

# IV ULTRAMARATON BIESZCZADZKI

B4SPORT

**Wydarzenie:** Maraton Bieszczadzki 2016  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2016-10-09  
**Miejsce:** Cisna  
**Dystans:** 52 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	P1_Krzyzowka_z_czerwonym 3.25km	P2_Roztoki 11.9km	P3_Solinka_herlaty 30km	P2_Roztoki 37.8km	P1_Krzyzowka_z_czerwonym 50.86km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
1	<b>PUZIA Krzysztof</b>	<b>649</b>		M50	1		00:16:12	00:55:36	02:36:47	03:40:45	05:23:33	<b>05:30:04.65</b>	<b>05:30:08.75</b>		6:20	9.5 (100%)
2	<b>LUBAŃSKI Robert</b>	<b>356</b>		M50	2		00:16:08	00:55:39	02:36:47	03:42:12	05:25:18	<b>05:31:43.70</b>	<b>05:31:48.35</b>	+00:01:39 (0.5%)	6:22	9.4 (98.9%)
3	<b>PODLEŚ Robert</b>	<b>363</b>		M50	3			00:58:56	02:49:37	04:05:19		<b>05:57:13.30</b>	<b>05:57:16.90</b>	+00:27:08 (7.6%)	6:52	8.7 (91.6%)
4	<b>WOŁOSZYN Ryszard</b>	<b>498</b>		M50	4		00:17:50	01:01:42	02:58:41	04:12:54	06:01:42	<b>06:07:14.35</b>	<b>06:07:22.40</b>	+00:37:13 (10.1%)	7:03	8.5 (89.5%)
5	<b>BIAŁEK Olaf</b>	<b>500</b>		M50	5		00:20:50	01:08:30	03:07:52	04:20:09	06:03:37	<b>06:10:59.00</b>	<b>06:11:15.50</b>	+00:41:06 (11.1%)	7:08	8.4 (88.4%)
6	<b>PTASZYŃSKI Wojciech</b>	<b>108</b>		M50	6		00:18:16	01:02:06	03:02:48	04:17:50	06:05:16	<b>06:12:52.85</b>	<b>06:13:00.05</b>	+00:42:51 (11.5%)	7:10	8.4 (88.4%)
7	<b>GWIAZDA Wiesław</b>	<b>432</b>		M50	7		00:19:16	01:06:17	03:04:56	04:19:47	06:15:00	<b>06:22:11.40</b>	<b>06:22:27.55</b>	+00:52:18 (13.7%)	7:20	8.2 (86.3%)
8	<b>RZESZÓTKO Leszek</b>	<b>546</b>		M50	8		00:17:34	01:02:10	03:04:16	04:27:16	06:22:43	<b>06:28:41.80</b>	<b>06:28:48.10</b>	+00:58:39 (15.1%)	7:28	8 (84.2%)
9	<b>OLEKSY Jarosław</b>	<b>615</b>		M50	9		00:21:24	01:13:24	03:21:49	04:34:58	06:22:16	<b>06:29:01.60</b>	<b>06:35:49.50</b>	+01:05:40 (16.6%)	7:28	8 (84.2%)
10	<b>MAKAROWSKI Wiesław</b>	<b>422</b>		M50	10		00:19:44	01:08:34	03:17:39	04:40:40	06:31:30	<b>06:37:39.65</b>	<b>06:37:48.15</b>	+01:07:39 (17.0%)	7:38	7.8 (82.1%)
11	<b>SZYBIAK Waldemar</b>	<b>281</b>		M50	11		00:19:25	01:07:25	03:16:44	04:47:44	06:44:23	<b>06:50:35.25</b>	<b>06:50:53.20</b>	+01:20:44 (19.7%)	7:53	7.6 (80.0%)
12	<b>KONDRAK Jan</b>	<b>40</b>		M50	12		00:18:17	01:03:56	03:10:22	04:43:19	06:44:39	<b>06:51:19.80</b>	<b>06:51:37.65</b>	+01:21:28 (19.8%)	7:54	7.6 (80.0%)
13	<b>KUSTROŃ Adam</b>	<b>634</b>		M50	13	Beskidnicy	00:20:43	01:11:07	03:24:35	04:47:32	06:45:39	<b>06:52:48.90</b>	<b>06:53:05.10</b>	+01:22:56 (20.1%)	7:56	7.6 (80.0%)
14	<b>WOROBIEC Józef</b>	<b>65</b>		M50	14		00:17:36	01:00:44	03:06:18	04:44:44	06:44:45	<b>06:53:57.05</b>	<b>06:54:03.25</b>	+01:23:54 (20.3%)	7:57	7.5 (78.9%)
15	<b>TUROSZ Zbigniew</b>	<b>208</b>		M50	15		00:19:33	01:07:26	03:16:51	04:45:08	06:48:36	<b>06:55:19.95</b>	<b>06:55:29.55</b>	+01:25:20 (20.5%)	7:59	7.5 (78.9%)
16	<b>TERLECKI Krzysztof</b>	<b>376</b>		M50	16		00:22:23	01:11:28	03:20:14	04:45:35	06:51:14	<b>06:57:57.45</b>	<b>06:58:48.05</b>	+01:28:39 (21.2%)	8:02	7.5 (78.9%)
17	<b>KONIECZNY Mariusz</b>	<b>282</b>		M50	17		00:19:24	01:07:24	03:16:45	04:47:43	06:52:58	<b>07:00:05.70</b>	<b>07:00:24.05</b>	+01:30:15 (21.5%)	8:04	7.4 (77.9%)
18	<b>BAK Adam</b>	<b>36</b>		M50	18		00:20:34	01:09:18	03:22:48	04:50:41	06:54:42	<b>07:01:35.30</b>	<b>07:01:48.00</b>	+01:31:39 (21.7%)	8:06	7.4 (77.9%)
19	<b>GŁOWACKI Jacek</b>	<b>651</b>		M50	19		00:20:33	01:13:03	03:37:47	05:04:44	07:05:19	<b>07:12:54.50</b>	<b>07:13:10.35</b>	+01:43:01 (23.8%)	8:19	7.2 (75.8%)
20	<b>KIEŁBASZEWSKI Jarosław</b>	<b>228</b>		M50	20		00:22:06	01:15:12	03:34:55	05:05:58	07:08:38	<b>07:15:48.45</b>	<b>07:16:04.75</b>	+01:45:56 (24.3%)	8:22	7.2 (75.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	P1_Krzyzowka_z_czerwonym 3.25km	P2_Roztoki 11.9km	P3_Solinka_herlaty 30km	P2_Roztoki 37.8km	P1_Krzyzowka_z_czerwonym 50.86km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
21	<b>ELMINOWSKI Wojciech</b>	<b>359</b>		M50	21		00:21:32	01:14:24	03:39:48	05:15:37	07:17:31	<b>07:24:32.25</b>	<b>07:24:40.30</b>	+01:54:31 (25.8%)	8:32	7 (73.7%)
22	<b>JABŁCZYŃSKI Paweł</b>	<b>664</b>		M50	22		00:22:00	01:16:35	03:34:22	05:11:45	07:30:51	<b>07:38:54.50</b>	<b>07:39:20.85</b>	+02:09:12 (28.1%)	8:49	6.8 (71.6%)
23	<b>MIREK Waldemar</b>	<b>111</b>		M50	23		00:20:35	01:11:06	03:36:19	05:19:23	07:34:09	<b>07:43:13.05</b>	<b>07:43:29.00</b>	+02:13:20 (28.8%)	8:54	6.7 (70.5%)
24	<b>DOMAGALSKI Ryszard</b>	<b>652</b>		M50	24		00:23:07	01:16:35	03:44:32	05:22:25	07:35:49	<b>07:43:59.85</b>	<b>07:44:34.45</b>	+02:14:25 (28.9%)	8:55	6.7 (70.5%)
25	<b>KUŁAKOWSKI Piotr</b>	<b>199</b>		M50	25		00:24:01	01:21:03	03:53:15	05:28:06	07:37:30	<b>07:44:51.70</b>	<b>07:45:36.65</b>	+02:15:27 (29.1%)	8:56	6.7 (70.5%)
26	<b>JURCZAK Roman</b>	<b>66</b>		M50	26		00:19:41	01:09:37	03:46:00	05:28:14	07:38:18	<b>07:45:36.40</b>	<b>07:45:38.65</b>	+02:15:29 (29.1%)	8:57	6.7 (70.5%)
27	<b>DZIADOSZ Artur</b>	<b>608</b>		M50	27		00:22:02	01:16:27	03:55:39	05:40:16	07:50:48	<b>07:58:37.90</b>	<b>07:59:27.40</b>	+02:29:18 (31.1%)	9:12	6.5 (68.4%)
28	<b>URBAŃSKI Józef</b>	<b>680</b>		M50	28		00:22:57	01:17:39	03:53:27	05:37:25	07:55:26	<b>08:04:10.10</b>	<b>08:05:00.50</b>	+02:34:51 (31.9%)	9:18	6.4 (67.4%)
29	<b>ZIÓLEK Mirosław</b>	<b>582</b>		M50	29		00:23:58	01:22:20	03:56:18	05:37:29	07:56:43	<b>08:05:05.20</b>	<b>08:05:23.60</b>	+02:35:14 (32.0%)	9:19	6.4 (67.4%)
30	<b>SPYRA Mariusz</b>	<b>129</b>		M50	30		00:23:02	01:20:40	03:50:48	05:31:01	07:57:39	<b>08:06:19.95</b>	<b>08:06:34.25</b>	+02:36:25 (32.1%)	9:21	6.4 (67.4%)
31	<b>PODOLAK Zbigniew</b>	<b>326</b>		M50	31		00:20:52	01:15:20	03:59:21	05:40:44	08:06:27	<b>08:13:08.15</b>	<b>08:13:15.90</b>	+02:43:07 (33.1%)	9:29	6.3 (66.3%)
32	<b>PECIAK Robert</b>	<b>366</b>		M50	32	Lubelska Grupa Triathlonu - Sklep Biegacza Lublin - WW Team	00:21:42	01:14:03	03:45:20	05:35:35	08:07:00	<b>08:16:16.65</b>	<b>08:16:42.75</b>	+02:46:34 (33.5%)	9:32	6.3 (66.3%)
33	<b>DŁUGOSZ Marek</b>	<b>73</b>		M50	33		00:22:05	01:20:54	03:53:21	05:40:20	08:07:42	<b>08:16:10.95</b>	<b>08:16:57.80</b>	+02:46:49 (33.6%)	9:32	6.3 (66.3%)
34	<b>BULKOWSKI Waldemar</b>	<b>467</b>		M50	34		00:22:32	01:14:22	03:59:48	05:45:09	08:10:30	<b>08:19:08.90</b>	<b>08:19:51.90</b>	+02:49:43 (34.0%)	9:35	6.3 (66.3%)
35	<b>KARANOS Tadeusz</b>	<b>284</b>		M50	35		00:22:06	01:15:13	04:06:22	05:51:20	08:17:53	<b>08:25:52.55</b>	<b>08:26:09.00</b>	+02:56:00 (34.8%)	9:43	6.2 (65.3%)
36	<b>OGRODOWICZ Jacek</b>	<b>429</b>		M50	36		00:23:46	01:26:02	04:05:31	05:48:34	08:20:07	<b>08:29:05.40</b>	<b>08:29:40.65</b>	+02:59:31 (35.2%)	9:47	6.1 (64.2%)
37	<b>HORBACZEWSKI Marek</b>	<b>653</b>		M50	37		00:22:25	01:20:41	03:56:39	05:49:00	08:34:45	<b>08:44:54.40</b>	<b>08:45:39.20</b>	+03:15:30 (37.2%)	10:05	5.9 (62.1%)
	<b>ZBYSŁAW Robert</b>	<b>61</b>		M50			DNF	01:28:18 DNF	04:16:22 DNF	05:59:01 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>FUNKA Andrzej</b>	<b>303</b>		M50			00:24:18 DNF	01:22:59 DNF	04:19:22 DNF	06:18:34 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>OBARSKI Norbert</b>	<b>632</b>		M50			00:21:21 DNF	01:19:18 DNF	04:24:45 DNF	06:19:03 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>PYSIEWICZ Krzysztof</b>	<b>451</b>		M50			00:26:23 DNF	01:33:01 DNF	04:39:32 DNF	06:33:58 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 41 wynik(ów)