



IV PÓŁMARATON GLIWICKI

B4SPORT

Wydarzenie: Półmaraton Gliwicki 2017
Organizator: Fundacja Bieg Rzeźnika
Data: 2017-10-22
Miejsce: Gliwice
Dystans: 21.1 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-40

Punkt pomiarowy: 15,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
1	IVERUK Mykhaylo	1246	LKB RUDNIK	M-40	00:00:00	00:16:44	00:33:48	00:50:47
2	BARTNIK Sebastian	531	GB GALOPUJĄCE ŚLIMAKI	M-40	00:00:02	00:18:40	00:37:10	00:56:54
3	BASA Przemysław	770	KRS TKKF 'JASTRZĄB' RUDA ŚLĄSKA	M-40	00:00:06	00:19:08	00:37:51	00:57:48
4	GŁOWINKOWSKI Jarosław	675	ZIEMIA CIESZYŃSKA	M-40	00:00:02	00:19:29	00:38:46	00:59:07
5	STAWINOGA Janusz	581	HIRSCHVOGEL	M-40	00:00:20	00:20:05	00:39:42	01:00:09
6	NOSZCZYK Michał	590	KB JÓZEFINKA	M-40	00:00:06	00:20:12	00:40:13	01:01:45
7	ZAGÓRNY Robert	1142	ENTRE RUNNING	M-40	00:00:10	00:21:27	00:41:53	01:03:22
8	GROCHOLEWSKI Włodzimierz	1163	TRUCHTACZ MYSŁOWICE	M-40	00:00:10	00:21:17	00:41:56	01:03:39
9	MYKAŁA Rafał	1205		M-40	00:00:12	00:21:35	00:42:23	01:03:52
10	GRZYB Dariusz	855		M-40	00:00:03	00:20:17	00:41:30	01:03:53
11	DAMEC Olek	66	OCHAJORUN&FRIENDS	M-40	00:00:05	00:22:22	00:43:01	01:04:10
12	NOGAJ Janusz	1167	OCHAJORUN & FRIENDS	M-40	00:00:13	00:21:35	00:42:37	01:04:41
13	BROSZ Michał	722		M-40	00:00:07	00:21:40	00:42:34	01:04:45
14	SZYMURA Wojciech	766		M-40	00:00:09	00:21:37	00:42:42	01:04:46
15	JÓSKOWSKI Rafał	1206	KRS JASTRZĄB RUDA ŚLĄSKA	M-40	00:00:06	00:21:24	00:42:34	01:04:52
16	SZASTAK Damian	743	HARPAGAN SOSNOWIEC	M-40	00:00:10	00:21:47	00:43:01	01:05:25
17	NOGAJ Paweł	389	KB MCKIS JAWORZNO	M-40	00:00:34	00:22:12	00:43:32	01:05:44
18	WALIGÓRSKI Robert	440	PARKRUN KĘDZIERZYN-KOŹLE	M-40	00:00:04	00:21:28	00:42:47	01:05:45
19	BEŚKA Sławomir	63	OCHAJORUN & FRIENDS	M-40	00:00:13	00:22:22	00:43:31	01:05:48
20	KAŁAMARZ Mariusz	111	PRYZMAT SALON OPTYCZNY GLIWICE CH ARENA	M-40	00:00:14	00:21:38	00:42:48	01:05:48
21	SZOLC Sebastian	151		M-40	00:00:26	00:22:24	00:43:43	01:05:53
22	KOCON Mariusz	798	BOLKO OPOLE	M-40	00:00:12	00:22:05	00:43:27	01:06:03
23	GOŁĘBIOWSKI Bartek	786	KS GOŁĘBNIK	M-40	00:00:15	00:22:02	00:43:57	01:06:28
24	KANIA Michał	248		M-40	00:00:07	00:22:07	00:43:53	01:06:44
25	PIENIAŻEK Krzysztof	33		M-40	00:00:22	00:22:29	00:44:18	01:06:55
26	CZAUDERNA Adrian	463	OCHAJORUN & FRIENDS	M-40	00:00:50	00:22:47	00:44:16	01:07:06
27	BEZUSZKO Tomasz	193	4. WOJSKOWY ODDZIAŁ GOSPODARCZY	M-40	00:00:05	00:21:51	00:43:54	01:07:11
28	PRYSZCZ Mirosław	22		M-40	00:00:11	00:22:39	00:44:23	01:07:12

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
29	JEREMICZ Krzysztof	1250	RAFKO SA	M-40	00:00:32	00:22:26	00:44:29	01:07:22
30	BRYKOWSKI Przemysław	442	RUN AND FUN	M-40	00:00:31	00:22:32	00:44:29	01:07:23
31	DŁUGAJ Andrzej	1044		M-40	00:00:27	00:24:24	00:45:59	01:07:54
32	BEHRENDT Jakub	124	LECE BO CHCE	M-40	00:00:14	00:22:30	00:44:47	01:08:13
33	BRODEK Andrzej	173		M-40	00:00:06	00:21:59	00:44:19	01:08:14
34	PYZIK Tomasz	966	DRUŻYNA MOJACUKRZYCA.PL	M-40	00:00:04	00:22:06	00:44:33	01:08:17
35	ZWIERZYŃSKI Piotr	1115	UNATCO	M-40	00:00:16	00:22:41	00:44:53	01:08:23
36	WAWRZAK Ryszard	729	NIGHT RUNNERS GLIWICE	M-40	00:00:23	00:22:34	00:44:56	01:08:29
37	ŁOBKO Adam	421	ŚLĘZAK TEAM	M-40	00:00:07	00:22:55	00:45:11	01:08:45
38	BAGAN Grzegorz	283	GOGGLE PAE TEAM	M-40	00:00:37	00:23:30	00:46:08	01:08:45
39	NIŻNIKIEWICZ Grzegorz	684		M-40	00:00:25	00:23:05	00:45:24	01:08:55
40	KAWECKI Damian	1117	ITMANAGE	M-40	00:00:28	00:22:45	00:45:12	01:08:55
41	NOWAK Adam	956	TAB2	M-40	00:00:39	00:23:11	00:45:10	01:08:59
42	KRAWCZYK Jarosław	1111		M-40	00:01:22	00:24:28	00:46:28	01:09:13
43	KUSEK Andrzej	1119		M-40	00:00:23	00:23:44	00:46:02	01:09:18
44	WALUKIEWICZ Dariusz	670	KUŹNIA TRIATHLONU	M-40	00:00:31	00:23:50	00:46:17	01:09:24
45	SZCZEPAŃSKI Rafał	871	OPEL ACTIVE TEAM	M-40	00:00:35	00:23:27	00:45:59	01:09:43
46	BOGUS Rafał	963	CYCLING JURA	M-40	00:00:12	00:22:52	00:45:37	01:09:47
47	DZIECIĄTKOWSKI Jarosław	31	OPEL ACTIVE TEAM	M-40	00:00:35	00:22:59	00:45:56	01:09:59
48	JASIŃSKI Leszek	983	LUCKY LOSERS	M-40	00:00:11	00:22:39	00:45:37	01:10:01
49	KACZOR Rafał	826	PKO BANK POLSKI	M-40	00:00:26	00:23:49	00:46:41	01:10:03
50	HOŁYŃSKI Tomasz	551	SOKÓŁ KNURÓW	M-40	00:00:41	00:23:53	00:46:31	01:10:07
51	WALTER Marcin	999		M-40	00:00:56	00:24:11	00:46:55	01:10:15
52	GOLDA Piotr	739		M-40	00:01:58	00:25:26	00:47:48	01:10:28
53	MAZUR Krzysztof	637	NOWA GLIWICE	M-40	00:00:51	00:23:33	00:46:11	01:10:29
54	LESZCZYŃSKI Mariusz	271		M-40	00:01:07	00:23:54	00:46:38	01:10:32
55	BRYŁA Grzegorz	448		M-40	00:00:49	00:23:29	00:46:22	01:10:33
56	SKRZYPCZYK Paweł	1053		M-40	00:00:10	00:23:10	00:46:24	01:10:39
57	RASZEWSKI Wojciech	1219	AUGUSTEAM	M-40	00:00:29	00:23:33	00:46:34	01:10:42
58	KOTOWICZ Tomasz	487	PRO-RUN WROCŁAW	M-40	00:00:47	00:23:57	00:47:00	01:10:42
59	KLIMALA Jacek	1008		M-40	00:00:11	00:22:38	00:45:40	01:10:51
60	RUBIN Andrzej	83	KB MCKIS JAWORZNO	M-40	00:00:34	00:24:04	00:46:42	01:10:55
61	JACHIMOWSKI Waldemar	382	VIBOVIT KNURÓW	M-40	00:00:38	00:23:40	00:46:37	01:10:55
62	STASZEWSKI Łukasz	510		M-40	00:01:57	00:23:48	00:46:43	01:10:57
63	DANIŁOWSKI Tomasz	957	PARKRUN KATOWICE	M-40	00:00:33	00:23:43	00:46:38	01:10:59
64	WASZKIEWICZ Tomasz	1085	PACEMAKER	M-40	00:00:28	00:23:47	00:46:41	01:11:00
65	STEFAŃSKI Zbigniew	959	HEBEL LIBIAŻ,	M-40	00:00:30	00:23:46	00:46:42	01:11:00
66	CZAJKA Roman	131		M-40	00:00:25	00:23:52	00:46:45	01:11:01
67	OSTROWSKI Rafał	199		M-40	00:00:29	00:23:48	00:46:43	01:11:01
68	SKOWRON Marcin	313		M-40	00:00:29	00:23:52	00:46:44	01:11:01
69	MIECZNIKOWSKI Jacek	639		M-40	00:00:28	00:23:50	00:46:45	01:11:02
70	MARCOLA Łukasz	796		M-40	00:00:37	00:23:57	00:46:51	01:11:05
71	NAWROCKI Szymon	903		M-40	00:00:54	00:24:16	00:47:35	01:11:06
72	MOKRZYCKI Patryk	1091	SAINT-GOBAIN SQUAD	M-40	00:00:29	00:23:47	00:46:44	01:11:12
73	CIEŚLIK Paweł	545		M-40	00:00:34	00:23:56	00:46:56	01:11:12

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
74	KURCZEK Tomasz	1203		M-40	00:00:40	00:23:55	00:47:10	01:11:25
75	MICHAŁOWSKI Bolesław	1207	NIGHT RUNNING TEAM KRAKÓW	M-40	00:00:03	00:23:26	00:46:48	01:11:37
76	GALIŃSKI Rafał	1018	STOWARZYSZENIE POWER WALK	M-40	00:00:34	00:24:16	00:47:37	01:11:40
77	NOWAK Mariusz	530	HIRSCHVOGEL	M-40	00:00:47	00:24:10	00:47:26	01:11:50
78	JANECZEK Marek	532		M-40	00:00:41	00:23:53	00:47:07	01:11:55
79	GŁÓWKA Rafał	663	DOLINIARZE.COM	M-40	00:00:53	00:24:35	00:47:40	01:11:58
80	MACHURA Arkadiusz	863		M-40	00:00:47	00:24:19	00:47:46	01:12:02
81	TRACZUK Marek	438		M-40	00:00:48	00:24:17	00:47:43	01:12:03
82	BATKO Janusz	1080		M-40	00:00:56	00:23:54	00:47:20	01:12:04
83	JAJUGA Tomasz	255		M-40	00:00:36	00:24:04	00:47:34	01:12:11
84	CHOMIK Rafał	1026	T2 TEAM / WAY 2 CHAMP	M-40	00:00:28	00:23:35	00:47:09	01:12:12
85	PTASZNIK Jacek	1131		M-40	00:00:40	00:23:48	00:47:13	01:12:24
86	GRONDECKI Grzegorz	153	BIEGAMY Z SERCEM.PL	M-40	00:00:24	00:24:10	00:47:33	01:12:27
87	NOWAK Sebastian	780	MIECHOWICKA GRUPA BIEGOWA	M-40	00:00:16	00:24:06	00:47:52	01:12:28
88	PACAN Tomasz	589		M-40	00:00:29	00:23:47	00:46:45	01:12:28
89	PROŃ Adam	64	IPRONMAN	M-40	00:00:04	00:23:39	00:47:33	01:12:36
90	PARUZEL Ireneusz	876		M-40	00:01:07	00:24:44	00:48:15	01:12:44
91	BRZOZOWSKI Piotr	398	KB MCKIS JAWORZNO	M-40	00:00:33	00:24:05	00:47:39	01:13:08
92	STACHOWIAK Adam	654		M-40	00:01:33	00:24:38	00:48:16	01:13:17
93	BIERNAT Wojciech	152	OPEL ACTIVE TEAM	M-40	00:01:36	00:24:52	00:48:39	01:13:24
94	CICHOSZ Arkadiusz	524		M-40	00:00:45	00:24:23	00:48:16	01:13:25
95	GRAJNY Piotr	840	MOCNI POMOCNI	M-40	00:00:47	00:24:52	00:48:41	01:13:32
96	KLIKS Andrzej	86	FIS-SST TEAM	M-40	00:00:55	00:24:51	00:48:45	01:13:33
97	SKRZYPIEC Konrad	818	OPEL ACTIVE TEAM	M-40	00:00:42	00:24:23	00:48:14	01:13:35
98	KWIATKOWSKI Grzegorz	1141		M-40	00:01:16	00:24:40	00:47:59	01:13:38
99	GAWROŃSKI Zbigniew	1222		M-40	00:01:19	00:25:09	00:48:50	01:13:46
100	SWOBODA Jarosław	71	NIGHT RUNNERS GLIWICE	M-40	00:00:59	00:25:02	00:48:55	01:13:50
101	KACZKIEWICZ Damian	411	NIGHT RUNNERS GLIWICE	M-40	00:00:59	00:25:02	00:48:55	01:13:56
102	NARUSZEWICZ Arkadiusz	1011	VEOLIA - PWIK TARNOWSKIE GÓRY	M-40	00:00:19	00:24:45	00:48:36	01:14:00
103	STOLARCZYK Robert	55	NIGHT RUNNERS GLIWICE	M-40	00:00:45	00:25:01	00:49:08	01:14:04
104	IMIOŁEK Arkadiusz	230	ED-CERT RUN	M-40	00:00:12	00:24:41	00:48:58	01:14:11
105	JELEŃ Michał	384		M-40	00:00:24	00:24:26	00:48:36	01:14:11
106	JANY Kamil	473		M-40	00:00:19	00:24:45	00:48:37	01:14:15
107	SITEK Grzegorz	141	TARNOGORSKIE TOWARZYSTWO TRIATHLONOWE	M-40	00:00:30	00:25:17	00:49:21	01:14:15
108	TUREK Maciej	251		M-40	00:00:13	00:24:01	00:48:19	01:14:18
109	PIETRZAK Marcin	93		M-40	00:00:46	00:24:26	00:48:42	01:14:19
110	BOREK Dariusz	1164		M-40	00:00:08	00:24:28	00:48:24	01:14:27
111	KROCZYK Lesław	1105	SZTAFETA WOŚP	M-40	00:01:13	00:25:11	00:49:19	01:14:32
112	KUBICA Gerard	1104		M-40	00:00:26	00:24:08	00:48:56	01:14:41
113	JAROSZ Maciej	1201		M-40	00:00:57	00:25:04	00:49:19	01:14:49
114	NOWAKOWSKI Jarek	806	TRI DIVISION FOR GOSIA	M-40	00:00:25	00:25:13	00:49:16	01:14:51
115	CHWALISZEWSKI Jarosław	59	NIGHT RUNNERS GLIWICE	M-40	00:01:08	00:25:30	00:49:38	01:15:03
116	WOJAKOWSKI Krzysztof	325	K&K RUN	M-40	00:01:04	00:25:54	00:49:45	01:15:09
117	KUCZMA Jarosław	432		M-40	00:01:02	00:25:30	00:49:52	01:15:13
118	KRZESIAK Michał	372		M-40	00:00:40	00:24:54	00:49:15	01:15:17

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
119	FAŁEK Krzysztof	804	ŁAMIGNATY	M-40	00:01:15	00:26:09	00:49:37	01:15:17
120	RENKE Piotr	631	EWA BUGDOŁ TEAM	M-40	00:00:36	00:23:49	00:48:13	01:15:21
121	PRZYBYLSKI Mariusz	146	PGB SPORTOWA PACZKA	M-40	00:00:48	00:25:18	00:49:46	01:15:25
122	WYSOCKI Tomasz	322	OCHAJORUN & FRIENDS	M-40	00:01:10	00:25:21	00:49:38	01:15:30
123	MARYNIAK Piotr	730	MIECHOWICKA GRUPA BIEGOWA	M-40	00:01:48	00:25:27	00:50:02	01:15:32
124	MICHALSKI Bartosz	694	ABM	M-40	00:01:28	00:25:08	00:50:04	01:15:35
125	DOBOSZ Daniel	1042		M-40	00:01:01	00:23:58	00:48:10	01:15:40
126	DZIAŁKOWSKI Adam	377	4ACTIVE TEAM	M-40	00:00:35	00:24:29	00:48:16	01:15:59
127	HASA Adam	1129	SZTAFETA NA WOŚP	M-40	00:01:13	00:25:11	00:49:22	01:16:13
128	BUDZIŃSKI Krzysztof	1006	SCUBA DIVE	M-40	00:01:56	00:25:52	00:50:39	01:16:14
129	GOLEC Przemysław	1139		M-40	00:01:58	00:25:51	00:49:59	01:16:18
130	JAMRÓZ Wojciech	1174	KW GLIWICE	M-40	00:00:39	00:25:21	00:50:04	01:16:24
131	KWAPIEŃ Paweł	1183		M-40	00:00:08	00:25:17	00:50:19	01:16:46
132	WILSZ Adam	92	FIS-SST TEAM	M-40	00:00:55	00:25:58	00:50:55	01:16:49
133	ZDZIEBKO Artur	44		M-40	00:00:58	00:26:06	00:50:58	01:16:51
134	PATRZYK Jacek	1114		M-40	00:01:03	00:25:46	00:50:48	01:16:52
135	KALITA Artur	535	ANTONTEAM	M-40	00:00:07	00:26:17	00:51:55	01:16:55
136	BORC Jacek	73		M-40	00:01:10	00:25:47	00:50:35	01:16:57
137	GRAMATYKA Paweł	585		M-40	00:01:18	00:25:49	00:50:40	01:17:00
138	WELM Grzegorz	506	ZABIEGANI CZĘSTOCHOWA	M-40	00:01:40	00:26:10	00:51:18	01:17:00
139	DYMNICKI Andrzej	75	OCHAJORUN&FRIENDS	M-40	00:01:13	00:25:46	00:51:06	01:17:02
140	BEŁKOT Akradiusz	1214		M-40	00:01:11	00:25:38	00:50:43	01:17:04
141	POPIEL Artur	51		M-40	00:01:07	00:25:43	00:50:48	01:17:08
142	BORSUK Mirosław	330	PACEMAKER	M-40	00:00:58	00:25:50	00:50:52	01:17:16
143	LEWANDOWSKI Henry	728		M-40	00:01:02	00:26:00	00:50:56	01:17:16
144	PAWIŃSKI Wojciech	165		M-40	00:01:01	00:26:20	00:51:24	01:17:17
145	MIERZWA Adam	261		M-40	00:00:35	00:25:47	00:50:44	01:17:21
146	KOZŁOWSKI Zbigniew	314	OFIARY KAMIEŃCA	M-40	00:00:56	00:25:58	00:50:43	01:17:24
147	DEWOR Marek	418	OPEL ACTIVE TEAM	M-40	00:01:18	00:26:30	00:51:29	01:17:24
148	ZAPOTOCZNY Przemek	358		M-40	00:01:32	00:26:18	00:51:18	01:17:28
149	DADAŚ Janusz	11		M-40	00:00:41	00:25:34	00:51:00	01:17:39
150	STRASZAK Marek	732	KGB	M-40	00:01:23	00:25:39	00:50:45	01:17:43
151	MORDARSKI Artur	924		M-40	00:00:52	00:26:20	00:51:15	01:17:48
152	SZOŁTYSEK Piotr	308		M-40	00:01:01	00:26:25	00:51:23	01:18:02
153	MICHALAK Grzegorz	666	TOTALNY AMATOR	M-40	00:00:12	00:25:27	00:50:54	01:18:05
154	KRAKOWCZYK Adam	120	SBRT	M-40	00:01:03	00:25:55	00:51:06	01:18:18
155	SIKORA Marek	865	W POGONI ZA DUCHEM	M-40	00:00:50	00:26:14	00:51:53	01:18:22
156	GRUSZKA Michal	374	KUŹNIA TRIATHLONU	M-40	00:00:32	00:25:41	00:51:34	01:18:23
157	UCHNAST Sebastian	679	KUŹNIA TRIATHLONU	M-40	00:00:33	00:25:40	00:51:32	01:18:23
158	DOROS Adam	254		M-40	00:00:59	00:26:10	00:51:42	01:18:24
159	ZAMOJSKI Bartek	829	MIECHOWICKA GRUPA BIEGOWA	M-40	00:01:39	00:25:50	00:51:29	01:18:31
160	KLYTA Wojciech	1185		M-40	00:01:53	00:25:57	00:51:42	01:18:36
161	BUCHAL Grzegorz	1099		M-40	00:00:18	00:25:48	00:51:26	01:18:46
162	SULIN Marek	1015	SPARTANIE DZIECIOM	M-40	00:00:44	00:26:30	00:51:52	01:18:46
163	BROM Tomasz	629		M-40	00:01:33	00:27:00	00:52:35	01:18:55

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
164	ZELMANOWICZ Jacek	932	ANTONTEAM	M-40	00:00:06	00:26:18	00:52:03	01:18:59
165	PRUSKO Adrian	685		M-40	00:01:22	00:26:35	00:52:22	01:19:13
166	POPIELA Mirosław	1188	FITBULL	M-40	00:00:07	00:24:46	00:50:37	01:19:18
167	ODOSZEWSKI Roman	454	OASIS SPORT TEAM	M-40	00:01:27	00:26:35	00:52:20	01:19:19
168	RZESZOWSKI Arkadiusz	1101	EKOOKNA RUNNERS	M-40	00:00:45	00:26:38	00:52:24	01:19:20
169	GIERAS Mirosław	1019		M-40	00:00:10	00:26:20	00:52:15	01:19:23
170	PIWOWAR Grzegorz	841	EASY RUN	M-40	00:01:11	00:26:32	00:52:21	01:19:24
171	KOWALCZYK Józef	1198		M-40	00:00:55	00:26:01	00:51:52	01:19:38
172	CZAPLA Arkadiusz	498		M-40	00:02:09	00:26:58	00:51:43	01:19:38
173	CYRAN Adam	1048	PF	M-40	00:00:28	00:26:48	00:52:50	01:19:47
174	JĘDRYKA Piotr	1157	TENNECO AUTOMOTIVE EASTERN EUROPE	M-40	00:00:27	00:25:06	00:51:06	01:19:49
175	SIUDYGA Tomasz	1022		M-40	00:00:05	00:26:48	00:52:50	01:19:56
176	MIZERA Robert	81		M-40	00:01:31	00:27:14	00:53:03	01:19:58
177	SZYMCZYSZYN Jerzy	1004	SCUBA DIVE	M-40	00:01:56	00:27:07	00:53:21	01:20:07
178	MILER Ireneusz	369		M-40	00:01:44	00:27:00	00:52:45	01:20:08
179	CIMAŁA Rafał	652	ISTA BIEGAMY	M-40	00:01:39	00:27:07	00:53:14	01:20:12
180	STACHOWSKI Wojciech	142		M-40	00:00:14	00:26:27	00:52:41	01:20:13
181	ROZWADOWSKI Dariusz	1060		M-40	00:01:14	00:26:42	00:53:01	01:20:14
182	JEGLA Sebastian	439	4T SP. Z O.O.	M-40	00:00:53	00:26:19	00:52:38	01:20:25
183	KORCZAK Krzysztoff	1088		M-40	00:01:47	00:27:15	00:53:28	01:20:29
184	PINKAWA Olgierd	1073		M-40	00:00:27	00:26:49	00:52:51	01:20:31
185	KOWALCZYK Grzegorz	159	BIEGAJ Z TRENERAMI	M-40	00:01:07	00:26:34	00:52:44	01:20:48
186	WĄSOWSKI Marek	939	MAXIMUS	M-40	00:01:12	00:27:08	00:53:21	01:20:57
187	SZULC Michał	336	4M	M-40	00:01:01	00:27:18	00:53:50	01:21:16
188	POLAK Krzysztof	133	OPEL ACTIVE TEAM	M-40	00:01:06	00:28:06	00:54:42	01:21:36
189	WIECZORKE Marcin	553		M-40	00:00:37	00:25:54	00:52:19	01:21:37
190	SIKORA Grzegorz	420		M-40	00:01:47	00:27:43	00:53:09	01:21:37
191	OLESIŃSKI Tomasz	299		M-40	00:00:11	00:27:38	00:54:04	01:21:51
192	SMUDA Andrzej	157	AKMB PĘDZIWIATR GLIWICE	M-40	00:01:25	00:27:14	00:53:45	01:21:52
193	RADUCKI Andrzej	1001	WIELUŃ BIEGA	M-40	00:00:50	00:28:20	00:54:51	01:21:58
194	LINEK Mariusz	1180		M-40	00:00:29	00:27:07	00:53:48	01:21:59
195	BIELECKI Adam	576	CHÂTEAU CHALIN	M-40	00:01:01	00:26:56	00:53:49	01:22:03
196	KOWALCZYK Robert	664	ISTA BIEGAMY	M-40	00:01:35	00:27:11	00:53:20	01:22:06
197	ŁOSIK Konrad	2405		M-40	00:01:59	00:26:40	00:53:18	01:22:14
198	CYBA Marek	129		M-40	00:01:42	00:27:43	00:54:17	01:22:34
199	STALICA Wojciech	984	IZOERG	M-40	00:01:16	00:28:07	00:54:30	01:22:39
200	MARKIEWICZ Rafał	1134		M-40	00:00:18	00:27:26	00:54:06	01:22:56
201	KOŁODZIEJ Jacek	890	NIGHT RUNNERS GLIWICE	M-40	00:01:09	00:28:00	00:55:01	01:23:19
202	PŁONKA Krzysztof	621		M-40	00:01:29	00:27:57	00:55:05	01:23:25
203	PATRYARCHA Piotr	851		M-40	00:01:54	00:28:07	00:55:05	01:23:27
204	CZERNEK Marek	549	BIEGAJ Z TRENERAMI	M-40	00:01:42	00:28:10	00:55:23	01:23:29
205	ĆWIOK Marek	426	TUV RHEINLAND	M-40	00:00:55	00:27:26	00:55:00	01:23:36
206	WOŹNIAK Marek	337		M-40	00:01:17	00:28:08	00:55:12	01:23:41
207	KOZACZKA Włodzimierz	192	BB EL-PROJEKT TEAM	M-40	00:01:22	00:28:00	00:55:18	01:23:43
208	BIAŁAS Krzysztof	797	ŁAMIGNATY	M-40	00:01:15	00:28:51	00:56:22	01:24:07

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
209	URBAŃSKI Marek	1021	WORK4	M-40	00:01:12	00:27:48	00:55:25	01:24:15
210	ZEMŁA Piotr	267		M-40	00:00:56	00:27:55	00:55:52	01:24:26
211	SZCZECH Krzysztof	742		M-40	00:01:14	00:28:03	00:55:24	01:24:28
212	MASIAREK Mariusz	327	DRUŻYNA MOJACUKRZYCA.PL	M-40	00:01:11	00:28:13	00:55:45	01:24:30
213	JAKUBIAK Arkadiusz	12	OPEL ACTIVE TEAM	M-40	00:01:19	00:28:10	00:55:43	01:24:55
214	KRAKOWSKI Jacek	1121	IPA II KATOWICE	M-40	00:01:45	00:28:11	00:55:53	01:24:55
215	ORŁOWSKI Daniel	838	BESTWHISKYMARKET.COM	M-40	00:01:25	00:28:20	00:55:59	01:24:59
216	SZAFRUGA Michał	499	W POGONI ZA DUCHEM	M-40	00:01:49	00:28:13	00:55:29	01:25:08
217	ŁUBKOWSKI Robert	1100		M-40	00:01:49	00:28:58	00:56:31	01:25:16
218	KONOPKA Marek	228		M-40	00:00:35	00:27:45	00:55:22	01:25:17
219	BRZEŹNIAK Krzysztof	1152	TENNECO AUTOMOTIVE EASTERN EUROPE	M-40	00:02:32	00:28:26	00:56:18	01:25:29
220	MRÓZ Adrian	647	TS IRON MAN GOGOLIN	M-40	00:01:20	00:28:07	00:55:41	01:25:37
221	BAK-CESARZ Damian	596		M-40	00:01:13	00:28:47	00:56:36	01:25:39
222	WIECZOREK Tomasz	807		M-40	00:01:38	00:28:00	00:55:46	01:25:39
223	KUCHNO Marcin	978	TAKENAKA	M-40	00:01:38	00:29:03	00:57:17	01:25:41
224	MAZUR Sławek	408	INIEMASLABYCH.PL	M-40	00:01:19	00:28:46	00:56:38	01:25:45
225	WÓJCIK Rafał	824		M-40	00:01:19	00:28:34	00:56:46	01:25:59
226	ZEGARTOWSKI Grzegorz	649	EZUNIVERSE	M-40	00:02:13	00:29:30	00:57:18	01:26:01
227	GAJDA Marek	689		M-40	00:01:34	00:28:54	00:57:24	01:27:41
228	KAPIAS Krystian	166		M-40	00:00:53	00:27:28	00:55:34	01:27:51
229	DZIOBEK Jacek	816		M-40	00:00:13	00:28:39	00:56:18	01:28:07
230	HERLICZKA Tomasz	714		M-40	00:01:31	00:29:15	00:57:54	01:28:10
231	BOBKOWSKI Maciej	46	PYSKOWICKIE KROKUSY	M-40	00:00:19	00:28:38	00:57:36	01:28:20
232	ZGÓRSKI Grzegorz	830	SBRT GLIWICE	M-40	00:01:39	00:28:59	00:57:54	01:28:57
233	PIETRAS Marcin	931		M-40	00:01:33	00:29:07	00:58:15	01:29:37
234	JANAS Piotr	700	NIGHT RUNNERS	M-40	00:00:29	00:29:07	00:58:13	01:29:52
235	JARASZ Aleksander	449	NIGHT RUNNERS ZABRZE	M-40	00:01:37	00:29:59	00:59:00	01:29:54
236	SZELUGA Jerzy	555		M-40	00:01:37	00:30:00	00:59:05	01:29:55
237	CZAJKA Edward	122	NIGHT RUNNERS ZABRZE	M-40	00:01:35	00:30:02	00:59:04	01:29:56
238	KOWALCZYK Owidiusz	104	RADIO WROCŁAW	M-40	00:00:18	00:30:07	00:59:17	01:30:01
239	MULEWSKI Bogdan	181		M-40	00:01:11	00:30:25	00:59:27	01:30:19
240	KURIATA Janek	1000	GRYF KIETRZ	M-40	00:02:21	00:28:28	00:58:08	01:30:34
241	BUFNAL Krzysztof	219		M-40	00:01:17	00:28:55	00:59:13	01:30:47
242	STYGIENKO Daniel	813		M-40	00:01:45	00:30:27	00:59:57	01:30:48
243	POLEWKA Tomasz	988	UKS KOMETA GLIWICE	M-40	00:00:03	00:30:03	00:59:39	01:31:00
244	KRUSZYŃSKI Marcin	388	STADO PĘDZĄCYCH IMADEŁ	M-40	00:00:18	00:28:18	00:57:22	01:31:11
245	CHOJOWSKI Oskar	470		M-40	00:01:18	00:30:00	00:59:51	01:32:01
246	MAREK Robert	447	MUSTANGI GLIWICE	M-40	00:01:35	00:30:09	01:00:37	01:32:47
247	KAWECKI Dariusz	1072	ETISOFT RUNNING TEAM	M-40	00:01:23	00:31:26	01:02:36	01:34:55
248	KASPEREK Ireneusz	136	FIS-SST	M-40	00:02:10	00:31:51	01:03:10	01:36:17
249	STEINHOFF Adam	213	WIKTOR TEAM	M-40	00:01:56	00:31:19	01:02:25	01:37:54
250	SAMULEWICZ Marcin	201		M-40	00:01:54	00:30:43	01:02:18	01:37:58
251	WIEDERMANN Krzysztof	925	PEDRAFORCA	M-40	00:03:04	00:32:16	01:04:34	01:38:54
	MALCZYK Janusz	933	GOPR BESKIDY	M-40	DNF	00:33:20 DNF	01:04:45 DNF	01:39:04 DNF
253	CZAPEK Marek	467	NIGHT RUNNERS GLIWICE	M-40	00:02:36	00:32:37	01:04:32	01:39:24

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	5_km 5km	10_km 10km	15_km 15km
254	ADAMOWSKI Jacek	745	NIGHT RUNNERS GLIWICE	M-40	00:02:03	00:33:16	01:05:44	01:39:53
255	FRĄC Dariusz	34	PACEMAKER	M-40	00:02:02	00:33:21	01:05:47	01:39:57
256	PIETRZAK Maciej	149		M-40	00:01:45	00:31:58	01:04:57	01:41:25
257	DOMAŃSKI Marcin	52		M-40	00:01:44	00:31:58	01:04:57	01:41:26
258	MIGDAŁ Grzegorz	116		M-40	00:02:21	00:33:18	01:06:48	01:41:50
259	WALKOWIAK Artur	951	MAFIA TEAM LUBLINIEC	M-40	00:00:00			
260	PALICZKA Tomasz	676		M-40	00:00:00			

Znaleziono 260 wynik(ów)