

IV ULTRAMARATON BIESZCZADZKI

B4SPORT

Wydarzenie: Maraton Bieszczadzki 2016
Organizator: Fundacja Bieg Rzeźnika
Data: 2016-10-09
Miejsce: Cisna
Dystans: 52 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	P1_Krzyzowka_z_czerwonym 3.25km	P2_Roztoki 11.9km	P3_Solinka_herlaty 30km	P2_Roztoki 37.8km	P1_Krzyzowka_z_czerwonym 50.86km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
1	BRATEK Agnieszka	45		K40	1		00:17:25	01:00:35	02:54:12	04:07:50	05:50:29	05:56:17.55	05:56:20.10		6:51	8.8 (100%)
2	DĘBSKA Joanna	668	NIGHT RUNNERS GLIWICE	K40	2	Hałda Team	00:20:34	01:08:09	03:15:31	04:36:42	06:31:01	06:37:20.80	06:37:48.20	+00:41:28 (10.4%)	7:38	7.9 (89.8%)
3	BOROWSKA-PAWLUŚ Ewelina	352		K40	3	Beskidnicy	00:20:48	01:11:05	03:24:39	04:46:48	06:45:43	06:52:53.55	06:53:05.10	+00:56:45 (13.7%)	7:56	7.6 (86.4%)
4	ZĄBIK Dana	118		K40	4		00:19:02	01:08:52	03:25:59	04:50:42	06:53:13	07:00:20.20	07:00:24.95	+01:04:04 (15.2%)	8:05	7.4 (84.1%)
5	WIERZBICKA Beata	332		K40	5		00:21:08	01:10:21	03:29:13	04:54:07	06:55:49	07:03:28.40	07:03:36.40	+01:07:16 (15.9%)	8:08	7.4 (84.1%)
6	NIENADOWSKA Beata	358		K40	6		00:21:34	01:14:25	03:39:51	05:15:38	07:17:30	07:24:32.95	07:24:40.25	+01:28:20 (19.9%)	8:32	7 (79.5%)
7	GARGAS-MARUT Małgorzata	143		K40	7		00:22:40	01:13:57	03:34:58	05:12:02	07:19:56	07:27:05.85	07:27:40.75	+01:31:20 (20.4%)	8:35	7 (79.5%)
8	SZPONAR ŻUROWSKA Anna	535		K40	8		00:22:10	01:12:11	03:38:12	05:17:52	07:26:00	07:33:43.50	07:34:19.30	+01:37:59 (21.6%)	8:43	6.9 (78.4%)
9	GIBASZEWSKA Justyna	60		K40	9		00:22:39	01:14:43	03:39:40	05:19:51	07:39:05	07:46:14.35	07:46:48.50	+01:50:28 (23.7%)	8:57	6.7 (76.1%)
10	SZWAJKA Aneta	138		K40	10		00:22:21	01:14:28	03:45:07	05:23:53	07:41:24	07:49:50.65	07:50:28.70	+01:54:08 (24.3%)	9:02	6.6 (75.0%)
11	AUGUSTOWSKA Izabela	74		K40	11		00:21:56	01:14:58	03:45:30	05:23:53	07:44:02	07:52:34.80	07:53:21.05	+01:57:00 (24.7%)	9:05	6.6 (75.0%)
12	PORADA Anna	114		K40	12		00:23:08	01:20:32	03:51:37	05:36:34	07:51:50	07:59:24.70	07:59:39.85	+02:03:19 (25.7%)	9:13	6.5 (73.9%)
13	PANEK Aleksandra	197		K40	13		00:22:18	01:17:09	03:46:32	05:29:33	07:55:49	08:04:15.95	08:05:17.95	+02:08:57 (26.6%)	9:18	6.4 (72.7%)
14	ŻEBROWSKA Katarzyna	585		K40	14		00:24:11	01:20:34	03:48:02	05:34:44	07:56:43	08:05:44.45	08:06:31.75	+02:10:11 (26.8%)	9:20	6.4 (72.7%)
15	ŁYSIAK Sylwia	512		K40	15	Rozbiegany Rawicz	00:23:43	01:22:00	04:00:13	05:41:15	07:58:39	08:06:24.25	08:06:49.45	+02:10:29 (26.8%)	9:21	6.4 (72.7%)
16	MARCHEWKA Elżbieta	659		K40	16	Beskidnicy	00:23:05	01:20:09	03:56:59	05:41:18	08:01:18	08:08:53.10	08:09:08.95	+02:12:48 (27.2%)	9:24	6.4 (72.7%)
17	SAKOWSKA Aneta	152		K40	17		00:22:49	01:20:49	03:57:49	05:37:18	08:01:39	08:10:22.10	08:10:53.25	+02:14:33 (27.4%)	9:25	6.4 (72.7%)
18	PRYCIŃSKA Wiesława	558		K40	18		00:24:34	01:26:56	03:56:40	05:39:10	08:03:27	08:12:29.05	08:13:14.60	+02:16:54 (27.8%)	9:28	6.3 (71.6%)
19	MICHALAK Joanna	300		K40	19		00:23:39	01:20:39	03:51:17	05:35:06	08:06:52	08:15:47.35	08:16:26.80	+02:20:06 (28.2%)	9:32	6.3 (71.6%)
20	GEZELA Joanna	527		K40	20	Euforia Biegacza	00:23:56	01:22:05	04:00:14	05:41:16	08:12:08	08:21:58.75	08:22:24.50	+02:26:04 (29.1%)	9:39	6.2 (70.5%)
21	POPŁAWSKA Katarzyna	96		K40	21		00:23:00	01:17:08	03:56:26	05:37:28	08:13:40	08:24:01.45	08:24:47.05	+02:28:26 (29.4%)	9:41	6.2 (70.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	P1_Krzyzowka_z_czerwonym	P2_Roztoki	P3_Solinka_herlaty	P2_Roztoki	P1_Krzyzowka_z_czerwonym	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							3.25km	11.9km	30km	37.8km	50.86km	52km	52km			
22	ZBYSŁAW Beata	62		K40	22		00:23:39	01:25:07	04:06:04	05:49:27	08:19:05	08:27:56.25	08:28:11.45	+02:31:51 (29.9%)	9:46	6.1 (69.3%)
23	KOSNOWSKA Katarzyna	633		K40	23		00:23:35	01:21:48	04:08:40	05:55:11	08:20:49	08:29:46.70	08:30:18.20	+02:33:58 (30.2%)	9:48	6.1 (69.3%)
24	PATURA Ania	149		K40	24	Łódzka Grupa Szaleńców	00:22:22	01:15:06	03:50:19	05:38:36	08:20:02	08:32:16.35	08:33:02.85	+02:36:42 (30.5%)	9:51	6.1 (69.3%)
25	MEKSA Patrycja	188		K40	25		00:23:33	01:20:14	04:02:43	05:50:00	08:27:50	08:38:07.05	08:38:40.25	+02:42:20 (31.3%)	9:57	6 (68.2%)
	TKACZYK Jolanta	253		K40		Lubelska Grupa Triathlonu - Sklep Biegacza Lublin - WW Team	00:23:54 DNF	01:23:16 DNF	04:14:57 DNF	06:01:08 DNF	DNF	DNF	DNF	-	-	(0.0%)
	MATOGA Lucyna	55		K40			00:24:47 DNF	01:26:12 DNF	04:20:08 DNF	06:10:00 DNF	DNF	DNF	DNF	-	-	(0.0%)
	HUZIOR Ela	381		K40			00:24:33 DNF	01:29:07 DNF	04:26:10 DNF	06:11:08 DNF	DNF	DNF	DNF	-	-	(0.0%)
	WITKOWSKA Jolanta	218		K40			00:25:55 DNF	01:33:59 DNF	04:27:15 DNF	06:11:31 DNF	DNF	DNF	DNF	-	-	(0.0%)
	DOMARADZKA Ewa	190		K40		Dziolchy i Synki Squad	00:24:30 DNF	01:26:33 DNF	04:28:52 DNF	06:21:19 DNF	DNF	DNF	DNF	-	-	(0.0%)
	JACKOWSKA Ewa	216		K40			00:23:15 DNF	01:23:43 DNF	04:16:00 DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

Znaleziono 31 wynik(ów)