



IV PÓŁMARATON PUSZCZY BYDGOSKIEJ - LEKKA WYTYRKA

B4SPORT

Wydarzenie: IV Biegi Puszczy Bydgoskiej
Organizator: FUNDACJA "Aktywne Kujawy"
Data: 2019-10-05
Miejsce: BYDGOSZCZ
Dystans: 23 km

 **HERKULES**
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Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 22.57km	Różn	Tempo min/km	Tempo km/h
1	BEDNAREK Adrian	5	ADRIANBEDNAREK.PL	M20	1	01:21:34.00		3:36	16.6 (100%)
2	KOLMAJER Rafał	90		M30	1	01:41:28.30	+00:19:54 (19.6%)	4:29	13.3 (80.1%)
3	WARSZAWSKI Przemysław	319		M30	2	01:49:14.90	+00:27:40 (25.3%)	4:50	12.4 (74.7%)
4	KOWALSKI Jacek	96		M40	1	01:49:56.55	+00:28:22 (25.8%)	4:52	12.3 (74.1%)
5	MELKOWSKI Dawid	314	8 K-PBOT	M20	2	01:50:02.20	+00:28:28 (25.9%)	4:52	12.3 (74.1%)
6	GÓRSKI Krzysztof	58		M40	2	01:50:21.15	+00:28:47 (26.1%)	4:53	12.3 (74.1%)
7	KUBIAK Sławomir	105		M50	1	01:51:02.60	+00:29:28 (26.5%)	4:55	12.2 (73.5%)
8	KRUEGER Waldemar	100	FOREST GANG	M40	3	01:52:17.50	+00:30:43 (27.4%)	4:58	12.1 (72.9%)
9	NAGORZYSKI Arkadiusz	152	BIEGAMWSPIERAMMOTYWUJĘ	M30	3	01:52:35.75	+00:31:01 (27.6%)	4:59	12 (72.3%)
10	DUSZKA Łukasz	45	POLONIA	M30	4	01:53:35.60	+00:32:01 (28.2%)	5:01	11.9 (71.7%)
11	OLESZCZAK Piotr	166	BIEGAM BO SĄ TACY CO NIE MOGĄ	M40	4	01:57:38.60	+00:36:04 (30.7%)	5:12	11.5 (69.3%)
12	BORUCH Łukasz	15		M30	5	01:58:26.20	+00:36:52 (31.1%)	5:14	11.4 (68.7%)
13	KAMIŃSKI Łukasz	81	WKURW_TEAM/ WATAHA BYDGOSZCZ	M30	6	01:58:32.00	+00:36:58 (31.2%)	5:15	11.4 (68.7%)
14	RUTKOWSKI Adam	196	OLENDER	M20	3	01:59:01.60	+00:37:27 (31.5%)	5:16	11.4 (68.7%)
15	SZULC Patryk	237		M20	4	01:59:34.90	+00:38:00 (31.8%)	5:17	11.3 (68.1%)
16	KRZYŻANOWSKI Robert	102	RUN PASJA	M50	2	02:00:00.35	+00:38:26 (32.0%)	5:19	11.3 (68.1%)
17	ŻAK Paweł	279	BROWERY TEAM	M30	7	02:02:02.85	+00:40:28 (33.2%)	5:24	11.1 (66.9%)
18	LICHOCKI Marcin	120	ŁĄCZY NAS PUSZCZA	M30	8	02:03:39.15	+00:42:05 (34.0%)	5:28	11 (66.3%)
19	LIPKOWSKI Piotrek	122		M20	5	02:04:45.85	+00:43:11 (34.6%)	5:31	10.9 (65.7%)
20	STRĘCIWILK Tomasz	222	WTORKOWY TRENING	M30	9	02:06:13.75	+00:44:39 (35.4%)	5:35	10.7 (64.5%)
21	KIERLIK Arek	88	WATAHA BYDGOSZCZ	M40	5	02:07:33.05	+00:45:59 (36.1%)	5:39	10.6 (63.9%)
22	PISKORSKI Piotr	177	FARBEN LEHRE	M40	6	02:08:00.85	+00:46:26 (36.3%)	5:40	10.6 (63.9%)
23	TUŁAZA Jan	252	KLUB BIEGACZA T2/4	M50	3	02:09:26.35	+00:47:52 (37.0%)	5:44	10.5 (63.3%)
24	STĘPIEŃ Tomasz	220	:-)	M40	7	02:09:46.85	+00:48:12 (37.2%)	5:44	10.4 (62.7%)
25	WELCHOWSKI Rafał	315	DZIKI Z BALCZEWA	M30	10	02:09:53.40	+00:48:19 (37.2%)	5:45	10.4 (62.7%)
26	MARTIN Paweł	138		M30	11	02:10:02.05	+00:48:28 (37.3%)	5:45	10.4 (62.7%)
27	MICHALAK Robert	141	GORDON RUN	M30	12	02:10:02.45	+00:48:28 (37.3%)	5:45	10.4 (62.7%)

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						netto 22.57km	Różn		
28	ŻAK Łukasz	280	BROWERY TEAM	M20	6	02:10:28.55	+00:48:54 (37.5%)	5:46	10.4 (62.7%)
29	TARKOWSKI Mariusz	284		M40	8	02:11:11.80	+00:49:37 (37.8%)	5:48	10.3 (62.0%)
30	WYRĘBSKI Jarosław	201		M40	9	02:11:19.70	+00:49:45 (37.9%)	5:49	10.3 (62.0%)
31	BIAŁOWAŚ Dariusz	6		M40	10	02:11:23.70	+00:49:49 (37.9%)	5:49	10.3 (62.0%)
32	BIEL Marek	7	1% DLA DARII BIEL	M40	11	02:11:27.60	+00:49:53 (38.0%)	5:49	10.3 (62.0%)
33	MAŁECKI Sebastian	134	KLUB BIEGACZA T 2/4	M40	12	02:11:33.55	+00:49:59 (38.0%)	5:49	10.3 (62.0%)
34	TYMCZEWSKI Maciej	254	TYMOLE TEAM	M40	13	02:12:52.25	+00:51:18 (38.6%)	5:53	10.2 (61.4%)
35	RATAJ Krzysztof	190	KS POLONIA BYDGOSZCZ SLA	M30	13	02:14:26.50	+00:52:52 (39.3%)	5:57	10.1 (60.8%)
36	ZALEWSKI Przemysław	317	8 K-PBOT	M40	14	02:14:43.30	+00:53:09 (39.5%)	5:58	10.1 (60.8%)
37	KONIECZNY Dawid	91		M20	7	02:15:15.80	+00:53:41 (39.7%)	5:59	10 (60.2%)
38	JABŁOŃSKI Michał	69	PKO BP	M30	14	02:15:20.10	+00:53:46 (39.7%)	5:59	10 (60.2%)
39	ŁUGOWSKI Rafał	130		M40	15	02:15:47.15	+00:54:13 (39.9%)	6:00	10 (60.2%)
40	LEBIECKI Paweł	116		M30	15	02:16:35.05	+00:55:01 (40.3%)	6:03	9.9 (59.6%)
41	BORKOWSKI Michał	12		M20	8	02:17:38.25	+00:56:04 (40.7%)	6:05	9.8 (59.0%)
42	FÓRMAN Daniel	50	LODOŻERCY_CHODZIEŻ	M40	16	02:17:54.60	+00:56:20 (40.9%)	6:06	9.8 (59.0%)
43	DRAIM Jacek	41		M50	4	02:18:09.70	+00:56:35 (41.0%)	6:07	9.8 (59.0%)
44	ZARECKI Piotr	251		M30	16	02:18:34.05	+00:57:00 (41.1%)	6:08	9.8 (59.0%)
45	CZAJA Jarosław	28		M40	17	02:18:58.80	+00:57:24 (41.3%)	6:09	9.7 (58.4%)
46	TOMASZEWSKI Marcin	308		M40	18	02:20:51.05	+00:59:17 (42.1%)	6:14	9.6 (57.8%)
47	FRANKOWSKI Michał	51	LODOŻERCY CHODZIEŻ	M30	17	02:21:07.10	+00:59:33 (42.2%)	6:15	9.6 (57.8%)
48	BARSZCZEWSKI Sebastian	4		M40	19	02:21:37.65	+01:00:03 (42.4%)	6:16	9.6 (57.8%)
49	POPIELARZ Robert	180	WKURW_TEAM	M50	5	02:21:52.00	+01:00:18 (42.5%)	6:17	9.5 (57.2%)
50	MIŁKOŚ Mateusz	84		M40	20	02:22:20.00	+01:00:46 (42.7%)	6:18	9.5 (57.2%)
51	LACH Paweł	113	EURO KUJAWY	M30	18	02:24:47.10	+01:03:13 (43.7%)	6:24	9.4 (56.6%)
52	SIUDA Sebastian	205		M40	21	02:27:00.95	+01:05:26 (44.5%)	6:30	9.2 (55.4%)
53	RYBAK Remigiusz	197	BIKE U UP	M40	22	02:28:05.75	+01:06:31 (44.9%)	6:33	9.1 (54.8%)
54	LEWANDOWSKI Marcin	118	KEEEEPER	M20	9	02:28:06.25	+01:06:32 (44.9%)	6:33	9.1 (54.8%)
55	PIASZCZYK Michał	175		M30	19	02:29:38.25	+01:08:04 (45.5%)	6:37	9.1 (54.8%)
56	TEJZA Daniel	245	RUNFORFUN	M40	23	02:29:43.00	+01:08:09 (45.5%)	6:38	9 (54.2%)
57	SZKUTA- KRÓL Jarosław	311	100%WITAMINY C	M30	20	02:29:52.80	+01:08:18 (45.6%)	6:38	9 (54.2%)
58	JESKE Marek	97	RUN BYDGOSZCZ	M40	24	02:30:21.55	+01:08:47 (45.8%)	6:39	9 (54.2%)
59	SZŁYK Maciej	285	SPORT 4 LIFE	M40	25	02:31:11.70	+01:09:37 (46.1%)	6:41	9 (54.2%)
60	BORKOWSKI Michał	13	CB163	M30	21	02:32:15.85	+01:10:41 (46.4%)	6:44	8.9 (53.6%)
61	CZERNIA Jerzy	29	CZERNIA TEAM	M40	26	02:35:18.75	+01:13:44 (47.5%)	6:52	8.7 (52.4%)
62	ŁUKASZEK Marek	132	WATAHA BYDGOSZCZ	M30	22	02:37:07.55	+01:15:33 (48.1%)	6:57	8.6 (51.8%)
63	HEJNA Kamil	303	OLOCHODZIWBIEGU	M-OPEN	1	02:37:56.40	+01:16:22 (48.4%)	6:59	8.6 (51.8%)
64	PAWLAK Jakub	174		M30	23	02:41:07.85	+01:19:33 (49.4%)	7:08	8.4 (50.6%)
65	ZALECH Zbigniew	275		M40	27	02:42:54.50	+01:21:20 (49.9%)	7:13	8.3 (50.0%)
66	STASZAK Szymon	218	OCELOTY KRUSZYN KRAJEŃSKI	M30	24	02:45:09.25	+01:23:35 (50.6%)	7:19	8.2 (49.4%)
67	MASŁYSZ Marcin	139	WKURW_TEAM	M30	25	02:48:13.35	+01:26:39 (51.5%)	7:27	8.1 (48.8%)
68	SZAFKOWSKI Arkadiusz	228	SOLECCY BIEGACZE	M40	28	02:50:12.55	+01:28:38 (52.1%)	7:32	8 (48.2%)
69	SMYK Rafał	209		M40	29	02:50:33.40	+01:28:59 (52.2%)	7:33	7.9 (47.6%)
70	POSS Marcin	182	CCR	M40	30	02:50:56.35	+01:29:22 (52.3%)	7:34	7.9 (47.6%)
71	SOŁOŃ Rafał	215	#PUSZCZALSCY	M20	10	02:51:37.10	+01:30:03 (52.5%)	7:36	7.9 (47.6%)

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72	CEJKO Sławomir	22		M40	31	02:53:22.10	+01:31:48 (53.0%)	7:40	7.8 (47.0%)
73	KALACZYŃSKI Miłosz	80	PB SLA	M20	11	02:59:39.25	+01:38:05 (54.6%)	7:57	7.5 (45.2%)
74	ŻUBKOWSKI Jakub	281		M20	12	02:59:40.65	+01:38:06 (54.6%)	7:57	7.5 (45.2%)
75	CHYLIŃSKI Łukasz	27		M30	26	03:16:51.15	+01:55:17 (58.6%)	8:43	6.9 (41.6%)

Znaleziono 75 wynik(ów)