



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Półmaraton Gliwicki 2017  
Fundacja Bieg Rzeźnika  
2017-10-22  
Gliwice  
21.1 km

## IV PÓŁMARATON GLIWICKI

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_km 5km	10_km 10km	15_km 15km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	<b>CIEPŁAK Marcin</b>	<b>1212</b>	CHEMIK RYBNIK	M-20	1	00:00:00	00:17:21	00:34:04	00:51:19	<b>01:12:14.85</b>	<b>01:12:15.60</b>		3:25	17.5 (100%)
2	<b>JAMIŃSKI Adam</b>	<b>1227</b>		M-20	2	00:00:00	00:17:23	00:34:06	00:51:19	<b>01:12:23.90</b>	<b>01:12:24.65</b>	+00:00:09 (0.2%)	3:25	17.5 (100%)
3	<b>CZAPLA Kamil</b>	<b>1211</b>	INŻYNIERIA BIEGANIA TEAM	M-20	3	00:00:00	00:17:21	00:34:05	00:51:56	<b>01:13:50.50</b>	<b>01:13:51.15</b>	+00:01:35 (2.2%)	3:30	17.1 (97.7%)
4	<b>BIELIŃSKI Piotr</b>	<b>1130</b>	SOKÓŁ KNURÓW	M-20	4	00:00:00	00:17:24	00:34:27	00:52:55	<b>01:15:50.75</b>	<b>01:15:51.70</b>	+00:03:35 (4.7%)	3:35	16.7 (95.4%)
5	<b>MUSKIETORZ Piotr</b>	<b>162</b>		M-20	5	00:00:01	00:18:34	00:36:49	00:56:06	<b>01:18:59.20</b>	<b>01:19:00.65</b>	+00:06:44 (8.5%)	3:44	16 (91.4%)
6	<b>KOZIARZ Przemysław</b>	<b>612</b>	RUNONLINE TEAM	M-20	6	00:00:01	00:18:16	00:36:34	00:55:48	<b>01:19:09.15</b>	<b>01:19:10.60</b>	+00:06:54 (8.7%)	3:45	16 (91.4%)
7	<b>NOWICKI Michał</b>	<b>760</b>	SAKWA AGH/KW GLIWICE	M-20	7	00:00:02	00:18:55	00:37:26	00:56:49	<b>01:19:43.10</b>	<b>01:19:45.55</b>	+00:07:28 (9.4%)	3:46	15.9 (90.9%)
8	<b>GROŃ Krystian</b>	<b>1024</b>	OASIS SPORT TEAM	M-20	8	00:00:02	00:18:37	00:37:13	00:56:50	<b>01:20:26.30</b>	<b>01:20:28.45</b>	+00:08:11 (10.2%)	3:48	15.7 (89.7%)
9	<b>RZEPKA Piotr</b>	<b>17</b>	PARKRUN KATOWICE	M-20	9	00:00:08	00:19:40	00:38:47	00:58:47	<b>01:22:34.55</b>	<b>01:22:43.20</b>	+00:10:19 (12.5%)	3:54	15.3 (87.4%)
10	<b>POŚNIAK Tomasz</b>	<b>200</b>	ISTA BIEGAMY	M-20	10	00:00:02	00:19:56	00:39:29	00:59:49	<b>01:24:38.15</b>	<b>01:24:40.90</b>	+00:12:23 (14.6%)	4:00	15 (85.7%)
11	<b>KOWOLIK Maciej</b>	<b>554</b>		M-20	11	00:00:05	00:20:14	00:39:56	01:00:26	<b>01:25:02.65</b>	<b>01:25:08.55</b>	+00:12:47 (15.0%)	4:01	14.9 (85.1%)
12	<b>MALINA Dawid</b>	<b>1089</b>	PACEMAKER	M-20	12	00:00:02	00:20:15	00:39:59	01:00:58	<b>01:25:55.80</b>	<b>01:25:58.70</b>	+00:13:40 (15.9%)	4:04	14.7 (84.0%)
13	<b>ŻOŁĄDŹ Piotr</b>	<b>1147</b>		M-20	13	00:00:02	00:20:03	00:39:58	01:00:55	<b>01:26:11.45</b>	<b>01:26:13.45</b>	+00:13:56 (16.2%)	4:05	14.7 (84.0%)
14	<b>KLIMCZAK Piotr</b>	<b>673</b>	DONT GIVE UP!	M-20	14	00:00:04	00:21:30	00:41:38	01:02:32	<b>01:27:50.80</b>	<b>01:27:55.30</b>	+00:15:35 (17.8%)	4:09	14.4 (82.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_km 5km	10_km 10km	15_km 15km	Czas		Różn	Tempo min/km	Tempo km/h
										netto 21.1km	brutto 21.1km			
15	<b>PIELA Mateusz</b>	<b>671</b>		M-20	15	00:00:10	00:21:37	00:42:41	01:04:45	<b>01:30:14.30</b>	<b>01:30:24.70</b>	+00:17:59 (19.9%)	4:16	14 (80.0%)
16	<b>ANGRES Paweł</b>	<b>1059</b>		M-20	16	00:00:06	00:21:41	00:42:41	01:04:47	<b>01:30:16.05</b>	<b>01:30:22.75</b>	+00:18:01 (20.0%)	4:16	14 (80.0%)
17	<b>PIEKARCZYK Sławomir</b>	<b>326</b>	UNIWERSYTET ŚLĄSKI	M-20	17	00:00:03	00:20:14	00:40:59	01:03:19	<b>01:30:19.20</b>	<b>01:30:22.95</b>	+00:18:04 (20.0%)	4:16	14 (80.0%)
18	<b>KASPRZAK Radosław</b>	<b>1216</b>		M-20	18	00:00:07	00:21:38	00:42:35	01:04:44	<b>01:30:25.05</b>	<b>01:30:32.85</b>	+00:18:10 (20.1%)	4:17	14 (80.0%)
19	<b>WILK Dawid</b>	<b>1170</b>	PACEMAKER	M-20	19	00:00:07	00:21:39	00:42:41	01:04:47	<b>01:30:33.05</b>	<b>01:30:40.05</b>	+00:18:18 (20.2%)	4:17	14 (80.0%)
20	<b>MIKOS Marcin</b>	<b>823</b>	NIGHT RUNNERS	M-20	20	00:00:15	00:21:35	00:42:35	01:04:44	<b>01:30:44.65</b>	<b>01:30:59.85</b>	+00:18:29 (20.4%)	4:18	14 (80.0%)
21	<b>PIEJKO Jakub</b>	<b>1066</b>	-	M-20	21	00:00:14	00:20:17	00:41:37	01:04:41	<b>01:30:50.70</b>	<b>01:31:05.00</b>	+00:18:35 (20.5%)	4:18	13.9 (79.4%)
22	<b>KOWARA Piotrek</b>	<b>301</b>	NOGAMI DO PRZODU	M-20	22	00:00:17	00:21:33	00:42:35	01:04:41	<b>01:32:18.20</b>	<b>01:32:35.20</b>	+00:20:03 (21.7%)	4:22	13.7 (78.3%)
23	<b>KRAWCZYK Dawid</b>	<b>1128</b>	BIEGAJ Z BANANEM	M-20	23	00:00:47	00:21:28	00:43:00	01:05:24	<b>01:32:52.00</b>	<b>01:33:39.95</b>	+00:20:37 (22.2%)	4:24	13.6 (77.7%)
24	<b>TROCHIMCZYK Marcin</b>	<b>681</b>		M-20	24	00:00:22	00:21:52	00:43:10	01:05:55	<b>01:33:13.85</b>	<b>01:33:36.45</b>	+00:20:59 (22.5%)	4:25	13.6 (77.7%)
25	<b>SCHAB Bartłomiej</b>	<b>14</b>		M-20	25	00:00:10	00:21:11	00:42:44	01:05:59	<b>01:34:39.35</b>	<b>01:34:50.15</b>	+00:22:24 (23.7%)	4:29	13.4 (76.6%)
26	<b>NOWAK Mateusz</b>	<b>869</b>	PRZEBIEGA.PL	M-20	26	00:00:26	00:20:31	00:41:43	01:04:48	<b>01:34:52.80</b>	<b>01:35:19.10</b>	+00:22:37 (23.9%)	4:29	13.3 (76.0%)
27	<b>SZYDŁO Grzesiu</b>	<b>981</b>	LUCKY LOSERS	M-20	27	00:00:12	00:21:55	00:44:14	01:07:38	<b>01:36:48.60</b>	<b>01:37:00.65</b>	+00:24:33 (25.4%)	4:35	13.1 (74.9%)
28	<b>KARLIK Mateusz</b>	<b>883</b>	PROPOINT	M-20	28	00:00:23	00:23:11	00:45:48	01:09:08	<b>01:36:58.25</b>	<b>01:37:21.45</b>	+00:24:43 (25.5%)	4:35	13.1 (74.9%)
29	<b>HORZELA Błażej</b>	<b>176</b>	BETA-TRANS	M-20	29	00:00:25	00:22:47	00:45:15	01:08:57	<b>01:37:30.20</b>	<b>01:37:55.85</b>	+00:25:15 (25.9%)	4:37	13 (74.3%)
30	<b>URBAN Wiktor</b>	<b>969</b>	NIGHT RUNNERS ZABRZU	M-20	30	00:00:06	00:21:40	00:43:40	01:07:46	<b>01:37:39.10</b>	<b>01:37:46.05</b>	+00:25:24 (26.0%)	4:37	13 (74.3%)
31	<b>MULARCZYK Marek</b>	<b>212</b>	BYLE DO PRZODU	M-20	31	00:00:43	00:22:30	00:45:00	01:08:43	<b>01:37:51.35</b>	<b>01:38:34.60</b>	+00:25:36 (26.2%)	4:38	12.9 (73.7%)
32	<b>MASZKA Marcin</b>	<b>708</b>	MK TEAM	M-20	32	00:00:29	00:23:19	00:45:32	01:08:50	<b>01:37:52.75</b>	<b>01:38:22.65</b>	+00:25:37 (26.2%)	4:38	12.9 (73.7%)
33	<b>SUTKOWSKI Marcin</b>	<b>749</b>	AKADEMIA BIEANIA SWIERKLANY	M-20	33	00:00:12	00:22:00	00:44:02	01:07:40	<b>01:37:56.30</b>	<b>01:38:08.65</b>	+00:25:41 (26.2%)	4:38	12.9 (73.7%)
34	<b>CHROBOK Mateusz</b>	<b>318</b>	NIGHT RUNNERS ZABRZE	M-20	34	00:00:36	00:23:40	00:46:19	01:09:52	<b>01:37:56.90</b>	<b>01:38:33.75</b>	+00:25:42 (26.2%)	4:38	12.9 (73.7%)
35	<b>KOCHUIEVSKYI Oleksandr</b>	<b>640</b>		M-20	35	00:01:50	00:23:47	00:46:44	01:11:00	<b>01:38:02.65</b>	<b>01:39:53.35</b>	+00:25:47 (26.3%)	4:38	12.9 (73.7%)
36	<b>SUCHARZEWSKI Eugeniusz</b>	<b>1200</b>		M-20	36	00:01:46	00:23:49	00:46:23	01:09:55	<b>01:38:08.80</b>	<b>01:39:55.05</b>	+00:25:53 (26.4%)	4:39	12.9 (73.7%)
37	<b>KOTAS Adam</b>	<b>224</b>	FUTURE PROCESSING RUNNING TEAM	M-20	37	00:00:37	00:23:37	00:46:21	01:09:49	<b>01:38:20.05</b>	<b>01:38:57.80</b>	+00:26:05 (26.5%)	4:39	12.9 (73.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_km	10_km	15_km	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	10km	15km	21.1km	21.1km			
38	<b>SBECZKA Rafał</b>	<b>942</b>	EASY RUN RACIBÓRZ	M-20	38	00:01:12	00:22:46	00:45:56	01:09:24	<b>01:38:20.15</b>	<b>01:39:32.25</b>	+00:26:05 (26.5%)	4:39	12.9 (73.7%)
39	<b>LOSKA Tomasz</b>	<b>20</b>		M-20	39	00:00:28	00:23:48	00:46:38	01:10:38	<b>01:38:22.10</b>	<b>01:38:50.15</b>	+00:26:07 (26.6%)	4:39	12.9 (73.7%)
40	<b>MASNY Michał</b>	<b>206</b>		M-20	40	00:00:34	00:23:28	00:46:13	01:09:57	<b>01:38:52.50</b>	<b>01:39:26.65</b>	+00:26:37 (26.9%)	4:41	12.8 (73.1%)
41	<b>GOLA Daniel</b>	<b>574</b>	DO GÓRY NOGAMI	M-20	41	00:00:23	00:23:39	00:46:41	01:10:22	<b>01:38:55.75</b>	<b>01:39:18.85</b>	+00:26:40 (27.0%)	4:41	12.8 (73.1%)
42	<b>WALISKO Bartłomiej</b>	<b>603</b>		M-20	42	00:00:48	00:24:16	00:47:40	01:12:01	<b>01:39:00.35</b>	<b>01:39:49.10</b>	+00:26:45 (27.0%)	4:41	12.8 (73.1%)
43	<b>WENGLORZ Marcin</b>	<b>697</b>	PROPOINT	M-20	43	00:00:33	00:23:46	00:46:41	01:10:58	<b>01:39:05.85</b>	<b>01:39:39.75</b>	+00:26:51 (27.1%)	4:41	12.8 (73.1%)
44	<b>JĘCZMIONKA Szymon</b>	<b>833</b>	PKM GLIWICE	M-20	44	00:00:27	00:23:50	00:46:42	01:10:42	<b>01:39:06.30</b>	<b>01:39:34.00</b>	+00:26:51 (27.1%)	4:41	12.8 (73.1%)
45	<b>SKOWROŃSKI Michał</b>	<b>870</b>		M-20	45	00:00:30	00:23:38	00:46:25	01:10:40	<b>01:40:08.05</b>	<b>01:40:38.50</b>	+00:27:53 (27.8%)	4:44	12.6 (72.0%)
46	<b>PIFKO Bartłomiej</b>	<b>809</b>		M-20	46	00:00:12	00:23:13	00:45:32	01:09:48	<b>01:40:48.65</b>	<b>01:41:00.90</b>	+00:28:33 (28.3%)	4:46	12.6 (72.0%)
47	<b>ZEMCZAK Kamil</b>	<b>599</b>		M-20	47	00:01:56	00:23:47	00:47:08	01:11:31	<b>01:41:10.50</b>	<b>01:43:07.20</b>	+00:28:55 (28.6%)	4:47	12.5 (71.4%)
48	<b>GIERADA Grzegorz</b>	<b>1068</b>		M-20	48	00:00:41	00:24:17	00:47:51	01:12:11	<b>01:41:41.95</b>	<b>01:42:23.85</b>	+00:29:27 (29.0%)	4:49	12.4 (70.9%)
49	<b>MASARCZYK Wojciech</b>	<b>279</b>		M-20	49	00:00:23	00:24:43	00:48:13	01:12:17	<b>01:41:58.00</b>	<b>01:42:21.30</b>	+00:29:43 (29.1%)	4:49	12.4 (70.9%)
50	<b>KOSTORZ Konrad</b>	<b>707</b>		M-20	50	00:00:25	00:23:53	00:47:18	01:12:03	<b>01:42:10.90</b>	<b>01:42:36.35</b>	+00:29:56 (29.3%)	4:50	12.4 (70.9%)
51	<b>FRAŃCZEK Łukasz</b>	<b>520</b>		M-20	51	00:02:02	00:24:53	00:48:59	01:14:02	<b>01:43:08.40</b>	<b>01:45:11.10</b>	+00:30:53 (30.0%)	4:53	12.3 (70.3%)
52	<b>DAMIAN MARCZEWSKI Damian</b>	<b>1126</b>		M-20	52	00:00:57	00:24:17	00:47:56	01:12:34	<b>01:43:11.35</b>	<b>01:44:08.85</b>	+00:30:56 (30.0%)	4:53	12.3 (70.3%)
53	<b>JABŁOŃSKI Łukasz</b>	<b>303</b>	UNISONO / FIS-SST TEAM	M-20	53	00:00:56	00:24:50	00:48:44	01:13:32	<b>01:43:18.85</b>	<b>01:44:15.75</b>	+00:31:04 (30.1%)	4:53	12.3 (70.3%)
54	<b>ZIELONKA Tomasz</b>	<b>169</b>		M-20	54	00:00:37	00:23:25	00:46:24	01:11:53	<b>01:43:33.00</b>	<b>01:44:10.80</b>	+00:31:18 (30.2%)	4:54	12.2 (69.7%)
55	<b>RAWŁUSZAEWICZ Maksymilian</b>	<b>379</b>		M-20	55	00:00:09	00:24:14	00:47:53	01:12:59	<b>01:44:22.50</b>	<b>01:44:31.65</b>	+00:32:07 (30.8%)	4:56	12.1 (69.1%)
56	<b>ŁAZOWSKI Maciej</b>	<b>899</b>	PURE FIRE TEAM	M-20	56	00:00:20	00:24:48	00:48:43	01:14:06	<b>01:45:11.05</b>	<b>01:45:32.00</b>	+00:32:56 (31.3%)	4:59	12 (68.6%)
57	<b>ŚWIĘTEK Marcin</b>	<b>896</b>		M-20	57	00:01:19	00:25:01	00:49:29	01:14:59	<b>01:46:02.50</b>	<b>01:47:21.55</b>	+00:33:47 (31.9%)	5:01	11.9 (68.0%)
58	<b>KOŹLIK Paweł</b>	<b>857</b>		M-20	58	00:01:11	00:24:38	00:48:06	01:13:23	<b>01:46:30.00</b>	<b>01:47:41.25</b>	+00:34:15 (32.2%)	5:02	11.9 (68.0%)
59	<b>CHMIELARZ Grzesiek</b>	<b>758</b>	PATO KATO RUNNING TEAM	M-20	59	00:01:10	00:25:38	00:50:41	01:17:05	<b>01:47:10.40</b>	<b>01:48:21.00</b>	+00:34:55 (32.6%)	5:04	11.8 (67.4%)
59	<b>BAJOREK Dawid</b>	<b>854</b>		M-20	60	00:01:07	00:25:32	00:49:41	01:15:10	<b>01:47:13.45</b>	<b>01:48:21.00</b>	+00:34:58 (32.6%)	5:04	11.8 (67.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_km 5km	10_km 10km	15_km 15km	Czas		Różn	Tempo min/km	Tempo km/h
										netto 21.1km	brutto 21.1km			
61	<b>DROZD Grzegorz</b>	<b>163</b>		M-20	61	00:00:42	00:24:34	00:48:55	01:14:49	<b>01:47:29.35</b>	<b>01:48:11.60</b>	+00:35:14 (32.8%)	5:05	11.8 (67.4%)
62	<b>SKOTNICKI Paweł</b>	<b>13</b>		M-20	62	00:00:46	00:24:17	00:48:43	01:14:44	<b>01:47:44.05</b>	<b>01:48:30.30</b>	+00:35:29 (32.9%)	5:06	11.8 (67.4%)
63	<b>MELICH Tomek</b>	<b>853</b>	SOCIOS GÓRNIK	M-20	63	00:00:57	00:26:16	00:51:13	01:17:13	<b>01:48:11.45</b>	<b>01:49:09.00</b>	+00:35:56 (33.2%)	5:07	11.7 (66.9%)
64	<b>HERZ Krzysztof</b>	<b>77</b>	ANEMIKI	M-20	64	00:00:48	00:24:58	00:49:54	01:16:29	<b>01:49:49.30</b>	<b>01:50:38.15</b>	+00:37:34 (34.2%)	5:12	11.5 (65.7%)
65	<b>GRYSZYN Michał</b>	<b>1140</b>		M-20	65	00:00:19	00:23:30	00:47:14	01:15:11	<b>01:50:27.45</b>	<b>01:50:47.15</b>	+00:38:12 (34.6%)	5:14	11.5 (65.7%)
66	<b>BAJ Tomasz</b>	<b>145</b>		M-20	66	00:00:46	00:25:34	00:50:22	01:17:01	<b>01:50:46.35</b>	<b>01:51:32.90</b>	+00:38:31 (34.8%)	5:14	11.4 (65.1%)
67	<b>PRENZENA Paweł</b>	<b>47</b>		M-20	67	00:00:29	00:24:04	00:49:05	01:16:51	<b>01:51:01.75</b>	<b>01:51:31.45</b>	+00:38:46 (34.9%)	5:15	11.4 (65.1%)
68	<b>GRABSKI Paweł</b>	<b>790</b>		M-20	68	00:01:18	00:26:37	00:52:21	01:18:59	<b>01:51:18.50</b>	<b>01:52:36.50</b>	+00:39:03 (35.1%)	5:16	11.4 (65.1%)
69	<b>BIĘKOWSKI Piotr</b>	<b>352</b>	PROMUR	M-20	69	00:00:57	00:25:52	00:50:58	01:17:26	<b>01:51:28.55</b>	<b>01:52:26.35</b>	+00:39:13 (35.2%)	5:17	11.4 (65.1%)
70	<b>OSETEK Paweł</b>	<b>1243</b>		M-20	70	00:00:07	00:22:46	00:46:43	01:14:25	<b>01:52:36.80</b>	<b>01:52:44.55</b>	+00:40:21 (35.8%)	5:20	11.2 (64.0%)
71	<b>KOŁAK Szymon</b>	<b>480</b>		M-20	71	00:00:30	00:26:02	00:52:25	01:20:01	<b>01:53:36.50</b>	<b>01:54:07.35</b>	+00:41:21 (36.4%)	5:23	11.1 (63.4%)
72	<b>ŻYNDA Łukasz</b>	<b>648</b>		M-20	72	00:00:14	00:27:06	00:53:38	01:20:56	<b>01:53:51.35</b>	<b>01:54:05.85</b>	+00:41:36 (36.5%)	5:23	11.1 (63.4%)
73	<b>BODUCH Marcin</b>	<b>636</b>		M-20	73	00:00:19	00:25:21	00:50:47	01:18:22	<b>01:55:03.90</b>	<b>01:55:23.70</b>	+00:42:49 (37.2%)	5:27	11 (62.9%)
74	<b>GAŁECZKA Michał</b>	<b>247</b>		M-20	74	00:01:12	00:26:01	00:52:19	01:20:13	<b>01:55:12.10</b>	<b>01:56:24.90</b>	+00:42:57 (37.3%)	5:27	11 (62.9%)
75	<b>KLEJNOWSKI Mateusz</b>	<b>461</b>		M-20	75	00:00:58	00:28:11	00:55:48	01:24:51	<b>01:56:12.45</b>	<b>01:57:10.80</b>	+00:43:57 (37.8%)	5:30	10.9 (62.3%)
76	<b>PRZESTALSKI Marian</b>	<b>1169</b>		M-20	76	00:01:52	00:28:19	00:55:03	01:23:08	<b>01:57:07.30</b>	<b>01:59:00.15</b>	+00:44:52 (38.3%)	5:33	10.8 (61.7%)
77	<b>WEBER Tomasz</b>	<b>23</b>	HUSARIA RACE TEAM	M-20	77	00:01:22	00:28:36	00:55:36	01:23:48	<b>01:57:24.35</b>	<b>01:58:47.00</b>	+00:45:09 (38.5%)	5:33	10.8 (61.7%)
78	<b>BOJDA Dawid</b>	<b>477</b>		M-20	78	00:00:31	00:27:10	00:54:37	01:23:06	<b>01:57:24.55</b>	<b>01:57:55.65</b>	+00:45:09 (38.5%)	5:33	10.8 (61.7%)
79	<b>MISIURA Artur</b>	<b>1057</b>		M-20	79	00:00:45	00:28:42	00:56:24	01:25:15	<b>01:57:29.35</b>	<b>01:58:15.20</b>	+00:45:14 (38.5%)	5:34	10.8 (61.7%)
80	<b>PRZESTALSKI Kornel</b>	<b>1168</b>		M-20	80	00:01:52	00:28:19	00:55:07	01:23:08	<b>01:57:50.60</b>	<b>01:59:43.30</b>	+00:45:35 (38.7%)	5:35	10.7 (61.1%)
81	<b>PAWLIK Rafał</b>	<b>591</b>	POBORSZÓW	M-20	81	00:01:56	00:27:37	00:53:34	01:22:17	<b>01:57:54.30</b>	<b>01:59:50.70</b>	+00:45:39 (38.7%)	5:35	10.7 (61.1%)
82	<b>MICHALAK Patryk</b>	<b>509</b>		M-20	82	00:01:09	00:28:16	00:55:47	01:24:01	<b>01:57:59.55</b>	<b>01:59:09.10</b>	+00:45:44 (38.8%)	5:35	10.7 (61.1%)
83	<b>SERAFIN Patryk</b>	<b>847</b>		M-20	83	00:01:23	00:28:23	00:55:08	01:23:13	<b>01:58:01.60</b>	<b>01:59:25.40</b>	+00:45:46 (38.8%)	5:35	10.7 (61.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_km	10_km	15_km	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	10km	15km	21.1km	21.1km			
84	MICHNA Wojciech	1177		M-20	84	00:01:12	00:26:00	00:52:39	01:20:51	01:58:15.45	01:59:28.10	+00:46:00 (38.9%)	5:36	10.7 (61.1%)
85	OZYP Mariusz	232	ODRIVE	M-20	85	00:00:01	00:28:30	00:56:23	01:24:35	01:58:47.85	01:58:49.65	+00:46:33 (39.2%)	5:37	10.7 (61.1%)
86	PERZANOWSKI Piotr	414		M-20	86	00:01:41	00:27:48	00:54:39	01:23:01	01:58:57.10	02:00:38.45	+00:46:42 (39.3%)	5:38	10.6 (60.6%)
87	KALATA Grzegorz	564		M-20	87	00:01:57	00:26:32	00:53:07	01:22:18	01:58:58.10	02:00:56.05	+00:46:43 (39.3%)	5:38	10.6 (60.6%)
88	PIEKARA Piotr	653		M-20	88	00:00:46	00:29:29	00:57:04	01:25:34	01:59:47.40	02:00:34.00	+00:47:32 (39.7%)	5:40	10.6 (60.6%)
89	BLACH Damian	791	EZUNIVERSE	M-20	89	00:02:13	00:29:30	00:57:17	01:26:02	01:59:55.05	02:02:08.60	+00:47:40 (39.8%)	5:40	10.6 (60.6%)
90	BUKOWSKI Adam	234		M-20	90	00:00:44	00:27:43	00:55:52	01:24:29	01:59:55.50	02:00:39.95	+00:47:40 (39.8%)	5:40	10.6 (60.6%)
91	MANISTA Paweł	651		M-20	91	00:01:20	00:28:07	00:55:07	01:23:24	02:00:06.35	02:01:26.40	+00:47:51 (39.8%)	5:41	10.5 (60.0%)
92	OSETEK Wiesław	1102	OSETEK TEAM	M-20	92	00:00:07	00:23:50	00:50:41	01:20:12	02:01:00.30	02:01:07.80	+00:48:45 (40.3%)	5:44	10.5 (60.0%)
93	KWAŚNIOK Rafał	150	NIGHT RUNNERS GLIWICE	M-20	93	00:02:07	00:28:41	00:57:07	01:26:58	02:03:24.85	02:05:32.35	+00:51:10 (41.5%)	5:50	10.3 (58.9%)
94	ZIĘBA Michał	889		M-20	94	00:01:41	00:27:39	00:55:49	01:26:05	02:03:26.35	02:05:07.60	+00:51:11 (41.5%)	5:50	10.3 (58.9%)
95	MACIASZEK Grzegorz	736	CROSSFIT CZĘSTOCHOWA BASTION	M-20	95	00:00:24	00:29:52	00:58:57	01:27:49	02:03:37.65	02:04:01.85	+00:51:22 (41.6%)	5:51	10.2 (58.3%)
96	POKRYSZKA Wojciech	242	KOMBO KURCZAKI	M-20	96	00:01:20	00:27:40	00:55:46	01:25:56	02:03:41.60	02:05:01.85	+00:51:26 (41.6%)	5:51	10.2 (58.3%)
97	STEINHOFF-TRACZEWSKI Marek	704		M-20	97	00:00:20	00:25:52	00:52:14	01:22:32	02:03:44.80	02:04:05.10	+00:51:29 (41.6%)	5:51	10.2 (58.3%)
98	OLSZEWSKI Bartosz	1244		M-20	98	00:01:26	00:29:12	00:57:16	01:26:28	02:03:59.15	02:05:25.70	+00:51:44 (41.7%)	5:52	10.2 (58.3%)
99	BUK Marcin	244		M-20	99	00:02:05	00:30:42	00:58:59	01:27:36	02:05:18.45	02:07:23.95	+00:53:03 (42.3%)	5:56	10.1 (57.7%)
100	TOMANEK Paweł	948		M-20	100	00:01:20	00:28:55	00:57:36	01:27:53	02:07:13.20	02:08:33.80	+00:54:58 (43.2%)	6:01	10 (57.1%)
101	ROLIŃSKI Tymoteusz	1118		M-20	101	00:01:37	00:29:59	00:59:00	01:29:55	02:07:24.25	02:09:01.85	+00:55:09 (43.3%)	6:02	9.9 (56.6%)
102	SUSEŁ Alek	1245		M-20	102	00:00:01	00:27:28	00:53:47	01:28:04	02:08:03.50	02:08:05.15	+00:55:48 (43.6%)	6:04	9.9 (56.6%)
103	BŁASZCZYSZYN Michał	392		M-20	103	00:02:27	00:30:10	00:59:19	01:30:14	02:09:59.45	02:12:26.95	+00:57:44 (44.4%)	6:09	9.7 (55.4%)
104	STANISZEWSKI Krzysiek	706	ZARAZIĆ PASJĄ	M-20	104	00:01:07	00:28:15	00:55:33	01:27:03	02:10:24.90	02:11:31.90	+00:58:10 (44.6%)	6:10	9.7 (55.4%)
105	GDAWSKI Bartłomiej	189	SBRT GLIWICE	M-20	105	00:01:14	00:29:17	00:58:10	01:29:49	02:11:41.30	02:12:55.75	+00:59:26 (45.1%)	6:14	9.6 (54.9%)
106	DAWIDKO Paweł	717		M-20	106	00:01:14	00:29:17	00:58:10	01:29:49	02:11:42.25	02:12:56.50	+00:59:27 (45.1%)	6:14	9.6 (54.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_km 5km	10_km 10km	15_km 15km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
107	<b>SKURA Adam</b>	<b>1052</b>	FLUOR SA	M-20	107	00:01:53	00:31:51	01:02:43	01:35:00	<b>02:12:23.30</b>	<b>02:14:17.25</b>	+01:00:08 (45.4%)	6:16	9.6 (54.9%)
108	<b>MIKOŁAJCZYK Michał</b>	<b>209</b>		M-20	108	00:00:38	00:32:16	01:03:46	01:35:53	<b>02:17:01.50</b>	<b>02:17:40.45</b>	+01:04:46 (47.3%)	6:29	9.2 (52.6%)
109	<b>GRABALSKI Kamil</b>	<b>171</b>		M-20	109	00:01:43	00:33:14	01:05:03	01:38:15	<b>02:18:27.90</b>	<b>02:20:10.95</b>	+01:06:13 (47.8%)	6:33	9.1 (52.0%)
110	<b>STELMACH Michał</b>	<b>429</b>		M-20	110	00:01:56	00:31:03	01:02:41	01:36:33	<b>02:18:37.00</b>	<b>02:20:33.05</b>	+01:06:22 (47.9%)	6:34	9.1 (52.0%)
111	<b>WOŁOWSKI Michał</b>	<b>413</b>	SLAM DRINKERS BIŁGORAJ	M-20	111	00:01:41	00:32:19	01:04:32	01:38:48	<b>02:20:40.80</b>	<b>02:22:22.30</b>	+01:08:25 (48.6%)	6:40	9 (51.4%)
112	<b>KOWALCZYK Arkadiusz</b>	<b>614</b>		M-20	112	00:02:37	00:33:27	01:05:46	01:40:16	<b>02:23:13.75</b>	<b>02:25:51.70</b>	+01:10:58 (49.6%)	6:47	8.8 (50.3%)
113	<b>BEDNARCZYK Łukasz</b>	<b>719</b>	BRAK	M-20	113	00:01:48	00:31:31	01:02:26	01:38:59	<b>02:23:29.35</b>	<b>02:25:18.20</b>	+01:11:14 (49.6%)	6:48	8.8 (50.3%)
114	<b>STEBEL Damian</b>	<b>394</b>		M-20	114	00:02:25	00:35:11	01:09:01	01:46:19	<b>02:31:18.60</b>	<b>02:33:44.10</b>	+01:19:03 (52.3%)	7:10	8.4 (48.0%)
115	<b>FLOREK Wojciech</b>	<b>769</b>	EZUNIVERSE	M-20	115	00:02:19	00:30:29	01:02:53	01:38:52	<b>02:39:25.50</b>	<b>02:41:45.15</b>	+01:27:10 (54.7%)	7:33	7.9 (45.1%)
116	<b>WĘGIEL Kacper</b>	<b>775</b>	FUNDACJA,,BIEGAMY Z SERCEM'	M-20	116	00:02:34	00:32:39	01:04:34	01:51:18	<b>02:42:52.45</b>	<b>02:45:27.00</b>	+01:30:37 (55.6%)	7:43	7.8 (44.6%)
	<b>PRZEWOŹNY Daniel</b>	<b>1190</b>		M-20		DNF	00:28:55 DNF	00:57:41 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 117 wynik(ów)