



IV LUBEŃSKA POŁÓWKA - 22,5 KM

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: VI Lubeński Cross
Organizator: Stowarzyszenie Na Rzecz Promocji i Rozwoju Gminy Lubenia „Aktywni Razem”
Data: 2022-06-25
Miejsce: Lubenia
Dystans: 22.5 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 22.5km	Czas brutto 22.5km	Różn	Tempo min/km	Tempo km/h
1	KIDA Paweł	124		M1	1	01:49:43.00	01:49:43.00		4:52	12.3 (100%)
2	LASOTA Robert	128	7	M2	1	02:01:41.00	02:01:41.00	+00:11:58 (9.8%)	5:24	11.1 (90.2%)
3	DZIEDZIC Witold	113		M2	2	02:03:07.00	02:03:07.00	+00:13:24 (10.9%)	5:28	11 (89.4%)
4	DĄBROWSKI Tomasz	109	CARPATHIAN RUNNERS	M1	2	02:06:46.00	02:06:46.00	+00:17:03 (13.4%)	5:38	10.6 (86.2%)
5	STANIO Arkadiusz	142	BIEGAM W RZESZOWIE	M2	3	02:07:35.00	02:07:35.00	+00:17:52 (14.0%)	5:40	10.6 (86.2%)
6	GROCHAŁA Igor	117	AZS UNIWERSYTET WARSZAWSKI	M1	3	02:09:04.00	02:09:04.00	+00:19:21 (15.0%)	5:44	10.5 (85.4%)
7	JAWORSKI Piotr	122		M2	4	02:12:13.00	02:12:13.00	+00:22:30 (17.0%)	5:52	10.2 (82.9%)
8	FILIPIŃSKI Bartosz	114		M2	5	02:12:23.00	02:12:23.00	+00:22:40 (17.1%)	5:53	10.2 (82.9%)
9	ZIĘBA Mateusz	150	FOREVER TEAM	M2	6	02:13:59.00	02:13:59.00	+00:24:16 (18.1%)	5:57	10.1 (82.1%)
10	CZYŻAK Adriana	154		K2	1	02:17:08.00	02:17:08.00	+00:27:25 (20.0%)	6:05	9.8 (79.7%)
11	TOMAKA Wojciech	146	RZESZOWSKIE GAZELE I GEPARDY	M2	7	02:18:05.00	02:18:05.00	+00:28:22 (20.5%)	6:08	9.8 (79.7%)
12	DOŁEK Jarek	110		M2	8	02:18:39.00	02:18:39.00	+00:28:56 (20.9%)	6:09	9.7 (78.9%)
13	BIELSKI Roman	104	JSST WOJTEK MTB	M3	1	02:20:32.00	02:20:32.00	+00:30:49 (21.9%)	6:14	9.6 (78.0%)
14	GWIZDAK Justyna	119		K2	2	02:20:43.00	02:20:43.00	+00:31:00 (22.0%)	6:15	9.6 (78.0%)
15	PIJAR Łukasz	136		M2	9	02:21:45.00	02:21:45.00	+00:32:02 (22.6%)	6:18	9.5 (77.2%)
16	KOZYRA Krzysztof	127	WILK TEAM	M2	10	02:22:18.00	02:22:18.00	+00:32:35 (22.9%)	6:19	9.5 (77.2%)
17	TELESZ Elżbieta	145		K1	1	02:22:40.00	02:22:40.00	+00:32:57 (23.1%)	6:20	9.5 (77.2%)
18	NOWAK Daria	133	#KOKOSZANEL#TEAM	K1	2	02:23:01.00	02:23:01.00	+00:33:18 (23.3%)	6:21	9.4 (76.4%)
19	WITEK Bogdan	148		M3	2	02:25:17.00	02:25:17.00	+00:35:34 (24.5%)	6:27	9.3 (75.6%)
20	RÓG Dorota	141	RZESZOWSKIE GAZELE I GEPARDY	K2	3	02:26:43.00	02:26:43.00	+00:37:00 (25.2%)	6:31	9.2 (74.8%)
21	NYKIEL Grzegorz	135	BESTER SKLEJKI RUNINNG TEAM	M2	11	02:27:06.00	02:27:06.00	+00:37:23 (25.4%)	6:32	9.2 (74.8%)
22	BOCHENEK Adam	105	WBO OPOLE	M2	12	02:27:51.00	02:27:51.00	+00:38:08 (25.8%)	6:34	9.1 (74.0%)
22	CZUBIK Wojciech	108	JSC	M2	12	02:27:51.00	02:27:51.00	+00:38:08 (25.8%)	6:34	9.1 (74.0%)
24	PIKUL Grzegorz	137	GDAŃSK OSOWA BIEGA	M2	14	02:28:58.00	02:28:58.00	+00:39:15 (26.3%)	6:37	9.1 (74.0%)
25	MARCINIAK Tomasz	132		M1	4	02:32:29.00	02:32:29.00	+00:42:46 (28.0%)	6:46	8.9 (72.4%)
26	MACHOWSKI Krzysztof	131		M2	15	02:33:47.00	02:33:47.00	+00:44:04 (28.7%)	6:50	8.8 (71.5%)
27	ZIĘBA Łukasz	151		M1	5	02:39:26.00	02:39:26.00	+00:49:43 (31.2%)	7:05	8.5 (69.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 22.5km	Czas brutto 22.5km	Różn	Tempo min/km	Tempo km/h
28	NOWAK Anna	134	#KOKOSZANEL#TEAM	K2	4	02:39:36.00	02:39:36.00	+00:49:53 (31.3%)	7:05	8.5 (69.1%)
29	BANDULET Mariusz	102		M2	16	02:42:24.00	02:42:24.00	+00:52:41 (32.4%)	7:13	8.3 (67.5%)
30	PRZYBYLSKI Grzegorz	139	DZIADEK_GRISZKA_BIEGA	M1	6	02:44:19.00	02:44:19.00	+00:54:36 (33.2%)	7:18	8.2 (66.7%)
31	REMBISZ Krzysztof	140	GRAVEL MASTER	M2	17	02:45:57.00	02:45:57.00	+00:56:14 (33.9%)	7:22	8.1 (65.9%)
32	STOPYRA Urszula	152	ULTRA ŁAŃCUT	K1	3	02:47:59.00	02:47:59.00	+00:58:16 (34.7%)	7:27	8 (65.0%)
33	CHODZIŃSKI Piotr	107		M2	18	02:48:13.00	02:48:13.00	+00:58:30 (34.8%)	7:28	8 (65.0%)
34	JAKUBIEC Grzegorz	121		M2	19	02:50:11.00	02:50:11.00	+01:00:28 (35.5%)	7:33	7.9 (64.2%)
35	JEMIOŁA Paulina	123		K2	5	02:51:31.00	02:51:31.00	+01:01:48 (36.0%)	7:37	7.9 (64.2%)
36	ZIELIŃSKI Grzegorz	149		M3	3	02:52:33.00	02:52:33.00	+01:02:50 (36.4%)	7:40	7.8 (63.4%)
37	LENIART Krzysztof	129	M2	20	02:54:12.00	02:54:12.00	+01:04:29 (37.0%)	7:44	7.7 (62.6%)
38	SZURLEJ Aleksandra	143		K1	4	02:57:08.00	02:57:08.00	+01:07:25 (38.1%)	7:52	7.6 (61.8%)
39	JAKUBIEC Katarzyna	120		K1	5	02:58:32.00	02:58:32.00	+01:08:49 (38.5%)	7:56	7.6 (61.8%)
40	GUT Marcin	118	URAL BIKER	M2	21	02:58:40.00	02:58:40.00	+01:08:57 (38.6%)	7:56	7.6 (61.8%)
41	BANASIK Rafał	101	ŚWIAT FORMY STALOWA WOLA	M2	22	02:59:34.00	02:59:34.00	+01:09:51 (38.9%)	7:58	7.5 (61.0%)
42	BARĆ Jakub	103		M2	23	03:02:50.00	03:02:50.00	+01:13:07 (40.0%)	8:07	7.4 (60.2%)
43	ŚWIĘTONIOWSKA Justyna	144	PODIUM	K2	6	03:05:18.00	03:05:18.00	+01:15:35 (40.8%)	8:14	7.3 (59.3%)
44	OPENCHOWSKA Monika	153	PODIUM/NOCNY BÓR TEAM	K2	7	03:08:51.00	03:08:51.00	+01:19:08 (41.9%)	8:23	7.1 (57.7%)
45	PRĘDKI Jerzy	138		M2	24	03:08:52.00	03:08:52.00	+01:19:09 (41.9%)	8:23	7.1 (57.7%)
Przekroczony limit czasu: 03:30:00										
46	DROZD Włodzimierz	111	HSP POLSKA	M2	25	03:46:39.00	03:46:39.00	+01:56:56 (51.6%)	10:04	6 (48.8%)
47	KOŁEK-ZAJĄC Ewa	126		K1	6	03:52:41.00	03:52:41.00	+02:02:58 (52.8%)	10:20	5.8 (47.2%)
DNC	LORYŚ Adam	130		M2						(0.0%)

Znaleziono 48 wynik(ów)