



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Półmaraton Gliwicki 2017
Fundacja Bieg Rzeźnika
2017-10-22
Gliwice
21.1 km

IV PÓŁMARATON GLIWICKI

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_km 5km	10_km 10km	15_km 15km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	FLEGERT Ewa	1144	CHEMIK RYBNIK	K-50	1	00:00:04	00:23:07	00:45:08	01:08:07	01:35:32.40	01:35:37.35		4:31	13.2 (100%)
2	PĘDOWSKA Bożena	726	INDYWIDUALNIE	K-50	2	00:02:47	00:26:28	00:51:59	01:18:46	01:51:07.00	01:53:54.20	+00:15:34 (14.0%)	5:15	11.4 (86.4%)
3	STAWSKA Joanna	35	BIEGAJ Z TRENERAMI	K-50	3	00:00:49	00:27:05	00:53:22	01:21:01	01:54:40.00	01:55:29.65	+00:19:07 (16.7%)	5:26	11 (83.3%)
4	PROKOP Elżbieta	100	BIEGAJ Z TRENERAMI	K-50	4	00:00:34	00:27:13	00:53:30	01:21:17	01:55:15.70	01:55:50.05	+00:19:43 (17.1%)	5:27	11 (83.3%)
5	HANZEL Anna	99	AKMB PĘDZIWIATR	K-50	5	00:01:04	00:28:15	00:56:47	01:27:02	02:05:25.25	02:06:29.40	+00:29:52 (23.8%)	5:56	10.1 (76.5%)
6	FAŁEK Dorota	832	NIEZRZESZONA	K-50	6	00:01:46	00:28:13	00:56:53	01:28:46	02:07:54.65	02:09:41.50	+00:32:22 (25.3%)	6:03	9.9 (75.0%)
7	ROSA Anna	1166	-	K-50	7	00:00:22	00:30:11	00:59:09	01:29:57	02:08:24.30	02:08:46.55	+00:32:51 (25.6%)	6:05	9.9 (75.0%)
8	GOŁĘBIEWSKA Aleksandra	368		K-50	8	00:01:25	00:30:44	01:01:17	01:35:05	02:15:27.15	02:16:52.45	+00:39:54 (29.5%)	6:25	9.3 (70.5%)
9	MACKIEWICZ Katarzyna	227		K-50	9	00:01:33	00:30:13	01:00:29	01:34:09	02:16:47.40	02:18:20.70	+00:41:15 (30.2%)	6:28	9.3 (70.5%)
10	KAŁUŻNA Anna	182		K-50	10	00:00:17	00:30:07	01:00:33	01:34:38	02:17:16.35	02:17:33.35	+00:41:43 (30.4%)	6:30	9.2 (69.7%)
11	NOWAK-BODUCH Joanna	605	NIGHT RUNNERS GLIWICE	K-50	11	00:02:22	00:31:40	01:03:38	01:39:35	02:23:53.10	02:26:15.90	+00:48:20 (33.6%)	6:49	8.8 (66.7%)
12	KURKOWSKA Aldona	1092	'PACEMAKER'	K-50	12	00:02:33	00:34:49	01:09:03	01:46:01	02:30:05.45	02:32:38.90	+00:54:33 (36.3%)	7:06	8.4 (63.6%)
13	KOCYAN Małgorzata	456	BIEGAJ Z TRENERAMI	K-50	13	00:01:48	00:33:07	01:08:09	01:49:02	02:41:07.95	02:42:56.85	+01:05:35 (40.7%)	7:38	7.9 (59.8%)
14	JAKUBOWSKA Jolanta	450	WIELUŃ BIEGA	K-50	14	00:01:12	00:35:39	01:13:33	01:55:54	02:51:16.40	02:52:29.25	+01:15:44 (44.2%)	8:07	7.4 (56.1%)

Znaleziono 14 wynik(ów)