



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

IV ZIMOWA BIESZCZADZKA DYCHA 2018

Zimowy Maraton Bieszczadzki 2018
Fundacja Bieg Rzeźnika
2018-01-28
Cisna
10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

B4SPORT

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 0.1km	Split_Mateusz 5.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	WITEK Elżbieta	1248		K30	1	00:00:38	00:29:39	00:44:39.00	00:44:39.00		4:27	13.4 (100%)
2	SIEMIĄTKOWSKA Katarzyna	1179		K30	2	00:00:59	00:33:51	00:50:34.40	00:50:34.40	+00:05:55 (11.7%)	5:03	11.9 (88.8%)
3	TRZASKOWSKA Joanna	1109	TRUCHT TARCHOMIN TEAM	K30	3	00:01:02	00:36:18	00:53:52.00	00:53:52.00	+00:09:13 (17.1%)	5:23	11.1 (82.8%)
4	SASAL Monika	1107		K30	4	00:01:15	00:37:53	00:57:14.35	00:57:14.35	+00:12:35 (22.0%)	5:43	10.5 (78.4%)
5	WAŁACHOWSKA Urszula	1193		K30	5	00:00:56	00:38:29	00:59:25.70	00:59:25.70	+00:14:46 (24.9%)	5:56	10.1 (75.4%)
6	MARSZAŁ Katarzyna	1099		K30	6	00:01:18	00:40:16	00:59:50.05	00:59:50.05	+00:15:11 (25.4%)	5:59	10 (74.6%)
7	MACHUCKA Ewelina	1094		K30	7	00:01:34	00:40:55	01:01:26.35	01:01:26.35	+00:16:47 (27.3%)	6:08	9.8 (73.1%)
8	BIESZCZAD Ilona	1052	KKB MOSIR KROSNO	K30	8	00:02:30	00:41:15	01:02:09.60	01:02:09.60	+00:17:30 (28.2%)	6:12	9.7 (72.4%)
9	RÓŻYCKA Dorota	1177	NOWY STYL GROUP RUNNING TEAM	K30	9	00:02:11	00:41:46	01:02:14.05	01:02:14.05	+00:17:35 (28.3%)	6:13	9.6 (71.6%)
10	SAMBORSKA Weronika	1178	NOWY STYL GROUP RUNNING TEAM	K30	10	00:02:10	00:42:11	01:02:15.95	01:02:15.95	+00:17:36 (28.3%)	6:13	9.6 (71.6%)
11	ŻARNICKA Anna	1035	STAY INSANE/CROSSFIT Z16	K30	11	00:02:26	00:42:46	01:02:38.50	01:02:38.50	+00:17:59 (28.7%)	6:15	9.6 (71.6%)
12	GUZEK Ewa	140	DZIKIE GRUBASY SZATANA	K30	12	00:01:50	00:42:19	01:02:42.90	01:02:42.90	+00:18:03 (28.8%)	6:16	9.6 (71.6%)
13	BURDA Renata	1282	MTB MOSIR DUKLA	K30	13	00:01:02	00:40:54	01:02:45.70	01:02:45.70	+00:18:06 (28.9%)	6:16	9.6 (71.6%)
14	TYLKA Małgosia	1131		K30	14	00:02:48	00:43:30	01:03:57.80	01:03:57.80	+00:19:18 (30.2%)	6:23	9.4 (70.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 0.1km	Split_Mateusz 5.5km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 10km	brutto 10km			
15	PIRÓG Beata	1305		K30	15	00:01:18	00:42:35	01:04:21.10	01:04:21.10	+00:19:42 (30.6%)	6:26	9.3 (69.4%)
16	KOCIOŁEK Aleksandra	1130		K30	16	00:02:22	00:42:52	01:04:28.25	01:04:28.25	+00:19:49 (30.7%)	6:26	9.3 (69.4%)
17	WARCHOŁ - SNUZIK Patrycja	1159	SOLINA TEAM	K30	17	00:00:55	00:42:24	01:04:39.70	01:04:39.70	+00:20:00 (30.9%)	6:27	9.3 (69.4%)
18	KASPROWICZ Justyna	1147	FUN&RUN	K30	18	00:00:58	00:43:01	01:04:51.00	01:04:51.00	+00:20:12 (31.1%)	6:29	9.3 (69.4%)
19	BIEDRZYCKA Marta	1079	DZIKIE GRUBASY SZATANA	K30	19	00:01:54	00:44:43	01:05:55.35	01:05:55.35	+00:21:16 (32.3%)	6:35	9.1 (67.9%)
20	JAWORSKA Marta	1182		K30	20	00:02:12	00:44:01	01:06:15.40	01:06:15.40	+00:21:36 (32.6%)	6:37	9.1 (67.9%)
21	PABIAŃCZYK Małgorzata	1286		K30	21	00:02:05	00:44:22	01:06:58.95	01:06:58.95	+00:22:19 (33.3%)	6:41	9 (67.2%)
22	KOLIBAROVA Martina	1309	MARAS TEAM	K30	22	00:01:54	00:45:21	01:07:02.80	01:07:02.80	+00:22:23 (33.4%)	6:42	9 (67.2%)
23	GNIECIAK Monika	1126	BIESZCZADYRUN	K30	23	00:02:00	00:44:56	01:07:28.00	01:07:28.00	+00:22:49 (33.8%)	6:44	8.9 (66.4%)
24	KOCEMBA Danuta	1114	BRAK	K30	24	00:01:38	00:44:51	01:07:29.60	01:07:29.60	+00:22:50 (33.8%)	6:44	8.9 (66.4%)
25	KOŁODZIEJCZYK Joanna	1311		K30	25	00:02:20	00:45:58	01:07:34.80	01:07:34.80	+00:22:55 (33.9%)	6:45	8.9 (66.4%)
26	OKLEJ Agata	1300	KORNIŁOW TEAM	K30	26	00:02:56	00:46:47	01:08:20.20	01:08:20.20	+00:23:41 (34.7%)	6:50	8.8 (65.7%)
27	NOWAK Wioletta	1229	DZIKIE MUSTANGI	K30	27	00:01:42	00:43:26	01:08:39.60	01:08:39.60	+00:24:00 (35.0%)	6:51	8.7 (64.9%)
28	ŚWIGONIAK Anna	1014	NOWA HUTA TEAM FUNDACJA BIEG ROLNIKA	K30	28	00:01:42	00:46:56	01:09:09.60	01:09:09.60	+00:24:30 (35.4%)	6:54	8.7 (64.9%)
29	OWOCKA Ewa	1289	MIECHOWICKA GRUPA BIEGOWA	K30	29	00:01:54	00:46:43	01:09:26.85	01:09:26.85	+00:24:47 (35.7%)	6:56	8.6 (64.2%)
30	JANKOWSKA Małgorzata	1110		K30	30	00:02:33	00:48:44	01:09:28.80	01:09:28.80	+00:24:49 (35.7%)	6:56	8.6 (64.2%)
31	BRZozowska Paulina	1170		K30	31	00:02:42	00:47:23	01:10:19.90	01:10:19.90	+00:25:40 (36.5%)	7:01	8.5 (63.4%)
32	LENKIEWICZ-BARDZIŃSKA Agata	1210	MKS HALICZ, NADLEŚNICTWO LUTOWISKA	K30	32	00:01:06	00:46:55	01:10:45.30	01:10:45.30	+00:26:06 (36.9%)	7:04	8.5 (63.4%)
33	TOBERA Alicja	1149		K30	33	00:02:17	00:47:15	01:10:49.40	01:10:49.40	+00:26:10 (37.0%)	7:04	8.5 (63.4%)
34	SARNA Agata	1040		K30	34	00:01:24	00:47:09	01:11:01.90	01:11:01.90	+00:26:22 (37.1%)	7:06	8.4 (62.7%)
35	KOKOT Katarzyna	672	AKTYWNY DYNÓW	K30	35	00:02:47	00:49:32	01:11:09.85	01:11:09.85	+00:26:30 (37.3%)	7:06	8.4 (62.7%)
36	GŁUSZKO Justyna	1231	SOLIN TEAM	K30	36	00:02:02	00:47:17	01:11:20.75	01:11:20.75	+00:26:41 (37.4%)	7:08	8.4 (62.7%)
37	WOŹNIAK Aleksandra	1169		K30	37	00:02:44	00:48:15	01:11:42.15	01:11:42.15	+00:27:03 (37.7%)	7:10	8.4 (62.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 0.1km	Split_Mateusz 5.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
38	GADECKA Magdalena	1057	RAPTOWNI	K30	38	00:02:23	00:50:05	01:11:45.95	01:11:45.95	+00:27:06 (37.8%)	7:10	8.4 (62.7%)
39	DĄBRÓWKA Nina	1200	FUNDACJA LATARNIA	K30	39	00:01:17	00:47:40	01:12:10.70	01:12:10.70	+00:27:31 (38.1%)	7:13	8.3 (61.9%)
40	KŁĘCZAR Ewa	1232	BRAK	K30	40	00:01:38	00:48:00	01:12:27.25	01:12:27.25	+00:27:48 (38.4%)	7:14	8.3 (61.9%)
41	STAWSKA Natalia	1047	LACHO TEAM	K30	41	00:02:58	00:49:14	01:12:53.35	01:12:53.35	+00:28:14 (38.7%)	7:17	8.2 (61.2%)
42	PARTYKA Agnieszka	1277		K30	42	00:03:01	00:49:52	01:13:01.90	01:13:01.90	+00:28:22 (38.9%)	7:18	8.2 (61.2%)
43	WRZOSEK Justyna	1059		K30	43	00:01:37	00:50:26	01:14:24.25	01:14:24.25	+00:29:45 (40.0%)	7:26	8.1 (60.4%)
44	PAWELEC Justyna	1060		K30	44	00:01:38	00:50:26	01:14:24.30	01:14:24.30	+00:29:45 (40.0%)	7:26	8.1 (60.4%)
45	KAŹMIERCZAK Malwina	1071	DZIKIE GRUBASY SZATANA	K30	45	00:01:55	00:50:35	01:16:15.75	01:16:15.75	+00:31:36 (41.5%)	7:37	7.9 (59.0%)
46	BARCZAK Sylwia	1301	PERFECT RUNNER /STAY INSANE	K30	46	00:01:41	00:55:08	01:20:54.90	01:20:54.90	+00:36:15 (44.8%)	8:05	7.4 (55.2%)
47	CZUBA Jadwiga	1287		K30	47	00:02:44	00:55:34	01:21:20.30	01:21:20.30	+00:36:41 (45.1%)	8:08	7.4 (55.2%)
48	SŁOBODA Magdalena	1119	RUNSŁOBODAN	K30	48	00:02:35	00:57:16	01:23:32.05	01:23:32.05	+00:38:53 (46.5%)	8:21	7.2 (53.7%)
49	BĄDZIUL Dorota	1018		K30	49	00:02:02	00:58:03	01:28:09.40	01:28:09.40	+00:43:30 (49.4%)	8:48	6.8 (50.7%)
50	ZAJDEL Monika	1101		K30	50	00:01:41	01:00:24	01:29:07.10	01:29:07.10	+00:44:28 (49.9%)	8:54	6.7 (50.0%)

Znaleziono 50 wynik(ów)