



IX BIEG CHARYTATYWNY IM. CHOR. KAZIMIERZA MASIOWSKIEGO

B4SPORT

Wydarzenie: IX Bieg Charytatywny im. chor. Kazimierza Masiowskiego
Organizator: STOWARZYSZENIE SPORTOWE GRUPA BIEGOWA RUNDORFINA
Data: 2019-03-10
Miejsce: Czaplonek
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start All 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	KUŚMIDER Andrzej	90	RUNDORFINA	M-30	1	00:08:47	00:17:51.23		3:34	16.8 (100%)
2	BAZIMIEROWSKI Sylwester	9	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO	M-40	1	00:09:23	00:19:15.00	+00:01:23 (7.3%)	3:51	15.6 (92.9%)
3	CENTKA Jakub	194		M-20	1	00:09:24	00:19:33.60	+00:01:42 (8.7%)	3:54	15.3 (91.1%)
4	KRYZEL Tomasz	82	WIKING RYCHNOWY	M-20	2	00:09:58	00:20:07.11	+00:02:15 (11.3%)	4:01	14.9 (88.7%)
5	POŁUBIŃSKI Paweł	129	BORNE BIEGA	M-40	2	00:09:55	00:20:11.68	+00:02:20 (11.6%)	4:02	14.9 (88.7%)
6	KRUKOWSKI Adam	80		M-30	2	00:09:53	00:20:27.67	+00:02:36 (12.7%)	4:05	14.7 (87.5%)
7	CENTKA Michał	192		M-40	3	00:10:18	00:21:13.38	+00:03:22 (15.9%)	4:14	14.1 (83.9%)
8	CIASTOŃ Tomasz	23	ORSKOV FOODS TEAM	M-30	3	00:10:19	00:21:18.61	+00:03:27 (16.2%)	4:15	14.1 (83.9%)
9	CHWIAŁKOWSKI Cyprian	22		M-20	3	00:10:52	00:21:39.91	+00:03:48 (17.6%)	4:20	13.8 (82.1%)
10	LESZCZYSZYN Paweł	96		M-40	4	00:10:50	00:21:56.42	+00:04:05 (18.6%)	4:23	13.7 (81.5%)
11	PROKOPOWICZ Marcin	130	3:33 TEAM	M-40	5	00:10:48	00:21:57.42	+00:04:06 (18.7%)	4:23	13.7 (81.5%)
12	CHUPTYŚ Adrian	20	RUNDORFINA	M-30	4	00:10:45	00:21:57.89	+00:04:06 (18.7%)	4:23	13.7 (81.5%)
13	KUKLINSKI Maciej	86	METROŻERCY	M-40	6	00:10:55	00:22:01.57	+00:04:10 (18.9%)	4:24	13.6 (81.0%)
14	OSTROWSKI Marian	198		M-60	1	00:10:55	00:22:06.27	+00:04:15 (19.2%)	4:25	13.6 (81.0%)
15	KUBIŚ Paweł	83	RUNDORFINA	M-30	5	00:10:56	00:22:09.95	+00:04:18 (19.5%)	4:26	13.5 (80.4%)
16	TRZEPACZ Gabriela Maryka	160	100 BATALION ŁĄCZNOŚCI	K-20	1	00:10:57	00:22:13.97	+00:04:22 (19.7%)	4:26	13.5 (80.4%)
17	KATRYCZ Zbigniew	63		M-50	1	00:10:54	00:22:18.74	+00:04:27 (20.0%)	4:27	13.4 (79.8%)
18	SPRINGER Marcin	146		M-40	7	00:10:48	00:22:19.69	+00:04:28 (20.0%)	4:28	13.4 (79.8%)
19	ZIELIŃSKA Anna	190		K-40	1	00:10:56	00:22:25.83	+00:04:34 (20.4%)	4:29	13.4 (79.8%)
20	GRZELAK Ryszard	45	KB HERMES GRYFINO	M-40	8	00:10:55	00:22:38.87	+00:04:47 (21.2%)	4:31	13.2 (78.6%)
21	GAŁAN Leszek	37		M-50	2	00:11:23	00:22:44.60	+00:04:53 (21.5%)	4:32	13.2 (78.6%)
22	MAZUR Tomasz	110	I LO SZCZECINEK	M-40	9	00:11:10	00:22:49.67	+00:04:58 (21.8%)	4:34	13.1 (78.0%)
23	KOZIEŁ Paweł	75		M-40	10	00:11:18	00:22:54.53	+00:05:03 (22.1%)	4:34	13.1 (78.0%)
24	RYCERSKI Rafał	138		M-30	6	00:11:09	00:23:00.44	+00:05:09 (22.4%)	4:36	13 (77.4%)
25	KOCLEJDA Grzegorz	69	RUNDORFINA	M-40	11	00:11:13	00:23:06.22	+00:05:14 (22.7%)	4:37	13 (77.4%)
26	KUZAN Sławek	91	CZARNE BIEGA	M-30	7	00:11:42	00:23:14.02	+00:05:22 (23.2%)	4:38	12.9 (76.8%)
27	PASTUSZEK Szymon	118	SAIL&SURF	M-20	4	00:11:35	00:23:15.19	+00:05:23 (23.2%)	4:39	12.9 (76.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start All 2.5km	Czas		Tempo min/km	Tempo km/h
							netto 5km	Różn		
28	KOŁATKA Mariusz	71	BORNE BIEGA	M-40	12	00:11:13	00:23:15.70	+00:05:24 (23.2%)	4:39	12.9 (76.8%)
29	MAZURSKI Paweł	200		M-30	8	00:11:19	00:23:34.48	+00:05:43 (24.3%)	4:42	12.7 (75.6%)
30	BŁASZCZYK Piotr	13		M-40	13	00:11:29	00:23:37.20	+00:05:45 (24.4%)	4:43	12.7 (75.6%)
31	ŚWIĘCIASZEK Mariusz	159		M-40	14	00:11:31	00:23:38.44	+00:05:47 (24.5%)	4:43	12.7 (75.6%)
32	POGRZEBSKI Hubert	127		M-20	5	00:11:31	00:23:49.39	+00:05:58 (25.1%)	4:45	12.6 (75.0%)
33	MACIEJEWSKA Katarzyna	100		K-20	2	00:11:29	00:23:55.01	+00:06:03 (25.4%)	4:47	12.5 (74.4%)
34	SUCHOŃSKI Grzegorz	153		M-40	15	00:11:30	00:23:59.67	+00:06:08 (25.6%)	4:48	12.5 (74.4%)
35	LUTYŃSKI Kacper	97	RUNDORFINA	M-OPEN	1	00:10:42	00:24:05.88	+00:06:14 (25.9%)	4:49	12.4 (73.8%)
36	HAŁKA Justyna	47	TRUCHT ŁOBEZ	K-30	1	00:11:52	00:24:09.46	+00:06:18 (26.1%)	4:50	12.4 (73.8%)
37	KRUKOWSKA Magdalena	78	DOJLIDY BIAŁYSTOK	K-30	2	00:11:46	00:24:11.47	+00:06:20 (26.2%)	4:50	12.4 (73.8%)
38	SERWATKA Krzysiek	143	BORNE BIEGA	M-40	16	00:11:53	00:24:13.36	+00:06:22 (26.3%)	4:50	12.4 (73.8%)
39	JUSZKIEWICZ Wojciech	60		M-40	17	00:12:11	00:24:16.21	+00:06:24 (26.4%)	4:51	12.4 (73.8%)
40	WUJTIUK Piotr	169	BASKET SZCZECINEK	M-40	18	00:11:28	00:24:16.72	+00:06:25 (26.5%)	4:51	12.4 (73.8%)
41	MASSEL Magdalena	107	RUNDORFINA	K-20	3	00:12:08	00:24:36.57	+00:06:45 (27.5%)	4:55	12.2 (72.6%)
42	KOZIARZ Mirosław	74		M-40	19	00:12:02	00:24:37.48	+00:06:46 (27.5%)	4:55	12.2 (72.6%)
43	SAPIŃSKI Robert	139		M-30	9	00:12:06	00:24:44.53	+00:06:53 (27.8%)	4:57	12.1 (72.0%)
44	PAWŁOWSKI Michał	119	PRECON-POLSKA	M-40	20	00:12:07	00:24:48.62	+00:06:57 (28.0%)	4:57	12.1 (72.0%)
45	TYLMAN Piotr	161	RUNDORFINA	M-30	10	00:12:12	00:24:52.99	+00:07:01 (28.2%)	4:58	12.1 (72.0%)
46	KAŻMIERCZAK Agnieszka	64		K-40	2	00:12:14	00:24:53.63	+00:07:02 (28.3%)	4:58	12.1 (72.0%)
47	SUCHONSKI Tomasz	152		M-40	21	00:11:59	00:24:55.86	+00:07:04 (28.4%)	4:59	12 (71.4%)
48	ZADROŻNY Szymon	170	WATAHA WAŁCZ	M-40	22	00:12:28	00:24:56.61	+00:07:05 (28.4%)	4:59	12 (71.4%)
49	RAPINCZUK Jan	131	BDSUOT WARSZAWA	M-40	23	00:12:25	00:25:01.90	+00:07:10 (28.7%)	5:00	12 (71.4%)
50	MIKUSZEWSKI Arkadiusz	112		M-30	11	00:12:35	00:25:08.57	+00:07:17 (29.0%)	5:01	11.9 (70.8%)
51	ANTONIAK Krzysztof	1		M-30	12	00:12:17	00:25:18.64	+00:07:27 (29.5%)	5:03	11.8 (70.2%)
52	PODLASEK Stanisław	125	LUFATEAM	M-20	6	00:12:50	00:25:27.31	+00:07:36 (29.9%)	5:05	11.8 (70.2%)
53	ZAGALSKA Paulina	171		K-30	3	00:12:42	00:25:48.33	+00:07:57 (30.8%)	5:09	11.6 (69.0%)
54	SKIBICKA Marta	189		K-30	4	00:11:52	00:25:58.98	+00:08:07 (31.3%)	5:11	11.6 (69.0%)
55	KUZIO Justyna	92		K-30	5	00:12:57	00:26:07.90	+00:08:16 (31.7%)	5:13	11.5 (68.5%)
56	SKUZA Piotr	144	COS OPO WAŁCZ BUKOWINA	M-30	13	00:13:01	00:26:21.30	+00:08:30 (32.3%)	5:16	11.4 (67.9%)
57	BARANOWSKI Kamil	6		M-30	14	00:13:25	00:26:23.37	+00:08:32 (32.3%)	5:16	11.4 (67.9%)
58	GAPPA Michał	39		M-40	24	00:12:42	00:26:25.57	+00:08:34 (32.4%)	5:17	11.3 (67.3%)
59	HAŁKA Arkadiusz	48	TRUCHT ŁOBEZ	M-40	25	00:13:02	00:26:27.37	+00:08:36 (32.5%)	5:17	11.3 (67.3%)
60	SZWAJA Maciej	157	BĘDĘ OSTATNI :D	M-30	15	00:13:23	00:26:29.52	+00:08:38 (32.6%)	5:18	11.3 (67.3%)
61	ZIMNICKI Tomasz	177		M-30	16	00:13:28	00:26:43.80	+00:08:52 (33.2%)	5:20	11.2 (66.7%)
62	DROZD Michał	30		M-30	17	00:13:01	00:26:44.80	+00:08:53 (33.2%)	5:21	11.2 (66.7%)
63	OSMYK Artur	117	100 BATALION LACZNOSCI	M-40	26	00:13:29	00:26:46.61	+00:08:55 (33.3%)	5:21	11.2 (66.7%)
64	PIĘTOSA Daniel	122	RUNDORFINA	M-40	27	00:13:04	00:26:47.02	+00:08:55 (33.3%)	5:21	11.2 (66.7%)
65	CHMARA Grzegorz	19	STM TEAM	M-50	3	00:13:19	00:27:04.43	+00:09:13 (34.1%)	5:24	11.1 (66.1%)
66	ORLIKOWSKI Robert	199		M-30	18	00:13:19	00:27:04.68	+00:09:13 (34.1%)	5:25	11.1 (66.1%)
67	AUGUSTYNIAK Grzegorz	2		M-40	28	00:13:41	00:27:14.87	+00:09:23 (34.5%)	5:27	11 (65.5%)
68	STANKOWSKA Agata	148		K-30	6	00:13:35	00:27:26.94	+00:09:35 (35.0%)	5:29	10.9 (64.9%)
69	JARNO Wojciech	54	AKTYWNA KRAJENKA	M-20	7	00:13:35	00:27:27.10	+00:09:35 (35.0%)	5:29	10.9 (64.9%)
70	SUSKA Tomasz	155	IRAS	M-30	19	00:14:16	00:27:30.00	+00:09:38 (35.1%)	5:30	10.9 (64.9%)
71	KUŚMIDER Katarzyna	89	RUNDORFINA	K-30	7	00:13:27	00:27:42.16	+00:09:50 (35.6%)	5:32	10.8 (64.3%)

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							netto 5km	Różn		
72	OGONOWSKI Marek	115		M-40	29	00:14:13	00:27:43.58	+00:09:52 (35.6%)	5:32	10.8 (64.3%)
73	GZUBICKI Piotr	46	RUNDORFINA	M-30	20	00:13:01	00:27:45.99	+00:09:54 (35.7%)	5:33	10.8 (64.3%)
74	KOZŁOWSKI Piotr	77	HUSARIA RACE TEAM	M-40	30	00:13:54	00:27:56.58	+00:10:05 (36.1%)	5:35	10.7 (63.7%)
75	CENTKA Katarzyna	193		K-40	3	00:13:50	00:28:05.72	+00:10:14 (36.5%)	5:37	10.7 (63.7%)
76	SERWATKA Ewelina	142	BORNE BIEGA	K-30	8	00:13:42	00:28:06.55	+00:10:15 (36.5%)	5:37	10.7 (63.7%)
77	SUCHANOWSKI Zygmunt	151	RESPECT LOTYŃ	M-50	4	00:13:44	00:28:07.52	+00:10:16 (36.5%)	5:37	10.7 (63.7%)
78	RUTKOWSKA Anna	136	WATAHA WAŁCZ	K-50	1	00:13:37	00:28:10.41	+00:10:19 (36.6%)	5:38	10.7 (63.7%)
79	ZIELIŃSKI Maciej	176		M-30	21	00:13:29	00:28:11.83	+00:10:20 (36.7%)	5:38	10.6 (63.1%)
80	BILL Łukasz	12		M-30	22	00:13:27	00:28:12.33	+00:10:21 (36.7%)	5:38	10.6 (63.1%)
81	GAŁAN Joanna	36		K-50	2	00:14:07	00:28:14.50	+00:10:23 (36.8%)	5:39	10.6 (63.1%)
82	MARCZAK Adam	105		M-30	23	00:14:12	00:28:15.10	+00:10:23 (36.8%)	5:39	10.6 (63.1%)
83	SATYŁA Tomasz	140	CZARNE BIEGA	M-30	24	00:14:06	00:28:30.57	+00:10:39 (37.4%)	5:42	10.5 (62.5%)
84	BANY Mirela	5		K-30	9	00:13:53	00:28:45.76	+00:10:54 (37.9%)	5:45	10.4 (61.9%)
85	BARTON Krystyna	7	TRIPAKA PRZECHLEWO	K-50	3	00:13:42	00:28:52.20	+00:11:00 (38.2%)	5:46	10.4 (61.9%)
86	GROMADA Bartosz	43		M-30	25	00:13:28	00:28:58.50	+00:11:07 (38.4%)	5:47	10.4 (61.9%)
87	ZALESKA Elżbieta	172		K-40	4	00:14:13	00:28:59.20	+00:11:07 (38.4%)	5:47	10.4 (61.9%)
88	MĘCINA Violetta	111	SMOK	K-40	5	00:14:12	00:29:07.83	+00:11:16 (38.7%)	5:49	10.3 (61.3%)
89	JUSZCZAK Karolina	59	RUNDORFINA	K-30	10	00:14:42	00:29:30.30	+00:11:39 (39.5%)	5:54	10.2 (60.7%)
90	MACIEJEWSKI Andrzej	101		M-50	5	00:14:17	00:29:39.69	+00:11:48 (39.8%)	5:55	10.1 (60.1%)
91	HOLC Dorota	49		K-30	11	00:14:26	00:29:43.38	+00:11:52 (39.9%)	5:56	10.1 (60.1%)
92	KOSECKA Lena	72		K-30	12	00:14:26	00:29:44.64	+00:11:53 (40.0%)	5:56	10.1 (60.1%)
93	BOŃKOWSKI Cezar	15	RUNDORFINA	M-30	26	00:14:43	00:29:48.57	+00:11:57 (40.1%)	5:57	10.1 (60.1%)
94	MACIEJEWSKA Lucyna	99		K-50	4	00:14:30	00:29:56.34	+00:12:05 (40.4%)	5:59	10 (59.5%)
95	WAŚNIEWSKI Arek	165	RUNDORFINA CZAPLINEK	M-50	6	00:14:26	00:29:57.45	+00:12:06 (40.4%)	5:59	10 (59.5%)
96	GÓRECKI Mirosław	40	JW1223 KOSZALIN	M-40	31	00:14:12	00:30:07.33	+00:12:16 (40.7%)	6:01	10 (59.5%)
97	GÓRECKI Fabian	41		M-20	8	00:14:12	00:30:07.58	+00:12:16 (40.7%)	6:01	10 (59.5%)
98	JAROSZEWICZ Andrzej	55		M-40	32	00:14:55	00:30:55.83	+00:13:04 (42.3%)	6:11	9.7 (57.7%)
99	JAROSZEWICZ Joanna	56		K-40	6	00:14:55	00:30:56.05	+00:13:04 (42.3%)	6:11	9.7 (57.7%)
100	BARTOSIAK Tomasz	8	RUNNERS OF WAŁCZ	M-40	33	00:15:27	00:31:03.23	+00:13:11 (42.5%)	6:12	9.7 (57.7%)
101	GROCHOWSKA Agnieszka	42		K-40	7	00:15:06	00:31:03.53	+00:13:12 (42.5%)	6:12	9.7 (57.7%)
102	DZIEWIETKOWSKI Tomek	34	RUNDORFINA	M-30	27	00:14:38	00:31:16.39	+00:13:25 (42.9%)	6:15	9.6 (57.1%)
103	ZALEWSKA Karolina	173		K-30	13	00:15:38	00:31:42.61	+00:13:51 (43.7%)	6:20	9.5 (56.5%)
104	KOBIAŁKA Angelina	68		K-30	14	00:15:38	00:31:43.02	+00:13:51 (43.7%)	6:20	9.5 (56.5%)
105	BEDNAREK Krzysztof	10	KRIS	M-40	34	00:16:48	00:31:54.91	+00:14:03 (44.1%)	6:23	9.4 (56.0%)
106	CZEKOŃSKA Paulina	24		K-20	4	00:15:38	00:31:58.77	+00:14:07 (44.2%)	6:23	9.4 (56.0%)
107	KUKLINSKA Joanna	85	METROŻERCY	K-30	15	00:15:09	00:32:00.97	+00:14:09 (44.2%)	6:24	9.4 (56.0%)
108	SYDOR Katarzyna	156	RUNDORFINA	K-30	16	00:15:51	00:32:10.17	+00:14:18 (44.5%)	6:26	9.3 (55.4%)
109	DAWIDOWICZ Wojciech	26		M-20	9	00:15:12	00:32:28.70	+00:14:37 (45.0%)	6:29	9.2 (54.8%)
110	WROBLEWSKI Jerzy Stanisław	168	PARKRUN SZCZECINEK	M-60	2	00:15:52	00:32:43.96	+00:14:52 (45.5%)	6:32	9.2 (54.8%)
111	WOJTECZKO Magdalena	167	RUNDORFINA	K-40	8	00:16:25	00:33:05.48	+00:15:14 (46.0%)	6:37	9.1 (54.2%)
112	BUCHOWSKI Marek	17	PARKRUN	M-60	3	00:16:24	00:33:14.02	+00:15:22 (46.3%)	6:38	9 (53.6%)
113	WAŚNIEWSKA Ewa	164	RUNDORFINA CZAPLINEK	K-40	9	00:16:18	00:33:20.67	+00:15:29 (46.5%)	6:40	9 (53.6%)
114	KUC - BREJNA Anna	84		K-40	10	00:15:58	00:33:22.04	+00:15:30 (46.5%)	6:40	9 (53.6%)
115	GRUBIZNA Marta	44	RUNDORFINA	K-20	5	00:16:25	00:33:33.43	+00:15:42 (46.8%)	6:42	8.9 (53.0%)

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							netto 5km	Różn		
116	DĄBROWSKA Katarzyna	27	RUNDORFINA	K-30	17	00:16:26	00:33:35.04	+00:15:43 (46.8%)	6:43	8.9 (53.0%)
117	FIRLEJ Agnieszka	35	RUNDORFINA	K-40	11	00:16:27	00:33:35.89	+00:15:44 (46.9%)	6:43	8.9 (53.0%)
118	MATUSZAK Justyna	108	RUNDORFINA	K-30	18	00:16:35	00:34:10.24	+00:16:19 (47.8%)	6:50	8.8 (52.4%)
119	WALKOWIAK Dariusz	163		M-40	35	00:16:01	00:34:35.97	+00:16:44 (48.4%)	6:55	8.7 (51.8%)
120	RUSIECKI Paweł	135	WSPL SP ZOZ W KOSZALINIE	M-40	36	00:17:08	00:34:51.14	+00:16:59 (48.8%)	6:58	8.6 (51.2%)
121	KWIATKOWSKA Agnieszka	93	RESPECT LOTYŃ	K-40	12	00:16:55	00:35:09.45	+00:17:18 (49.2%)	7:02	8.5 (50.6%)
122	ORŁOWSKA-OBARZANEK Karina	116		K-30	19	00:17:00	00:35:12.86	+00:17:21 (49.3%)	7:02	8.5 (50.6%)
123	SOKOŁOWSKA Anna	145	ATOMÓWKI	K-30	20	00:17:00	00:35:13.20	+00:17:21 (49.3%)	7:02	8.5 (50.6%)
124	KOZŁOWSKA Teresa	76		K-50	5	00:17:17	00:35:30.94	+00:17:39 (49.7%)	7:06	8.5 (50.6%)
125	KWIATKOWSKA-MACISZEWSKA Anna	94		K-30	21	00:17:35	00:36:30.97	+00:18:39 (51.1%)	7:18	8.2 (48.8%)
126	MACISZEWSKI Łukasz	102		M-30	28	00:17:35	00:36:30.99	+00:18:39 (51.1%)	7:18	8.2 (48.8%)
127	SUCHANOWSKA Anna	150	RESPECT LOTYŃ	K-40	13	00:17:55	00:36:53.68	+00:19:02 (51.6%)	7:22	8.1 (48.2%)
128	PIĘTOSA Martyna	124		K-OPEN	1	00:18:10	00:37:23.02	+00:19:31 (52.2%)	7:28	8 (47.6%)
129	PIĘTOSA Justyna	123		K-40	14	00:18:09	00:37:25.14	+00:19:33 (52.3%)	7:29	8 (47.6%)
130	UDYCZ Katarzyna	162		K-40	15	00:19:45	00:40:23.97	+00:22:32 (55.8%)	8:04	7.4 (44.0%)
131	KRYCZKA Małgorzata	81		K-50	6	00:20:56	00:42:43.24	+00:24:52 (58.2%)	8:32	7 (41.7%)
132	MARGOL-BEDNAREK Beata	106	BIURO UBEZPIECZENIOWO-FINANSOWE 'KRIS'	K-40	16	00:19:32		+00:10:44	7:48	7.7 (45.8%)

Znaleziono 132 wynik(ów)