



## IV ULTRAMARATON PUSZCZY BYDGOSKIEJ - ULTRA ŁOŚ

B4SPORT

**Wydarzenie:** IV Biegi Puszczy Bydgoskiej  
**Organizator:** FUNDACJA "Aktywne Kujawy"  
**Data:** 2019-10-05  
**Miejsce:** BYDGOSZCZ  
**Dystans:** 67 km



Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap 22.57km	Lap 43.47km	Czas netto 66.69km	Różn	Tempo min/km	Tempo km/h
1	RYCHTER Karol	310	THE RYCHTERS	M-40	1	01:58:14	03:45:42	<b>05:53:03.00</b>		5:17	11.3 (100%)
2	ŁĄCZNY Jarosław	127	PB SLA	M-40	2	01:48:35	03:44:30	<b>05:55:12.20</b>	+00:02:09 (0.6%)	5:19	11.3 (100%)
3	OBREBSKI Grzegorz	165		M-40	3	01:49:20	03:45:30	<b>06:01:05.25</b>	+00:08:02 (2.2%)	5:24	11.1 (98.2%)
4	HAUPA Maciej	64	KS DEBIUT	M-40	4	01:56:58	03:52:38	<b>06:09:47.90</b>	+00:16:44 (4.5%)	5:32	10.8 (95.6%)
5	LEWANDOWSKI Filip	117		M-30	1	02:00:18	03:58:54	<b>06:16:36.30</b>	+00:23:33 (6.3%)	5:38	10.6 (93.8%)
6	PIETRYSZYN Emil	176	PAŁUKI RUNNING TEAM	M-20	1	01:49:16	03:47:17	<b>06:23:36.80</b>	+00:30:33 (8.0%)	5:45	10.4 (92.0%)
7	MUCHA Robert	149	FSD RUN DREZDENKO	M-50	1	01:56:57	03:52:54	<b>06:25:49.35</b>	+00:32:46 (8.5%)	5:47	10.4 (92.0%)
8	KAWIECKI Paweł	86	AKADEMIAMUZYCZNABIEGA	M-20	2	02:00:17	03:58:54	<b>06:26:50.15</b>	+00:33:47 (8.7%)	5:48	10.3 (91.2%)
9	SZRULL Zenon	233		M-30	2	01:52:03	03:52:50	<b>06:28:02.65</b>	+00:34:59 (9.0%)	5:49	10.3 (91.2%)
10	SIUCHNIŃSKI Tomasz	204		M-40	5	01:58:22	04:01:29	<b>06:28:24.80</b>	+00:35:21 (9.1%)	5:49	10.3 (91.2%)
11	RUDNICKI Michał	194	PUSZCZALSCY	M-30	3	01:58:22	04:03:57	<b>06:36:56.00</b>	+00:43:53 (11.1%)	5:57	10.1 (89.4%)
12	ZDANOWSKI Dawid	277	WKURW_TEAM	M-20	3	02:01:00	04:20:39	<b>06:51:55.10</b>	+00:58:52 (14.3%)	6:10	9.7 (85.8%)
13	KUREK Jarosław	111	ENDORFINA WSCHOWA	M-30	4	02:01:00	04:20:22	<b>06:54:06.95</b>	+01:01:03 (14.7%)	6:12	9.7 (85.8%)
14	KOPACZ Adrian	92		M-30	5	01:53:15	04:03:58	<b>06:54:11.20</b>	+01:01:08 (14.8%)	6:12	9.7 (85.8%)
15	SIP Wojciech	203	FSD RUN DREZDENKO	M-40	6	02:08:25	04:21:49	<b>07:02:53.00</b>	+01:09:50 (16.5%)	6:20	9.5 (84.1%)
16	DĄBKOWSKI Wojciech	35		M-30	6	02:10:23	04:27:28	<b>07:04:04.65</b>	+01:11:01 (16.7%)	6:21	9.4 (83.2%)
17	WIŚNIEWSKI Wojciech	261		M-40	7	02:17:22	04:31:05	<b>07:08:00.55</b>	+01:14:57 (17.5%)	6:25	9.3 (82.3%)
18	DROCIAK Michał	43	OSOWA GÓRA TEAM	M-30	7	02:09:02	04:30:34	<b>07:10:29.00</b>	+01:17:26 (18.0%)	6:27	9.3 (82.3%)
19	MAKOWSKI Sławomir	133	RUN BYDGOSZCZ	M-50	2	02:21:08	04:36:29	<b>07:12:06.50</b>	+01:19:03 (18.3%)	6:28	9.3 (82.3%)
20	LATOS Paweł	115	BRACIA LATOS	M-30	8	02:03:29	04:23:22	<b>07:14:22.75</b>	+01:21:19 (18.7%)	6:30	9.2 (81.4%)
21	NOWAK Przemysław	163	KABEL TEAM BYDGOSZCZ	M-30	9	02:17:10	04:39:48	<b>07:20:18.50</b>	+01:27:15 (19.8%)	6:36	9.1 (80.5%)
22	MĄDRAWSKI Rafał	140	FSD RUN DREZDENKO	M-40	8	02:16:41	04:38:48	<b>07:27:17.20</b>	+01:34:14 (21.1%)	6:42	8.9 (78.8%)
23	ZATORSKI Dariusz	276	FSD RUN DREZDENKO	M-40	9	02:16:41	04:34:44	<b>07:27:17.70</b>	+01:34:14 (21.1%)	6:42	8.9 (78.8%)
24	MARĆ Robert	136		M-40	10	02:11:47	04:32:20	<b>07:28:51.10</b>	+01:35:48 (21.3%)	6:43	8.9 (78.8%)
25	LUTOWSKI Wojciech	125	TKKF KOLEJARZ BYDGOSZCZ	M-30	10	02:05:09	04:27:31	<b>07:28:58.10</b>	+01:35:55 (21.4%)	6:43	8.9 (78.8%)
26	SOBAŃSKI Michał	210	CNN	M-30	11	02:30:17	05:00:54	<b>07:46:21.65</b>	+01:53:18 (24.3%)	6:59	8.6 (76.1%)
27	LISIECKI Jacek	123		M-40	11	02:10:24	04:40:43	<b>07:52:47.85</b>	+01:59:44 (25.3%)	7:05	8.5 (75.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap		Czas netto	Różn	Tempo min/km	Tempo km/h
						22.57km	43.47km	66.69km			
28	<b>FRYDRYCH Tomasz</b>	<b>52</b>	ZAGNANSK BIEGA	M-30	12	02:20:50	04:52:44	<b>07:54:51.75</b>	+02:01:48 (25.7%)	7:07	8.4 (74.3%)
29	<b>HIRT Tomasz</b>	<b>67</b>	CB163	M-30	13	02:17:46	05:03:25	<b>07:55:08.90</b>	+02:02:05 (25.7%)	7:07	8.4 (74.3%)
30	<b>DĘBICKI Darek</b>	<b>37</b>		M-30	14	02:19:50	04:55:34	<b>07:56:06.85</b>	+02:03:03 (25.8%)	7:08	8.4 (74.3%)
31	<b>DAWISKIBA Artur</b>	<b>34</b>	FSD RUN DREZDENKO	M-40	12	02:18:33	04:59:39	<b>07:59:05.15</b>	+02:06:02 (26.3%)	7:11	8.4 (74.3%)
32	<b>BORDUNA Łukasz</b>	<b>11</b>	FSD RUN DERZDENKO	M-40	13	02:17:46	04:52:59	<b>08:00:11.45</b>	+02:07:08 (26.5%)	7:12	8.3 (73.5%)
33	<b>GRUBICH Damian</b>	<b>61</b>	PARKRUN GRUDZIĄDZ	M-40	14	02:28:16	05:16:19	<b>08:03:54.40</b>	+02:10:51 (27.0%)	7:15	8.3 (73.5%)
34	<b>ZIENKIEWICZ Rafał</b>	<b>278</b>	BIEGAJĄCY TCZEW	M-30	15	02:08:29	04:47:03	<b>08:05:52.95</b>	+02:12:49 (27.3%)	7:17	8.2 (72.6%)
35	<b>SŁODOWNIK Rafał</b>	<b>207</b>	BYDGOSZCZ FAN MARATON	M-40	15	02:27:18	05:06:51	<b>08:08:53.10</b>	+02:15:50 (27.8%)	7:19	8.2 (72.6%)
36	<b>KOWALSKI Paweł</b>	<b>94</b>	KOWALE TEAM	M-40	16	02:27:17	05:06:49	<b>08:08:53.35</b>	+02:15:50 (27.8%)	7:19	8.2 (72.6%)
37	<b>LEWIŃSKI Jacek</b>	<b>119</b>		M-30	16	02:24:23	05:08:09	<b>08:11:44.95</b>	+02:18:41 (28.2%)	7:22	8.1 (71.7%)
38	<b>ŁOŚ Piotr</b>	<b>128</b>		M-40	17	02:12:51	04:56:49	<b>08:16:50.10</b>	+02:23:47 (28.9%)	7:26	8.1 (71.7%)
39	<b>SZTEJKA Damian</b>	<b>235</b>		M-40	18	02:33:06	05:15:43	<b>08:18:13.35</b>	+02:25:10 (29.1%)	7:28	8 (70.8%)
40	<b>SOBCZAK Tomasz</b>	<b>211</b>	REBORN TEAM GNIEZNO	M-40	19	02:16:26	05:05:32	<b>08:25:32.80</b>	+02:32:29 (30.2%)	7:34	7.9 (69.9%)
41	<b>TEKLIŃSKI Dawid</b>	<b>246</b>	WTORKOWY TRENING	M-30	17	02:10:54	04:49:34	<b>08:31:18.55</b>	+02:38:15 (31.0%)	7:40	7.8 (69.0%)
42	<b>RACIBORSKI Grzegorz</b>	<b>187</b>	TASAK TEAM	M-40	20	02:19:20	05:15:49	<b>08:39:48.45</b>	+02:46:45 (32.1%)	7:47	7.7 (68.1%)
43	<b>WEILAND Adrian</b>	<b>258</b>	NIGHT WOLVES SŁUPSK	M-30	18	02:18:06	05:16:36	<b>08:47:06.00</b>	+02:54:03 (33.0%)	7:54	7.6 (67.3%)
44	<b>SZWARC Paweł</b>	<b>239</b>	AKADEMIA MISTRZÓW SPORTU / RUN BYDGOSZCZ	M-30	19	02:39:06	05:39:46	<b>08:49:30.45</b>	+02:56:27 (33.3%)	7:56	7.6 (67.3%)
45	<b>SZWEDA Marek</b>	<b>240</b>		M-60+	1	02:23:58	05:14:05	<b>08:53:22.40</b>	+03:00:19 (33.8%)	7:59	7.5 (66.4%)
46	<b>GUŻDZIOŁ Jarek</b>	<b>62</b>	TBKM WILK SOLEC KUJAWSKI	M-40	21	02:39:02	05:39:50	<b>09:09:30.75</b>	+03:16:27 (35.8%)	8:14	7.3 (64.6%)
47	<b>WAWRZYŃIAK Dawid</b>	<b>307</b>	FORDONRUNNERS	M-30	20	02:55:22	06:04:17	<b>09:10:51.45</b>	+03:17:48 (35.9%)	8:15	7.3 (64.6%)
48	<b>BUCHALSKI Rafał</b>	<b>19</b>	REBELLION OF FREE RUNNERS	M-20	4	02:25:22	05:27:03	<b>09:18:43.45</b>	+03:25:40 (36.8%)	8:22	7.2 (63.7%)
49	<b>SIEKIERSKI Tomasz</b>	<b>202</b>	PUSZCZALSCY	M-40	22	02:37:26	05:47:53	<b>09:36:17.10</b>	+03:43:14 (38.7%)	8:38	6.9 (61.1%)

Znaleziono 49 wynik(ów)