



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

## IV ZIMOWA BIESZCZADZKA DYCHA 2018

Zimowy Maraton Bieszczadzki 2018  
Fundacja Bieg Rzeźnika  
2018-01-28  
Cisna  
10 km

B4SPORT

**B4SPORT**  
INTELLIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 0.1km	Split_Mateusz 5.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>ŻELAZNY Agnieszka</b>	<b>1260</b>	GORLICKA GRUPA BIEGOWA	K40	1	00:01:01	00:35:30	<b>00:53:34.70</b>	<b>00:53:34.70</b>		5:21	11.2 (100%)
2	<b>RYŁKO Mariola</b>	<b>1227</b>	SOLINA TEAM	K40	2	00:00:56	00:36:00	<b>00:54:19.00</b>	<b>00:54:19.00</b>	+00:00:44 (1.4%)	5:25	11 (98.2%)
3	<b>SZYBIAK Joanna</b>	<b>1216</b>	AGONA W&M	K40	3	00:02:27	00:37:11	<b>00:55:50.10</b>	<b>00:55:50.10</b>	+00:02:15 (4.0%)	5:35	10.7 (95.5%)
4	<b>MAZUREK Katarzyna</b>	<b>1188</b>	LUBELSKIE STOWARZYSZENIE BIEGOWE	K40	4	00:01:50	00:38:57	<b>00:57:30.90</b>	<b>00:57:30.90</b>	+00:03:56 (6.8%)	5:45	10.4 (92.9%)
5	<b>GALANTY Agnieszka</b>	<b>1154</b>		K40	5	00:01:05	00:40:12	<b>00:59:29.90</b>	<b>00:59:29.90</b>	+00:05:55 (9.9%)	5:56	10.1 (90.2%)
6	<b>WYDRO Agata</b>	<b>1132</b>	FUN&RUN	K40	6	00:00:52	00:41:21	<b>00:59:31.50</b>	<b>00:59:31.50</b>	+00:05:56 (10.0%)	5:57	10.1 (90.2%)
7	<b>DZIERŻAK Elżbieta</b>	<b>1039</b>	HUSARIA RACE TEAM	K40	7	00:01:23	00:40:40	<b>00:59:57.50</b>	<b>00:59:57.50</b>	+00:06:22 (10.6%)	5:59	10 (89.3%)
8	<b>FILIPIAK Beata</b>	<b>1080</b>	MIECHOWICKA GRUPA BIEGOWA	K40	8	00:01:55	00:40:04	<b>01:00:38.15</b>	<b>01:00:38.15</b>	+00:07:03 (11.6%)	6:03	9.9 (88.4%)
9	<b>GRUCHAŁA Agnieszka</b>	<b>1118</b>		K40	9	00:01:24	00:40:40	<b>01:01:21.75</b>	<b>01:01:21.75</b>	+00:07:47 (12.7%)	6:08	9.8 (87.5%)
10	<b>STARZECKA Joanna</b>	<b>1041</b>		K40	10	00:01:10	00:41:09	<b>01:02:13.55</b>	<b>01:02:13.55</b>	+00:08:38 (13.9%)	6:13	9.6 (85.7%)
11	<b>LUZAR Monika</b>	<b>1076</b>	MIA	K40	11	00:01:11	00:41:38	<b>01:02:40.80</b>	<b>01:02:40.80</b>	+00:09:06 (14.5%)	6:16	9.6 (85.7%)
12	<b>SADOWIŃSKA Adriana</b>	<b>1016</b>	NOWA HUTA TEAM	K40	12	00:01:43	00:43:02	<b>01:03:41.45</b>	<b>01:03:41.45</b>	+00:10:06 (15.9%)	6:22	9.4 (83.9%)
13	<b>MAJCHROWICZ Marzenna</b>	<b>1185</b>		K40	13	00:02:46	00:43:28	<b>01:04:48.10</b>	<b>01:04:48.10</b>	+00:11:13 (17.3%)	6:28	9.3 (83.0%)
14	<b>RABSZTYN-PIEKARSKA Natasza</b>	<b>1044</b>		K40	14	00:01:28	00:42:43	<b>01:04:53.65</b>	<b>01:04:53.65</b>	+00:11:18 (17.4%)	6:29	9.2 (82.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 0.1km	Split_Mateusz 5.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
15	<b>SKUZA Małgorzata</b>	<b>1258</b>		K40	15	00:01:50	00:45:27	<b>01:07:13.65</b>	<b>01:07:13.65</b>	+00:13:38 (20.3%)	6:43	8.9 (79.5%)
16	<b>WYSOCKA Katarzyna</b>	<b>1086</b>		K40	16	00:02:21	00:43:54	<b>01:07:57.35</b>	<b>01:07:57.35</b>	+00:14:22 (21.2%)	6:47	8.8 (78.6%)
17	<b>GAJDA Beata</b>	<b>1240</b>	#YOLOTEAMKRK	K40	17	00:02:08	00:47:04	<b>01:11:05.20</b>	<b>01:11:05.20</b>	+00:17:30 (24.6%)	7:06	8.4 (75.0%)
18	<b>WIŚNIEWSKA Gosia</b>	<b>1097</b>		K40	18	00:02:38	00:48:23	<b>01:11:42.80</b>	<b>01:11:42.80</b>	+00:18:08 (25.3%)	7:10	8.4 (75.0%)
19	<b>ŻYNDĄ Marta</b>	<b>1141</b>	FUNDACJA KIERUNEK ULTRA	K40	19	00:01:18	00:47:15	<b>01:12:50.10</b>	<b>01:12:50.10</b>	+00:19:15 (26.4%)	7:17	8.2 (73.2%)
20	<b>PEKALSKA Anna</b>	<b>1184</b>		K40	20	00:02:10	00:48:16	<b>01:12:53.05</b>	<b>01:12:53.05</b>	+00:19:18 (26.5%)	7:17	8.2 (73.2%)
21	<b>ZWIERZ Małgorzata</b>	<b>1098</b>		K40	21	00:01:57	00:49:11	<b>01:13:18.50</b>	<b>01:13:18.50</b>	+00:19:43 (26.9%)	7:19	8.2 (73.2%)
22	<b>KRÓLIKOWSKA Katarzyna</b>	<b>1096</b>		K40	22	00:01:58	00:49:11	<b>01:13:23.00</b>	<b>01:13:23.00</b>	+00:19:48 (27.0%)	7:20	8.2 (73.2%)
23	<b>CZOCHARA Marta</b>	<b>1122</b>	AMATOR	K40	23	00:02:47	00:49:39	<b>01:14:32.20</b>	<b>01:14:32.20</b>	+00:20:57 (28.1%)	7:27	8.1 (72.3%)
24	<b>AUGUSTYNIĄ Kinga</b>	<b>1306</b>	LACHO TEAM	K40	24	00:02:07	00:49:39	<b>01:15:10.30</b>	<b>01:15:10.30</b>	+00:21:35 (28.7%)	7:31	8 (71.4%)
25	<b>GŁOWACKA Aleksandra</b>	<b>1143</b>	WIELISZEW HERON TEAM	K40	25	00:01:33	00:49:24	<b>01:17:40.75</b>	<b>01:17:40.75</b>	+00:24:06 (31.0%)	7:46	7.7 (68.8%)
26	<b>MARUT Kaśka</b>	<b>1263</b>	NIGHT RUNNERS GLIWICE	K40	26	00:02:28	00:52:27	<b>01:20:28.40</b>	<b>01:20:28.40</b>	+00:26:53 (33.4%)	8:02	7.5 (67.0%)
27	<b>GORAJ - ZAJĄC Aleksandra</b>	<b>1279</b>	NIGHTRUNNERS	K40	27	00:02:27	00:52:28	<b>01:20:30.25</b>	<b>01:20:30.25</b>	+00:26:55 (33.4%)	8:03	7.5 (67.0%)
28	<b>FRAĆ Elżbieta</b>	<b>1012</b>	NIGHT RUNNERS GLIWICE	K40	28	00:02:43	00:56:08	<b>01:24:42.80</b>	<b>01:24:42.80</b>	+00:31:08 (36.8%)	8:28	7.1 (63.4%)
29	<b>OŻÓG Iwona</b>	<b>1145</b>		K40	29	00:02:31	00:59:36	<b>01:30:01.85</b>	<b>01:30:01.85</b>	+00:36:27 (40.5%)	9:00	6.7 (59.8%)
30	<b>OŻÓG Dorota</b>	<b>1146</b>		K40	30	00:02:31	00:59:36	<b>01:30:02.30</b>	<b>01:30:02.30</b>	+00:36:27 (40.5%)	9:00	6.7 (59.8%)
31	<b>BOGDAŁ Joanna</b>	<b>1023</b>	NOWA HUTA TEAM	K40	31	00:01:44	01:02:01	<b>01:33:55.10</b>	<b>01:33:55.10</b>	+00:40:20 (43.0%)	9:23	6.4 (57.1%)

Znaleziono 31 wynik(ów)