



# IV MIKOŁAJKOWY KROSS NORDIC WALKING Z KOMANDORKIEM U KANTEGO

B4SPORT

**Wydarzenie:** IV Mikołajkowy Kross Górski z Komandorkiem u Kantego  
**Organizator:** Fundacja Wspierania Inicjatyw Niekonwencjonalnych „Sub ventum”; Parafia pw. Św. Jana Kantego w Słupsku  
**Data:** 2019-12-07  
**Miejsce:** Słupsk  
**Dystans:** 5 km

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Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	KORZEŃ Grzegorz	88	6 WOG USTKA	M-OPEN	1	00:37:51.00		7:34	7.9 (100%)
2	KACZMAREK Eugeniusz	71		M-OPEN	2	00:39:55.40	+00:02:04 (5.2%)	7:59	7.5 (94.9%)
3	KOPCZEWSKI Dariusz	213		M-OPEN	3	00:40:50.05	+00:02:59 (7.3%)	8:10	7.3 (92.4%)
4	SZPILMAN Katarzyna	214		K-OPEN	1	00:40:56.85	+00:03:05 (7.6%)	8:11	7.3 (92.4%)
5	SZYMANOWSKA Anna	188	ŁĘBORSKIE LWY	K-OPEN	2	00:41:11.75	+00:03:20 (8.1%)	8:14	7.3 (92.4%)
6	WOJCIEKIAN Stanisław	207	'SAMOTNY WILK'	M-OPEN	4	00:42:01.35	+00:04:10 (9.9%)	8:24	7.1 (89.9%)
7	SZUDARSKI Edward	184	DWA KIJE SŁUPSK	M-OPEN	5	00:42:02.85	+00:04:11 (10.0%)	8:24	7.1 (89.9%)
8	WILKOŁEK-SZUDARSKA Saturnina	203	DWA KIJE SŁUPSK	K-OPEN	3	00:42:23.25	+00:04:32 (10.7%)	8:28	7.1 (89.9%)
9	KORYBSKA Aleksandra	87	HUBERTUS BIAŁY BÓR	K-OPEN	4	00:43:17.15	+00:05:26 (12.6%)	8:39	6.9 (87.3%)
10	PRUSKA Agnieszka	143	DWA KIJE SŁUPSK	K-OPEN	5	00:43:54.65	+00:06:03 (13.8%)	8:46	6.8 (86.1%)
11	SZAFRANIEC-JĘCEK Iwona	175		K-OPEN	6	00:45:32.85	+00:07:41 (16.9%)	9:06	6.6 (83.5%)
12	PRZYBYSZ Filip	146		M-OPEN	6	00:45:47.40	+00:07:56 (17.3%)	9:09	6.6 (83.5%)
13	SZUDOBAJ Hanna	229		K-OPEN	7	00:46:06.70	+00:08:15 (17.9%)	9:13	6.5 (82.3%)
14	KOCOŃ Sławomir	247		M-OPEN	7	00:46:28.30	+00:08:37 (18.6%)	9:17	6.5 (82.3%)
15	KAZIÓW Ryszard	80	STOPA SŁUPSK	M-OPEN	8	00:46:28.80	+00:08:37 (18.6%)	9:17	6.5 (82.3%)
16	BADZIĄG Waldemar	8	ELITE TEAM	M-OPEN	9	00:47:34.80	+00:09:43 (20.4%)	9:31	6.3 (79.7%)
17	ADAMCZYK Aleksandra	2		K-OPEN	8	00:48:21.45	+00:10:30 (21.7%)	9:40	6.2 (78.5%)
18	ŚMIGIEL Magdalena	189		K-OPEN	9	00:48:24.85	+00:10:33 (21.8%)	9:41	6.2 (78.5%)
19	SIBIK Beata	162	ŁĘBORSKIE LWY	K-OPEN	10	00:48:41.30	+00:10:50 (22.3%)	9:44	6.2 (78.5%)
20	MACIEJEWSKI Tomasz	114		M-OPEN	10	00:50:32.80	+00:12:41 (25.1%)	10:06	5.9 (74.7%)
21	KOZŁOWIECKA Małgorzata	95		K-OPEN	11	00:50:40.05	+00:12:49 (25.3%)	10:08	5.9 (74.7%)
22	KOZŁOWIECKI Waldemar	96	TKKF KOSZALIN	M-OPEN	11	00:50:40.50	+00:12:49 (25.3%)	10:08	5.9 (74.7%)
23	JAREMCZAK Renata	64		K-OPEN	12	00:51:01.00	+00:13:10 (25.8%)	10:12	5.9 (74.7%)
24	PIEKARSKA Aneta	233		K-OPEN	13	00:52:54.95	+00:15:03 (28.5%)	10:35	5.7 (72.2%)
25	SZMIGIERO Kacper	180	W.P.K. SŁOŃ TEAM	M-OPEN	12	00:53:12.65	+00:15:21 (28.9%)	10:38	5.6 (70.9%)

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26	<b>MAJCHRZAK Alina</b>	<b>115</b>		K-OPEN	14	<b>00:53:54.25</b>	+00:16:03 (29.8%)	10:46	5.6 (70.9%)
27	<b>PRZYPOLSKA Dorota</b>	<b>147</b>		K-OPEN	15	<b>00:53:54.90</b>	+00:16:03 (29.8%)	10:47	5.6 (70.9%)
28	<b>MARCJAN Małgorzata</b>	<b>116</b>	DWA KIJE	K-OPEN	16	<b>00:54:01.80</b>	+00:16:10 (29.9%)	10:48	5.6 (70.9%)
29	<b>BEREŻECKA Gabriela</b>	<b>244</b>		K-OPEN	17	<b>00:54:02.45</b>	+00:16:11 (30.0%)	10:48	5.6 (70.9%)
30	<b>MARZEC Andrzej</b>	<b>118</b>	DWA KIJE SŁUPSK	M-OPEN	13	<b>00:54:23.15</b>	+00:16:32 (30.4%)	10:52	5.5 (69.6%)
31	<b>FRUBA Andrzej</b>	<b>40</b>		M-OPEN	14	<b>00:54:30.65</b>	+00:16:39 (30.6%)	10:54	5.5 (69.6%)
32	<b>UKLEJA Katarzyna</b>	<b>211</b>		K-OPEN	18	<b>00:58:05.45</b>	+00:20:14 (34.8%)	11:37	5.2 (65.8%)
33	<b>SZYBUT Roma</b>	<b>187</b>	POTĘGA NORDICA	K-OPEN	19	<b>00:58:13.50</b>	+00:20:22 (35.0%)	11:38	5.2 (65.8%)
34	<b>UKLEJA Monika</b>	<b>251</b>		K-OPEN	20	<b>00:58:13.60</b>	+00:20:22 (35.0%)	11:38	5.2 (65.8%)
35	<b>PIEPKA Przemysław</b>	<b>81</b>	APATOR TELEMETRIA	M-OPEN	15	<b>00:58:13.95</b>	+00:20:22 (35.0%)	11:38	5.2 (65.8%)
36	<b>SAWA Helena</b>	<b>160</b>	ŁĘBORSKIE LWY	K-OPEN	21	<b>00:58:39.25</b>	+00:20:48 (35.5%)	11:44	5.1 (64.6%)
37	<b>BIKOWSKI Marek</b>	<b>12</b>	ŁĘBORSKIE LWY	M-OPEN	16	<b>00:58:40.20</b>	+00:20:49 (35.5%)	11:44	5.1 (64.6%)
38	<b>BIKOWSKA Gabriela</b>	<b>185</b>	DWA KIJE SŁUPSK	K-OPEN	22	<b>00:58:43.75</b>	+00:20:52 (35.6%)	11:44	5.1 (64.6%)
39	<b>CYMON Ewa</b>	<b>24</b>		K-OPEN	23	<b>01:00:03.65</b>	+00:22:12 (37.0%)	12:00	5 (63.3%)
40	<b>WIERZBICKI Filip</b>	<b>248</b>				<b>01:00:03.95</b>	+00:22:12 (37.0%)	12:00	5 (63.3%)
41	<b>SZMIGIERO Agnieszka</b>	<b>179</b>	W.P.K. SŁOŃ TEAM	K-OPEN	24	<b>01:00:15.90</b>	+00:22:24 (37.2%)	12:03	5 (63.3%)
42	<b>KOWALCZYK Justyna</b>	<b>90</b>	W.P.K. SŁOŃ TEAM USTKA	K-OPEN	25	<b>01:00:16.20</b>	+00:22:25 (37.2%)	12:03	5 (63.3%)
43	<b>CZERNICHOWSKA Teresa</b>	<b>26</b>	DWA KIJE SŁUPSK	K-OPEN	26	<b>01:07:24.35</b>	+00:29:33 (43.8%)	13:28	4.5 (57.0%)
44	<b>BERNATOWICZ Arleta</b>	<b>11</b>		K-OPEN	27	<b>01:07:24.65</b>	+00:29:33 (43.9%)	13:29	4.4 (55.7%)
45	<b>SZCZYPEK Ela</b>	<b>177</b>	KLUB DWA KIJE SŁUPSK	K-OPEN	28	<b>01:07:25.10</b>	+00:29:34 (43.9%)	13:29	4.4 (55.7%)
46	<b>JAKUBOWSKI Przemysław</b>	<b>60</b>		M-OPEN	17	<b>01:09:09.15</b>	+00:31:18 (45.3%)	13:49	4.3 (54.4%)
47	<b>ANTOSIK Mikołaj</b>	<b>7</b>	KS OLSZEWSKI I SYNOWIE SŁASKO	M-OPEN	18	<b>01:14:19.00</b>	+00:36:28 (49.1%)	14:51	4 (50.6%)
48	<b>ANTOSIK Basia</b>	<b>6</b>	KS OLSZESKI I SYNOWIE SŁAWSKO	K-OPEN	29	<b>01:14:19.85</b>	+00:36:28 (49.1%)	14:52	4 (50.6%)
49	<b>ANTOSIK Julia</b>	<b>5</b>	KS OLSZEWSKI I SYNOWIE SŁAWSKO	K-OPEN	30	<b>01:14:29.75</b>	+00:36:38 (49.2%)	14:53	4 (50.6%)
50	<b>CHUDY Janina</b>	<b>22</b>	K SOLSZEWSKI I SYNOWIE	K-OPEN	31	<b>01:22:20.65</b>	+00:44:29 (54.0%)	16:28	3.6 (45.6%)
	<b>JUSTEK Adam</b>	<b>70</b>		M-OPEN				-	- (0.0%)

Znaleziono 51 wynik(ów)