



IV ZIMOWY MARATON BIESZCZADZKI 2018 - 44,6KM

B4SPORT

Wydarzenie: Zimowy Maraton Bieszczadzki 2018
Organizator: Fundacja Bieg Rzeźnika
Data: 2018-01-28
Miejsce: Cisna
Dystans: 44,6 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K20

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Start_2k 0.1km | Split_Mateusz 26.5km | Split_Kamyk 34.2km | Split_Mateusz 40.7km | Czas netto 44.6km | Czas brutto 44.6km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|------------|----------------------------|-----------|------|-------------------|-------------------------|-----------------------|-------------------------|-------------------------|--------------------------|----------------------|-----------------|-----------------|
| 1 | WYWŁOKA Paulina | 5 | WWW.TRENINGFIZJOTERAPIA.PL | K20 | 1 | 00:00:37 | 02:07:39 | 02:43:42 | 03:13:45 | 03:28:58.25 | 03:28:58.25 | | 4:41 | 12.8 (100%) |
| 2 | MIERZLIKIN Natalia | 674 | | K20 | 2 | 00:00:53 | 02:14:23 | 02:53:23 | 03:27:03 | 03:43:50.65 | 03:43:50.65 | +00:14:52 (6.6%) | 5:01 | 12 (93.8%) |
| 3 | GŁODOWSKA Kamila | 9 | MUAY RUNNING TEAM | K20 | 3 | 00:00:59 | 02:29:14 | 03:10:39 | 03:46:33 | 04:03:32.25 | 04:03:32.25 | +00:34:34 (14.2%) | 5:27 | 11 (85.9%) |
| 4 | EPA Karolina | 419 | PZU SPORT TEAM | K20 | 4 | 00:01:10 | 02:27:50 | 03:15:04 | 03:53:06 | 04:11:45.60 | 04:11:45.60 | +00:42:47 (17.0%) | 5:38 | 10.6 (82.8%) |
| 5 | KOŁACKA Martyna | 355 | APTIV RUNNING TEAM | K20 | 5 | 00:01:50 | 02:40:11 | 03:23:33 | 04:02:09 | 04:19:46.25 | 04:19:46.25 | +00:50:48 (19.6%) | 5:49 | 10.3 (80.5%) |
| 6 | WICHA Małgorzata | 572 | WKS WAWEL KRAKÓW | K20 | 6 | 00:00:50 | 02:36:24 | 03:22:59 | 04:03:53 | 04:24:11.90 | 04:24:11.90 | +00:55:13 (20.9%) | 5:55 | 10.1 (78.9%) |
| 7 | DZIUBAŁA Karolina | 812 | HUSARIA RACE TEAM | K20 | 7 | 00:01:13 | 02:43:45 | 03:32:42 | 04:14:21 | 04:34:34.80 | 04:34:34.80 | +01:05:36 (23.9%) | 6:09 | 9.7 (75.8%) |
| 8 | CHOMICZ Martyna | 269 | | K20 | 8 | 00:01:13 | 02:46:54 | 03:35:12 | 04:16:40 | 04:38:41.65 | 04:38:41.65 | +01:09:43 (25.0%) | 6:14 | 9.6 (75.0%) |
| 9 | WOJTANOWSKA Karolina | 633 | DREMCHASER TEAM | K20 | 9 | 00:00:41 | 02:41:48 | 03:34:07 | 04:17:16 | 04:41:15.60 | 04:41:15.60 | +01:12:17 (25.7%) | 6:18 | 9.5 (74.2%) |
| 10 | TOMIK Małgorzata | 385 | WWW.BERSERK-SKLEP.PL | K20 | 10 | 00:00:53 | 02:54:20 | 03:46:20 | 04:28:48 | 04:52:56.05 | 04:52:56.05 | +01:23:57 (28.7%) | 6:34 | 9.1 (71.1%) |
| 11 | KOZIOŁ Weronika | 585 | | K20 | 11 | 00:01:11 | 02:53:23 | 03:53:44 | 04:34:44 | 04:54:45.35 | 04:54:45.35 | +01:25:47 (29.1%) | 6:36 | 9.1 (71.1%) |
| 12 | LICHA Paulina | 810 | | K20 | 12 | 00:01:13 | 02:49:35 | 03:52:21 | 04:40:53 | 05:04:06.50 | 05:04:06.50 | +01:35:08 (31.3%) | 6:49 | 8.8 (68.8%) |
| 13 | STEC Iwona | 487 | | K20 | 13 | 00:02:39 | 03:05:14 | 03:59:38 | 04:43:12 | 05:04:30.35 | 05:04:30.35 | +01:35:32 (31.4%) | 6:49 | 8.8 (68.8%) |
| 14 | BUCZKOWSKA Sylwia | 838 | | K20 | 14 | 00:01:45 | 03:02:24 | 03:56:56 | 04:43:30 | 05:07:21.60 | 05:07:21.60 | +01:38:23 (32.0%) | 6:53 | 8.7 (68.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Start_2k | | | | Czas | | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------------|------------|-------------------------|-----------|------|----------|----------------------|--------------------|----------------------|--------------------|--------------------|----------------------|--------------|----------------|
| | | | | | | 0.1km | Split_Mateusz 26.5km | Split_Kamyk 34.2km | Split_Mateusz 40.7km | netto 44.6km | brutto 44.6km | | | |
| 15 | WOJTOWICZ-SANDER Sylwia | 873 | POŁUDNIOWA POLSKA BIEGA | K20 | 15 | 00:02:17 | 03:10:46 | 04:10:13 | 04:50:21 | 05:10:35.60 | 05:10:35.60 | +01:41:37 (32.7%) | 6:57 | 8.6 (67.2%) |
| 16 | SEREDA Joanna | 434 | | K20 | 16 | 00:01:58 | 03:14:24 | 04:07:21 | 04:49:18 | 05:11:10.15 | 05:11:10.15 | +01:42:11 (32.8%) | 6:58 | 8.6 (67.2%) |
| 17 | ZARĘBA Anna | 863 | | K20 | 17 | 00:02:09 | 03:01:28 | 04:01:51 | 04:49:06 | 05:12:25.35 | 05:12:25.35 | +01:43:27 (33.1%) | 7:00 | 8.6 (67.2%) |
| 18 | WIELECHOWSKA Natalia | 312 | HUSARIA RACE TEAM | K20 | 18 | 00:01:15 | 03:13:14 | 04:17:56 | 05:03:24 | 05:26:58.85 | 05:26:58.85 | +01:58:00 (36.1%) | 7:19 | 8.2 (64.1%) |
| 19 | MAKOWSKA Maja | 244 | TEAM AKTYWNI Z CUKRZYCĄ | K20 | 19 | 00:02:04 | 03:24:01 | 04:18:42 | 05:06:58 | 05:28:09.95 | 05:28:09.95 | +01:59:11 (36.3%) | 7:21 | 8.2 (64.1%) |
| 20 | SKROBISZ Anna | 521 | | K20 | 20 | 00:02:03 | 03:28:46 | 04:25:51 | 05:12:11 | 05:35:33.35 | 05:35:33.35 | +02:06:35 (37.7%) | 7:31 | 8 (62.5%) |
| 21 | PÓŁTORAK Nicole | 828 | | K20 | 21 | 00:02:18 | 03:24:00 | 04:32:26 | 05:23:52 | 05:50:50.20 | 05:50:50.20 | +02:21:51 (40.4%) | 7:51 | 7.6 (59.4%) |
| 22 | WAŚIK Kornelia | 371 | BIEGUSIEM.PL | K20 | 22 | 00:02:51 | 03:40:43 | 04:38:27 | 05:27:44 | 05:51:38.00 | 05:51:38.00 | +02:22:39 (40.6%) | 7:53 | 7.6 (59.4%) |
| 23 | KIELISIAK Małgorzata | 386 | HUSARIA RACE TEAM | K20 | 23 | 00:01:53 | 03:42:18 | 04:46:25 | 05:36:24 | 06:02:13.80 | 06:02:13.80 | +02:33:15 (42.3%) | 8:07 | 7.4 (57.8%) |
| 24 | KOSNO Weronika | 137 | NIGHT RUNNERS | K20 | 24 | 00:02:35 | 03:42:22 | 04:49:06 | 05:40:51 | 06:04:04.40 | 06:04:04.40 | +02:35:06 (42.6%) | 8:09 | 7.4 (57.8%) |
| 25 | KMITA Gabriela | 492 | NOWA HUTA TEAM | K20 | 25 | 00:01:44 | 03:31:06 | 04:45:59 | 05:40:40 | 06:09:27.70 | 06:09:27.70 | +02:40:29 (43.4%) | 8:17 | 7.2 (56.3%) |
| 26 | WZOREK Ewa | 404 | WKURW_TEAM | K20 | 26 | 00:02:59 | 03:55:48 | 05:19:15 | 06:20:50 | 06:53:59.40 | 06:53:59.40 | +03:25:01 (49.5%) | 9:16 | 6.5 (50.8%) |
| 27 | ŚWIĘCICKA Dagmara | 399 | WKURW_TEAM | K20 | 27 | 00:02:58 | 03:55:52 | 05:19:16 | 06:20:50 | 06:53:59.95 | 06:53:59.95 | +03:25:01 (49.5%) | 9:16 | 6.5 (50.8%) |

Znaleziono 27 wynik(ów)