



## IV ZIMOWY MARATON BIESZCZADZKI 2018 - 44,6KM

B4SPORT  
INTELEGENNE ZAWODY SPORTOWE

**Wydarzenie:** Zimowy Maraton Bieszczadzki 2018  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2018-01-28  
**Miejsce:** Cisna  
**Dystans:** 44,6 km

**B4SPORT**  
INTELEGENNE ZAWODY SPORTOWE

Klasyfikacja: M50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k 0.1km	Split_Mateusz 26.5km	Split_Kamyk 34.2km	Split_Mateusz 40.7km	Czas netto 44.6km	Czas brutto 44.6km	Różn	Tempo min/km	Tempo km/h
1	<b>CZYŻ Grzegorz</b>	<b>4</b>	GRUPA AZOTY -AUTOMATYKA TARNÓW	M50	1	00:00:37	02:03:23	02:38:52	03:10:30	<b>03:26:43.85</b>	<b>03:26:43.85</b>		4:38	12.9 (100%)
2	<b>LESZCZYŃSKI Andrzej</b>	<b>213</b>	BODY CLUB	M50	2	00:00:45	02:13:17	02:50:26	03:24:23	<b>03:41:30.10</b>	<b>03:41:30.10</b>	+00:14:46 (6.7%)	4:57	12.1 (93.8%)
3	<b>BĘTKOWSKI Wojciech</b>	<b>365</b>		M50	3	00:00:37	02:15:02	02:54:50	03:29:46	<b>03:47:14.45</b>	<b>03:47:14.45</b>	+00:20:30 (9.0%)	5:05	11.8 (91.5%)
4	<b>DYDIO Piotr</b>	<b>742</b>	PID-MILL TEAM	M50	4	00:01:00	02:13:05	02:54:28	03:29:50	<b>03:47:42.40</b>	<b>03:47:42.40</b>	+00:20:58 (9.2%)	5:06	11.8 (91.5%)
5	<b>JASTRZĄB Piotr</b>	<b>425</b>	DEKAN LESKO	M50	5	00:00:39	02:20:29	03:04:23	03:43:22	<b>04:01:42.90</b>	<b>04:01:42.90</b>	+00:34:59 (14.5%)	5:25	11.1 (86.0%)
6	<b>WĘGLARZ Czesław</b>	<b>393</b>	NIEZRZESZONY	M50	6	00:01:06	02:25:17	03:07:21	03:44:41	<b>04:02:02.05</b>	<b>04:02:02.05</b>	+00:35:18 (14.6%)	5:25	11.1 (86.0%)
7	<b>SUJAK Mirosław</b>	<b>163</b>	MKB DREPTAK	M50	7	00:00:42	02:27:35	03:10:52	03:50:01	<b>04:09:25.20</b>	<b>04:09:25.20</b>	+00:42:41 (17.1%)	5:35	10.7 (82.9%)
8	<b>GIERULA Robert</b>	<b>569</b>	UBS KRAKOW RUNNING TEAM	M50	8	00:00:58	02:28:39	03:11:14	03:51:31	<b>04:09:27.40</b>	<b>04:09:27.40</b>	+00:42:43 (17.1%)	5:35	10.7 (82.9%)
9	<b>ŁUKASZCZYK Henryk</b>	<b>583</b>		M50	9	00:00:38	02:18:06	03:06:42	03:50:46	<b>04:13:16.95</b>	<b>04:13:16.95</b>	+00:46:33 (18.4%)	5:40	10.6 (82.2%)
10	<b>KOCOŃ Mariusz</b>	<b>830</b>	10 OPOLSKA BRYGADA LOGISTYCZNA	M50	10	00:01:20	02:31:49	03:18:02	03:58:23	<b>04:16:33.10</b>	<b>04:16:33.10</b>	+00:49:49 (19.4%)	5:45	10.4 (80.6%)
11	<b>KUSTROŃ Adam</b>	<b>753</b>		M50	11	00:00:50	02:37:27	03:22:26	03:59:48	<b>04:19:44.30</b>	<b>04:19:44.30</b>	+00:53:00 (20.4%)	5:49	10.3 (79.8%)
12	<b>BEDNARZ Krzysztof</b>	<b>707</b>	4K TEAM TARNÓW	M50	12	00:01:30	02:36:19	03:23:30	04:02:25	<b>04:21:21.85</b>	<b>04:21:21.85</b>	+00:54:38 (20.9%)	5:51	10.2 (79.1%)
13	<b>TERLECKI Krzysztof</b>	<b>840</b>	CHEŁM BIEGA	M50	13	00:01:51	02:36:52	03:21:29	04:02:11	<b>04:22:07.60</b>	<b>04:22:07.60</b>	+00:55:23 (21.1%)	5:52	10.2 (79.1%)
14	<b>KALTENBERG Janusz</b>	<b>211</b>		M50	14	00:01:11	02:38:04	03:25:24	04:07:32	<b>04:27:33.70</b>	<b>04:27:33.70</b>	+01:00:49 (22.7%)	5:59	10 (77.5%)
15	<b>WĘGRZYN Krzysztof</b>	<b>438</b>	RESZOWSKIE GAZELE I GEPARDY	M50	15	00:02:19	02:47:06	03:36:19	04:18:28	<b>04:38:23.80</b>	<b>04:38:23.80</b>	+01:11:39 (25.7%)	6:14	9.6 (74.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k				Czas netto		Czas brutto		Tempo min/km	Tempo km/h
						0.1km	Split_Mateusz 26.5km	Split_Kamyk 34.2km	Split_Mateusz 40.7km	44.6km	44.6km	Różn			
16	<b>PORĘBA Eugeniusz</b>	<b>624</b>	MIECHÓW	M50	16	00:01:34	02:40:54	03:32:38	04:17:11	<b>04:40:29.95</b>	<b>04:40:29.95</b>	+01:13:46 (26.3%)	6:17	9.5 (73.6%)	
17	<b>SARKOWICZ Adam</b>	<b>708</b>		M50	17	00:01:48	02:51:49	03:41:40	04:22:53	<b>04:45:31.60</b>	<b>04:45:31.60</b>	+01:18:47 (27.6%)	6:24	9.4 (72.9%)	
18	<b>WIĄCEK Krzysztof</b>	<b>791</b>	DRUKARNIA MADAS	M50	18	00:01:33	02:54:01	03:45:14	04:26:55	<b>04:46:49.50</b>	<b>04:46:49.50</b>	+01:20:05 (27.9%)	6:25	9.3 (72.1%)	
19	<b>LIK Marek</b>	<b>458</b>	CHEŁM BIEGA	M50	19	00:01:11	02:45:33	03:44:04	04:26:10	<b>04:47:51.30</b>	<b>04:47:51.30</b>	+01:21:07 (28.2%)	6:27	9.3 (72.1%)	
20	<b>PAWLIKOWSKI Bogusław</b>	<b>531</b>	BRAK	M50	20	00:02:00	02:55:45	03:46:29	04:27:01	<b>04:48:02.30</b>	<b>04:48:02.30</b>	+01:21:18 (28.2%)	6:27	9.3 (72.1%)	
21	<b>TUROSZ Zbigniew</b>	<b>346</b>		M50	21	00:01:18	02:51:23	03:44:58	04:28:33	<b>04:50:11.40</b>	<b>04:50:11.40</b>	+01:23:27 (28.8%)	6:30	9.2 (71.3%)	
22	<b>LEŚNIAK Dariusz</b>	<b>38</b>		M50	22	00:00:59	02:48:09	03:46:30	04:29:12	<b>04:51:21.40</b>	<b>04:51:21.40</b>	+01:24:37 (29.0%)	6:31	9.2 (71.3%)	
23	<b>WYRZYKOWSKI Andrzej</b>	<b>537</b>	BIEGOWYSWIAT.PL	M50	23	00:01:25	02:52:07	03:53:36	04:32:39	<b>04:53:07.65</b>	<b>04:53:07.65</b>	+01:26:23 (29.5%)	6:34	9.1 (70.5%)	
24	<b>MACKIEWICZ Roman</b>	<b>197</b>	ŁÓDŹ RUNNING TEAM	M50	24	00:02:08	02:55:36	03:53:55	04:36:36	<b>04:57:18.45</b>	<b>04:57:18.45</b>	+01:30:34 (30.5%)	6:39	9 (69.8%)	
25	<b>WOŁOSZYN Ryszard</b>	<b>845</b>	PIZUNY ROZTOCZEWSCHODNIE	M50	25	00:02:44	02:59:04	03:55:29	04:39:32	<b>05:00:51.35</b>	<b>05:00:51.35</b>	+01:34:07 (31.3%)	6:44	8.9 (69.0%)	
26	<b>CISZYŃSKI Marek</b>	<b>405</b>	START KATOWICE	M50	26	00:01:51	03:04:27	04:04:12	04:46:50	<b>05:06:51.70</b>	<b>05:06:51.70</b>	+01:40:07 (32.6%)	6:52	8.7 (67.4%)	
27	<b>MURAWICZ Grzegorz</b>	<b>768</b>	PODLESIE	M50	27	00:02:25	03:14:22	04:02:51	04:45:31	<b>05:07:45.30</b>	<b>05:07:45.30</b>	+01:41:01 (32.8%)	6:54	8.7 (67.4%)	
28	<b>PORĘBSKI Zbigniew</b>	<b>413</b>	QUATTRO	M50	28	00:01:04	03:01:50	04:00:15	04:46:48	<b>05:07:55.70</b>	<b>05:07:55.70</b>	+01:41:11 (32.9%)	6:54	8.7 (67.4%)	
29	<b>GŁÓWKA Alfred</b>	<b>741</b>	KARCZMA U FREDA	M50	29	00:01:50	03:06:24	04:08:28	04:55:02	<b>05:18:00.90</b>	<b>05:18:00.90</b>	+01:51:17 (35.0%)	7:07	8.4 (65.1%)	
30	<b>ZATORSKI Andrzej</b>	<b>90</b>		M50	30	00:02:29	03:03:21	04:04:13	04:56:37	<b>05:24:18.50</b>	<b>05:24:18.50</b>	+01:57:34 (36.3%)	7:16	8.3 (64.3%)	
31	<b>ROCHOWIAK Janusz</b>	<b>783</b>		M50	31	00:02:40	03:15:19	04:15:37	05:02:36	<b>05:26:05.20</b>	<b>05:26:05.20</b>	+01:59:21 (36.6%)	7:18	8.2 (63.6%)	
32	<b>ORLEWSKI Piotr</b>	<b>647</b>	ULTRAMARATON PODKARPACKI	M50	32	00:02:18	03:02:56	04:16:37	05:03:02	<b>05:26:26.00</b>	<b>05:26:26.00</b>	+01:59:42 (36.7%)	7:19	8.2 (63.6%)	
33	<b>STACHYRA Andrzej</b>	<b>619</b>	LSB	M50	33	00:01:17	03:03:12	04:11:00	05:02:30	<b>05:28:44.45</b>	<b>05:28:44.45</b>	+02:02:00 (37.1%)	7:22	8.1 (62.8%)	
34	<b>GOEBEL Adam</b>	<b>659</b>	KRK-KROWODRZA	M50	34	00:02:54	03:17:01	04:16:23	05:05:47	<b>05:30:56.70</b>	<b>05:30:56.70</b>	+02:04:12 (37.5%)	7:25	8.1 (62.8%)	
35	<b>ŚLUSARSKI Włodzimierz</b>	<b>495</b>		M50	35	00:01:06	03:13:10	04:15:57	05:07:23	<b>05:31:36.85</b>	<b>05:31:36.85</b>	+02:04:53 (37.7%)	7:26	8.1 (62.8%)	
36	<b>STOLARZ Paweł</b>	<b>60</b>	ŻYWCEM ZABIEGANI	M50	36	00:01:44	03:14:39	04:18:51	05:07:36	<b>05:31:59.10</b>	<b>05:31:59.10</b>	+02:05:15 (37.7%)	7:26	8.1 (62.8%)	
37	<b>GUTKOWSKI Wojciech</b>	<b>594</b>		M50	37	00:01:24	03:13:42	04:23:53	05:12:26	<b>05:35:48.10</b>	<b>05:35:48.10</b>	+02:09:04 (38.4%)	7:31	8 (62.0%)	
38	<b>WARZYCHA Krzysztof</b>	<b>37</b>		M50	38	00:02:48	03:31:10	04:31:23	05:15:38	<b>05:36:48.75</b>	<b>05:36:48.75</b>	+02:10:04 (38.6%)	7:33	7.9 (61.2%)	
39	<b>KĘPKA Andrzej</b>	<b>363</b>	PRZEWORSKA GRUPA BIEGOWA	M50	39	00:01:47	03:27:17	04:25:49	05:15:03	<b>05:38:25.45</b>	<b>05:38:25.45</b>	+02:11:41 (38.9%)	7:35	7.9 (61.2%)	

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_2k				Czas netto 44.6km	Czas brutto 44.6km	Różn	Tempo min/km	Tempo km/h
						0.1km	Split_Mateusz 26.5km	Split_Kamyk 34.2km	Split_Mateusz 40.7km					
40	<b>BOROWSKI Tomasz</b>	<b>818</b>	HAMER MIASTKO	M50	40	00:01:38	03:10:50	04:27:13	05:24:12	<b>05:50:51.05</b>	<b>05:50:51.05</b>	+02:24:07 (41.1%)	7:51	7.6 (58.9%)
41	<b>KOSTYRA Krzysztof</b>	<b>800</b>	BIEGUSIEM.PL / SGGW RUNNERS	M50	41	00:02:53	03:32:06	04:38:31	05:27:45	<b>05:51:38.80</b>	<b>05:51:38.80</b>	+02:24:54 (41.2%)	7:53	7.6 (58.9%)
42	<b>MATUŁA Przemysław</b>	<b>39</b>	UMCS BIEGA	M50	42	00:02:13	03:24:19	04:44:56	05:30:38	<b>05:53:31.85</b>	<b>05:53:31.85</b>	+02:26:48 (41.5%)	7:55	7.6 (58.9%)
43	<b>DUBANIK Piotr</b>	<b>412</b>	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	M50	43	00:01:51	03:28:00	04:37:53	05:27:14	<b>05:54:17.15</b>	<b>05:54:17.15</b>	+02:27:33 (41.6%)	7:56	7.6 (58.9%)
44	<b>OPALIŃSKI Tomasz</b>	<b>274</b>		M50	44	00:02:22	03:29:50	04:34:30	05:26:34	<b>05:54:34.55</b>	<b>05:54:34.55</b>	+02:27:50 (41.7%)	7:56	7.5 (58.1%)
45	<b>PEŁDIAK Bogdan</b>	<b>402</b>		M50	45	00:02:46	03:30:41	04:38:21	05:33:47	<b>05:59:13.45</b>	<b>05:59:13.45</b>	+02:32:29 (42.5%)	8:03	7.4 (57.4%)
46	<b>FUNKA Andrzej</b>	<b>640</b>	NKB CHYŻY NOWY TOMYŚL	M50	46	00:02:28	03:34:24	04:42:12	05:35:57	<b>06:03:41.55</b>	<b>06:03:41.55</b>	+02:36:57 (43.2%)	8:09	7.4 (57.4%)
47	<b>DRABIK Jacek</b>	<b>602</b>		M50	47	00:02:41	03:32:22	04:43:50	05:37:02	<b>06:04:31.40</b>	<b>06:04:31.40</b>	+02:37:47 (43.3%)	8:10	7.3 (56.6%)
48	<b>KOSOŃ Marcin</b>	<b>749</b>	LACHO TEAM	M50	48	00:02:03	03:04:07	04:22:27	05:27:08	<b>06:06:11.40</b>	<b>06:06:11.40</b>	+02:39:27 (43.5%)	8:12	7.3 (56.6%)
49	<b>SOKOŁOWSKI Artur</b>	<b>46</b>	WĘDRUJĄCE SOKOŁY	M50	49	00:01:19	03:38:24	04:47:20	05:41:57	<b>06:09:36.65</b>	<b>06:09:36.65</b>	+02:42:52 (44.1%)	8:17	7.2 (55.8%)
50	<b>HORBACZEWSKI Marek</b>	<b>145</b>		M50	50	00:02:14	03:43:42	04:55:44	05:46:42	<b>06:12:09.80</b>	<b>06:12:09.80</b>	+02:45:25 (44.5%)	8:20	7.2 (55.8%)
51	<b>OBARSKI Norbert</b>	<b>99</b>		M50	51	00:02:52	03:54:01	05:12:10	06:12:49	<b>06:39:12.75</b>	<b>06:39:12.75</b>	+03:12:28 (48.2%)	8:57	6.7 (51.9%)

Znaleziono 51 wynik(ów)