



IV MISTRZOSTWA POLSKI NORDIC WALKING W MARATONIE - JASTROWIE 2017

B4SPORT

Organizator: PFNW
Data: 2017-04-08
Miejsce: Jastrowie
Dystans: 42.195 km



Klasyfikacja: K30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Start_All 4.68km	Start_All 10.04km	Start_All 15.4km	Start_All 20.76km	Start_All 26.12km	Start_All 31.48km	Start_All 36.84km	Czas netto 42.195km	Czas brutto 42.195km	Różn	Tempo min/km	Tempo km/h
1	PASIKOWSKA Mariola	50	POSITIVE ENERGY	K30-39	1			00:01:32	00:33:59	01:13:08	01:53:03	02:33:41	03:14:44	03:56:40	04:39:33	05:22:22.60	05:23:54.95		7:38	7.9 (100%)
2	SKRYCKA Katarzyna	66	KS METRACO POLKOWICE	K30-39	2			00:01:33	00:35:48	01:15:47	01:56:09	02:37:27	03:20:41	04:03:39	04:49:23	05:36:14.50	05:37:47.65	+00:13:51 (4.1%)	7:58	7.5 (94.9%)
3	REJMAN Dorota	61	FACE NORDIC WALKING TEAM/UKS SIEDLESZCZANY	K30-39	3			00:01:35	00:36:27	01:17:16	01:58:49	02:41:24	03:24:55	04:09:31	04:54:55	05:38:55.25	05:40:30.50	+00:16:32 (4.9%)	8:01	7.5 (94.9%)
4	REJ Anna	60		K30-39	4			00:01:38	00:40:06	01:27:01	02:13:08	02:58:16	03:43:53	04:29:00	05:15:33	06:02:53.60	06:04:32.25	+00:40:31 (11.2%)	8:35	7 (88.6%)
5	GRYGIEL Monika	21	FACE NORDIC WALKING TEAM	K30-39	5			00:01:34	00:37:32	01:21:37	02:06:19	02:53:00	03:41:51	04:30:48	05:21:08	06:13:25.80	06:15:00.60	+00:51:03 (13.7%)	8:50	6.8 (86.1%)
6	GERLE-KOTULA Anna	19	UNIA MIAST	K30-39	6			00:01:33	00:40:55	01:27:37	02:15:08	03:03:19	03:52:31	04:42:56	05:33:59	06:24:01.40	06:25:35.30	+01:01:38 (16.1%)	9:06	6.6 (83.5%)
7	SERAFIN Anna	65	FACE NORDIC WALKING TEAM/UKS SIEDLESZCZANY NORDIC WALKING	K30-39	7			00:01:34	00:43:15	01:29:48	02:17:40	03:05:57	03:57:20	04:50:06	05:46:07	06:44:24.10	06:45:58.80	+01:22:01 (20.3%)	9:34	6.3 (79.7%)
8	BONZEL Dorota	5	KLUB SZALONEJ DOROTKI	K30-39	8			00:01:33	00:44:10	01:32:48	02:22:08	03:13:12	04:06:13	05:01:47	05:58:36	06:56:31.50	06:58:05.05	+01:34:08 (22.6%)	9:52	6.1 (77.2%)
9	MAĆKOWIAK Aleksandra	39	FACE NORDIC WALKING TEAM	K30-39	9			00:01:34	00:42:09	01:29:52	02:24:59	03:17:50	04:09:24	05:04:33	06:05:53	07:03:03.95	07:04:38.75	+01:40:41 (23.8%)	10:01	6 (75.9%)

Znaleziono 9 wynik(ów)