



Organizator:
Data:
Miejsce:
Dystans:

TKKF Koszalin
2019-09-18
Koszalin
5 km

IV OTWARTE MISTRZOSTWA KOSZALINA W BIEGU NA 5000 M

B4SPORT



Klasyfikacja: 2 Seria

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Start_All 0.2km	Start_All 0.6km	Start_All 1km	Start_All 1.4km	Start_All 1.8km	Start_All 2.2km	Start_All 2.6km	Start_All 3km	Start_All 3.4km	Start_All 3.8km	Start_All 4.2km	Start_All 4.6km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	PEKAŁA Piotr	28	SP MANOWO	2 Seria	1	2	00:00:49	00:02:28	00:04:08	00:05:46	00:07:27	00:09:05	00:10:45	00:12:24	00:14:00	00:15:38	00:17:16	00:18:53	00:20:23.13		4:04	14.7 (100%)
2	KORMAN Kamil	16		2 Seria	2	2	00:00:41	00:02:15	00:03:54	00:05:35	00:07:16	00:08:57	00:10:40	00:12:23	00:14:03	00:15:48	00:17:34	00:19:17	00:21:02.17	+00:00:39 (3.1%)	4:12	14.3 (97.3%)
3	NIECKARZ Monika	25	KB SPOKO SŁAWNO	2 Seria	3	2	00:00:42	00:02:21	00:03:56	00:05:36	00:07:17	00:08:58	00:10:42	00:12:25	00:14:09	00:15:56	00:17:41	00:19:28	00:21:05.53	+00:00:42 (3.3%)	4:13	14.2 (96.6%)
4	WEBER Paweł	44	FPP	2 Seria	4	2	00:00:41	00:02:20	00:04:05	00:05:49	00:07:31	00:09:16	00:11:00	00:12:44	00:14:28	00:16:13	00:17:56	00:19:38	00:21:12.34	+00:00:49 (3.9%)	4:14	14.2 (96.6%)
5	ROGOŻA Ireneusz	32		2 Seria	5	2	00:00:43	00:02:23	00:04:07	00:05:50	00:07:34	00:09:18	00:11:02	00:12:48	00:14:37	00:16:22	00:18:08	00:19:53	00:21:28.79	+00:01:05 (5.1%)	4:17	14 (95.2%)
6	WIKTOROWSKI Maciej	45		2 Seria	6	2	00:00:42	00:02:20	00:04:05	00:05:49	00:07:31	00:09:16	00:11:01	00:12:48	00:14:37	00:16:27	00:18:14	00:20:01	00:21:39.79	+00:01:16 (5.9%)	4:19	13.9 (94.6%)
7	KRUPIŃSKI Krzysztof	17	WWW.E-UROLOG.EU	2 Seria	7	2	00:00:50	00:02:34	00:04:18	00:06:05	00:07:51	00:09:38	00:11:23	00:13:09	00:14:53	00:16:37	00:18:22	00:20:07	00:21:42.24	+00:01:19 (6.1%)	4:20	13.8 (93.9%)
8	MICERSKI Tomasz	23	TKKF KOSZALIN	2 Seria	8	2	00:00:48	00:02:28	00:04:17	00:06:03	00:07:49	00:09:36	00:11:22	00:13:06	00:14:51	00:16:36	00:18:21	00:20:08	00:21:48.20	+00:01:25 (6.5%)	4:21	13.8 (93.9%)
9	MARCINKOWSKI Jacek	20	SSK ORZEŁ ŚWIESZYNO	2 Seria	9	2	00:00:53	00:02:39	00:04:26	00:06:14	00:07:59	00:09:43	00:11:29	00:13:20	00:15:07	00:16:53	00:18:43	00:20:31	00:22:08.95	+00:01:45 (8.0%)	4:25	13.6 (92.5%)
10	PIECHOTA Robert	59		2 Seria	10	2	00:00:44	00:02:25	00:04:10	00:05:58	00:07:47	00:09:35	00:11:27	00:13:21	00:15:16	00:17:07	00:18:59	00:20:51	00:22:24.03	+00:02:00 (9.0%)	4:28	13.4 (91.2%)
11	JAROSZ Dariusz	52	TKKF KOSZALIN	2 Seria	11	2	00:00:49	00:02:36	00:04:23	00:06:12	00:08:00	00:09:49	00:11:39	00:13:31	00:15:21	00:17:11	00:19:01	00:20:52	00:22:24.46	+00:02:01 (9.0%)	4:28	13.4 (91.2%)
12	PUSCIAN Krzysztof	31	SZKOŁA PODSTAWOWA W MANOWIE	2 Seria	12	2	00:00:50	00:02:37	00:04:24	00:06:13	00:08:01	00:09:50	00:11:37	00:13:29	00:15:18	00:17:08	00:18:56	00:20:46	00:22:26.50	+00:02:03 (9.2%)	4:29	13.4 (91.2%)
13	KACZMAREK Marta	10	KB SPOKO SŁAWNO	2 Seria	13	2	00:00:44	00:02:26	00:04:12	00:05:59	00:07:47	00:09:37	00:11:28	00:13:19	00:15:10	00:17:06	00:18:57	00:20:46	00:22:28.17	+00:02:05 (9.3%)	4:29	13.4 (91.2%)
14	TOWSTOKORY Marek	42		2 Seria	14	2	00:00:49	00:02:34	00:04:23	00:06:13	00:08:04	00:09:56	00:11:47	00:13:39	00:15:34	00:17:24	00:19:15	00:21:02	00:22:46.64	+00:02:23 (10.5%)	4:33	13.2 (89.8%)
15	KONKEL Łukasz	15		2 Seria	15	2	00:00:51	00:02:38	00:04:28	00:06:19	00:08:12	00:10:27	00:11:57	00:13:49	00:15:39	00:17:29	00:19:19	00:21:10	00:22:48.88	+00:02:25 (10.6%)	4:33	13.2 (89.8%)
16	TROJAK Jakub	56	WILKI KOSZALIN	2 Seria	16	2	00:00:50	00:02:35	00:04:24	00:06:18	00:08:16	00:10:15	00:12:15	00:14:16	00:16:10	00:17:58	00:19:38	00:21:22	00:22:52.12	+00:02:28 (10.9%)	4:34	13.1 (89.1%)
17	RUTKOWSKI Artur	33	RUNKING	2 Seria	17	2	00:00:52	00:02:38	00:04:27	00:06:17	00:08:10	00:10:03	00:11:55	00:13:46	00:15:39	00:17:33	00:19:26	00:21:19	00:22:58.50	+00:02:35 (11.3%)	4:35	13.1 (89.1%)
18	SCZYPEK Arkadiusz	37	FUNDACJA ZASTOPIJ	2 Seria	18	2	00:00:57	00:02:45	00:04:36	00:06:28	00:08:23	00:10:11	00:12:04	00:14:01	00:15:58	00:17:54	00:19:46	00:21:43	00:23:32.57	+00:03:09 (13.4%)	4:42	12.7 (86.4%)
19	OSOBNIAK Ryszard	26		2 Seria	19	2	00:00:51	00:02:39	00:04:29	00:06:23	00:08:19	00:10:15	00:12:10	00:14:07	00:16:05	00:18:03	00:20:01	00:21:58	00:23:47.83	+00:03:24 (14.3%)	4:45	12.6 (85.7%)
20	CHABOWSKA Karolina	58		2 Seria	20	2	00:00:52	00:02:47	00:04:46	00:06:43	00:08:39	00:10:35	00:12:31	00:14:25	00:16:19	00:18:13	00:20:07	00:22:02	00:23:51.18	+00:03:28 (14.5%)	4:46	12.6 (85.7%)
21	PANASZEWSKI Przemysław	27		2 Seria	21	2	00:00:45	00:02:27	00:04:17	00:06:11	00:08:05	00:10:07	00:12:09	00:14:11	00:16:14	00:18:18	00:20:19	00:22:17	00:24:04.12	+00:03:40 (15.3%)	4:48	12.5 (85.0%)
22	SAWIŃSKI Jacek	36		2 Seria	22	2	00:00:53	00:02:48	00:04:49	00:06:49	00:08:50	00:10:49	00:12:50	00:14:51	00:16:52	00:18:52	00:20:52	00:22:52	00:24:56.17	+00:04:33 (18.2%)	4:59	12 (81.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Start_All	Czas	Różn	Tempo	Tempo
							0.2km	0.6km	1km	1.4km	1.8km	2.2km	2.6km	3km	3.4km	3.8km	4.2km	4.6km	5km		min/km	km/h
23	WOŁODKOWICZ Hubert	47	FUNDACJA ZASTOPUJ	2 Seria	23	2	00:00:59	00:02:50	00:04:50	00:06:46	00:08:45	00:10:41	00:13:24	00:15:19	00:17:12	00:19:09	00:21:09	00:23:12	00:25:05.97	+00:04:42 (18.8%)	5:01	12 (81.6%)
24	KOZŁOWIECKI Waldemar	63	TKKF KOSZALIN	2 Seria	24	2	00:00:55	00:02:53	00:05:01	00:07:02	00:09:03	00:11:05	00:13:12	00:15:10	00:17:09	00:19:08	00:21:07	00:23:07	00:25:08.71	+00:04:45 (18.9%)	5:01	11.9 (81.0%)
25	SŁOMIŃSKI Sylwester	40	FUNDACJA ZASTOPUJ	2 Seria	25	2	00:00:49	00:02:24	00:04:03	00:05:46	00:07:34	00:09:34	00:11:33	00:13:44	00:15:57	00:18:17	00:20:53	00:23:31	00:25:52.92	+00:05:29 (21.2%)	5:10	11.6 (78.9%)
26	KARNICKI Zygmunt	60	TKKF KOSZALIN	2 Seria	26	2	00:00:51	00:02:47	00:04:49	00:06:52	00:08:59	00:11:05	00:13:12	00:15:21	00:17:31	00:19:44	00:21:57	00:24:13	00:26:24.13	+00:06:00 (22.8%)	5:16	11.4 (77.6%)
27	HARASYM Daniel	8	FUNDACJA ZASTOPUJ	2 Seria	27	2	00:01:01	00:03:09	00:05:20	00:07:33	00:09:51	00:12:07	00:14:21	00:16:38	00:18:55	00:21:14	00:23:37	00:26:01	00:28:19.92	+00:07:56 (28.0%)	5:39	10.6 (72.1%)
28	KARNICKI Artur	61		2 Seria	28	2	00:01:12	00:03:39	00:06:03	00:08:42	00:11:38	00:14:22	00:17:29	00:20:29	00:23:25	00:26:08	00:28:47	00:31:33	00:33:59.23	+00:13:36 (40.0%)	6:47	8.8 (59.9%)
	MARTKO Agnieszka	21	REVOLTA TEAM	2 Seria		2	00:00:55 DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 29 wynik(ów)