



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Dziki Weekend 2018  
Stowarzyszenie Klub Biegowy Dzik  
2018-08-19  
Police  
7.5 km

## IV EKSTREMALNY DZIKOBIEG

B4SPORT

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Open M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	<b>PELO Artur</b>	<b>798</b>	7 BRYGADA OBRONY WYBRZEŻA SLUPSK	M3 40-49	1				<b>00:45:28.55</b>	<b>00:45:28.55</b>		6:03	9,9 (100%)
2	<b>POKRZYWIŃSKI Zbigniew</b>	<b>667</b>	BBL POLICE	M2 30-39	1	12BZ Szczecin	xRunners		<b>00:48:19.45</b>	<b>00:48:19.45</b>	+00:02:50 (5.9%)	6:26	9,3 (100%)
3	<b>WÓJCIK Rafał</b>	<b>170</b>	SKB DZIK POLICE	M3 40-49	2	12BZ Szczecin	SKB Dzik		<b>00:48:59.25</b>	<b>00:48:59.25</b>	+00:03:30 (7.2%)	6:31	9,2 (100%)
4	<b>SOWAŁA Wojciech</b>	<b>796</b>	KW PSP ŁÓDŹ	M2 30-39	2	KW PSP ŁÓDŹ			<b>00:49:17.25</b>	<b>00:49:17.25</b>	+00:03:48 (7.7%)	6:34	9,1 (101.1%)
5	<b>PLESNER Krzysztof</b>	<b>856</b>	KMPSP SZCZECIN	M2 30-39	3	PSP SZCZECIN	PSP Szczecin		<b>00:49:35.95</b>	<b>00:49:35.95</b>	+00:04:07 (8.3%)	6:36	9,1 (101.1%)
6	<b>GREGULA Wojt</b>	<b>777</b>	STRAŻ POŻARNA	M2 30-39	4	PSP SZCZECIN	Straż Pożarna Szczecin		<b>00:49:59.10</b>	<b>00:49:59.10</b>	+00:04:30 (9.0%)	6:39	9 (100%)
7	<b>POGOCKI Seweryn</b>	<b>795</b>	KW PSP ŁÓDŹ	M2 30-39	5	KW PSP ŁÓDŹ			<b>00:50:46.20</b>	<b>00:50:46.20</b>	+00:05:17 (10.4%)	6:46	8,9 (98.9%)
8	<b>SKORSKI Lukasz</b>	<b>552</b>		M2 30-39	6				<b>00:50:52.35</b>	<b>00:50:52.35</b>	+00:05:23 (10.6%)	6:46	8,8 (88.9%)
9	<b>PAWLIŃSKI Piotr</b>	<b>904</b>	GRUPA AZOTY POLICE	M2 30-39	7		Grupa Azoty Police		<b>00:51:05.30</b>	<b>00:51:05.30</b>	+00:05:36 (11.0%)	6:48	8,8 (97.8%)
10	<b>BURDKA Piotr</b>	<b>800</b>	KW PSP ŁÓDŹ	M3 40-49	3	KW PSP ŁÓDŹ			<b>00:51:20.15</b>	<b>00:51:20.15</b>	+00:05:51 (11.4%)	6:50	8,8 (97.8%)
11	<b>PAWŁOWSKI Kamil</b>	<b>601</b>	OCR TEAM WŁOCŁAWEK	M1 16-29	1	JW 3605	OCR TEAM WŁOCŁAWEK		<b>00:51:24.20</b>	<b>00:51:24.20</b>	+00:05:55 (11.5%)	6:51	8,8 (88.9%)
12	<b>USTIANOWSKI Przemysław</b>	<b>760</b>	12 BZ	M3 40-49	4	12BZ Szczecin			<b>00:51:36.20</b>	<b>00:51:36.20</b>	+00:06:07 (11.9%)	6:52	8,7 (88.9%)
13	<b>SZCZEPANIAK Paweł</b>	<b>86</b>	MUD GOATS	M1 16-29	2		Mud Goats		<b>00:52:36.15</b>	<b>00:52:36.15</b>	+00:07:07 (13.5%)	7:00	8,6 (88.9%)
14	<b>CHUDAŃSKI Hubert</b>	<b>642</b>	SP PSP BYDGOSZCZ	M2 30-39	8				<b>00:54:12.55</b>	<b>00:54:12.55</b>	+00:08:44 (16.1%)	7:13	8,3 (88.9%)
15	<b>GAWLIK Wojciech</b>	<b>394</b>	IWSP SZ	M2 30-39	9				<b>00:54:14.75</b>	<b>00:54:14.75</b>	+00:08:46 (16.2%)	7:13	8,3 (88.9%)
16	<b>ADAMSKI Janusz</b>	<b>1253</b>	DOULIFE TEAM	M3 40-49	5		Duolife team		<b>00:54:18.55</b>	<b>00:54:18.55</b>	+00:08:50 (16.3%)	7:14	8,3 (88.9%)
17	<b>HENDZEL Miłosz</b>	<b>28</b>	PUSZCZYK BUKOWY	M2 30-39	10				<b>00:54:25.05</b>	<b>00:54:25.05</b>	+00:08:56 (16.4%)	7:15	8,3 (88.9%)
18	<b>PŁOŃSKI Jakub</b>	<b>1148</b>		M2 30-39	11		Dziki Dzik Gorzów		<b>00:54:36.30</b>	<b>00:54:36.30</b>	+00:09:07 (16.7%)	7:16	8,2 (88.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
19	WASZAK Krzysztof	361		M1 16-29	3	12BZ Szczecin	Brothers Team	00:54:38.00	00:54:38.00	+00:09:09 (16.8%)	7:17	8,2 (88.9%)
20	PRAŻANOWSKI Grzegorz	1096	DESZCZNO WARRIORS	M2 30-39	12		Deszczno Warriors	00:55:39.25	00:55:39.25	+00:10:10 (18.3%)	7:25	8,1 (88.9%)
21	RUDZIŃSKI Jacek	171	KW PSP SZCZECIN	M3 40-49	6	PSP SZCZECIN	PSP Szczecin	00:55:54.60	00:55:54.60	+00:10:26 (18.7%)	7:27	8,1 (88.9%)
22	MASIUKIEWICZ Jacek	1338	DESZCZNO WARRIORS	M2 30-39	13		Deszczno Warriors	00:56:02.25	00:56:02.25	+00:10:33 (18.8%)	7:28	8 (88.9%)
23	MICHALAK Michał	693	OSZŹ MIŃSK MAZOWIECKI	M3 40-49	7			00:56:08.45	00:56:08.45	+00:10:39 (19.0%)	7:29	8 (88.9%)
24	HOŁYŃSKI Leszek	239	WIECZORNE BIEGANIE W SZCZECINIE	M2 30-39	14			00:56:10.90	00:56:10.90	+00:10:42 (19.1%)	7:29	8 (88.9%)
25	WRÓBLEWSKI Michał	479	GRA RUNNERS	M2 30-39	15		Gryficka Siła Biegowa	00:56:31.25	00:56:31.25	+00:11:02 (19.5%)	7:32	8 (88.9%)
26	PAPLICKI Michał	1031	DZIKIE DZIKI GORZÓW	M2 30-39	16		Dzikie Dzikie Gorzów	00:56:34.65	00:56:34.65	+00:11:06 (19.6%)	7:32	8 (88.9%)
27	GOŁĘBIEWSKI Tomasz	584	PARUNMEDIC	M2 30-39	17	paRUNmedic	paRUNmedic	00:56:47.10	00:56:47.10	+00:11:18 (19.9%)	7:34	7,9 (77.8%)
28	MICHALAK Krzysztof	1015	UNBREAKABLE	M3 40-49	8			00:57:00.25	00:57:00.25	+00:11:31 (20.2%)	7:36	7,9 (77.8%)
29	KOŁODZIŃSKI Paweł	747	DZIKIE DZIKI GORZÓW	M2 30-39	18		Dzikie Dzikie Gorzów	00:57:27.30	00:57:27.30	+00:11:58 (20.8%)	7:39	7,8 (77.8%)
30	SZYMKIEWICZ Łukasz	1070	MECHANICY	M2 30-39	19			00:57:41.40	00:57:41.40	+00:12:12 (21.2%)	7:41	7,8 (77.8%)
31	PRUSEK Mateusz	75	AKTYWNE CHOSZCZNO	M1 16-29	4		Aktywne Choszczno	00:57:42.40	00:57:42.40	+00:12:13 (21.2%)	7:41	7,8 (77.8%)
32	STEFAŃCZYK Przemysław	238		M3 40-49	9			00:57:50.85	00:57:50.85	+00:12:22 (21.4%)	7:42	7,8 (77.8%)
33	KOZAJDA Tomasz	1292	DESZCZNO WARRIORS	M2 30-39	20			00:57:52.85	00:57:52.85	+00:12:24 (21.4%)	7:42	7,8 (77.8%)
34	PRZEKOPOWICZ Bartosz	782	102. BATALION OCHRONY	M1 16-29	5			00:58:08.45	00:58:08.45	+00:12:39 (21.8%)	7:45	7,7 (77.8%)
35	STOLAREK Sebastian	250		M1 16-29	6			00:58:30.20	00:58:30.20	+00:13:01 (22.3%)	7:48	7,7 (77.8%)
36	MACIASZEK Grzegorz	797	KW PSP ŁÓDŹ	M3 40-49	10	KW PSP ŁÓDŹ		00:58:36.10	00:58:36.10	+00:13:07 (22.4%)	7:48	7,7 (85.6%)
37	WIĘCKO Jacek	922	15GBZ	M3 40-49	11	15 Giżycka Brygada Zmechanizowana	15 Giżycka Brygada Zmechanizowana	00:59:11.15	00:59:11.15	+00:13:42 (23.2%)	7:53	7,6 (77.8%)
38	GÓRNIAK Przemysław	172	12 BRYGADA ZMECHANIZOWANA	M1 16-29	7			00:59:51.10	00:59:51.10	+00:14:22 (24.0%)	7:58	7,5 (77.8%)
39	KOWALCZYK Artur	1044	DZIKIE DZIKI GORZÓW	M3 40-49	12		Dzikie Dzikie Gorzów	01:00:58.30	01:00:58.30	+00:15:29 (25.4%)	8:07	7,4 (77.8%)
40	KWIATKOWSKI Kajetan	47	BIGYELLOWFOOT ADVENTURE TEAM	M2 30-39	21		Małe Lwy	01:01:18.85	01:01:18.85	+00:15:50 (25.8%)	8:10	7,3 (77.8%)
41	KRÓL Kamil	53	SOCIOS SILESIA	M1 16-29	8		socos Silesia	01:01:23.30	01:01:23.30	+00:15:54 (25.9%)	8:11	7,3 (77.8%)
42	PAWLAK Bartosz	327	WIECZORNE BIEGANIE W SZCZECINIE	M1 16-29	9			01:01:38.10	01:01:38.10	+00:16:09 (26.2%)	8:13	7,3 (77.8%)
43	SIEDLER Martin	302	SV DONSBRUGGEN	M2 30-39	22			01:02:04.10	01:02:04.10	+00:16:35 (26.7%)	8:16	7,3 (77.8%)
44	MIKULSKI Marcin	1342		M1 16-29	10			01:02:28.25	01:02:28.25	+00:16:59 (27.2%)	8:19	7,2 (77.8%)
45	ZELEK Dariusz	388		M3 40-49	13			01:02:44.80	01:02:44.80	+00:17:16 (27.5%)	8:21	7,2 (77.8%)

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46	<b>POCIERZNICKI Rafał</b>	<b>384</b>	3KPZMOT/1BPZMOT/12BZ	M2 30-39	23	3kpzmot/1bpzmot		<b>01:03:28.45</b>	<b>01:03:28.45</b>	+00:17:59 (28.4%)	8:27	7,1 (77.8%)
47	<b>TWARDOWSKI Michał</b>	<b>942</b>	XRUNNERS	M2 30-39	24	JW 3605	xRunners	<b>01:03:30.15</b>	<b>01:03:30.15</b>	+00:18:01 (28.4%)	8:28	7,1 (77.8%)
48	<b>PASIKOWSKI Kamil</b>	<b>356</b>	SPONTAN SZCZECIN TEAM	M1 16-29	11			<b>01:03:31.85</b>	<b>01:03:31.85</b>	+00:18:03 (28.4%)	8:28	7.1 (78.9%)
49	<b>PRZYBYSZ Rafał</b>	<b>555</b>	23. BAZA LOTNICTWA TAKTYCZNEGO	M2 30-39	25	23. Baza Lotnictwa Taktycznego	23. Baza Lotnictwa Taktycznego	<b>01:04:03.45</b>	<b>01:04:03.45</b>	+00:18:34 (29.0%)	8:32	7 (77.8%)
50	<b>RUDZIŃSKI Jakub</b>	<b>570</b>	KW PSP SZCZECIN	M1 16-29	12	KW PSP Szczecin		<b>01:04:05.10</b>	<b>01:04:05.10</b>	+00:18:36 (29.0%)	8:32	7 (77.8%)
51	<b>DZIEDZIC Paweł</b>	<b>575</b>		M1 16-29	13		Mango Gatki Team	<b>01:04:09.15</b>	<b>01:04:09.15</b>	+00:18:40 (29.1%)	8:33	7 (77.8%)
52	<b>KOZŁOWSKI Artur</b>	<b>956</b>		M2 30-39	26			<b>01:04:10.80</b>	<b>01:04:10.80</b>	+00:18:42 (29.1%)	8:33	7 (77.8%)
53	<b>TOPOREK Przemysław</b>	<b>713</b>	DLL PARTNERS	M2 30-39	27		DLL Partners	<b>01:04:45.65</b>	<b>01:04:45.65</b>	+00:19:17 (29.8%)	8:38	6.9 (76.7%)
54	<b>GIZICKI Tomasz</b>	<b>729</b>	KP PSP POLICE	M1 16-29	14	KP PSP Police	KP PSP Police	<b>01:04:56.75</b>	<b>01:04:56.75</b>	+00:19:28 (30.0%)	8:39	6.9 (76.7%)
55	<b>ROZICKI Krzysztof</b>	<b>425</b>	3KPZMOT/1BPZMOT/12BZ	M2 30-39	28	3kpzmot/1bpzmot/12BZ	3kpzmot/1bpzmot/12BZ	<b>01:05:04.55</b>	<b>01:05:04.55</b>	+00:19:36 (30.1%)	8:40	6.9 (76.7%)
56	<b>LUDWICZAK Jarosław</b>	<b>260</b>	KOŚCIAN TEAM	M2 30-39	29			<b>01:05:14.70</b>	<b>01:05:14.70</b>	+00:19:46 (30.3%)	8:41	6,9 (66.7%)
57	<b>SŁOWIK Jacek</b>	<b>416</b>		M1 16-29	15			<b>01:05:23.60</b>	<b>01:05:23.60</b>	+00:19:55 (30.5%)	8:43	6,9 (66.7%)
58	<b>GŁADYSZ Jarosław</b>	<b>435</b>		M2 30-39	30			<b>01:05:25.90</b>	<b>01:05:25.90</b>	+00:19:57 (30.5%)	8:43	6,9 (66.7%)
59	<b>SZARZEC Przemysław</b>	<b>375</b>	3KPZMOT/1BPZMOT/12BZ	M2 30-39	31	3kpzmot/1bpzmot/12BZ	3kpzmot/1bpzmot/12BZ	<b>01:05:31.95</b>	<b>01:05:31.95</b>	+00:20:03 (30.6%)	8:44	6.9 (76.7%)
60	<b>PORZYCH Zbigniew</b>	<b>346</b>	CALIBRA TIM	M2 30-39	32			<b>01:05:51.45</b>	<b>01:05:51.45</b>	+00:20:22 (30.9%)	8:46	6,8 (66.7%)
61	<b>SCHERFENBERG Łukasz</b>	<b>348</b>		M2 30-39	33		ZS Zwyrole	<b>01:05:58.70</b>	<b>01:05:58.70</b>	+00:20:30 (31.1%)	8:47	6,8 (66.7%)
62	<b>SZCZEPANIAK Marcin</b>	<b>17</b>	XRUNNERS	M2 30-39	34			<b>01:06:19.35</b>	<b>01:06:19.35</b>	+00:20:50 (31.4%)	8:50	6,8 (66.7%)
63	<b>GŁOWACKI Adrian</b>	<b>516</b>	TEAM POSEJDONA	M2 30-39	35		Team Posejdona	<b>01:06:19.55</b>	<b>01:06:19.55</b>	+00:20:51 (31.4%)	8:50	6,8 (66.7%)
64	<b>KOTARSKI Wiesław</b>	<b>905</b>	GRUPA AZOTY POLICE	M5 60+	1		Grupa Azoty Police	<b>01:06:20.25</b>	<b>01:06:20.25</b>	+00:20:51 (31.4%)	8:50	6,8 (75.6%)
65	<b>WEŁNA Rafał</b>	<b>495</b>	HUSARIA RACE TEAM	M1 16-29	16		Husaria Race Team	<b>01:06:20.30</b>	<b>01:06:20.30</b>	+00:20:51 (31.4%)	8:50	6,8 (66.7%)
66	<b>KORDYS Michał</b>	<b>531</b>	23.BAZA LOTNICTWA TAKTYCZNEGO	M1 16-29	17	23. Baza Lotnictwa Taktycznego	23. Baza Lotnictwa Taktycznego	<b>01:06:22.75</b>	<b>01:06:22.75</b>	+00:20:54 (31.5%)	8:50	6,8 (66.7%)
67	<b>BIENKOWSKI Michał</b>	<b>413</b>	DZIK KOMANDO	M2 30-39	36			<b>01:06:25.15</b>	<b>01:06:25.15</b>	+00:20:56 (31.5%)	8:51	6,8 (66.7%)
68	<b>KOWALSKI Tomasz</b>	<b>1298</b>	ZMECZONY SEZONEM	M2 30-39	37			<b>01:06:26.90</b>	<b>01:06:26.90</b>	+00:20:58 (31.6%)	8:51	6,8 (66.7%)
69	<b>SOLIWODA Jacek</b>	<b>467</b>	15 GIŻYCKA BRYGADA ZMECHANIZOWANA	M3 40-49	14	15 Giżycka Brygada Zmechanizowana	15 Giżycka Brygada Zmechanizowana	<b>01:06:46.00</b>	<b>01:06:46.00</b>	+00:21:17 (31.9%)	8:54	6,7 (66.7%)
70	<b>IWANIEC Dariusz</b>	<b>548</b>	BIEGOLAS KOSZALIN	M3 40-49	15			<b>01:06:46.40</b>	<b>01:06:46.40</b>	+00:21:17 (31.9%)	8:54	6,7 (66.7%)
71	<b>KRYWALD Rafal</b>	<b>1275</b>	DOBRA	M3 40-49	16			<b>01:06:51.60</b>	<b>01:06:51.60</b>	+00:21:23 (32.0%)	8:54	6,7 (66.7%)
72	<b>CZARNECKI Daniel</b>	<b>150</b>		M2 30-39	38			<b>01:06:58.65</b>	<b>01:06:58.65</b>	+00:21:30 (32.1%)	8:55	6,7 (66.7%)

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73	<b>BRYL Mirosław</b>	<b>718</b>	15 GIŻYCKA BRYGADA ZMECHANIZOWANA	M3 40-49	17	15 Giżycka Brygada Zmechanizowana	15 Giżycka Brygada Zmechanizowana	<b>01:07:03.65</b>	<b>01:07:03.65</b>	+00:21:35 (32.2%)	8:56	6,7 (66.7%)
74	<b>MICHALAK Piotr</b>	<b>1341</b>	OŻW SZCZECIN	M1 16-29	18	OŻW Szczecin	OŻW Szczecin	<b>01:07:22.40</b>	<b>01:07:22.40</b>	+00:21:53 (32.5%)	8:58	6,7 (74.4%)
75	<b>GRYGORCEWICZ Jan</b>	<b>232</b>	SKB DZIK	M4 50-59	1			<b>01:07:24.55</b>	<b>01:07:24.55</b>	+00:21:56 (32.5%)	8:59	6,7 (74.4%)
76	<b>SZESZKOWSKI Tomasz</b>	<b>287</b>		M2 30-39	39			<b>01:07:37.10</b>	<b>01:07:37.10</b>	+00:22:08 (32.7%)	9:00	6,7 (66.7%)
77	<b>OPIELA Arkadiusz</b>	<b>423</b>		M1 16-29	19			<b>01:08:00.25</b>	<b>01:08:00.25</b>	+00:22:31 (33.1%)	9:04	6,6 (66.7%)
78	<b>MICERSKI Tomasz</b>	<b>419</b>	BIEGOLAS KOSZALIN	M3 40-49	18			<b>01:08:21.20</b>	<b>01:08:21.20</b>	+00:22:52 (33.5%)	9:06	6,6 (66.7%)
79	<b>STYMA Sławomir</b>	<b>958</b>	HUSARIA RACE TEAM	M3 40-49	19			<b>01:08:31.40</b>	<b>01:08:31.40</b>	+00:23:02 (33.6%)	9:08	6,6 (66.7%)
80	<b>MOŻEJKO Dawid</b>	<b>683</b>	DZIK KOMANDO	M2 30-39	40		Dzik Komando	<b>01:08:31.45</b>	<b>01:08:31.45</b>	+00:23:02 (33.6%)	9:08	6,6 (66.7%)
81	<b>KUŁAKOWSKI Dawid</b>	<b>436</b>	BIEGOLAS KOSZALIN	M3 40-49	20			<b>01:08:32.95</b>	<b>01:08:32.95</b>	+00:23:04 (33.7%)	9:08	6,6 (66.7%)
82	<b>GARBACIAK Przemysław</b>	<b>676</b>	MAUPOLAND	M2 30-39	41		MAUPoland	<b>01:08:56.95</b>	<b>01:08:56.95</b>	+00:23:28 (34.0%)	9:11	6,5 (66.7%)
83	<b>KOŁODZIEJSKI Piotr</b>	<b>937</b>		M1 16-29	20			<b>01:09:00.70</b>	<b>01:09:00.70</b>	+00:23:32 (34.1%)	9:12	6,5 (66.7%)
84	<b>ZERZUT Jarosław</b>	<b>93</b>	PUSZCZYK BUKOWY	M4 50-59	2		Puszczyk Bukowy	<b>01:09:11.05</b>	<b>01:09:11.05</b>	+00:23:42 (34.3%)	9:13	6,5 (66.7%)
85	<b>DEC Dominik</b>	<b>318</b>	SOKOŁÓW TEAM	M1 16-29	21			<b>01:09:23.85</b>	<b>01:09:23.85</b>	+00:23:55 (34.5%)	9:15	6,5 (66.7%)
86	<b>OSTOJSKI Ireneusz</b>	<b>824</b>		M3 40-49	21			<b>01:09:47.15</b>	<b>01:09:47.15</b>	+00:24:18 (34.8%)	9:18	6,4 (71.1%)
87	<b>NOWAK Jakub</b>	<b>806</b>		M1 16-29	22			<b>01:09:50.80</b>	<b>01:09:50.80</b>	+00:24:22 (34.9%)	9:18	6,4 (71.1%)
88	<b>KIDA Rafał</b>	<b>319</b>	SOKOŁÓW TEAM	M3 40-49	22			<b>01:09:56.45</b>	<b>01:09:56.45</b>	+00:24:27 (35.0%)	9:19	6,4 (66.7%)
89	<b>BOGDAŃSKI Bartosz</b>	<b>369</b>	DZIK KOMANDO	M2 30-39	42			<b>01:10:03.10</b>	<b>01:10:03.10</b>	+00:24:34 (35.1%)	9:20	6,4 (66.7%)
90	<b>DZIAŁEK Czesław</b>	<b>1032</b>	DZIKIE DZIKI GORZÓW	M3 40-49	23		Dzikie Dzikie Gorzów	<b>01:10:07.55</b>	<b>01:10:07.55</b>	+00:24:39 (35.2%)	9:20	6,4 (66.7%)
91	<b>JANKE Łukasz</b>	<b>1332</b>	ZS CROSSFIT SZCZECIN	M2 30-39	43		Maciejkowe Żelki	<b>01:10:13.45</b>	<b>01:10:13.45</b>	+00:24:44 (35.2%)	9:21	6,4 (71.1%)
92	<b>KOŁOMAŃSKI Hubert</b>	<b>434</b>		M2 30-39	44			<b>01:10:30.45</b>	<b>01:10:30.45</b>	+00:25:01 (35.5%)	9:24	6,4 (66.7%)
93	<b>MOSZYŃSKI Patryk</b>	<b>1183</b>	XRUNNERS	M1 16-29	23		xRunners	<b>01:10:39.60</b>	<b>01:10:39.60</b>	+00:25:11 (35.6%)	9:25	6,4 (66.7%)
94	<b>JASTRZĘBSKI Daniel</b>	<b>321</b>		M3 40-49	24			<b>01:10:42.10</b>	<b>01:10:42.10</b>	+00:25:13 (35.7%)	9:25	6,4 (66.7%)
95	<b>ŚLUFIŃSKI Franek</b>	<b>608</b>	OCR TEAM WŁOCLAWEK	M1 16-29	24		OCR TEAM WŁOCLAWEK	<b>01:10:42.25</b>	<b>01:10:42.25</b>	+00:25:13 (35.7%)	9:25	6,4 (66.7%)
96	<b>KLEPACKI Bartek</b>	<b>276</b>		M2 30-39	45			<b>01:10:47.10</b>	<b>01:10:47.10</b>	+00:25:18 (35.8%)	9:26	6,4 (66.7%)
97	<b>KOTYNIA Dawid</b>	<b>1104</b>	COLOSSUS	M2 30-39	46			<b>01:10:49.20</b>	<b>01:10:49.20</b>	+00:25:20 (35.8%)	9:26	6,4 (66.7%)
98	<b>ZIÓŁKOWSKI Mieczysław</b>	<b>309</b>	ZGUBIŁEM SPONSORA	M4 50-59	3			<b>01:10:51.95</b>	<b>01:10:51.95</b>	+00:25:23 (35.8%)	9:26	6,4 (66.7%)
99	<b>GLINKOWSKI Filip</b>	<b>100</b>	FIFNE PYRKI	M1 16-29	25		Fifne Pyrki	<b>01:10:54.45</b>	<b>01:10:54.45</b>	+00:25:25 (35.9%)	9:27	6,3 (66.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
100	<b>SZUSTAK Robert</b>	<b>92</b>	PITUPITU	M3 40-49	25			<b>01:10:58.15</b>	<b>01:10:58.15</b>	+00:25:29 (35.9%)	9:27	6,3 (66.7%)
101	<b>RAWLUK Adrian</b>	<b>1185</b>		M1 16-29	26		Koloniści	<b>01:11:01.25</b>	<b>01:11:01.25</b>	+00:25:32 (36.0%)	9:28	6,3 (66.7%)
102	<b>ZBLEWSKI Radosław</b>	<b>1098</b>		M3 40-49	26			<b>01:11:05.25</b>	<b>01:11:05.25</b>	+00:25:36 (36.0%)	9:28	6,3 (70.0%)
103	<b>KOTYNIA Maciej</b>	<b>969</b>		M2 30-39	47			<b>01:11:05.95</b>	<b>01:11:05.95</b>	+00:25:37 (36.0%)	9:28	6,3 (66.7%)
104	<b>ANYŻEWSKI Tomek</b>	<b>585</b>	OCR TEAM WŁOCŁAWEK	M2 30-39	48		OCR TEAM WŁOCŁAWEK	<b>01:11:14.05</b>	<b>01:11:14.05</b>	+00:25:45 (36.2%)	9:29	6,3 (66.7%)
105	<b>CHENON Guillaume</b>	<b>607</b>	WIECZORNE BIEGANIE W SZCZECINIE	M2 30-39	49		Wieczorne Bieganie w Szczecinie	<b>01:11:23.45</b>	<b>01:11:23.45</b>	+00:25:54 (36.3%)	9:31	6,3 (66.7%)
106	<b>MIELCZAREK Krystian</b>	<b>275</b>	STARGARDZKI KLUB MORSÓW MIEDWIANIE	M2 30-39	50			<b>01:11:34.75</b>	<b>01:11:34.75</b>	+00:26:06 (36.5%)	9:32	6,3 (66.7%)
107	<b>GRABOWSKI Jarosław</b>	<b>1119</b>	PDC	M2 30-39	51		PDC	<b>01:11:43.00</b>	<b>01:11:43.00</b>	+00:26:14 (36.6%)	9:33	6,3 (66.7%)
108	<b>LIPERTOWICZ Sebastian</b>	<b>595</b>	LOVELASY	M2 30-39	52			<b>01:11:49.20</b>	<b>01:11:49.20</b>	+00:26:20 (36.7%)	9:34	6,3 (66.7%)
109	<b>PŁUCIENIK Jakub</b>	<b>921</b>		M1 16-29	27		Maciejkowe Żelki	<b>01:11:50.90</b>	<b>01:11:50.90</b>	+00:26:22 (36.7%)	9:34	6,3 (70.0%)
110	<b>KACZMAREK Maciej</b>	<b>739</b>	BROS TEAM	M1 16-29	28			<b>01:11:57.15</b>	<b>01:11:57.15</b>	+00:26:28 (36.8%)	9:35	6,3 (66.7%)
111	<b>ARLUKIEWICZ Grzegorz</b>	<b>1187</b>		M1 16-29	29			<b>01:12:00.65</b>	<b>01:12:00.65</b>	+00:26:32 (36.8%)	9:36	6,3 (66.7%)
112	<b>SPÓLNIK Paweł</b>	<b>709</b>		M2 30-39	53			<b>01:12:01.95</b>	<b>01:12:01.95</b>	+00:26:33 (36.9%)	9:36	6,2 (66.7%)
113	<b>BACIOR Tomasz</b>	<b>398</b>		M2 30-39	54			<b>01:12:08.60</b>	<b>01:12:08.60</b>	+00:26:40 (37.0%)	9:37	6,2 (66.7%)
114	<b>LANGE Damian</b>	<b>611</b>	TEAM POSEJDONA	M2 30-39	55	Team Posejdona	Team Posejdona	<b>01:12:14.45</b>	<b>01:12:14.45</b>	+00:26:45 (37.0%)	9:37	6,2 (66.7%)
115	<b>MORGIEWICZ Piotr</b>	<b>278</b>	RUNGRYF GRYFICE	M4 50-59	4		Gryficka Siła Biegowa	<b>01:12:15.10</b>	<b>01:12:15.10</b>	+00:26:46 (37.1%)	9:38	6,2 (66.7%)
116	<b>PANASZEK Rafał</b>	<b>1173</b>	AKTYWNE PRAWOBRZEŻE SZCZECIN	M1 16-29	30		Aktywne Prawobrzeże Szczecin	<b>01:12:15.45</b>	<b>01:12:15.45</b>	+00:26:46 (37.1%)	9:38	6,2 (66.7%)
117	<b>ZAWLIK Tomasz</b>	<b>279</b>		M3 40-49	27			<b>01:12:15.75</b>	<b>01:12:15.75</b>	+00:26:47 (37.1%)	9:38	6,2 (66.7%)
118	<b>BABICZ Wojtek</b>	<b>420</b>	BRIDGESTONE STARGARD RUNNERS	M2 30-39	56			<b>01:12:22.80</b>	<b>01:12:22.80</b>	+00:26:54 (37.2%)	9:38	6,2 (66.7%)
119	<b>TOMICZAK Krzysztof</b>	<b>323</b>		M3 40-49	28			<b>01:12:35.65</b>	<b>01:12:35.65</b>	+00:27:07 (37.4%)	9:40	6,2 (66.7%)
120	<b>CHUDY Kamil</b>	<b>1067</b>		M2 30-39	57			<b>01:13:06.60</b>	<b>01:13:06.60</b>	+00:27:38 (37.8%)	9:44	6,2 (66.7%)
121	<b>CHMUROWICZ Marcin</b>	<b>1069</b>		M2 30-39	58			<b>01:13:21.15</b>	<b>01:13:21.15</b>	+00:27:52 (38.0%)	9:46	6,1 (66.7%)
122	<b>KOPYŚĆ Bartłomiej</b>	<b>1061</b>	CALIBRA TIM	M2 30-39	59			<b>01:13:34.00</b>	<b>01:13:34.00</b>	+00:28:05 (38.2%)	9:48	6,1 (66.7%)
123	<b>ADAMCZYK Paweł</b>	<b>823</b>		M2 30-39	60			<b>01:13:35.40</b>	<b>01:13:35.40</b>	+00:28:06 (38.2%)	9:48	6,1 (67.8%)
124	<b>TARNOWSKI Tomasz</b>	<b>503</b>	HUSARIA RACE TEAM	M2 30-39	61		Husaria Race Team	<b>01:13:39.75</b>	<b>01:13:39.75</b>	+00:28:11 (38.3%)	9:49	6,1 (66.7%)
125	<b>DUSZA Robert</b>	<b>153</b>		M2 30-39	62			<b>01:13:40.80</b>	<b>01:13:40.80</b>	+00:28:12 (38.3%)	9:49	6,1 (66.7%)
126	<b>PAŃCZYK Tomasz</b>	<b>167</b>	12 BRYGADA ZMECHANIZOWANA	M2 30-39	63			<b>01:13:54.00</b>	<b>01:13:54.00</b>	+00:28:25 (38.5%)	9:51	6,1 (66.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
127	JAROSIEWICZ Radosław	325		M2 30-39	64			01:14:03.15	01:14:03.15	+00:28:34 (38.6%)	9:52	6,1 (66.7%)
128	CZYLKOWSKI Patryk	121		M2 30-39	65			01:14:05.75	01:14:05.75	+00:28:37 (38.6%)	9:52	6,1 (66.7%)
129	ZGUTKA Tomasz	192	HUSARIA RACE TEAM	M3 40-49	29		Husaria Race Team	01:14:10.35	01:14:10.35	+00:28:41 (38.7%)	9:53	6,1 (66.7%)
130	PRZYBYSZ Adrian	741	SKB DZIK	M1 16-29	31		Dziki z Polic	01:14:19.20	01:14:19.20	+00:28:50 (38.8%)	9:54	6,1 (66.7%)
131	WOŁOSZYN Wojciech	546		M2 30-39	66		BK-127	01:14:39.15	01:14:39.15	+00:29:10 (39.1%)	9:57	6 (66.7%)
132	POCIECHA Artur	1037		M3 40-49	30			01:14:56.30	01:14:56.30	+00:29:27 (39.3%)	9:59	6 (66.7%)
133	ZARĘBA Piotr	746	KP PSP POLICE	M2 30-39	67	KP PSP Police	KP PSP Police	01:15:01.90	01:15:01.90	+00:29:33 (39.4%)	10:00	6 (66.7%)
134	MIZGAŁA Mateusz	1281	12BZ	M1 16-29	32			01:15:06.05	01:15:06.05	+00:29:37 (39.4%)	10:00	6 (66.7%)
135	KISIEL Łukasz	538		M2 30-39	68		BK-127	01:15:07.95	01:15:07.95	+00:29:39 (39.5%)	10:00	6 (66.7%)
136	LECHOWICZ Tomek	1199	OFF SEASON SZCZECIN	M2 30-39	69			01:15:08.05	01:15:08.05	+00:29:39 (39.5%)	10:01	6 (66.7%)
137	JASTAK Paweł	40		M2 30-39	70			01:15:13.70	01:15:13.70	+00:29:45 (39.5%)	10:01	6 (66.7%)
138	DYDEK Arkadiusz	499	CF PRAWY BRZEG	M1 16-29	33		Cf prawy brzeg	01:15:17.15	01:15:17.15	+00:29:48 (39.6%)	10:02	6 (66.7%)
139	PAKULA Konrad	357	DZIKIE DZIKI GORZÓW	M2 30-39	71		Dzikie Dziki Gorzów	01:15:17.75	01:15:17.75	+00:29:49 (39.6%)	10:02	6 (66.7%)
140	SŁODZIŃSKI Gabriel	205	ŁOSOŚ T.E.A.M	M1 16-29	34		Łosoś T.E.A.M	01:15:20.95	01:15:20.95	+00:29:52 (39.6%)	10:02	6 (66.7%)
141	DĄBROWSKI Sławek	168		M3 40-49	31			01:15:31.80	01:15:31.80	+00:30:03 (39.8%)	10:04	6 (66.7%)
142	BAK Sebastian	305	ŁOSOŚ T.E.A.M	M2 30-39	72		Łosoś T.E.A.M	01:15:33.05	01:15:33.05	+00:30:04 (39.8%)	10:04	6 (66.7%)
143	FUDRO Edward	583	ZCH POLICE	M5 60+	2			01:15:41.35	01:15:41.35	+00:30:12 (39.9%)	10:05	5,9 (55.6%)
144	ŚWIĄTEK Sebastian	1127	PDC	M3 40-49	32		PDC	01:15:49.10	01:15:49.10	+00:30:20 (40.0%)	10:06	5,9 (55.6%)
145	MAZUR Marcin	502	STARGARDZKI KLUB MORSÓW MIEDWIANIE	M2 30-39	73			01:15:49.35	01:15:49.35	+00:30:20 (40.0%)	10:06	5,9 (55.6%)
146	ŻAK Sebastian	537		M2 30-39	74			01:15:55.25	01:15:55.25	+00:30:26 (40.1%)	10:07	5,9 (55.6%)
147	LINKE Rafał	447	SKB DZIK	M2 30-39	75			01:15:59.15	01:15:59.15	+00:30:30 (40.2%)	10:07	5,9 (55.6%)
148	LIPSKI Łukasz	1200		M2 30-39	76			01:16:13.25	01:16:13.25	+00:30:44 (40.3%)	10:09	5,9 (55.6%)
149	MYŚLICKI Rafał	623		M1 16-29	35			01:16:19.40	01:16:19.40	+00:30:50 (40.4%)	10:10	5,9 (65.6%)
150	GRZELAK Ryszard	644	KB HERMES GRZYFINO	M3 40-49	33			01:16:20.95	01:16:20.95	+00:30:52 (40.4%)	10:10	5,9 (65.6%)
151	KRUSZEWSKI Piotr	751		M3 40-49	34			01:16:52.30	01:16:52.30	+00:31:23 (40.8%)	10:14	5,9 (65.6%)
152	OLEJARZ Damian	1241		M2 30-39	77			01:16:53.70	01:16:53.70	+00:31:25 (40.9%)	10:15	5,9 (55.6%)
153	GRUDOWSKI Konrad	631	AKTYWNE PRAWOBRZEŻE	M2 30-39	78			01:16:58.70	01:16:58.70	+00:31:30 (40.9%)	10:15	5,8 (55.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
154	ŁONIEWSKI Bartek	1029		M2 30-39	79			01:17:09.15	01:17:09.15	+00:31:40 (41.1%)	10:17	5,8 (55.6%)
155	NĘDZUSIAK Dariusz	67	KP PSP ALEKSANDRÓW KUJAWSKI	M4 50-59	5			01:17:10.20	01:17:10.20	+00:31:41 (41.1%)	10:17	5,8 (55.6%)
156	WOZNY Mateusz	1091	HQ MNC NE	M1 16-29	36			01:17:14.35	01:17:14.35	+00:31:45 (41.1%)	10:17	5,8 (55.6%)
157	SOLIS Mariusz	1159	HQ MNC NE	M3 40-49	35	OŻW Szczecin	OŻW Szczecin	01:17:14.65	01:17:14.65	+00:31:46 (41.1%)	10:17	5,8 (55.6%)
158	KRZACZKOWSKI Łukasz	716		M2 30-39	80		Dziki Wrocław	01:17:33.95	01:17:33.95	+00:32:05 (41.4%)	10:20	5,8 (64.4%)
159	QUESADO Paulo	717	DZIKI WROCŁAW	M2 30-39	81			01:17:34.05	01:17:34.05	+00:32:05 (41.4%)	10:20	5,8 (64.4%)
160	KUSAK Bartłomiej	704	DZIKI WROCŁAW	M1 16-29	37			01:17:37.65	01:17:37.65	+00:32:09 (41.4%)	10:20	5,8 (64.4%)
161	ODRZYWOLSKI Michał	669	ŻANDARMERIA WOJSKOWA	M2 30-39	82	OŻW Szczecin	OŻW Szczecin	01:17:46.35	01:17:46.35	+00:32:17 (41.5%)	10:22	5,8 (55.6%)
162	KOCZKODAJ Kamil	685		M1 16-29	38	OŻW Szczecin	OŻW Szczecin	01:18:04.35	01:18:04.35	+00:32:35 (41.8%)	10:24	5,8 (55.6%)
163	ANDRUCH Andrzej	1343	HELL'S HEAVEN SZCZECIN	M2 30-39	83		Hell's Heaven CrossFit Szczecin	01:18:05.15	01:18:05.15	+00:32:36 (41.8%)	10:24	5,8 (64.4%)
164	KOWAL Tomasz	1176		M3 40-49	36			01:18:14.45	01:18:14.45	+00:32:45 (41.9%)	10:25	5,8 (55.6%)
165	ŁAWNICZAK Sebastian	500		M3 40-49	37			01:18:32.85	01:18:32.85	+00:33:04 (42.1%)	10:28	5,7 (55.6%)
166	MASZKIEWICZ Mariusz	890	DZIKI WROCŁAW	M1 16-29	39			01:18:35.45	01:18:35.45	+00:33:06 (42.1%)	10:28	5,7 (63.3%)
167	BUGAJNY Damian	523	SUPERMARATON KALISZ	M3 40-49	38			01:18:40.55	01:18:40.55	+00:33:12 (42.2%)	10:29	5,7 (55.6%)
168	KRAMER Krzysztof	970		M2 30-39	84			01:18:46.20	01:18:46.20	+00:33:17 (42.3%)	10:30	5,7 (55.6%)
169	MOROZ Konrad	1002		M1 16-29	40			01:18:58.65	01:18:58.65	+00:33:30 (42.4%)	10:31	5,7 (55.6%)
170	WAHN Przemysław	222		M2 30-39	85			01:19:02.55	01:19:02.55	+00:33:34 (42.5%)	10:32	5,7 (55.6%)
171	GRYGORCEWICZ Władysław	235	KB DZIK	M5 60+	3			01:19:09.05	01:19:09.05	+00:33:40 (42.5%)	10:33	5,7 (55.6%)
172	MATYSEK Ireneusz	91	SAMOTNY WILK	M5 60+	4			01:19:10.35	01:19:10.35	+00:33:41 (42.6%)	10:33	5,7 (55.6%)
173	SOKOŁOWSKI Michał	160	MUD GOATS	M2 30-39	86		Mud Goats	01:19:11.65	01:19:11.65	+00:33:43 (42.6%)	10:33	5,7 (63.3%)
174	BANASZAK Marcin	1234		M2 30-39	87		Agat	01:19:44.55	01:19:44.55	+00:34:16 (43.0%)	10:37	5,6 (55.6%)
175	CHARĘZA Marcin	247	ZAWADZKIEGO SZCZECIN	M2 30-39	88			01:19:52.90	01:19:52.90	+00:34:24 (43.1%)	10:38	5,6 (55.6%)
176	KĘDZIELEWSKI Łukasz	299	ZAWADZKIEGO SZCZECIN	M2 30-39	89			01:19:53.50	01:19:53.50	+00:34:24 (43.1%)	10:39	5,6 (55.6%)
177	EWERT-KRZEMIENIEWSKI Stanisław	1335		M2 30-39	90			01:20:04.35	01:20:04.35	+00:34:35 (43.2%)	10:40	5,6 (62.2%)
178	LEWANDOWSKI Piotr	923	SKB DZIK	M2 30-39	91		SKB Dzik	01:20:07.15	01:20:07.15	+00:34:38 (43.2%)	10:40	5,6 (55.6%)
179	JAWORSKI Piotr	1208	ALISIAINATALKA	M2 30-39	92			01:20:08.25	01:20:08.25	+00:34:39 (43.3%)	10:41	5,6 (55.6%)
180	SOIŃSKI Kamil	1081		M3 40-49	39		Silli	01:20:19.25	01:20:19.25	+00:34:50 (43.4%)	10:42	5,6 (62.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
181	KUŻBIK Jakub	617		M2 30-39	93			01:20:37.40	01:20:37.40	+00:35:08 (43.6%)	10:44	5,6 (55.6%)
182	WASTOWSKI Dawid	478		M1 16-29	41			01:20:46.65	01:20:46.65	+00:35:18 (43.7%)	10:46	5,6 (55.6%)
183	BURZYŃSKI Zbigniew	331	3KPZMOT/1BPZMOT/12BZ	M2 30-39	94	3kpzmot/1bpzmot/12BZ	3kpzmot/1bpzmot/12BZ	01:20:52.50	01:20:52.50	+00:35:23 (43.8%)	10:46	5,6 (55.6%)
184	SZCZĘSNY Gracjan	1084		M1 16-29	42			01:20:55.00	01:20:55.00	+00:35:26 (43.8%)	10:47	5,6 (55.6%)
185	PALICKI Rafał	1036		M1 16-29	43			01:20:59.75	01:20:59.75	+00:35:31 (43.9%)	10:47	5,6 (55.6%)
186	SZYNTOR Mateusz	482	GRA RUNNERS	M1 16-29	44		Gryficka Siła Biegowa	01:21:01.30	01:21:01.30	+00:35:32 (43.9%)	10:48	5,6 (55.6%)
187	KAJKOWSKI Rafał	545	CENTRUM SZKOLENIA SIŁ POWIETRZNYCH KOSZALIN	M3 40-49	40			01:21:07.50	01:21:07.50	+00:35:38 (43.9%)	10:48	5,5 (55.6%)
188	WINKEL Arkadiusz	569		M3 40-49	41			01:21:09.25	01:21:09.25	+00:35:40 (44.0%)	10:49	5,5 (55.6%)
189	ZYGOŃ Artur	1243		M2 30-39	95			01:21:14.35	01:21:14.35	+00:35:45 (44.0%)	10:49	5,5 (55.6%)
190	MARTUSZEWSKI Ryszard	19		M3 40-49	42	Aktywni Walcz	Aktywni Walcz	01:21:19.30	01:21:19.30	+00:35:50 (44.1%)	10:50	5,5 (55.6%)
191	STRZELCZYK Wojciech	517		M2 30-39	96			01:21:21.20	01:21:21.20	+00:35:52 (44.1%)	10:50	5,5 (55.6%)
192	ANIOŁA Bartosz	1033		M1 16-29	45			01:21:32.00	01:21:32.00	+00:36:03 (44.2%)	10:52	5,5 (55.6%)
193	ANIOŁA Piotr	240	SIILI	M3 40-49	43		Siili	01:21:42.25	01:21:42.25	+00:36:13 (44.3%)	10:53	5,5 (55.6%)
194	MACIEJCZYK Piotr	727		M2 30-39	97	KP PSP Police		01:21:53.80	01:21:53.80	+00:36:25 (44.5%)	10:55	5,5 (61.1%)
195	BOBROWSKI Marek	1043		M2 30-39	98			01:22:15.55	01:22:15.55	+00:36:47 (44.7%)	10:58	5,5 (55.6%)
196	KONEFAŁ Piotr	521		M1 16-29	46		HARDROCKY	01:22:20.00	01:22:20.00	+00:36:51 (44.8%)	10:58	5,5 (61.1%)
197	CHLASTA Jacek	803		M2 30-39	99			01:22:23.35	01:22:23.35	+00:36:54 (44.8%)	10:59	5,5 (61.1%)
198	CHUDZIK Wojciech	511		M3 40-49	44			01:22:29.55	01:22:29.55	+00:37:01 (44.9%)	10:59	5,5 (55.6%)
199	WÓJCIK Tomasz	1184		M2 30-39	100			01:22:48.40	01:22:48.40	+00:37:19 (45.1%)	11:02	5,4 (55.6%)
200	RYWACKI Karol	947		M2 30-39	101			01:22:53.10	01:22:53.10	+00:37:24 (45.1%)	11:03	5,4 (60.0%)
201	STERNA Maciej	1195		M2 30-39	102			01:22:54.35	01:22:54.35	+00:37:25 (45.1%)	11:03	5,4 (60.0%)
202	ZAGÓRSKI Grzegorz	148		M3 40-49	45			01:23:08.85	01:23:08.85	+00:37:40 (45.3%)	11:05	5,4 (55.6%)
203	PEDA Leszek	194		M5 60+	5			01:23:14.05	01:23:14.05	+00:37:45 (45.4%)	11:05	5,4 (55.6%)
204	SZTURO Marcin	763		M2 30-39	103			01:23:16.05	01:23:16.05	+00:37:47 (45.4%)	11:06	5,4 (55.6%)
204	GRY CZ Piotr	765		M2 30-39	103			01:23:16.05	01:23:16.05	+00:37:47 (45.4%)	11:06	5,4 (55.6%)
204	PETRUSIEWICZ Paweł	748		M1 16-29	47			01:23:16.05	01:23:16.05	+00:37:47 (45.4%)	11:06	5,4 (55.6%)
207	PLISZKA Dariusz	1133	PDC	M1 16-29	48		PDC	01:23:17.85	01:23:17.85	+00:37:49 (45.4%)	11:06	5,4 (55.6%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
208	<b>MICHNIACKI Michał</b>	<b>633</b>		M2 30-39	105			<b>01:23:18.50</b>	<b>01:23:18.50</b>	+00:37:49 (45.4%)	11:06	5,4 (55.6%)
209	<b>PEDZIWIATR Marek</b>	<b>139</b>	MR	M3 40-49	46			<b>01:23:30.25</b>	<b>01:23:30.25</b>	+00:38:01 (45.5%)	11:08	5,4 (55.6%)
210	<b>SAWA Piotr</b>	<b>673</b>	IRON TEAM SZCZECIN	M2 30-39	106		Na Pięterko	<b>01:23:31.75</b>	<b>01:23:31.75</b>	+00:38:03 (45.6%)	11:08	5,4 (55.6%)
211	<b>MĄDRAWSKI Tomasz</b>	<b>317</b>		M3 40-49	47			<b>01:23:32.15</b>	<b>01:23:32.15</b>	+00:38:03 (45.6%)	11:08	5,4 (55.6%)
212	<b>NARKUN Maciej</b>	<b>480</b>		M2 30-39	107		Mango Gatki Team	<b>01:23:46.30</b>	<b>01:23:46.30</b>	+00:38:17 (45.7%)	11:10	5,4 (55.6%)
213	<b>GADOWSKI Wojciech</b>	<b>826</b>		M2 30-39	108		Gadowscy	<b>01:23:51.85</b>	<b>01:23:51.85</b>	+00:38:23 (45.8%)	11:10	5,4 (60.0%)
214	<b>HAWRYLAK Marcin</b>	<b>151</b>	SOSW NR 1 DLA DZIECI NIEPEŁNOSPRAWNYCH RUCHOWO W POLICACH	M3 40-49	48		Dzikie Krokodyle	<b>01:24:05.90</b>	<b>01:24:05.90</b>	+00:38:37 (45.9%)	11:12	5,4 (55.6%)
215	<b>ABRAMOWICZ Tomasz</b>	<b>731</b>	BIEGOHOLLICA	M2 30-39	109			<b>01:24:08.65</b>	<b>01:24:08.65</b>	+00:38:40 (46.0%)	11:13	5,3 (58.9%)
216	<b>BRZEZICKI Michał</b>	<b>757</b>		M1 16-29	49		PDC	<b>01:24:18.40</b>	<b>01:24:18.40</b>	+00:38:49 (46.1%)	11:14	5,3 (55.6%)
217	<b>SITEK Alfred</b>	<b>26</b>	SKB DZIK	M2 30-39	110			<b>01:24:29.50</b>	<b>01:24:29.50</b>	+00:39:00 (46.2%)	11:15	5,3 (55.6%)
218	<b>SZELAĞ Tomasz</b>	<b>529</b>	23. BAZA LOTNICTWA TAKTYCZNEGO	M3 40-49	49	23. Baza Lotnictwa Taktycznego	23. Baza Lotnictwa Taktycznego	<b>01:24:40.90</b>	<b>01:24:40.90</b>	+00:39:12 (46.3%)	11:17	5,3 (55.6%)
219	<b>ZIELIŃSKI Grzegorz</b>	<b>138</b>	BRIDGESTONE RUNNER CLUB	M3 40-49	50		Bridgestone Runner Club	<b>01:24:46.00</b>	<b>01:24:46.00</b>	+00:39:17 (46.4%)	11:18	5,3 (55.6%)
220	<b>KIERSZ Dawid</b>	<b>1028</b>		M1 16-29	50			<b>01:24:47.65</b>	<b>01:24:47.65</b>	+00:39:19 (46.4%)	11:18	5,3 (55.6%)
221	<b>CHEŁMINIAK Sławomir</b>	<b>13</b>	BIEGAM SOBIE	M2 30-39	111			<b>01:24:48.15</b>	<b>01:24:48.15</b>	+00:39:19 (46.4%)	11:18	5,3 (55.6%)
222	<b>TRUKAWKA Andrzej</b>	<b>249</b>		M1 16-29	51			<b>01:24:50.95</b>	<b>01:24:50.95</b>	+00:39:22 (46.4%)	11:18	5,3 (55.6%)
223	<b>ZUROWSKI Adam</b>	<b>1030</b>		M1 16-29	52			<b>01:25:04.20</b>	<b>01:25:04.20</b>	+00:39:35 (46.5%)	11:20	5,3 (55.6%)
224	<b>DEPTUŁA Tobiasz</b>	<b>935</b>		M2 30-39	112			<b>01:25:11.85</b>	<b>01:25:11.85</b>	+00:39:43 (46.6%)	11:21	5,3 (55.6%)
225	<b>JAGODZIŃSKI Hubert</b>	<b>963</b>		M1 16-29	53			<b>01:25:41.00</b>	<b>01:25:41.00</b>	+00:40:12 (46.9%)	11:25	5,3 (58.9%)
226	<b>LEWANDOWSKI Mirosław</b>	<b>1020</b>	GOLENIOW	M4 50-59	6			<b>01:25:42.40</b>	<b>01:25:42.40</b>	+00:40:13 (46.9%)	11:25	5,3 (55.6%)
227	<b>GRACZYK Grzegorz</b>	<b>769</b>	3BLOG	M2 30-39	113			<b>01:25:44.55</b>	<b>01:25:44.55</b>	+00:40:16 (47.0%)	11:25	5,2 (57.8%)
228	<b>PTAK Daniel</b>	<b>71</b>	HUSARIA RACE TEAM	M2 30-39	114		Husaria Race Team	<b>01:25:51.05</b>	<b>01:25:51.05</b>	+00:40:22 (47.0%)	11:26	5,2 (55.6%)
229	<b>BRANDEBURA Cezary</b>	<b>794</b>		M1 16-29	54			<b>01:25:56.70</b>	<b>01:25:56.70</b>	+00:40:28 (47.1%)	11:27	5,2 (57.8%)
230	<b>RUŚKIEWICZ Wojciech</b>	<b>1205</b>	DELOITTE ADVENTURE TEAM	M2 30-39	115			<b>01:25:57.50</b>	<b>01:25:57.50</b>	+00:40:28 (47.1%)	11:27	5,2 (55.6%)
231	<b>WOJCIECHOWSKI Maciej</b>	<b>25</b>		M2 30-39	116			<b>01:25:59.70</b>	<b>01:25:59.70</b>	+00:40:31 (47.1%)	11:27	5,2 (55.6%)
232	<b>SASINOWSKI Amadeusz</b>	<b>140</b>		M1 16-29	55	Aktywni Walcz	Aktywni Walcz	<b>01:26:20.70</b>	<b>01:26:20.70</b>	+00:40:52 (47.3%)	11:30	5,2 (55.6%)
233	<b>KOSAKOWSKI Paweł</b>	<b>1296</b>		M2 30-39	117			<b>01:26:22.35</b>	<b>01:26:22.35</b>	+00:40:53 (47.3%)	11:30	5,2 (57.8%)
234	<b>SASAK Michał</b>	<b>437</b>	12BZ	M2 30-39	118			<b>01:26:31.90</b>	<b>01:26:31.90</b>	+00:41:03 (47.4%)	11:32	5,2 (55.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
235	<b>HYBIAK</b> Lukasz	<b>202</b>	ORKI Z MAJORKI	M2 30-39	119		ORKI Z MAJORKI	<b>01:26:33.55</b>	<b>01:26:33.55</b>	+00:41:05 (47.5%)	11:32	5,2 (55.6%)
236	<b>BEBŁO</b> Patryk	<b>619</b>		M1 16-29	56		Wild Wolves	<b>01:26:33.85</b>	<b>01:26:33.85</b>	+00:41:05 (47.5%)	11:32	5,2 (55.6%)
237	<b>BODURKA</b> Łukasz	<b>1334</b>		M2 30-39	120			<b>01:26:44.75</b>	<b>01:26:44.75</b>	+00:41:16 (47.6%)	11:33	5,2 (57.8%)
238	<b>BALCERZAK</b> Przemysław	<b>1012</b>		M2 30-39	121			<b>01:26:44.80</b>	<b>01:26:44.80</b>	+00:41:16 (47.6%)	11:33	5,2 (55.6%)
239	<b>DZIĘGIELEWSKI</b> Grzegorz	<b>465</b>		M1 16-29	57			<b>01:27:00.45</b>	<b>01:27:00.45</b>	+00:41:31 (47.7%)	11:36	5,2 (55.6%)
240	<b>ROSZAK</b> Zbigniew	<b>207</b>	TG SOKÓŁ GNIEWKOWO	M2 30-39	122			<b>01:27:05.30</b>	<b>01:27:05.30</b>	+00:41:36 (47.8%)	11:36	5,2 (55.6%)
241	<b>PALICKI</b> Damian	<b>1041</b>		M1 16-29	58			<b>01:27:10.85</b>	<b>01:27:10.85</b>	+00:41:42 (47.8%)	11:37	5,2 (55.6%)
242	<b>GŁOWACKI</b> Mariusz	<b>429</b>		M2 30-39	123			<b>01:27:26.85</b>	<b>01:27:26.85</b>	+00:41:58 (48.0%)	11:39	5,1 (55.6%)
243	<b>GRZEJSZAK</b> Mikołaj	<b>972</b>		M1 16-29	59			<b>01:27:28.40</b>	<b>01:27:28.40</b>	+00:41:59 (48.0%)	11:39	5,1 (56.7%)
244	<b>KAMINSKI</b> Rafal	<b>15</b>		M2 30-39	124			<b>01:27:49.55</b>	<b>01:27:49.55</b>	+00:42:21 (48.2%)	11:42	5,1 (55.6%)
245	<b>CICHOCKI</b> Kamil	<b>1132</b>	PDC	M2 30-39	125		PDC	<b>01:27:52.75</b>	<b>01:27:52.75</b>	+00:42:24 (48.3%)	11:42	5,1 (55.6%)
246	<b>BACHORSKI</b> Paweł	<b>1155</b>	1981	M2 30-39	126			<b>01:28:09.90</b>	<b>01:28:09.90</b>	+00:42:41 (48.4%)	11:45	5,1 (55.6%)
247	<b>BERLIŃSKI</b> Wojciech	<b>720</b>		M1 16-29	60			<b>01:28:39.95</b>	<b>01:28:39.95</b>	+00:43:11 (48.7%)	11:49	5,1 (55.6%)
247	<b>MASTELA</b> Mariusz	<b>1116</b>	PDC	M3 40-49	51		PDC	<b>01:28:39.95</b>	<b>01:28:39.95</b>	+00:43:11 (48.7%)	11:49	5,1 (55.6%)
249	<b>DRESLER</b> Bartosz	<b>687</b>	12BZ/1BPZMOT	M1 16-29	61			<b>01:29:05.90</b>	<b>01:29:05.90</b>	+00:43:37 (49.0%)	11:52	5,1 (55.6%)
250	<b>SOWISZ</b> Cezary	<b>301</b>	SOWISZ TEAM	M4 50-59	7			<b>01:29:07.65</b>	<b>01:29:07.65</b>	+00:43:39 (49.0%)	11:52	5 (55.6%)
251	<b>ŻELISKO</b> Łukasz	<b>660</b>	12BZ / 1BPZMOT	M1 16-29	62			<b>01:29:11.45</b>	<b>01:29:11.45</b>	+00:43:42 (49.0%)	11:53	5 (55.6%)
252	<b>SMOGÓR</b> Andrzej	<b>430</b>		M2 30-39	127			<b>01:29:17.65</b>	<b>01:29:17.65</b>	+00:43:49 (49.1%)	11:54	5 (55.6%)
253	<b>SZCZUKO</b> Karol	<b>347</b>		M2 30-39	128		szczupaki	<b>01:29:18.50</b>	<b>01:29:18.50</b>	+00:43:49 (49.1%)	11:54	5 (55.6%)
254	<b>KAPUSTA</b> Marcin	<b>432</b>		M2 30-39	129			<b>01:29:28.50</b>	<b>01:29:28.50</b>	+00:43:59 (49.2%)	11:55	5 (55.6%)
255	<b>NAREJKO</b> Paweł	<b>378</b>		M1 16-29	63			<b>01:29:28.95</b>	<b>01:29:28.95</b>	+00:44:00 (49.2%)	11:55	5 (55.6%)
256	<b>OKIENCZUK</b> Radek	<b>749</b>		M2 30-39	130			<b>01:29:31.10</b>	<b>01:29:31.10</b>	+00:44:02 (49.2%)	11:56	5 (55.6%)
257	<b>CIEMCIOCH</b> Paweł	<b>41</b>		M2 30-39	131			<b>01:29:40.95</b>	<b>01:29:40.95</b>	+00:44:12 (49.3%)	11:57	5 (55.6%)
258	<b>KOZAK</b> Przemysław	<b>1302</b>		M3 40-49	52		CrossFit Run& have Fun	<b>01:29:43.25</b>	<b>01:29:43.25</b>	+00:44:14 (49.3%)	11:57	5 (55.6%)
259	<b>STANDOWICZ</b> Marcin	<b>1303</b>		M3 40-49	53		CrossFit Run& have Fun	<b>01:29:44.80</b>	<b>01:29:44.80</b>	+00:44:16 (49.3%)	11:57	5 (55.6%)
260	<b>SZYDLIK</b> Łukasz	<b>1004</b>		M1 16-29	64			<b>01:29:54.30</b>	<b>01:29:54.30</b>	+00:44:25 (49.4%)	11:59	5 (55.6%)
261	<b>NIECHWIADOWICZ</b> Łukasz	<b>353</b>		M1 16-29	65		Drużyna Pierścienia	<b>01:30:04.25</b>	<b>01:30:04.25</b>	+00:44:35 (49.5%)	12:00	5 (55.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
262	FOJCIK Sebastian	1204		M1 16-29	66			01:30:04.95	01:30:04.95	+00:44:36 (49.5%)	12:00	5 (55.6%)
263	RUTKOWSKI Konrad	591		M2 30-39	132		Rangarok Szczecin	01:30:07.05	01:30:07.05	+00:44:38 (49.5%)	12:00	5 (55.6%)
263	HRYCIÓW Daniel	592	RAGNAROK SZCZECIN	M2 30-39	132		Rangarok Szczecin	01:30:07.05	01:30:07.05	+00:44:38 (49.5%)	12:00	5 (55.6%)
265	GOŁĘBIEWSKI Gabriel	1165		M1 16-29	67		Rangarok Szczecin	01:30:07.40	01:30:07.40	+00:44:38 (49.5%)	12:00	5 (55.6%)
266	BIENKO Oskar	1321		M1 16-29	68		CrossFit Run& have Fun	01:30:07.70	01:30:07.70	+00:44:39 (49.5%)	12:00	5 (55.6%)
267	WOŁYNIEC Marek	1114		M1 16-29	69		Ryby głębinowe	01:30:12.00	01:30:12.00	+00:44:43 (49.6%)	12:01	5 (55.6%)
268	WACHOWICZ Tomasz	492	BUSHIKAN RUNNERS	M1 16-29	70		Bushikan Runners	01:30:22.80	01:30:22.80	+00:44:54 (49.7%)	12:02	5 (55.6%)
269	LASEK Jakub	750	CHICKS&SPORT TEAM	M1 16-29	71			01:30:23.65	01:30:23.65	+00:44:55 (49.7%)	12:03	5 (55.6%)
270	SMĘTEK Michał	572		M1 16-29	72		Mango Gatki Team	01:30:29.55	01:30:29.55	+00:45:01 (49.7%)	12:03	5 (55.6%)
271	SĄDEL Krzysztof	374		M3 40-49	54			01:30:29.70	01:30:29.70	+00:45:01 (49.7%)	12:03	5 (55.6%)
272	BILIŃSKI Zbigniew	805	KDOW - 1BPZMOT	M4 50-59	8			01:30:37.35	01:30:37.35	+00:45:08 (49.8%)	12:04	5 (55.6%)
273	KORABIUSZ Maciej	1180	ÓSEMKOWA PETARDA.	M2 30-39	134		Ósemkowa petarda	01:30:57.75	01:30:57.75	+00:45:29 (50.0%)	12:07	4,9 (54.4%)
274	DRÓZDŹ Mariusz	915		M3 40-49	55		Grupa Berno Motors	01:30:59.75	01:30:59.75	+00:45:31 (50.0%)	12:07	4,9 (54.4%)
275	JASIŃSKI Michał	123		M1 16-29	73			01:31:10.40	01:31:10.40	+00:45:41 (50.1%)	12:09	4,9 (44.4%)
276	KERAJ Jarosław	1268		M2 30-39	135			01:31:20.10	01:31:20.10	+00:45:51 (50.2%)	12:10	4,9 (54.4%)
277	JANCZAREK Rafał	126		M2 30-39	136			01:31:20.55	01:31:20.55	+00:45:52 (50.2%)	12:10	4,9 (44.4%)
278	JAKSINA Sylwester	1181	ÓSEMKOWA PETARDA	M2 30-39	137		Ósemkowa petarda	01:31:20.85	01:31:20.85	+00:45:52 (50.2%)	12:10	4,9 (54.4%)
279	DROZD Michał	630	BAR DANCERZ	M1 16-29	74			01:31:22.70	01:31:22.70	+00:45:54 (50.2%)	12:10	4,9 (44.4%)
280	MAJ Patryk	629	BAR DANCERZ	M1 16-29	75			01:31:23.20	01:31:23.20	+00:45:54 (50.2%)	12:11	4,9 (44.4%)
281	BARTOSIŃSKI Piotr	206	RAZ SZCZECIN	M4 50-59	9			01:31:34.25	01:31:34.25	+00:46:05 (50.3%)	12:12	4,9 (44.4%)
282	TURCZYŃSKI Marcin	930		M2 30-39	138			01:31:50.35	01:31:50.35	+00:46:21 (50.5%)	12:14	4,9 (54.4%)
283	KUCHARCZYK Robert	248	RUNGRYF GRYFICE	M3 40-49	56			01:31:50.55	01:31:50.55	+00:46:22 (50.5%)	12:14	4,9 (44.4%)
284	JUCHNIEWICZ Jędrzej	914	LO13 SZCZECIN	M1 16-29	76			01:31:51.50	01:31:51.50	+00:46:22 (50.5%)	12:14	4,9 (44.4%)
285	DOŁGOPOŁ Waldemar	402	RUNNER SZCZECIN TEAM	M4 50-59	10		Runner Szczecin Team	01:31:52.90	01:31:52.90	+00:46:24 (50.5%)	12:14	4,9 (44.4%)
286	KSYCKI Błażej	132		M2 30-39	139			01:32:04.05	01:32:04.05	+00:46:35 (50.6%)	12:16	4,9 (44.4%)
287	GŁOWACKI Grzegorz	1007		M2 30-39	140			01:32:05.80	01:32:05.80	+00:46:37 (50.6%)	12:16	4,9 (44.4%)
288	LACHOWICZ Bartosz	1206		M2 30-39	141			01:32:07.60	01:32:07.60	+00:46:39 (50.6%)	12:16	4,9 (44.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
289	NOWAK Maciej	131		M1 16-29	77			01:32:14.40	01:32:14.40	+00:46:45 (50.7%)	12:17	4,9 (44.4%)
290	MOSKWA Grzegorz	268		M3 40-49	57			01:32:17.35	01:32:17.35	+00:46:48 (50.7%)	12:18	4,9 (44.4%)
291	GUTOWSKI Paweł	581	EMKA STARGARD	M1 16-29	78			01:32:21.95	01:32:21.95	+00:46:53 (50.8%)	12:18	4,9 (44.4%)
292	HRYMAJŁO Marcin	405	RUNNER SZCZECIN TEAM	M3 40-49	58		Runner Szczecin Team	01:32:24.35	01:32:24.35	+00:46:55 (50.8%)	12:19	4,9 (44.4%)
293	LIPSKI Łukasz	520	BIEGOHOLLICA	M2 30-39	142			01:32:25.80	01:32:25.80	+00:46:57 (50.8%)	12:19	4,9 (44.4%)
294	MICHALAK Tomasz	198	TKM	M4 50-59	11			01:32:28.95	01:32:28.95	+00:47:00 (50.8%)	12:19	4,9 (44.4%)
295	OLEJNICZAK Konrad	397	RUNNER SZCZECIN TEAM	M3 40-49	59			01:32:29.45	01:32:29.45	+00:47:00 (50.8%)	12:19	4,9 (44.4%)
296	NOWAK Zbigniew	389	KBDZIK	M5 60+	6			01:32:30.55	01:32:30.55	+00:47:02 (50.8%)	12:20	4,9 (44.4%)
297	BĄCZYK Adam	156	MONIA GYM	M3 40-49	60		Monia Gym	01:32:59.95	01:32:59.95	+00:47:31 (51.1%)	12:23	4,8 (44.4%)
298	ORNATEK Pawe	1295		M2 30-39	143			01:33:03.70	01:33:03.70	+00:47:35 (51.1%)	12:24	4,8 (53.3%)
299	SKRZYPIEC Andrzej	233	MKL MARATON ŚWINOUJŚCIE	M5 60+	7			01:33:16.25	01:33:16.25	+00:47:47 (51.2%)	12:26	4,8 (44.4%)
300	ŚWIĆ Miłosz	455	DZIK KOMANDO	M2 30-39	144			01:33:19.50	01:33:19.50	+00:47:50 (51.3%)	12:26	4,8 (44.4%)
301	KOPERTOWSKI Rafał	971		M1 16-29	79			01:28:30.95	01:33:23.95	+00:47:55 (51.3%)	11:48	5,1 (55.6%)
302	KUPCZYK Przemysław	54	DZIK KOMANDO	M2 30-39	145		Dzik Komando	01:33:25.70	01:33:25.70	+00:47:57 (51.3%)	12:27	4,8 (44.4%)
303	SADOWSKI Mariusz	588	OCR TEAM WŁOCŁAWEK	M3 40-49	61		OCR TEAM WŁOCŁAWEK	01:33:34.95	01:33:34.95	+00:48:06 (51.4%)	12:28	4,8 (44.4%)
304	SZMUDANOWSKI Kamil	589	OCR TEAM WŁOCŁAWEK	M1 16-29	80		OCR TEAM WŁOCŁAWEK	01:34:16.15	01:34:16.15	+00:48:47 (51.8%)	12:34	4,8 (44.4%)
305	MICHALSKI Marek	1063		M2 30-39	146			01:34:17.15	01:34:17.15	+00:48:48 (51.8%)	12:34	4,8 (53.3%)
306	RUTKOWSKI Tomasz	340	PUSZCZYK BUKOWY	M2 30-39	147			01:34:17.35	01:34:17.35	+00:48:48 (51.8%)	12:34	4,8 (53.3%)
307	KOPACZ Łukasz	339		M1 16-29	81			01:34:17.55	01:34:17.55	+00:48:49 (51.8%)	12:34	4,8 (53.3%)
308	ZDUNEK Piotr	682		M2 30-39	148			01:34:26.20	01:34:26.20	+00:48:57 (51.8%)	12:35	4,8 (53.3%)
309	PYREK Krzysztof	80	1 RBLOG	M2 30-39	149	Aktywni Wałcz	Aktywni Wałcz	01:34:46.55	01:34:46.55	+00:49:18 (52.0%)	12:38	4,7 (52.2%)
310	PĘDZIK Marek	1106		M1 16-29	82		Husaria Race Team	01:34:51.65	01:34:51.65	+00:49:23 (52.1%)	12:38	4,7 (44.4%)
311	BOGUSŁAWSKI Łukasz	476		M2 30-39	150			01:35:21.25	01:35:21.25	+00:49:52 (52.3%)	12:42	4,7 (44.4%)
312	BIRULA Michał	759	XRUNNERS	M2 30-39	151		xRunners	01:35:30.15	01:35:30.15	+00:50:01 (52.4%)	12:44	4,7 (44.4%)
313	OCZKOWSKI Maciej	1285		M2 30-39	152			01:35:55.05	01:35:55.05	+00:50:26 (52.6%)	12:47	4,7 (52.2%)
314	PODBRZESKI Jakub	1306	FANI PÓLNOCNEJ NORWEGII	M2 30-39	153		Fani północnej Norwegii	01:36:02.15	01:36:02.15	+00:50:33 (52.6%)	12:48	4,7 (44.4%)
315	JASIŃSKI Krystian	1305		M2 30-39	154			01:36:02.30	01:36:02.30	+00:50:33 (52.6%)	12:48	4,7 (44.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
316	ZATOŃ Łukasz	200	BYLE DO METY	M2 30-39	155			01:36:28.10	01:36:28.10	+00:50:59 (52.9%)	12:51	4,7 (44.4%)
317	WEGLINSKI Radosław	819	OŻW SZCZECIN	M2 30-39	156	OŻW Szczecin	OŻW SZCZECIN	01:36:31.00	01:36:31.00	+00:51:02 (52.9%)	12:52	4,7 (52.2%)
318	MACHOLA Bartłomiej	702	1981	M2 30-39	157			01:36:37.70	01:36:37.70	+00:51:09 (52.9%)	12:52	4,7 (44.4%)
319	JUCHA Jakub	415		M1 16-29	83			01:36:51.30	01:36:51.30	+00:51:22 (53.0%)	12:54	4,6 (44.4%)
320	ROSTRYGIN Maciej	263	WKURW_TEAM	M2 30-39	158			01:36:52.65	01:36:52.65	+00:51:24 (53.1%)	12:54	4,6 (44.4%)
321	MALEC Kamil	525	PDC	M2 30-39	159		PDC	01:36:56.85	01:36:56.85	+00:51:28 (53.1%)	12:55	4,6 (44.4%)
322	TUBACKI Dawid	1309	SZMERF BOT TEAM	M1 16-29	84			01:37:05.15	01:37:05.15	+00:51:36 (53.2%)	12:56	4,6 (51.1%)
323	KULCZYK Kamil	1085		M1 16-29	85			01:37:05.85	01:37:05.85	+00:51:37 (53.2%)	12:56	4,6 (44.4%)
324	JAROSZ Krzysztof	1287		M1 16-29	86			01:37:08.80	01:37:08.80	+00:51:40 (53.2%)	12:57	4,6 (44.4%)
325	JAWORSKI Krystian	1196	SZMERF BOT TEAM	M1 16-29	87			01:37:12.80	01:37:12.80	+00:51:44 (53.2%)	12:57	4,6 (51.1%)
326	DROZD Dariusz	1045		M2 30-39	160			01:37:23.65	01:37:23.65	+00:51:55 (53.3%)	12:59	4,6 (44.4%)
327	MATUSIAK Rafał	1262	BIEGIEM NA SŁUŻBĘ	M1 16-29	88			01:37:28.35	01:37:28.35	+00:51:59 (53.3%)	12:59	4,6 (51.1%)
328	RASZEWSKI Damian	316		M2 30-39	161			01:37:28.40	01:37:28.40	+00:51:59 (53.3%)	12:59	4,6 (44.4%)
329	ŚLUSARZ Marcin	1006		M3 40-49	62			01:37:37.90	01:37:37.90	+00:52:09 (53.4%)	13:00	4,6 (44.4%)
330	PASEK Rafał	600	DZIKUSEK	M2 30-39	162			01:37:48.45	01:37:48.45	+00:52:19 (53.5%)	13:02	4,6 (44.4%)
331	ŁABECKI Paweł	1175		M2 30-39	163			01:37:51.95	01:37:51.95	+00:52:23 (53.5%)	13:02	4,6 (44.4%)
332	OBROCKI Adrian	893		M2 30-39	164			01:37:52.10	01:37:52.10	+00:52:23 (53.5%)	13:02	4,6 (44.4%)
333	SZULC Darek	1297		M4 50-59	12			01:38:03.60	01:38:03.60	+00:52:35 (53.6%)	13:04	4,6 (44.4%)
334	PRABUCKI Jarek	251	UKL ÓSEMKA POLICE	M3 40-49	63		Dziki z Polic	01:38:06.50	01:38:06.50	+00:52:37 (53.6%)	13:04	4,6 (44.4%)
335	DZIEWIERSKI Marcin	315		M3 40-49	64			01:38:14.95	01:38:14.95	+00:52:46 (53.7%)	13:05	4,6 (44.4%)
336	ANTKOWIAK Łukasz	532		M1 16-29	89			01:38:27.30	01:38:27.30	+00:52:58 (53.8%)	13:07	4,6 (44.4%)
337	HERMANOWICZ Miłosz	341	ZS ZWYROLE	M2 30-39	165			01:38:54.20	01:38:54.20	+00:53:25 (54.0%)	13:11	4,6 (44.4%)
338	ROMANOWICZ Marek	223	AROM	M4 50-59	13			01:39:11.70	01:39:11.70	+00:53:43 (54.2%)	13:13	4,5 (44.4%)
339	JASAK Michał	783	X	M2 30-39	166			01:39:21.80	01:39:21.80	+00:53:53 (54.2%)	13:14	4,5 (50.0%)
340	PILUŚ Piotr	1256		M1 16-29	90			01:39:27.55	01:39:27.55	+00:53:59 (54.3%)	13:15	4,5 (50.0%)
341	IGNASZEWSKI Marcin	1179		M2 30-39	167			01:39:35.30	01:39:35.30	+00:54:06 (54.3%)	13:16	4,5 (44.4%)
342	WIERBIL Dominik	1105		M1 16-29	91			01:39:35.90	01:39:35.90	+00:54:07 (54.3%)	13:16	4,5 (44.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
343	CHODZICKI Janusz	714	#967	M1 16-29	92		ZS Zwyrole	01:39:36.55	01:39:36.55	+00:54:08 (54.3%)	13:16	4,5 (44.4%)
344	KERL Kamil	1293		M1 16-29	93			01:39:37.00	01:39:37.00	+00:54:08 (54.3%)	13:16	4,5 (44.4%)
345	BŁAŻEJEWICZ Łukasz	816		M2 30-39	168	JW 4509		01:39:40.55	01:39:40.55	+00:54:12 (54.4%)	13:17	4,5 (44.4%)
346	DZIETCZYK Kamil	813	102. BOCHR	M2 30-39	169	JW 4509	102 Bochr.	01:39:40.65	01:39:40.65	+00:54:12 (54.4%)	13:17	4,5 (50.0%)
347	CZACHOWSKI Jarosław	815	102. BOCHR	M3 40-49	65	JW 4509		01:39:41.10	01:39:41.10	+00:54:12 (54.4%)	13:17	4,5 (44.4%)
347	PAWLICKI Bartosz	104		M2 30-39	170			01:39:41.10	01:39:41.10	+00:54:12 (54.4%)	13:17	4,5 (50.0%)
349	WIECZOREK Mariusz	68		M3 40-49	66			01:39:41.15	01:39:41.15	+00:54:12 (54.4%)	13:17	4,5 (50.0%)
350	PRUSEK Mateusz	75	AKTYWNE CHOSZCZNO	M1 16-29	94		Aktywne Choszczno	01:39:41.40	01:39:41.40	+00:54:12 (54.4%)	13:17	4,5 (50.0%)
351	SIDORCZUK Tomasz	270	KLUB BIEGAJĄCYCH LEŚNIKÓW	M2 30-39	171			01:39:45.65	01:39:45.65	+00:54:17 (54.4%)	13:18	4,5 (44.4%)
352	MISIAK Artur	119	BYLEBY DO PRZODU	M2 30-39	172			01:39:46.45	01:39:46.45	+00:54:17 (54.4%)	13:18	4,5 (44.4%)
353	POST Marcin	1324		M2 30-39	173			01:39:54.05	01:39:54.05	+00:54:25 (54.5%)	13:19	4,5 (50.0%)
354	ŚLIŻEWSKI Marcin	712		M3 40-49	67			01:39:57.95	01:39:57.95	+00:54:29 (54.5%)	13:19	4,5 (44.4%)
355	WOJTKOWIAK Rafał	899		M2 30-39	174			01:39:59.10	01:39:59.10	+00:54:30 (54.5%)	13:19	4,5 (50.0%)
356	KAMIŃSKI Kamil	653	17 WBZ	M2 30-39	175			01:40:11.70	01:40:11.70	+00:54:43 (54.6%)	13:21	4,5 (44.4%)
357	SZAKOŁA Paweł	1317		M2 30-39	176		DoktoŻy	01:40:16.55	01:40:16.55	+00:54:48 (54.6%)	13:22	4,5 (50.0%)
358	PIETRUSZKIEWICZ Henryk	401		M3 40-49	68			01:40:28.95	01:40:28.95	+00:55:00 (54.7%)	13:23	4,5 (44.4%)
359	WARCHAŁOWSKI Arkadiusz	304		M3 40-49	69			01:40:47.60	01:40:47.60	+00:55:19 (54.9%)	13:26	4,5 (44.4%)
360	ELERT Mariusz	161	PAPRYKARZE	M2 30-39	177		Paprykarze	01:40:50.45	01:40:50.45	+00:55:21 (54.9%)	13:26	4,5 (44.4%)
361	WITORZĘĆ Dariusz	277		M3 40-49	70			01:40:56.35	01:40:56.35	+00:55:27 (54.9%)	13:27	4,5 (44.4%)
362	ŚWIERCZ Dariusz	115		M4 50-59	14	KP PSP Walcz	Aktywni Walcz	01:41:07.50	01:41:07.50	+00:55:38 (55.0%)	13:28	4,5 (44.4%)
363	JUROWSKI Karol	932		M1 16-29	95			01:41:10.40	01:41:10.40	+00:55:41 (55.1%)	13:29	4,4 (48.9%)
364	JANUS Grzegorz	288		M2 30-39	178			01:41:20.25	01:41:20.25	+00:55:51 (55.1%)	13:30	4,4 (44.4%)
365	LESZCZYŃSKI Marcin	554		M2 30-39	179			01:41:21.25	01:41:21.25	+00:55:52 (55.1%)	13:30	4,4 (48.9%)
366	KAKOWSKI Dawid	939		M2 30-39	180			01:41:31.10	01:41:31.10	+00:56:02 (55.2%)	13:32	4,4 (44.4%)
367	CHODUBSKI Filip	973		M1 16-29	96			01:41:32.45	01:41:32.45	+00:56:03 (55.2%)	13:32	4,4 (48.9%)
368	KRAWCZYK Paweł	296		M1 16-29	97		Oponki team	01:41:32.55	01:41:32.55	+00:56:04 (55.2%)	13:32	4,4 (44.4%)
369	SKOCZYLAS Patryk	666		M1 16-29	98			01:41:37.90	01:41:37.90	+00:56:09 (55.3%)	13:32	4,4 (44.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
370	<b>KNIOŁA Łukasz</b>	<b>44</b>	PIŁA TEAM	M2 30-39	181		PIŁA TEAM	<b>01:41:43.40</b>	<b>01:41:43.40</b>	+00:56:14 (55.3%)	13:33	4,4 (44.4%)
371	<b>ŻUROWSKI Leszek</b>	<b>489</b>	ŻURKI	M2 30-39	182		żurki	<b>01:41:45.65</b>	<b>01:41:45.65</b>	+00:56:17 (55.3%)	13:34	4,4 (44.4%)
372	<b>ŻUROWSKI Jarosław</b>	<b>487</b>		M3 40-49	71		żurki	<b>01:41:46.00</b>	<b>01:41:46.00</b>	+00:56:17 (55.3%)	13:34	4,4 (44.4%)
373	<b>WASEK Aleksander</b>	<b>920</b>	MANGO GATKI TEAM	M1 16-29	99		Mango Gatki Team	<b>01:41:48.05</b>	<b>01:41:48.05</b>	+00:56:19 (55.3%)	13:34	4,4 (44.4%)
374	<b>TURBACZEWSKI Konrad</b>	<b>1129</b>	PDC	M3 40-49	72		PDC	<b>01:42:02.80</b>	<b>01:42:02.80</b>	+00:56:34 (55.4%)	13:36	4,4 (44.4%)
375	<b>KRYCZKA Adam</b>	<b>659</b>		M2 30-39	183			<b>01:42:03.65</b>	<b>01:42:03.65</b>	+00:56:35 (55.4%)	13:36	4,4 (44.4%)
376	<b>KONOPKA Paweł</b>	<b>51</b>	DALEKO JESZCZE	M2 30-39	184			<b>01:42:05.90</b>	<b>01:42:05.90</b>	+00:56:37 (55.5%)	13:36	4,4 (44.4%)
377	<b>PIETKIEWICZ Paweł</b>	<b>408</b>		M2 30-39	185			<b>01:42:11.80</b>	<b>01:42:11.80</b>	+00:56:43 (55.5%)	13:37	4,4 (44.4%)
378	<b>PELC Marek</b>	<b>234</b>		M2 30-39	186			<b>01:42:12.55</b>	<b>01:42:12.55</b>	+00:56:44 (55.5%)	13:37	4,4 (44.4%)
379	<b>FELCENLOBEN Robert</b>	<b>180</b>	RAJSPOORT ACTIVE	M2 30-39	187		RAJSPOORT ACTIVE	<b>01:42:13.95</b>	<b>01:42:13.95</b>	+00:56:45 (55.5%)	13:37	4,4 (44.4%)
380	<b>LEWICKI Kamil</b>	<b>670</b>	POŁAPANI TEAM	M2 30-39	188			<b>01:42:14.60</b>	<b>01:42:14.60</b>	+00:56:46 (55.5%)	13:37	4,4 (44.4%)
381	<b>KOZAK Mirosław</b>	<b>409</b>		M2 30-39	189			<b>01:42:15.35</b>	<b>01:42:15.35</b>	+00:56:46 (55.5%)	13:38	4,4 (44.4%)
382	<b>WOJSZCZYK Michał</b>	<b>58</b>	BRIDGESTONE STARGARD RUNNERS	M2 30-39	190			<b>01:42:15.60</b>	<b>01:42:15.60</b>	+00:56:47 (55.5%)	13:38	4,4 (44.4%)
383	<b>DOBRYCKI Piotr</b>	<b>403</b>	BRIDGESTONE STARGARD RUNNERS	M3 40-49	73		Bridgestone Stargard Runners	<b>01:42:15.65</b>	<b>01:42:15.65</b>	+00:56:47 (55.5%)	13:38	4,4 (44.4%)
384	<b>KOTWICKI Mariusz</b>	<b>426</b>		M2 30-39	191			<b>01:42:15.75</b>	<b>01:42:15.75</b>	+00:56:47 (55.5%)	13:38	4,4 (44.4%)
385	<b>SAWICKI Bartosz</b>	<b>358</b>	DZIKIE DZIKI GORZÓW	M1 16-29	100		Dzikie Dziki Gorzów	<b>01:42:16.80</b>	<b>01:42:16.80</b>	+00:56:48 (55.5%)	13:38	4,4 (44.4%)
386	<b>PAWŁASZEK Lech</b>	<b>298</b>		M2 30-39	192			<b>01:42:35.95</b>	<b>01:42:35.95</b>	+00:57:07 (55.7%)	13:40	4,4 (44.4%)
387	<b>ORECKI Radosław</b>	<b>1018</b>		M2 30-39	193			<b>01:42:43.40</b>	<b>01:42:43.40</b>	+00:57:14 (55.7%)	13:41	4,4 (44.4%)
387	<b>MICHAŁ Matecki</b>	<b>1100</b>		M2 30-39	193			<b>01:42:43.40</b>	<b>01:42:43.40</b>	+00:57:14 (55.7%)	13:41	4,4 (44.4%)
389	<b>GITNER Marcin</b>	<b>38</b>	PIĘKNI I BESTIE	M3 40-49	74	Piękni i Bestie	Piękni i Bestie	<b>01:42:49.85</b>	<b>01:42:49.85</b>	+00:57:21 (55.8%)	13:42	4,4 (44.4%)
390	<b>SŁUGOCKI Mariusz</b>	<b>1053</b>		M1 16-29	101			<b>01:42:59.95</b>	<b>01:42:59.95</b>	+00:57:31 (55.8%)	13:43	4,4 (44.4%)
391	<b>RÓZGA Jerzy</b>	<b>563</b>	VIKING88	M3 40-49	75			<b>01:43:00.60</b>	<b>01:43:00.60</b>	+00:57:32 (55.9%)	13:44	4,4 (44.4%)
392	<b>RÓZGA Zbigniew</b>	<b>566</b>	VIKING 88	M3 40-49	76			<b>01:43:01.15</b>	<b>01:43:01.15</b>	+00:57:32 (55.9%)	13:44	4,4 (44.4%)
393	<b>SPORNY Grzegorz</b>	<b>1059</b>		M2 30-39	195			<b>01:43:30.90</b>	<b>01:43:30.90</b>	+00:58:02 (56.1%)	13:48	4,3 (47.8%)
394	<b>MLECZEK Roman</b>	<b>254</b>		M3 40-49	77			<b>01:43:36.85</b>	<b>01:43:36.85</b>	+00:58:08 (56.1%)	13:48	4,3 (44.4%)
395	<b>MATUSZAK Mateusz</b>	<b>514</b>	MANGO GATKI TEAM	M1 16-29	102		Mango Gatki Team	<b>01:43:50.35</b>	<b>01:43:50.35</b>	+00:58:21 (56.2%)	13:50	4,3 (44.4%)
396	<b>BOROWSKI Tomek</b>	<b>345</b>		M1 16-29	103			<b>01:43:53.45</b>	<b>01:43:53.45</b>	+00:58:24 (56.2%)	13:51	4,3 (44.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
397	GODEK Cezary	1134	SZCZECIN	M2 30-39	196			01:43:58.05	01:43:58.05	+00:58:29 (56.3%)	13:51	4,3 (44.4%)
398	OLEJNIK Przemek	1136		M3 40-49	78			01:43:59.75	01:43:59.75	+00:58:31 (56.3%)	13:51	4,3 (44.4%)
399	LINKOWSKI Sławomir	1072		M2 30-39	197			01:44:03.70	01:44:03.70	+00:58:35 (56.3%)	13:52	4,3 (44.4%)
400	KOSTRZEWSKI Krystian	903		M3 40-49	79			01:44:08.05	01:44:08.05	+00:58:39 (56.3%)	13:53	4,3 (47.8%)
401	MAĆKIEWICZ Mateusz	1270		M1 16-29	104		Kubula	01:44:09.15	01:44:09.15	+00:58:40 (56.3%)	13:53	4,3 (47.8%)
402	ZAWADZKI Maciej	780		M1 16-29	105		Ekipa Kryzys	01:44:28.85	01:44:28.85	+00:59:00 (56.5%)	13:55	4,3 (47.8%)
403	KRZEMIŃSKI Paweł	778		M1 16-29	106		Ekipa Kryzys	01:44:29.75	01:44:29.75	+00:59:01 (56.5%)	13:55	4,3 (47.8%)
404	SKOCZYL Wojtek	604	HUSARIA RACE TEAM	M1 16-29	107		Husaria Race Team	01:44:34.10	01:44:34.10	+00:59:05 (56.5%)	13:56	4,3 (44.4%)
405	MŁODAWSKI Rafał	39		M3 40-49	80			01:45:03.70	01:45:03.70	+00:59:35 (56.7%)	14:00	4,3 (44.4%)
406	BIEGAŃSKI Tomasz	908		M2 30-39	198			01:45:13.65	01:45:13.65	+00:59:45 (56.8%)	14:01	4,3 (47.8%)
407	CUPRYJAK Sebastian	262		M2 30-39	199			01:45:13.90	01:45:13.90	+00:59:45 (56.8%)	14:01	4,3 (44.4%)
408	ANTOSIEWICZ Robert	216	LULATEAM	M3 40-49	81			01:45:33.30	01:45:33.30	+01:00:04 (56.9%)	14:04	4,3 (44.4%)
409	KNIAŻ Jarosław	328	FOL-TECH TEAM MYŚLIBÓRZ	M3 40-49	82			01:45:38.95	01:45:38.95	+01:00:10 (57.0%)	14:05	4,3 (47.8%)
410	JOŃCA Marcin	1191		M2 30-39	200		Nanogiwaciaki	01:45:49.30	01:45:49.30	+01:00:20 (57.0%)	14:06	4,3 (44.4%)
411	PAŁAC Piotr	622	WIECZORNE BIEGANIE W SZCZECINIE	M4 50-59	15			01:45:49.45	01:45:49.45	+01:00:20 (57.0%)	14:06	4,3 (44.4%)
412	HAJDUK Emilian	1194		M2 30-39	201		Nanogiwaciaki	01:45:49.90	01:45:49.90	+01:00:21 (57.0%)	14:06	4,3 (44.4%)
413	CHEŁSTOWSKI Adrian	1193		M2 30-39	202		Nanogiwaciaki	01:45:50.10	01:45:50.10	+01:00:21 (57.0%)	14:06	4,3 (44.4%)
414	SIECZYK Jędrzej	1107		M2 30-39	203			01:45:51.35	01:45:51.35	+01:00:22 (57.0%)	14:06	4,3 (47.8%)
415	MAJCHER Piotr	133	PIŁA TEAM	M3 40-49	83		PIŁA TEAM	01:45:55.95	01:45:55.95	+01:00:27 (57.1%)	14:07	4,2 (46.7%)
416	BRATKO Przemysław	218		M1 16-29	108			01:45:59.10	01:45:59.10	+01:00:30 (57.1%)	14:07	4,2 (44.4%)
417	MULARCZYK Krzysztof	707		M2 30-39	204			01:46:22.05	01:46:22.05	+01:00:53 (57.2%)	14:10	4,2 (44.4%)
418	PODEDWORNY Artur	105		M3 40-49	84			01:46:49.20	01:46:49.20	+01:01:20 (57.4%)	14:14	4,2 (44.4%)
419	KARBOWIAK Patryk	1014		M2 30-39	205			01:47:16.00	01:47:16.00	+01:01:47 (57.6%)	14:18	4,2 (44.4%)
420	DURAJ Kacper	1152		M1 16-29	109			01:47:29.00	01:47:29.00	+01:02:00 (57.7%)	14:19	4,2 (44.4%)
421	ZIELIŃSKI Michał	473		M1 16-29	110			01:47:48.80	01:47:48.80	+01:02:20 (57.8%)	14:22	4,2 (46.7%)
422	SAMBORSKI Radosław	393		M1 16-29	111			01:47:49.30	01:47:49.30	+01:02:20 (57.8%)	14:22	4,2 (46.7%)
423	ŁUCZAK Zbigniew	504	1KPZMOT/3BPZMOT	M2 30-39	206		Husaria Race Team	01:47:53.40	01:47:53.40	+01:02:24 (57.8%)	14:23	4,2 (44.4%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
424	LECH Wojciech	907		M2 30-39	207			01:48:00.40	01:48:00.40	+01:02:31 (57.9%)	14:24	4,2 (46.7%)
425	MORAWSKI Artur	129		M3 40-49	85			01:48:01.05	01:48:01.05	+01:02:32 (57.9%)	14:24	4,2 (44.4%)
426	KURTYKA Kamil	1288		M1 16-29	112			01:48:11.00	01:48:11.00	+01:02:42 (58.0%)	14:25	4,2 (44.4%)
427	BIENIAS Konrad	43		M1 16-29	113			01:48:25.75	01:48:25.75	+01:02:57 (58.1%)	14:27	4,2 (44.4%)
428	SAJKOWSKI Kamil	181	ZESPÓŁ NIESPOKOJNYCH NÓG	M1 16-29	114		Zespół Niespokojnych Nóg	01:48:31.35	01:48:31.35	+01:03:02 (58.1%)	14:28	4,1 (44.4%)
429	WIERZCHOWSKI Arkadiusz	182	BRIDGESTONE STARGARD RUNNERS	M3 40-49	86		Bridgestone Stargard Runners	01:48:31.45	01:48:31.45	+01:03:02 (58.1%)	14:28	4,1 (44.4%)
430	JELEŃSKI Grzegorz	166	DZIKIE JELENIE	M1 16-29	115		BEZIMIENNI	01:48:31.65	01:48:31.65	+01:03:03 (58.1%)	14:28	4,1 (45.6%)
431	ZABROCKI Karol	551	TEAM POSEJDONA	M2 30-39	208		Team Posejdona	01:49:06.25	01:49:06.25	+01:03:37 (58.3%)	14:32	4,1 (44.4%)
432	HNAT Rafał	76	KP PSP WAŁCZ	M3 40-49	87	KP PSP Wałcz	Aktywni Wałcz	01:49:06.70	01:49:06.70	+01:03:38 (58.3%)	14:32	4,1 (44.4%)
433	JENDRZEJCZYK Mariusz	438		M2 30-39	209			01:49:26.85	01:49:26.85	+01:03:58 (58.4%)	14:35	4,1 (45.6%)
434	CHROBOCIŃSKI Jan	560		M1 16-29	116			01:49:38.50	01:49:38.50	+01:04:09 (58.5%)	14:37	4,1 (44.4%)
435	ZABŁOCKI Rafał	1139	PRZEBIEGLI	M2 30-39	210		Przebiegli	01:49:47.20	01:49:47.20	+01:04:18 (58.6%)	14:38	4,1 (44.4%)
436	JABLONKA Mariusz	14	BRAVEHEARTS LEGIONOWO	M3 40-49	88		Bravehearts Legionowo	01:49:58.40	01:49:58.40	+01:04:29 (58.6%)	14:39	4,1 (44.4%)
437	PLOCH Piotr	616		M2 30-39	211		Dzikusy	01:50:05.80	01:50:05.80	+01:04:37 (58.7%)	14:40	4,1 (44.4%)
438	JABŁONKA Radosław	62		M3 40-49	89		Bravehearts Legionowo	01:50:10.95	01:50:10.95	+01:04:42 (58.7%)	14:41	4,1 (44.4%)
439	ZEMANKIEWICZ Łukasz	274	KANAŁ 6AM	M2 30-39	212			01:50:14.60	01:50:14.60	+01:04:46 (58.7%)	14:41	4,1 (44.4%)
440	WYCIECHOWSKI Norbert	586	OCR TEAM WŁOCLAWEK	M2 30-39	213		OCR TEAM WŁOCLAWEK	01:50:18.80	01:50:18.80	+01:04:50 (58.8%)	14:42	4,1 (44.4%)
441	ZABŁOCKI Paweł	1138	PRZEBIEGLI	M1 16-29	117			01:50:26.75	01:50:26.75	+01:04:58 (58.8%)	14:43	4,1 (44.4%)
442	SLUPIŃSKI Dariusz	610	OCR TEAM WŁOCLAWEK	M4 50-59	16		OCR TEAM WŁOCLAWEK	01:50:31.50	01:50:31.50	+01:05:02 (58.9%)	14:44	4,1 (44.4%)
443	HAJDUK Maciej	542		M3 40-49	90			01:50:47.45	01:50:47.45	+01:05:18 (59.0%)	14:46	4,1 (44.4%)
444	ZAREMBA Marcin	1327		M2 30-39	214			01:51:02.05	01:51:02.05	+01:05:33 (59.0%)	14:48	4,1 (45.6%)
445	ROJEK Krzysztof	1239		M2 30-39	215			01:51:16.50	01:51:16.50	+01:05:47 (59.1%)	14:50	4 (44.4%)
446	PAWLUŚ Tomasz	209	SSPS CHEMIK POLICE	M2 30-39	216		Dzikie Krokodyle	01:51:21.60	01:51:21.60	+01:05:53 (59.2%)	14:50	4 (44.4%)
447	WÓJCIK Krzysztof	208		M2 30-39	217		Dzikie Krokodyle	01:51:21.90	01:51:21.90	+01:05:53 (59.2%)	14:50	4 (44.4%)
448	BEJM Łukasz	557		M2 30-39	218		Dzikusy	01:51:22.00	01:51:22.00	+01:05:53 (59.2%)	14:50	4 (44.4%)
448	KEMPIŃSKI Tomasz	1154		M2 30-39	218		Dzikusy	01:51:22.00	01:51:22.00	+01:05:53 (59.2%)	14:50	4 (44.4%)
450	SAŃKA Paweł	543		M3 40-49	91			01:51:22.05	01:51:22.05	+01:05:53 (59.2%)	14:50	4 (44.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
451	<b>SAWULAK Wiktor</b>	<b>558</b>		M2 30-39	220			<b>01:51:22.10</b>	<b>01:51:22.10</b>	+01:05:53 (59.2%)	14:50	4 (44.4%)
452	<b>SZULC Marcin</b>	<b>613</b>		M2 30-39	221			<b>01:51:48.50</b>	<b>01:51:48.50</b>	+01:06:19 (59.3%)	14:54	4 (44.4%)
453	<b>DUDKA Robert</b>	<b>536</b>		M1 16-29	118			<b>01:51:55.40</b>	<b>01:51:55.40</b>	+01:06:26 (59.4%)	14:55	4 (44.4%)
454	<b>ŁUKOMSKI Piotr</b>	<b>593</b>		M1 16-29	119			<b>01:52:20.05</b>	<b>01:52:20.05</b>	+01:06:51 (59.5%)	14:58	4 (44.4%)
455	<b>STRZELECKI Sebastian 'Kaszana'</b>	<b>335</b>	SAILING TEAM FERAJNA	M3 40-49	92		Sailing Team Ferajna	<b>01:52:25.35</b>	<b>01:52:25.35</b>	+01:06:56 (59.5%)	14:59	4 (44.4%)
455	<b>NOWAK Bartłomiej</b>	<b>201</b>	SAILING TEAM FERAJNA	M3 40-49	92		Sailing Team Ferajna	<b>01:52:25.35</b>	<b>01:52:25.35</b>	+01:06:56 (59.5%)	14:59	4 (44.4%)
457	<b>SZYSZKA Marcin</b>	<b>1110</b>	MARCIN SZYSZKA	M2 30-39	222		ORKI Z MAJORKI	<b>01:52:29.75</b>	<b>01:52:29.75</b>	+01:07:01 (59.6%)	14:59	4 (44.4%)
458	<b>KIES Grzegorz</b>	<b>1169</b>		M1 16-29	120		Trzy Dziki	<b>01:52:31.25</b>	<b>01:52:31.25</b>	+01:07:02 (59.6%)	15:00	4 (44.4%)
459	<b>BALCERAK Kuba</b>	<b>1170</b>		M1 16-29	121		Trzy Dziki	<b>01:52:32.15</b>	<b>01:52:32.15</b>	+01:07:03 (59.6%)	15:00	4 (44.4%)
460	<b>SKONECZNY Przemysław</b>	<b>286</b>		M2 30-39	223			<b>01:52:32.25</b>	<b>01:52:32.25</b>	+01:07:03 (59.6%)	15:00	4 (44.4%)
461	<b>CHOMIŃSKI Aleksander</b>	<b>1123</b>	PDC	M1 16-29	122		PDC	<b>01:52:33.35</b>	<b>01:52:33.35</b>	+01:07:04 (59.6%)	15:00	4 (44.4%)
462	<b>KIES Marcin</b>	<b>1168</b>		M3 40-49	94		Trzy Dziki	<b>01:52:33.55</b>	<b>01:52:33.55</b>	+01:07:05 (59.6%)	15:00	4 (44.4%)
463	<b>ZAKRZEWSKI Grzegorz</b>	<b>454</b>	FSD RUN DREZDENKO	M1 16-29	123			<b>01:52:46.75</b>	<b>01:52:46.75</b>	+01:07:18 (59.7%)	15:02	4 (44.4%)
464	<b>KRAWCZYK Lukasz</b>	<b>1214</b>	TWK	M2 30-39	224		TWK	<b>01:52:58.60</b>	<b>01:52:58.60</b>	+01:07:30 (59.7%)	15:03	4 (44.4%)
465	<b>PĘKALSKI Tomasz</b>	<b>1209</b>	TWK	M2 30-39	225			<b>01:52:58.75</b>	<b>01:52:58.75</b>	+01:07:30 (59.7%)	15:03	4 (44.4%)
466	<b>OSTROWSKI Piotr</b>	<b>534</b>	23. BAZA LOTNICTWA TAKTYCZNEGO	M3 40-49	95	23. Baza Lotnictwa Taktycznego	23. Baza Lotnictwa Taktycznego	<b>01:53:02.20</b>	<b>01:53:02.20</b>	+01:07:33 (59.8%)	15:04	4 (44.4%)
467	<b>SAMPLAWSKI Adam</b>	<b>1111</b>		M2 30-39	226		ORKI Z MAJORKI	<b>01:53:08.15</b>	<b>01:53:08.15</b>	+01:07:39 (59.8%)	15:05	4 (44.4%)
468	<b>MILEJSKI Paweł</b>	<b>349</b>		M2 30-39	227			<b>01:53:10.95</b>	<b>01:53:10.95</b>	+01:07:42 (59.8%)	15:05	4 (44.4%)
469	<b>JAMRÓZ Wojciech</b>	<b>627</b>		M2 30-39	228			<b>01:53:12.80</b>	<b>01:53:12.80</b>	+01:07:44 (59.8%)	15:05	4 (44.4%)
470	<b>SZYMCZAK Marcin</b>	<b>506</b>		M3 40-49	96			<b>01:53:25.95</b>	<b>01:53:25.95</b>	+01:07:57 (59.9%)	15:07	4 (44.4%)
471	<b>GOWORSKI Jerzy</b>	<b>147</b>		M1 16-29	124			<b>01:53:40.75</b>	<b>01:53:40.75</b>	+01:08:12 (60.0%)	15:09	4 (44.4%)
472	<b>ŁEBKOWSKI Karol</b>	<b>175</b>		M2 30-39	229			<b>01:53:47.00</b>	<b>01:53:47.00</b>	+01:08:18 (60.0%)	15:10	4 (44.4%)
473	<b>CZERKASOW Piotr</b>	<b>1323</b>		M2 30-39	230		Nienormalnie Normalni	<b>01:53:48.15</b>	<b>01:53:48.15</b>	+01:08:19 (60.0%)	15:10	4 (44.4%)
474	<b>GRZYBOWSKI Przemysław</b>	<b>725</b>		M2 30-39	231	KP PSP Police	KP PSP Police	<b>01:53:50.65</b>	<b>01:53:50.65</b>	+01:08:22 (60.1%)	15:10	4 (44.4%)
475	<b>MILCZAREK Paweł</b>	<b>931</b>		M1 16-29	125	KP PSP Police	KP PSP Police	<b>01:53:51.55</b>	<b>01:53:51.55</b>	+01:08:23 (60.1%)	15:10	4 (44.4%)
476	<b>ŁYDZIŃSKI Michał</b>	<b>733</b>	1973	M1 16-29	126	Straż Pożarna	KP PSP Police	<b>01:53:51.75</b>	<b>01:53:51.75</b>	+01:08:23 (60.1%)	15:10	4 (44.4%)
477	<b>ROMEK Wojciech</b>	<b>1189</b>		M2 30-39	232			<b>01:53:53.75</b>	<b>01:53:53.75</b>	+01:08:25 (60.1%)	15:11	4 (44.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
478	<b>SŁOTWIŃSKI Bogusław</b>	<b>1322</b>		M3 40-49	97		Dziwnie Normalni	<b>01:53:57.40</b>	<b>01:53:57.40</b>	+01:08:28 (60.1%)	15:11	3,9 (43.3%)
479	<b>WITKOWSKI Emil</b>	<b>606</b>		M1 16-29	127			<b>01:54:06.55</b>	<b>01:54:06.55</b>	+01:08:38 (60.1%)	15:12	3,9 (33.3%)
480	<b>GAŁUSZKA Daniel</b>	<b>387</b>	PUSZCZYK BUKOWY	M1 16-29	128			<b>01:54:11.00</b>	<b>01:54:11.00</b>	+01:08:42 (60.2%)	15:13	3,9 (43.3%)
481	<b>PTASZYŃSKI Jarosław</b>	<b>579</b>	OCR TEAM WŁOCŁAWEK	M3 40-49	98		OCR TEAM WŁOCŁAWEK	<b>01:54:29.75</b>	<b>01:54:29.75</b>	+01:09:01 (60.3%)	15:15	3,9 (33.3%)
482	<b>MAŁOCHA Adam</b>	<b>114</b>	PARKRUN ŚWINOUJŚCIE	M1 16-29	129			<b>01:54:33.80</b>	<b>01:54:33.80</b>	+01:09:05 (60.3%)	15:16	3,9 (43.3%)
483	<b>LEBIEDZIŃSKI Radek</b>	<b>78</b>	NORDA ACTIVE TEAM	M2 30-39	233			<b>01:54:34.25</b>	<b>01:54:34.25</b>	+01:09:05 (60.3%)	15:16	3,9 (43.3%)
484	<b>JĘDRZEJAK Maciej</b>	<b>128</b>	BIEGACZE ŚWINOUJŚCIE	M3 40-49	99			<b>01:43:27.90</b>	<b>01:54:34.90</b>	+01:09:06 (60.3%)	13:47	4,3 (47.8%)
485	<b>MAŁOCHA Mariusz</b>	<b>108</b>	GHETTO WORKOUT ŚWINOUJŚCIE	M3 40-49	100			<b>01:54:35.20</b>	<b>01:54:35.20</b>	+01:09:06 (60.3%)	15:16	3,9 (43.3%)
486	<b>WOŁK Marcin</b>	<b>753</b>		M2 30-39	234		KSF	<b>01:54:46.75</b>	<b>01:54:46.75</b>	+01:09:18 (60.4%)	15:18	3,9 (33.3%)
487	<b>WILCZOPOLSKI Kamil</b>	<b>463</b>		M1 16-29	130			<b>01:54:48.75</b>	<b>01:54:48.75</b>	+01:09:20 (60.4%)	15:18	3,9 (43.3%)
488	<b>NASKRĘT Darek</b>	<b>2</b>		M2 30-39	235			<b>01:54:50.45</b>	<b>01:54:50.45</b>	+01:09:21 (60.4%)	15:18	3,9 (33.3%)
489	<b>GRALEWICZ Robert</b>	<b>4</b>	MORSY MUROWANA GOŚLINA	M3 40-49	101			<b>01:54:50.60</b>	<b>01:54:50.60</b>	+01:09:22 (60.4%)	15:18	3,9 (33.3%)
490	<b>STEMPNIAK Zbigniew</b>	<b>72</b>	REBELS LEGION TEAM	M3 40-49	102			<b>01:54:50.80</b>	<b>01:54:50.80</b>	+01:09:22 (60.4%)	15:18	3,9 (43.3%)
491	<b>KLIMEK Krzysztof</b>	<b>122</b>		M2 30-39	236			<b>01:55:10.60</b>	<b>01:55:10.60</b>	+01:09:42 (60.5%)	15:21	3,9 (33.3%)
492	- -	<b>1246</b>	DZIECI KAPITANA ŻBIKA	M2 30-39	237			<b>01:55:19.35</b>	<b>01:55:19.35</b>	+01:09:50 (60.6%)	15:22	3,9 (43.3%)
493	<b>SMYKA Jarosław</b>	<b>738</b>		M3 40-49	103			<b>01:55:19.65</b>	<b>01:55:19.65</b>	+01:09:51 (60.6%)	15:22	3,9 (43.3%)
493	<b>MIZERSKI Jakub</b>	<b>1250</b>	DZIECI KAPITANA ŻBIKA	M2 30-39	238			<b>01:55:19.65</b>	<b>01:55:19.65</b>	+01:09:51 (60.6%)	15:22	3,9 (43.3%)
495	<b>KAŁUN Mariusz</b>	<b>1272</b>		M3 40-49	104			<b>01:55:20.70</b>	<b>01:55:20.70</b>	+01:09:52 (60.6%)	15:22	3,9 (43.3%)
496	<b>KAMIONKA Andrzej</b>	<b>723</b>		M2 30-39	239			<b>01:55:20.85</b>	<b>01:55:20.85</b>	+01:09:52 (60.6%)	15:22	3,9 (43.3%)
497	<b>PASTUCH Jarosław</b>	<b>1247</b>	DZIECI KAPITANA ŻBIKA	M2 30-39	240	Dzieci Kapitana Żbika		<b>01:55:21.00</b>	<b>01:55:21.00</b>	+01:09:52 (60.6%)	15:22	3,9 (43.3%)
498	<b>BONTER Jakub</b>	<b>1249</b>	DZIECI KAPITANA ŻBIKA	M1 16-29	131	Dzieci Kapitana Żbika		<b>01:55:21.05</b>	<b>01:55:21.05</b>	+01:09:52 (60.6%)	15:22	3,9 (43.3%)
499	<b>DUBIŃSKI Szymon</b>	<b>960</b>		M1 16-29	132			<b>01:53:24.25</b>	<b>01:55:36.25</b>	+01:10:07 (60.7%)	15:07	4 (44.4%)
500	<b>LEWANDOWSKI Karol</b>	<b>668</b>	OŻW SZCZECIN	M2 30-39	241	OŻW Szczecin	OŻW SZCZECIN	<b>01:55:43.90</b>	<b>01:55:43.90</b>	+01:10:15 (60.7%)	15:25	3,9 (33.3%)
501	<b>SZEWCZYK Dariusz</b>	<b>1244</b>	DZIKUSY Z GRYFINA	M1 16-29	133			<b>01:55:45.55</b>	<b>01:55:45.55</b>	+01:10:17 (60.7%)	15:26	3,9 (43.3%)
502	<b>OBROCZI Maciej</b>	<b>35</b>	BBB	M3 40-49	105			<b>01:55:48.05</b>	<b>01:55:48.05</b>	+01:10:19 (60.7%)	15:26	3,9 (33.3%)
503	<b>ZDZIEBŁOWSKI Wktor</b>	<b>1079</b>	HQ MNC NE	M1 16-29	134			<b>01:55:48.15</b>	<b>01:55:48.15</b>	+01:10:19 (60.7%)	15:26	3,9 (33.3%)
504	<b>KŁĘCZAR Igor</b>	<b>342</b>	BIKE TEAM CHOJNA	M1 16-29	135			<b>01:56:03.30</b>	<b>01:56:03.30</b>	+01:10:34 (60.8%)	15:28	3,9 (33.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
505	WOSIAK Paweł	453	FSD RUN DREZDENKO	M2 30-39	242			01:56:12.85	01:56:12.85	+01:10:44 (60.9%)	15:29	3,9 (33.3%)
506	KRYWAN Piotr	1186		M2 30-39	243		Team Calypso	01:56:14.10	01:56:14.10	+01:10:45 (60.9%)	15:29	3,9 (33.3%)
507	KRZYSZTOFOWICZ Krzysztof	934		M2 30-39	244			01:56:49.20	01:56:49.20	+01:11:20 (61.1%)	15:34	3,9 (33.3%)
508	KRZYSZTOFOWICZ Karol	451		M2 30-39	245			01:56:49.95	01:56:49.95	+01:11:21 (61.1%)	15:34	3,9 (33.3%)
509	SOLECKI Sylwester	469		M2 30-39	246			01:56:50.55	01:56:50.55	+01:11:22 (61.1%)	15:34	3,9 (33.3%)
510	KOPKIEWICZ Radosław	1117	PDC	M2 30-39	247		PDC	01:57:25.40	01:57:25.40	+01:11:56 (61.3%)	15:39	3,8 (33.3%)
511	DŁUGOŁĘCKI Michał	742		M1 16-29	136			01:57:25.45	01:57:25.45	+01:11:56 (61.3%)	15:39	3,8 (42.2%)
512	ŚWITAŁA Piotr	1203	DZIK I DZIKI	M1 16-29	137			01:57:35.50	01:57:35.50	+01:12:06 (61.3%)	15:40	3,8 (42.2%)
513	JACHIRA Krzysztof	722	GRYF TEAM	M2 30-39	248			01:58:00.45	01:58:00.45	+01:12:31 (61.5%)	15:44	3,8 (42.2%)
514	OLEJNICKI Mikołaj	679	MUD GOATS	M1 16-29	138		Mud Goats	01:58:03.05	01:58:03.05	+01:12:34 (61.5%)	15:44	3,8 (42.2%)
515	BOŻEK Łukasz	184	MUD GOATS	M2 30-39	249		Mud Goats	01:58:03.30	01:58:03.30	+01:12:34 (61.5%)	15:44	3,8 (42.2%)
516	POST Michał	1337		M2 30-39	250		Doktoży	01:58:16.10	01:58:16.10	+01:12:47 (61.5%)	15:46	3,8 (42.2%)
517	STASIUK Robert	1318		M2 30-39	251		Doktoży	01:58:16.55	01:58:16.55	+01:12:48 (61.6%)	15:46	3,8 (42.2%)
518	GARBACIAK Grzegorz	1094	OCHOTNICZA STRAŻ POŻARNA W POLICACH	M3 40-49	106			01:58:16.85	01:58:16.85	+01:12:48 (61.6%)	15:46	3,8 (33.3%)
519	GOŁASZ Robert	1146		M2 30-39	252			01:58:22.55	01:58:22.55	+01:12:54 (61.6%)	15:46	3,8 (33.3%)
520	TROJANOWSKI Marcin	1289		M2 30-39	253			01:58:34.50	01:58:34.50	+01:13:05 (61.6%)	15:48	3,8 (33.3%)
521	PIERŚCIŃSKI Sławomir	1034		M3 40-49	107			01:58:34.70	01:58:34.70	+01:13:06 (61.6%)	15:48	3,8 (33.3%)
522	JASIK Mariusz	807		M3 40-49	108			01:58:36.55	01:58:36.55	+01:13:08 (61.7%)	15:48	3,8 (33.3%)
523	BAGIŃSKI Marcin	1340		M2 30-39	254			01:58:41.00	01:58:41.00	+01:13:12 (61.7%)	15:49	3,8 (42.2%)
524	KOTWAS Paweł	1124	PDC	M2 30-39	255		PDC	01:58:42.30	01:58:42.30	+01:13:13 (61.7%)	15:49	3,8 (33.3%)
525	KABIL Aly	1118	PDC	M2 30-39	256		PDC	01:58:42.35	01:58:42.35	+01:13:13 (61.7%)	15:49	3,8 (33.3%)
526	KOZAKIEWICZ Andrzej	1333		M2 30-39	257			01:58:49.90	01:58:49.90	+01:13:21 (61.7%)	15:50	3,8 (33.3%)
527	KRUBER Piotr	519		M2 30-39	258			01:58:59.65	01:58:59.65	+01:13:31 (61.8%)	15:51	3,8 (33.3%)
528	NOWOTNIK Wojciech	944		M2 30-39	259			01:59:12.40	01:59:12.40	+01:13:43 (61.9%)	15:53	3,8 (33.3%)
529	LESZKIEWICZ Roman	281		M2 30-39	260		KMS	01:59:24.05	01:59:24.05	+01:13:55 (61.9%)	15:55	3,8 (42.2%)
530	POLIS Paweł	1219		M2 30-39	261			01:59:24.55	01:59:24.55	+01:13:56 (61.9%)	15:55	3,8 (42.2%)
531	CICHY Łukasz	79		M2 30-39	262			01:59:25.20	01:59:25.20	+01:13:56 (61.9%)	15:55	3,8 (42.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
532	<b>KUCHTO Arkadiusz</b>	<b>83</b>	HRLINK	M2 30-39	263			<b>01:59:25.60</b>	<b>01:59:25.60</b>	+01:13:57 (61.9%)	15:55	3.8 (42.2%)
533	<b>KŁODA Damian</b>	<b>1336</b>		M1 16-29	139			<b>01:59:25.75</b>	<b>01:59:25.75</b>	+01:13:57 (61.9%)	15:55	3.8 (42.2%)
534	<b>KUCABA Paweł</b>	<b>1225</b>		M2 30-39	264			<b>01:59:25.85</b>	<b>01:59:25.85</b>	+01:13:57 (61.9%)	15:55	3.8 (42.2%)
535	<b>MOSKWA Arkadiusz</b>	<b>1220</b>		M3 40-49	109			<b>01:59:26.25</b>	<b>01:59:26.25</b>	+01:13:57 (61.9%)	15:55	3.8 (42.2%)
536	<b>CZYŻEWSKI Mateusz</b>	<b>311</b>		M2 30-39	265			<b>01:59:26.40</b>	<b>01:59:26.40</b>	+01:13:57 (61.9%)	15:55	3.8 (42.2%)
537	<b>CHROBOCINSKI Daniel</b>	<b>142</b>		M1 16-29	140			<b>01:59:30.45</b>	<b>01:59:30.45</b>	+01:14:01 (61.9%)	15:56	3.8 (33.3%)
538	<b>GUMOWSKI Daniel</b>	<b>352</b>		M2 30-39	266		2 of 4	<b>01:59:51.40</b>	<b>01:59:51.40</b>	+01:14:22 (62.1%)	15:58	3.8 (33.3%)
539	<b>KAROL Wojciech</b>	<b>82</b>	WIECZORNE BIEGANIE W SZCZECINIE	M3 40-49	110			<b>02:00:01.70</b>	<b>02:00:01.70</b>	+01:14:33 (62.1%)	16:00	3.7 (33.3%)
540	<b>KACZOR Mariusz</b>	<b>491</b>	WAR-CHLACZKI	M2 30-39	267		Jost Polska	<b>02:00:03.45</b>	<b>02:00:03.45</b>	+01:14:34 (62.1%)	16:00	3.7 (33.3%)
541	<b>GAJEK Łukasz</b>	<b>412</b>	WAR-CHLACZKI	M2 30-39	268		WAR-chlaczki	<b>02:00:04.25</b>	<b>02:00:04.25</b>	+01:14:35 (62.1%)	16:00	3.7 (33.3%)
541	<b>JANUSZEWSKI Bartosz</b>	<b>444</b>	JOST POLSKA	M1 16-29	141		Jost Polska	<b>02:00:04.25</b>	<b>02:00:04.25</b>	+01:14:35 (62.1%)	16:00	3.7 (33.3%)
543	<b>BIAZIK Piotr</b>	<b>443</b>	WAR-CHLACZKI	M2 30-39	269		WAR-chlaczki	<b>02:00:04.75</b>	<b>02:00:04.75</b>	+01:14:36 (62.1%)	16:00	3.7 (33.3%)
544	<b>SKOWYRA Arkadiusz</b>	<b>422</b>	RUNGRYF GRYFICE	M2 30-39	270			<b>02:00:10.75</b>	<b>02:00:10.75</b>	+01:14:42 (62.2%)	16:01	3.7 (33.3%)
545	<b>MICHALSKI Roman</b>	<b>1068</b>		M1 16-29	142			<b>02:00:34.00</b>	<b>02:00:34.00</b>	+01:15:05 (62.3%)	16:04	3.7 (41.1%)
546	<b>SAGAN Dawid</b>	<b>1153</b>		M1 16-29	143			<b>02:00:36.30</b>	<b>02:00:36.30</b>	+01:15:07 (62.3%)	16:04	3.7 (41.1%)
547	<b>BĘGOWSKI Tomasz</b>	<b>185</b>		M2 30-39	271	12BZ Szczecin	B	<b>02:00:40.70</b>	<b>02:00:40.70</b>	+01:15:12 (62.3%)	16:05	3.7 (33.3%)
548	<b>BORODYN Andrzej</b>	<b>338</b>	GRUPA DOCHODZENIOWA SAVE THE BEAT	M3 40-49	111			<b>02:00:43.15</b>	<b>02:00:43.15</b>	+01:15:14 (62.3%)	16:05	3.7 (41.1%)
549	<b>WARKOCZYŃSKI Marcin</b>	<b>330</b>	DLAELUNI	M3 40-49	112			<b>02:00:43.25</b>	<b>02:00:43.25</b>	+01:15:14 (62.3%)	16:05	3.7 (41.1%)
550	<b>JAGIEŁŁO Jacek</b>	<b>1024</b>		M4 50-59	17		Jagielaki	<b>02:00:52.35</b>	<b>02:00:52.35</b>	+01:15:23 (62.4%)	16:06	3.7 (33.3%)
551	<b>JAGIEŁŁO Paweł</b>	<b>1023</b>		M1 16-29	144		Jagielaki	<b>02:00:53.55</b>	<b>02:00:53.55</b>	+01:15:25 (62.4%)	16:07	3.7 (33.3%)
552	<b>BAGIEŃSKI Andrzej</b>	<b>1227</b>		M4 50-59	18			<b>02:01:01.45</b>	<b>02:01:01.45</b>	+01:15:32 (62.4%)	16:08	3.7 (33.3%)
553	<b>HARNER Jacek</b>	<b>244</b>	PANDA I BANDA	M2 30-39	272		Panda i Banda	<b>02:01:14.75</b>	<b>02:01:14.75</b>	+01:15:46 (62.5%)	16:09	3.7 (41.1%)
554	<b>WASILEWSKI Andrzej</b>	<b>371</b>		M3 40-49	113			<b>02:01:20.15</b>	<b>02:01:20.15</b>	+01:15:51 (62.5%)	16:10	3.7 (41.1%)
555	<b>MADEJ Krzysztof</b>	<b>637</b>		M2 30-39	273			<b>02:01:25.50</b>	<b>02:01:25.50</b>	+01:15:56 (62.5%)	16:11	3.7 (33.3%)
556	<b>KOWNACKI Bartosz</b>	<b>213</b>	AT-TRZEBIATÓW	M2 30-39	274			<b>02:01:30.05</b>	<b>02:01:30.05</b>	+01:16:01 (62.6%)	16:12	3.7 (33.3%)
557	<b>ULASS Robert</b>	<b>103</b>		M3 40-49	114		Ubawieni po pachy IV	<b>02:01:42.50</b>	<b>02:01:42.50</b>	+01:16:13 (62.6%)	16:13	3.7 (33.3%)
558	<b>ŁEMPICKI Maciej</b>	<b>493</b>		M1 16-29	145			<b>02:01:45.95</b>	<b>02:01:45.95</b>	+01:16:17 (62.7%)	16:14	3.7 (41.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
559	<b>KWAŚNIEWSKI Wojciech</b>	<b>1213</b>	KS POLANIE PIERZCHNICA	M2 30-39	275			<b>02:02:33.30</b>	<b>02:02:33.30</b>	+01:17:04 (62.9%)	16:20	3.7 (41.1%)
560	<b>ULATOWSKI Tomasz</b>	<b>109</b>		M2 30-39	276			<b>02:03:07.25</b>	<b>02:03:07.25</b>	+01:17:38 (63.1%)	16:24	3,7 (33.3%)
561	<b>BZDAWKA Rafał</b>	<b>225</b>		M3 40-49	115			<b>02:03:11.90</b>	<b>02:03:11.90</b>	+01:17:43 (63.1%)	16:25	3.7 (41.1%)
562	<b>BARSZCZEWSKI Stanisław</b>	<b>230</b>		M3 40-49	116			<b>02:03:12.20</b>	<b>02:03:12.20</b>	+01:17:43 (63.1%)	16:25	3.7 (41.1%)
563	<b>DRZEWIECKI Arkadiusz</b>	<b>63</b>	BIEGACZE ŚWINOUJŚCIE	M4 50-59	19		Biegacze Świnoujście	<b>02:03:12.50</b>	<b>02:03:12.50</b>	+01:17:43 (63.1%)	16:25	3.7 (41.1%)
564	<b>BUCZEK Krzysztof</b>	<b>1328</b>		M2 30-39	277		Agat	<b>02:03:23.15</b>	<b>02:03:23.15</b>	+01:17:54 (63.1%)	16:27	3,6 (33.3%)
565	<b>ZDZIEBŁOWSKI Bartosz</b>	<b>1080</b>	HQ MNC NE	M3 40-49	117			<b>02:03:29.90</b>	<b>02:03:29.90</b>	+01:18:01 (63.2%)	16:27	3,6 (33.3%)
566	<b>LEWANDOWSKI Michał</b>	<b>1103</b>	COLOSSUS	M2 30-39	278			<b>02:03:30.10</b>	<b>02:03:30.10</b>	+01:18:01 (63.2%)	16:28	3,6 (33.3%)
567	<b>CIEPIELA Przemysław</b>	<b>577</b>		M2 30-39	279			<b>02:03:34.35</b>	<b>02:03:34.35</b>	+01:18:05 (63.2%)	16:28	3,6 (40.0%)
568	<b>DĘBCZYŃSKI Michał</b>	<b>152</b>	WILD HORSE ZÜRICH	M2 30-39	280			<b>02:03:34.65</b>	<b>02:03:34.65</b>	+01:18:06 (63.2%)	16:28	3,6 (40.0%)
569	<b>BURAKOWSKI Grzegorz</b>	<b>365</b>	SPOCENI ŚWINOUJŚCIE :)	M3 40-49	118			<b>02:03:54.35</b>	<b>02:03:54.35</b>	+01:18:25 (63.3%)	16:31	3,6 (40.0%)
570	<b>ŁOZIŃSKI Miłosław</b>	<b>1301</b>		M1 16-29	146		Jazz Club	<b>02:04:05.50</b>	<b>02:04:05.50</b>	+01:18:36 (63.4%)	16:32	3,6 (40.0%)
571	<b>CYNOWSKI Patryk</b>	<b>1299</b>		M2 30-39	281		Jazz Club	<b>02:04:06.25</b>	<b>02:04:06.25</b>	+01:18:37 (63.4%)	16:32	3,6 (40.0%)
572	<b>LIPIŃSKI Paweł</b>	<b>1215</b>	HUSARIA RACE TEAM	M2 30-39	282	Husaria Race Team		<b>02:04:09.10</b>	<b>02:04:09.10</b>	+01:18:40 (63.4%)	16:33	3,6 (33.3%)
573	<b>ŻERKO Marcin</b>	<b>564</b>		M2 30-39	283			<b>02:04:17.15</b>	<b>02:04:17.15</b>	+01:18:48 (63.4%)	16:34	3,6 (40.0%)
574	<b>WĘGLEWSKI Bartosz</b>	<b>792</b>	SZAMOTULSKIE STOWARZYSZENIE SPORTOWE	M1 16-29	147		xRunners	<b>02:04:17.50</b>	<b>02:04:17.50</b>	+01:18:48 (63.4%)	16:34	3,6 (40.0%)
575	<b>GOSTOMSKI Miłosz</b>	<b>381</b>		M2 30-39	284			<b>02:04:18.25</b>	<b>02:04:18.25</b>	+01:18:49 (63.4%)	16:34	3,6 (40.0%)
576	<b>GORCZYCA Mateusz</b>	<b>1236</b>		M2 30-39	285		Sławno bushcraft	<b>02:04:20.10</b>	<b>02:04:20.10</b>	+01:18:51 (63.4%)	16:34	3,6 (33.3%)
577	<b>HEPPNER Paweł</b>	<b>1231</b>		M1 16-29	148		Agat	<b>02:04:32.70</b>	<b>02:04:32.70</b>	+01:19:04 (63.5%)	16:36	3,6 (33.3%)
578	<b>TOMASZEWSKI Michał</b>	<b>1212</b>		M1 16-29	149			<b>02:04:45.00</b>	<b>02:04:45.00</b>	+01:19:16 (63.5%)	16:38	3,6 (40.0%)
579	<b>SOWA Krzysztof</b>	<b>701</b>	ZWIEDZANIE PRZEZ BIEGANIE	M2 30-39	286			<b>02:04:59.10</b>	<b>02:04:59.10</b>	+01:19:30 (63.6%)	16:39	3,6 (40.0%)
580	<b>PŁAŻAŁSKI Łukasz</b>	<b>957</b>		M2 30-39	287		Husaria Race Team	<b>02:05:05.05</b>	<b>02:05:05.05</b>	+01:19:36 (63.6%)	16:40	3,6 (33.3%)
581	<b>SOKOŁOWSKI Konrad</b>	<b>959</b>	HUSARIA RACE TEAM	M2 30-39	288			<b>02:05:05.50</b>	<b>02:05:05.50</b>	+01:19:36 (63.6%)	16:40	3,6 (33.3%)
582	<b>SOBCZAK Wojtek</b>	<b>1035</b>		M2 30-39	289			<b>02:05:25.85</b>	<b>02:05:25.85</b>	+01:19:57 (63.7%)	16:43	3,6 (33.3%)
583	<b>RYBACKI Roman</b>	<b>411</b>	WAR-CHLACZKI	M2 30-39	290		WAR-chlaczki	<b>02:05:30.25</b>	<b>02:05:30.25</b>	+01:20:01 (63.8%)	16:44	3,6 (33.3%)
584	<b>CICHARSKI Rafał</b>	<b>471</b>	JOST POLSKA	M1 16-29	150		WAR-chlaczki	<b>02:05:31.35</b>	<b>02:05:31.35</b>	+01:20:02 (63.8%)	16:44	3,6 (33.3%)
585	<b>ZIEMIĘCKI Waldemar</b>	<b>671</b>		M3 40-49	119			<b>02:06:01.00</b>	<b>02:06:01.00</b>	+01:20:32 (63.9%)	16:48	3,6 (40.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
586	WINIARZ Grzegorz	906	SKB DZIK	M3 40-49	120		SKB Dzik	02:06:08.90	02:06:08.90	+01:20:40 (64.0%)	16:49	3.6 (40.0%)
587	CHUDZIŃSKI Filip	1207		M1 16-29	151			02:06:18.45	02:06:18.45	+01:20:49 (64.0%)	16:50	3.6 (40.0%)
588	KONDELA Mikołaj	1202		M1 16-29	152			02:06:18.75	02:06:18.75	+01:20:50 (64.0%)	16:50	3.6 (40.0%)
588	KONDELA Paweł	196		M3 40-49	121			02:06:18.75	02:06:18.75	+01:20:50 (64.0%)	16:50	3.6 (40.0%)
588	CHUDZIŃSKI Bartosz	190		M3 40-49	121			02:06:18.75	02:06:18.75	+01:20:50 (64.0%)	16:50	3.6 (40.0%)
591	NASIADEK Arkadiusz	272		M3 40-49	123			02:06:19.20	02:06:19.20	+01:20:50 (64.0%)	16:50	3.6 (40.0%)
592	BAGIEŃSKI Adrian	1226	STC STARGARD	M2 30-39	291			02:06:19.90	02:06:19.90	+01:20:51 (64.0%)	16:50	3.6 (33.3%)
593	NOWACKI Tomasz	661	OPTIMA	M3 40-49	124		Panda i Banda	02:06:32.65	02:06:32.65	+01:21:04 (64.1%)	16:52	3.6 (40.0%)
594	WRÓBLEWSKI Jarosław	382	RAZ SZCZECIN	M3 40-49	125		RAZ Szczecin	02:06:33.55	02:06:33.55	+01:21:05 (64.1%)	16:52	3.6 (33.3%)
595	LENER Sławomir	1092	EKSPEDYCJA NORDIC TEAM	M5 60+	8		RAZ Szczecin	02:06:33.85	02:06:33.85	+01:21:05 (64.1%)	16:52	3.6 (33.3%)
596	JAWORSKI Adrian	576		M1 16-29	153		RAZ Szczecin	02:06:33.95	02:06:33.95	+01:21:05 (64.1%)	16:52	3.6 (33.3%)
597	BOBROWICZ Jakub	116	T.CH. SZCZECIN	M2 30-39	292			02:06:40.60	02:06:40.60	+01:21:12 (64.1%)	16:53	3.6 (33.3%)
598	PIESYK Damian	540		M1 16-29	154		LOSZKI I WARCHLAKI	02:06:46.45	02:06:46.45	+01:21:17 (64.1%)	16:54	3.5 (33.3%)
599	KAROL Sławek	550	LOSZKI I WARCHLAKI	M4 50-59	20		LOSZKI I WARCHLAKI	02:06:46.80	02:06:46.80	+01:21:18 (64.1%)	16:54	3.5 (38.9%)
600	SIELICKI Patryk	650		M1 16-29	155		LOSZKI I WARCHLAKI	02:06:46.85	02:06:46.85	+01:21:18 (64.1%)	16:54	3.5 (33.3%)
601	BAGIEŃSKI Mateusz	1245		M1 16-29	156			02:06:52.85	02:06:52.85	+01:21:24 (64.2%)	16:54	3.5 (33.3%)
602	HAJDUKIEWICZ Marek	1274		M2 30-39	293			02:07:30.35	02:07:30.35	+01:22:01 (64.3%)	17:00	3.5 (33.3%)
603	WIŚNIEWSKI Przemysław	1125	PDC	M1 16-29	157		PDC	02:07:38.60	02:07:38.60	+01:22:10 (64.4%)	17:01	3.5 (33.3%)
604	JUCHA Michał	5		M1 16-29	158			02:08:10.75	02:08:10.75	+01:22:42 (64.5%)	17:05	3.5 (33.3%)
605	ZUBKIEWICZ Michał	1065		M1 16-29	159			02:08:54.00	02:08:54.00	+01:23:25 (64.7%)	17:11	3.5 (33.3%)
606	KACZMAREK Krzysztof	70	BIEGACZE PÓŁNOCY	M3 40-49	126		Ubawieni po pachy IV	02:09:56.55	02:09:56.55	+01:24:28 (65.0%)	17:19	3.5 (33.3%)
607	LEWANDOWSKI Janusz	567	WIECZORNE BIEGANIE SZCZECIN	M4 50-59	21			02:10:06.40	02:10:06.40	+01:24:37 (65.0%)	17:20	3.5 (33.3%)
608	KARPIS Mirosław	1167		M3 40-49	127			02:10:36.60	02:10:36.60	+01:25:08 (65.2%)	17:24	3.4 (37.8%)
609	CZYNSZAK Krystian	700	STARGARD. JA SIĘ NIE ŚCIGAM	M2 30-39	294		Pędzące Imadła Stargard	02:11:35.10	02:11:35.10	+01:26:06 (65.4%)	17:32	3.4 (33.3%)
610	STAŃCZYK Sławomir	314	STARGARD. JA SIĘ NIE ŚCIGAM	M2 30-39	295		Pędzące Imadła Stargard	02:11:35.40	02:11:35.40	+01:26:06 (65.4%)	17:32	3.4 (33.3%)
611	WRÓŃSKI Julian	625	STARGARD JA SIĘ NIE ŚCIGAM	M2 30-39	296		Pędzące Imadła Stargard	02:11:35.45	02:11:35.45	+01:26:06 (65.4%)	17:32	3.4 (33.3%)
612	WRÓŃSKI Przemysław	675		M1 16-29	160		Pędzące Imadła Stargard	02:11:36.25	02:11:36.25	+01:26:07 (65.4%)	17:32	3.4 (33.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
613	<b>WOJCIECHOWSKI Krzysztof</b>	<b>698</b>	STARGARD JA SIĘ NIE ŚCIGAM	M4 50-59	22		Pędzące Imadła Stargard	<b>02:11:36.50</b>	<b>02:11:36.50</b>	+01:26:07 (65.4%)	17:32	3,4 (33.3%)
614	<b>KRÓL Rafał</b>	<b>1040</b>		M1 16-29	161			<b>02:12:31.55</b>	<b>02:12:31.55</b>	+01:27:03 (65.7%)	17:40	3,4 (33.3%)
615	<b>LOKOCZ Rafał</b>	<b>590</b>	WIECZORNE BIEGANIE W SZCZECINIE	M2 30-39	297			<b>02:13:31.70</b>	<b>02:13:31.70</b>	+01:28:03 (65.9%)	17:48	3,4 (33.3%)
616	<b>SUCHECKI Paweł</b>	<b>459</b>		M2 30-39	298			<b>02:13:59.70</b>	<b>02:13:59.70</b>	+01:28:31 (66.1%)	17:51	3,4 (37.8%)
617	<b>WILCZYŃSKI Grzegorz</b>	<b>406</b>		M2 30-39	299			<b>02:14:46.15</b>	<b>02:14:46.15</b>	+01:29:17 (66.3%)	17:58	3,3 (36.7%)
618	<b>WOROCH Tomasz</b>	<b>1131</b>	TOP-PLANT GOSPODARSTWO OGRODNICZE KRZYSZTOF WOROCH	M1 16-29	162		Ryby głębinowe	<b>02:15:01.15</b>	<b>02:15:01.15</b>	+01:29:32 (66.3%)	18:00	3,3 (36.7%)
619	<b>W Patryk</b>	<b>964</b>		M1 16-29	163			<b>02:16:30.95</b>	<b>02:16:30.95</b>	+01:31:02 (66.7%)	18:12	3,3 (33.3%)
620	<b>PIOTROWSKI Karol</b>	<b>457</b>	POŁAPANI TEAM	M1 16-29	164		POŁAPANI TEAM	<b>02:16:36.60</b>	<b>02:16:36.60</b>	+01:31:08 (66.7%)	18:12	3,3 (33.3%)
621	<b>MARCHEWKA Łukasz</b>	<b>460</b>	POŁAPANI TEAM	M2 30-39	300			<b>02:16:36.80</b>	<b>02:16:36.80</b>	+01:31:08 (66.7%)	18:12	3,3 (33.3%)
622	<b>MATEJCZUK Robert</b>	<b>456</b>	POŁAPANI TEAM	M1 16-29	165			<b>02:16:37.25</b>	<b>02:16:37.25</b>	+01:31:08 (66.7%)	18:12	3,3 (33.3%)
623	<b>KOSMAŁSKI Jarosław</b>	<b>524</b>	SKS HUSARIA	M2 30-39	301		SKS Husaria	<b>02:16:37.80</b>	<b>02:16:37.80</b>	+01:31:09 (66.7%)	18:12	3,3 (36.7%)
624	<b>ŁEMPKOWSKI Janusz</b>	<b>689</b>	BBL POLICE	M3 40-49	128		BBL Police	<b>02:17:27.25</b>	<b>02:17:27.25</b>	+01:31:58 (66.9%)	18:19	3,3 (36.7%)
625	<b>ZAWODNIAK Mirosław</b>	<b>810</b>	BBL POLICE	M3 40-49	129			<b>02:17:27.40</b>	<b>02:17:27.40</b>	+01:31:58 (66.9%)	18:19	3,3 (36.7%)
626	<b>DACH Eryk</b>	<b>102</b>	FIFNE PYRKI	M1 16-29	166		Fifne Pyrki	<b>02:17:33.35</b>	<b>02:17:33.35</b>	+01:32:04 (66.9%)	18:20	3,3 (33.3%)
627	<b>BULIŃSKI Jacek</b>	<b>1163</b>		M2 30-39	302			<b>02:17:52.85</b>	<b>02:17:52.85</b>	+01:32:24 (67.0%)	18:22	3,3 (33.3%)
628	<b>TOKARCZYK Grzegorz</b>	<b>1160</b>		M3 40-49	130			<b>02:17:53.50</b>	<b>02:17:53.50</b>	+01:32:24 (67.0%)	18:23	3,3 (33.3%)
629	<b>FALARCZYK Maciej</b>	<b>1122</b>	PDC	M2 30-39	303		PDC	<b>02:18:15.70</b>	<b>02:18:15.70</b>	+01:32:47 (67.1%)	18:26	3,3 (36.7%)
630	<b>KRZYSZTOFOWICZ Sławek</b>	<b>433</b>	KRZYSZTOFKI TEAM	M3 40-49	131			<b>02:18:42.65</b>	<b>02:18:42.65</b>	+01:33:14 (67.2%)	18:29	3,2 (33.3%)
631	<b>MALEC Mariusz</b>	<b>69</b>	STARGARDZKI KLUB MORSÓW MIEDWIANIE	M3 40-49	132			<b>02:19:29.65</b>	<b>02:19:29.65</b>	+01:34:01 (67.4%)	18:35	3,2 (33.3%)
632	<b>WIERZBA Piotr</b>	<b>641</b>	KOBIECE BIEGANIE	M2 30-39	304		Kobiece Bieganie	<b>02:23:01.95</b>	<b>02:23:01.95</b>	+01:37:33 (68.2%)	19:04	3,1 (33.3%)
633	<b>CAŁY Przemek</b>	<b>597</b>	KOBIECE BIEGANIE	M2 30-39	305		Kobiece Bieganie	<b>02:23:02.15</b>	<b>02:23:02.15</b>	+01:37:33 (68.2%)	19:04	3,1 (33.3%)
634	<b>BARAŃSKI Radosław</b>	<b>598</b>	OCR TEAM WŁOCLAWEK	M1 16-29	167		OCR TEAM WŁOCLAWEK	<b>02:23:48.00</b>	<b>02:23:48.00</b>	+01:38:19 (68.4%)	19:10	3,1 (33.3%)
635	<b>AMBROZIAK Adam</b>	<b>1120</b>	PDC	M2 30-39	306		PDC	<b>02:23:48.45</b>	<b>02:23:48.45</b>	+01:38:19 (68.4%)	19:10	3,1 (34.4%)
636	<b>MIZIŃSKI Kuba</b>	<b>1230</b>		M1 16-29	168		Agat	<b>02:29:46.15</b>	<b>02:29:46.15</b>	+01:44:17 (69.6%)	19:58	3 (33.3%)
637	<b>CZYŻ Andrzej</b>	<b>1222</b>		M2 30-39	307		Agat	<b>02:31:10.80</b>	<b>02:31:10.80</b>	+01:45:42 (69.9%)	20:09	3 (33.3%)
638	<b>MACIEJEWSKI Michał</b>	<b>1126</b>	PDC	M3 40-49	133		PDC	<b>02:37:49.40</b>	<b>02:37:49.40</b>	+01:52:20 (71.2%)	21:02	2,9 (32.2%)
639	<b>RUTKIEWICZ Marek</b>	<b>561</b>	MIEDWIANIE	M4 50-59	23			<b>02:38:33.75</b>	<b>02:38:33.75</b>	+01:53:05 (71.3%)	21:08	2,8 (31.1%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
640	<b>RZEMYK Mariusz</b>	<b>1229</b>		M1 16-29	169		Agat	<b>02:42:40.45</b>	<b>02:42:40.45</b>	+01:57:11 (72.0%)	21:41	2.8 (31.1%)
641	<b>CHAŁUPKA Łukasz</b>	<b>843</b>		M2 30-39	308			<b>01:22:25.35</b>	<b>04:04:08.35</b>	+03:18:39 (81.4%)	10:59	5.5 (61.1%)
642	<b>PETERSBURSKI Robert</b>	<b>919</b>	BBL POLICE	M3 40-49	134		HARDROCKY	<b>02:05:27.40</b>	<b>04:25:17.40</b>	+03:39:48 (82.9%)	16:43	3.6 (40.0%)
	<b>BARAN Piotr</b>	<b>909</b>		M2 30-39				<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WAWSZCZAK Jakub</b>	<b>1330</b>		M2 30-39			Maciejkowe Żelki	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>CHUDY Krzysztof</b>	<b>1016</b>		M4 50-59				<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>GAŚSIOR Paweł</b>	<b>838</b>	ROZBIEGANY SUSZ	M2 30-39				<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>SOSKA Jacek</b>	<b>427</b>		M2 30-39				<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>RADZISZEWSKI Tomasz</b>	<b>1276</b>		M2 30-39			Colossus	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>LEWANDOWSKI Mirosław</b>	<b>1047</b>	RASCH POLSKA GOLENIÓW	M4 50-59				<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WIECZOREK Andrzej</b>	<b>621</b>		M4 50-59				<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>LISOWSKI Kamil</b>	<b>1346</b>		M2 30-39			Hell's Heaven Szczecin	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>OLCZYK Norbert</b>	<b>1171</b>		M1 16-29				<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PŁOSKOŃ Błażej</b>	<b>1058</b>		M2 30-39				<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KURPIEWSKI Piotr</b>	<b>638</b>		M1 16-29				<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>CYBULSKI Michał</b>	<b>663</b>	PANDA I BANDA	M2 30-39			Panda i Banda	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>KMICIEWICZ Miłosz</b>	<b>1050</b>		M2 30-39				<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>WRÓBEL Grzegorz</b>	<b>1051</b>		M2 30-39				<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>ŁUKASZEWSKI Michał</b>	<b>951</b>		M2 30-39				<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 658 wynik(ów)