	-	-	- (0.0%)
	CHUDY Krzysztof	1016		M4 50-59				DNF	DNF	-	-	- (0.0%)
	GAŚSIOR Paweł	838	ROZBIEGANY SUSZ	M2 30-39				DNF	DNF	-	-	- (0.0%)
	SMYKA Kamila	242		K2 30-39				DNF	DNF	-	-	- (0.0%)
	NICEWICZ Beata	313	ŻADEN	K3 40-49				DNF	DNF	-	-	- (0.0%)
	SOSKA Jacek	427		M2 30-39				DNF	DNF	-	-	- (0.0%)
	RADZISZEWSKI Tomasz	1276		M2 30-39			Colossus	DNF	DNF	-	-	- (0.0%)
	SKWIERAWSKA Beata	624		K3 40-49				DNF	DNF	-	-	- (0.0%)
	LEWANDOWSKI Mirosław	1047	RASCH POLSKA GOLENIÓW	M4 50-59				DNF	DNF	-	-	- (0.0%)
	LINIEWICZ Alona	1130	PDC	K1 16-29			PDC	DNF	DNF	-	-	- (0.0%)
	WISZNIEWSKA Amelia	508	CF PRAWY BRZEG	K2 30-39				DNF	DNF	-	-	- (0.0%)
	WIECZOREK Andrzej	621		M4 50-59				DNF	DNF	-	-	- (0.0%)
	LISOWSKI Kamil	1346		M2 30-39			Hell's Heaven Szczecin	DNF	DNF	-	-	- (0.0%)
	OLCZYK Norbert	1171		M1 16-29				DNF	DNF	-	-	- (0.0%)
	PŁOSKOŃ Błażej	1058		M2 30-39				DNF	DNF	-	-	- (0.0%)
	KURPIEWSKI Piotr	638		M1 16-29				DNF	DNF	-	-	- (0.0%)
	CYBULSKI Michał	663	PANDA I BANDA	M2 30-39			Panda i Banda	DNF	DNF	-	-	- (0.0%)
	WIECZOREK Małgorzata	620		K4 50-59				DNF	DNF	-	-	- (0.0%)
	KMICIEWICZ Miłosz	1050		M2 30-39				DNF	DNF	-	-	- (0.0%)
	WRÓBEL Grzegorz	1051		M2 30-39				DNF	DNF	-	-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
	KWIATKOWSKA Sonia	183	MUD GOATS	K1	16-29		Mud Goats	DNF	DNF		-	- (0.0%)
	ŁUKASZEWSKI Michał	951		M2	30-39			DNF	DNF		-	- (0.0%)
	CYBULSKA Anna	448	PANDA I BANDA	K1	16-29		Panda i Banda	DNF	DNF		-	- (0.0%)

Znaleziono 1053 wynik(ów)