



IV MIKOŁAJKOWY KROSS GÓRSKI Z KOMANDORKIEM U KANTEGO

B4SPORT

Wydarzenie: IV Mikołajkowy Kross Górski z Komandorkiem u Kantego
Organizator: Fundacja Wspierania Inicjatyw Niekonwencjonalnych „Sub ventum”; Parafia pw. Św. Jana Kantego w Słupsku
Data: 2019-12-07
Miejsce: Słupsk
Dystans: 6 km

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Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 6km	Różn	Tempo min/km	Tempo km/h
1	PELO Artur	215	7 BOW	M-OPEN	1	00:27:49.75		4:38	12.9 (100%)
2	CZERNIEWSKI Marcin	224		M-OPEN	2	00:28:49.15	+00:00:59 (3.4%)	4:48	12.5 (96.9%)
3	PACHOLCZYK Krzysztof	136		M-OPEN	3	00:29:11.40	+00:01:21 (4.7%)	4:51	12.3 (95.3%)
4	WRÓBLEWSKI Leszek	228	ŚWIAT PŁYTEK U KRYSPIŃA	M-OPEN	4	00:29:55.05	+00:02:05 (7.0%)	4:59	12 (93.0%)
5	MASŁOWSKI Mateusz	119	TEAMROGELLI	M-OPEN	5	00:30:34.25	+00:02:44 (9.0%)	5:05	11.8 (91.5%)
6	MUSIAŁ Łukasz	127	RUNNERS SŁOŃSK	M-OPEN	6	00:31:17.25	+00:03:27 (11.1%)	5:12	11.5 (89.1%)
7	CHOLEWIŃSKI Artur	20	DECATHLON POWER	M-OPEN	7	00:31:41.60	+00:03:51 (12.2%)	5:16	11.4 (88.4%)
8	PICK Tomasz	139	SKSG KORONA SZCZECIN	M-OPEN	8	00:31:45.45	+00:03:55 (12.4%)	5:17	11.3 (87.6%)
9	DUDA Grzegorz	36	BEST BEASTS	M-OPEN	9	00:32:07.90	+00:04:18 (13.4%)	5:21	11.2 (86.8%)
10	KUBICKI Igor	106		M-OPEN	10	00:32:44.45	+00:04:54 (15.0%)	5:27	11 (85.3%)
11	ROLBIECKI Łukasz	154	APATOR TELEMETRIA	M-OPEN	11	00:32:52.50	+00:05:02 (15.3%)	5:28	11 (85.3%)
12	PRZYBOREK Szymon	145	ZSMIL-'MECHANIK'	M-OPEN	12	00:32:56.20	+00:05:06 (15.5%)	5:29	10.9 (84.5%)
13	OSIŃSKI Wojciech	135	TEAMZABIEGANEDNI	M-OPEN	13	00:33:08.50	+00:05:18 (16.0%)	5:31	10.9 (84.5%)
14	PIOTRKOWSKI Tomasz	141	STOPA SŁUPSK / DECATHLON SŁUPSK	M-OPEN	14	00:33:29.80	+00:05:40 (16.9%)	5:35	10.7 (82.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 6km	Różn	Tempo min/km	Tempo km/h
15	JĘCEK Krzysztof	69	MARKOS RUNNING TEAM	M-OPEN	15	00:34:36.65	+00:06:46 (19.6%)	5:46	10.4 (80.6%)
16	GRACHEL Przemek	48		M-OPEN	16	00:34:57.40	+00:07:07 (20.4%)	5:49	10.3 (79.8%)
17	ŻYLICZ Paweł	212	STOPA SŁUPSK	M-OPEN	17	00:35:07.90	+00:07:18 (20.8%)	5:51	10.2 (79.1%)
18	OLESZEK Jerzy	133	SZKOŁA PODOFICERSKA MW	M-OPEN	18	00:35:10.65	+00:07:20 (20.9%)	5:51	10.2 (79.1%)
19	KONKEL Agnieszka	84		K-OPEN	1	00:35:13.95	+00:07:24 (21.0%)	5:52	10.2 (79.1%)
20	WILUSZ Krzysztof	204	SUB VENTUM TEAM	M-OPEN	19	00:35:21.10	+00:07:31 (21.3%)	5:53	10.2 (79.1%)
21	JAŹDŹYK Łukasz	67		M-OPEN	20	00:35:37.65	+00:07:47 (21.9%)	5:56	10.1 (78.3%)
22	KARGUL Jacek	76	NIGHT RUNNERS SŁUPSK	M-OPEN	21	00:35:42.60	+00:07:52 (22.1%)	5:57	10.1 (78.3%)
23	DREWNIAK Tomasz	33		M-OPEN	22	00:36:26.75	+00:08:37 (23.6%)	6:04	9.9 (76.7%)
24	PANEK Ireneusz	137		M-OPEN	23	00:36:27.20	+00:08:37 (23.7%)	6:04	9.9 (76.7%)
25	HORBACZ Grzegorz	59		M-OPEN	24	00:36:34.00	+00:08:44 (23.9%)	6:05	9.8 (76.0%)
26	SZLACHETKA Piotr	178		M-OPEN	25	00:36:38.30	+00:08:48 (24.0%)	6:06	9.8 (76.0%)
27	GAWEŁ Zbigniew	43	POMERIDERS SŁUPSK	M-OPEN	26	00:36:51.00	+00:09:01 (24.5%)	6:08	9.8 (76.0%)
28	PRZEWROCKI Andrzej	144		M-OPEN	27	00:37:32.80	+00:09:43 (25.9%)	6:15	9.6 (74.4%)
29	SOBOŃ Wojciech	170		M-OPEN	28	00:37:36.55	+00:09:46 (26.0%)	6:16	9.6 (74.4%)
30	BOWNIK Wojciech	239	BALTIC SEALS	M-OPEN	29	00:37:54.70	+00:10:04 (26.6%)	6:19	9.5 (73.6%)
31	ŚRODA Maciej	221		M-OPEN	30	00:37:55.10	+00:10:05 (26.6%)	6:19	9.5 (73.6%)
32	WĘSIERSKA-MUŁYK Marzena	201	NIGHTRUNNERS SŁUPSK	K-OPEN	2	00:37:56.00	+00:10:06 (26.6%)	6:19	9.5 (73.6%)
33	WEILAND Cyprian	199		M-OPEN	31	00:38:16.50	+00:10:26 (27.3%)	6:22	9.4 (72.9%)
34	BRZEZIŃSKA Agnieszka	17		K-OPEN	3	00:38:37.85	+00:10:48 (28.0%)	6:26	9.3 (72.1%)
35	SEWERYN Tomasz	161	BEST BEASTS	M-OPEN	32	00:38:40.10	+00:10:50 (28.0%)	6:26	9.3 (72.1%)
36	BARTOSIAK Bartłomiej	10	GMINA SŁUPSK	M-OPEN	33	00:38:44.50	+00:10:54 (28.2%)	6:27	9.3 (72.1%)
37	TOMCZAK Dominik	192	NIGHT RUNNERS SŁUPSK	M-OPEN	34	00:38:51.30	+00:11:01 (28.4%)	6:28	9.3 (72.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 6km	Różn	Tempo min/km	Tempo km/h
38	OLECHNOWICZ Sławomir	234	STOPA SŁUPSK	M-OPEN	35	00:39:09.40	+00:11:19 (28.9%)	6:31	9.2 (71.3%)
39	ADAMIEC Marek	3	WPK SŁOŃ TEAM	M-OPEN	36	00:39:16.15	+00:11:26 (29.1%)	6:32	9.2 (71.3%)
40	KSIĄŻEK Waldemar	105		M-OPEN	37	00:39:47.95	+00:11:58 (30.1%)	6:38	9 (69.8%)
41	KULAK Rafał	231	BALTIC SEALS	M-OPEN	38	00:40:00.20	+00:12:10 (30.4%)	6:40	9 (69.8%)
42	DAWIDOWICZ Dawid	31	BEST BEASTS	M-OPEN	39	00:40:09.70	+00:12:19 (30.7%)	6:41	9 (69.8%)
43	FIGURSKI Andrzej	37		M-OPEN	40	00:40:24.00	+00:12:34 (31.1%)	6:44	8.9 (69.0%)
44	CHODOROWSKI Tomasz	249		M-OPEN	41	00:40:29.25	+00:12:39 (31.3%)	6:44	8.9 (69.0%)
45	ZIELONKA Mateusz	206	BIEGAJĄCE GASTRO DZIKI	M-OPEN	42	00:40:42.00	+00:12:52 (31.6%)	6:47	8.8 (68.2%)
46	NADARZYŃSKA Kamila	242		K-OPEN	4	00:40:50.40	+00:13:00 (31.9%)	6:48	8.8 (68.2%)
47	TOMCZAK Sebastian	240		M-OPEN	43	00:40:53.95	+00:13:04 (32.0%)	6:49	8.8 (68.2%)
48	BIKUN Łukasz	13		M-OPEN	44	00:40:59.10	+00:13:09 (32.1%)	6:49	8.8 (68.2%)
49	SMOLIŃSKI Krzysztof	167	SMOLIŃSCY TEAM	M-OPEN	45	00:41:03.60	+00:13:13 (32.2%)	6:50	8.8 (68.2%)
50	BONDARENKO Jan	14	BIEGAJŁO	M-OPEN	46	00:41:08.30	+00:13:18 (32.4%)	6:51	8.8 (68.2%)
51	KRYWUĆ Tomasz	102		M-OPEN	47	00:41:18.45	+00:13:28 (32.6%)	6:53	8.7 (67.4%)
52	KOWALSKI Konrad	93	SAMOLEJ ZTS	M-OPEN	48	00:41:24.70	+00:13:34 (32.8%)	6:54	8.7 (67.4%)
53	NIZIOŁ Patryk	129	BEST BEASTS	M-OPEN	49	00:41:39.35	+00:13:49 (33.2%)	6:56	8.6 (66.7%)
54	MAŁECKI Tomasz	222		M-OPEN	50	00:41:39.85	+00:13:50 (33.2%)	6:56	8.6 (66.7%)
55	TURCZYN Grzegorz	196	NIGHT RUNNERS	M-OPEN	51	00:41:42.15	+00:13:52 (33.3%)	6:57	8.6 (66.7%)
56	SZMIGIERO Arkadiusz	181	W. P. K. SŁOŃ TEAM	M-OPEN	52	00:41:51.55	+00:14:01 (33.5%)	6:58	8.6 (66.7%)
57	HAŁKOWSKA-KMIECIK Ewa	58		K-OPEN	5	00:41:52.55	+00:14:02 (33.5%)	6:58	8.6 (66.7%)
58	KONKEL Łukasz	85		M-OPEN	53	00:41:58.50	+00:14:08 (33.7%)	6:59	8.6 (66.7%)
59	STACHNICZEK Kamil	171	APATOR TELEMETRIA	M-OPEN	54	00:42:03.05	+00:14:13 (33.8%)	7:00	8.6 (66.7%)
60	CZERWIŃSKI Szczęsny	47		M-OPEN	55	00:42:08.75	+00:14:19 (34.0%)	7:01	8.5 (65.9%)

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61	DADACZ Malwina	28	WPK SŁOŃ TEAM	K-OPEN	6	00:42:18.55	+00:14:28 (34.2%)	7:03	8.5 (65.9%)
62	ŁATUSZYŃSKI Piotr	225		M-OPEN	56	00:42:28.10	+00:14:38 (34.5%)	7:04	8.5 (65.9%)
63	KRZACZKOWSKI Lech	235		M-OPEN	57	00:42:31.20	+00:14:41 (34.6%)	7:05	8.5 (65.9%)
64	ŚWIĄTEK Mateusz	190	APATOR TELEMETRIA	M-OPEN	58	00:42:35.45	+00:14:45 (34.7%)	7:06	8.5 (65.9%)
65	KRAWIEC Dariusz	99		M-OPEN	59	00:42:37.65	+00:14:47 (34.7%)	7:06	8.4 (65.1%)
66	JAŹDŹEWSKA Elżbieta	66	BEST BEASTS	K-OPEN	7	00:42:38.95	+00:14:49 (34.7%)	7:06	8.4 (65.1%)
67	KALINOWSKA Wioletta	38	BEST BEASTS	K-OPEN	8	00:42:39.45	+00:14:49 (34.8%)	7:06	8.4 (65.1%)
68	TÓRZ Andrzej	193	USTKA	M-OPEN	60	00:42:42.65	+00:14:52 (34.8%)	7:07	8.4 (65.1%)
69	KOWALSKI Bartosz	92	SAMOLEJ ZTS	M-OPEN	61	00:42:44.55	+00:14:54 (34.9%)	7:07	8.4 (65.1%)
70	ŁUBKOWSKA Magdalena	112		K-OPEN	9	00:42:55.00	+00:15:05 (35.2%)	7:09	8.4 (65.1%)
71	KUBIŃSKI Rafał	107	NIGHT RUNNERS SŁUPSK	M-OPEN	62	00:43:10.25	+00:15:20 (35.5%)	7:11	8.3 (64.3%)
72	KARWASZ Kacper	78		M-OPEN	63	00:43:10.90	+00:15:21 (35.6%)	7:11	8.3 (64.3%)
73	SZAPIEL Piotr	176		M-OPEN	64	00:43:11.80	+00:15:22 (35.6%)	7:12	8.3 (64.3%)
74	KUBÓW Paweł	220		M-OPEN	65	00:43:29.00	+00:15:39 (36.0%)	7:14	8.3 (64.3%)
75	JANONIS Marek	63	APATOR TELEMETRIA	M-OPEN	66	00:43:29.30	+00:15:39 (36.0%)	7:14	8.3 (64.3%)
76	ZDUNEK Krzysztof	210	WPK SŁOŃ TEAM USTKA	M-OPEN	67	00:43:37.00	+00:15:47 (36.2%)	7:16	8.3 (64.3%)
77	ROBAK Grzegorz	149	W.P.K SŁOŃ TEAM USTKA	M-OPEN	68	00:43:37.95	+00:15:48 (36.2%)	7:16	8.3 (64.3%)
78	OLECHNOWICZ Zbigniew	132	TUPOT USTKA	M-OPEN	69	00:43:40.65	+00:15:50 (36.3%)	7:16	8.2 (63.6%)
79	STRAK Kinga	172	NIGHT WOLVES SŁUPSK	K-OPEN	10	00:43:47.10	+00:15:57 (36.4%)	7:17	8.2 (63.6%)
80	DUDA Róża	35	BEST BEASTS	K-OPEN	11	00:43:49.15	+00:15:59 (36.5%)	7:18	8.2 (63.6%)
81	ORŁOWSKI Edward	134		M-OPEN	70	00:43:51.10	+00:16:01 (36.5%)	7:18	8.2 (63.6%)
82	RACZYŃSKA Anna	238	BALTIC SEALS	K-OPEN	12	00:44:00.00	+00:16:10 (36.8%)	7:20	8.2 (63.6%)
83	KRYWUĆ Małgorzata	103		K-OPEN	13	00:44:03.80	+00:16:14 (36.8%)	7:20	8.2 (63.6%)

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84	PĘPKO Joanna	138		K-OPEN	14	00:44:14.50	+00:16:24 (37.1%)	7:22	8.1 (62.8%)
85	NOWAK Paweł	131	BALTIC SEALS	M-OPEN	71	00:44:21.30	+00:16:31 (37.3%)	7:23	8.1 (62.8%)
86	MYSZKOWSKI Maciej	128	NIGHT RUNNERS	M-OPEN	72	00:44:30.00	+00:16:40 (37.5%)	7:25	8.1 (62.8%)
87	WINIARSKI Grzegorz	205	GMINA SŁUPSK	M-OPEN	73	00:44:38.10	+00:16:48 (37.7%)	7:26	8.1 (62.8%)
88	MRUGALSKI Stanisław	124		M-OPEN	74	00:44:39.25	+00:16:49 (37.7%)	7:26	8.1 (62.8%)
89	SIKORSKA Karolina	227		K-OPEN	15	00:44:54.30	+00:17:04 (38.0%)	7:29	8 (62.0%)
90	KRÓL Krzysztof	100		M-OPEN	75	00:45:00.90	+00:17:11 (38.2%)	7:30	8 (62.0%)
91	HABAS Jacek	57		M-OPEN	76	00:45:01.75	+00:17:12 (38.2%)	7:30	8 (62.0%)
92	LEWICZ Ewa	216		K-OPEN	16	00:45:05.20	+00:17:15 (38.3%)	7:31	8 (62.0%)
93	URBAN Ewelina	197	GMINA SŁUPSK	K-OPEN	17	00:45:05.55	+00:17:15 (38.3%)	7:31	8 (62.0%)
94	BURDA Sebastian	18	WPK SLON TEAM	M-OPEN	77	00:45:29.75	+00:17:40 (38.8%)	7:35	7.9 (61.2%)
95	TRUSIAK Miłosz	195	SUBVENTUM TEAM	M-OPEN	78	00:45:30.90	+00:17:41 (38.9%)	7:35	7.9 (61.2%)
96	ZANIEWSKI Grzegorz	208		M-OPEN	79	00:45:35.05	+00:17:45 (38.9%)	7:35	7.9 (61.2%)
97	DADACZ Rafał	27	W.P.K. SŁOŃ TEAM	M-OPEN	80	00:45:52.20	+00:18:02 (39.3%)	7:38	7.8 (60.5%)
98	MURAWSKI Rafał	126		M-OPEN	81	00:45:52.45	+00:18:02 (39.3%)	7:38	7.8 (60.5%)
99	SKIERKA Grzegorz	165	MKS ŚWIĘC SŁAWNO	M-OPEN	82	00:45:55.90	+00:18:06 (39.4%)	7:39	7.8 (60.5%)
100	WIATRZYK Krzysztof	202	DARŁOWO	M-OPEN	83	00:45:56.50	+00:18:06 (39.4%)	7:39	7.8 (60.5%)
101	WENCŁAWSKI Michał	200	DECATHLON POWER	M-OPEN	84	00:45:58.15	+00:18:08 (39.5%)	7:39	7.8 (60.5%)
102	KARWASZ Krzysztof	77		M-OPEN	85	00:46:01.60	+00:18:11 (39.5%)	7:40	7.8 (60.5%)
103	LEWICZ Jan	217		M-OPEN	86	00:46:33.15	+00:18:43 (40.2%)	7:45	7.7 (59.7%)
104	BANCEWICZ Radek	9	DECATHLON POWER	M-OPEN	87	00:46:41.05	+00:18:51 (40.4%)	7:46	7.7 (59.7%)
105	ZIELIŃSKA Marzena	243		K-OPEN	18	00:46:42.30	+00:18:52 (40.4%)	7:47	7.7 (59.7%)
106	MACHTYL Lucyna	113	BEST BEASTS	K-OPEN	19	00:46:43.30	+00:18:53 (40.4%)	7:47	7.7 (59.7%)

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107	SIDOR Mariusz	163	DECATHLON POWER SŁUPSK	M-OPEN	88	00:46:43.60	+00:18:53 (40.4%)	7:47	7.7 (59.7%)
108	NIZIOŁ Małgorzata	130	BEST BEASTS	K-OPEN	20	00:46:43.65	+00:18:53 (40.4%)	7:47	7.7 (59.7%)
109	KRASUCKA Izabela	98		K-OPEN	21	00:46:45.80	+00:18:56 (40.5%)	7:47	7.7 (59.7%)
110	SOBCZYK Mariusz	169		M-OPEN	89	00:46:56.05	+00:19:06 (40.7%)	7:49	7.7 (59.7%)
111	DAWIDOWICZ Żaneta	32	BEST BEASTS	K-OPEN	22	00:46:58.35	+00:19:08 (40.8%)	7:49	7.7 (59.7%)
112	BORODZIUK Aneta	15		K-OPEN	23	00:47:03.05	+00:19:13 (40.9%)	7:50	7.7 (59.7%)
113	KASPRZYCKA Natalia	79		K-OPEN	24	00:47:17.00	+00:19:27 (41.1%)	7:52	7.6 (58.9%)
114	GAŃSKI Olgierd	42	ROZBIEGANA ZAGÓRZYCA	M-OPEN	90	00:47:20.45	+00:19:30 (41.2%)	7:53	7.6 (58.9%)
115	LABUDA Monika	34		K-OPEN	25	00:47:23.15	+00:19:33 (41.3%)	7:53	7.6 (58.9%)
116	SZOSTAKIEWICZ Adrian	52	APATOR TELEMETRIA	M-OPEN	91	00:47:24.80	+00:19:35 (41.3%)	7:54	7.6 (58.9%)
117	FRUBA Karina	39	STOPA SŁUPSK / KORONA SZCZECIN	K-OPEN	26	00:48:17.30	+00:20:27 (42.4%)	8:03	7.5 (58.1%)
118	SOBCZYK Patryk	168	APATOR TELEMETRIA	M-OPEN	92	00:48:18.55	+00:20:28 (42.4%)	8:03	7.5 (58.1%)
119	KAJA Justyna	73	BEST BEASTS	K-OPEN	27	00:48:21.85	+00:20:32 (42.5%)	8:03	7.4 (57.4%)
120	ADAMCZYK Ewa	1	BEST BEASTS	K-OPEN	28	00:48:21.95	+00:20:32 (42.5%)	8:03	7.4 (57.4%)
121	SYCHLA Monika	174	VACU ACTIV GYM	K-OPEN	29	00:48:34.90	+00:20:45 (42.7%)	8:05	7.4 (57.4%)
122	PIOTRASCHKE Paweł	223		M-OPEN	93	00:48:55.20	+00:21:05 (43.1%)	8:09	7.4 (57.4%)
123	KONKEL Joanna	86	MKS 'ŚWIĘC' SŁAWNO	K-OPEN	30	00:49:19.55	+00:21:29 (43.6%)	8:13	7.3 (56.6%)
124	GRABOWSKA Kinga	46	ORANGE POLSKA	K-OPEN	31	00:49:33.40	+00:21:43 (43.8%)	8:15	7.3 (56.6%)
125	GRACHEL Justyna	49	APATOR TELEMETRIA	K-OPEN	32	00:49:36.35	+00:21:46 (43.9%)	8:16	7.3 (56.6%)
126	ANDRZEJCZAK Sławomir	4	GRZESŁAW USTKA	M-OPEN	94	00:49:36.40	+00:21:46 (43.9%)	8:16	7.3 (56.6%)
127	MARCZAK Małgorzata	117		K-OPEN	33	00:49:53.30	+00:22:03 (44.2%)	8:18	7.2 (55.8%)
128	GUTOWSKA-SZAPIEL Małgorzata	55		K-OPEN	34	00:50:04.30	+00:22:14 (44.4%)	8:20	7.2 (55.8%)
129	SKIBIŃSKI Rafał	164	AJ TEAM	M-OPEN	95	00:50:44.05	+00:22:54 (45.1%)	8:27	7.1 (55.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 6km	Różn	Tempo min/km	Tempo km/h
130	JEŻYNA Igor	68		M-OPEN	96	00:50:49.05	+00:22:59 (45.2%)	8:28	7.1 (55.0%)
131	MICHALAK-MAŁECKA Anna	120	VACU ACTIV GYM	K-OPEN	35	00:51:00.00	+00:23:10 (45.4%)	8:30	7.1 (55.0%)
132	DAWIDOWICZ Łukasz	30	BEST BEASTS	M-OPEN	97	00:51:42.65	+00:23:52 (46.2%)	8:37	7 (54.3%)
133	ROMPSKI Filip	155	ROZBIEGANA ZAGORZYCA	M-OPEN	98	00:52:13.20	+00:24:23 (46.7%)	8:42	6.9 (53.5%)
134	HINDER Daria	226		K-OPEN	36	00:53:02.65	+00:25:12 (47.5%)	8:50	6.8 (52.7%)
135	KOWALCZYK Mateusz	91		M-OPEN	99	00:53:02.70	+00:25:12 (47.5%)	8:50	6.8 (52.7%)
136	ZASADZKI Alan	209		M-OPEN	100	00:53:03.25	+00:25:13 (47.5%)	8:50	6.8 (52.7%)
137	SZUMSKA Monika	186	SUB VENTUM TEAM	K-OPEN	37	00:53:18.20	+00:25:28 (47.8%)	8:53	6.8 (52.7%)
138		219				00:53:18.25	+00:25:28 (47.8%)	8:53	6.8 (52.7%)
139	MROZIK Joanna	123		K-OPEN	38	00:53:18.55	+00:25:28 (47.8%)	8:53	6.8 (52.7%)
140	BOŚ Grzegorz	16	SUBVENTUM TEAM	M-OPEN	101	00:53:18.95	+00:25:29 (47.8%)	8:53	6.8 (52.7%)
141	KOŚLA Justyna	89	SVT	K-OPEN	39	00:53:19.00	+00:25:29 (47.8%)	8:53	6.8 (52.7%)
142	TRUSIAK Agnieszka	194	SUBVENTUM TEAM	K-OPEN	40	00:53:19.25	+00:25:29 (47.8%)	8:53	6.8 (52.7%)
143	KANIUK Maja	74		K-OPEN	41	00:53:19.80	+00:25:30 (47.8%)	8:53	6.8 (52.7%)
144	WEILAND Agnieszka	198	NIGHT WOLVES SŁUPSK	K-OPEN	42	00:53:20.15	+00:25:30 (47.8%)	8:53	6.8 (52.7%)
145	GLINIECKA-WOŚ Anna	45		K-OPEN	43	00:53:20.30	+00:25:30 (47.8%)	8:53	6.7 (51.9%)
146	MOTOWIDŁO-ZAWADZKA Izabella	122		K-OPEN	44	00:53:34.60	+00:25:44 (48.1%)	8:55	6.7 (51.9%)
147	KOWALSKI Krzysztof	241	STOPA SŁUPSK	M-OPEN	102	00:53:34.70	+00:25:44 (48.1%)	8:55	6.7 (51.9%)
148	PŁODZIEŃ Karolina	142		K-OPEN	45	00:53:42.45	+00:25:52 (48.2%)	8:57	6.7 (51.9%)
149	ROKUSZEWSKI Piotr	153		M-OPEN	103	00:54:34.20	+00:26:44 (49.0%)	9:05	6.6 (51.2%)
150	KRYGIER Ireneusz	101	W.P.K.SLON TEAM	M-OPEN	104	00:54:40.95	+00:26:51 (49.1%)	9:06	6.6 (51.2%)
151	ROGALA Łukasz	152		M-OPEN	105	00:54:43.05	+00:26:53 (49.1%)	9:07	6.6 (51.2%)
152	KWIATKOWSKA Kamila	109	APATOR TELEMETRIA	K-OPEN	46	00:54:59.40	+00:27:09 (49.4%)	9:09	6.5 (50.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 6km	Różn	Tempo min/km	Tempo km/h
153	GRAJCZAK Dagmara	50	PARAFIA EWANGELICKO-AUGSBURSKA W SŁUPSKU	K-OPEN	47	00:55:09.20	+00:27:19 (49.5%)	9:11	6.5 (50.4%)
154	GUBERNAT Mirosław	53	NIEPUBLICZNA SZKOŁA PODSTAWOWA NR 7 IM. MARIII SKŁODOWSKIEJ-CURIE W SŁUPSKU	M-OPEN	106	00:55:18.75	+00:27:29 (49.7%)	9:13	6.5 (50.4%)
155	RACZYŃSKI Roman	148		M-OPEN	107	00:55:56.85	+00:28:07 (50.3%)	9:19	6.4 (49.6%)
156	ISKRA Iwanna	230		K-OPEN	48	00:55:58.00	+00:28:08 (50.3%)	9:19	6.4 (49.6%)
157	ROĆLAWSKI Grzegorz	150	BIEGAJĄCE GASTRO DZIKI	M-OPEN	108	00:55:58.45	+00:28:08 (50.3%)	9:19	6.4 (49.6%)
158	NIEZGODA Małgorzata	218		K-OPEN	49	00:56:17.05	+00:28:27 (50.6%)	9:22	6.4 (49.6%)
159	TOMASZEWSKA Aleksandra	183		K-OPEN	50	00:56:45.25	+00:28:55 (51.0%)	9:27	6.3 (48.8%)
160	TOMASZEWSKI Marek	191		M-OPEN	109	00:56:45.45	+00:28:55 (51.0%)	9:27	6.3 (48.8%)
161	GIERCZAK Dariusz	44	NIEPUBLICZNA SZKOŁA PODSTAWOWA NR 7 IM. MARIII SKŁODOWSKIEJ-CURIE W SŁUPSKU	M-OPEN	110	00:56:49.40	+00:28:59 (51.0%)	9:28	6.3 (48.8%)
162	KSIĄŻEK Małgorzata	104		K-OPEN	51	00:56:50.30	+00:29:00 (51.0%)	9:28	6.3 (48.8%)
163	JANKOWSKA Magdalena	62	NIEPUBLICZNA SZKOŁA PODSTAWOWA NR 7 W SŁUPSKU	K-OPEN	52	00:57:05.60	+00:29:15 (51.3%)	9:30	6.3 (48.8%)
164	PIETRZAK Michał	140		M-OPEN	111	00:57:53.55	+00:30:03 (51.9%)	9:39	6.2 (48.1%)
165	UKLEJA Justyna	250		K-OPEN	53	00:58:06.30	+00:30:16 (52.1%)	9:41	6.2 (48.1%)
166	SURMA Tomasz	173	APATOR TELEMETRIA	M-OPEN	112	00:58:13.85	+00:30:24 (52.2%)	9:42	6.2 (48.1%)
167	DAMPS Julita	29	NIGHT RUNNERS SŁUPSK	K-OPEN	54	00:59:33.95	+00:31:44 (53.3%)	9:55	6 (46.5%)
168	RYNG Kamila	159		K-OPEN	55	01:00:06.50	+00:32:16 (53.7%)	10:01	6 (46.5%)
169	RUTKOWSKI Krzysztof	157	REBELLION OF FREE RUNNERS	M-OPEN	113	01:00:19.00	+00:32:29 (53.9%)	10:03	6 (46.5%)
170	SMOLIŃSKA Edyta	166	SMOLIŃSCY TEAM	K-OPEN	56	01:03:03.05	+00:35:13 (55.9%)	10:30	5.7 (44.2%)
171	KAŁUZIŃSKA Katarzyna	236		K-OPEN	57	01:04:51.45	+00:37:01 (57.1%)	10:48	5.5 (42.6%)
172	GZIK Seweryn	237		M-OPEN	114	01:05:10.25	+00:37:20 (57.3%)	10:51	5.5 (42.6%)
173	GZIK Radosław	56	WPK SŁOŃ TEAM USTKA	M-OPEN	115	01:05:15.05	+00:37:25 (57.4%)	10:52	5.5 (42.6%)
174	SIWAK Iga	246		K-OPEN	58	01:06:35.40	+00:38:45 (58.2%)	11:05	5.4 (41.9%)
175	SIWAK Marcin	245		M-OPEN	116	01:06:35.50	+00:38:45 (58.2%)	11:06	5.4 (41.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 6km	Różn	Tempo min/km	Tempo km/h
DQ	FURMAN Tomasz	41	STOPA SŁUPSK	M-OPEN		00:39:08.05 DQ		0:00	9.2 (71.3%)

Znaleziono 176 wynik(ów)