



## IV ZIMOWY MARATON BIESZCZADZKI 2018 - 30KM

B4SPORT

**Wydarzenie:** Zimowy Maraton Bieszczadzki 2018  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2018-01-28  
**Miejsce:** Cisna  
**Dystans:** 30 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 2km	Czas netto 30.5km	Czas brutto 30.5km	Różn	Tempo min/km	Tempo km/h
1	<b>LIPA Wojciech</b>	<b>854</b>	RZESZOWSKIE GAZELE I GEPARDY	M40	1	00:00:41	<b>02:28:11.25</b>	<b>02:28:11.25</b>		4:51	12.3 (100%)
2	<b>KŁOSOK Adam</b>	<b>19</b>	INŻYNIERIA BIEGANIA TEAM	M40	2	00:01:02	<b>02:55:26.50</b>	<b>02:55:26.50</b>	+00:27:15 (15.5%)	5:45	10.4 (84.6%)
3	<b>RODZOCH Daniel</b>	<b>675</b>	RODZOCH TEAM	M30	1	00:00:57	<b>03:28:10.40</b>	<b>03:28:10.40</b>	+00:59:59 (28.8%)	6:49	8.8 (71.5%)
4	<b>TARNOWSKI Mieczysław</b>	<b>280</b>		M30	2	00:01:32	<b>03:34:01.35</b>	<b>03:34:01.35</b>	+01:05:50 (30.8%)	7:01	8.6 (69.9%)
5	<b>CHLEBIŃSKA Paulina</b>	<b>655</b>	RZESZOWSKIE GAZELE I GEPARDY	K30	1	00:02:19	<b>03:41:48.80</b>	<b>03:41:48.80</b>	+01:13:37 (33.2%)	7:16	8.3 (67.5%)
6	<b>WOLSKA Małgorzata</b>	<b>678</b>	WOLSCY BROTHERS TRIATHLON TEAM	K50	1	00:01:34	<b>03:46:39.15</b>	<b>03:46:39.15</b>	+01:18:27 (34.6%)	7:25	8.1 (65.9%)
7	<b>NOWOSIELSKA Agnieszka</b>	<b>608</b>	MKB DREPTAK	K30	2	00:00:55	<b>04:00:14.05</b>	<b>04:00:14.05</b>	+01:32:02 (38.3%)	7:52	7.6 (61.8%)
8	<b>STRZĘPKA Krzysztof</b>	<b>548</b>	KROKODYLE KOLBUSZOWA	M50	1	00:03:02	<b>04:05:25.30</b>	<b>04:05:25.30</b>	+01:37:14 (39.6%)	8:02	7.5 (61.0%)
9	<b>WALENTYNSKI Bartłomiej</b>	<b>761</b>	25X100	M20	1	00:00:51	<b>04:06:18.00</b>	<b>04:06:18.00</b>	+01:38:06 (39.8%)	8:04	7.4 (60.2%)
10	<b>KROENKE Barbara</b>	<b>457</b>	OBOZYBIEGOWE.PL	K60	1	00:01:47	<b>04:09:40.70</b>	<b>04:09:40.70</b>	+01:41:29 (40.6%)	8:11	7.3 (59.3%)
11	<b>MATUSZEWICZ Ewa</b>	<b>432</b>	KONDYCJA	K50	2	00:01:47	<b>04:09:40.90</b>	<b>04:09:40.90</b>	+01:41:29 (40.6%)	8:11	7.3 (59.3%)
12	<b>BRZOZOWSKA Alicja</b>	<b>455</b>	PKS GALOPUJĄCA SOCZEWICA	K20	1	00:01:55	<b>04:11:34.20</b>	<b>04:11:34.20</b>	+01:43:22 (41.1%)	8:14	7.3 (59.3%)
13	<b>KOZIOŁ Łukasz</b>	<b>328</b>		M30	3	00:02:24	<b>04:14:27.80</b>	<b>04:14:27.80</b>	+01:46:16 (41.8%)	8:20	7.2 (58.5%)
14	<b>OBARSKA Małgorzata</b>	<b>98</b>		K50	3	00:02:52	<b>04:28:23.65</b>	<b>04:28:23.65</b>	+02:00:12 (44.8%)	8:47	6.8 (55.3%)
15	<b>KSIĄŻEK Dawid</b>	<b>157</b>	LUBLIN BIEGA	M30	4	00:02:12	<b>04:33:39.30</b>	<b>04:33:39.30</b>	+02:05:28 (45.8%)	8:58	6.7 (54.5%)
16	<b>KĘTRZYŃSKI Ryszard</b>	<b>50</b>	ZABIEGANI MIELEC	M40	3	00:03:02	<b>04:35:30.30</b>	<b>04:35:30.30</b>	+02:07:19 (46.2%)	9:01	6.6 (53.7%)
17	<b>ŚNIEŻKO Eugeniusz</b>	<b>850</b>		M30	5	00:02:51	<b>04:43:01.60</b>	<b>04:43:01.60</b>	+02:14:50 (47.6%)	9:16	6.5 (52.8%)
18	<b>KOCYŁA Marzena</b>	<b>79</b>	TKKF UKLEJNA MYŚLENICE	K40	1	00:02:43	<b>04:48:34.80</b>	<b>04:48:34.80</b>	+02:20:23 (48.6%)	9:27	6.3 (51.2%)
19	<b>JEZIOREK Józef</b>	<b>452</b>		M40	4	00:02:33	<b>04:48:41.15</b>	<b>04:48:41.15</b>	+02:20:29 (48.7%)	9:27	6.3 (51.2%)
20	<b>SAMEK Artur</b>	<b>762</b>		M40	5	00:02:34	<b>04:49:24.95</b>	<b>04:49:24.95</b>	+02:21:13 (48.8%)	9:29	6.3 (51.2%)
21	<b>PANCZENKO Kamil</b>	<b>41</b>		M20	2	00:02:54	<b>04:54:43.65</b>	<b>04:54:43.65</b>	+02:26:32 (49.7%)	9:39	6.2 (50.4%)
22	<b>LITWIN Agnieszka</b>	<b>499</b>	NOWA HUTA TEAM	K40	2	00:03:05	<b>04:55:55.85</b>	<b>04:55:55.85</b>	+02:27:44 (49.9%)	9:42	6.2 (50.4%)
23	<b>KOCH Marta</b>	<b>584</b>	NIGHT RUNNERS GLIWICE	K40	3	00:02:25	<b>04:57:58.90</b>	<b>04:57:58.90</b>	+02:29:47 (50.3%)	9:46	6.1 (49.6%)
24	<b>LACHOWICZ Emilia</b>	<b>377</b>		K30	3	00:02:09	<b>04:59:24.50</b>	<b>04:59:24.50</b>	+02:31:13 (50.5%)	9:48	6.1 (49.6%)
25	<b>KONIECZNY Przemysław</b>	<b>775</b>	TOWARZYSTWO GIMNASTYCZNE 'SOKÓŁ' W LUBLINIE	M20	3	00:03:02	<b>05:09:47.60</b>	<b>05:09:47.60</b>	+02:41:36 (52.2%)	10:09	5.9 (48.0%)
26	<b>KOLAKOWSKA Anna</b>	<b>52</b>	NIGHT RUNNERS GLIWICE	K40	4	00:02:42	<b>05:24:13.30</b>	<b>05:24:13.30</b>	+02:56:02 (54.3%)	10:37	5.6 (45.5%)

Znaleziono 26 wynik(ów)

