



IV OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 5000 M

B4SPORT

Organizator: TKKF Koszalin
Data: 2019-09-18
Miejsce: Koszalin
Dystans: 5 km



Klasyfikacja: 1 Seria

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Start_All 0.2km	Start_All 0.6km	Start_All 1km	Start_All 1.4km	Start_All 1.8km	Start_All 2.2km	Start_All 2.6km	Start_All 3km	Start_All 3.4km	Start_All 3.8km	Start_All 4.2km	Start_All 4.6km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	GAWRON Piotr	6	ULKS TALEX BORZYTUCHOM	1 Seria	1	1	00:00:34	00:01:53	00:03:14	00:04:36	00:06:00	00:07:23	00:08:45	00:10:05	00:11:28	00:12:49	00:14:07	00:15:24	00:16:35.99		3:19	18.1 (100%)
2	KĘPKA Adrian	62	TAGER SPORT	1 Seria	2	1	00:00:36	00:01:54	00:03:14	00:04:37	00:06:01	00:07:24	00:08:46	00:10:07	00:11:29	00:12:50	00:14:10	00:15:29	00:16:42.92	+00:00:06 (0.7%)	3:20	18 (99.4%)
3	PIETRUCZUK Christopher	54		1 Seria	3	1	00:00:34	00:01:51	00:03:10	00:04:30	00:05:51	00:07:16	00:08:40	00:10:05	00:11:28	00:12:49	00:14:09	00:15:29	00:16:46.08	+00:00:10 (1.0%)	3:21	17.9 (98.9%)
4	SIADAK Arkadiusz	38		1 Seria	4	1	00:00:36	00:01:57	00:03:19	00:04:42	00:06:04	00:07:27	00:08:50	00:10:13	00:11:36	00:12:59	00:14:20	00:15:41	00:16:56.69	+00:00:20 (2.0%)	3:23	17.7 (97.8%)
5	HUBERT Łukasz	55	TKKF KOSZALIN	1 Seria	5	1	00:00:35	00:01:56	00:03:20	00:04:44	00:06:08	00:07:33	00:08:59	00:10:24	00:11:50	00:13:18	00:14:48	00:16:12	00:17:30.24	+00:00:54 (5.2%)	3:30	17.1 (94.5%)
6	MAJKOWICZ Rafał	18		1 Seria	6	1	00:00:35	00:01:56	00:03:21	00:04:44	00:06:10	00:07:37	00:09:05	00:10:32	00:12:00	00:13:28	00:14:58	00:16:28	00:17:51.01	+00:01:15 (7.0%)	3:34	16.8 (92.8%)
7	CENTKA Jakub	3		1 Seria	7	1	00:00:37	00:02:00	00:03:23	00:04:45	00:06:07	00:07:33	00:09:01	00:10:30	00:12:03	00:13:37	00:15:16	00:16:54	00:18:17.57	+00:01:41 (9.3%)	3:39	16.4 (90.6%)
8	RYKIEL Michał	35	DĄBROWSKI TEAM	1 Seria	8	1	00:00:38	00:02:06	00:03:35	00:05:02	00:06:31	00:08:02	00:09:33	00:11:04	00:12:34	00:14:05	00:15:34	00:17:02	00:18:18.57	+00:01:42 (9.3%)	3:39	16.4 (90.6%)
9	ZUKAL Piotr	50		1 Seria	9	1	00:00:41	00:02:08	00:03:37	00:05:06	00:06:36	00:08:06	00:09:36	00:11:07	00:12:36	00:14:07	00:15:37	00:17:07	00:18:32.07	+00:01:56 (10.4%)	3:42	16.2 (89.5%)
10	WOJCIECHOWICZ Jacek	46	WWW.STUDIOTANCAPASJA.PL	1 Seria	10	1	00:00:40	00:02:08	00:03:39	00:05:09	00:06:38	00:08:09	00:09:39	00:11:08	00:12:37	00:14:07	00:15:40	00:17:18	00:18:51.69	+00:02:15 (12.0%)	3:46	15.9 (87.8%)
11	PRZEWŁOCKI Michał	30	TKKF KOSZALIN	1 Seria	11	1	00:00:40	00:02:07	00:03:38	00:05:07	00:06:37	00:08:09	00:09:40	00:11:13	00:12:44	00:14:16	00:15:51	00:17:26	00:18:54.26	+00:02:18 (12.2%)	3:46	15.9 (87.8%)
12	SITOWSKI Marcin	39	FC RYSIEK	1 Seria	12	1	00:00:41	00:02:09	00:03:39	00:05:09	00:06:41	00:08:16	00:09:51	00:11:25	00:12:58	00:14:31	00:16:03	00:17:33	00:18:58.44	+00:02:22 (12.5%)	3:47	15.8 (87.3%)
13	TRĘBSKI Krzysztof	43	#ZABIEGANINOCA	1 Seria	13	1	00:00:38	00:02:05	00:03:37	00:05:06	00:06:36	00:08:08	00:09:39	00:11:12	00:12:45	00:14:23	00:16:03	00:17:37	00:19:04.09	+00:02:28 (12.9%)	3:48	15.7 (86.7%)
14	PICK Tomasz	29	SKSG KORONA SZCZECIN	1 Seria	14	1	00:00:42	00:02:10	00:03:41	00:05:12	00:06:45	00:08:19	00:09:54	00:11:28	00:13:01	00:14:34	00:16:05	00:17:27	00:19:09.84	+00:02:33 (13.4%)	3:49	15.7 (86.7%)
15	ZWOLIŃSKI Jan	51	TKKF KOSZALIN	1 Seria	15	1	00:00:42	00:02:12	00:03:45	00:05:19	00:06:54	00:08:30	00:10:04	00:11:38	00:13:12	00:14:46	00:16:20	00:17:47	00:19:15.93	+00:02:39 (13.8%)	3:51	15.6 (86.2%)
16	JABŁOŃSKI Tomasz	9	KB SPOKO SŁAWNO	1 Seria	16	1	00:00:39	00:02:08	00:03:40	00:05:11	00:06:44	00:08:17	00:09:53	00:11:28	00:13:04	00:14:39	00:16:16	00:17:51	00:19:16.81	+00:02:40 (13.5%)	3:51	15.6 (86.2%)
17	WALEŃSKI Michał	53		1 Seria	17	1	00:00:43	00:02:12	00:03:46	00:05:19	00:06:54	00:08:30	00:10:04	00:11:38	00:13:12	00:14:47	00:16:20	00:17:47	00:19:28.54	+00:02:52 (14.8%)	3:53	15.4 (85.1%)
18	KONKEL Agnieszka	14		1 Seria	18	1	00:00:43	00:02:14	00:03:48	00:05:24	00:07:02	00:08:39	00:10:16	00:11:55	00:13:34	00:15:13	00:16:50	00:18:27	00:19:59.10	+00:03:23 (16.9%)	3:59	15 (82.9%)
19	CHORAŻY Karolina	4	LEO-TEAM	1 Seria	19	1	00:00:44	00:02:15	00:03:50	00:05:25	00:07:03	00:08:40	00:10:17	00:11:55	00:13:34	00:15:14	00:16:51	00:18:28	00:20:03.00	+00:03:27 (17.2%)	4:00	15 (82.9%)
20	BIENKOWSKI Tomasz	2	IQ CONSULTING	1 Seria	20	1	00:00:43	00:02:15	00:03:49	00:05:24	00:07:02	00:08:39	00:10:17	00:11:57	00:13:42	00:15:28	00:17:14	00:19:00	00:20:35.85	+00:03:59 (19.4%)	4:07	14.6 (80.7%)
21	SIKORSKI Adam	64	SIKORROVO	1 Seria	21	1	00:00:42	00:02:13	00:03:48	00:05:25	00:07:03	00:08:41	00:10:20	00:12:04	00:13:48	00:15:34	00:17:19	00:19:00	00:20:37.24	+00:04:01 (19.5%)	4:07	14.6 (80.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Czas	Różn	Tempo	Tempo
							0.2km	0.6km	1km	1.4km	1.8km	2.2km	2.6km	3km	3.4km	3.8km	4.2km	4.6km	5km		min/km	km/h
22	NOWICKI Michał	57		1 Seria	22	1	00:00:46	00:02:28	00:04:09	00:05:52	00:07:38	00:09:22	00:11:06	00:12:52	00:14:37	00:16:24	00:18:11	00:19:55	00:21:33.45	+00:04:57 (23.0%)	4:18	13.9 (76.8%)
23	ANTKOWIAK Sebastian	1	DB - ACTIVE	1 Seria	23	1	00:00:44	00:02:24	00:04:13	00:06:02	00:07:51	00:09:43	00:11:34	00:13:26	00:15:19	00:17:14	00:19:09	00:21:06	00:23:03.65	+00:06:27 (28.0%)	4:36	13 (71.8%)
24	PAWLINA Jakub	65	SIKORROVO	1 Seria	24	1	00:00:48	00:02:31	00:04:17	00:06:10	00:08:08	00:10:09	00:12:12	00:14:16	00:16:20	00:18:23	00:20:23	00:22:15	00:24:18.08	+00:07:42 (31.7%)	4:51	12.3 (68.0%)

Znaleziono 24 wynik(ów)