



IV MISTRZOSTWA POLSKI NORDIC WALKING W MARATONIE - JASTROWIE 2017

B4SPORT

Organizator: PFNW
Data: 2017-04-08
Miejsce: Jastrowie
Dystans: 42.195 km

 **HERKULES**
www.herkules.org.pl

Klasyfikacja: M-OPEN

Punkt pomiarowy: 31,5 km

Msc	Zawodnik	Numer	Klub	Kategoria	Żół. kartki	Czer. kartki	Czas startu	Start_All 4.68km	Start_All 10.04km	Start_All 15.4km	Start_All 20.76km	Start_All 26.12km	Start_All 31.48km
1	MICHALEC Marcin	232	KKB MOSIR KROSNO	M18-29			00:00:01	00:30:16	01:05:30	01:40:40	02:15:18	02:48:58	03:23:19
2	DZIEDIEWICH Andrzej	233		M30-39			00:00:02	00:30:15	01:05:28	01:40:37	02:15:17	02:49:55	03:27:26
3	NIEPOKÓJ Radosław	47	OSP WROCANKA	M18-29	2		00:00:02	00:30:58	01:06:48	01:42:44	02:18:36	02:54:57	03:32:14
4	KORDOWSKI Piotr	31	DYNAMIC	M40-49			00:00:03	00:30:15	01:05:27	01:40:41	02:17:00	02:54:45	03:34:26
5	DEPKA- PRĄDZYŃSKI Olgierd	15	BIEGAMYRAZEM	M55-59			00:00:07	00:33:28	01:10:10	01:45:21	02:21:06	02:57:51	03:36:03
6	MICHALSKI Andrzej	43		M55-59			00:00:06	00:33:30	01:10:15	01:45:53	02:22:36	03:00:07	03:38:30
7	NIECHWIEJCZYK Piotr	46	OPEL ACTIVE TEAM	M40-49			00:00:04	00:32:36	01:09:06	01:45:53	02:22:35	03:00:08	03:38:33
8	CZŁONKOWSKI Krzysztof	13	OLIMPIJCZYK SZCZOKOCINY	M40-49			00:00:04	00:33:34	01:10:19	01:47:40	02:25:49	03:05:44	03:44:50
9	PUSZKIEL Leszek	58	GREEN TEAM	M60-64			00:00:08	00:32:51	01:09:57	01:47:23	02:26:22	03:06:51	03:47:38
10	WIŚNIEWSKI Jacek	87	UKS SIEDLESZCZANY	M50-54			00:00:05	00:33:32	01:10:18	01:47:40	02:25:49	03:05:46	03:47:48
11	BOGACKI Sławek	4	ENERGA NW TEAM	M40-49			00:00:04	00:33:33	01:10:34	01:48:35	02:27:51	03:07:49	03:48:46
12	NALEPKA Jerzy	234	FACE NORDIC WALKING TEAM	M65+			00:00:09	00:34:20	01:12:57	01:52:02	02:30:48	03:09:47	03:49:35
13	PIOTROWSKI Michał	55	FACE NORDIC WALKING TEAM	M30-39			00:00:03	00:33:44	01:11:52	01:50:10	02:28:35	03:08:04	03:49:45
14	GAJEWSKI Eugeniusz	18	KS METRACO POLKOWICE	M60-64			00:00:08	00:32:31	01:09:01	01:46:26	02:26:16	03:07:52	03:50:06

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15	MITURA-ZIELONKA Paweł	44	RYBNICKI KLUB NORDIC WALKING	M30-39			00:00:02	00:35:25	01:13:35	01:50:53	02:29:43	03:10:26	03:52:15
16	ŚWISŁOCKI Bogdan	80	FACE NORDIC WALKING TEAM	M55-59			00:00:07	00:33:42	01:11:41	01:50:05	02:29:11	03:09:48	03:52:21
17	SŁOMIAN Leszek	67	UNIA MIAST	M55-59			00:00:04	00:34:17	01:12:37	01:51:56	02:31:17	03:12:00	03:54:14
18	SZCZEBAK Jacek	76	UNIA MIAST	M40-49			00:00:04	00:34:16	01:13:30	01:53:45	02:34:52	03:16:19	03:58:38
19	ZAGAJA Janusz	90	WESOŁY BORSUK TEAM	M60-64			00:00:08	00:33:50	01:12:46	01:53:10	02:33:40	03:16:07	03:59:59
20	MAKOWSKI Jan	41	RYBNICKI KLUB NORDIC WALKING	M55-59			00:00:05	00:33:42	01:12:48	01:53:17	02:35:11	03:16:44	04:01:23
21	RADWAN Piotr	231	KKB DYSTANS KRAKÓW	M50-54	1		00:00:13	00:36:12	01:16:53	01:57:52	02:38:54	03:21:05	04:03:08
22	FOLWARSKI Andrzej	17	FACE NORDIC WALKING TEAM	M55-59			00:00:07	00:35:04	01:14:58	01:55:49	02:37:31	03:20:07	04:04:27
23	MORAWSKI Bartosz	93	KS IDMAR	M30-39			00:00:03	00:34:13	01:14:07	01:54:34	02:35:16	03:19:21	04:06:06
24	DZIADEK Remigiusz	16		M50-54			00:00:10	00:34:39	01:14:16	01:54:23	02:36:08	03:19:55	04:06:37
25	WESOŁOWSKI Wojciech	85	NORDIC TEAM GNIEZNO	M65+			00:00:10	00:35:47	01:16:39	01:57:28	02:38:59	03:23:02	04:08:27
26	STEFANICKI Marek	69		M55-59			00:00:08	00:35:40	01:15:55	01:57:01	02:38:54	03:23:01	04:08:32
27	TOMCZYK Edward	82	MARSZ PO ZDROWIE POZNAŃ	M65+			00:00:08	00:35:49	01:16:43	01:57:39	02:39:30	03:25:52	04:12:19
28	KOWALSKI Marek	34	UNIA MIAST	M50-54			00:00:08	00:38:59	01:21:21	02:03:20	02:45:49	03:29:58	04:15:16
29	SZCZODROWSKI Krzysztof	78	FACE NORDIC WALKING TEAM	M50-54			00:00:04	00:36:18	01:18:52	02:02:27	02:47:23	03:32:40	04:18:03
30	WEŻGOWIEC Jacek	86		M50-54			00:00:11	00:35:00	01:16:39	02:00:01	02:44:55	03:31:08	04:19:31
31	SZYMAŃSKI Jacek	79		M50-54			00:00:07	00:39:00	01:22:05	02:04:55	02:49:18	03:35:46	04:23:17
32	BORKOWSKI Witold	6	SAINT-GOBAIN SQUAD	M40-49			00:00:05	00:39:07	01:22:03	02:05:01	02:49:18	03:36:21	04:23:32
33	KRYSZCZUK Krzysztof	36	LUKI TEAM SIEDLCE	M50-54			00:00:11	00:39:27	01:23:43	02:07:17	02:52:32	03:37:57	04:24:21
34	PIĄTKOWSKI Józef	53	KS METRACO POLKOWICE	M65+			00:00:10	00:37:39	01:20:51	02:05:02	02:50:42	03:37:17	04:25:06
35	STILLER Karol	72	VIKING NORDIC TEAM CZĘSTOCHOWA	M30-39			00:00:03	00:40:28	01:24:01	02:07:30	02:51:56	03:37:02	04:25:19
36	MARCINKOWSKI Wojciech	42	UNIA MIAST	M40-49			00:00:05	00:39:22	01:23:44	02:07:22	02:53:07	03:40:26	04:27:59
37	KOTULA Jakub	32	UNIA MIAST	M30-39			00:00:02	00:38:43	01:22:49	02:07:09	02:52:53	03:39:47	04:29:53
38	BOROWSKI Marcin	235	FACE NORDIC WALKING TEAM/KB KATORŻNIK MUROWANA GOŚLINA	M30-39	1		00:00:03	00:38:45	01:22:05	02:07:02	02:52:20	03:39:52	04:29:53
39	KRETKOWSKI Waldemar	95		M55-59	1		00:00:09	00:41:11	01:28:00	02:14:48	03:01:40	03:48:52	04:36:30
40	STRZELECKI Sebastian	74	SAILING TEAM FERAJNA	M40-49			00:00:05	00:40:45	01:26:44	02:12:47	03:00:23	03:47:58	04:38:01
41	NOWAK Bartłomiej	49	SAILING TEAM FERAJNA	M40-49			00:00:06	00:40:48	01:26:45	02:12:47	03:00:31	03:50:45	04:41:56

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42	CEGŁA Zbyszko	8	-	M60-64			00:00:10	00:40:59	01:27:05	02:14:27	03:03:29	03:52:59	04:42:54
43	NOWAK Maciej	48	PILSCY MIŁOŚNICY NORDIC WALKING	M40-49			00:00:06	00:42:17	01:30:08	02:18:21	03:06:57	03:56:08	04:44:35
44	HAJNUS Wojciech	22	DYNAMIC	M50-54			00:00:06	00:41:23	01:28:04	02:14:53	03:03:30	03:54:58	04:47:36
45	PERLIK Wiesław	52	GOSIR OSIELSKO	M60-64			00:00:11	00:39:23	01:23:28	02:08:39	02:57:37	03:52:52	04:47:59
46	THOMALLA Bogdan	81	SILESIA NORDIC TEAM	M65+			00:00:14	00:40:53	01:27:47	02:17:45	03:05:28	03:59:54	04:51:08
47	MADAJCZAK Jarosław	40		M40-49			00:00:07	00:42:51	01:30:58	02:23:43	03:12:01	04:01:46	04:51:56
48	KOLEBUK Kazimierz	29	TRZCIANKA.BIEGA	M65+			00:00:09	00:42:07	01:30:23	02:18:53	03:09:26	04:01:49	04:57:27

Znaleziono 48 wynik(ów)