



Wydarzenie: Dziki Weekend 2018
Organizator: Stowarzyszenie Klub Biegowy Dzik
Data: 2018-08-19
Miejsce: Police
Dystans: 7.5 km

IV EKSTREMALNY DZIKOBIEG

B4SPORT

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Open K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	ZABOROWSKA Małgorzata	817	GRARUNNERS / OSP PŁOTY	K2 30-39	1		Gryficka Siła Biegowa	00:57:05.00	00:57:05.00		7:36	7.9 (100%)
2	CZARNECKA Barbara	149		K2 30-39	2			01:02:09.10	01:02:09.10	+00:05:04 (8.2%)	8:17	7,2 (88.6%)
3	KAMIŃSKA Ewelina	117	MUD GOATS	K2 30-39	3		Mud Goats	01:03:21.65	01:03:21.65	+00:06:16 (9.9%)	8:26	7.1 (89.9%)
3	DYDEK Edyta	943	CF PRAWY BRZEG	K1 16-29	1		Cf prawy brzeg	01:03:21.65	01:03:21.65	+00:06:16 (9.9%)	8:26	7.1 (89.9%)
5	PAPLICKA Katarzyna	1005	DZIKIE DZIKI GORZÓW	K2 30-39	4		Dzikie Dzikie Gorzów	01:03:52.90	01:03:52.90	+00:06:47 (10.6%)	8:30	7 (88.6%)
6	ŻUKOWSKA Natalia	770	JW 3605	K2 30-39	5	JW 3605	xRunners	01:03:57.00	01:03:57.00	+00:06:52 (10.7%)	8:31	7 (88.6%)
7	KRZACZKOWSKA Iwona	715	DZIKI WROCŁAW	K2 30-39	6		Dziki Wrocław	01:04:17.95	01:04:17.95	+00:07:12 (11.2%)	8:34	7 (88.6%)
8	MARZEC Karolina	441	DZIKIE DZIKI GORZÓW	K2 30-39	7			01:04:54.70	01:04:54.70	+00:07:49 (12.1%)	8:39	6.9 (87.3%)
9	NIEMIRO Dominika	690	JAGODOWO-KALINOWY TEAM	K2 30-39	8			01:06:12.65	01:06:12.65	+00:09:07 (13.8%)	8:49	6.8 (86.1%)
10	TAMBORSKA Agata	694	DZIK KOMANDO	K2 30-39	9		Dzik Komando	01:06:31.05	01:06:31.05	+00:09:26 (14.2%)	8:52	6,8 (75.9%)
11	MAJ Joanna	1329	ZS CROSSFIT SZCZECIN	K2 30-39	10		Maciejkowe Żelki	01:10:12.25	01:10:12.25	+00:13:07 (18.7%)	9:21	6.4 (81.0%)
12	MŁYNARCZYK Tatiana	61	HUSARIA RACE TEAM	K2 30-39	11		Husaria Race Team	01:10:21.85	01:10:21.85	+00:13:16 (18.9%)	9:22	6,4 (75.9%)
13	WOJCIECHOWSKA Paulina	255		K1 16-29	2		Mud Goats	01:10:54.45	01:10:54.45	+00:13:49 (19.5%)	9:27	6,3 (75.9%)
14	KWIATKOWSKA Aleksandra	96	WIECZORNE BIEGANIE W SZCZECINIE	K1 16-29	3			01:12:08.05	01:12:08.05	+00:15:03 (20.9%)	9:37	6,2 (75.9%)

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15	SOBOCIŃSKA Ewelina	745	15 GIŻYCKA BRYGADA ZMECHANIZOWANA	K2 30-39	12	15 Giżycka Brygada Zmechanizowana	15 Giżycka Brygada Zmechanizowana	01:12:31.85	01:12:31.85	+00:15:26 (21.3%)	9:40	6,2 (75.9%)
16	NIKONOWICZ Ewa	464	15 GIŻYCKA BRYGADA ZMECHANIZOWANA	K2 30-39	13	15 Giżycka Brygada Zmechanizowana	15 Giżycka Brygada Zmechanizowana	01:12:46.95	01:12:46.95	+00:15:41 (21.6%)	9:42	6,2 (75.9%)
17	WIETRZYŃSKA Agnieszka	1210	ALGRAF RACE TEAM	K3 40-49	1			01:13:29.10	01:13:29.10	+00:16:24 (22.3%)	9:47	6,1 (75.9%)
18	RYBARCZYK Ilona	74	HURAGAN - KOŁO BIEGA	K1 16-29	4		Mud Goats	01:13:30.30	01:13:30.30	+00:16:25 (22.3%)	9:48	6,1 (75.9%)
19	BRUSIŁOWICZ Dagmara	219	WIECZORNE BIEGANIE W SZCZECINIE	K3 40-49	2			01:14:03.25	01:14:03.25	+00:16:58 (22.9%)	9:52	6,1 (75.9%)
20	ALABRUDZIŃSKA Agnieszka	855	SZWLA STARGARD	K2 30-39	14		Koloniści	01:14:07.60	01:14:07.60	+00:17:02 (23.0%)	9:52	6,1 (75.9%)
21	MAJDAN-ADAMSKA Agnieszka	496		K2 30-39	15		Husaria Race Team	01:14:10.35	01:14:10.35	+00:17:05 (23.0%)	9:53	6,1 (75.9%)
22	KIELER Aleksandra	652	DZIK KOMANDO	K1 16-29	5		Dzik Komando	01:15:01.35	01:15:01.35	+00:17:56 (23.9%)	10:00	6 (75.9%)
23	EKIERT Martyna	1282		K1 16-29	6			01:15:06.35	01:15:06.35	+00:18:01 (24.0%)	10:00	6 (75.9%)
24	BOROWSKA Karolina	146	PUSZCZYK BUKOWY	K2 30-39	16			01:15:11.15	01:15:11.15	+00:18:06 (24.1%)	10:01	6 (75.9%)
25	ROSZAK Krystyna	902	GRYFUS SZCZECIN	K4 50-59	1			01:16:12.95	01:16:12.95	+00:19:07 (25.1%)	10:09	5,9 (63.3%)
26	ŚWIST Joanna	42	RUNNING QUEEN	K2 30-39	17			01:16:49.15	01:16:49.15	+00:19:44 (25.7%)	10:14	5,9 (63.3%)
27	GRABOWSKA Joanna	65	SPC	K3 40-49	3			01:16:51.85	01:16:51.85	+00:19:46 (25.7%)	10:14	5,9 (63.3%)
28	SZYMAŃSKA Katarzyna	32	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	18			01:18:04.75	01:18:04.75	+00:20:59 (26.9%)	10:24	5,8 (63.3%)
29	ZYDEK Katarzyna	936	DZIK KOMANDO	K1 16-29	7		Dzik Komando	01:18:15.25	01:18:15.25	+00:21:10 (27.1%)	10:26	5,8 (63.3%)
30	BLICHARSKA Marta	594		K2 30-39	19		Fit Inaczej	01:19:52.25	01:19:52.25	+00:22:47 (28.5%)	10:38	5,6 (63.3%)
31	MURAWSKA Wioletta	505	KB DZIK POLICE	K4 50-59	2			01:20:18.60	01:20:18.60	+00:23:13 (28.9%)	10:42	5,6 (63.3%)
32	JAKUBIAK Anna	910	RAZ	K3 40-49	4		RAZ	01:21:36.55	01:21:36.55	+00:24:31 (30.1%)	10:52	5,5 (69.6%)
33	GADOWSKA Paulina	827		K2 30-39	20		Gadowscy	01:23:51.65	01:23:51.65	+00:26:46 (31.9%)	11:10	5,4 (68.4%)
34	STEFĄNCZYK Małgorzata	237		K3 40-49	5			01:24:22.65	01:24:22.65	+00:27:17 (32.3%)	11:14	5,3 (63.3%)
35	FIGOŁUSZKA Katarzyna	1008	12 BRYGADA ZMECHANIZOWANA	K1 16-29	8			01:24:38.80	01:24:38.80	+00:27:33 (32.6%)	11:17	5,3 (63.3%)
36	WŁODARCZYK Agata	1280	COLOSSUS	K2 30-39	21		Colossus	01:25:05.85	01:25:05.85	+00:28:00 (32.9%)	11:20	5,3 (63.3%)
37	JAKUBOWSKA Aneta	528	DZIKUŚ	K2 30-39	22			01:25:47.10	01:25:47.10	+00:28:42 (33.5%)	11:26	5,2 (63.3%)

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38	DIKTA Ania	549	23. BAZA LOTNICTWA TAKTYCZNEGO	K1 16-29	9	23. Baza Lotnictwa Taktycznego	23. Baza Lotnictwa Taktycznego	01:25:47.15	01:25:47.15	+00:28:42 (33.5%)	11:26	5,2 (63.3%)
39	PTAK Patrycja	440	HUSARIA RACE TEAM	K2 30-39	23		Husaria Race Team	01:25:48.90	01:25:48.90	+00:28:43 (33.5%)	11:26	5,2 (63.3%)
40	DĄBROWSKA Iza	1	MUD GOATS	K3 40-49	6		Mud Goats	01:26:30.95	01:26:30.95	+00:29:25 (34.0%)	11:32	5,2 (63.3%)
41	WILK Agnieszka	618		K1 16-29	10		Wild Wolves	01:26:33.70	01:26:33.70	+00:29:28 (34.1%)	11:32	5,2 (63.3%)
42	BALCERZAK Aleksandra	1013	UKŁ ÓSEMKA POLICE	K2 30-39	24			01:26:43.95	01:26:43.95	+00:29:38 (34.2%)	11:33	5,2 (63.3%)
43	NAGOT Sandra	428		K1 16-29	11			01:27:26.65	01:27:26.65	+00:30:21 (34.7%)	11:39	5,1 (63.3%)
44	SZCZUKO Diana	354		K1 16-29	12		Drużyna Pierścienia	01:28:43.55	01:28:43.55	+00:31:38 (35.7%)	11:49	5,1 (63.3%)
45	GAJEK Patrycja	118		K2 30-39	25			01:11:23.35	01:28:50.35	+00:31:45 (35.7%)	9:31	6,3 (75.9%)
46	SOWISZ Danuta	300	SOWISZ TEAM	K3 40-49	7			01:29:07.65	01:29:07.65	+00:32:02 (36.0%)	11:52	5 (63.3%)
47	SZCZUKO Marta	466	DRUŻYNA PIERŚCIENIA	K2 30-39	26			01:29:11.80	01:29:11.80	+00:32:06 (36.0%)	11:53	5 (63.3%)
48	KWIATKOWSKA Agnieszka	1197		K1 16-29	13			01:29:38.15	01:29:38.15	+00:32:33 (36.3%)	11:57	5 (63.3%)
49	KOLEJ Monika	410	DZIKIE DZIKI	K3 40-49	8			01:29:41.05	01:29:41.05	+00:32:36 (36.4%)	11:57	5 (63.3%)
50	ŻAK Karolina	1304	CROSSFIT RUN& HAVE FUN	K2 30-39	27		CrossFit Run& have Fun	01:29:43.40	01:29:43.40	+00:32:38 (36.4%)	11:57	5 (63.3%)
51	BERNACKA-SZYDLIK Karolina	45		K2 30-39	28			01:29:54.15	01:29:54.15	+00:32:49 (36.5%)	11:59	5 (63.3%)
52	SIENKIEWICZ Klaudia	1312		K1 16-29	14		CrossFit Run& have Fun	01:29:56.85	01:29:56.85	+00:32:51 (36.5%)	11:59	5 (63.3%)
53	MĄCZYŃSKA Edyta	955	CROSSFIT RUN& HAVE FUN	K2 30-39	29			01:30:07.65	01:30:07.65	+00:33:02 (36.7%)	12:00	5 (63.3%)
54	CHACHURSKA Daria	137	DZIK KOMANDO	K2 30-39	30		Dzik Komando	01:30:37.20	01:30:37.20	+00:33:32 (37.0%)	12:04	5 (63.3%)
55	ROMAN Ewelina	791	MONIAGYM	K2 30-39	31			01:30:46.15	01:30:46.15	+00:33:41 (37.1%)	12:06	5 (63.3%)
56	KĘCZKOWSKA Agnieszka	158		K1 16-29	15			01:30:54.95	01:30:54.95	+00:33:49 (37.2%)	12:07	5 (63.3%)
57	POLECHOŃSKA Marta	1182		K2 30-39	32		Ósemkowa petarda	01:31:02.65	01:31:02.65	+00:33:57 (37.3%)	12:08	4,9 (62.0%)
58	WIŚNIEWSKA Monika	646	STARGARDZKI KLUB MORSÓW MIEDWIANIE	K3 40-49	9			01:31:17.10	01:31:17.10	+00:34:12 (37.5%)	12:10	4,9 (50.6%)
59	JAROSŁAWSKA Sandra	680		K1 16-29	16			01:31:21.05	01:31:21.05	+00:34:16 (37.5%)	12:10	4,9 (50.6%)
60	JAROSŁAWSKA Jowita	681		K2 30-39	33			01:31:21.55	01:31:21.55	+00:34:16 (37.5%)	12:10	4,9 (50.6%)

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61	BRZESKA Ewa	259	WIECZORNE BIEGANIE W SZCZECINIE	K1 16-29	17			01:31:33.20	01:31:33.20	+00:34:28 (37.7%)	12:12	4,9 (50.6%)
62	JACHIRA Klaudia	373	TRENER24H.COM.PL	K1 16-29	18			01:31:45.25	01:31:45.25	+00:34:40 (37.8%)	12:14	4,9 (50.6%)
63	LAL Monika	292	RUNGRYF	K4 50-59	3		Gryficka Siła Biegowa	01:31:50.40	01:31:50.40	+00:34:45 (37.8%)	12:14	4,9 (50.6%)
64	RUDZKA Katarzyna	404	RUNNER SZCZECIN TEAM	K3 40-49	10		Runner Szczecin Team	01:31:53.35	01:31:53.35	+00:34:48 (37.9%)	12:15	4,9 (50.6%)
65	SYCHEL Magdalena	779		K2 30-39	34			01:32:05.45	01:32:05.45	+00:35:00 (38.0%)	12:16	4,9 (62.0%)
66	JURECZKO Agnieszka	461	DZIK KOMANDO	K2 30-39	35			01:32:17.75	01:32:17.75	+00:35:12 (38.2%)	12:18	4,9 (50.6%)
67	ADAMSKA Barbara	1260	ADAMS TEAM	K1 16-29	19			01:32:31.45	01:32:31.45	+00:35:26 (38.3%)	12:20	4,9 (50.6%)
68	KNOT Martyna	30	PIĘKNI I BESTIE	K2 30-39	36			01:32:35.95	01:32:35.95	+00:35:30 (38.4%)	12:20	4,9 (50.6%)
69	ADAMSKA Karolina	1279		K1 16-29	20			01:32:40.80	01:32:40.80	+00:35:35 (38.4%)	12:21	4,9 (50.6%)
70	BĄCZYK Monika	154	1978	K3 40-49	11		Monia Gym	01:32:59.85	01:32:59.85	+00:35:54 (38.6%)	12:23	4,8 (50.6%)
71	MIKICIUK Natalia	228	HUSARIA RACE TEAM	K1 16-29	21		Husaria Race Team	01:33:16.90	01:33:16.90	+00:36:11 (38.8%)	12:26	4,8 (50.6%)
72	DUDA-RELIGA Ewelina	326	OZKB	K3 40-49	12			01:33:21.45	01:33:21.45	+00:36:16 (38.9%)	12:26	4,8 (50.6%)
73	GRZELIŃSKA Dorota	350	DZIK KOMANDO	K1 16-29	22		Dzik Komando	01:33:27.15	01:33:27.15	+00:36:22 (38.9%)	12:27	4,8 (50.6%)
74	KOBUS Natalia	587	OCR TEAM WŁOCŁAWEK	K2 30-39	37		OCR TEAM WŁOCŁAWEK	01:33:35.00	01:33:35.00	+00:36:30 (39.0%)	12:28	4,8 (60.8%)
75	SIWIELA Katarzyna	726		K2 30-39	38	KP PSP Police	KP PSP Police	01:34:01.65	01:34:01.65	+00:36:56 (39.3%)	12:32	4,8 (60.8%)
76	ŻAK Dominika	332	PUSZCZYK BUKOWY	K2 30-39	39			01:34:17.35	01:34:17.35	+00:37:12 (39.5%)	12:34	4,8 (60.8%)
77	HRYNKIEWICZ-PAWŁASZEK Anna	297		K2 30-39	40			01:34:38.30	01:34:38.30	+00:37:33 (39.7%)	12:37	4,8 (50.6%)
78	PYREK Iwona	81		K2 30-39	41	Aktywni Wałcz	Aktywni Wałcz	01:34:46.45	01:34:46.45	+00:37:41 (39.8%)	12:38	4,7 (50.6%)
79	NARLOCH Monika	383		K1 16-29	23			01:34:50.45	01:34:50.45	+00:37:45 (39.8%)	12:38	4,7 (50.6%)
80	HORODECKA Monika	1313	DESZCZNO WARRIORS	K1 16-29	24		Deszczno Warriors	01:35:13.65	01:35:13.65	+00:38:08 (40.1%)	12:41	4,7 (50.6%)
81	KLEPACZ Noemi	306		K1 16-29	25		Bravehearts Legionowo	01:35:18.30	01:35:18.30	+00:38:13 (40.1%)	12:42	4,7 (50.6%)
82	DUTKIEWICZ Urszula	6	WATAHA	K2 30-39	42		Wataha	01:35:22.25	01:35:22.25	+00:38:17 (40.1%)	12:42	4,7 (59.5%)
83	MURAWSKA Monika	245		K3 40-49	13			01:35:33.80	01:35:33.80	+00:38:28 (40.3%)	12:44	4,7 (59.5%)

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84	HANDKE Justyna	785	XRUNNERS	K2 30-39	43		xRunners	01:35:59.60	01:35:59.60	+00:38:54 (40.5%)	12:47	4,7 (50.6%)
85	JASIŃSKA Alicja	1308		K2 30-39	44		Fani północnej Norwegii	01:36:02.30	01:36:02.30	+00:38:57 (40.6%)	12:48	4,7 (50.6%)
86	ROSTRYGIN Katarzyna	33		K2 30-39	45			01:36:52.80	01:36:52.80	+00:39:47 (41.1%)	12:54	4,6 (50.6%)
87	SZCZĘCH Elżbieta	1157		K2 30-39	46			01:37:16.45	01:37:16.45	+00:40:11 (41.3%)	12:58	4,6 (58.2%)
88	MAREK Anna	1046		K1 16-29	26			01:37:20.20	01:37:20.20	+00:40:15 (41.4%)	12:58	4,6 (50.6%)
89	WITKOWSKA Kamila	424		K2 30-39	47			01:37:28.10	01:37:28.10	+00:40:23 (41.4%)	12:59	4,6 (50.6%)
90	TOMASZEWSKA Beata	1174		K2 30-39	48			01:37:31.25	01:37:31.25	+00:40:26 (41.5%)	13:00	4,6 (58.2%)
91	ŚLUSARZ Iwona	52		K3 40-49	14			01:37:37.85	01:37:37.85	+00:40:32 (41.5%)	13:00	4,6 (50.6%)
92	PASIEKA Agnieszka	203	K.B.SPRINT ŚWIDWIN / 21.BLT	K2 30-39	49	21.BLT		01:37:40.75	01:37:40.75	+00:40:35 (41.6%)	13:01	4,6 (58.2%)
93	JUSINSKA Anna	124		K3 40-49	15			01:37:41.60	01:37:41.60	+00:40:36 (41.6%)	13:01	4,6 (50.6%)
94	JAKUBOWSKA Dorota	530	23.BAZA LOTNICTWA TAKTYCZNEGO	K2 30-39	50	23. Baza Lotnictwa Taktycznego	23. Baza Lotnictwa Taktycznego	01:37:48.35	01:37:48.35	+00:40:43 (41.6%)	13:02	4,6 (50.6%)
95	PRABUCKA Weronika	252	UKL ÓSEMKA POLICE	K1 16-29	27		Dziki z Polic	01:37:55.35	01:37:55.35	+00:40:50 (41.7%)	13:03	4,6 (50.6%)
96	LIPIŃSKA Agnieszka	29		K1 16-29	28			01:37:58.75	01:37:58.75	+00:40:53 (41.7%)	13:03	4,6 (50.6%)
97	SZWARC Ewa	705		K2 30-39	51			01:37:59.10	01:37:59.10	+00:40:54 (41.7%)	13:03	4,6 (50.6%)
98	ŚWIETLIK Alicja	177		K3 40-49	16			01:38:12.05	01:38:12.05	+00:41:07 (41.9%)	13:05	4,6 (50.6%)
99	PAPLEWSKA Anna	578		K1 16-29	29			01:38:27.00	01:38:27.00	+00:41:22 (42.0%)	13:07	4,6 (50.6%)
100	SAMOLCZYK Karolina	1248		K2 30-39	52			01:38:51.85	01:38:51.85	+00:41:46 (42.3%)	13:10	4,6 (50.6%)
101	JANKE Ewa	1331	ZS CROSSFIT SZCZECIN	K2 30-39	53		Maciejkowe Żelki	01:38:54.30	01:38:54.30	+00:41:49 (42.3%)	13:11	4,6 (58.2%)
102	SAMPLAWSKA Joanna	1102		K2 30-39	54		ORKI Z MAJORKI	01:38:56.85	01:38:56.85	+00:41:51 (42.3%)	13:11	4,5 (50.6%)
103	DZIĘGIELEWSKA Izabela	1145		K3 40-49	17			01:38:57.70	01:38:57.70	+00:41:52 (42.3%)	13:11	4,5 (50.6%)
104	MISTAK Paula	258		K1 16-29	30			01:39:11.85	01:39:11.85	+00:42:06 (42.5%)	13:13	4,5 (50.6%)
105	MIKITÓW Aleksandra	1257		K1 16-29	31			01:39:27.00	01:39:27.00	+00:42:22 (42.6%)	13:15	4,5 (57.0%)
106	SCHERFENBERG Katarzyna	772		K2 30-39	55		Koszykówkarze	01:39:36.55	01:39:36.55	+00:42:31 (42.7%)	13:16	4,5 (50.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
107	WIATRAK Dominika	445		K2 30-39	56			01:39:41.10	01:39:41.10	+00:42:36 (42.7%)	13:17	4,5 (57.0%)
108	MISIAK Dorota	120	BYLEBY DO PRZODU	K2 30-39	57			01:39:47.30	01:39:47.30	+00:42:42 (42.8%)	13:18	4,5 (50.6%)
109	DĘBROWSKA .	961		6 Fala	1			01:40:04.05	01:40:04.05	+00:42:59 (43.0%)	13:20	4,5 (57.0%)
110	POST Mariola	1325		K3 40-49	18			01:40:04.15	01:40:04.15	+00:42:59 (43.0%)	13:20	4,5 (57.0%)
111	ZYGIEL- SZAKOŁA Aneta	1319		K2 30-39	58		Doktoży	01:40:05.65	01:40:05.65	+00:43:00 (43.0%)	13:20	4,5 (57.0%)
112	PIETRUSZKIEWICZ Joanna	1089	JÓZEFINA	K2 30-39	59			01:40:25.60	01:40:25.60	+00:43:20 (43.2%)	13:23	4,5 (50.6%)
113	SZATANEK Ewa	891		K3 40-49	19			01:40:47.65	01:40:47.65	+00:43:42 (43.4%)	13:26	4,5 (57.0%)
114	ŚLIWIŃSKA Justyna	547		K1 16-29	32			01:41:01.40	01:41:01.40	+00:43:56 (43.5%)	13:28	4,5 (57.0%)
115	KNIOŁA Agnieszka	46	PIŁA TEAM	K2 30-39	60		PIŁA TEAM	01:41:02.05	01:41:02.05	+00:43:57 (43.5%)	13:28	4,5 (50.6%)
116	BASZURO Magdalena	64		K2 30-39	61			01:41:09.90	01:41:09.90	+00:44:04 (43.6%)	13:29	4,4 (50.6%)
117	RŻANY Aleksandra	1211		K1 16-29	33			01:41:24.90	01:41:24.90	+00:44:19 (43.7%)	13:31	4,4 (50.6%)
118	AGATA Pa	1009	1983	K2 30-39	62			01:41:29.55	01:41:29.55	+00:44:24 (43.8%)	13:31	4,4 (50.6%)
119	UMIASTOWSKA Joanna	1048		K2 30-39	63			01:41:30.80	01:41:30.80	+00:44:25 (43.8%)	13:32	4,4 (50.6%)
120	LEONOWICZ Martyna	359		K1 16-29	34		Oponki	01:41:32.70	01:41:32.70	+00:44:27 (43.8%)	13:32	4,4 (50.6%)
121	CZYPICKA Marta	665		K2 30-39	64			01:41:38.35	01:41:38.35	+00:44:33 (43.8%)	13:33	4,4 (50.6%)
122	PASŁAWSKA Magda	127		K2 30-39	65			01:41:38.40	01:41:38.40	+00:44:33 (43.8%)	13:33	4,4 (50.6%)
122	BUDNA Anna	913		K2 30-39	65			01:41:38.40	01:41:38.40	+00:44:33 (43.8%)	13:33	4,4 (55.7%)
124	ŻUROWSKA Agnieszka	486		K3 40-49	20		żurki	01:41:46.05	01:41:46.05	+00:44:41 (43.9%)	13:34	4,4 (50.6%)
125	MAJCHER Agata	135	PIŁA TEAM	K1 16-29	35		PIŁA TEAM	01:41:58.45	01:41:58.45	+00:44:53 (44.0%)	13:35	4,4 (55.7%)
126	BOGACKA Małgorzata	106		K2 30-39	67			01:41:59.05	01:41:59.05	+00:44:54 (44.0%)	13:35	4,4 (50.6%)
127	SOKOŁOWSKA Agnieszka	23	DALEKO JESZCZE	K2 30-39	68			01:42:04.80	01:42:04.80	+00:44:59 (44.1%)	13:36	4,4 (55.7%)
128	WIERZYCKA Kinga	370	BBL	K3 40-49	21		Kinga	01:42:31.80	01:42:31.80	+00:45:26 (44.3%)	13:40	4,4 (50.6%)
129	ORECKA Anna	1017		K2 30-39	69			01:42:43.65	01:42:43.65	+00:45:38 (44.4%)	13:41	4,4 (50.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
130	ADAMCZEWSKA - PIETRZAK Marta	1042		K2 30-39	70			01:42:43.70	01:42:43.70	+00:45:38 (44.4%)	13:41	4,4 (50.6%)
131	SZKAŁUBA Aleksandra	312		K1 16-29	36		ORKI Z MAJORKI	01:42:59.55	01:42:59.55	+00:45:54 (44.6%)	13:43	4,4 (50.6%)
132	SŁUGOCKA Justyna	195		K1 16-29	37		ORKI Z MAJORKI	01:43:01.90	01:43:01.90	+00:45:56 (44.6%)	13:44	4,4 (50.6%)
133	LIPIŃSKA Sylwia	110		K1 16-29	38			01:43:05.80	01:43:05.80	+00:46:00 (44.6%)	13:44	4,4 (50.6%)
134	JEZIOREK Agnieszka	253		K3 40-49	22			01:43:36.75	01:43:36.75	+00:46:31 (44.9%)	13:48	4,3 (50.6%)
135	ISKRA Angelika	484		K1 16-29	39			01:43:47.05	01:43:47.05	+00:46:42 (45.0%)	13:50	4,3 (50.6%)
136	OLEJNIK Marzena	1135		K4 50-59	4			01:43:59.70	01:43:59.70	+00:46:54 (45.1%)	13:51	4,3 (50.6%)
137	SZAL Marzena	474	IZERSKA GRUPA BIEGOWA	K2 30-39	71			01:44:02.80	01:44:02.80	+00:46:57 (45.1%)	13:52	4,3 (50.6%)
138	MATUSZEWSKA-LINKOWSKA Anita	647	SZCZECIŃSKI KLUB ROWEROWY GRYFUS	K2 30-39	72			01:44:03.85	01:44:03.85	+00:46:58 (45.1%)	13:52	4,3 (50.6%)
139	MAĆKIEWICZ Aleksandra	1269		K1 16-29	40		Kubula	01:44:09.00	01:44:09.00	+00:47:04 (45.2%)	13:53	4,3 (54.4%)
140	PIETKIEWICZ Anna	635		K2 30-39	73			01:44:28.90	01:44:28.90	+00:47:23 (45.4%)	13:55	4,3 (54.4%)
141	MYTYCH Ilona	781		K1 16-29	41		Ekipa Kryzys	01:44:29.45	01:44:29.45	+00:47:24 (45.4%)	13:55	4,3 (54.4%)
142	PANASZEK Elżbieta	1172	AKTYWNE PRAWOBRZEŻE SZCZECIN	K4 50-59	5		Aktywne Prawobrzeże Szczecin	01:44:39.45	01:44:39.45	+00:47:34 (45.5%)	13:57	4,3 (50.6%)
143	BEDNARZ Katarzyna	24		K3 40-49	23			01:44:54.50	01:44:54.50	+00:47:49 (45.6%)	13:59	4,3 (50.6%)
144	POHLID-DODA Anna	37	MRA SUSZ	K2 30-39	74			01:45:03.70	01:45:03.70	+00:47:58 (45.7%)	14:00	4,3 (50.6%)
145	WOJCIECHOWSKA Maja	267		K1 16-29	42			01:45:13.95	01:45:13.95	+00:48:08 (45.8%)	14:01	4,3 (50.6%)
146	KNIAŻ Edyta	965		K3 40-49	24			01:45:31.40	01:45:31.40	+00:48:26 (45.9%)	14:04	4,3 (54.4%)
147	JOŃCA Magdalena	1192		K2 30-39	75		Nanogiwaciaki	01:45:32.35	01:45:32.35	+00:48:27 (45.9%)	14:04	4,3 (50.6%)
148	PACH Karolina	954		K2 30-39	76			01:45:32.50	01:45:32.50	+00:48:27 (45.9%)	14:04	4,3 (50.6%)
149	MAJCHER Małgorzata	134	PIŁA TEAM	K3 40-49	25		PIŁA TEAM	01:45:44.30	01:45:44.30	+00:48:39 (46.0%)	14:05	4,3 (54.4%)
150	LEWIKOWSKA Patrycja	291	WIECZORNE BIEGANIE W SZCZECINIE	K3 40-49	26			01:45:49.15	01:45:49.15	+00:48:44 (46.1%)	14:06	4,3 (50.6%)
151	STRAK Izabela	221	WIECZORNE BIEGANIE W SZCZECINIE	K3 40-49	27			01:45:49.25	01:45:49.25	+00:48:44 (46.1%)	14:06	4,3 (50.6%)
152	CZAPLIŃSKA Magdalena	241		K2 30-39	77			01:46:06.10	01:46:06.10	+00:49:01 (46.2%)	14:08	4,2 (50.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
153	BROCKOWSKA Żaneta	708		K2 30-39	78			01:46:21.95	01:46:21.95	+00:49:16 (46.3%)	14:10	4,2 (50.6%)
154	NOWAK Marta	273	STARGARDZKI KLUB MORSÓW MIEDIWANIE	K1 16-29	43			01:47:11.85	01:47:11.85	+00:50:06 (46.7%)	14:17	4,2 (50.6%)
155	ZIARKIEWICZ Aneta	265		K1 16-29	44		BEZIMIENNI	01:47:38.60	01:47:38.60	+00:50:33 (47.0%)	14:21	4,2 (53.2%)
156	PRENDECKA Sylwia	34		K2 30-39	79	Aktywni Walcz	Aktywni Walcz	01:47:55.80	01:47:55.80	+00:50:50 (47.1%)	14:23	4,2 (50.6%)
157	MADOŃ Magdalena	927		K2 30-39	80			01:48:01.35	01:48:01.35	+00:50:56 (47.2%)	14:24	4,2 (50.6%)
158	PASZKIEWICZ Anna	333	DZIK Z PUSZCZY	K2 30-39	81			01:48:02.60	01:48:02.60	+00:50:57 (47.2%)	14:24	4,2 (53.2%)
159	JAKUBOWSKA Anna	808		K2 30-39	82		ROKO TEAM	01:48:04.35	01:48:04.35	+00:50:59 (47.2%)	14:24	4,2 (53.2%)
160	ZAMOŻNY Anna	801		K2 30-39	83		ROKO TEAM	01:48:04.50	01:48:04.50	+00:50:59 (47.2%)	14:24	4,2 (53.2%)
161	POLONIS Aneta	1286	KB DZIK	K2 30-39	84			01:48:10.70	01:48:10.70	+00:51:05 (47.2%)	14:25	4,2 (50.6%)
162	CIMOSZ Paula	1316		K1 16-29	45			01:48:22.70	01:48:22.70	+00:51:17 (47.3%)	14:26	4,2 (53.2%)
163	WRÓBEL Emilia	1315		K1 16-29	46			01:48:22.85	01:48:22.85	+00:51:17 (47.3%)	14:26	4,2 (53.2%)
164	WOSZCZYK Renata	367	WIECZORNE BIEGANIE W SZCZECINIE	K3 40-49	28			01:48:25.05	01:48:25.05	+00:51:20 (47.3%)	14:27	4,2 (50.6%)
165	KUPIŃSKA Marta	50		K1 16-29	47			01:48:25.55	01:48:25.55	+00:51:20 (47.4%)	14:27	4,2 (50.6%)
166	GOLEC Aneta	191	ZESPÓŁ NIESPOKOJNYCH NÓG	K3 40-49	29		Zespół Niespokojnych Nóg	01:48:31.35	01:48:31.35	+00:51:26 (47.4%)	14:28	4,1 (50.6%)
166	BARTWICKA Beata	227	HUSARIA RACE TEAM	K2 30-39	85		Husaria Race Team	01:48:31.35	01:48:31.35	+00:51:26 (47.4%)	14:28	4,1 (50.6%)
168	CZAJKOWSKA Diana	107	ZESPÓŁ NIESPOKOJNYCH NÓG	K2 30-39	86		Zespół Niespokojnych Nóg	01:48:31.65	01:48:31.65	+00:51:26 (47.4%)	14:28	4,1 (50.6%)
169	JÓŻWICKA Aneta	368	WIECZORNE BIEGANIE W SZCZECINIE	K3 40-49	30			01:48:33.70	01:48:33.70	+00:51:28 (47.4%)	14:28	4,1 (50.6%)
170	JAKUBOWSKA Angelika	1339		K1 16-29	48			01:48:39.35	01:48:39.35	+00:51:34 (47.5%)	14:29	4,1 (51.9%)
171	JENDRZEJCZYK Małgorzata	1093		K2 30-39	87			01:49:27.20	01:49:27.20	+00:52:22 (47.8%)	14:35	4,1 (51.9%)
172	MAKOWSKA Joanna	1088		K2 30-39	88			01:49:28.25	01:49:28.25	+00:52:23 (47.9%)	14:35	4,1 (51.9%)
173	NOWAK Natalia	962		K2 30-39	89			01:49:31.20	01:49:31.20	+00:52:26 (47.9%)	14:36	4,1 (51.9%)
174	MASZCZYK Marta	229	MONIA GYM	K2 30-39	90			01:49:48.90	01:49:48.90	+00:52:43 (48.0%)	14:38	4,1 (50.6%)
175	MODELSKA Justyna	1345	KOBIECE BIEGANIE	K3 40-49	31		Kobiece Bieganie	01:49:58.10	01:49:58.10	+00:52:53 (48.1%)	14:39	4,1 (50.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
176	CHROBOCIŃSKA Elżbieta	141		K4 50-59	6			01:50:03.00	01:50:03.00	+00:52:58 (48.1%)	14:40	4,1 (50.6%)
177	BIAŁKOWSKA Katarzyna	112	WIECZORNE BIEGANIE	K3 40-49	32			01:50:03.75	01:50:03.75	+00:52:58 (48.1%)	14:40	4,1 (50.6%)
178	SZACHNOWSKA Daria	953		K1 16-29	49			01:50:13.80	01:50:13.80	+00:53:08 (48.2%)	14:41	4,1 (51.9%)
179	UZDOWSKA Marta	692	OCR TEAM WŁOCŁAWEK	K2 30-39	91		OCR TEAM WŁOCŁAWEK	01:50:22.35	01:50:22.35	+00:53:17 (48.3%)	14:42	4,1 (50.6%)
180	CHUDYNKA Paulina	761	KOBIECE BIEGANIE	K2 30-39	92			01:50:28.70	01:50:28.70	+00:53:23 (48.3%)	14:43	4,1 (50.6%)
181	WIKLAK Natalia	559		K1 16-29	50			01:50:29.55	01:50:29.55	+00:53:24 (48.3%)	14:43	4,1 (50.6%)
182	MORAWSKA Agnieszka	562		K1 16-29	51			01:50:30.15	01:50:30.15	+00:53:25 (48.3%)	14:44	4,1 (50.6%)
183	BICHTA Katarzyna	776		K2 30-39	93		Monia Gym	01:50:32.35	01:50:32.35	+00:53:27 (48.4%)	14:44	4,1 (51.9%)
184	LEBIEDZIEWSKA Natalia	1284	KOBIECE BIEGANIE	K2 30-39	94		Kobiece Bieganie	01:50:32.95	01:50:32.95	+00:53:27 (48.4%)	14:44	4,1 (50.6%)
185	KOMOSA Agnieszka	386		K2 30-39	95			01:50:59.70	01:50:59.70	+00:53:54 (48.6%)	14:47	4,1 (50.6%)
186	MAŁYSA Marta	888		K2 30-39	96			01:51:00.90	01:51:00.90	+00:53:55 (48.6%)	14:48	4,1 (50.6%)
187	WYPYCH Paulina	1326		K2 30-39	97			01:51:01.95	01:51:01.95	+00:53:56 (48.6%)	14:48	4,1 (51.9%)
188	LESZCZYŃSKA Ania	1238		K1 16-29	52			01:51:16.70	01:51:16.70	+00:54:11 (48.7%)	14:50	4 (50.6%)
189	CHOYNACKA-SAŃKA Alicja	544		K2 30-39	98			01:51:21.85	01:51:21.85	+00:54:16 (48.7%)	14:50	4 (50.6%)
190	MASAL Emilia	571		K2 30-39	99		Dzikusy	01:51:21.90	01:51:21.90	+00:54:16 (48.7%)	14:50	4 (50.6%)
191	WOJSZCZYK Marlena	645	TRYTON BIKE TEAM	K2 30-39	100			01:51:36.65	01:51:36.65	+00:54:31 (48.9%)	14:52	4 (50.6%)
192	WOŁCZAK Iwona	414		K2 30-39	101			01:51:36.70	01:51:36.70	+00:54:31 (48.9%)	14:52	4 (50.6%)
193	SZULC Anna	612		K2 30-39	102			01:51:43.60	01:51:43.60	+00:54:38 (48.9%)	14:53	4 (50.6%)
194	GAWRYSIAK Ewa	1112		K2 30-39	103			01:51:44.40	01:51:44.40	+00:54:39 (48.9%)	14:53	4 (50.6%)
195	POSZUMSKA Gabriela	535		K1 16-29	53			01:51:45.55	01:51:45.55	+00:54:40 (48.9%)	14:54	4 (50.6%)
196	ROGOWSKA Agnieszka	730	PIĘKNI I BESTIE	K2 30-39	104			01:51:53.80	01:51:53.80	+00:54:48 (49.0%)	14:55	4 (50.6%)
197	JÓZEFOWICZ Anna	87		K2 30-39	105		Piękni i Bestie	01:51:56.35	01:51:56.35	+00:54:51 (49.0%)	14:55	4 (50.6%)
198	SZYMAŃSKA Jolanta	199		K2 30-39	106			01:52:20.10	01:52:20.10	+00:55:15 (49.2%)	14:58	4 (50.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
199	CIESZYŃSKA Emilia	1121	PDC	K2 30-39	107		PDC	01:52:22.70	01:52:22.70	+00:55:17 (49.2%)	14:58	4 (50.6%)
200	STRZELECKA Małgorzata	337	SAILING TEAM FERAJNA	K3 40-49	33		Sailing Team Ferajna	01:52:25.05	01:52:25.05	+00:55:20 (49.2%)	14:59	4 (50.6%)
201	GUZOWSKA Iwona	136	KS UZNAM ŚWINOUJŚCIE	K4 50-59	7			01:52:32.90	01:52:32.90	+00:55:27 (49.3%)	15:00	4 (50.6%)
202	OWCZARZ Krystyna	790		K3 40-49	34			01:52:45.45	01:52:45.45	+00:55:40 (49.4%)	15:02	4 (50.6%)
203	STROJNA-GRZYBOWSKA Marta	678	MAUPOLAND	K2 30-39	108		KP PSP Police	01:53:25.60	01:53:25.60	+00:56:20 (49.7%)	15:07	4 (50.6%)
204	SZACHNOWSKA Iwona	952		K2 30-39	109			01:53:25.75	01:53:25.75	+00:56:20 (49.7%)	15:07	4 (50.6%)
205	JAMRÓZ Monika	626		K2 30-39	110			01:53:33.15	01:53:33.15	+00:56:28 (49.7%)	15:08	4 (50.6%)
206	PUPEK Małgorzata	173		K2 30-39	111			01:53:47.15	01:53:47.15	+00:56:42 (49.8%)	15:10	4 (50.6%)
207	GIERS-ROMEK Monika	1188	PUSZCZYK BUKOWY	K2 30-39	112			01:53:53.55	01:53:53.55	+00:56:48 (49.9%)	15:11	4 (50.6%)
208	KOSTYK Agnieszka	307		K2 30-39	113			01:53:57.15	01:53:57.15	+00:56:52 (49.9%)	15:11	3,9 (49.4%)
209	KREŻEL Agata	609		K1 16-29	54			01:54:06.40	01:54:06.40	+00:57:01 (50.0%)	15:12	3,9 (38.0%)
210	KACIUPA Agnieszka	355		K3 40-49	35			01:54:11.10	01:54:11.10	+00:57:06 (50.0%)	15:13	3,9 (38.0%)
211	ZGRAJA Katarzyna	189		K3 40-49	36			01:54:34.00	01:54:34.00	+00:57:29 (50.2%)	15:16	3,9 (49.4%)
212	LEBIEDZIŃSKA Angelika	77	NORDA ACTIVE TEAM	K2 30-39	114			01:54:34.45	01:54:34.45	+00:57:29 (50.2%)	15:16	3,9 (49.4%)
213	MAŁOCHA Klaudyna	113	GHETTO WORKOUT ŚWINOUJŚCIE	K1 16-29	55			01:54:34.70	01:54:34.70	+00:57:29 (50.2%)	15:16	3,9 (49.4%)
214	DRZEWIECKA Agnieszka	57	BIEGACZE ŚWINOUJŚCIE	K3 40-49	37		Biegacze Świnoujście	01:54:35.20	01:54:35.20	+00:57:30 (50.2%)	15:16	3,9 (49.4%)
215	PODSADA Edyta	27		K3 40-49	38			01:54:42.75	01:54:42.75	+00:57:37 (50.2%)	15:17	3,9 (38.0%)
216	GRUNT Małgorzata	283	DZIKIE DZIKI GORZOW WLKP	K2 30-39	115			01:54:42.95	01:54:42.95	+00:57:37 (50.2%)	15:17	3,9 (38.0%)
217	NIKLAS Małgorzata	752	KSF NOWOGRÓDEK POMORSKI	K2 30-39	116		KSF	01:54:45.85	01:54:45.85	+00:57:40 (50.3%)	15:18	3,9 (38.0%)
218	OSTOLSKA Ewelina	968		K1 16-29	56			01:54:48.30	01:54:48.30	+00:57:43 (50.3%)	15:18	3,9 (49.4%)
219	BŁACHOWIAK Małgorzata	11		K4 50-59	8			01:54:49.80	01:54:49.80	+00:57:44 (50.3%)	15:18	3,9 (49.4%)
220	STEMPNIAK Katarzyna	73	REBELS LEGION TEAM	K2 30-39	117			01:54:50.30	01:54:50.30	+00:57:45 (50.3%)	15:18	3,9 (49.4%)
221	WOŹNIAK Beata	55		K3 40-49	39			01:54:50.80	01:54:50.80	+00:57:45 (50.3%)	15:18	3,9 (38.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
222	GRALEWICZ Magdalena	7	MUROWANE MORSY	K3 40-49	40			01:54:50.95	01:54:50.95	+00:57:45 (50.3%)	15:18	3,9 (38.0%)
223	DOMASIK Izabela	16		K3 40-49	41			01:54:51.05	01:54:51.05	+00:57:46 (50.3%)	15:18	3,9 (38.0%)
224	DYDEK Dorota	498	CF PRAWY BRZEG	K4 50-59	9		Cf prawy brzeg	01:55:01.80	01:55:01.80	+00:57:56 (50.4%)	15:20	3,9 (38.0%)
225	WOLANO Anna	36	CF PRAWY BRZEG	K2 30-39	118		Cf prawy brzeg	01:55:01.95	01:55:01.95	+00:57:56 (50.4%)	15:20	3,9 (38.0%)
226	KARLIN-GRAŻEWICZ Katarzyna	1263		K3 40-49	42			01:55:05.15	01:55:05.15	+00:58:00 (50.4%)	15:20	3,9 (49.4%)
227	GAJEK Zofia	95		K1 16-29	57			01:55:10.50	01:55:10.50	+00:58:05 (50.4%)	15:21	3,9 (38.0%)
228	GAJEK Anna	94		K2 30-39	119			01:55:10.55	01:55:10.55	+00:58:05 (50.4%)	15:21	3,9 (38.0%)
229	ADAMSKA Anna	1259	DZIKI RYŚ WIDZIANY NOCĄ	K4 50-59	10			01:55:16.35	01:55:16.35	+00:58:11 (50.5%)	15:22	3,9 (49.4%)
230	OSOWSKA Izabela	1261	DZIECI KAPITANA ŻBIKA	K3 40-49	43	Dzieci Kapitana Żbika	Dzieci Kapitana Żbika	01:55:19.40	01:55:19.40	+00:58:14 (50.5%)	15:22	3,9 (49.4%)
231	KUSIO Marzena	1294		K3 40-49	44	Dzieci Kapitana Żbika	Dzieci Kapitana Żbika	01:55:19.55	01:55:19.55	+00:58:14 (50.5%)	15:22	3,9 (49.4%)
232	GNOIŃSKA Joanna	1255	DZIECI KAPITANA ŻBIKA	K2 30-39	120			01:55:19.95	01:55:19.95	+00:58:14 (50.5%)	15:22	3,9 (49.4%)
233	GRABAN Żaneta	1254	DZIECI KAPITANA ŻBIKA	K2 30-39	121			01:55:20.70	01:55:20.70	+00:58:15 (50.5%)	15:22	3,9 (49.4%)
234	DZIEDZINA Roksana	1221	KFS	K1 16-29	58		KFS	01:55:34.25	01:55:34.25	+00:58:29 (50.6%)	15:24	3,9 (49.4%)
235	PILARCZYK Katarzyna	1273	KLUB SPORTOWY FITNESS	K2 30-39	122		KSF	01:55:35.45	01:55:35.45	+00:58:30 (50.6%)	15:24	3,9 (38.0%)
236	DUBICKA Marta	1240	KFS	K3 40-49	45		KFS	01:55:36.45	01:55:36.45	+00:58:31 (50.6%)	15:24	3,9 (38.0%)
237	ROGAŁA Magda	31	WKURW_TEAM NOWOGARD	K2 30-39	123			01:55:47.00	01:55:47.00	+00:58:42 (50.7%)	15:26	3,9 (38.0%)
238	BUREK Justyna	343		K1 16-29	59			01:56:03.95	01:56:03.95	+00:58:58 (50.8%)	15:28	3,9 (38.0%)
239	ZAKRZEWSKA Sylwia	452	FSD RUN DREZDENKO	K2 30-39	124			01:56:12.35	01:56:12.35	+00:59:07 (50.9%)	15:29	3,9 (38.0%)
240	CZERWIŃSKA Agnieszka	639		K1 16-29	60			01:56:14.10	01:56:14.10	+00:59:09 (50.9%)	15:29	3,9 (38.0%)
241	KOPKA Magdalena	56		K2 30-39	125			01:56:14.25	01:56:14.25	+00:59:09 (50.9%)	15:29	3,9 (38.0%)
242	PAŁASZ Karolina	497		K1 16-29	61		Husaria Race Team	01:56:19.00	01:56:19.00	+00:59:14 (50.9%)	15:30	3,9 (38.0%)
243	KĘDRA Małgorzata	468		K2 30-39	126			01:56:32.25	01:56:32.25	+00:59:27 (51.0%)	15:32	3,9 (38.0%)
244	SOLECKA Anna	470		K2 30-39	127			01:56:47.50	01:56:47.50	+00:59:42 (51.1%)	15:34	3,9 (38.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
245	NAJMARK Małgorzata	210	NORDIC POLICE	K3 40-49	46		Nordic Police	01:57:19.80	01:57:19.80	+01:00:14 (51.3%)	15:38	3,8 (38.0%)
246	BUBLIENKO Jana	743		K2 30-39	128			01:57:24.10	01:57:24.10	+01:00:19 (51.4%)	15:39	3,8 (48.1%)
247	STRAŻNIKIEWICZ Joanna	1291	DZIK I DZIKI	K1 16-29	62			01:57:34.90	01:57:34.90	+01:00:29 (51.5%)	15:40	3,8 (48.1%)
248	WILIŃSKA-ONYŚKO Agata	1115	PDC	K2 30-39	129		PDC	01:57:51.65	01:57:51.65	+01:00:46 (51.6%)	15:42	3,8 (38.0%)
249	GÓRSKA Agnieszka	10		K3 40-49	47			01:57:53.70	01:57:53.70	+01:00:48 (51.6%)	15:43	3,8 (38.0%)
250	MICHALCZYK Katarzyna	130	FERTISTAV PL	K2 30-39	130			01:57:53.95	01:57:53.95	+01:00:48 (51.6%)	15:43	3,8 (38.0%)
251	PUFF Agata	775	PANDA I BANDA	K2 30-39	131		Panda i Banda	01:58:00.40	01:58:00.40	+01:00:55 (51.6%)	15:44	3,8 (48.1%)
252	PELCZAR Marta	1177		K2 30-39	132			01:58:14.55	01:58:14.55	+01:01:09 (51.7%)	15:45	3,8 (38.0%)
253	MORISSON Kornelia	1320		K1 16-29	63		DoktoŻy	01:58:15.45	01:58:15.45	+01:01:10 (51.7%)	15:46	3,8 (48.1%)
254	GARBACIAK Marta	1109		K2 30-39	133			01:58:17.05	01:58:17.05	+01:01:12 (51.7%)	15:46	3,8 (38.0%)
255	GOŁASZ Renata	1147		K2 30-39	134			01:58:21.65	01:58:21.65	+01:01:16 (51.8%)	15:46	3,8 (38.0%)
256	GÓRKA Anna	1290		K2 30-39	135			01:58:24.35	01:58:24.35	+01:01:19 (51.8%)	15:47	3,8 (38.0%)
257	PIERŚCIŃSKA Marzena	257		K2 30-39	136			01:58:34.70	01:58:34.70	+01:01:29 (51.9%)	15:48	3,8 (38.0%)
258	JASIK Agnieszka	214		K3 40-49	48			01:58:36.25	01:58:36.25	+01:01:31 (51.9%)	15:48	3,8 (38.0%)
259	KRUBER Katarzyna	1283		K1 16-29	64			01:58:51.40	01:58:51.40	+01:01:46 (52.0%)	15:50	3,8 (38.0%)
260	KWIATKOWSKA Alicja	49	BIGYELLOWFOOT ADVENTURE TEAM	K2 30-39	137		Małe Lwy	01:59:15.85	01:59:15.85	+01:02:10 (52.1%)	15:54	3,8 (38.0%)
261	MOŹDŻEŃ Anna	672		K2 30-39	138		Małe Lwy	01:59:15.90	01:59:15.90	+01:02:10 (52.1%)	15:54	3,8 (38.0%)
262	STACH Sara	266	KOŚCIAN TEAM	K1 16-29	65			01:59:21.95	01:59:21.95	+01:02:16 (52.2%)	15:54	3,8 (38.0%)
263	WÓJCIGA Weronika	1242		K1 16-29	66			01:59:24.40	01:59:24.40	+01:02:19 (52.2%)	15:55	3,8 (48.1%)
264	KOZŁOWSKA - PARUZEL Magdalena	1108		K2 30-39	139			01:59:25.55	01:59:25.55	+01:02:20 (52.2%)	15:55	3,8 (48.1%)
265	ZAGROCKA Mirosława	310		K2 30-39	140			01:59:25.95	01:59:25.95	+01:02:20 (52.2%)	15:55	3,8 (48.1%)
266	KIELISZEK Anna	539	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	141			01:59:58.55	01:59:58.55	+01:02:53 (52.4%)	15:59	3,8 (48.1%)
267	BAGIŃSKA Laura	366		K1 16-29	67			02:00:02.85	02:00:02.85	+01:02:57 (52.4%)	16:00	3,7 (46.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
268	NOWAK Irena	417		K4 50-59	11			02:00:10.85	02:00:10.85	+01:03:05 (52.5%)	16:01	3,7 (38.0%)
269	SKOWYRA Wioletta	421	RUNGRYF GRYFICE	K3 40-49	49			02:00:11.15	02:00:11.15	+01:03:06 (52.5%)	16:01	3,7 (38.0%)
270	ZIENIUK Beata	1267		K2 30-39	142		HARDROCKY	02:00:12.85	02:00:12.85	+01:03:07 (52.5%)	16:01	3,7 (46.8%)
271	CACKOWSKA Magdalena	1265		K1 16-29	68		HARDROCKY	02:00:13.00	02:00:13.00	+01:03:08 (52.5%)	16:01	3,7 (46.8%)
272	ZIENIUK Aneta	1264		K1 16-29	69			02:00:13.40	02:00:13.40	+01:03:08 (52.5%)	16:01	3,7 (46.8%)
273	BOREK Joanna	1266		K1 16-29	70		HARDROCKY	02:00:13.55	02:00:13.55	+01:03:08 (52.5%)	16:01	3,7 (46.8%)
274	GUMOWSKA Karolina	344		K2 30-39	143		2 of 4	02:00:34.25	02:00:34.25	+01:03:29 (52.7%)	16:04	3,7 (38.0%)
275	MOLENDASabina	351		K2 30-39	144		2 of 4	02:00:34.35	02:00:34.35	+01:03:29 (52.7%)	16:04	3,7 (38.0%)
276	ŁUKASIEWICZ- WESEŁAK Justyna	695		K2 30-39	145			02:00:37.55	02:00:37.55	+01:03:32 (52.7%)	16:04	3,7 (38.0%)
277	HAJDUKIEWICZ Anna	674		K2 30-39	146			02:00:37.65	02:00:37.65	+01:03:32 (52.7%)	16:04	3,7 (38.0%)
278	BIAŁASIK Maria	88		K2 30-39	147			02:00:40.60	02:00:40.60	+01:03:35 (52.7%)	16:05	3,7 (38.0%)
279	BĘGOWSKA Anna	186		K2 30-39	148			02:00:40.80	02:00:40.80	+01:03:35 (52.7%)	16:05	3,7 (38.0%)
280	JAGIEŁŁO Joanna	1022		K1 16-29	71		Jagielaki	02:00:52.15	02:00:52.15	+01:03:47 (52.8%)	16:06	3,7 (38.0%)
281	JANKOWSKA Justyna	636	MRÓWECZKI	K2 30-39	149			02:01:25.65	02:01:25.65	+01:04:20 (53.0%)	16:11	3,7 (38.0%)
282	BIADACZ-LISOWSKA Katarzyna	211		K3 40-49	50			02:01:29.85	02:01:29.85	+01:04:24 (53.0%)	16:11	3,7 (38.0%)
283	KOWNACKA Aleksandra	212	AT-TRZEBIATÓW	K2 30-39	150			02:01:30.00	02:01:30.00	+01:04:25 (53.0%)	16:12	3,7 (38.0%)
284	ULASS Agnieszka	101		K3 40-49	51		Ubawieni po pachy IV	02:01:42.15	02:01:42.15	+01:04:37 (53.1%)	16:13	3,7 (38.0%)
285	ŁEMPICKA Karolina	494		K1 16-29	72			02:01:46.00	02:01:46.00	+01:04:41 (53.1%)	16:14	3,7 (46.8%)
286	GORYŃSKA Daria	48	PIĘKNI I BESTIE	K1 16-29	73		Piękni i Bestie	02:01:59.95	02:01:59.95	+01:04:54 (53.2%)	16:15	3,7 (38.0%)
287	PEDA Kamila	66		K2 30-39	151			02:02:09.85	02:02:09.85	+01:05:04 (53.3%)	16:17	3,7 (38.0%)
288	BZDAWKA Joanna	226		K3 40-49	52			02:02:14.25	02:02:14.25	+01:05:09 (53.3%)	16:17	3,7 (46.8%)
289	ELBIŃSKA- KRAWCZUK Monika	280		K3 40-49	53			02:03:11.95	02:03:11.95	+01:06:06 (53.7%)	16:25	3,7 (46.8%)
290	BARSZCZEWSKA Małgorzata	231		K3 40-49	54			02:03:12.05	02:03:12.05	+01:06:07 (53.7%)	16:25	3,7 (46.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
291	ORLON Barbara	472	CALYPSO RUNNERS TEAM	K3 40-49	55			02:03:12.70	02:03:12.70	+01:06:07 (53.7%)	16:25	3,7 (38.0%)
292	SZULC Helena	764	SMT SZCZECIN	K2 30-39	152			02:03:12.90	02:03:12.90	+01:06:07 (53.7%)	16:25	3,7 (46.8%)
293	BUCZEK Joanna	1218		K2 30-39	153		Agat	02:03:23.15	02:03:23.15	+01:06:18 (53.7%)	16:27	3,6 (38.0%)
294	WOZNA Edyta	1090	HQ MNC NE	K3 40-49	56			02:03:29.60	02:03:29.60	+01:06:24 (53.8%)	16:27	3,6 (38.0%)
295	GAJDA Hanna	1307	HQ MNC NE	K2 30-39	154			02:03:29.65	02:03:29.65	+01:06:24 (53.8%)	16:27	3,6 (38.0%)
296	PURCHALAK Monika	1278	COLOSSUS	K2 30-39	155		Colossus	02:03:29.80	02:03:29.80	+01:06:24 (53.8%)	16:27	3,6 (38.0%)
297	LEWANDOWSKA Anita	1277	COLOSSUS	K2 30-39	156		Colossus	02:03:29.85	02:03:29.85	+01:06:24 (53.8%)	16:27	3,6 (38.0%)
298	NIEMIERKO Magdalena	164	SKB DZIK	K3 40-49	57			02:03:34.25	02:03:34.25	+01:06:29 (53.8%)	16:28	3,6 (45.6%)
299	WIELGOSZEWSKA Olga	458		K2 30-39	157			02:03:34.45	02:03:34.45	+01:06:29 (53.8%)	16:28	3,6 (45.6%)
300	ŻYWICKA Barbara	8		K3 40-49	58			02:03:34.55	02:03:34.55	+01:06:29 (53.8%)	16:28	3,6 (45.6%)
301	BOBROWSKA Maja	1027		K1 16-29	74		SKB Dzik	02:03:34.80	02:03:34.80	+01:06:29 (53.8%)	16:28	3,6 (45.6%)
302	BANASZAK Magdalena	1235		K2 30-39	158		Agat	02:03:38.40	02:03:38.40	+01:06:33 (53.8%)	16:29	3,6 (38.0%)
303	STĘPNIAK Paulina	1300		K2 30-39	159		Jazz Club	02:04:06.30	02:04:06.30	+01:07:01 (54.0%)	16:32	3,6 (45.6%)
304	LIPIŃSKA Małgorzata	1216	HUSARIA RACE TEAM	K3 40-49	59			02:04:09.10	02:04:09.10	+01:07:04 (54.0%)	16:33	3,6 (38.0%)
305	PAWLAK Milena	565		K2 30-39	160			02:04:16.35	02:04:16.35	+01:07:11 (54.1%)	16:34	3,6 (45.6%)
306	NOWAK Sandra	379		K1 16-29	75			02:04:16.80	02:04:16.80	+01:07:11 (54.1%)	16:34	3,6 (45.6%)
307	NOWAK Monika	380		K1 16-29	76			02:04:17.00	02:04:17.00	+01:07:12 (54.1%)	16:34	3,6 (45.6%)
308	WALENT Marta	334	WIECZORNE BIEGANIE W SZCZECINIE	K1 16-29	77			02:04:19.30	02:04:19.30	+01:07:14 (54.1%)	16:34	3,6 (38.0%)
309	JURKIEWICZ Małgorzata	1224		K1 16-29	78			02:04:45.95	02:04:45.95	+01:07:40 (54.2%)	16:38	3,6 (45.6%)
310	MOSKWA Martyna	768	GO SPORT	K1 16-29	79			02:04:53.55	02:04:53.55	+01:07:48 (54.3%)	16:39	3,6 (45.6%)
310	SZCZETYŃSKA Karolina	224	ZDRUN EXTREME	K2 30-39	161			02:04:53.55	02:04:53.55	+01:07:48 (54.3%)	16:39	3,6 (45.6%)
312	WIETRZYŃSKA Agnieszka	767		K1 16-29	80			02:04:54.20	02:04:54.20	+01:07:49 (54.3%)	16:39	3,6 (45.6%)
313	PŁAŻALSKA Sylwia	1252		K2 30-39	162			02:05:04.90	02:05:04.90	+01:07:59 (54.4%)	16:40	3,6 (38.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
314	PLAŻALSKA Monika	1271		K2 30-39	163			02:05:05.20	02:05:05.20	+01:08:00 (54.4%)	16:40	3,6 (38.0%)
315	LISIECKA Barbara	165		K4 50-59	12			02:05:15.65	02:05:15.65	+01:08:10 (54.4%)	16:42	3,6 (45.6%)
316	DZIECIOL Alina	264		K2 30-39	164			02:05:26.05	02:05:26.05	+01:08:21 (54.5%)	16:43	3,6 (38.0%)
317	KONIECKA Barbara	1095		K3 40-49	60			02:06:19.15	02:06:19.15	+01:09:14 (54.8%)	16:50	3,6 (45.6%)
318	CHUDZIŃSKA Dorota	1021		K3 40-49	61			02:06:19.20	02:06:19.20	+01:09:14 (54.8%)	16:50	3,6 (45.6%)
319	KONIECKA Barbara	966		K1 16-29	81			02:06:19.25	02:06:19.25	+01:09:14 (54.8%)	16:50	3,6 (45.6%)
320	KOŁCZ Monika	662	OPTIMA	K3 40-49	62		Panda i Banda	02:06:33.35	02:06:33.35	+01:09:28 (54.9%)	16:52	3,6 (45.6%)
321	ŁOBODZIŃSKA Wanda	1087	RAZ SZCZECIN	K5 60+	1		RAZ Szczecin	02:06:33.65	02:06:33.65	+01:09:28 (54.9%)	16:52	3,6 (38.0%)
322	GABERT Beata	1055	RAZ SZCZECIN	K3 40-49	63		RAZ Szczecin	02:06:33.75	02:06:33.75	+01:09:28 (54.9%)	16:52	3,6 (38.0%)
323	GABERT-JAWORSKA Klaudia	574		K1 16-29	82		RAZ Szczecin	02:06:33.85	02:06:33.85	+01:09:28 (54.9%)	16:52	3,6 (38.0%)
324	KAROL Agnieszka	501	LOSZKI I WARCHLAKI	K3 40-49	64		LOSZKI I WARCHLAKI	02:06:46.45	02:06:46.45	+01:09:41 (55.0%)	16:54	3,5 (38.0%)
325	KAROL Monika	541		K1 16-29	83		LOSZKI I WARCHLAKI	02:06:46.50	02:06:46.50	+01:09:41 (55.0%)	16:54	3,5 (38.0%)
325	LEWANDOWSKA Dorota	556	LOSZKI I WARCHLAKI	K3 40-49	65			02:06:46.50	02:06:46.50	+01:09:41 (55.0%)	16:54	3,5 (38.0%)
327	SIELICKA Małgorzata	649		K3 40-49	66		LOSZKI I WARCHLAKI	02:06:46.80	02:06:46.80	+01:09:41 (55.0%)	16:54	3,5 (38.0%)
328	HAJDUKIEWICZ Katarzyna	1314		K2 30-39	165			02:07:30.60	02:07:30.60	+01:10:25 (55.2%)	17:00	3,5 (38.0%)
329	GŁUSZYK Małgorzata	364		K2 30-39	166			02:07:33.05	02:07:33.05	+01:10:28 (55.2%)	17:00	3,5 (38.0%)
330	PARYPA Hann	967		K2 30-39	167			02:07:33.35	02:07:33.35	+01:10:28 (55.2%)	17:00	3,5 (44.3%)
331	KAROL Anna	85	WIECZORNE BIEGANIE W SZCZECINIE	K3 40-49	67			02:07:42.05	02:07:42.05	+01:10:37 (55.3%)	17:01	3,5 (38.0%)
332	KUŹMIŃSKA Weronika	3		K1 16-29	84			02:08:01.60	02:08:01.60	+01:10:56 (55.4%)	17:04	3,5 (38.0%)
333	KACZMAREK Sylwia	293		K3 40-49	68		Ubawieni po pachy IV	02:08:48.15	02:08:48.15	+01:11:43 (55.7%)	17:10	3,5 (38.0%)
334	HAŁAS Renata	485	SZYBCIEJ NIE MOGE	K3 40-49	69			02:10:06.35	02:10:06.35	+01:13:01 (56.1%)	17:20	3,5 (38.0%)
334	SZALEWICZ Małgorzata	176	SZYBCIEJ NIE MOGĘ	K4 50-59	13			02:10:06.35	02:10:06.35	+01:13:01 (56.1%)	17:20	3,5 (44.3%)
336	WIELGUS-ULATOWSKA Joanna	111		K2 30-39	168			02:10:11.60	02:10:11.60	+01:13:06 (56.2%)	17:21	3,5 (38.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
337	MAZUR Mirosława	290		K5 60+	2			02:10:36.10	02:10:36.10	+01:13:31 (56.3%)	17:24	3,4 (38.0%)
338	KARPIS Joanna	1166		K2 30-39	169			02:10:36.65	02:10:36.65	+01:13:31 (56.3%)	17:24	3,4 (43.0%)
339	SOBOLEWSKA-SZWED Ewelina	811	MGT	K3 40-49	70		Mango Gatki Team	02:11:27.75	02:11:27.75	+01:14:22 (56.6%)	17:31	3,4 (38.0%)
340	RAWA Donata	634	MGT	K3 40-49	71		Mango Gatki Team	02:11:27.90	02:11:27.90	+01:14:22 (56.6%)	17:31	3,4 (38.0%)
341	DOBACZEWSKA Ewa	490	EWA DOBACZEWSKA-WĄSEK	K3 40-49	72			02:11:27.95	02:11:27.95	+01:14:22 (56.6%)	17:31	3,4 (38.0%)
342	MATUSZAK Anita	512	MANGO GATKI TEAM	K3 40-49	73		Mango Gatki Team	02:11:28.25	02:11:28.25	+01:14:23 (56.6%)	17:31	3,4 (38.0%)
343	ADRIAN-CZABORYK Monika	568	MANGO GATKI TEAM	K3 40-49	74		Mango Gatki Team	02:11:28.55	02:11:28.55	+01:14:23 (56.6%)	17:31	3,4 (38.0%)
344	MATUSZAK Kamila	513	MANGO GATKI TEAM	K1 16-29	85		Mango Gatki Team	02:11:28.65	02:11:28.65	+01:14:23 (56.6%)	17:31	3,4 (38.0%)
345	WROŃSKA Sandra	488	STARGARD. JA SIĘ NIE ŚCIGAM	K1 16-29	86		Pędzące Imadła Stargard	02:11:35.10	02:11:35.10	+01:14:30 (56.6%)	17:32	3,4 (38.0%)
346	GĘBICKA Agata	628	STARGARD JA SIĘ NIE ŚCIGAM !	K1 16-29	87		Pędzące Imadła Stargard	02:11:35.30	02:11:35.30	+01:14:30 (56.6%)	17:32	3,4 (38.0%)
347	STAŃKO Agnieszka	643	STARGARD JA SIĘ NIE ŚCIGAM	K2 30-39	170			02:11:35.40	02:11:35.40	+01:14:30 (56.6%)	17:32	3,4 (38.0%)
348	WOJCIECHOWSKA Wioletta	699	STARGARD JA SIĘ NIE ŚCIGAM	K3 40-49	75		Pędzące Imadła Stargard	02:11:35.60	02:11:35.60	+01:14:30 (56.6%)	17:32	3,4 (38.0%)
349	KRÓL Roksana	1082		K1 16-29	88			02:12:31.45	02:12:31.45	+01:15:26 (56.9%)	17:40	3,4 (38.0%)
350	JEŻ Maja	1137		K1 16-29	89		Ryby głębinowe	02:13:27.50	02:13:27.50	+01:16:22 (57.2%)	17:47	3,4 (43.0%)
351	MIKLEWICZ Agata	1128		K1 16-29	90		Ryby głębinowe	02:13:27.90	02:13:27.90	+01:16:22 (57.2%)	17:47	3,4 (43.0%)
352	LOKOCZ Żaneta	1158	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	171			02:13:31.55	02:13:31.55	+01:16:26 (57.2%)	17:48	3,4 (38.0%)
353	SZCZEPEK Marta	1113		K1 16-29	91		Ryby głębinowe	02:13:48.70	02:13:48.70	+01:16:43 (57.3%)	17:50	3,4 (43.0%)
354	HAWRYLUK Marta	399		K2 30-39	172		BEZIMIENNI	02:14:06.80	02:14:06.80	+01:17:01 (57.4%)	17:52	3,4 (43.0%)
355	MAŻUL Dominika	400		K1 16-29	92		BEZIMIENNI	02:14:06.85	02:14:06.85	+01:17:01 (57.4%)	17:52	3,4 (43.0%)
356	PAGEL Kasia	372		K2 30-39	173		Stargardzki Klub Morsów Miedwianie	02:16:06.70	02:16:06.70	+01:19:01 (58.1%)	18:08	3,3 (38.0%)
357	PROKOCCA Asia	271		K2 30-39	174			02:16:06.75	02:16:06.75	+01:19:01 (58.1%)	18:08	3,3 (38.0%)
358	NIEMIANOWSKA Magda	948	KOBIECE BIEGANIE	K2 30-39	175			02:16:30.75	02:16:30.75	+01:19:25 (58.2%)	18:12	3,3 (38.0%)
359	PIOTROWSKA Ilona	1099	POŁAPANI TEAM	K1 16-29	93			02:16:37.25	02:16:37.25	+01:19:32 (58.2%)	18:12	3,3 (38.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
360	CHYBIŃSKA Anna	1101		K1 16-29	94		Połapani	02:16:37.35	02:16:37.35	+01:19:32 (58.2%)	18:12	3,3 (38.0%)
361	ADAM Kamila	706	1983	K2 30-39	176		DLL Partners	02:17:27.00	02:17:27.00	+01:20:22 (58.5%)	18:19	3,3 (41.8%)
362	ŁEMPKOWSKA Beata	703	DLL PARTNERS	K3 40-49	76		DLL Partners	02:17:27.10	02:17:27.10	+01:20:22 (58.5%)	18:19	3,3 (41.8%)
363	KAMIŃSKA Adriana	684	BBL POLICE	K2 30-39	177			02:17:27.30	02:17:27.30	+01:20:22 (58.5%)	18:19	3,3 (41.8%)
364	KUKUROWSKA Sylwia	754	DLL PARTNERS	K3 40-49	77		DLL Partners	02:17:27.50	02:17:27.50	+01:20:22 (58.5%)	18:19	3,3 (41.8%)
365	WOŹNIAK Wiktoria	99	FIFNE PYRKI	K1 16-29	95		Fifne Pyrki	02:17:34.10	02:17:34.10	+01:20:29 (58.5%)	18:20	3,3 (38.0%)
366	LIŚKIEWICZ Kasia	289		K2 30-39	178			02:17:35.90	02:17:35.90	+01:20:30 (58.5%)	18:20	3,3 (38.0%)
367	TOKARCZYK Marta	835	WIECZORNE BIEGANIE W SZCZECINIE	K3 40-49	78			02:17:53.05	02:17:53.05	+01:20:48 (58.6%)	18:23	3,3 (38.0%)
367	WASYLÓW Katarzyna	1162	WIECZORNE BIEGANIE W SZCZECINIE	K3 40-49	78			02:17:53.05	02:17:53.05	+01:20:48 (58.6%)	18:23	3,3 (38.0%)
369	MAŁECKA Karolina	1164		K2 30-39	179			02:17:53.20	02:17:53.20	+01:20:48 (58.6%)	18:23	3,3 (38.0%)
370	CZYŻ Anna	656	3A TEAM	K3 40-49	80		3ATeam	02:18:26.55	02:18:26.55	+01:21:21 (58.8%)	18:27	3,3 (38.0%)
371	ADAMCZEWSKA Agnieszka	657		K3 40-49	81		3ATeam	02:18:26.70	02:18:26.70	+01:21:21 (58.8%)	18:27	3,3 (38.0%)
372	ADAMCZEWSKA Anna	658		K3 40-49	82		3ATeam	02:18:26.75	02:18:26.75	+01:21:21 (58.8%)	18:27	3,3 (38.0%)
373	MALEC Edyta	599	SKM MIEDWIANIE	K3 40-49	83			02:18:52.65	02:18:52.65	+01:21:47 (58.9%)	18:30	3,2 (38.0%)
374	MIELCARZ Aneta	1233	KOBIECE BIEGANIE	K2 30-39	180		Kobiece Bieganie	02:23:01.35	02:23:01.35	+01:25:56 (60.1%)	19:04	3,1 (38.0%)
375	LEPA Anna	1201	KOBIECE BIEGANIE	K2 30-39	181		Kobiece Bieganie	02:23:01.45	02:23:01.45	+01:25:56 (60.1%)	19:04	3,1 (38.0%)
376	WIERZBA Ewa	640	KOBIECE BIEGANIE	K2 30-39	182		Kobiece Bieganie	02:23:01.55	02:23:01.55	+01:25:56 (60.1%)	19:04	3,1 (38.0%)
376	KACZMAREK Arleta	833	KOBIECE BIEGANIE	K2 30-39	182		Kobiece Bieganie	02:23:01.55	02:23:01.55	+01:25:56 (60.1%)	19:04	3,1 (38.0%)
378	MICHALIK-CAŁY Kasia	596	KOBIECE BIEGANIE	K2 30-39	184		Kobiece Bieganie	02:23:01.60	02:23:01.60	+01:25:56 (60.1%)	19:04	3,1 (38.0%)
379	REDLARSKA Anna	1217	KOBIECE BIEGANIE	K2 30-39	185		Kobiece Bieganie	02:23:01.85	02:23:01.85	+01:25:56 (60.1%)	19:04	3,1 (38.0%)
380	ŚWIATŁY Magdalena	1057	DZIKIE BATATY TEAM	K2 30-39	186		DZIKIE BATATY TEAM	02:23:01.95	02:23:01.95	+01:25:56 (60.1%)	19:04	3,1 (38.0%)
381	JIMENEZ Rebecca	602	OCR TEAM WLOCLAWEK	K1 16-29	96			02:23:48.55	02:23:48.55	+01:26:43 (60.3%)	19:10	3,1 (38.0%)
382	GŁAZEK Julia	1232		K1 16-29	97		Agat	02:29:45.30	02:29:45.30	+01:32:40 (61.9%)	19:58	3 (38.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
383	CZYŻ Agata	1223		K2 30-39	187		Agat	02:31:13.35	02:31:13.35	+01:34:08 (62.3%)	20:09	3 (38.0%)
384	LIWUŚ-ŁAPIŃSKA Asia	269	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	188			02:41:13.45	02:41:13.45	+01:44:08 (64.6%)	21:29	2.8 (35.4%)
385	RZEMYK Marta	1228		K2 30-39	189		Agat	02:42:40.35	02:42:40.35	+01:45:35 (64.9%)	21:41	2.8 (35.4%)
	KOCZOCIK Natalia	818	IZERSKA GRUPA BIEGOWA	K2 30-39				DNF	DNF		-	- (0.0%)
	SMYKA Kamila	242		K2 30-39				DNF	DNF		-	- (0.0%)
	NICEWICZ Beata	313	ŻADEN	K3 40-49				DNF	DNF		-	- (0.0%)
	SKWIERAWSKA Beata	624		K3 40-49				DNF	DNF		-	- (0.0%)
	LINIEWICZ Alona	1130	PDC	K1 16-29			PDC	DNF	DNF		-	- (0.0%)
	WISZNIEWSKA Amelia	508	CF PRAWY BRZEG	K2 30-39				DNF	DNF		-	- (0.0%)
	WIECZOREK Małgorzata	620		K4 50-59				DNF	DNF		-	- (0.0%)
	KWIATKOWSKA Sonia	183	MUD GOATS	K1 16-29			Mud Goats	DNF	DNF		-	- (0.0%)
	CYBULSKA Anna	448	PANDA I BANDA	K1 16-29			Panda i Banda	DNF	DNF		-	- (0.0%)

Znaleziono 394 wynik(ów)