



# IV MISTRZOSTWA POLSKI NORDIC WALKING W MARATONIE - JASTROWIE 2017

B4SPORT

Organiser: PFNW  
 Date: 2017-04-08  
 Place: Jastrowie  
 Distance: 42.195 km



Classification: M55-59

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	Start_All 4.68km	Start_All 10.04km	Start_All 15.4km	Start_All 20.76km	Start_All 26.12km	Start_All 31.48km	Start_All 36.84km	Net time 42.195km	Czas brutto 42.195km	Gap	Pace min/km	Pace km/h
1	<b>DEPKA-PRĄDZYŃSKI Olgierd</b>	<b>15</b>	BIEGAMYRAZEM	M55-59	1			00:00:07	00:33:28	01:10:10	01:45:21	02:21:06	02:57:51	03:36:03	04:13:50	<b>04:51:32.35</b>	<b>04:51:39.60</b>		6:54	8.7 (100%)
2	<b>MICHALSKI Andrzej</b>	<b>43</b>		M55-59	2			00:00:06	00:33:30	01:10:15	01:45:53	02:22:36	03:00:07	03:38:30	04:17:10	<b>04:56:32.90</b>	<b>04:56:39.45</b>	+00:05:00 (1.7%)	7:01	8.5 (97.7%)
3	<b>ŚWISŁOCKI Bogdan</b>	<b>80</b>	FACE NORDIC WALKING TEAM	M55-59	3			00:00:07	00:33:42	01:11:41	01:50:05	02:29:11	03:09:48	03:52:21	04:35:16	<b>05:17:50.00</b>	<b>05:17:57.10</b>	+00:26:17 (8.3%)	7:31	8 (92.0%)
4	<b>SŁOMIAN Leszek</b>	<b>67</b>	UNIA MIAST	M55-59	4			00:00:04	00:34:17	01:12:37	01:51:56	02:31:17	03:12:00	03:54:14	04:40:13	<b>05:23:44.90</b>	<b>05:23:49.85</b>	+00:32:12 (9.9%)	7:40	7.8 (89.7%)
5	<b>MAKOWSKI Jan</b>	<b>41</b>	RYBNICKI KLUB NORDIC WALKING	M55-59	5			00:00:05	00:33:42	01:12:48	01:53:17	02:35:11	03:16:44	04:01:23	04:45:22	<b>05:29:07.70</b>	<b>05:29:13.25</b>	+00:37:35 (11.4%)	7:47	7.7 (88.5%)
6	<b>FOLWARSKI Andrzej</b>	<b>17</b>	FACE NORDIC WALKING TEAM	M55-59	6			00:00:07	00:35:04	01:14:58	01:55:49	02:37:31	03:20:07	04:04:27	04:49:07	<b>05:31:18.80</b>	<b>05:31:26.55</b>	+00:39:46 (12.0%)	7:51	7.6 (87.4%)
7	<b>STEFANICKI Marek</b>	<b>69</b>		M55-59	7			00:00:08	00:35:40	01:15:55	01:57:01	02:38:54	03:23:01	04:08:32	04:56:23	<b>05:44:27.95</b>	<b>05:44:36.30</b>	+00:52:55 (15.4%)	8:09	7.4 (85.1%)
8	<b>KRETKOWSKI Waldemar</b>	<b>95</b>		M55-59	8	1		00:00:09	00:41:11	01:28:00	02:14:48	03:01:40	03:48:52	04:36:30	05:26:01	<b>06:15:21.40</b>	<b>06:15:30.90</b>	+01:23:49 (22.3%)	8:53	6.7 (77.0%)

Total 8 results.