



IV ZIMOWY MARATON BIESZCZADZKI 2018 - 44,6KM

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Wydarzenie: Zimowy Maraton Bieszczadzki 2018
Organizator: Fundacja Bieg Rzeźnika
Data: 2018-01-28
Miejsce: Cisna
Dystans: 44,6 km

B4SPORT
INTELEKTUALNE ZAWODY SPORTOWE

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 0.1km	Split_Mateusz 26.5km	Split_Kamyk 34.2km	Split_Mateusz 40.7km	Czas netto 44.6km	Czas brutto 44.6km	Różn	Tempo min/km	Tempo km/h
1	BONDARA Sylwia	1	JACEKBIEGA RUNNING TEAM	K30	1	00:01:06	02:13:12	02:49:46	03:22:22	03:38:16.15	03:38:16.15		4:53	12.3 (100%)
2	ŚCIUBA Aneta	579	STAY INSANE	K30	2	00:01:07	02:22:31	03:01:35	03:35:04	03:50:38.80	03:50:38.80	+00:12:22 (5.4%)	5:10	11.6 (94.3%)
3	MASNYK Iryna	645	AGRO-NATURA	K30	3	00:00:43	02:06:43	03:02:01	03:35:06	03:51:52.55	03:51:52.55	+00:13:36 (5.9%)	5:11	11.5 (93.5%)
4	KRENZEL Regina	225		K30	4	00:00:58	02:22:32	03:01:49	03:36:55	03:54:14.65	03:54:14.65	+00:15:58 (6.8%)	5:15	11.4 (92.7%)
5	KRÓTKI Alicja	799		K30	5	00:01:03	02:24:07	03:06:43	03:43:55	04:01:46.80	04:01:46.80	+00:23:30 (9.7%)	5:25	11.1 (90.2%)
6	MAKOWSKA Olga	11	JACEKBIEGA RUNNING TEAM	K30	6	00:00:46	02:29:25	03:13:35	03:52:20	04:11:40.60	04:11:40.60	+00:33:24 (13.3%)	5:38	10.6 (86.2%)
7	GWIZDAK Justyna	599	WATER TEAM	K30	7	00:01:26	02:28:44	03:14:22	03:52:54	04:13:20.20	04:13:20.20	+00:35:04 (13.8%)	5:40	10.6 (86.2%)
8	ZAJĄC Katarzyna	700	4K TEAM TARNÓW	K30	8	00:01:30	02:33:06	03:18:08	03:56:41	04:15:28.35	04:15:28.35	+00:37:12 (14.6%)	5:43	10.5 (85.4%)
9	KRAWCZAK Paulina	248	BIEGUSIEM.PL	K30	9	00:01:05	02:39:00	03:25:44	04:02:02	04:20:33.30	04:20:33.30	+00:42:17 (16.2%)	5:50	10.3 (83.7%)
10	KĘPA Justyna	491	1 BSP	K30	10	00:01:08	02:37:39	03:24:12	04:03:16	04:23:12.10	04:23:12.10	+00:44:55 (17.1%)	5:54	10.2 (82.9%)
11	STANIEK Anna	598	PIERDZĄCE ZAJĄCE	K30	11	00:02:40	02:45:40	03:33:51	04:11:46	04:30:43.45	04:30:43.45	+00:52:27 (19.4%)	6:04	9.9 (80.5%)
12	PIĄTEK Beata	651		K30	12	00:01:31	02:54:57	03:39:17	04:14:46	04:31:47.40	04:31:47.40	+00:53:31 (19.7%)	6:05	9.8 (79.7%)
13	SKOTNICKA Anna	75	TTC MPEC TARNÓW	K30	13	00:01:56	02:43:17	03:32:15	04:12:34	04:31:54.60	04:31:54.60	+00:53:38 (19.7%)	6:05	9.8 (79.7%)
14	WALASZKOWSKA Dominika	330	BIESY	K30	14	00:01:12	02:43:36	03:33:42	04:12:58	04:32:22.00	04:32:22.00	+00:54:05 (19.9%)	6:06	9.8 (79.7%)
15	SKRZYPEK Sylwia	744		K30	15	00:02:22	02:47:32	03:35:06	04:14:39	04:34:37.40	04:34:37.40	+00:56:21 (20.5%)	6:09	9.7 (78.9%)
16	MASZEWSKA Agata	134	KUŹNIA TRIATHLONU	K30	16	00:01:35	02:49:52	03:38:08	04:16:21	04:34:44.30	04:34:44.30	+00:56:28 (20.6%)	6:09	9.7 (78.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k				Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						0.1km	Split_Mateusz 26.5km	Split_Kamyk 34.2km	Split_Mateusz 40.7km	44.6km	44.6km			
17	TUCHOŁKA Marta	858	POCO LOCO	K30	17	00:01:45	02:44:28	03:37:32	04:19:21	04:39:50.00	04:39:50.00	+01:01:33 (22.0%)	6:16	9.6 (78.0%)
18	PIECUCH Karolina	257	LACHO TEAM/SKLEP BIEGACZA	K30	18	00:01:12	02:47:11	03:38:43	04:19:21	04:42:24.10	04:42:24.10	+01:04:07 (22.7%)	6:19	9.5 (77.2%)
19	MAJ-DZIUBAŃSKA Izabela	622	AKMB PĘDZIWIATR GLIWICE	K30	19	00:00:52	02:45:29	03:38:33	04:21:03	04:42:29.35	04:42:29.35	+01:04:13 (22.7%)	6:20	9.5 (77.2%)
20	SERAFIN Paulina	508	RZESZOWSKIE GAZELE I GEPARDY	K30	20	00:01:14	02:51:42	03:42:31	04:27:01	04:47:22.50	04:47:22.50	+01:09:06 (24.0%)	6:26	9.3 (75.6%)
21	GAWLEWICZ Krystyna	281		K30	21	00:02:06	02:55:41	03:53:13	04:33:52	04:54:31.65	04:54:31.65	+01:16:15 (25.9%)	6:36	9.1 (74.0%)
22	KURZAJ Aleksandra	306	WGD RUN	K30	22	00:02:09	02:55:36	03:53:55	04:36:36	04:57:18.25	04:57:18.25	+01:19:02 (26.6%)	6:39	9 (73.2%)
23	GĘBKA Małgorzata	777		K30	23	00:01:18	02:58:51	03:51:48	04:36:05	04:59:38.90	04:59:38.90	+01:21:22 (27.2%)	6:43	8.9 (72.4%)
24	BLACHA Agata	445	BIŁGORAJ	K30	24	00:01:29	02:59:51	03:55:23	04:39:52	05:02:28.65	05:02:28.65	+01:24:12 (27.8%)	6:46	8.8 (71.5%)
25	GONTARZ Aleksandra	566		K30	25	00:01:28	02:59:51	03:55:24	04:39:52	05:02:28.80	05:02:28.80	+01:24:12 (27.8%)	6:46	8.8 (71.5%)
26	DĄBROWSKA Katarzyna	227	HUTNIK WARSZAWA	K30	26	00:02:36	03:03:37	04:02:09	04:42:01	05:02:42.10	05:02:42.10	+01:24:25 (27.9%)	6:47	8.8 (71.5%)
27	LEDWOLORZ Anna	309	KS KANAŁEK / VEGE RUNNERS	K30	27	00:01:31	03:02:15	03:59:23	04:42:51	05:05:11.65	05:05:11.65	+01:26:55 (28.5%)	6:50	8.8 (71.5%)
28	KORS Justyna	442		K30	28	00:01:59	03:14:24	04:07:24	04:47:43	05:06:44.60	05:06:44.60	+01:28:28 (28.8%)	6:52	8.7 (70.7%)
29	MYGA Anna	255	HEARTLESS	K30	29	00:03:01	03:09:49	04:07:01	04:47:26	05:07:04.75	05:07:04.75	+01:28:48 (28.9%)	6:53	8.7 (70.7%)
30	SIKORA-KOŁODZIEJ Irmina	454	POŁUDNIOWA POLSKA TEAM	K30	30	00:02:17	03:10:46	04:10:15	04:50:21	05:10:35.85	05:10:35.85	+01:32:19 (29.7%)	6:57	8.6 (69.9%)
31	HONKISZ-GODLEWSKA Urszula	874	NOWY STYL GROUP RUNNING TEAM	K30	31	00:01:29	03:02:20	03:57:59	04:48:08	05:14:11.00	05:14:11.00	+01:35:54 (30.5%)	7:02	8.5 (69.1%)
32	SŁOBODA Elżbieta	422	RUNSŁOBODAN	K30	32	00:02:35	03:09:11	04:08:24	04:52:06	05:14:40.90	05:14:40.90	+01:36:24 (30.6%)	7:03	8.5 (69.1%)
33	SOKOŁOWSKA Agnieszka	86		K30	33	00:02:33	03:10:47	04:05:25	04:51:40	05:14:55.95	05:14:55.95	+01:36:39 (30.7%)	7:03	8.5 (69.1%)
34	LENART-KŁOŚ Katarzyna	26		K30	34	00:01:54	03:09:33	04:12:42	04:56:46	05:17:54.55	05:17:54.55	+01:39:38 (31.3%)	7:07	8.4 (68.3%)
35	BURANT Agnieszka	801		K30	35	00:01:06	03:11:52	04:12:55	04:56:28	05:18:26.90	05:18:26.90	+01:40:10 (31.5%)	7:08	8.4 (68.3%)
36	ŚLIWIŃSKA Alicja	852	NIGHT RUNNERS GLIWICE	K30	36	00:02:28	03:09:06	04:12:47	04:57:38	05:22:18.50	05:22:18.50	+01:44:02 (32.3%)	7:13	8.3 (67.5%)
37	WASYLISZYN Bernadetta	533	JAROSŁAWSKA GRUPA BIEGOWA SOKOŁ	K30	37	00:01:28	03:10:39	04:12:08	05:02:29	05:25:30.60	05:25:30.60	+01:47:14 (32.9%)	7:17	8.2 (66.7%)
38	ŁUSZCZYC Anna	764	WKURW_TEAM	K30	38	00:02:44	03:13:43	04:15:35	05:04:47	05:26:13.60	05:26:13.60	+01:47:57 (33.1%)	7:18	8.2 (66.7%)
39	WITKOWSKA Beata	186		K30	39	00:03:13	03:15:10	04:15:31	05:03:00	05:27:38.80	05:27:38.80	+01:49:22 (33.4%)	7:20	8.2 (66.7%)
40	GADAMSKA-KABATA Paulina	243		K30	40	00:01:32	03:15:17	04:21:56	05:07:04	05:29:18.20	05:29:18.20	+01:51:02 (33.7%)	7:23	8.1 (65.9%)

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						0.1km	Split_Mateusz 26.5km	Split_Kamyk 34.2km	Split_Mateusz 40.7km	netto 44.6km	brutto 44.6km			
41	ZIENKIEWICZ Agata	241	PIASECZNO RUNNING	K30	41	00:02:16	03:19:41	04:22:34	05:07:05	05:29:23.65	05:29:23.65	+01:51:07 (33.7%)	7:23	8.1 (65.9%)
42	ŻAK Oliwia	198	PIASECZNO RUNNING	K30	42	00:02:16	03:19:42	04:22:32	05:07:01	05:29:40.85	05:29:40.85	+01:51:24 (33.8%)	7:23	8.1 (65.9%)
43	KOWALEWSKA Izabela	199	PIASECZNO RUNNING	K30	43	00:02:15	03:19:43	04:22:35	05:07:37	05:31:21.15	05:31:21.15	+01:53:05 (34.1%)	7:25	8.1 (65.9%)
44	LITWINOWICZ Karolina	433	PARA-NIE-DO-PARY	K30	44	00:02:38	03:20:24	04:25:03	05:09:40	05:32:15.70	05:32:15.70	+01:53:59 (34.3%)	7:26	8.1 (65.9%)
45	KALIŃSKA Dorota Lidia	676	NIEMANIE	K30	45	00:03:05	03:17:21	04:22:51	05:09:46	05:33:30.40	05:33:30.40	+01:55:14 (34.6%)	7:28	8 (65.0%)
46	MOSTOWSKA Joanna	740		K30	46	00:01:32	03:20:57	04:23:08	05:10:15	05:33:59.70	05:33:59.70	+01:55:43 (34.6%)	7:29	8 (65.0%)
47	WRÓBLEWSKA Katarzyna	296		K30	47	00:01:13	03:14:42	04:20:15	05:09:42	05:37:07.10	05:37:07.10	+01:58:50 (35.3%)	7:33	7.9 (64.2%)
48	KOPROWICZ Ewelina	612	JAROSŁAWSKA GRUPA BIEGOWA	K30	48	00:01:51	03:27:06	04:28:46	05:15:02	05:38:23.85	05:38:23.85	+02:00:07 (35.5%)	7:35	7.9 (64.2%)
49	PIGAN Anna	542	BBL JAROSŁAW	K30	49	00:01:50	03:27:19	04:28:47	05:15:02	05:38:24.55	05:38:24.55	+02:00:08 (35.5%)	7:35	7.9 (64.2%)
50	MAZAN Eliza	688		K30	50	00:02:08	03:09:01	04:26:36	05:15:13	05:39:22.55	05:39:22.55	+02:01:06 (35.7%)	7:36	7.9 (64.2%)
51	BARTOSZEWICZ Marta	472		K30	51	00:01:44	03:26:30	04:27:35	05:16:12	05:40:09.70	05:40:09.70	+02:01:53 (35.8%)	7:37	7.9 (64.2%)
52	SUWAŁA Anna	80	BIEGUSIEM.PL	K30	52	00:02:49	03:24:32	04:35:38	05:21:29	05:45:03.50	05:45:03.50	+02:06:47 (36.7%)	7:44	7.8 (63.4%)
53	WYŻYKOWSKA Agnieszka	120	NOWA HUTA TEAM	K30	53	00:02:07	03:28:47	04:30:09	05:19:51	05:46:08.10	05:46:08.10	+02:07:51 (36.9%)	7:45	7.7 (62.6%)
54	NOWAK Katarzyna	141	DZIKIE GRUBASY SZATANA	K30	54	00:02:02	03:18:19	04:32:39	05:22:39	05:49:31.00	05:49:31.00	+02:11:14 (37.6%)	7:50	7.7 (62.6%)
55	BARTOSIEWICZ Daria	165	DZIKIE GRUBASY SZATANA	K30	55	00:02:01	03:09:05	04:24:56	05:14:41	05:49:32.15	05:49:32.15	+02:11:16 (37.6%)	7:50	7.7 (62.6%)
56	WIECZOREK Beata	876	DZIKIE GRUBASY SZATANA	K30	56	00:01:56	03:33:08	04:36:37	05:28:43	05:53:03.25	05:53:03.25	+02:14:47 (38.2%)	7:54	7.6 (61.8%)
57	CHRUŚCIŃSKA Justyna	229	NIGHT RUNNERS POZNAŃ	K30	57	00:02:35	03:32:03	04:35:45	05:27:12	05:53:17.20	05:53:17.20	+02:15:01 (38.2%)	7:55	7.6 (61.8%)
58	KAŃDUŁA Klaudia	596		K30	58	00:02:50	03:34:16	04:37:48	05:29:27	05:54:09.85	05:54:09.85	+02:15:53 (38.4%)	7:56	7.6 (61.8%)
59	KAWALEC Małgorzata	420	DREAM TEAM	K30	59	00:01:48	03:36:36	04:41:05	05:30:11	05:55:16.30	05:55:16.30	+02:17:00 (38.6%)	7:57	7.5 (61.0%)
60	MICHALSKA Klementyna	135		K30	60	00:01:53	03:22:26	04:37:13	05:27:51	05:55:36.35	05:55:36.35	+02:17:20 (38.6%)	7:58	7.5 (61.0%)
61	KOŻUCH Anna	534	BRAK	K30	61	00:01:34	03:28:52	04:42:14	05:34:48	06:02:03.50	06:02:03.50	+02:23:47 (39.7%)	8:07	7.4 (60.2%)
62	WIDOMSKA-MACIEJEWSKA Joanna	210	NAJWIĘKSZA ARMIA ŚWIATA/FEEL THE FREEDOM	K30	62	00:01:58	03:23:19	04:40:28	05:33:01	06:02:35.70	06:02:35.70	+02:24:19 (39.8%)	8:07	7.4 (60.2%)
63	BANASIK Karolina	367	WKURW_TEAM	K30	63	00:03:05	03:31:31	04:41:49	05:36:34	06:02:46.95	06:02:46.95	+02:24:30 (39.8%)	8:08	7.4 (60.2%)
64	TURZAŃSKA Iwona	350	NIGHT RUNNERS WROCŁAW/PARAFIT	K30	64	00:02:14	03:33:54	04:42:10	05:35:12	06:03:10.35	06:03:10.35	+02:24:54 (39.9%)	8:08	7.4 (60.2%)
65	KLISZ Agnieszka	576	HUSARIA RACE TEAM	K30	65	00:01:59	03:43:19	04:44:23	05:37:48	06:04:07.35	06:04:07.35	+02:25:51 (40.1%)	8:09	7.3 (59.3%)

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						0.1km	Split_Mateusz 26.5km	Split_Kamyk 34.2km	Split_Mateusz 40.7km	netto 44.6km	brutto 44.6km			Różn
66	MIKOŁAJCZYK Agnieszka	527	HUSARIA RACE TEAM	K30	66	00:00:47	03:32:19	04:41:38	05:36:46	06:05:02.85	06:05:02.85	+02:26:46 (40.2%)	8:11	7.3 (59.3%)
67	GOGÓŁ IŻOWSKA Edyta	713	SMASHING PAPKINS	K30	67	00:02:45	03:34:11	04:48:40	05:41:19	06:05:37.20	06:05:37.20	+02:27:21 (40.3%)	8:11	7.3 (59.3%)
68	HANDERMANDER Agnieszka	544		K30	68	00:02:35	03:37:53	04:47:55	05:40:41	06:06:31.85	06:06:31.85	+02:28:15 (40.4%)	8:13	7.3 (59.3%)
69	KULIK Katarzyna	82	NIGHT RUNNERS GLIWICE	K30	69	00:02:34	03:30:49	04:53:14	05:43:02	06:06:46.80	06:06:46.80	+02:28:30 (40.5%)	8:13	7.3 (59.3%)
70	SNARSKA Katarzyna	449	PFIZER POLSKA	K30	70	00:02:37	03:34:29	04:42:06	05:38:24	06:07:47.80	06:07:47.80	+02:29:31 (40.7%)	8:14	7.3 (59.3%)
71	KORZENIOWSKA Joanna	24	UMCS BIEGA	K30	71	00:01:58	03:32:22	04:53:42	05:47:04	06:12:37.00	06:12:37.00	+02:34:20 (41.4%)	8:21	7.2 (58.5%)
72	STANIEC Katarzyna	746	BIEGNE DLA MILI I MARIKI	K30	72	00:01:57	03:35:52	04:42:17	05:40:33	06:12:51.30	06:12:51.30	+02:34:35 (41.5%)	8:21	7.2 (58.5%)
73	LATO Karolina	156	LUBLIN BIEGA	K30	73	00:02:12	03:55:23	04:57:41	05:49:50	06:15:49.55	06:15:49.55	+02:37:33 (41.9%)	8:25	7.1 (57.7%)
74	SOBOŃ Ewelina	230		K30	74	00:01:58	03:39:28	04:56:57	05:50:00	06:16:54.25	06:16:54.25	+02:38:38 (42.1%)	8:27	7.1 (57.7%)
74	KANDEFER Urszula	232	IDEO.PL	K30	75	00:01:58	03:39:29	04:56:57	05:50:00	06:16:54.25	06:16:54.25	+02:38:38 (42.1%)	8:27	7.1 (57.7%)
76	POTERA Krystyna	661	FRYTKÓW!!!!	K30	76	00:02:23	03:46:14	04:55:04	05:50:24	06:18:12.30	06:18:12.30	+02:39:56 (42.3%)	8:28	7.1 (57.7%)
77	MIĄDZEL Katarzyna	338	ZAGNAŃSK BIEGA	K30	77	00:02:19	03:41:14	05:02:35	05:54:23	06:20:18.10	06:20:18.10	+02:42:01 (42.6%)	8:31	7 (56.9%)
78	ROMANOWSKA Ewa	159		K30	78	00:02:13	03:52:28	05:02:12	05:55:41	06:22:47.60	06:22:47.60	+02:44:31 (43.0%)	8:34	7 (56.9%)
79	WENECKA-FLIS Anna	169	DANIEL'S TEAM	K30	79	00:02:40	03:52:50	05:08:33	05:59:25	06:23:48.50	06:23:48.50	+02:45:32 (43.1%)	8:36	7 (56.9%)
80	MAZUR Magdalena	114		K30	80	00:02:31	03:47:23	05:03:19	05:58:55	06:29:28.10	06:29:28.10	+02:51:11 (44.0%)	8:43	6.9 (56.1%)
81	GRECH-BARAN Marta	77	ROGATE TORPEDY	K30	81	00:02:39	03:48:31	05:05:23	06:02:50	06:31:52.15	06:31:52.15	+02:53:36 (44.3%)	8:47	6.8 (55.3%)
82	SPALIŃSKA-PIETRULIŃSKA Wiktoria	706	SPARTANIE DZIECIOM	K30	82	00:02:19	03:46:17	04:56:13	05:56:29	06:32:16.00	06:32:16.00	+02:53:59 (44.4%)	8:47	6.8 (55.3%)
83	PAWELCZYK Anita	352	SPARTANIE DZIECIOM	K30	83	00:02:57	03:45:14	04:56:12	05:56:33	06:32:58.70	06:32:58.70	+02:54:42 (44.5%)	8:48	6.8 (55.3%)
84	BZOWSKA Aleksandra	319	NIGHT RUNNERS GLIWICE	K30	84	00:02:24	03:52:20	05:17:13	06:11:13	06:37:10.65	06:37:10.65	+02:58:54 (45.0%)	8:54	6.7 (54.5%)
85	KOWALIK Anna	25	UMCS BIEGA	K30	85	00:01:58	03:32:22	04:53:43	06:00:14	06:40:24.60	06:40:24.60	+03:02:08 (45.5%)	8:58	6.7 (54.5%)
86	POSTÓŁ Karolina	424	NIGHT RUNNERS GLIWICE	K30	86	00:02:35	03:54:17	05:25:39	06:14:08	06:41:14.15	06:41:14.15	+03:02:58 (45.6%)	8:59	6.7 (54.5%)
87	HANGIEL Urszula	745		K30	87	00:02:39	03:54:14	05:17:00	06:13:54	06:41:19.70	06:41:19.70	+03:03:03 (45.6%)	8:59	6.7 (54.5%)
88	ZIEŃKOWSKA Izabela	29	WW TEAM	K30	88	00:02:12	03:57:10	05:12:12	06:13:39	06:47:03.00	06:47:03.00	+03:08:46 (46.4%)	9:07	6.6 (53.7%)
89	HORBACZ Hanna	218		K30	89	00:02:37	03:54:25	05:16:02	06:15:28	06:47:37.00	06:47:37.00	+03:09:20 (46.5%)	9:08	6.6 (53.7%)
	MAJER Ewa	3	SOLGAR POLSKA	K30		00:00:35 DNF	DNF	DNF	DNF	DNF	DNF	-	-	(0.0%)

Znaleziono 90 wynik(ów)