

IV ZIMOWY MARATON BIESZCZADZKI 2018 - 44,6KM

Wydarzenie:

[Zimowy Maraton Bieszczadzki 2018](#)

Organizator:

Fundacja Bieg Rzeźnika

Data:

2018-01-28

Miejsce:

Cisna

Dystans:

44,6 km

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 0.1km	Split_Mateusz 26.5km	Split_Kamyk 34.2km	Split_Mateusz 40.7km	Czas netto 44.6km	Czas brutto 44.6km	Różn	Tempo min/km	Tempo km/h
1	CEKOWSKA Katarzyna	842		K40	1	00:00:36	02:16:26	02:56:48	03:31:47	03:49:54.20	03:49:54.20		5:09	11.6
2	JARUZEL Ewa	715	SZWLA STARGARD	K40	2	00:00:45	02:32:06	03:16:42	03:55:04	04:15:03.35	04:15:03.35	+00:25:09	5:43	10.5
3	GARCZYŃSKA-WĄS Bogusława	175		K40	3	00:01:29	02:36:51	03:20:01	03:56:39	04:15:45.90	04:15:45.90	+00:25:51	5:44	10.5
4	DĘBSKA Joanna	513	NIGHT RUNNERS GLIWICE	K40	4	00:02:26	02:38:10	03:20:44	04:04:58	04:23:43.95	04:23:43.95	+00:33:49	5:54	10.1
5	GRABOŚ Nina	357		K40	5	00:01:39	02:49:40	03:37:40	04:14:22	04:32:33.50	04:32:33.50	+00:42:39	6:06	9.8
6	BOGDANOWICZ Beata	202	BIEGOWY ŚWIAT	K40	6	00:01:21	02:46:49	03:34:19	04:13:33	04:33:12.70	04:33:12.70	+00:43:18	6:07	9.8
7	FOGEL Ewa	102	PTG SOKÓŁ ŚWIAT PRACY TARNÓW	K40	7	00:01:16	02:38:43	03:33:11	04:13:57	04:33:43.75	04:33:43.75	+00:43:49	6:08	9.8
8	ORLEWSKA Danuta	652	ULTRAMARATON PODKARPACKI	K40	8	00:02:20	02:49:48	03:39:27	04:19:41	04:40:31.05	04:40:31.05	+00:50:36	6:17	9.5
9	ĆWIAKAŁA Halina	563	SAMOTNI WĘDROWCY	K40	9	00:01:25	02:51:22	03:43:15	04:26:58	04:47:45.90	04:47:45.90	+00:57:51	6:27	9.3
10	DORSZ Beata	226		K40	10	00:01:26	02:55:19	03:47:49	04:28:26	04:48:29.45	04:48:29.45	+00:58:35	6:28	9.3
11	FOGT-KŁOCKOWSKA Monika	529	KLOCKI GDYNIA	K40	11	00:01:25	02:52:07	03:53:30	04:32:40	04:53:10.25	04:53:10.25	+01:03:16	6:34	9.1
12	MAŁECKA Anna	554	MAŁE CYCKI	K40	12	00:00:49	02:56:09	03:51:29	04:33:09	04:53:25.80	04:53:25.80	+01:03:31	6:34	9.1
13	SZCZUR Iwona	125		K40	13	00:02:15	03:05:47	03:57:58	04:39:22	04:59:37.60	04:59:37.60	+01:09:43	6:43	8.9
14	LEŚNIAK-POPIEL Marta	97	POZYTYWNE ZABIEGANI SANOK	K40	14	00:02:04	02:55:40	03:53:10	04:36:49	05:00:11.30	05:00:11.30	+01:10:17	6:43	8.9
15	URBANEK Małgorzata	844	WAPIENICKI TEAM	K40	15	00:02:44	02:59:10	03:55:30	04:39:34	05:00:51.00	05:00:51.00	+01:10:56	6:44	8.9
16	APANOWICZ Angelika	318		K40	16	00:01:53	03:08:01	04:03:57	04:46:12	05:06:22.25	05:06:22.25	+01:16:28	6:52	8.7
17	DRWIĘGA Beata	307	POZYTYWANIE ZABIEGANI SANOK	K40	17	00:02:02	03:04:28	04:04:13	04:46:50	05:07:48.80	05:07:48.80	+01:17:54	6:54	8.7
18	ŻELAZNY Judyta	490	MRÓWKA JAROSŁAW ACTIVE TEAM	K40	18	00:01:28	03:05:15	04:04:26	04:49:02	05:11:03.25	05:11:03.25	+01:21:09	6:58	8.6
19	BRZOZOWSKA Anna	394	PKS GALOPUJĄCA SOCZEWICA / KRASNYSTAW BIEGA	K40	19	00:01:52	02:56:50	03:56:29	04:46:22	05:11:54.65	05:11:54.65	+01:22:00	6:59	8.6
20	MYŚLIŃSKA Anna	503	BIEGAM BO LUBIĘ POLONEZ	K40	20		03:17:46	04:11:47	04:54:19	05:15:11.65	05:15:11.65	+01:25:17	7:04	8.5
21	NIEMIEC-DRWIĘGA Bernadeta	231	POZYTYWNE ZABIEGANI SANOK	K40	21	00:02:03	03:09:11	04:06:55	04:53:58	05:15:35.20	05:15:35.20	+01:25:41	7:04	8.5
22	KUNKEL Anna	246	PGB SPORTOWA PACZKA	K40	22	00:01:48	03:17:10	04:14:57	05:00:45	05:23:06.90	05:23:06.90	+01:33:12	7:14	8.3
23	KOSNO Dorota	466		K40	23	00:01:25	03:10:51	04:11:16	04:59:32	05:24:38.90	05:24:38.90	+01:34:44	7:16	8.2
24	SZYMAŃSKA Agnieszka	559	PKO BANK POLSKI	K40	24	00:01:37	03:03:56	04:10:49	04:59:38	05:24:54.95	05:24:54.95	+01:35:00	7:17	8.2

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 0.1km	Split_Mateusz 26.5km	Split_Kamyk 34.2km	Split_Mateusz 40.7km	05:32:09.40 netto	05:32:09.40 brutto	+01:42:15 Różn	7:26 Tempo min/km	8.1 Tempo km/h
25	DZIEKLENSKA Monika	551		K40	25	00:01:23	03:20:11	04:22:04	05:08:35	05:32:09.40	05:32:09.40	+01:42:15	7:26	8.1
26	SIKORSKA Agnieszka	70		K40	26	00:01:56	03:18:29	04:18:44	05:07:49	05:49:21.20	05:49:21.20	+01:42:20	7:26	8.1
27	WOLF Weronika	234	TKKF I ROZBIEGANY KOSZALIN	K40	27	00:02:23	03:25:15	04:25:17	05:09:50	05:32:38.65	05:32:38.65	+01:42:44	7:27	8
28	SAKOWSKA Aneta	827	WKURWTEAM	K40	28	00:01:33	03:20:57	04:23:07	05:10:15	05:33:59.65	05:33:59.65	+01:44:05	7:29	8
29	GARCZYŃSKA Ania	48		K40	29	00:02:48	03:31:10	04:31:23	05:15:38	05:36:49.05	05:36:49.05	+01:46:54	7:33	7.9
30	STARCZEWSKA Sylwia	860	SPOKOJNA GŁOWA	K40	30	00:02:40	03:23:22	04:30:09	05:17:45	05:42:14.75	05:42:14.75	+01:52:20	7:40	7.8
31	PAUL Viola	21	NIGHT RUNNERS GLIWICE	K40	31	00:01:42	03:29:38	04:35:36	05:23:07	05:43:40.70	05:43:40.70	+01:53:46	7:42	7.8
32	KRÓL-KRAJEWSKA Agnieszka	265	NIGHT RUNNERS	K40	32	00:02:34	03:23:22	04:31:08	05:19:19	05:44:07.00	05:44:07.00	+01:54:12	7:42	7.8
33	TOMANEK Renata	87		K40	33	00:02:28	03:24:26	04:30:27	05:20:18	05:47:01.75	05:47:01.75	+01:57:07	7:46	7.7
34	PORTACHA Katarzyna	415		K40	34	00:02:41	03:30:25	04:33:25	05:25:50	05:51:21.35	05:51:21.35	+02:01:27	7:52	7.6
35	NAZIMEK Lilianna	543	SUO TEMPORE	K40	35	00:01:00	03:20:07	04:31:20	05:24:47	05:51:25.90	05:51:25.90	+02:01:31	7:52	7.6
36	RAKOCZY Dorota	184		K40	36	00:01:34	03:28:37	04:38:00	05:28:54	05:53:29.80	05:53:29.80	+02:03:35	7:55	7.6
37	MADZIARSKA Monika	578	KS PEGAZ	K40	37	00:02:54	03:33:19	04:35:55	05:27:58	05:53:48.35	05:53:48.35	+02:03:54	7:55	7.6
38	TOMASZEK-KOSON Bernadeta	750	AZS AWF KRAKÓW MASTERS	K40	38	00:02:03	03:35:28	04:40:22	05:29:10	05:54:18.25	05:54:18.25	+02:04:24	7:56	7.6
39	GAWCZYŃSKA - BACZA Izabela	110		K40	39	00:02:30	03:29:00	04:40:37	05:30:39	05:54:40.20	05:54:40.20	+02:04:46	7:57	7.5
40	HYZIAK Joanna	516	JJ.RUNNERS	K40	40	00:01:46	03:22:17	04:41:13	05:30:45	05:55:47.65	05:55:47.65	+02:05:53	7:58	7.5
41	SKORUPSKA Julia	607		K40	41	00:02:14	03:43:42	04:55:43	05:46:31	06:11:40.70	06:11:40.70	+02:21:46	8:20	7.2
42	SARAT Ewa	862	GSB	K40	42	00:01:59	03:51:53	04:53:34	05:45:53	06:12:08.15	06:12:08.15	+02:22:13	8:20	7.2
43	SYGUŁA Katarzyna	62	KB MCKIS JAWORZNO	K40	43	00:01:44	03:42:49	04:53:48	05:47:19	06:12:20.15	06:12:20.15	+02:22:25	8:20	7.2
44	MAZUREK Monika	28	NOWA HUTA TEAM	K40	44	00:02:00	03:52:56	05:08:43	05:58:16	06:18:58.30	06:18:58.30	+02:29:04	8:29	7.1
45	KLUZA-HOWIL Lila	177	WWW.BIEGOWEKAIZEN.PL	K40	45	00:02:33	03:39:55	04:57:54	05:50:51	06:19:04.60	06:19:04.60	+02:29:10	8:29	7.1
46	PORĘBSKA Dorota	94	NOWA HUTA TEAM	K40	46	00:02:00	03:52:56	05:08:45	05:58:35	06:20:30.80	06:20:30.80	+02:30:36	8:31	7
47	WRÓBLEWSKA-GAWEŁ Agnieszka	105	NH TEAM	K40	47	00:02:00	03:52:49	05:08:46	05:58:20	06:20:56.85	06:20:56.85	+02:31:02	8:32	7
48	DOMARADZKA Ewa	627	NIGHT RUNNERS PYSKOWICE	K40	48	00:02:15	03:39:04	04:54:19	05:51:33	06:22:34.50	06:22:34.50	+02:32:40	8:34	7
49	SZELER Joanna	122	BIEGAJĄCA Z PSAMI	K40	49		04:01:47	05:00:45	06:01:04	06:23:03.90	06:23:03.90	+02:33:09	8:35	7
50	ŻACZEK Anna	663	BIEGUSIEM.PL	K40	50	00:02:53	03:32:08	05:00:11	05:58:57	06:30:04.30	06:30:04.30	+02:40:10	8:44	6.9
51	KOTELNICKA Renata	880		K40	51	00:02:30	03:47:28	05:03:20	05:59:07	06:30:25.65	06:30:25.65	+02:40:31	8:45	6.9
52	GLINIANY Małgorzata	236	ZABIEGANA RODZINKAQ	K40	52	00:02:05	03:45:32	05:09:28	06:06:23	06:33:38.85	06:33:38.85	+02:43:44	8:49	6.8
53	MICHNO Anna	170	LACHO TEAM	K40	53	00:02:09	03:54:04	05:05:22	06:02:10	06:33:45.70	06:33:45.70	+02:43:51	8:49	6.8
54	WISZNIEWSKA Katarzyna	73	GRUPA SKROMNYCH BIEGACZY	K40	54	00:02:00	03:55:29	05:07:15	06:03:52	06:34:14.55	06:34:14.55	+02:44:20	8:50	6.8
55	ŚWIĘTOCHOWSKA Beata	76	GRUPA SKROMNYCH BIEGACZY	K40	55	00:01:56	03:51:54	05:07:13	06:03:52	06:34:14.85	06:34:14.85	+02:44:20	8:50	6.8
56	MAREK Magdalena	747	CELUJ W ZDROWIE	K40	56	00:02:47	03:52:16	05:06:38	06:07:41	06:38:52.90	06:38:52.90	+02:48:58	8:56	6.7
57	BRZEZIŃSKA Teresa	692	NIGHT RUNNERS GLIWICE	K40	57	00:02:35	03:54:17	05:25:40	06:14:09	06:41:11.25	06:41:11.25	+02:51:17	8:59	6.7
58	NIEDŹWIECKA Kasia	360	EKOBIEGI	K40	58	00:01:54	04:07:17	05:26:53	06:29:05	07:05:36.45	07:05:36.45	+03:15:42	9:32	6.3
59	SOBICZEWSKA Iza	374	EKOBIEGI	K40	59	00:01:55	04:07:17	05:26:57	06:29:07	07:05:38.10	07:05:38.10	+03:15:43	9:32	6.3

Znaleziono 59 wynik(ów)

