



# IV MISTRZOSTWA POLSKI NORDIC WALKING W MARATONIE - JASTROWIE 2017

B4SPORT

**Organizator:** PFNW  
**Data:** 2017-04-08  
**Miejsce:** Jastrowie  
**Dystans:** 42.195 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 20,8 km

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Czas startu	Start_All 4.68km	Start_All 10.04km	Start_All 15.4km	Start_All 20.76km
1	DZIEDIEWICH Andrzej	233		M30-39			00:00:02	00:30:15	01:05:28	01:40:37	02:15:17
2	MICHALEC Marcin	232	KKB MOSIR KROSNO	M18-29			00:00:01	00:30:16	01:05:30	01:40:40	02:15:18
3	KORDOWSKI Piotr	31	DYNAMIC	M40-49			00:00:03	00:30:15	01:05:27	01:40:41	02:17:00
4	NIEPOKÓJ Radosław	47	OSP WROCANKA	M18-29	2		00:00:02	00:30:58	01:06:48	01:42:44	02:18:36
5	DEPKA-PRĄDZYŃSKI Olgierd	15	BIEGAMYRAZEM	M55-59			00:00:07	00:33:28	01:10:10	01:45:21	02:21:06
6	NIECHWIEJCZYK Piotr	46	OPEL ACTIVE TEAM	M40-49			00:00:04	00:32:36	01:09:06	01:45:53	02:22:35
7	MICHALSKI Andrzej	43		M55-59			00:00:06	00:33:30	01:10:15	01:45:53	02:22:36
8	CZŁONKOWSKI Krzysztof	13	OLIMPIJCZYK SZCZEKOCINY	M40-49			00:00:04	00:33:34	01:10:19	01:47:40	02:25:49
9	WIŚNIEWSKI Jacek	87	UKS SIEDLESZCZANY	M50-54			00:00:05	00:33:32	01:10:18	01:47:40	02:25:49
10	GAJEWSKI Eugeniusz	18	KS METRACO POLKOWICE	M60-64			00:00:08	00:32:31	01:09:01	01:46:26	02:26:16
11	PUSZKIEL Leszek	58	GREEN TEAM	M60-64			00:00:08	00:32:51	01:09:57	01:47:23	02:26:22
12	BOGACKI Sławek	4	ENERGA NW TEAM	M40-49			00:00:04	00:33:33	01:10:34	01:48:35	02:27:51
13	PIOTROWSKI Michał	55	FACE NORDIC WALKING TEAM	M30-39			00:00:03	00:33:44	01:11:52	01:50:10	02:28:35
14	ŚWISŁOCKI Bogdan	80	FACE NORDIC WALKING TEAM	M55-59			00:00:07	00:33:42	01:11:41	01:50:05	02:29:11
15	MITURA-ZIELONKA Paweł	44	RYBNICKI KLUB NORDIC WALKING	M30-39			00:00:02	00:35:25	01:13:35	01:50:53	02:29:43
16	NALEPKA Jerzy	234	FACE NORDIC WALKING TEAM	M65+			00:00:09	00:34:20	01:12:57	01:52:02	02:30:48
17	SŁOMIAN Leszek	67	UNIA MIAST	M55-59			00:00:04	00:34:17	01:12:37	01:51:56	02:31:17
18	ZAGAJA Janusz	90	WESOŁY BORSUK TEAM	M60-64			00:00:08	00:33:50	01:12:46	01:53:10	02:33:40
19	PASIKOWSKA Mariola	50	POSITIVE ENERGY	K30-39			00:01:32	00:33:59	01:13:08	01:53:03	02:33:41
20	SZCZEBAK Jacek	76	UNIA MIAST	M40-49			00:00:04	00:34:16	01:13:30	01:53:45	02:34:52
21	MAKOWSKI Jan	41	RYBNICKI KLUB NORDIC WALKING	M55-59			00:00:05	00:33:42	01:12:48	01:53:17	02:35:11
22	MORAWSKI Bartosz	93	KS IDMAR	M30-39			00:00:03	00:34:13	01:14:07	01:54:34	02:35:16
23	DZIADEK Remigiusz	16		M50-54			00:00:10	00:34:39	01:14:16	01:54:23	02:36:08
24	SPYCHAŁA Marzena	68	WESOŁY BORSUK TEAM	K40-49			00:01:32	00:35:18	01:15:26	01:56:02	02:36:54
25	SKRYCKA Katarzyna	66	KS METRACO POLKOWICE	K30-39			00:01:33	00:35:48	01:15:47	01:56:09	02:37:27
26	FOLWARSKI Andrzej	17	FACE NORDIC WALKING TEAM	M55-59			00:00:07	00:35:04	01:14:58	01:55:49	02:37:31

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Czas startu	Start_All 4.68km	Start_All 10.04km	Start_All 15.4km	Start_All 20.76km
27	<b>ŁUKASZEWICZ Joanna</b>	<b>37</b>	GREEN TEAM ZIELONA GÓRA	K40-49			00:01:33	00:35:21	01:15:54	01:56:27	02:38:09
28	<b>STEFANICKI Marek</b>	<b>69</b>		M55-59			00:00:08	00:35:40	01:15:55	01:57:01	02:38:54
29	<b>RADWAN Piotr</b>	<b>231</b>	KKB DYSTANS KRAKÓW	M50-54	1		00:00:13	00:36:12	01:16:53	01:57:52	02:38:54
30	<b>WESOŁOWSKI Wojciech</b>	<b>85</b>	NORDIC TEAM GNIEZNO	M65+			00:00:10	00:35:47	01:16:39	01:57:28	02:38:59
31	<b>TOMCZYK Edward</b>	<b>82</b>	MARSZ PO ZDROWIE POZNAŃ	M65+			00:00:08	00:35:49	01:16:43	01:57:39	02:39:30
32	<b>KOŁODZIEJ Joanna</b>	<b>30</b>	FABRIKANORDIKA	K40-49			00:01:33	00:36:33	01:17:30	01:58:17	02:40:02
33	<b>STĘPIEŃ Lucyna</b>	<b>71</b>	KS METRACO POLKOWICE	K60-64			00:01:39	00:36:20	01:17:07	01:58:23	02:40:13
34	<b>REJMAN Dorota</b>	<b>61</b>	FACE NORDIC WALKING TEAM/UKS SIEDLESZCZANY	K30-39			00:01:35	00:36:27	01:17:16	01:58:49	02:41:24
35	<b>STOPA Joanna</b>	<b>73</b>	BŁĘKITNI DZIEMIANY	K18-29			00:01:32	00:37:03	01:18:34	01:59:55	02:41:49
36	<b>BOCZAR Beata</b>	<b>3</b>	GREEN TEAM ZIELONA GÓRA	K50-54			00:01:33	00:36:53	01:17:52	01:59:46	02:41:53
37	<b>KACZMARCZYK-PIASECKA Renata</b>	<b>27</b>	CZARNE PANTERY	K40-49			00:01:34	00:38:02	01:20:01	02:00:58	02:42:06
	<b>BANASZKIEWICZ Katarzyna</b>	<b>2</b>	PILSCY MIŁOŚNICY NW	K40-49			DNF	00:35:47 DNF	01:17:24 DNF	01:59:31 DNF	02:43:07 DNF
39	<b>WOLNIEWICZ Katarzyna</b>	<b>89</b>	FABRIKANORDIKA	K40-49	1		00:01:34	00:37:34	01:19:26	02:01:02	02:43:20
40	<b>WITKOWSKA Maria</b>	<b>88</b>	UNIA MIAST	K60-64			00:01:40	00:37:24	01:19:57	02:01:46	02:44:17
41	<b>WEŻGOWIEC Jacek</b>	<b>86</b>		M50-54			00:00:11	00:35:00	01:16:39	02:00:01	02:44:55
42	<b>ŁOPATKIEWICZ Beata</b>	<b>97</b>		K50-54			00:01:33	00:36:54	01:18:41	02:01:33	02:45:00
43	<b>KOWALSKI Marek</b>	<b>34</b>	UNIA MIAST	M50-54			00:00:08	00:38:59	01:21:21	02:03:20	02:45:49
44	<b>BUCZKOWSKA Wiesława</b>	<b>7</b>	FOREST POLE WALKERS	K60-64			00:01:37	00:38:02	01:20:13	02:03:15	02:47:10
45	<b>PIERNICKA Krystyna</b>	<b>54</b>		K55-59	1		00:01:35	00:37:36	01:19:49	02:02:36	02:47:13
46	<b>SZCZODROWSKI Krzysztof</b>	<b>78</b>	FACE NORDIC WALKING TEAM	M50-54			00:00:04	00:36:18	01:18:52	02:02:27	02:47:23
47	<b>HINC Iwona</b>	<b>23</b>	FACE NORDIC WALKING TEAM	K40-49	1		00:01:37	00:37:35	01:20:33	02:04:16	02:49:16
48	<b>BORKOWSKI Witold</b>	<b>6</b>	SAINT-GOBAIN SQUAD	M40-49			00:00:05	00:39:07	01:22:03	02:05:01	02:49:18
49	<b>SZYMAŃSKI Jacek</b>	<b>79</b>		M50-54			00:00:07	00:39:00	01:22:05	02:04:55	02:49:18
50	<b>RESEMAN Sylwia</b>	<b>62</b>	FACE NORDIC WALKING TEAM	K40-49			00:01:38	00:38:54	01:22:27	02:05:43	02:49:19
51	<b>ROSOŁEK Elżbieta</b>	<b>63</b>	GREEN TEAM ZIELONA GÓRA	K50-54			00:01:35	00:39:24	01:23:12	02:05:55	02:50:15
52	<b>KOBIELA Daria</b>	<b>28</b>	'BŁĘKITNI' NW DZIEMIANY	K18-29			00:01:32	00:38:59	01:22:35	02:06:06	02:50:26
53	<b>PIĄTKOWSKI Józef</b>	<b>53</b>	KS METRACO POLKOWICE	M65+			00:00:10	00:37:39	01:20:51	02:05:02	02:50:42
54	<b>SZCZEPAŃSKA Anna</b>	<b>77</b>	SUCHA GÓRA	K40-49			00:01:38	00:38:56	01:22:48	02:06:49	02:50:50
55	<b>ANTCZAK-KRETKOWSKA Maria</b>	<b>94</b>		K55-59			00:01:37	00:38:50	01:22:45	02:06:39	02:51:46
56	<b>KARASIEWICZ Irena</b>	<b>91</b>	FACE NORDIC WALKING TEAM	K50-54			00:01:36	00:38:27	01:21:48	02:06:18	02:51:52
57	<b>STILLER Karol</b>	<b>72</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	M30-39			00:00:03	00:40:28	01:24:01	02:07:30	02:51:56
58	<b>BOROWSKI Marcin</b>	<b>235</b>	FACE NORDIC WALKING TEAM/KB KATORŻNIK MUROWANA GOŚLINA	M30-39	1		00:00:03	00:38:45	01:22:05	02:07:02	02:52:20
59	<b>KRYSZCZUK Krzysztof</b>	<b>36</b>	LUKI TEAM SIEDLCE	M50-54			00:00:11	00:39:27	01:23:43	02:07:17	02:52:32
60	<b>KOTUŁA Jakub</b>	<b>32</b>	UNIA MIAST	M30-39			00:00:02	00:38:43	01:22:49	02:07:09	02:52:53
61	<b>GRYGIEL Monika</b>	<b>21</b>	FACE NORDIC WALKING TEAM	K30-39			00:01:34	00:37:32	01:21:37	02:06:19	02:53:00
62	<b>MARCINKOWSKI Wojciech</b>	<b>42</b>	UNIA MIAST	M40-49			00:00:05	00:39:22	01:23:44	02:07:22	02:53:07
63	<b>WACHOWIAK Sylwia</b>	<b>83</b>	DYNAMIC	K40-49			00:01:36	00:38:36	01:22:46	02:07:41	02:53:42
64	<b>CZYCZ Emilia</b>	<b>14</b>	GREEN TEAM ZIELONA GÓRA	K65+			00:01:40	00:38:08	01:21:39	02:06:41	02:54:43
65	<b>SULEJA Joanna</b>	<b>75</b>	SZWLA STARGARD	K55-59			00:01:37	00:38:14	01:21:44	02:06:46	02:54:47
66	<b>WAŁECKA Krystyna</b>	<b>92</b>	FACE NORDIC WALKING TEAM	K60-64	1		00:01:37	00:38:58	01:22:51	02:07:50	02:54:50
67	<b>RACZYŃSKA Aleksandra</b>	<b>59</b>	STADION ŚLĄSKI	K65+			00:01:39	00:38:08	01:22:25	02:08:38	02:56:30
68	<b>PERLIK Wiesław</b>	<b>52</b>	GOSIR OSIELSKO	M60-64			00:00:11	00:39:23	01:23:28	02:08:39	02:57:37
69	<b>REJ Anna</b>	<b>60</b>		K30-39			00:01:38	00:40:06	01:27:01	02:13:08	02:58:16

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Czas startu	Start_All 4.68km	Start_All 10.04km	Start_All 15.4km	Start_All 20.76km
70	<b>POSTEK Danuta</b>	<b>98</b>	MARSZ PO ZDROWIE	K50-54			00:01:35	00:39:48	01:25:08	02:11:09	02:59:01
71	<b>STRZELECKI Sebastian</b>	<b>74</b>	SAILING TEAM FERAJNA	M40-49			00:00:05	00:40:45	01:26:44	02:12:47	03:00:23
72	<b>NOWAK Bartłomiej</b>	<b>49</b>	SAILING TEAM FERAJNA	M40-49			00:00:06	00:40:48	01:26:45	02:12:47	03:00:31
73	<b>JASIŃSKA Małgorzata</b>	<b>25</b>	FAMILY PARK	K50-54			00:01:36	00:40:06	01:27:03	02:13:12	03:01:24
74	<b>KRETKOWSKI Waldemar</b>	<b>95</b>		M55-59	1		00:00:09	00:41:11	01:28:00	02:14:48	03:01:40
75	<b>JASONŃ Grażyna</b>	<b>99</b>		K55-59			00:01:39	00:40:03	01:27:14	02:14:32	03:02:44
76	<b>CHOLEWKA Jolanta</b>	<b>10</b>	MARSZ PO ZDROWIE POZNAŃ	K60-64			00:01:35	00:40:08	01:26:47	02:14:04	03:03:11
77	<b>GERLE-KOTULA Anna</b>	<b>19</b>	UNIA MIAST	K30-39			00:01:33	00:40:55	01:27:37	02:15:08	03:03:19
78	<b>CEGŁA Zbyszko</b>	<b>8</b>	-	M60-64			00:00:10	00:40:59	01:27:05	02:14:27	03:03:29
79	<b>HAJNUS Wojciech</b>	<b>22</b>	DYNAMIC	M50-54			00:00:06	00:41:23	01:28:04	02:14:53	03:03:30
80	<b>KOZŁOWSKA Agnieszka</b>	<b>35</b>	DYNAMIC	K40-49			00:01:36	00:42:39	01:28:34	02:15:53	03:05:01
81	<b>THOMALLA Bogdan</b>	<b>81</b>	SILESIA NORDIC TEAM	M65+			00:00:14	00:40:53	01:27:47	02:17:45	03:05:28
82	<b>SERAFIN Anna</b>	<b>65</b>	FACE NORDIC WALKING TEAM/UKS SIEDLESZCZANY NORDIC WALKING	K30-39			00:01:34	00:43:15	01:29:48	02:17:40	03:05:57
83	<b>NOWAK Maciej</b>	<b>48</b>	PILSCY MIŁOŚNICY NORDIC WALKING	M40-49			00:00:06	00:42:17	01:30:08	02:18:21	03:06:57
84	<b>KOLEBUK Kazimierz</b>	<b>29</b>	TRZCIANKA.BIEGA	M65+			00:00:09	00:42:07	01:30:23	02:18:53	03:09:26
85	<b>MADAJCZAK Jarosław</b>	<b>40</b>		M40-49			00:00:07	00:42:51	01:30:58	02:23:43	03:12:01
86	<b>BONZEL Dorota</b>	<b>5</b>	KLUB SZALONEJ DOROTKI	K30-39			00:01:33	00:44:10	01:32:48	02:22:08	03:13:12
87	<b>MAĆKOWIAK Krystyna</b>	<b>38</b>	FACE NORDIC WALKING TEAM	K60-64			00:01:36	00:42:06	01:30:41	02:21:13	03:14:10
88	<b>MAĆKOWIAK Aleksandra</b>	<b>39</b>	FACE NORDIC WALKING TEAM	K30-39			00:01:34	00:42:09	01:29:52	02:24:59	03:17:50
89	<b>CERANOWSKA Aga</b>	<b>9</b>	PSEUDOBIEGACZKI	K40-49	1		00:01:38	00:44:22	01:34:24	02:26:02	03:18:56
90	<b>BŁASZCZYK Katarzyna</b>	<b>96</b>	KIJANKI POZNAŃ	K40-49			00:01:40	00:44:13	01:33:27	02:25:31	03:18:56

Znaleziono 90 wynik(ów)