



IV MISTRZOSTWA POLSKI NORDIC WALKING W MARATONIE - JASTROWIE 2017

B4SPORT
INTELLIGENT SPORTS

Organizator: PFNW
Data: 2017-04-08
Miejsce: Jastrowie
Dystans: 42.195 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 36,8 km

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Czas startu	Start_All 4.68km	Start_All 10.04km	Start_All 15.4km	Start_All 20.76km	Start_All 26.12km	Start_All 31.48km	Start_All 36.84km
1	MICHALEC Marcin	232	KKB MOSIR KROSNO	M18-29			00:00:01	00:30:16	01:05:30	01:40:40	02:15:18	02:48:58	03:23:19	03:58:54
2	DZIEDIEWICH Andrzej	233		M30-39			00:00:02	00:30:15	01:05:28	01:40:37	02:15:17	02:49:55	03:27:26	04:06:12
3	NIEPOKÓJ Radosław	47	OSP WROCANKA	M18-29	2		00:00:02	00:30:58	01:06:48	01:42:44	02:18:36	02:54:57	03:32:14	04:10:15
4	DEPKA- PRĄDZYŃSKI Olgierd	15	BIEGAMYRAZEM	M55-59			00:00:07	00:33:28	01:10:10	01:45:21	02:21:06	02:57:51	03:36:03	04:13:50
5	KORDOWSKI Piotr	31	DYNAMIC	M40-49			00:00:03	00:30:15	01:05:27	01:40:41	02:17:00	02:54:45	03:34:26	04:15:31
6	MICHALSKI Andrzej	43		M55-59			00:00:06	00:33:30	01:10:15	01:45:53	02:22:36	03:00:07	03:38:30	04:17:10
7	NIECHWIEJCZYK Piotr	46	OPEL ACTIVE TEAM	M40-49			00:00:04	00:32:36	01:09:06	01:45:53	02:22:35	03:00:08	03:38:33	04:17:26
8	CZŁONKOWSKI Krzysztof	13	OLIMPIJCZYK SZCZEKOCINY	M40-49			00:00:04	00:33:34	01:10:19	01:47:40	02:25:49	03:05:44	03:44:50	04:24:13
9	NALEPKA Jerzy	234	FACE NORDIC WALKING TEAM	M65+			00:00:09	00:34:20	01:12:57	01:52:02	02:30:48	03:09:47	03:49:35	04:29:28
10	PUSZKIEL Leszek	58	GREEN TEAM	M60-64			00:00:08	00:32:51	01:09:57	01:47:23	02:26:22	03:06:51	03:47:38	04:29:44
11	WIŚNIEWSKI Jacek	87	UKS SIEDLESZCZANY	M50-54			00:00:05	00:33:32	01:10:18	01:47:40	02:25:49	03:05:46	03:47:48	04:30:14
12	PIOTROWSKI Michał	55	FACE NORDIC WALKING TEAM	M30-39			00:00:03	00:33:44	01:11:52	01:50:10	02:28:35	03:08:04	03:49:45	04:31:24
13	BOGACKI Sławek	4	ENERGA NW TEAM	M40-49			00:00:04	00:33:33	01:10:34	01:48:35	02:27:51	03:07:49	03:48:46	04:31:48
14	GAJEWSKI Eugeniusz	18	KS METRACO POLKOWICE	M60-64			00:00:08	00:32:31	01:09:01	01:46:26	02:26:16	03:07:52	03:50:06	04:33:25
15	MITURA- ZIELONKA Paweł	44	RYBNICKI KLUB NORDIC WALKING	M30-39			00:00:02	00:35:25	01:13:35	01:50:53	02:29:43	03:10:26	03:52:15	04:34:56

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Czas startu	Start_All 4.68km	Start_All 10.04km	Start_All 15.4km	Start_All 20.76km	Start_All 26.12km	Start_All 31.48km	Start_All 36.84km
16	ŚWISŁOCKI Bogdan	80	FACE NORDIC WALKING TEAM	M55-59			00:00:07	00:33:42	01:11:41	01:50:05	02:29:11	03:09:48	03:52:21	04:35:16
17	PASIKOWSKA Mariola	50	POSITIVE ENERGY	K30-39			00:01:32	00:33:59	01:13:08	01:53:03	02:33:41	03:14:44	03:56:40	04:39:33
18	SŁOMIAN Leszek	67	UNIA MIAST	M55-59			00:00:04	00:34:17	01:12:37	01:51:56	02:31:17	03:12:00	03:54:14	04:40:13
19	SZCZEBAK Jacek	76	UNIA MIAST	M40-49			00:00:04	00:34:16	01:13:30	01:53:45	02:34:52	03:16:19	03:58:38	04:42:08
20	SPYCHAŁA Marzena	68	WESOŁY BORSUK TEAM	K40-49			00:01:32	00:35:18	01:15:26	01:56:02	02:36:54	03:18:15	04:00:53	04:43:59
21	RADWAN Piotr	231	KKB DYSTANS KRAKÓW	M50-54	1		00:00:13	00:36:12	01:16:53	01:57:52	02:38:54	03:21:05	04:03:08	04:44:45
22	MAKOWSKI Jan	41	RYBNICKI KLUB NORDIC WALKING	M55-59			00:00:05	00:33:42	01:12:48	01:53:17	02:35:11	03:16:44	04:01:23	04:45:22
23	ZAGAJA Janusz	90	WESOŁY BORSUK TEAM	M60-64			00:00:08	00:33:50	01:12:46	01:53:10	02:33:40	03:16:07	03:59:59	04:46:08
24	ŁUKASZEWICZ Joanna	37	GREEN TEAM ZIELONA GÓRA	K40-49			00:01:33	00:35:21	01:15:54	01:56:27	02:38:09	03:20:54	04:03:40	04:46:59
25	STOPA Joanna	73	BŁĘKITNI DZIEMIANY	K18-29			00:01:32	00:37:03	01:18:34	01:59:55	02:41:49	03:23:59	04:05:52	04:47:53
26	KACZMARCZYK-PIASECKA Renata	27	CZARNE PANTERY	K40-49			00:01:34	00:38:02	01:20:01	02:00:58	02:42:06	03:23:28	04:05:17	04:48:09
27	FOLWARSKI Andrzej	17	FACE NORDIC WALKING TEAM	M55-59			00:00:07	00:35:04	01:14:58	01:55:49	02:37:31	03:20:07	04:04:27	04:49:07
28	STĘPIEŃ Lucyna	71	KS METRACO POLKOWICE	K60-64			00:01:39	00:36:20	01:17:07	01:58:23	02:40:13	03:22:52	04:05:46	04:49:22
29	SKRYCKA Katarzyna	66	KS METRACO POLKOWICE	K30-39			00:01:33	00:35:48	01:15:47	01:56:09	02:37:27	03:20:41	04:03:39	04:49:23
30	KOŁODZIEJ Joanna	30	FABRIKANORDIKA	K40-49			00:01:33	00:36:33	01:17:30	01:58:17	02:40:02	03:22:10	04:05:48	04:50:04
31	BOCZAR Beata	3	GREEN TEAM ZIELONA GÓRA	K50-54			00:01:33	00:36:53	01:17:52	01:59:46	02:41:53	03:24:26	04:07:33	04:51:46
32	WESOŁOWSKI Wojciech	85	NORDIC TEAM GNIEZNO	M65+			00:00:10	00:35:47	01:16:39	01:57:28	02:38:59	03:23:02	04:08:27	04:52:07
33	MORAWSKI Bartosz	93	KS IDMAR	M30-39			00:00:03	00:34:13	01:14:07	01:54:34	02:35:16	03:19:21	04:06:06	04:53:53
34	DZIADEK Remigiusz	16		M50-54			00:00:10	00:34:39	01:14:16	01:54:23	02:36:08	03:19:55	04:06:37	04:53:55
35	REJMAN Dorota	61	FACE NORDIC WALKING TEAM/UKS SIEDLESZCZANY	K30-39			00:01:35	00:36:27	01:17:16	01:58:49	02:41:24	03:24:55	04:09:31	04:54:55
36	WITKOWSKA Maria	88	UNIA MIAST	K60-64			00:01:40	00:37:24	01:19:57	02:01:46	02:44:17	03:27:19	04:11:05	04:55:48
37	STEFANICKI Marek	69		M55-59			00:00:08	00:35:40	01:15:55	01:57:01	02:38:54	03:23:01	04:08:32	04:56:23
38	WOLNIEWICZ Katarzyna	89	FABRIKANORDIKA	K40-49	1		00:01:34	00:37:34	01:19:26	02:01:02	02:43:20	03:27:09	04:11:47	04:57:02
39	TOMCZYK Edward	82	MARSZ PO ZDROWIE POZNAŃ	M65+			00:00:08	00:35:49	01:16:43	01:57:39	02:39:30	03:25:52	04:12:19	05:01:03
40	ŁOPATKIEWICZ Beata	97		K50-54			00:01:33	00:36:54	01:18:41	02:01:33	02:45:00	03:30:30	04:15:47	05:01:27
41	KOWALSKI Marek	34	UNIA MIAST	M50-54			00:00:08	00:38:59	01:21:21	02:03:20	02:45:49	03:29:58	04:15:16	05:01:28
42	BUCZKOWSKA Wiesława	7	FOREST POLE WALKERS	K60-64			00:01:37	00:38:02	01:20:13	02:03:15	02:47:10	03:31:26	04:16:35	05:02:31
43	SZCZODROWSKI Krzysztof	78	FACE NORDIC WALKING TEAM	M50-54			00:00:04	00:36:18	01:18:52	02:02:27	02:47:23	03:32:40	04:18:03	05:04:02
44	RESEMAN Sylwia	62	FACE NORDIC WALKING TEAM	K40-49			00:01:38	00:38:54	01:22:27	02:05:43	02:49:19	03:34:12	04:19:06	05:05:34

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Czas startu	Start_All 4.68km	Start_All 10.04km	Start_All 15.4km	Start_All 20.76km	Start_All 26.12km	Start_All 31.48km	Start_All 36.84km
45	PIERNICKA Krystyna	54		K55-59	1		00:01:35	00:37:36	01:19:49	02:02:36	02:47:13	03:31:49	04:18:37	05:05:51
46	SZCZEPAŃSKA Anna	77	SUCHA GÓRA	K40-49			00:01:38	00:38:56	01:22:48	02:06:49	02:50:50	03:35:35	04:21:02	05:06:52
47	WEŻGOWIEC Jacek	86		M50-54			00:00:11	00:35:00	01:16:39	02:00:01	02:44:55	03:31:08	04:19:31	05:08:14
48	HINC Iwona	23	FACE NORDIC WALKING TEAM	K40-49	1		00:01:37	00:37:35	01:20:33	02:04:16	02:49:16	03:34:31	04:20:52	05:08:28
49	KRYSZCZUK Krzysztof	36	LUKI TEAM SIEDLCE	M50-54			00:00:11	00:39:27	01:23:43	02:07:17	02:52:32	03:37:57	04:24:21	05:09:33
50	ANTCZAK-KRETKOWSKA Maria	94		K55-59			00:01:37	00:38:50	01:22:45	02:06:39	02:51:46	03:38:22	04:24:47	05:10:58
51	KARASIEWICZ Irena	91	FACE NORDIC WALKING TEAM	K50-54			00:01:36	00:38:27	01:21:48	02:06:18	02:51:52	03:37:53	04:24:44	05:11:57
52	BORKOWSKI Witold	6	SAINT-GOBAIN SQUAD	M40-49			00:00:05	00:39:07	01:22:03	02:05:01	02:49:18	03:36:21	04:23:32	05:12:49
53	SZYMAŃSKI Jacek	79		M50-54			00:00:07	00:39:00	01:22:05	02:04:55	02:49:18	03:35:46	04:23:17	05:12:50
54	PIĄTKOWSKI Józef	53	KS METRACO POLKOWICE	M65+			00:00:10	00:37:39	01:20:51	02:05:02	02:50:42	03:37:17	04:25:06	05:13:56
55	MARCINKOWSKI Wojciech	42	UNIA MIAST	M40-49			00:00:05	00:39:22	01:23:44	02:07:22	02:53:07	03:40:26	04:27:59	05:14:04
56	KOBIELA Daria	28	'BŁĘKITNI' NW DZIEMIANY	K18-29			00:01:32	00:38:59	01:22:35	02:06:06	02:50:26	03:35:37	04:23:49	05:14:06
57	STILLER Karol	72	VIKING NORDIC TEAM CZĘSTOCHOWA	M30-39			00:00:03	00:40:28	01:24:01	02:07:30	02:51:56	03:37:02	04:25:19	05:15:33
58	REJ Anna	60		K30-39			00:01:38	00:40:06	01:27:01	02:13:08	02:58:16	03:43:53	04:29:00	05:15:33
59	ROSOŁEK Elżbieta	63	GREEN TEAM ZIELONA GÓRA	K50-54			00:01:35	00:39:24	01:23:12	02:05:55	02:50:15	03:39:27	04:27:18	05:16:52
60	WACHOWIAK Sylwia	83	DYNAMIC	K40-49			00:01:36	00:38:36	01:22:46	02:07:41	02:53:42	03:40:49	04:30:04	05:18:27
61	CZYCZ Emilia	14	GREEN TEAM ZIELONA GÓRA	K65+			00:01:40	00:38:08	01:21:39	02:06:41	02:54:43	03:42:11	04:31:21	05:19:41
62	SULEJA Joanna	75	SZWLA STARGARD	K55-59			00:01:37	00:38:14	01:21:44	02:06:46	02:54:47	03:42:15	04:31:25	05:19:45
63	BOROWSKI Marcin	235	FACE NORDIC WALKING TEAM/KB KATORŻNIK MUROWANA GOŚLINA	M30-39	1		00:00:03	00:38:45	01:22:05	02:07:02	02:52:20	03:39:52	04:29:53	05:19:47
64	KOTULA Jakub	32	UNIA MIAST	M30-39			00:00:02	00:38:43	01:22:49	02:07:09	02:52:53	03:39:47	04:29:53	05:20:18
65	WAŁECKA Krystyna	92	FACE NORDIC WALKING TEAM	K60-64	1		00:01:37	00:38:58	01:22:51	02:07:50	02:54:50	03:42:53	04:31:31	05:21:06
66	GRYGIEL Monika	21	FACE NORDIC WALKING TEAM	K30-39			00:01:34	00:37:32	01:21:37	02:06:19	02:53:00	03:41:51	04:30:48	05:21:08
67	RACZYŃSKA Aleksandra	59	STADION ŚLĄSKI	K65+			00:01:39	00:38:08	01:22:25	02:08:38	02:56:30	03:44:50	04:35:21	05:24:30
68	KRETKOWSKI Waldemar	95		M55-59	1		00:00:09	00:41:11	01:28:00	02:14:48	03:01:40	03:48:52	04:36:30	05:26:01
69	JASOŃ Grażyna	99		K55-59			00:01:39	00:40:03	01:27:14	02:14:32	03:02:44	03:50:38	04:38:39	05:27:17
70	STRZELECKI Sebastian	74	SAILING TEAM FERAJNA	M40-49			00:00:05	00:40:45	01:26:44	02:12:47	03:00:23	03:47:58	04:38:01	05:29:52
71	NOWAK Bartłomiej	49	SAILING TEAM FERAJNA	M40-49			00:00:06	00:40:48	01:26:45	02:12:47	03:00:31	03:50:45	04:41:56	05:32:38
72	GERLE-KOTULA Anna	19	UNIA MIAST	K30-39			00:01:33	00:40:55	01:27:37	02:15:08	03:03:19	03:52:31	04:42:56	05:33:59
73	POSTEK Danuta	98	MARSZ PO ZDROWIE	K50-54			00:01:35	00:39:48	01:25:08	02:11:09	02:59:01	03:47:56	04:41:02	05:34:24
74	NOWAK Maciej	48	PILSCY MIŁOŚNICY NORDIC WALKING	M40-49			00:00:06	00:42:17	01:30:08	02:18:21	03:06:57	03:56:08	04:44:35	05:34:29

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Czas startu	Start_All 4.68km	Start_All 10.04km	Start_All 15.4km	Start_All 20.76km	Start_All 26.12km	Start_All 31.48km	Start_All 36.84km
75	CEGŁA Zbyszko	8	-	M60-64			00:00:10	00:40:59	01:27:05	02:14:27	03:03:29	03:52:59	04:42:54	05:37:14
76	CHOLEWKA Jolanta	10	MARSZ PO ZDROWIE POZNAŃ	K60-64			00:01:35	00:40:08	01:26:47	02:14:04	03:03:11	03:53:18	04:45:04	05:37:26
77	MADAJCZAK Jarosław	40		M40-49			00:00:07	00:42:51	01:30:58	02:23:43	03:12:01	04:01:46	04:51:56	05:39:44
78	HAJNUS Wojciech	22	DYNAMIC	M50-54			00:00:06	00:41:23	01:28:04	02:14:53	03:03:30	03:54:58	04:47:36	05:41:29
79	KOZŁOWSKA Agnieszka	35	DYNAMIC	K40-49			00:01:36	00:42:39	01:28:34	02:15:53	03:05:01	03:56:30	04:48:46	05:41:43
80	SERAFIN Anna	65	FACE NORDIC WALKING TEAM/UKS SIEDLESZCZANY NORDIC WALKING	K30-39			00:01:34	00:43:15	01:29:48	02:17:40	03:05:57	03:57:20	04:50:06	05:46:07
81	THOMALLA Bogdan	81	SILESIA NORDIC TEAM	M65+			00:00:14	00:40:53	01:27:47	02:17:45	03:05:28	03:59:54	04:51:08	05:48:16
82	JASIŃSKA Małgorzata	25	FAMILY PARK	K50-54			00:01:36	00:40:06	01:27:03	02:13:12	03:01:24	03:53:29	04:48:28	05:50:15
83	PERLIK Wiesław	52	GOSIR OSIELSKO	M60-64			00:00:11	00:39:23	01:23:28	02:08:39	02:57:37	03:52:52	04:47:59	05:51:39
84	KOLEBUK Kazimierz	29	TRZCIANKA.BIEGA	M65+			00:00:09	00:42:07	01:30:23	02:18:53	03:09:26	04:01:49	04:57:27	05:53:02
85	BONZEL Dorota	5	KLUB SZALONEJ DOROTKI	K30-39			00:01:33	00:44:10	01:32:48	02:22:08	03:13:12	04:06:13	05:01:47	05:58:36
86	MAĆKOWIAK Aleksandra	39	FACE NORDIC WALKING TEAM	K30-39			00:01:34	00:42:09	01:29:52	02:24:59	03:17:50	04:09:24	05:04:33	06:05:53
87	CERANOWSKA Aga	9	PSEUDOBIEGACZKI	K40-49	1		00:01:38	00:44:22	01:34:24	02:26:02	03:18:56	04:14:15	05:11:36	06:07:02
88	BŁASZCZYK Katarzyna	96	KIJANKI POZNAŃ	K40-49			00:01:40	00:44:13	01:33:27	02:25:31	03:18:56	04:14:16	05:11:36	06:07:09
89	MAĆKOWIAK Krystyna	38	FACE NORDIC WALKING TEAM	K60-64			00:01:36	00:42:06	01:30:41	02:21:13	03:14:10	04:10:24	05:07:59	06:08:09
	BANASZKIEWICZ Katarzyna	2	PILSCY MIŁOŚNICZY NW	K40-49			DNF	00:35:47 DNF	01:17:24 DNF	01:59:31 DNF	02:43:07 DNF	DNF	DNF	DNF

Znaleziono 90 wynik(ów)