

IV PÓŁMARATON GLIWICKI

Wydarzenie: Półmaraton Gliwicki 2017
Organizator: Fundacja Bieg Rzeźnika
Data: 2017-10-22
Miejsce: Gliwice
Dystans: 21.1 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mieszkańcy Gliwic

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_km 5km	10_km 10km	15_km 15km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	**SZCZECIŃSKI Maciej**	**858**	INŻYNIERIA BIEGANIA	M-30	4	00:00:01	00:18:53	00:37:15	00:56:14	**01:18:32.35**	**01:18:34.15**		3:43	16.1 (100%)
2	**NOWICKI Michał**	**760**	SAKWA AGH/KW GLIWICE	M-20	7	00:00:02	00:18:55	00:37:26	00:56:49	**01:19:43.10**	**01:19:45.55**	+00:01:10 (1.5%)	3:46	15.9 (98.8%)
3	**ŚLIWIŃSKI Piotr**	**109**	OPEL ACTIVE TEAM	M-30	6	00:00:00	00:18:55	00:37:28	00:56:51	**01:20:16.05**	**01:20:17.00**	+00:01:43 (2.2%)	3:48	15.8 (98.1%)
4	**CHYBA Szymon**	**623**	KS KROTOSZ KROTOSZYN	M-30	11	00:00:02	00:19:26	00:38:20	00:58:14	**01:22:57.60**	**01:22:59.65**	+00:04:25 (5.3%)	3:55	15.3 (95.0%)
5	**NIESLON Marek**	**24**	AKMB PEDZIWIATR GLIWICE	M-30	12	00:00:02	00:19:13	00:38:35	00:58:51	**01:23:44.50**	**01:23:47.00**	+00:05:12 (6.2%)	3:58	15.1 (93.8%)
6	**DUŹNIAK Dominik**	**658**	STEP-DANCE RUN GLIWICE	M-30	14	00:00:01	00:19:19	00:38:49	00:59:32	**01:24:47.95**	**01:24:49.15**	+00:06:15 (7.4%)	4:01	14.9 (92.5%)
7	**URBASEK Łukasz**	**987**		M-30	16	00:00:05	00:20:52	00:40:48	01:01:29	**01:25:52.05**	**01:25:57.60**	+00:07:19 (8.5%)	4:04	14.7 (91.3%)
8	**ŻOŁĄDŹ Piotr**	**1147**		M-20	13	00:00:02	00:20:03	00:39:58	01:00:55	**01:26:11.45**	**01:26:13.45**	+00:07:39 (8.9%)	4:05	14.7 (91.3%)
9	**BUJALSKI Michał**	**916**		M-30	21	00:00:08	00:20:52	00:40:56	01:02:17	**01:27:45.45**	**01:27:53.50**	+00:09:13 (10.5%)	4:09	14.4 (89.4%)
10	**LEWICKI Tomasz**	**155**	AKMB PĘDZIWIATR GLIWICE	M-30	23	00:00:05	00:20:31	00:40:55	01:02:32	**01:28:57.90**	**01:29:03.25**	+00:10:25 (11.7%)	4:12	14.2 (88.2%)
11	**LASKOWSKI Tomasz**	**264**		M-30	24	00:00:04	00:20:13	00:39:55	01:01:22	**01:28:59.05**	**01:29:03.35**	+00:10:26 (11.7%)	4:13	14.2 (88.2%)
12	**WIECHUŁA Marcin**	**624**		M-30	27	00:00:06	00:20:10	00:40:57	01:02:51	**01:30:01.50**	**01:30:08.20**	+00:11:29 (12.8%)	4:16	14.1 (87.6%)
13	**OCHMAN Rafał**	**119**	OPEL ACTIVE TEAM	M-30	28	00:00:08	00:21:38	00:42:27	01:03:56	**01:30:09.85**	**01:30:18.60**	+00:11:37 (12.9%)	4:16	14 (87.0%)
14	**NOGAJ Janusz**	**1167**	OCHAJORUN & FRIENDS	M-40	12	00:00:13	00:21:35	00:42:37	01:04:41	**01:30:17.75**	**01:30:31.30**	+00:11:45 (13.0%)	4:16	14 (87.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_km 5km	10_km 10km	15_km 15km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
15	**PACZKA Michał**	**735**	RUNONLINE.PL TEAM	M-50	3	00:00:16	00:21:18	00:41:59	01:04:31	**01:30:19.05**	**01:30:35.60**	+00:11:46 (13.0%)	4:16	14 (87.0%)
16	**CZOSNOWSKI Tomasz**	**495**	OTK RZEŹNIK	M-30	32	00:00:07	00:21:41	00:42:36	01:04:46	**01:30:43.85**	**01:30:51.60**	+00:12:11 (13.4%)	4:18	14 (87.0%)
17	**KRĘŻOŁEK Daniel**	**767**		M-30	34	00:00:10	00:21:39	00:42:40	01:04:47	**01:30:58.65**	**01:31:08.65**	+00:12:26 (13.7%)	4:18	13.9 (86.3%)
18	**PODGÓRSKI Tomasz**	**641**		M-30	35	00:00:15	00:22:02	00:42:51	01:04:20	**01:31:44.60**	**01:31:59.80**	+00:13:12 (14.4%)	4:20	13.8 (85.7%)
19	**MADEJCZYK Tomasz**	**54**	MTM | IB TEAM	M-30	39	00:00:08	00:21:39	00:42:34	01:04:45	**01:32:31.45**	**01:32:40.00**	+00:13:59 (15.1%)	4:23	13.7 (85.1%)
20	**SZOLC Sebastian**	**151**		M-40	20	00:00:26	00:22:24	00:43:43	01:05:53	**01:33:03.30**	**01:33:30.20**	+00:14:30 (15.6%)	4:24	13.6 (84.5%)
21	**ORZECH Michał**	**662**		M-30	42	00:00:05	00:20:44	00:41:53	01:04:19	**01:33:06.95**	**01:33:12.25**	+00:14:34 (15.7%)	4:24	13.6 (84.5%)
22	**KAŁAMARZ Mariusz**	**111**	PRYZMAT SALON OPTYCZNY GLIWICE CH ARENA	M-40	23	00:00:14	00:21:38	00:42:48	01:05:48	**01:34:00.50**	**01:34:14.65**	+00:15:28 (16.5%)	4:27	13.5 (83.9%)
23	**GOŁĘBIOWSKI Bartek**	**786**	KS GOŁĘBNIK	M-40	24	00:00:15	00:22:02	00:43:57	01:06:28	**01:34:01.25**	**01:34:16.85**	+00:15:28 (16.5%)	4:27	13.5 (83.9%)
24	**PIENIĄŻEK Krzysztof**	**33**		M-40	25	00:00:22	00:22:29	00:44:18	01:06:55	**01:34:24.65**	**01:34:47.20**	+00:15:52 (16.8%)	4:28	13.4 (83.2%)
25	**WANIEWSKI Michał**	**773**		M-30	47	00:00:04	00:21:46		01:06:58	**01:34:26.20**	**01:34:31.00**	+00:15:53 (16.8%)	4:28	13.4 (83.2%)
26	**SKORUPKA Adam**	**306**		M-18	3	00:00:37	00:21:25	00:42:15	01:05:29	**01:34:28.15**	**01:35:05.35**	+00:15:55 (16.9%)	4:28	13.4 (83.2%)
27	**NAWRAT Piotr**	**578**		M-30	51	00:02:01	00:21:33	00:43:15	01:06:06	**01:34:38.10**	**01:36:39.45**	+00:16:05 (17.0%)	4:29	13.4 (83.2%)
28	**SCHAB Bartłomiej**	**14**		M-20	25	00:00:10	00:21:11	00:42:44	01:05:59	**01:34:39.35**	**01:34:50.15**	+00:16:07 (17.0%)	4:29	13.4 (83.2%)
29	**KUKUCZKA Mateusz**	**606**		M-30	53	00:00:08	00:21:40	00:42:49	01:06:08	**01:34:49.25**	**01:34:58.20**	+00:16:16 (17.2%)	4:29	13.3 (82.6%)
30	**NOWAK Mateusz**	**869**	PRZEBIEGA.PL	M-20	26	00:00:26	00:20:31	00:41:43	01:04:48	**01:34:52.80**	**01:35:19.10**	+00:16:20 (17.2%)	4:29	13.3 (82.6%)
31	**BORZĘCKI Damian**	**782**	JASTEF	M-30	54	00:01:07	00:22:35	00:44:11	01:06:40	**01:35:03.85**	**01:36:11.35**	+00:16:31 (17.4%)	4:30	13.3 (82.6%)
32	**WIECZOREK Dawid**	**541**	PSYCHONAUCI	M-30	58	00:00:24	00:22:00	00:43:39	01:06:54	**01:35:22.85**	**01:35:47.05**	+00:16:50 (17.7%)	4:31	13.3 (82.6%)
33	**CZAUDERNA Adrian**	**463**	OCHAJORUN & FRIENDS	M-40	30	00:00:50	00:22:47	00:44:16	01:07:06	**01:35:31.80**	**01:36:22.10**	+00:16:59 (17.8%)	4:31	13.3 (82.6%)
34	**JACHYM Arkadiusz**	**239**	SOCIOS GÓRNIK	M-30	62	00:00:55	00:22:27	00:44:37	01:07:50	**01:35:42.90**	**01:36:38.35**	+00:17:10 (17.9%)	4:32	13.2 (82.0%)
35	**BEZUSZKO Tomasz**	**193**	4. WOJSKOWY ODDZIAŁ GOSPODARCZY	M-40	32	00:00:05	00:21:51	00:43:54	01:07:11	**01:35:54.75**	**01:36:00.20**	+00:17:22 (18.1%)	4:32	13.2 (82.0%)
36	**KRAWCZYK Jarosław**	**1111**		M-40	33	00:01:22	00:24:28	00:46:28	01:09:13	**01:36:31.90**	**01:37:54.35**	+00:17:59 (18.6%)	4:34	13.1 (81.4%)
37	**KRAJEWSKI Michał**	**848**		M-30	67	00:00:33	00:23:39	00:45:59	01:08:48	**01:36:41.05**	**01:37:14.25**	+00:18:08 (18.8%)	4:34	13.1 (81.4%)

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38	**BAGAN Grzegorz**	**283**	GOGGLE PAE TEAM	M-40	34	00:00:37	00:23:30	00:46:08	01:08:45	**01:36:44.75**	**01:37:22.25**	+00:18:12 (18.8%)	4:35	13.1 (81.4%)
39	**BAŃBUŁA Grzegorz**	**27**		M-30	68	00:00:09	00:22:20	00:44:30	01:08:00	**01:36:45.75**	**01:36:55.65**	+00:18:13 (18.8%)	4:35	13.1 (81.4%)
40	**STASIAK Mirosław**	**203**	NIGHT RUNNERS GLIWICE	M-30	70	00:00:01	00:21:51	00:44:26	01:08:05	**01:36:59.75**	**01:37:01.70**	+00:18:27 (19.0%)	4:35	13.1 (81.4%)
41	**KUSEK Andrzej**	**1119**		M-40	36	00:00:23	00:23:44	00:46:02	01:09:18	**01:37:02.55**	**01:37:25.85**	+00:18:30 (19.1%)	4:35	13 (80.7%)
42	**WAWRZAK Ryszard**	**729**	NIGHT RUNNERS GLIWICE	M-40	39	00:00:23	00:22:34	00:44:56	01:08:29	**01:37:13.80**	**01:37:36.95**	+00:18:41 (19.2%)	4:36	13 (80.7%)
43	**STAŃCZAK Grzegorz**	**910**		M-30	71	00:00:11	00:22:54	00:45:27	01:09:02	**01:37:15.35**	**01:37:27.25**	+00:18:43 (19.2%)	4:36	13 (80.7%)
44	**BEHRENDT Jakub**	**124**	LECE BO CHCE	M-40	40	00:00:14	00:22:30	00:44:47	01:08:13	**01:37:17.25**	**01:37:31.75**	+00:18:44 (19.3%)	4:36	13 (80.7%)
45	**GOLDA Piotr**	**739**		M-40	42	00:01:58	00:25:26	00:47:48	01:10:28	**01:37:29.55**	**01:39:27.60**	+00:18:57 (19.4%)	4:37	13 (80.7%)
46	**CHMURKO Michał**	**190**	STAMINA TEAM	M-30	73	00:01:58	00:22:54	00:45:33	01:09:15	**01:37:32.95**	**01:39:31.70**	+00:19:00 (19.5%)	4:37	13 (80.7%)
47	**PISINGAS Mariusz**	**774**	SEKCJA BIEGOWA FAMILIA	M-30	76	00:00:24	00:23:55	00:46:24	01:09:47	**01:37:52.20**	**01:38:16.75**	+00:19:19 (19.8%)	4:38	12.9 (80.1%)
48	**BRODEK Andrzej**	**173**		M-40	45	00:00:06	00:21:59	00:44:19	01:08:14	**01:37:52.30**	**01:37:58.70**	+00:19:19 (19.8%)	4:38	12.9 (80.1%)
49	**KOCHUIEVSKYI Oleksandr**	**640**		M-20	35	00:01:50	00:23:47	00:46:44	01:11:00	**01:38:02.65**	**01:39:53.35**	+00:19:30 (19.9%)	4:38	12.9 (80.1%)
50	**BORSIAK Sebastian**	**107**	TATA DWÓCH SYNKÓW	M-30	77	00:00:10	00:22:05	00:44:11	01:07:51	**01:38:03.10**	**01:38:13.55**	+00:19:30 (19.9%)	4:38	12.9 (80.1%)
51	**PYZIK Tomasz**	**966**	DRUŻYNA MOJACUKRZYCA.PL	M-40	47	00:00:04	00:22:06	00:44:33	01:08:17	**01:38:16.70**	**01:38:21.60**	+00:19:44 (20.1%)	4:39	12.9 (80.1%)
52	**NIESLER Michał**	**868**		M-30	82	00:00:37	00:23:37	00:46:19	01:09:51	**01:38:23.95**	**01:39:01.55**	+00:19:51 (20.2%)	4:39	12.9 (80.1%)
53	**KĘDZIERSKI Alfred**	**1047**		M-50	9	00:00:54	00:22:28	00:45:07	01:09:20	**01:38:26.65**	**01:39:21.05**	+00:19:54 (20.2%)	4:39	12.9 (80.1%)
54	**RYŃSKI Robert**	**457**		M-30	84	00:00:12	00:23:11	00:45:42	01:09:44	**01:38:32.00**	**01:38:44.00**	+00:19:59 (20.3%)	4:40	12.8 (79.5%)
55	**SITKO Mateusz**	**273**		M-30	88	00:00:58	00:23:37	00:45:52	01:09:23	**01:38:47.45**	**01:39:45.50**	+00:20:15 (20.5%)	4:40	12.8 (79.5%)
56	**GRZESIKIEWICZ Mariusz**	**316**		M-30	89	00:00:33	00:23:49	00:46:44	01:10:58	**01:38:48.20**	**01:39:22.15**	+00:20:15 (20.5%)	4:40	12.8 (79.5%)
57	**LESZCZYŃSKI Mariusz**	**271**		M-40	51	00:01:07	00:23:54	00:46:38	01:10:32	**01:38:51.45**	**01:39:59.40**	+00:20:19 (20.6%)	4:41	12.8 (79.5%)
58	**JEZUSEK Piotr**	**321**		M-30	93	00:00:23	00:24:16	00:46:55	01:11:02	**01:38:59.15**	**01:39:22.95**	+00:20:26 (20.7%)	4:41	12.8 (79.5%)
59	**HADZIK Rafal**	**32**		M-30	94	00:00:10	00:23:24	00:46:33	01:10:19	**01:39:08.00**	**01:39:18.75**	+00:20:35 (20.8%)	4:41	12.8 (79.5%)
60	**DZIECIĄTKOWSKI Jarosław**	**31**	OPEL ACTIVE TEAM	M-40	54	00:00:35	00:22:59	00:45:56	01:09:59	**01:39:14.65**	**01:39:50.10**	+00:20:42 (20.9%)	4:42	12.8 (79.5%)

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61	**NOWAK Adam**	**956**	TAB2	M-40	56	00:00:39	00:23:11	00:45:10	01:08:59	**01:39:19.15**	**01:39:58.25**	+00:20:46 (20.9%)	4:42	12.7 (78.9%)
62	**KĘDZIOR Łukasz**	**894**	HOLBOX RUNNERS	M-30	98	00:00:09	00:21:43	00:43:55	01:08:06	**01:39:30.30**	**01:39:39.65**	+00:20:57 (21.1%)	4:42	12.7 (78.9%)
63	**CZARNOZYNSKI Aleksander**	**628**	GTT INTERPROJEKT	M-50	12	00:00:04	00:23:39	00:46:38	01:10:40	**01:39:37.55**	**01:39:42.25**	+00:21:05 (21.2%)	4:43	12.7 (78.9%)
64	**CZAJKA Roman**	**131**		M-40	59	00:00:25	00:23:52	00:46:45	01:11:01	**01:39:37.65**	**01:40:02.75**	+00:21:05 (21.2%)	4:43	12.7 (78.9%)
65	**SUTKOWSKI Jan**	**803**	OPINION SP. Z O.O.	M-30	100	00:00:49	00:23:41	00:46:23	01:10:38	**01:39:43.85**	**01:40:33.30**	+00:21:11 (21.2%)	4:43	12.7 (78.9%)
66	**FRANKIEWICZ Artur**	**687**		M-30	103	00:00:50	00:23:33	00:46:31	01:10:43	**01:40:00.65**	**01:40:50.65**	+00:21:28 (21.5%)	4:44	12.7 (78.9%)
67	**UJMA Michał**	**383**		M-30	108	00:00:32	00:23:45	00:46:39	01:10:59	**01:40:12.70**	**01:40:44.75**	+00:21:40 (21.6%)	4:44	12.6 (78.3%)
68	**KWAŚNIEWSKI Dominik**	**466**		M-30	110	00:01:22	00:24:39	00:47:32	01:11:16	**01:40:27.45**	**01:41:49.80**	+00:21:55 (21.8%)	4:45	12.6 (78.3%)
69	**NOWAK Mariusz**	**530**	HIRSCHVOGEL	M-40	72	00:00:47	00:24:10	00:47:26	01:11:50	**01:40:31.90**	**01:41:19.30**	+00:21:59 (21.9%)	4:45	12.6 (78.3%)
70	**GAWELKO Janusz**	**693**		M-50	18	00:00:43	00:24:23	00:47:51	01:12:09	**01:40:38.75**	**01:41:22.40**	+00:22:06 (22.0%)	4:46	12.6 (78.3%)
71	**JODEŁŁO Piotr**	**348**		M-30	113	00:00:19	00:24:08	00:46:57	01:11:05	**01:40:44.45**	**01:41:03.50**	+00:22:12 (22.0%)	4:46	12.6 (78.3%)
72	**CHOMIK Rafał**	**1026**	T2 TEAM / WAY 2 CHAMP	M-40	78	00:00:28	00:23:35	00:47:09	01:12:12	**01:41:12.40**	**01:41:40.60**	+00:22:40 (22.4%)	4:47	12.5 (77.6%)
73	**NITARSKI Patryk**	**1108**		M-30	119	00:00:11	00:23:55	00:47:09	01:11:23	**01:41:27.35**	**01:41:38.35**	+00:22:55 (22.6%)	4:48	12.5 (77.6%)
74	**MAZUR Krzysztof**	**637**	NOWA GLIWICE	M-40	80	00:00:51	00:23:33	00:46:11	01:10:29	**01:41:31.95**	**01:42:23.05**	+00:22:59 (22.6%)	4:48	12.5 (77.6%)
75	**PIETRZAK Dariusz**	**1143**		M-30	121	00:00:21	00:22:33	00:45:15	01:09:56	**01:41:33.05**	**01:41:54.45**	+00:23:00 (22.7%)	4:48	12.5 (77.6%)
76	**KLAPUCH Michał**	**1165**		M-30	122	00:00:38	00:23:56	00:47:18	01:11:58	**01:41:33.25**	**01:42:11.35**	+00:23:00 (22.7%)	4:48	12.5 (77.6%)
77	**GIERADA Grzegorz**	**1068**		M-20	48	00:00:41	00:24:17	00:47:51	01:12:11	**01:41:41.95**	**01:42:23.85**	+00:23:09 (22.8%)	4:49	12.4 (77.0%)
78	**WASKI Łukasz**	**715**		M-30	125	00:01:13	00:25:30	00:49:10	01:13:23	**01:41:58.10**	**01:43:11.20**	+00:23:25 (23.0%)	4:49	12.4 (77.0%)
79	**BATKO Janusz**	**1080**		M-40	84	00:00:56	00:23:54	00:47:20	01:12:04	**01:42:08.20**	**01:43:04.20**	+00:23:35 (23.1%)	4:50	12.4 (77.0%)
80	**ŁĘCKI Piotr**	**158**		M-30	128	00:00:40	00:23:39	00:47:12	01:12:08	**01:42:16.00**	**01:42:56.25**	+00:23:43 (23.2%)	4:50	12.4 (77.0%)
81	**KLIMALA Jacek**	**1008**		M-40	88	00:00:11	00:22:38	00:45:40	01:10:51	**01:42:40.50**	**01:42:51.95**	+00:24:08 (23.5%)	4:51	12.3 (76.4%)
82	**MALEC Arkadiusz**	**472**		M-30	131	00:00:55	00:23:12	00:46:34	01:11:47	**01:42:48.45**	**01:43:44.25**	+00:24:16 (23.6%)	4:52	12.3 (76.4%)
83	**GRONDECKI Grzegorz**	**153**	BIEGAMY Z SERCEM.PL	M-40	92	00:00:24	00:24:10	00:47:33	01:12:27	**01:43:22.45**	**01:43:46.70**	+00:24:50 (24.0%)	4:53	12.2 (75.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_km 5km	10_km 10km	15_km 15km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
84	**TYCZYŃSKI Ryszard**	**361**	FIGHT CLUB KNURÓW/COMBAT 56	M-30	133	00:00:30	00:24:08	00:47:26	01:12:23	**01:43:23.65**	**01:43:54.00**	+00:24:51 (24.0%)	4:54	12.2 (75.8%)
85	**GANSZCZYK Rafał**	**130**	OPEL ACTIVE TEAM	M-30	135	00:00:42	00:24:24	00:48:03	01:12:48	**01:43:29.70**	**01:44:12.40**	+00:24:57 (24.1%)	4:54	12.2 (75.8%)
86	**KACZKIEWICZ Damian**	**411**	NIGHT RUNNERS GLIWICE	M-40	95	00:00:59	00:25:02	00:48:55	01:13:56	**01:43:31.75**	**01:44:31.05**	+00:24:59 (24.1%)	4:54	12.2 (75.8%)
87	**ZIELONKA Tomasz**	**169**		M-20	54	00:00:37	00:23:25	00:46:24	01:11:53	**01:43:33.00**	**01:44:10.80**	+00:25:00 (24.2%)	4:54	12.2 (75.8%)
88	**BUCZYŃSKI Radosław**	**1149**	NIGHT RUNNERS GLIWICE	M-30	139	00:01:07	00:24:44	00:48:29	01:13:29	**01:43:46.65**	**01:44:54.45**	+00:25:14 (24.3%)	4:55	12.2 (75.8%)
89	**PANZ Krzysztof**	**672**		M-30	140	00:00:50	00:23:33	00:47:14	01:12:35	**01:43:48.60**	**01:44:39.30**	+00:25:16 (24.3%)	4:55	12.2 (75.8%)
90	**SZUŚCIK Piotr**	**147**	OPEL ACTIVE TEAM	M-50	21	00:01:39	00:25:44	00:49:35	01:14:10	**01:43:51.90**	**01:45:30.95**	+00:25:19 (24.4%)	4:55	12.2 (75.8%)
91	**STOLARCZYK Robert**	**55**	NIGHT RUNNERS GLIWICE	M-40	96	00:00:45	00:25:01	00:49:08	01:14:04	**01:43:54.55**	**01:44:39.90**	+00:25:22 (24.4%)	4:55	12.2 (75.8%)
92	**SOWA Andrzej**	**695**		M-30	142	00:01:13	00:24:34	00:48:24	01:13:22	**01:43:59.35**	**01:45:13.15**	+00:25:27 (24.5%)	4:55	12.2 (75.8%)
93	**KWIATKOWSKI Grzegorz**	**1141**		M-40	98	00:01:16	00:24:40	00:47:59	01:13:38	**01:44:10.05**	**01:45:26.20**	+00:25:37 (24.6%)	4:56	12.2 (75.8%)
94	**SOŚNIAK Tomasz**	**441**	KUDŁATY ART ACTIVE TEAM	M-30	145	00:00:08	00:24:34	00:48:25	01:13:38	**01:44:20.50**	**01:44:28.60**	+00:25:48 (24.7%)	4:56	12.1 (75.2%)
95	**ZDANIEWICZ Radosław**	**625**	PSYCHONAUCI	M-30	146	00:01:04	00:25:22	00:49:19	01:14:12	**01:44:29.60**	**01:45:34.05**	+00:25:57 (24.8%)	4:57	12.1 (75.2%)
96	**NOWAKOWSKI Dominik**	**1178**		Mieszkańcy Gliwic	1	00:00:36	00:24:07	00:48:49	01:14:34	**01:44:33.95**	**01:45:10.20**	+00:26:01 (24.9%)	4:57	12.1 (75.2%)
97	**TUREK Maciej**	**251**		M-40	102	00:00:13	00:24:01	00:48:19	01:14:18	**01:44:34.65**	**01:44:48.30**	+00:26:02 (24.9%)	4:57	12.1 (75.2%)
98	**RUTKOWSKI Michał**	**40**		M-30	150	00:00:07	00:24:26	00:48:40	01:13:38	**01:44:50.25**	**01:44:57.25**	+00:26:17 (25.1%)	4:58	12.1 (75.2%)
99	**KUCZMA Jarosław**	**432**		M-40	106	00:01:02	00:25:30	00:49:52	01:15:13	**01:45:02.25**	**01:46:04.70**	+00:26:29 (25.2%)	4:58	12.1 (75.2%)
100	**RUTKOWSKI Bartłomiej**	**134**		M-30	152	00:00:07	00:24:26	00:48:40	01:13:38	**01:45:02.45**	**01:45:09.80**	+00:26:30 (25.2%)	4:58	12.1 (75.2%)
101	**CHWALISZEWSKI Jarosław**	**59**	NIGHT RUNNERS GLIWICE	M-40	108	00:01:08	00:25:30	00:49:38	01:15:03	**01:45:08.60**	**01:46:17.05**	+00:26:36 (25.3%)	4:59	12 (74.5%)
102	**PACUŁA Piotr**	**126**	OPEL ACTIVE TEAM	M-50	26	00:00:01	00:24:18	00:48:43	01:14:23	**01:45:12.00**	**01:45:13.05**	+00:26:39 (25.3%)	4:59	12 (74.5%)
103	**WIKTORCZYK Przemysław**	**249**		M-30	157	00:00:02	00:23:40	00:47:50	01:13:35	**01:45:35.50**	**01:45:38.30**	+00:27:03 (25.6%)	5:00	12 (74.5%)
104	**WIORA Łukasz**	**594**		M-30	159	00:00:43	00:24:45	00:49:23	01:15:17	**01:45:41.25**	**01:46:25.00**	+00:27:08 (25.7%)	5:00	12 (74.5%)
105	**NOWAKOWSKI Jarek**	**806**	TRI DIVISION FOR GOSIA	M-40	112	00:00:25	00:25:13	00:49:16	01:14:51	**01:45:46.70**	**01:46:12.35**	+00:27:14 (25.8%)	5:00	12 (74.5%)
106	**TKOCZ Rafał**	**366**		M-30	162	00:00:16	00:24:09	00:48:32	01:14:31	**01:46:03.45**	**01:46:19.75**	+00:27:31 (25.9%)	5:01	11.9 (73.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_km 5km	10_km 10km	15_km 15km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
107	**SROCZYŃSKI Dariusz**	**810**		M-30	164	00:01:01	00:25:43	00:50:14	01:15:33	**01:46:06.40**	**01:47:07.75**	+00:27:34 (26.0%)	5:01	11.9 (73.9%)
108	**PRZYBYLSKI Mariusz**	**146**	PGB SPORTOWA PACZKA	M-40	115	00:00:48	00:25:18	00:49:46	01:15:25	**01:46:08.15**	**01:46:56.50**	+00:27:35 (26.0%)	5:01	11.9 (73.9%)
109	**ŻOŁNOWSKI Piotr**	**304**		M-30	165	00:00:55	00:24:52	00:49:00	01:14:22	**01:46:12.05**	**01:47:07.40**	+00:27:39 (26.0%)	5:01	11.9 (73.9%)
110	**STAŚKO Marcin**	**375**		M-30	166	00:00:18	00:25:03	00:49:17	01:14:25	**01:46:18.60**	**01:46:37.55**	+00:27:46 (26.1%)	5:02	11.9 (73.9%)
111	**GÓRKA Szymon**	**60**		M-30	167	00:00:55	00:24:37	00:48:20	01:13:45	**01:46:20.00**	**01:47:15.75**	+00:27:47 (26.1%)	5:02	11.9 (73.9%)
112	**JAROSZ Maciej**	**1201**		M-40	118	00:00:57	00:25:04	00:49:19	01:14:49	**01:46:35.65**	**01:47:32.85**	+00:28:03 (26.3%)	5:03	11.9 (73.9%)
113	**PTASZNIK Jacek**	**1131**		M-40	121	00:00:40	00:23:48	00:47:13	01:12:24	**01:47:00.10**	**01:47:41.05**	+00:28:27 (26.6%)	5:04	11.8 (73.3%)
114	**PIETRZAK Marcin**	**93**		M-40	123	00:00:46	00:24:26	00:48:42	01:14:19	**01:47:04.20**	**01:47:51.00**	+00:28:31 (26.6%)	5:04	11.8 (73.3%)
115	**TOMCZAK Mariusz**	**179**	GWARDZIŚCI	M-30	175	00:00:50	00:26:09	00:50:04	01:15:28	**01:47:04.50**	**01:47:54.90**	+00:28:32 (26.7%)	5:04	11.8 (73.3%)
116	**PRYMAS Krystian**	**39**		M-30	177	00:00:51	00:25:22	00:49:42	01:15:39	**01:47:09.75**	**01:48:01.45**	+00:28:37 (26.7%)	5:04	11.8 (73.3%)
117	**MICHALSKI Bartosz**	**694**	ABM	M-40	125	00:01:28	00:25:08	00:50:04	01:15:35	**01:47:11.45**	**01:48:39.95**	+00:28:39 (26.7%)	5:04	11.8 (73.3%)
118	**ZIOBER Grzegorz**	**1107**	SPARTA PLATFUS	M-30	179	00:01:05	00:25:27	00:50:34	01:16:48	**01:47:15.75**	**01:48:20.90**	+00:28:43 (26.8%)	5:04	11.8 (73.3%)
119	**ĆWIKŁA Kamil**	**78**	HARPAGANY	M-30	180	00:00:15	00:24:35	00:49:15	01:15:21	**01:47:20.50**	**01:47:36.45**	+00:28:48 (26.8%)	5:05	11.8 (73.3%)
120	**WILK Andrzej**	**915**		M-30	181	00:00:13	00:22:53	00:46:48	01:12:36	**01:47:24.20**	**01:47:37.45**	+00:28:51 (26.9%)	5:05	11.8 (73.3%)
121	**ŁUSIAK Mariusz**	**970**	WATAHA TEAM	M-30	183	00:00:43	00:24:22	00:47:52	01:13:34	**01:47:27.55**	**01:48:10.75**	+00:28:55 (26.9%)	5:05	11.8 (73.3%)
122	**PALEWICZ Wojciech**	**897**	DENTYSTAZGLIWIC.PL	M-30	184	00:00:47	00:24:50	00:49:02	01:14:34	**01:47:27.85**	**01:48:15.80**	+00:28:55 (26.9%)	5:05	11.8 (73.3%)
123	**DROZD Grzegorz**	**163**		M-20	61	00:00:42	00:24:34	00:48:55	01:14:49	**01:47:29.35**	**01:48:11.60**	+00:28:57 (26.9%)	5:05	11.8 (73.3%)
124	**MIELNIK Krzysiek**	**550**		M-30	186	00:00:41	00:26:17	00:50:32	01:16:24	**01:47:31.90**	**01:48:12.95**	+00:28:59 (27.0%)	5:05	11.8 (73.3%)
125	**GOLEC Przemysław**	**1139**		M-40	128	00:01:58	00:25:51	00:49:59	01:16:18	**01:47:37.20**	**01:49:35.65**	+00:29:04 (27.0%)	5:06	11.8 (73.3%)
126	**ROSADA Zdzisław**	**513**		M-50	31	00:01:00	00:25:48	00:50:51	01:17:14	**01:47:41.95**	**01:48:42.90**	+00:29:09 (27.1%)	5:06	11.8 (73.3%)
127	**SKOTNICKI Paweł**	**13**		M-20	62	00:00:46	00:24:17	00:48:43	01:14:44	**01:47:44.05**	**01:48:30.30**	+00:29:11 (27.1%)	5:06	11.8 (73.3%)
128	**POPIEL Artur**	**51**		M-40	132	00:01:07	00:25:43	00:50:48	01:17:08	**01:47:57.80**	**01:49:05.15**	+00:29:25 (27.3%)	5:07	11.7 (72.7%)
129	**SZCZEPAŃSKI Tomasz**	**839**		M-30	190	00:01:17	00:25:53	00:50:18	01:14:50	**01:48:02.20**	**01:49:19.60**	+00:29:29 (27.3%)	5:07	11.7 (72.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_km 5km	10_km 10km	15_km 15km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
130	**KOPCIK Tomasz**	**229**	COMBAT56	M-30	193	00:01:16	00:26:01	00:51:09	01:17:03	**01:48:13.40**	**01:49:30.05**	+00:29:41 (27.4%)	5:07	11.7 (72.7%)
131	**MAY-MAJEWSKI Michał**	**345**	4 M	M-30	194	00:01:00	00:25:39	00:50:35	01:16:45	**01:48:14.80**	**01:49:15.20**	+00:29:42 (27.4%)	5:07	11.7 (72.7%)
132	**DADAŚ Janusz**	**11**		M-40	136	00:00:41	00:25:34	00:51:00	01:17:39	**01:48:32.10**	**01:49:13.55**	+00:29:59 (27.6%)	5:08	11.7 (72.7%)
133	**WIEKIERA Adam**	**118**		M-30	202	00:00:35	00:25:57	00:51:11	01:17:41	**01:48:38.65**	**01:49:14.40**	+00:30:06 (27.7%)	5:08	11.7 (72.7%)
134	**BORC Jacek**	**73**		M-40	137	00:01:10	00:25:47	00:50:35	01:16:57	**01:48:44.45**	**01:49:54.80**	+00:30:12 (27.8%)	5:09	11.6 (72.0%)
135	**DYMNICKI Andrzej**	**75**	OCHAJORUN&FRIENDS	M-40	138	00:01:13	00:25:46	00:51:06	01:17:02	**01:48:45.10**	**01:49:59.00**	+00:30:12 (27.8%)	5:09	11.6 (72.0%)
136	**ZAPOTOCZNY Przemek**	**358**		M-40	139	00:01:32	00:26:18	00:51:18	01:17:28	**01:48:57.10**	**01:50:29.35**	+00:30:24 (27.9%)	5:09	11.6 (72.0%)
137	**ORLIK Jerzy**	**385**		M-50	34	00:00:25	00:24:53	00:49:33	01:15:46	**01:49:00.85**	**01:49:26.35**	+00:30:28 (28.0%)	5:10	11.6 (72.0%)
138	**ZDZIEBKO Artur**	**44**		M-40	141	00:00:58	00:26:06	00:50:58	01:16:51	**01:49:03.05**	**01:50:01.10**	+00:30:30 (28.0%)	5:10	11.6 (72.0%)
139	**GAŁUSZKA Michał**	**180**		M-18	4	00:01:05	00:25:43	00:50:47	01:17:11	**01:49:04.65**	**01:50:10.05**	+00:30:32 (28.0%)	5:10	11.6 (72.0%)
140	**KWAPIEŃ Paweł**	**1183**		M-40	144	00:00:08	00:25:17	00:50:19	01:16:46	**01:49:25.00**	**01:49:33.75**	+00:30:52 (28.2%)	5:11	11.6 (72.0%)
141	**GRUSZCZYŃSKI Bogusław**	**634**		M-60	2	00:00:46	00:25:08	00:49:59	01:16:30	**01:49:28.35**	**01:50:14.35**	+00:30:56 (28.3%)	5:11	11.6 (72.0%)
142	**PĘDOWSKI Wojciech**	**727**	OK! SPORT	M-50	36	00:02:11	00:27:12	00:52:25	01:18:18	**01:49:35.70**	**01:51:47.50**	+00:31:03 (28.3%)	5:11	11.6 (72.0%)
143	**JAMRÓZ Wojciech**	**1174**	KW GLIWICE	M-40	145	00:00:39	00:25:21	00:50:04	01:16:24	**01:49:37.70**	**01:50:16.75**	+00:31:05 (28.4%)	5:11	11.5 (71.4%)
144	**SZADKOWSKI Paweł**	**1009**	PACEMAKER	M-30	211	00:00:57	00:25:50	00:50:53	01:17:17	**01:49:51.30**	**01:50:49.10**	+00:31:18 (28.5%)	5:12	11.5 (71.4%)
145	**GARYGA Łukasz**	**167**	RUNHOGS	M-30	212	00:00:48	00:24:58	00:49:54	01:16:29	**01:49:55.90**	**01:50:44.40**	+00:31:23 (28.6%)	5:12	11.5 (71.4%)
146	**DOBOSZ Daniel**	**1042**		M-40	150	00:01:01	00:23:58	00:48:10	01:15:40	**01:50:07.30**	**01:51:08.90**	+00:31:34 (28.7%)	5:13	11.5 (71.4%)
147	**TURNIAK Miłosz**	**860**	HIRERIGHT RUNNING TEAM	M-30	213	00:01:31	00:25:40	00:50:37	01:16:51	**01:50:07.70**	**01:51:39.55**	+00:31:35 (28.7%)	5:13	11.5 (71.4%)
148	**WALCZAK Bartłomiej**	**882**		M-30	214	00:01:09	00:26:29	00:51:35	01:18:01	**01:50:15.95**	**01:51:25.10**	+00:31:43 (28.8%)	5:13	11.5 (71.4%)
149	**WIECHOWSKI Artur**	**1077**	SPARTA PLATFUS	M-30	216	00:01:05	00:25:27	00:50:34	01:16:49	**01:50:20.45**	**01:51:25.50**	+00:31:48 (28.8%)	5:13	11.5 (71.4%)
150	**MORDARSKI Artur**	**924**		M-40	151	00:00:52	00:26:20	00:51:15	01:17:48	**01:50:31.10**	**01:51:23.70**	+00:31:58 (28.9%)	5:14	11.5 (71.4%)
151	**WIKIERSKI Michał**	**48**		M-30	218	00:01:03	00:26:13	00:51:16	01:17:43	**01:50:33.00**	**01:51:36.55**	+00:32:00 (29.0%)	5:14	11.5 (71.4%)
152	**BAJ Tomasz**	**145**		M-20	66	00:00:46	00:25:34	00:50:22	01:17:01	**01:50:46.35**	**01:51:32.90**	+00:32:14 (29.1%)	5:14	11.4 (70.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_km 5km	10_km 10km	15_km 15km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
153	**STRASZAK Marek**	**732**	KGB	M-40	152	00:01:23	00:25:39	00:50:45	01:17:43	**01:50:53.65**	**01:52:17.55**	+00:32:21 (29.2%)	5:15	11.4 (70.8%)
154	**ODOSZEWSKI Roman**	**454**	OASIS SPORT TEAM	M-40	158	00:01:27	00:26:35	00:52:20	01:19:19	**01:51:09.20**	**01:52:36.95**	+00:32:36 (29.3%)	5:16	11.4 (70.8%)
155	**KRAJEWSKI Radosław**	**320**		M-30	221	00:00:40	00:28:19	00:53:36	01:19:56	**01:51:10.20**	**01:51:50.80**	+00:32:37 (29.4%)	5:16	11.4 (70.8%)
156	**GIERAS Mirosław**	**1019**		M-40	159	00:00:10	00:26:20	00:52:15	01:19:23	**01:51:10.65**	**01:51:20.70**	+00:32:38 (29.4%)	5:16	11.4 (70.8%)
157	**KWAPIEŃ Aleksander**	**1184**		M-30	222	00:00:09	00:25:22	00:51:11	01:18:13	**01:51:20.55**	**01:51:30.00**	+00:32:48 (29.5%)	5:16	11.4 (70.8%)
158	**SULIN Marek**	**1015**	SPARTANIE DZIECIOM	M-40	164	00:00:44	00:26:30	00:51:52	01:18:46	**01:51:26.65**	**01:52:10.95**	+00:32:54 (29.5%)	5:16	11.4 (70.8%)
159	**BIEŃKOWSKI Piotr**	**352**	PROMUR	M-20	69	00:00:57	00:25:52	00:50:58	01:17:26	**01:51:28.55**	**01:52:26.35**	+00:32:56 (29.5%)	5:17	11.4 (70.8%)
160	**BUCHAL Grzegorz**	**1099**		M-40	165	00:00:18	00:25:48	00:51:26	01:18:46	**01:51:33.90**	**01:51:52.35**	+00:33:01 (29.6%)	5:17	11.3 (70.2%)
161	**KLYTA Wojciech**	**1185**		M-40	166	00:01:53	00:25:57	00:51:42	01:18:36	**01:51:35.75**	**01:53:29.50**	+00:33:03 (29.6%)	5:17	11.3 (70.2%)
162	**WIETRZYCKI Mariusz**	**289**	BIEGAJ Z TRENERAMI	M-30	227	00:00:43	00:25:39	00:50:16	01:17:28	**01:51:56.45**	**01:52:39.80**	+00:33:24 (29.8%)	5:18	11.3 (70.2%)
163	**WIETRZYCKI Zenon**	**290**	BIEGAJ Z TRENERAMI	M-50	40	00:00:44	00:25:38	00:50:19	01:17:28	**01:51:57.70**	**01:52:41.80**	+00:33:25 (29.9%)	5:18	11.3 (70.2%)
164	**OCHMAN Ireneusz**	**70**	OPEL ACTIVE TEAM	M-50	41	00:01:18	00:27:30	00:53:55	01:20:41	**01:52:06.35**	**01:53:25.25**	+00:33:34 (29.9%)	5:18	11.3 (70.2%)
165	**STEC Marcin**	**287**	KW GLIWICE	M-30	228	00:00:59	00:25:41	00:50:43	01:17:20	**01:52:10.50**	**01:53:09.85**	+00:33:38 (30.0%)	5:18	11.3 (70.2%)
166	**KRAKOWCZYK Adam**	**120**	SBRT	M-40	169	00:01:03	00:25:55	00:51:06	01:18:18	**01:52:12.90**	**01:53:16.65**	+00:33:40 (30.0%)	5:19	11.3 (70.2%)
167	**SIERADZKI Dariusz**	**293**	BIEGAJ Z TRENERAMI	M-30	230	00:01:31	00:27:16	00:52:56	01:19:41	**01:52:21.45**	**01:53:52.75**	+00:33:49 (30.1%)	5:19	11.3 (70.2%)
168	**KRZYWICKI Jan**	**674**		M-60	4	00:00:56	00:25:31	00:50:20	01:17:31	**01:52:28.35**	**01:53:24.80**	+00:33:56 (30.2%)	5:19	11.3 (70.2%)
169	**GRESZTA Grzegorz**	**474**	JAH RASTAFARAJ	M-30	236	00:00:03	00:23:18	00:48:28	01:16:08	**01:52:35.85**	**01:52:39.45**	+00:34:03 (30.2%)	5:20	11.2 (69.6%)
170	**SARKOWICZ Adam**	**1081**	NIEZRZESZONY	M-50	42	00:00:56	00:26:52	00:52:41	01:19:27	**01:52:46.85**	**01:53:43.60**	+00:34:14 (30.4%)	5:20	11.2 (69.6%)
171	**BAUMERT Rafał**	**577**	ISTA BIEGAMY	M-30	237	00:01:35	00:27:41	00:53:20	01:20:27	**01:52:50.25**	**01:54:26.15**	+00:34:17 (30.4%)	5:20	11.2 (69.6%)
172	**SELIGA Paweł**	**291**	BIEGAJ Z TRENERAMI	M-30	240	00:01:17	00:27:34	00:53:06	01:19:52	**01:52:57.40**	**01:54:14.80**	+00:34:25 (30.5%)	5:21	11.2 (69.6%)
173	**DĄBROWSKI Marcin**	**154**		M-30	241	00:00:14	00:25:58	00:52:37	01:20:08	**01:53:00.75**	**01:53:14.75**	+00:34:28 (30.5%)	5:21	11.2 (69.6%)
174	**MIZERA Robert**	**81**		M-40	173	00:01:31	00:27:14	00:53:03	01:19:58	**01:53:11.85**	**01:54:43.80**	+00:34:39 (30.6%)	5:21	11.2 (69.6%)
175	**ROZWADOWSKI Dariusz**	**1060**		M-40	175	00:01:14	00:26:42	00:53:01	01:20:14	**01:53:32.10**	**01:54:46.45**	+00:34:59 (30.8%)	5:22	11.2 (69.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_km 5km	10_km 10km	15_km 15km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
176	**ŚWIĘS Robert**	**975**	TAKENAKA	M-30	244	00:01:38	00:26:43	00:52:21	01:20:06	**01:53:34.80**	**01:55:12.80**	+00:35:02 (30.9%)	5:22	11.1 (68.9%)
177	**ŻYNDA Łukasz**	**648**		M-20	72	00:00:14	00:27:06	00:53:38	01:20:56	**01:53:51.35**	**01:54:05.85**	+00:35:19 (31.0%)	5:23	11.1 (68.9%)
178	**HANO Jan**	**1061**		M-70	1	00:00:40	00:26:42	00:53:05	01:20:45	**01:54:00.40**	**01:54:40.55**	+00:35:28 (31.1%)	5:24	11.1 (68.9%)
179	**PLOCH Tomasz**	**5**	MOMO TEAM	M-30	246	00:00:44	00:26:47	00:52:57	01:20:37	**01:54:09.60**	**01:54:54.55**	+00:35:37 (31.2%)	5:24	11.1 (68.9%)
180	**DOBOSZ Mariusz**	**138**	GO-LEASING	M-30	248	00:01:02	00:27:19	00:53:30	01:21:05	**01:54:21.70**	**01:55:23.70**	+00:35:49 (31.3%)	5:25	11.1 (68.9%)
181	**PENKALA Artur**	**137**	GO-LEASING	M-30	249	00:01:01	00:27:19	00:53:31	01:21:06	**01:54:22.30**	**01:55:23.90**	+00:35:49 (31.3%)	5:25	11.1 (68.9%)
182	**ZIMOCH Grzegorz**	**240**		M-30	252	00:01:46	00:29:09	00:56:25	01:24:35	**01:54:28.30**	**01:56:14.55**	+00:35:55 (31.4%)	5:25	11.1 (68.9%)
183	**STACHOWSKI Wojciech**	**142**		M-40	184	00:00:14	00:26:27	00:52:41	01:20:13	**01:54:43.80**	**01:54:58.40**	+00:36:11 (31.5%)	5:26	11 (68.3%)
184	**GÓRECKI Janusz**	**175**		M-50	44	00:00:16	00:25:21	00:51:22	01:19:31	**01:54:56.55**	**01:55:12.80**	+00:36:24 (31.7%)	5:26	11 (68.3%)
185	**KLESZCZ Marcin**	**901**		M-30	256	00:01:14	00:26:40	00:52:58	01:20:34	**01:55:03.90**	**01:56:18.55**	+00:36:31 (31.7%)	5:27	11 (68.3%)
186	**GAŁECZKA Michał**	**247**		M-20	74	00:01:12	00:26:01	00:52:19	01:20:13	**01:55:12.10**	**01:56:24.90**	+00:36:39 (31.8%)	5:27	11 (68.3%)
187	**JEZIOR Bartosz**	**1153**	TENNECO AUTOMOTIVE EASTERN EUROPE	M-30	259	00:02:40	00:27:11	00:53:16	01:21:17	**01:55:43.95**	**01:58:24.65**	+00:37:11 (32.1%)	5:29	10.9 (67.7%)
188	**POPIELA Mirosław**	**1188**	FITBULL	M-40	189	00:00:07	00:24:46	00:50:37	01:19:18	**01:55:44.15**	**01:55:51.85**	+00:37:11 (32.1%)	5:29	10.9 (67.7%)
189	**SMUDA Andrzej**	**157**	AKMB PĘDZIWIATR GLIWICE	M-40	192	00:01:25	00:27:14	00:53:45	01:21:52	**01:56:11.15**	**01:57:37.05**	+00:37:38 (32.4%)	5:30	10.9 (67.7%)
190	**KLEJNOWSKI Mateusz**	**461**		M-20	75	00:00:58	00:28:11	00:55:48	01:24:51	**01:56:12.45**	**01:57:10.80**	+00:37:40 (32.4%)	5:30	10.9 (67.7%)
191	**CZERNEK Marek**	**549**	BIEGAJ Z TRENERAMI	M-40	193	00:01:42	00:28:10	00:55:23	01:23:29	**01:56:16.60**	**01:57:58.60**	+00:37:44 (32.5%)	5:30	10.9 (67.7%)
192	**POKRYSZKA Bartosz**	**30**		M-30	265	00:01:20	00:28:03	00:54:26	01:22:35	**01:56:42.45**	**01:58:02.45**	+00:38:10 (32.7%)	5:31	10.8 (67.1%)
193	**LINEK Mariusz**	**1180**		M-40	194	00:00:29	00:27:07	00:53:48	01:21:59	**01:56:44.65**	**01:57:14.35**	+00:38:12 (32.7%)	5:31	10.8 (67.1%)
194	**RYGIEL Sebastian**	**702**		M-30	266	00:00:51	00:26:30	00:52:43	01:21:06	**01:56:49.95**	**01:57:41.85**	+00:38:17 (32.8%)	5:32	10.8 (67.1%)
195	**ROŻEK Michał**	**276**		M-50	46	00:01:20	00:27:58	00:54:58	01:23:27	**01:56:52.45**	**01:58:13.00**	+00:38:20 (32.8%)	5:32	10.8 (67.1%)
196	**KOPER Tomasz**	**365**		M-30	271	00:00:13	00:28:56	00:56:20	01:24:28	**01:57:12.80**	**01:57:26.15**	+00:38:40 (33.0%)	5:33	10.8 (67.1%)
197	**KOLODZIEJ Jacek**	**890**	NIGHT RUNNERS GLIWICE	M-40	198	00:01:09	00:28:00	00:55:01	01:23:19	**01:57:13.70**	**01:58:23.15**	+00:38:41 (33.0%)	5:33	10.8 (67.1%)
198	**KOZACZKA Włodzimierz**	**192**	BB EL-PROJEKT TEAM	M-40	201	00:01:22	00:28:00	00:55:18	01:23:43	**01:57:18.10**	**01:58:40.45**	+00:38:45 (33.0%)	5:33	10.8 (67.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_km 5km	10_km 10km	15_km 15km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
199	**WEBER Tomasz**	**23**	HUSARIA RACE TEAM	M-20	77	00:01:22	00:28:36	00:55:36	01:23:48	**01:57:24.35**	**01:58:47.00**	+00:38:52 (33.1%)	5:33	10.8 (67.1%)
200	**BOJDA Dawid**	**477**		M-20	78	00:00:31	00:27:10	00:54:37	01:23:06	**01:57:24.55**	**01:57:55.65**	+00:38:52 (33.1%)	5:33	10.8 (67.1%)
201	**KOWALCZYK Grzegorz**	**159**	BIEGAJ Z TRENERAMI	M-40	202	00:01:07	00:26:34	00:52:44	01:20:48	**01:57:28.45**	**01:58:36.25**	+00:38:56 (33.1%)	5:34	10.8 (67.1%)
202	**MISIURA Artur**	**1057**		M-20	79	00:00:45	00:28:42	00:56:24	01:25:15	**01:57:29.35**	**01:58:15.20**	+00:38:57 (33.2%)	5:34	10.8 (67.1%)
203	**SZCZĘŚNIAK Krzysztof**	**1124**		M-30	273	00:01:43	00:27:42	00:53:52	01:22:19	**01:57:32.30**	**01:59:15.75**	+00:38:59 (33.2%)	5:34	10.8 (67.1%)
204	**POLEWSKI Piotr**	**1090**		M-50	48	00:01:46	00:27:40	00:54:17	01:22:30	**01:57:43.10**	**01:59:29.40**	+00:39:10 (33.3%)	5:34	10.8 (67.1%)
205	**CYBA Marek**	**129**		M-40	204	00:01:42	00:27:43	00:54:17	01:22:34	**01:57:46.25**	**01:59:28.55**	+00:39:13 (33.3%)	5:34	10.8 (67.1%)
206	**SERAFIN Patryk**	**847**		M-20	83	00:01:23	00:28:23	00:55:08	01:23:13	**01:58:01.60**	**01:59:25.40**	+00:39:29 (33.5%)	5:35	10.7 (66.5%)
207	**OSTROMĘCKI Andrzej**	**424**	PĘDZĄCA KREWETKA	M-30	277	00:01:32	00:27:56	00:55:25	01:23:38	**01:58:01.60**	**01:59:34.05**	+00:39:29 (33.5%)	5:35	10.7 (66.5%)
208	**RYZIŃSKI Dariusz**	**19**	SAN ESCOBAR	M-50	50	00:00:10	00:25:56	00:52:48	01:21:52	**01:58:04.65**	**01:58:15.10**	+00:39:32 (33.5%)	5:35	10.7 (66.5%)
209	**MICHNA Wojciech**	**1177**		M-20	84	00:01:12	00:26:00	00:52:39	01:20:51	**01:58:15.45**	**01:59:28.10**	+00:39:43 (33.6%)	5:36	10.7 (66.5%)
210	**KRAKOWSKI Jacek**	**1121**	IPA II KATOWICE	M-40	208	00:01:45	00:28:11	00:55:53	01:24:55	**01:58:17.70**	**02:00:03.05**	+00:39:45 (33.6%)	5:36	10.7 (66.5%)
211	**KOWALCZYK Tomasz**	**713**	LIFE COACH	M-30	278	00:01:24	00:27:57	00:55:01	01:23:31	**01:58:27.70**	**01:59:52.35**	+00:39:55 (33.7%)	5:36	10.7 (66.5%)
212	**WOLIŃSKI Józef**	**36**		M-50	51	00:01:40	00:28:00	00:54:48	01:23:11	**01:58:32.70**	**02:00:13.45**	+00:40:00 (33.7%)	5:37	10.7 (66.5%)
213	**BLASZKE Waldemar**	**328**	NR GLIWICE	M-50	52	00:01:37	00:28:00	00:54:54	01:23:29	**01:58:32.95**	**02:00:10.40**	+00:40:00 (33.7%)	5:37	10.7 (66.5%)
214	**OZYP Mariusz**	**232**	ODRIVE	M-20	85	00:00:01	00:28:30	00:56:23	01:24:35	**01:58:47.85**	**01:58:49.65**	+00:40:15 (33.9%)	5:37	10.7 (66.5%)
215	**JAROSZEK Artur**	**491**		M-30	281	00:01:40	00:29:09	00:56:39	01:25:34	**01:58:52.10**	**02:00:32.35**	+00:40:19 (33.9%)	5:38	10.7 (66.5%)
216	**PERZANOWSKI Piotr**	**414**		M-20	86	00:01:41	00:27:48	00:54:39	01:23:01	**01:58:57.10**	**02:00:38.45**	+00:40:24 (34.0%)	5:38	10.6 (65.8%)
217	**KALATA Grzegorz**	**564**		M-20	87	00:01:57	00:26:32	00:53:07	01:22:18	**01:58:58.10**	**02:00:56.05**	+00:40:25 (34.0%)	5:38	10.6 (65.8%)
218	**ZEMŁA Piotr**	**267**		M-40	210	00:00:56	00:27:55	00:55:52	01:24:26	**01:58:59.90**	**01:59:55.90**	+00:40:27 (34.0%)	5:38	10.6 (65.8%)
219	**FLORECKI Andrzej**	**82**	AKMB PĘDZIWIATR GLIWICE	M-60	6	00:01:08	00:26:41	00:53:29	01:23:01	**01:59:15.35**	**02:00:24.05**	+00:40:43 (34.1%)	5:39	10.6 (65.8%)
220	**MAŚLANKA Ireneusz**	**464**	NIGHT RUNNERS GLIWICE	M-50	53	00:01:18	00:28:10	00:55:32	01:24:23	**01:59:18.75**	**02:00:37.45**	+00:40:46 (34.2%)	5:39	10.6 (65.8%)
221	**PRUCHNIK Andrzej**	**88**	OPEL ACTIVE TEAM	M-50	54	00:00:15	00:26:06	00:52:36	01:22:20	**01:59:27.60**	**01:59:42.75**	+00:40:55 (34.3%)	5:39	10.6 (65.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_km 5km	10_km 10km	15_km 15km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
222	**PAWLIK Michał**	**245**		M-30	286	00:01:06	00:27:53	00:55:28	01:24:22	**01:59:28.05**	**02:00:34.75**	+00:40:55 (34.3%)	5:39	10.6 (65.8%)
223	**GUŁA Błażej**	**635**		M-30	289	00:01:25	00:28:54	00:56:49	01:25:54	**01:59:39.25**	**02:01:05.00**	+00:41:06 (34.4%)	5:40	10.6 (65.8%)
224	**PIEKARA Piotr**	**653**		M-20	88	00:00:46	00:29:29	00:57:04	01:25:34	**01:59:47.40**	**02:00:34.00**	+00:41:15 (34.4%)	5:40	10.6 (65.8%)
225	**BŁACH Piotr Buła**	**968**	PACEMAKER	M-50	56	00:01:16	00:28:08	00:55:38	01:23:53	**01:59:53.15**	**02:01:09.90**	+00:41:20 (34.5%)	5:40	10.6 (65.8%)
226	**BLACH Damian**	**791**	EZUNIVERSE	M-20	89	00:02:13	00:29:30	00:57:17	01:26:02	**01:59:55.05**	**02:02:08.60**	+00:41:22 (34.5%)	5:40	10.6 (65.8%)
227	**BUKOWSKI Adam**	**234**		M-20	90	00:00:44	00:27:43	00:55:52	01:24:29	**01:59:55.50**	**02:00:39.95**	+00:41:23 (34.5%)	5:40	10.6 (65.8%)
228	**GRABSKI Michał**	**548**	KOMBO KURCZAKI	M-30	290	00:01:16	00:28:07	00:55:33	01:24:49	**01:59:56.00**	**02:01:12.50**	+00:41:23 (34.5%)	5:41	10.6 (65.8%)
229	**MANISTA Paweł**	**651**		M-20	91	00:01:20	00:28:07	00:55:07	01:23:24	**02:00:06.35**	**02:01:26.40**	+00:41:34 (34.6%)	5:41	10.5 (65.2%)
230	**PADOŁ Zbigniew**	**278**		M-50	57	00:00:12	00:29:22	00:56:59	01:25:32	**02:00:08.00**	**02:00:20.20**	+00:41:35 (34.6%)	5:41	10.5 (65.2%)
231	**ZEGARTOWSKI Grzegorz**	**649**	EZUNIVERSE	M-40	215	00:02:13	00:29:30	00:57:18	01:26:01	**02:00:08.55**	**02:02:21.60**	+00:41:36 (34.6%)	5:41	10.5 (65.2%)
232	**WALEWSKI Kamil**	**888**	PROPOINT	M-30	294	00:00:09	00:26:00	00:54:08	01:23:13	**02:00:13.30**	**02:00:22.50**	+00:41:40 (34.7%)	5:41	10.5 (65.2%)
233	**BIOLIK Piotr**	**527**		M-50	58	00:00:20	00:26:06	00:53:05	01:22:56	**02:00:22.80**	**02:00:43.45**	+00:41:50 (34.8%)	5:42	10.5 (65.2%)
234	**JAKUBIAK Arkadiusz**	**12**	OPEL ACTIVE TEAM	M-40	218	00:01:19	00:28:10	00:55:43	01:24:55	**02:00:38.55**	**02:01:57.90**	+00:42:06 (34.9%)	5:43	10.5 (65.2%)
235	**GĘBCZYŃSKI Paweł**	**143**		M-30	296	00:01:43	00:28:06	00:55:58	01:25:10	**02:00:42.25**	**02:02:25.30**	+00:42:09 (34.9%)	5:43	10.5 (65.2%)
236	**ZIMNY Marcin**	**737**		M-30	297	00:01:19	00:28:02	00:55:26	01:24:43	**02:00:54.05**	**02:02:13.35**	+00:42:21 (35.0%)	5:43	10.5 (65.2%)
237	**WÓJCIK Rafał**	**824**		M-40	221	00:01:19	00:28:34	00:56:46	01:25:59	**02:01:09.45**	**02:02:28.60**	+00:42:37 (35.2%)	5:44	10.4 (64.6%)
238	**BĄK-CESARZ Damian**	**596**		M-40	223	00:01:13	00:28:47	00:56:36	01:25:39	**02:01:34.45**	**02:02:47.45**	+00:43:02 (35.4%)	5:45	10.4 (64.6%)
239	**OSIŃSKI Paweł**	**140**	BIEGAJ Z TRENERAMI	M-30	300	00:02:00	00:26:32	00:52:39	01:21:32	**02:01:37.25**	**02:03:38.10**	+00:43:04 (35.4%)	5:45	10.4 (64.6%)
240	**BĄCZEK Grzegorz**	**973**		M-30	301	00:02:56	00:29:10	00:57:02	01:26:15	**02:01:40.20**	**02:04:36.85**	+00:43:07 (35.4%)	5:45	10.4 (64.6%)
241	**KUŹMA Jakub**	**407**		M-30	302	00:00:43	00:28:41	00:56:29	01:25:58	**02:02:40.55**	**02:03:23.85**	+00:44:08 (36.0%)	5:48	10.3 (64.0%)
242	**SCHWARZ Jarosław**	**1189**		M-30	305	00:00:09	00:26:23	00:53:20	01:23:17	**02:03:10.45**	**02:03:20.30**	+00:44:38 (36.2%)	5:50	10.3 (64.0%)
243	**MASIAREK Mariusz**	**327**	DRUŻYNA MOJACUKRZYCA.PL	M-40	224	00:01:11	00:28:13	00:55:45	01:24:30	**02:03:20.50**	**02:04:31.85**	+00:44:48 (36.3%)	5:50	10.3 (64.0%)
244	**ZIĘBA Michał**	**889**		M-20	94	00:01:41	00:27:39	00:55:49	01:26:05	**02:03:26.35**	**02:05:07.60**	+00:44:54 (36.4%)	5:50	10.3 (64.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_km 5km	10_km 10km	15_km 15km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
245	**KMIEĆ Zbigniew**	**754**	CERTUM	M-30	307	00:01:40	00:29:15	00:58:09	01:28:40	**02:03:42.80**	**02:05:23.05**	+00:45:10 (36.5%)	5:51	10.2 (63.4%)
246	**STEINHOFF-TRACZEWSKI Marek**	**704**		M-20	97	00:00:20	00:25:52	00:52:14	01:22:32	**02:03:44.80**	**02:04:05.10**	+00:45:12 (36.5%)	5:51	10.2 (63.4%)
247	**MACHNOWSKI Wojciech**	**207**	NIGHT RUNNERS GLIWICE	M-30	309	00:01:20	00:28:08	00:55:45	01:25:29	**02:03:51.30**	**02:05:11.75**	+00:45:18 (36.6%)	5:52	10.2 (63.4%)
248	**SEROCKI Michał**	**907**		M-30	311	00:00:47	00:29:02	00:56:27	01:25:55	**02:04:07.95**	**02:04:55.85**	+00:45:35 (36.7%)	5:52	10.2 (63.4%)
249	**HERLICZKA Tomasz**	**714**		M-40	228	00:01:31	00:29:15	00:57:54	01:28:10	**02:05:00.25**	**02:06:31.35**	+00:46:27 (37.2%)	5:55	10.1 (62.7%)
250	**KLAWENDER Ryszard**	**186**	BIEGAMY Z SERCEM.PL	M-50	63	00:01:30	00:29:06	00:57:38	01:28:02	**02:05:15.25**	**02:06:45.60**	+00:46:42 (37.3%)	5:56	10.1 (62.7%)
251	**BUK Marcin**	**244**		M-20	99	00:02:05	00:30:42	00:58:59	01:27:36	**02:05:18.45**	**02:07:23.95**	+00:46:46 (37.3%)	5:56	10.1 (62.7%)
252	**KUBIAK Grzegorz**	**650**		M-30	315	00:00:20	00:27:30	00:55:21	01:25:51	**02:05:25.95**	**02:05:46.30**	+00:46:53 (37.4%)	5:56	10.1 (62.7%)
253	**BARAŃSKI Grzegorz**	**416**		M-30	316	00:01:51	00:29:46	00:57:41	01:27:23	**02:05:33.35**	**02:07:24.75**	+00:47:01 (37.4%)	5:57	10.1 (62.7%)
254	**KRAWCZYK Franciszek**	**113**		M-18	5	00:01:23	00:29:38	00:57:24	01:28:17	**02:06:11.90**	**02:07:35.25**	+00:47:39 (37.8%)	5:58	10 (62.1%)
255	**ŚWIDEREK Michał**	**600**		M-30	323	00:01:27	00:30:31	01:00:30	01:31:19	**02:06:18.70**	**02:07:45.70**	+00:47:46 (37.8%)	5:59	10 (62.1%)
256	**KOPPEL Bartłomiej**	**68**	NIGHT RUNNERS GLIWICE	M-30	326	00:01:27	00:28:16	00:55:37	01:24:10	**02:06:41.35**	**02:08:08.95**	+00:48:09 (38.0%)	6:00	10 (62.1%)
257	**LATOS Marek**	**436**	ZABRZAŃSKIE TOWARZYSTWO TRAITHLONOWE	M-30	327	00:02:29	00:29:11	01:09:31	01:34:21	**02:06:47.50**	**02:09:16.65**	+00:48:15 (38.1%)	6:00	10 (62.1%)
258	**OPALIŃSKI Tomasz**	**874**	BETANIA	M-30	328	00:01:43	00:29:22	00:58:36	01:28:33	**02:06:55.30**	**02:08:38.40**	+00:48:22 (38.1%)	6:00	10 (62.1%)
259	**DZIEDZIC Dominik**	**26**	PINCETPLUS	M-30	332	00:01:33	00:29:08	00:58:01	01:28:42	**02:07:01.40**	**02:08:34.45**	+00:48:29 (38.2%)	6:01	10 (62.1%)
260	**KAPIAS Krystian**	**166**		M-40	235	00:00:53	00:27:28	00:55:34	01:27:51	**02:07:29.75**	**02:08:22.75**	+00:48:57 (38.4%)	6:02	9.9 (61.5%)
261	**JANAS Piotr**	**700**	NIGHT RUNNERS	M-40	239	00:00:29	00:29:07	00:58:13	01:29:52	**02:08:31.50**	**02:09:00.60**	+00:49:59 (38.9%)	6:05	9.9 (61.5%)
262	**GĄSZCZAK Tadeusz**	**593**		M-70	2	00:00:21	00:29:34	00:58:17	01:29:13	**02:08:41.80**	**02:09:03.50**	+00:50:09 (39.0%)	6:05	9.8 (60.9%)
263	**ZGÓRSKI Grzegorz**	**830**	SBRT GLIWICE	M-40	241	00:01:39	00:28:59	00:57:54	01:28:57	**02:08:55.25**	**02:10:34.60**	+00:50:22 (39.1%)	6:06	9.8 (60.9%)
264	**BUFNAL Krzysztof**	**219**		M-40	242	00:01:17	00:28:55	00:59:13	01:30:47	**02:09:05.85**	**02:10:23.50**	+00:50:33 (39.2%)	6:07	9.8 (60.9%)
265	**KURIATA Janek**	**1000**	GRYF KIETRZ	M-40	243	00:02:21	00:28:28	00:58:08	01:30:34	**02:09:14.70**	**02:11:36.65**	+00:50:42 (39.2%)	6:07	9.8 (60.9%)
266	**BŁASZCZYSZYN Michał**	**392**		M-20	103	00:02:27	00:30:10	00:59:19	01:30:14	**02:09:59.45**	**02:12:26.95**	+00:51:27 (39.6%)	6:09	9.7 (60.2%)
267	**MIRKA Arkadiusz**	**544**		M-30	339	00:02:05	00:30:40	01:00:55	01:32:18	**02:10:01.20**	**02:12:07.00**	+00:51:28 (39.6%)	6:09	9.7 (60.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_km 5km	10_km 10km	15_km 15km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
268	**BOJANEK Tomasz**	**1191**		M-30	340	00:00:23	00:26:24	00:53:11	01:26:01	**02:10:07.45**	**02:10:31.05**	+00:51:35 (39.6%)	6:10	9.7 (60.2%)
269	**STANISZEWSKI Krzysiek**	**706**	ZARAZIĆ PASJĄ	M-20	104	00:01:07	00:28:15	00:55:33	01:27:03	**02:10:24.90**	**02:11:31.90**	+00:51:52 (39.8%)	6:10	9.7 (60.2%)
270	**KOZIOŁ Ryszard**	**595**		M-50	67	00:00:30	00:27:46	00:56:53	01:29:38	**02:11:34.65**	**02:12:04.90**	+00:53:02 (40.3%)	6:14	9.6 (59.6%)
271	**GADAWSKI Bartłomiej**	**189**	SBRT GLIWICE	M-20	105	00:01:14	00:29:17	00:58:10	01:29:49	**02:11:41.30**	**02:12:55.75**	+00:53:08 (40.4%)	6:14	9.6 (59.6%)
272	**DAWIDKO Paweł**	**717**		M-20	106	00:01:14	00:29:17	00:58:10	01:29:49	**02:11:42.25**	**02:12:56.50**	+00:53:09 (40.4%)	6:14	9.6 (59.6%)
273	**CISEK Stanisław**	**570**		M-30	347	00:02:07	00:31:39	01:01:05	01:33:55	**02:14:09.10**	**02:16:16.60**	+00:55:36 (41.5%)	6:21	9.4 (58.4%)
274	**RUSIECKI Dawid**	**1097**		M-30	348	00:01:06	00:27:19	00:55:22	01:27:17	**02:14:09.30**	**02:15:15.75**	+00:55:36 (41.5%)	6:21	9.4 (58.4%)
275	**MAREK Robert**	**447**	MUSTANGI GLIWICE	M-40	247	00:01:35	00:30:09	01:00:37	01:32:47	**02:14:19.90**	**02:15:55.55**	+00:55:47 (41.5%)	6:21	9.4 (58.4%)
276	**KRUSZYŃSKI Marcin**	**388**	STADO PĘDZĄCYCH IMADEŁ	M-40	249	00:00:18	00:28:18	00:57:22	01:31:11	**02:15:21.15**	**02:15:39.80**	+00:56:48 (42.0%)	6:24	9.4 (58.4%)
277	**ŻABICKI Mariusz**	**566**	KLUB SYNKA ADASIA	M-30	353	00:01:57	00:32:04	01:03:36	01:36:45	**02:18:45.45**	**02:20:42.45**	+01:00:13 (43.4%)	6:34	9.1 (56.5%)
278	**ZIMNY Michał**	**168**		M-30	355	00:02:38	00:34:31	01:05:13	01:39:43	**02:19:27.60**	**02:22:06.15**	+01:00:55 (43.7%)	6:36	9.1 (56.5%)
279	**NOWAK Michał**	**1136**		M-30	357	00:01:35	00:30:24	01:01:47	01:35:24	**02:20:26.10**	**02:22:01.15**	+01:01:53 (44.1%)	6:39	9 (55.9%)
280	**CZAPEK Marek**	**467**	NIGHT RUNNERS GLIWICE	M-40	253	00:02:36	00:32:37	01:04:32	01:39:24	**02:20:29.90**	**02:23:06.70**	+01:01:57 (44.1%)	6:39	9 (55.9%)
281	**SAMULEWICZ Marcin**	**201**		M-40	254	00:01:54	00:30:43	01:02:18	01:37:58	**02:20:41.65**	**02:22:36.40**	+01:02:09 (44.2%)	6:40	9 (55.9%)
282	**ADAMOWSKI Jacek**	**745**	NIGHT RUNNERS GLIWICE	M-40	255	00:02:03	00:33:16	01:05:44	01:39:53	**02:21:03.45**	**02:23:07.10**	+01:02:31 (44.3%)	6:41	9 (55.9%)
283	**FRĄC Dariusz**	**34**	PACEMAKER	M-40	256	00:02:02	00:33:21	01:05:47	01:39:57	**02:21:05.00**	**02:23:07.75**	+01:02:32 (44.3%)	6:41	9 (55.9%)
284	**KOWALCZYK Arkadiusz**	**614**		M-20	112	00:02:37	00:33:27	01:05:46	01:40:16	**02:23:13.75**	**02:25:51.70**	+01:04:41 (45.2%)	6:47	8.8 (54.7%)
285	**POLOK Adrian**	**21**	OPEL ACTIVE TEAM	M-30	360	00:01:40	00:30:18	01:02:56	01:38:30	**02:24:10.35**	**02:25:50.60**	+01:05:38 (45.5%)	6:49	8.8 (54.7%)
286	**DOMAŃSKI Marcin**	**52**		M-40	258	00:01:44	00:31:58	01:04:57	01:41:26	**02:26:08.95**	**02:27:53.70**	+01:07:36 (46.3%)	6:55	8.7 (54.0%)
287	**MIGDAŁ Grzegorz**	**116**		M-40	259	00:02:21	00:33:18	01:06:48	01:41:50	**02:26:15.65**	**02:28:36.90**	+01:07:43 (46.3%)	6:55	8.7 (54.0%)
288	**STEBEL Damian**	**394**		M-20	114	00:02:25	00:35:11	01:09:01	01:46:19	**02:31:18.60**	**02:33:44.10**	+01:12:46 (48.1%)	7:10	8.4 (52.2%)
289	**HANKE Jerzy**	**835**		M-50	69	00:01:02	00:35:15	01:10:32	01:48:59	**02:36:14.45**	**02:37:17.20**	+01:17:42 (49.7%)	7:24	8.1 (50.3%)
290	**CYBULSKI Krzysztof**	**1210**		M-50	70	00:00:06	00:42:24	01:26:45	02:20:30	**03:11:40.85**	**03:11:47.00**	+01:53:08 (59.0%)	9:05	6.6 (41.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	5_km 5km	10_km 10km	15_km 15km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
	PRZEWOŹNY Daniel	**1190**		M-20		DNF	00:28:55 DNF	00:57:41 DNF	DNF	**DNF**	**DNF**		-	- (0.0%)

Znaleziono 291 wynik(ów)