



Wydarzenie: IX Bieg Mikołajkowy
Organizator: Stowarzyszenie BiegamBoLubie Team Police
Data: 2021-12-05
Miejsce: Police
Dystans: 10 km

IX BIEG MIKOŁAJKOWY

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: [Wszyscy](#)

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja rodzinna | Klasyfikacja Mundurowa | Klasyfikacja V M.P. | | 5 km | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------|------------|-----------------------------|-----------|------|-----------------------|------------------------|---------------------|------------------------------|----------|--------------------|--------------------|-------------------|--------------|--------------|
| | | | | | | | | Grupy Azoty S.A. | Drużyna 1 | | | | | | |
| 1 | PAŃKO Andrzej | 2 | KB HERMES GRYFINO | M-20 | 1 | | Tak | | KB Hermes Gryfino | 00:17:31 | 00:36:27.35 | 00:36:29.45 | | 3:38 | 16.5 (100%) |
| 2 | WASZAK Krzysztof | 8 | | M-20 | 2 | | Tak | | fehlaun run team and friends | 00:17:44 | 00:37:46.45 | 00:37:48.85 | +00:01:19 (3.5%) | 3:46 | 15.9 (96.4%) |
| 3 | WASZCZUK Tomasz | 10 | | M-40 | 1 | | | | fehlaun run team and friends | 00:18:16 | 00:38:17.95 | 00:38:19.55 | +00:01:50 (4.8%) | 3:49 | 15.7 (95.2%) |
| 4 | KONARSKI Bartosz | 190 | ERAKAWY | M-40 | 2 | | | | fehlaun run team and friends | 00:18:58 | 00:39:10.95 | 00:39:13.35 | +00:02:43 (7.0%) | 3:55 | 15.3 (92.7%) |
| 5 | FILIPOWSKI Dariusz | 95 | FEHLAU RUN TEAM | M-40 | 3 | | | | fehlaun run team and friends | 00:19:00 | 00:39:14.80 | 00:39:16.90 | +00:02:47 (7.1%) | 3:55 | 15.3 (92.7%) |
| 6 | RUDZIŃSKI Jacek | 396 | KB HERMES GRYFINO | M-50 | 1 | | Tak | | KB Hermes Gryfino | 00:19:01 | 00:39:16.20 | 00:39:18.90 | +00:02:49 (7.2%) | 3:55 | 15.3 (92.7%) |
| 7 | RUSEK Kamil | 398 | FEHLAU RUN TEAM | M-30 | 1 | | | | fehlaun run team and friends | 00:19:00 | 00:39:49.90 | 00:39:52.45 | +00:03:23 (8.5%) | 3:58 | 15.1 (91.5%) |
| 8 | APIECIONEK Mateusz | 13 | UKL ÓSEMKA POLICE | M-30 | 2 | | | Tak | | 00:19:01 | 00:39:57.05 | 00:39:59.15 | +00:03:29 (8.7%) | 3:59 | 15 (90.9%) |
| 9 | KUBISZTAL Wojciech | 224 | FEHLAU RUN TEAM AND FRIENDS | M-30 | 3 | | | | fehlaun run team and friends | 00:19:03 | 00:40:05.45 | 00:40:07.55 | +00:03:38 (9.1%) | 4:00 | 15 (90.9%) |
| 10 | ZABIELSKI Józef | 5 | RAZ SZCZECIN | M-40 | 4 | | Tak | | | 00:19:37 | 00:40:35.70 | 00:40:38.10 | +00:04:08 (10.2%) | 4:03 | 14.8 (89.7%) |
| 11 | JANISZYN Marcin | 139 | KP PSP GRYFINO | M-30 | 4 | | Tak | | KB Hermes Gryfino | 00:19:35 | 00:40:39.35 | 00:40:42.65 | +00:04:13 (10.4%) | 4:03 | 14.8 (89.7%) |
| 12 | WASILEWSKI Andrzej | 519 | WILKI Z CIECHOCINKA | M-40 | 5 | | | | | 00:19:37 | 00:40:38.20 | 00:40:53.30 | +00:04:23 (10.8%) | 4:03 | 14.8 (89.7%) |
| 13 | OPAS Adam | 318 | UKL ÓSEMKA POLICE | M-40 | 6 | | | | | 00:19:38 | 00:41:29.55 | 00:41:32.15 | +00:05:02 (12.1%) | 4:08 | 14.5 (87.9%) |
| 14 | CHAWAWKO Toamsz | 592 | | M-40 | 7 | | | | | 00:20:08 | 00:41:44.60 | 00:41:47.30 | +00:05:17 (12.7%) | 4:10 | 14.4 (87.3%) |

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|-----|-------------------------------|------------|---------------------------------|-----------|------|-----------------------|------------------------|---------------------|-------------------|----------|--------------------|--------------------|-------------------|--------------|--------------|
| | | | | | | | | Grupy Azoty S.A. | Drużyna 1 | | | | | | |
| 15 | WOJNACH Andrzej | 541 | 79 MINUT PO PIĘĆDZIESIĄTCE | M-50 | 2 | | | | | 00:19:53 | 00:41:45.15 | 00:41:47.90 | +00:05:18 (12.7%) | 4:10 | 14.4 (87.3%) |
| 16 | PRYK Rafał | 374 | ROZBIEGANY GOLENIÓW | M-40 | 8 | | | | | 00:20:09 | 00:42:11.40 | 00:42:16.15 | +00:05:46 (13.7%) | 4:13 | 14.2 (86.1%) |
| 17 | ULDYNOWICZ Łukasz | 512 | MLUKS MOKASYN PŁOTY | M-30 | 5 | | | | | 00:20:08 | 00:42:12.75 | 00:42:17.00 | +00:05:47 (13.7%) | 4:13 | 14.2 (86.1%) |
| 18 | HOŁYŃSKI Leszek | 129 | KM PSP SZCZECIN | M-30 | 6 | | Tak | | | 00:20:29 | 00:42:28.30 | 00:42:34.70 | +00:06:05 (14.3%) | 4:14 | 14.1 (85.5%) |
| 19 | MIROWSKI Blazej | 284 | UKL OSEMKA POLICE | M-30 | 7 | | | | | 00:21:19 | 00:42:51.40 | 00:42:54.55 | +00:06:25 (15.0%) | 4:17 | 14 (84.8%) |
| 20 | BURAS Radosław | 53 | KB HERMES GRYFINO | M-30 | 8 | | Tak | | | 00:20:34 | 00:42:50.40 | 00:42:56.00 | +00:06:26 (15.0%) | 4:17 | 14 (84.8%) |
| 21 | PIELECHOWSKI Piotr | 345 | DECATHLON SZCZECIN | M-20 | 3 | | | | | 00:20:41 | 00:43:16.00 | 00:43:18.90 | +00:06:49 (15.8%) | 4:19 | 13.9 (84.2%) |
| 22 | SOBKOWIAK Robert | 430 | MKL MARATON ŚWINOUJŚCIE | M-50 | 3 | | | | | 00:21:02 | 00:43:25.55 | 00:43:30.90 | +00:07:01 (16.1%) | 4:20 | 13.8 (83.6%) |
| 23 | OLEJARZ Damian | 312 | POL-BUD POLICE | M-30 | 9 | | | | | 00:21:20 | 00:43:38.20 | 00:43:40.45 | +00:07:11 (16.4%) | 4:21 | 13.8 (83.6%) |
| 24 | POLICZKIEWICZ Maciej | 364 | | M-30 | 10 | | | | | 00:21:13 | 00:43:49.65 | 00:43:53.05 | +00:07:23 (16.8%) | 4:22 | 13.7 (83.0%) |
| 25 | MACIEJEWSKI Krzysztof | 256 | | M-30 | 11 | | | | | 00:20:38 | 00:43:53.35 | 00:43:57.55 | +00:07:28 (17.0%) | 4:23 | 13.7 (83.0%) |
| 26 | OSETEK Sebastian | 321 | KB HERMES GRYFINO | M-30 | 12 | | | | | 00:20:47 | 00:43:59.15 | 00:44:02.70 | +00:07:33 (17.2%) | 4:23 | 13.6 (82.4%) |
| 27 | PROCIAK Krzysztof | 371 | SKB DZIK | M-30 | 13 | | | | | 00:21:16 | 00:43:53.05 | 00:44:05.15 | +00:07:35 (17.2%) | 4:23 | 13.7 (83.0%) |
| 28 | GORSZKA Damian | 6 | | M-20 | 4 | | | | | 00:20:48 | 00:44:06.25 | 00:44:10.30 | +00:07:40 (17.4%) | 4:24 | 13.6 (82.4%) |
| 29 | JANUSZ Żywicki | 141 | KB PIONIER SZCZECIN | M-50 | 4 | | | | | 00:21:14 | 00:44:16.25 | 00:44:19.25 | +00:07:49 (17.7%) | 4:25 | 13.6 (82.4%) |
| 30 | SZABAŁOWSKA Małgorzata | 7 | | K-20 | 1 | | | | | 00:21:26 | 00:44:16.80 | 00:44:20.35 | +00:07:50 (17.7%) | 4:25 | 13.6 (82.4%) |
| 31 | ŁOKUCJEWSKI Paweł | 250 | POL-BUD POLICE / UKL ÓSEMKA | M-30 | 14 | | | | | 00:21:18 | 00:44:24.35 | 00:44:27.40 | +00:07:57 (17.9%) | 4:26 | 13.5 (81.8%) |
| 32 | WASIELEWSKA Paulina | 518 | UKL ÓSEMKA POLICE | K-20 | 2 | | | | | 00:21:27 | 00:44:28.90 | 00:44:31.60 | +00:08:02 (18.0%) | 4:26 | 13.5 (81.8%) |
| 33 | MARKIEWICZ Kamil | 273 | BRIDGESTONE STARGARD RUNNERS | M-20 | 5 | | | | | 00:21:35 | 00:44:32.35 | 00:44:38.70 | +00:08:09 (18.3%) | 4:27 | 13.5 (81.8%) |
| 34 | BIAŁEK Beata | 1 | KB HERMES | K-40 | 1 | | | | | 00:21:54 | 00:44:43.25 | 00:44:47.10 | +00:08:17 (18.5%) | 4:28 | 13.4 (81.2%) |
| 35 | BORGER Krzysztof | 38 | UKL ÓSEMKA | M-40 | 9 | | | Tak | | 00:21:50 | 00:44:51.90 | 00:44:54.60 | +00:08:25 (18.7%) | 4:29 | 13.4 (81.2%) |
| 36 | STERNA Piotr | 446 | | M-30 | 15 | Jarosławscy | | Tak | Jarostawskie i on | 00:21:28 | 00:44:55.85 | 00:44:59.80 | +00:08:30 (18.9%) | 4:29 | 13.4 (81.2%) |
| 37 | DOBOSZ Piotr | 79 | | M-40 | 10 | | | | | 00:21:44 | 00:44:55.25 | 00:45:04.50 | +00:08:35 (19.0%) | 4:29 | 13.4 (81.2%) |
| 38 | UŁANOWICZ Tomasz | 514 | WIECZORNE BIEGANIE W SZCZECINIE | M-50 | 5 | | | | | 00:21:39 | 00:45:10.10 | 00:45:14.65 | +00:08:45 (19.3%) | 4:31 | 13.3 (80.6%) |

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|-----|--------------------------|-------|----------------------------------|-----------|------|-----------------------|------------------------|--------------------------------------|------------------|----------|-----------------|------------------|-------------------|--------------|--------------|
| | | | | | | | | | | | | | | | |
| 39 | JASIUCHNA Marek | 148 | | M-30 | 16 | | Tak | | | 00:22:00 | 00:45:21.25 | 00:45:27.40 | +00:08:57 (19.7%) | 4:32 | 13.2 (80.0%) |
| 40 | GAWLE Łukasz | 101 | UNITY LINE | M-30 | 17 | | | | | 00:22:14 | 00:45:35.35 | 00:45:48.50 | +00:09:19 (20.3%) | 4:33 | 13.2 (80.0%) |
| 41 | KAMIŃSKA Agata | 162 | KAMIŃSKI TEAM | K-30 | 1 | | | | Parkrun szczecin | 00:22:03 | 00:45:53.85 | 00:45:59.20 | +00:09:29 (20.6%) | 4:35 | 13.1 (79.4%) |
| 42 | KOTARSKI Wiesław | 196 | GRUPA AZOTY POLICE | M-60 | 1 | | Tak | | | 00:22:19 | 00:46:08.80 | 00:46:11.20 | +00:09:41 (21.0%) | 4:36 | 13 (78.8%) |
| 43 | KOSZTOWNY Agata | 195 | SKSG KORONA SZCZECIN | K-30 | 2 | | | | | 00:22:24 | 00:46:09.30 | 00:46:12.15 | +00:09:42 (21.0%) | 4:36 | 13 (78.8%) |
| 44 | ZELEK Darek | 566 | | M-40 | 11 | | | | | 00:22:07 | 00:46:13.00 | 00:46:15.10 | +00:09:45 (21.1%) | 4:37 | 13 (78.8%) |
| 45 | FĄFEREK Piotr | 94 | WIECZORNE BIEGANIE W SZCZECINIE | M-30 | 18 | | | | | 00:22:04 | 00:46:10.60 | 00:46:17.35 | +00:09:47 (21.2%) | 4:37 | 13 (78.8%) |
| 46 | BĘDKOWSKI Piotr | 23 | SWIM2TRI | M-30 | 19 | | | | | 00:22:03 | 00:46:43.10 | 00:46:49.65 | +00:10:20 (22.1%) | 4:40 | 12.8 (77.6%) |
| 47 | ZALEWSKI Maciej | 559 | | M-40 | 12 | | | | | 00:22:27 | 00:46:43.80 | 00:46:53.55 | +00:10:24 (22.2%) | 4:40 | 12.8 (77.6%) |
| 48 | OLEJNIK Przemek | 313 | | M-50 | 6 | | | | | 00:22:25 | 00:46:52.65 | 00:46:57.55 | +00:10:28 (22.3%) | 4:41 | 12.8 (77.6%) |
| 49 | SZCZUPACZYŃSKI Arkadiusz | 465 | RUNGRYF | M-50 | 7 | | | | | 00:22:51 | 00:47:13.30 | 00:47:18.15 | +00:10:48 (22.9%) | 4:43 | 12.7 (77.0%) |
| 50 | SIWEK Jarek | 421 | PARKRUN SZCZECIN | M-40 | 13 | | | | Parkrun szczecin | 00:22:55 | 00:47:15.80 | 00:47:20.05 | +00:10:50 (22.9%) | 4:43 | 12.7 (77.0%) |
| 51 | BOJKO Marek | 33 | | M-40 | 14 | | | | | 00:22:54 | 00:47:27.35 | 00:47:34.05 | +00:11:04 (23.3%) | 4:44 | 12.6 (76.4%) |
| 52 | RYBAK Łukasz | 405 | | M-30 | 20 | | | | | 00:23:29 | 00:47:28.65 | 00:47:39.30 | +00:11:09 (23.4%) | 4:44 | 12.6 (76.4%) |
| 53 | SZULC Marcin | 477 | BOLI BOLI | M-30 | 21 | | | | Boli Boli | 00:22:33 | 00:47:38.00 | 00:47:41.95 | +00:11:12 (23.5%) | 4:45 | 12.6 (76.4%) |
| 54 | WUJDA Mirosław | 555 | ERNI RULEZ | M-40 | 15 | | | | | 00:23:22 | 00:47:39.80 | 00:47:44.60 | +00:11:15 (23.6%) | 4:45 | 12.6 (76.4%) |
| 55 | WARCZALOWSKI Arkadiusz | 516 | | M-40 | 16 | | | | | 00:22:50 | 00:47:38.20 | 00:47:45.25 | +00:11:15 (23.6%) | 4:45 | 12.6 (76.4%) |
| 56 | DOBERSZTYN Franek | 78 | | M-16 | 1 | | | | | 00:22:03 | 00:47:52.10 | 00:48:04.35 | +00:11:34 (24.1%) | 4:47 | 12.5 (75.8%) |
| 57 | FRANKIEWICZ Grzesiek | 97 | | M-30 | 22 | | | | | 00:22:24 | 00:47:57.80 | 00:48:05.40 | +00:11:35 (24.1%) | 4:47 | 12.5 (75.8%) |
| 58 | SZYMKIEWICZ Robert | 488 | MIEDZYRZECKIE GAZELE | M-50 | 8 | | | | | 00:23:15 | 00:48:04.10 | 00:48:09.15 | +00:11:39 (24.2%) | 4:48 | 12.5 (75.8%) |
| 59 | NADOLNY Przemysław | 296 | PARKRUN SZCZECIN | M-40 | 17 | | | | Parkrun szczecin | 00:23:20 | 00:48:12.60 | 00:48:16.40 | +00:11:46 (24.4%) | 4:49 | 12.4 (75.2%) |
| 60 | ARLUKIEWICZ Grzegorz | 14 | TIP | M-30 | 23 | | | | TIP | 00:23:35 | 00:48:19.20 | 00:48:24.75 | +00:11:55 (24.6%) | 4:49 | 12.4 (75.2%) |
| 61 | PUCHALSKI Grzegorz | 376 | MOBILNA WULKANIZACJA 536-226-226 | M-30 | 24 | | | | | 00:22:57 | 00:48:26.30 | 00:48:30.10 | +00:12:00 (24.8%) | 4:50 | 12.4 (75.2%) |
| 62 | GRZEGÓRZEK Paulina | 4 | RAZ SZCZECIN | K-30 | 3 | | | | | 00:23:25 | 00:48:31.70 | 00:48:34.90 | +00:12:05 (24.9%) | 4:51 | 12.4 (75.2%) |
| 63 | BYSIAK Weronika | 55 | KB KAMIEŃ POMORSKI | K-20 | 3 | | | | | 00:23:51 | 00:48:25.40 | 00:48:35.25 | +00:12:05 (24.9%) | 4:50 | 12.4 (75.2%) |

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|-----|-------------------------------------|------------|---------------------------------|-----------|------|-----------------------|------------------------|--------------------------------------|--------------------|----------|--------------------|--------------------|-------------------|--------------|--------------|
| | | | | | | | | | | | | | | | |
| 64 | MATUSEWICZ Paweł | 591 | | M-20 | 6 | | | | TIP | 00:23:36 | 00:48:35.85 | 00:48:40.95 | +00:12:11 (25.0%) | 4:51 | 12.3 (74.5%) |
| 65 | PLUTA Grzegorz | 359 | KB HERMES GRYFINO | M-50 | 9 | | | | kB Hermesa Gryfino | 00:23:16 | 00:48:41.30 | 00:48:45.25 | +00:12:15 (25.2%) | 4:52 | 12.3 (74.5%) |
| 66 | ORYL Mariusz | 320 | | M-30 | 25 | | Tak | | | 00:23:25 | 00:48:56.60 | 00:49:03.65 | +00:12:34 (25.6%) | 4:53 | 12.3 (74.5%) |
| 67 | NAGADOWSKI Paweł | 298 | | M-30 | 26 | | | | | 00:23:08 | 00:49:07.10 | 00:49:10.65 | +00:12:41 (25.8%) | 4:54 | 12.2 (73.9%) |
| 68 | GRZYBOWSKI Robert | 114 | BOLI BOLI / GRUPA AZOTY | M-40 | 18 | | | Tak | Boli Boli | 00:23:26 | 00:49:10.65 | 00:49:15.05 | +00:12:45 (25.9%) | 4:55 | 12.2 (73.9%) |
| 69 | PILC Anna | 349 | TARNOWO PODGÓRNE BIEGA | K-30 | 4 | | | | Policzanki | 00:23:37 | 00:49:11.60 | 00:49:17.00 | +00:12:47 (26.0%) | 4:55 | 12.2 (73.9%) |
| 70 | MAJKA Dariusz | 262 | BIEGACZE ŚWINOUJŚCIE | M-30 | 27 | | | | | 00:23:44 | 00:49:13.50 | 00:49:18.20 | +00:12:48 (26.0%) | 4:55 | 12.2 (73.9%) |
| 71 | SZCZYGIELSKI Radosław | 466 | DECATHLON SZCZECIN | M-30 | 28 | | | | Decathlon Szczecin | 00:23:50 | 00:49:17.70 | 00:49:23.05 | +00:12:53 (26.1%) | 4:55 | 12.2 (73.9%) |
| 72 | RÓŻAŃSKI Marcin | 391 | BRZÓZKI | M-30 | 29 | | | | | 00:23:27 | 00:49:06.90 | 00:49:23.25 | +00:12:53 (26.1%) | 4:54 | 12.2 (73.9%) |
| 73 | RZEMIENIECKA-GRUDZIEŃ Joanna | 407 | | K-40 | 2 | | | | | 00:23:54 | 00:49:28.30 | 00:49:35.25 | +00:13:05 (26.4%) | 4:56 | 12.1 (73.3%) |
| 74 | HETMAŃSKI Arek | 127 | LOVELASY | M-30 | 30 | | | Tak | LoveLasy | 00:23:35 | 00:49:37.65 | 00:49:41.50 | +00:13:12 (26.6%) | 4:57 | 12.1 (73.3%) |
| 75 | SACHARSKI Bartłomiej | 408 | WIECZORNE BIEGANIE W SZCZECINIE | M-30 | 31 | | | | | 00:23:52 | 00:49:40.10 | 00:49:50.45 | +00:13:21 (26.8%) | 4:58 | 12.1 (73.3%) |
| 76 | BERNACKI Mariusz | 22 | MODLITWA BIEGANIA GRYFINO | M-40 | 19 | | | | | 00:24:36 | 00:49:28.10 | 00:49:52.35 | +00:13:22 (26.8%) | 4:56 | 12.1 (73.3%) |
| 77 | SAWARYN Damian | 411 | | M-20 | 7 | | | | | 00:23:32 | 00:49:48.40 | 00:49:55.85 | +00:13:26 (26.9%) | 4:58 | 12 (72.7%) |
| 78 | PARUZEL Joanna | 329 | HULK TEAM POLICE | K-30 | 5 | | | | AktywnySplot | 00:23:37 | 00:49:59.60 | 00:50:03.85 | +00:13:34 (27.1%) | 4:59 | 12 (72.7%) |
| 79 | RUTKOWSKI Krzysztof | 403 | | M-30 | 32 | | | | | 00:23:59 | 00:49:56.90 | 00:50:04.10 | +00:13:34 (27.1%) | 4:59 | 12 (72.7%) |
| 80 | ZAWLIK Tomasz | 565 | BIEGAM BO LUBIĘ | M-40 | 20 | | | | | 00:24:46 | 00:50:05.60 | 00:50:13.10 | +00:13:43 (27.3%) | 5:00 | 12 (72.7%) |
| 81 | DYDEK Edyta | 89 | SKB DZIK | K-20 | 4 | Dydek | Tak | | SKB DZIK | 00:23:53 | 00:50:11.55 | 00:50:14.65 | +00:13:45 (27.4%) | 5:01 | 12 (72.7%) |
| 82 | DOBERSZTYN Błażej | 77 | | M-40 | 21 | | | | | 00:24:04 | 00:49:54.00 | 00:50:15.00 | +00:13:45 (27.4%) | 4:59 | 12 (72.7%) |
| 83 | TYMUL Jakub | 510 | #TYMTRITEAM | M-40 | 22 | | | | | 00:24:05 | 00:49:53.85 | 00:50:15.05 | +00:13:45 (27.4%) | 4:59 | 12 (72.7%) |
| 84 | WOLSKI Tomasz | 543 | WIECZORNE BIEGANIE W SZCZECINIE | M-40 | 23 | | | | Parkrun Szczecin | 00:24:44 | 00:50:01.65 | 00:50:22.05 | +00:13:52 (27.6%) | 5:00 | 12 (72.7%) |
| 85 | NYKOLAJCZUK Robert | 310 | BRIDGESTONE RUNNER STARGARD | M-40 | 24 | | | | | 00:25:06 | 00:50:18.20 | 00:50:27.75 | +00:13:58 (27.7%) | 5:01 | 11.9 (72.1%) |
| 86 | ZAJĄC Maciej | 558 | BIEGACZE ŚWINOUJŚCIE | M-30 | 33 | | | | | 00:24:43 | 00:50:27.55 | 00:50:32.65 | +00:14:03 (27.8%) | 5:02 | 11.9 (72.1%) |
| 87 | PIĄTEK Krystian | 342 | | M-40 | 25 | | | | | 00:24:40 | 00:50:13.55 | 00:50:34.90 | +00:14:05 (27.9%) | 5:01 | 11.9 (72.1%) |
| 88 | BIGUS Paweł | 26 | | M-20 | 8 | | Tak | | | 00:25:26 | 00:50:46.85 | 00:50:59.85 | +00:14:30 (28.4%) | 5:04 | 11.8 (71.5%) |

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|-----|-----------------------------|------------|---------------------------------|-----------|------|-----------------------|------------------------|--------------------------------------|---------------------------------|----------|--------------------|--------------------|-------------------|--------------|--------------|
| | | | | | | | | | | 5km | 10km | 10km | | | |
| 89 | BRZOWSKA Mirela | 47 | | K-20 | 5 | | | | | 00:24:20 | 00:50:57.70 | 00:51:01.80 | +00:14:32 (28.5%) | 5:05 | 11.8 (71.5%) |
| 90 | LEWANDOWSKI Piotr | 238 | SKB DZIK | M-40 | 26 | | | | SKB DZIK | 00:24:12 | 00:50:51.00 | 00:51:03.70 | +00:14:34 (28.5%) | 5:05 | 11.8 (71.5%) |
| 91 | JASINOWSKI Dariusz | 145 | ROCKYOURBODY | M-40 | 27 | | | | | 00:24:17 | 00:50:57.95 | 00:51:07.15 | +00:14:37 (28.6%) | 5:05 | 11.8 (71.5%) |
| 92 | KOŁTUN Wojtek | 187 | | M-50 | 10 | | | | | 00:25:14 | 00:50:43.85 | 00:51:14.45 | +00:14:45 (28.8%) | 5:04 | 11.8 (71.5%) |
| 93 | PASIKOWSKI Kamil | 330 | SKB DZIK | M-20 | 9 | Dydek | Tak | | SKB DZIK | 00:24:55 | 00:51:28.50 | 00:51:31.85 | +00:15:02 (29.2%) | 5:08 | 11.7 (70.9%) |
| 94 | WASILEWSKI Sylwester | 520 | | M-30 | 34 | | | | | 00:24:11 | 00:51:30.60 | 00:51:41.25 | +00:15:11 (29.4%) | 5:09 | 11.7 (70.9%) |
| 95 | SZYMCZAK Marcin | 486 | | M-40 | 28 | | | | | 00:24:52 | 00:51:35.10 | 00:51:42.75 | +00:15:13 (29.4%) | 5:09 | 11.6 (70.3%) |
| 96 | KACZMAREK Lukasz | 158 | | M-30 | 35 | | | | | 00:25:34 | 00:51:44.50 | 00:51:55.85 | +00:15:26 (29.7%) | 5:10 | 11.6 (70.3%) |
| 97 | HOŁOWCZAK Krzysztof | 128 | | M-30 | 36 | | | | | 00:24:55 | 00:51:51.60 | 00:52:00.05 | +00:15:30 (29.8%) | 5:11 | 11.6 (70.3%) |
| 98 | STOREK Katarzyna | 450 | | K-20 | 6 | | Tak | | Świnoujście | 00:24:56 | 00:52:02.55 | 00:52:08.15 | +00:15:38 (30.0%) | 5:12 | 11.5 (69.7%) |
| 99 | TROJGA Karolina | 505 | WIECZORNE BIEGANIE W SZCZECINIE | K-30 | 6 | | | | | 00:24:56 | 00:52:08.40 | 00:52:12.85 | +00:15:43 (30.1%) | 5:12 | 11.5 (69.7%) |
| 100 | ZALAS Norm | 603 | | M-40 | 29 | | | | | 00:24:05 | 00:49:43.65 | 00:52:13.85 | +00:15:44 (30.1%) | 4:58 | 12.1 (73.3%) |
| 101 | SZCZEPANIAK Iwona | 464 | | K-30 | 7 | | | | | 00:25:02 | 00:52:10.45 | 00:52:16.25 | +00:15:46 (30.2%) | 5:13 | 11.5 (69.7%) |
| 102 | HAŁGAS Piotr | 122 | | M-20 | 10 | | | | | 00:25:48 | 00:52:10.75 | 00:52:19.20 | +00:15:49 (30.3%) | 5:13 | 11.5 (69.7%) |
| 103 | SADOWSKI Kamil | 409 | | M-20 | 11 | | | | | 00:25:48 | 00:52:10.75 | 00:52:19.70 | +00:15:50 (30.3%) | 5:13 | 11.5 (69.7%) |
| 104 | PROKOP Agata | 373 | WIECZORNE BIEGNIE W SZCZECINIE | K-30 | 8 | | | | Wieczorne Bieganie w Szczecinie | 00:25:49 | 00:52:15.60 | 00:52:20.20 | +00:15:50 (30.3%) | 5:13 | 11.5 (69.7%) |
| 105 | POLAK Konrad | 363 | | M-20 | 12 | | | | | 00:25:43 | 00:52:09.60 | 00:52:21.30 | +00:15:51 (30.3%) | 5:12 | 11.5 (69.7%) |
| 106 | ECHAUST Artur | 93 | BOLI BOLI | M-30 | 37 | | | | | 00:24:13 | 00:52:22.00 | 00:52:26.15 | +00:15:56 (30.4%) | 5:14 | 11.5 (69.7%) |
| 107 | ZABŁOCKI Paweł | 556 | BRIDGESTONE RUNNERS | M-30 | 38 | | | | | 00:25:08 | 00:52:20.20 | 00:52:28.35 | +00:15:58 (30.5%) | 5:14 | 11.5 (69.7%) |
| 108 | OSMAN Tomasz | 323 | KS ŻYRAFY | M-30 | 39 | | | | | 00:25:07 | 00:52:07.35 | 00:52:29.35 | +00:15:59 (30.5%) | 5:12 | 11.5 (69.7%) |
| 109 | NAWROCKI Piotr | 303 | KB PIONIER SZCZECIN | M-50 | 11 | | | | | 00:25:51 | 00:52:33.10 | 00:52:40.40 | +00:16:10 (30.7%) | 5:15 | 11.4 (69.1%) |
| 110 | KULIG Krzysztof | 227 | MODLITWA BIEGANIA GRYFINO | M-40 | 30 | | | | | 00:24:46 | 00:52:21.25 | 00:52:44.55 | +00:16:15 (30.8%) | 5:14 | 11.5 (69.7%) |
| 111 | LEDWOLORZ Kasia | 234 | | K-40 | 3 | | | | | 00:25:34 | 00:52:38.80 | 00:52:47.65 | +00:16:18 (30.9%) | 5:15 | 11.4 (69.1%) |
| 112 | SZEWCZYK Monika | 469 | | K-30 | 9 | | | | | 00:25:47 | 00:52:37.80 | 00:52:47.75 | +00:16:18 (30.9%) | 5:15 | 11.4 (69.1%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja rodzinna | Klasyfikacja Mundurowa | Klasyfikacja V M.P. Grupy Azoty S.A. | Drużyna 1 | 5 km 5km | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------------|------------|------------------------------|-----------|------|-----------------------|------------------------|--------------------------------------|-----------------------|----------|--------------------|--------------------|-------------------|--------------|--------------|
| | | | | | | | | | | | | | | | |
| 113 | MURAWSKA Wioletta | 292 | KB DZIK POLICE | K-50 | 1 | | | | SKB DZIK | 00:26:00 | 00:53:06.20 | 00:53:10.65 | +00:16:41 (31.4%) | 5:18 | 11.3 (68.5%) |
| 114 | TROJANOWSKA-BARAN Aleksandra | 504 | | K-20 | 7 | | Tak | | | 00:25:28 | 00:53:12.70 | 00:53:19.85 | +00:16:50 (31.6%) | 5:19 | 11.3 (68.5%) |
| 115 | DRÓZDŹ Mariusz | 84 | MJD TEAM | M-40 | 31 | | | | | 00:25:56 | 00:53:11.40 | 00:53:20.65 | +00:16:51 (31.6%) | 5:19 | 11.3 (68.5%) |
| 116 | PIECHOCKI Michał | 343 | BATKA RUNNING TEAM | M-30 | 40 | | | | | 00:24:52 | 00:53:16.60 | 00:53:23.10 | +00:16:53 (31.6%) | 5:19 | 11.3 (68.5%) |
| 117 | ŁAWNICZAK Sebastian | 246 | | M-40 | 32 | | | Tak | | 00:25:30 | 00:53:16.35 | 00:53:28.55 | +00:16:59 (31.8%) | 5:19 | 11.3 (68.5%) |
| 118 | WIKLAK Natalia | 530 | | K-20 | 8 | | | | | 00:25:51 | 00:53:19.65 | 00:53:31.55 | +00:17:02 (31.8%) | 5:19 | 11.3 (68.5%) |
| 119 | BELT Tomasz | 21 | | M-40 | 33 | | | | | 00:25:51 | 00:53:25.50 | 00:53:33.10 | +00:17:03 (31.9%) | 5:20 | 11.2 (67.9%) |
| 120 | MADEJ Anna | 257 | UKL ÓSEMKA POLICE | K-30 | 10 | | | | | 00:25:51 | 00:53:25.60 | 00:53:33.25 | +00:17:03 (31.9%) | 5:20 | 11.2 (67.9%) |
| 121 | SOWA Krzysztof | 436 | TRASHMAGEDDON | M-30 | 41 | | | | | 00:25:56 | 00:53:29.75 | 00:53:38.00 | +00:17:08 (32.0%) | 5:20 | 11.2 (67.9%) |
| 122 | CZECHOWICZ Kuba | 588 | | M-30 | 42 | | | | | 00:26:43 | 00:53:01.85 | 00:53:38.10 | +00:17:08 (32.0%) | 5:18 | 11.3 (68.5%) |
| 123 | SKOCZYLAS Patryk | 422 | | M-20 | 13 | | | | | 00:28:03 | 00:52:50.65 | 00:53:39.60 | +00:17:10 (32.0%) | 5:17 | 11.4 (69.1%) |
| 124 | BRENDA Grzegorz | 43 | | M-20 | 14 | Jarosławscy | | | Jarosławskie i on | 00:25:47 | 00:53:37.05 | 00:53:43.10 | +00:17:13 (32.1%) | 5:21 | 11.2 (67.9%) |
| 125 | TRZECIAK Adam | 506 | | M-20 | 15 | | | | Jarosławskie i on | 00:25:46 | 00:53:36.90 | 00:53:43.45 | +00:17:14 (32.1%) | 5:21 | 11.2 (67.9%) |
| 126 | BIŁGORAJSKI Adam | 29 | | M-20 | 16 | | | | | 00:25:37 | 00:53:37.55 | 00:53:53.30 | +00:17:23 (32.3%) | 5:21 | 11.2 (67.9%) |
| 127 | KIBITLEWSKI Łukasz | 175 | | M-30 | 43 | | | | | 00:26:30 | 00:53:57.20 | 00:54:02.60 | +00:17:33 (32.5%) | 5:23 | 11.1 (67.3%) |
| 128 | HAMAN Kacper | 124 | DPT RUN TEAM SZCZECIN | M-30 | 44 | | | | DPT RUN TEAM SZCZECIN | 00:25:48 | 00:54:09.10 | 00:54:14.35 | +00:17:44 (32.7%) | 5:24 | 11.1 (67.3%) |
| 129 | BRODA Gracjan | 44 | BOLI BOLI | M-30 | 45 | | | | Boli Boli | 00:24:53 | 00:54:15.55 | 00:54:20.00 | +00:17:50 (32.8%) | 5:25 | 11.1 (67.3%) |
| 130 | JAROSŁAWSKA Sandra | 144 | | K-30 | 11 | Jarosławscy | | | Jarosławskie i on | 00:26:07 | 00:54:23.50 | 00:54:29.65 | +00:18:00 (33.0%) | 5:26 | 11 (66.7%) |
| 131 | DOBRYCKI Piotr | 82 | BRIDGESTONE STARGARD RUNNERS | M-40 | 34 | | | | | 00:25:44 | 00:54:22.60 | 00:54:32.85 | +00:18:03 (33.1%) | 5:26 | 11 (66.7%) |
| 132 | SZARMACH Dariusz | 462 | MARATOŃCZYK TEAM SZCZECIN | M-40 | 35 | | | | | 00:25:38 | 00:54:31.05 | 00:54:38.35 | +00:18:08 (33.2%) | 5:27 | 11 (66.7%) |
| 133 | KACALSKA Zuzanna | 154 | DECATHLON SZCZECIN | K-30 | 12 | | | | Decathlon Szczecin | 00:26:38 | 00:54:30.85 | 00:54:43.05 | +00:18:13 (33.3%) | 5:27 | 11 (66.7%) |
| 134 | MIKOŁAJUK Aneta | 280 | | K-40 | 4 | | | | | 00:27:10 | 00:54:37.90 | 00:54:54.15 | +00:18:24 (33.5%) | 5:27 | 11 (66.7%) |
| 135 | CIEŚLA Paweł | 65 | | M-30 | 46 | | | | | 00:27:25 | 00:54:44.90 | 00:54:56.20 | +00:18:26 (33.6%) | 5:28 | 11 (66.7%) |
| 136 | KUBERA Roman | 222 | | M-40 | 36 | | | | | 00:27:59 | 00:54:28.00 | 00:54:56.25 | +00:18:26 (33.6%) | 5:26 | 11 (66.7%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja rodzinna | Klasyfikacja Mundurowa | Klasyfikacja V M.P. Grupy Azoty S.A. | | 5 km 5km | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------|-------|------------------------|-----------|------|-----------------------|------------------------|--------------------------------------|-----------|----------|-----------------|------------------|-------------------|--------------|--------------|
| | | | | | | | | Drużyna 1 | Drużyna 2 | | | | | | |
| 137 | KACZMAREK Jan | 159 | | M-60 | 2 | | | | | 00:26:30 | 00:54:55.40 | 00:55:02.45 | +00:18:33 (33.7%) | 5:29 | 10.9 (66.1%) |
| 138 | PITURA Kamil | 354 | T | M-16 | 2 | | | | | 00:27:12 | 00:54:48.35 | 00:55:05.80 | +00:18:36 (33.8%) | 5:28 | 10.9 (66.1%) |
| 139 | STĘPNIAK Lesław | 447 | | M-40 | 37 | | | | | 00:26:37 | 00:55:02.50 | 00:55:13.30 | +00:18:43 (33.9%) | 5:30 | 10.9 (66.1%) |
| 140 | WRZOCHOL Paweł | 553 | BRIDGESTONE RUNNERS | M-30 | 47 | | | Bridgestone Stargard Runners | | 00:26:28 | 00:55:15.05 | 00:55:20.85 | +00:18:51 (34.1%) | 5:31 | 10.9 (66.1%) |
| 141 | SOBCZAK Wojciech | 428 | | M-30 | 48 | | | | | 00:26:36 | 00:54:55.25 | 00:55:23.05 | +00:18:53 (34.1%) | 5:29 | 10.9 (66.1%) |
| 142 | KOWALSKA Anna | 203 | HERMES | K-40 | 5 | | | kB Hermesa Gryfino | | 00:26:41 | 00:55:21.90 | 00:55:24.75 | +00:18:55 (34.1%) | 5:32 | 10.8 (65.5%) |
| 143 | MRÓZ Aleksandra | 290 | MOCZYLSKIE DIABLICE | K-40 | 6 | | | | | 00:28:30 | 00:54:51.00 | 00:55:25.85 | +00:18:56 (34.2%) | 5:29 | 10.9 (66.1%) |
| 143 | JENDRZEJCZAK Magdalena | 152 | MOCZYLSKIE DIABLICE | K-40 | 6 | | | | | 00:28:34 | 00:54:50.55 | 00:55:25.85 | +00:18:56 (34.2%) | 5:29 | 10.9 (66.1%) |
| 143 | JENDRZEJCZAK Rafał | 153 | | M-40 | 38 | | | | | 00:28:36 | 00:54:51.15 | 00:55:25.85 | +00:18:56 (34.2%) | 5:29 | 10.9 (66.1%) |
| 146 | STANKIEWICZ Paweł | 442 | MOVE TRZEBIEŻ | M-16 | 3 | | | | | 00:27:17 | 00:55:11.85 | 00:55:28.45 | +00:18:59 (34.2%) | 5:31 | 10.9 (66.1%) |
| 147 | MURAWSKA Monika | 291 | BIEGACZE ŚWINOUJŚCIE | K-40 | 8 | | | | | 00:27:12 | 00:55:19.30 | 00:55:30.05 | +00:19:00 (34.3%) | 5:31 | 10.8 (65.5%) |
| 148 | NIEDZIÓŁKA Michał | 304 | | M-30 | 49 | | | | | 00:26:45 | 00:55:20.25 | 00:55:31.85 | +00:19:02 (34.3%) | 5:32 | 10.8 (65.5%) |
| 149 | MISZCZYSZYN Bartosz | 285 | BRAK | M-30 | 50 | | | | | 00:28:27 | 00:54:52.70 | 00:55:33.00 | +00:19:03 (34.3%) | 5:29 | 10.9 (66.1%) |
| 150 | KOCHAŃSKI Tomasz | 184 | PILCHOWO RUNNER TEAM | M-40 | 39 | | | | | 00:27:45 | 00:55:15.45 | 00:55:38.80 | +00:19:09 (34.4%) | 5:31 | 10.9 (66.1%) |
| 151 | JUSZCZYSZYN Radosław | 584 | | M-30 | 51 | | | | | 00:27:05 | 00:55:24.50 | 00:55:41.95 | +00:19:12 (34.5%) | 5:32 | 10.8 (65.5%) |
| 152 | ZARZYCKI Piotr | 564 | | M-50 | 12 | | | | | 00:26:46 | 00:55:45.05 | 00:55:54.75 | +00:19:25 (34.7%) | 5:34 | 10.8 (65.5%) |
| 153 | MURAWSKI Arkadiusz | 293 | | M-16 | 4 | | | | | 00:27:41 | 00:55:57.55 | 00:56:07.90 | +00:19:38 (35.0%) | 5:35 | 10.7 (64.8%) |
| 154 | ŁUKASIEWICZ Robert | 253 | | M-50 | 13 | | | | | 00:26:51 | 00:56:02.40 | 00:56:09.75 | +00:19:40 (35.0%) | 5:36 | 10.7 (64.8%) |
| 155 | HANKE Patryk | 125 | DECATHLON SZCZECIN | M-20 | 17 | | | Decathlon Szczecin | | 00:28:02 | 00:55:59.25 | 00:56:12.60 | +00:19:43 (35.1%) | 5:35 | 10.7 (64.8%) |
| 156 | SIWAK Łukasz | 420 | DPT RUN TEAM SZCZECIN | M-30 | 52 | | | DPT RUN TEAM SZCZECIN | | 00:25:50 | 00:56:10.65 | 00:56:16.15 | +00:19:46 (35.1%) | 5:37 | 10.7 (64.8%) |
| 157 | KAMOLA Maciej | 163 | WYBIEGAĆ MARZENIA TEAM | M-30 | 53 | | | | | 00:26:46 | 00:55:40.60 | 00:56:16.75 | +00:19:47 (35.2%) | 5:34 | 10.8 (65.5%) |
| 158 | SZYMCZAK Robert | 484 | | M-40 | 40 | | | | | 00:25:58 | 00:56:10.90 | 00:56:16.85 | +00:19:47 (35.2%) | 5:37 | 10.7 (64.8%) |
| 159 | BATÓG Iwona | 18 | DĘBNOWSKIE CZŁAPAKI | K-40 | 9 | | | | | 00:27:10 | 00:56:08.60 | 00:56:18.55 | +00:19:49 (35.2%) | 5:36 | 10.7 (64.8%) |
| 160 | GÓRSKI Łukasz | 108 | | M-30 | 54 | | | | | 00:27:29 | 00:55:48.55 | 00:56:22.65 | +00:19:53 (35.3%) | 5:34 | 10.8 (65.5%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja rodzinna | Klasyfikacja Mundurowa | Klasyfikacja V M.P. | | 5 km 5km | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------|-------|----------------------------|-----------|------|-----------------------|------------------------|---------------------|-----------|----------|-----------------|------------------|-------------------|--------------|--------------|
| | | | | | | | | Grupy Azoty S.A. | Drużyna 1 | | | | | | |
| 161 | KACPERSKI Piotr | 155 | | M-50 | 14 | | | | | 00:26:50 | 00:56:17.75 | 00:56:25.90 | +00:19:56 (35.3%) | 5:37 | 10.7 (64.8%) |
| 162 | OSTROWSKI Sylwester | 325 | STARGARD JA SIĘ NIE ŚCIGAM | M-40 | 41 | | | | | 00:27:15 | 00:55:55.15 | 00:56:34.70 | +00:20:05 (35.5%) | 5:35 | 10.7 (64.8%) |
| 163 | SZUMIŃSKI Daniel | 478 | | M-30 | 55 | | | | | 00:27:08 | 00:56:37.05 | 00:56:47.10 | +00:20:17 (35.7%) | 5:39 | 10.6 (64.2%) |
| 164 | ŚLUBOWSKI Dariusz | 490 | | M-40 | 42 | | | | | 00:27:03 | 00:56:37.20 | 00:56:51.00 | +00:20:21 (35.8%) | 5:39 | 10.6 (64.2%) |
| 165 | JANKA Joanna | 140 | | K-40 | 10 | | | | | 00:27:57 | 00:56:36.30 | 00:56:52.55 | +00:20:23 (35.8%) | 5:39 | 10.6 (64.2%) |
| 166 | WÓJTOWICZ Jerzy | 551 | STAR WARS | M-40 | 43 | | | | | 00:27:20 | 00:57:03.05 | 00:57:20.35 | +00:20:50 (36.4%) | 5:42 | 10.5 (63.6%) |
| 167 | SAŃKA Paweł | 410 | | M-40 | 44 | | | | | 00:28:10 | 00:57:15.15 | 00:57:31.10 | +00:21:01 (36.6%) | 5:43 | 10.5 (63.6%) |
| 168 | KĘDZIELEWSKI Łukasz | 171 | | M-40 | 45 | | | | | 00:29:17 | 00:57:05.50 | 00:57:32.85 | +00:21:03 (36.6%) | 5:42 | 10.5 (63.6%) |
| 169 | GRZEJSZCZAK Mikołaj | 113 | HULK TEAM POLICE | M-20 | 18 | | | | | 00:28:02 | 00:57:28.65 | 00:57:37.10 | +00:21:07 (36.7%) | 5:44 | 10.4 (63.0%) |
| 170 | DEJNAK Mariola | 73 | GRYFICKA SIŁA BIEGOWA | K-60 | 1 | | | | | 00:27:16 | 00:57:32.15 | 00:57:38.00 | +00:21:08 (36.7%) | 5:45 | 10.4 (63.0%) |
| 171 | PENTEŁA Mariusz | 340 | | M-40 | 46 | | | | | 00:28:08 | 00:57:20.85 | 00:57:38.45 | +00:21:09 (36.7%) | 5:44 | 10.5 (63.6%) |
| 172 | KRÓLAK Beata | 211 | SP8 POLICE | K-50 | 2 | | | | | 00:27:30 | 00:57:43.80 | 00:57:49.95 | +00:21:20 (36.9%) | 5:46 | 10.4 (63.0%) |
| 173 | CHARĘZA Marcin | 580 | ZAWADZKIEGO SZCZECIN | M-40 | 47 | | | | | 00:29:17 | 00:57:24.45 | 00:57:52.10 | +00:21:22 (36.9%) | 5:44 | 10.5 (63.6%) |
| 174 | KĘDZIERSKI Krzysztof | 172 | GO2TRI SZCZECIN | M-50 | 15 | | | | | 00:27:43 | 00:57:34.85 | 00:57:55.55 | +00:21:26 (37.0%) | 5:45 | 10.4 (63.0%) |
| 175 | SOSNOWSKI Adrian | 435 | | M-40 | 48 | | | | | 00:28:12 | 00:57:53.35 | 00:58:06.85 | +00:21:37 (37.2%) | 5:47 | 10.4 (63.0%) |
| 176 | WOJCIECHOWSKA Basia | 539 | | K-20 | 9 | | | | | 00:27:37 | 00:57:58.10 | 00:58:08.60 | +00:21:39 (37.2%) | 5:47 | 10.4 (63.0%) |
| 177 | KISIEL Kamila | 179 | BRIDGESTONE STARGARD | K-20 | 10 | | | | | 00:28:10 | 00:58:00.45 | 00:58:09.80 | +00:21:40 (37.3%) | 5:48 | 10.3 (62.4%) |
| 178 | KACPRZAK Beata | 156 | MODRZYCA HUNTERS | K-30 | 13 | | | | | 00:28:09 | 00:57:58.95 | 00:58:14.20 | +00:21:44 (37.3%) | 5:47 | 10.4 (63.0%) |
| 179 | SOWISZ Adrianna | 439 | | K-20 | 11 | | | | | 00:28:04 | 00:58:07.20 | 00:58:34.35 | +00:22:04 (37.7%) | 5:48 | 10.3 (62.4%) |
| 180 | RADOMINSKI Piotr | 379 | BIEGACZE Z GUNICKIEJ | M-40 | 49 | | | | | 00:28:47 | 00:57:51.25 | 00:58:36.40 | +00:22:06 (37.7%) | 5:47 | 10.4 (63.0%) |
| 181 | ŁĄCZAK Justyna | 233 | RADOMYSKIE LWY | K-40 | 11 | | | | | 00:28:02 | 00:58:37.95 | 00:58:47.05 | +00:22:17 (37.9%) | 5:51 | 10.2 (61.8%) |
| 182 | ŚLUSARCZYK Piotr | 491 | ŁUTUTUTU | M-30 | 56 | | | | | 00:28:56 | 00:58:27.35 | 00:58:49.80 | +00:22:20 (38.0%) | 5:50 | 10.3 (62.4%) |
| 183 | STRZYGA Mariusz | 455 | | M-40 | 50 | | | | | 00:28:29 | 00:58:14.75 | 00:58:54.25 | +00:22:24 (38.1%) | 5:49 | 10.3 (62.4%) |
| 184 | DYDEK Arkadiusz | 88 | DZIK | M-20 | 19 | Dydek | Tak | | | 00:26:46 | 00:58:54.75 | 00:58:59.40 | +00:22:29 (38.1%) | 5:53 | 10.2 (61.8%) |
| 185 | ŁAWKIEL Natalia | 245 | | K-20 | 12 | | | | | 00:28:14 | 00:58:49.95 | 00:58:59.50 | +00:22:30 (38.1%) | 5:52 | 10.2 (61.8%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja rodzinna | Klasyfikacja Mundurowa | Klasyfikacja V M.P. | 5 km | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|------------|---------------------------------|-----------|------|-----------------------|------------------------|---------------------------------|----------|--------------------|--------------------|-------------------|--------------|--------------|
| | | | | | | | | Grupy Azoty S.A. | | | | | | |
| 186 | SZEWczyk Tomek | 468 | DPT RUN TEAM SZCZECIN | M-40 | 51 | | | | 00:29:03 | 00:58:57.30 | 00:59:01.75 | +00:22:32 (38.2%) | 5:53 | 10.2 (61.8%) |
| 187 | GWIAŻDZIŃSKI Jakub | 117 | | M-30 | 57 | | | | 00:27:10 | 00:58:57.40 | 00:59:03.25 | +00:22:33 (38.2%) | 5:53 | 10.2 (61.8%) |
| 188 | NARUSZEWICZ Juliusz | 302 | | M-16 | 5 | | | | 00:26:11 | 00:58:50.75 | 00:59:03.75 | +00:22:34 (38.2%) | 5:53 | 10.2 (61.8%) |
| 189 | BOCHEN Izabela | 31 | | K-40 | 12 | | Tak | | 00:28:32 | 00:58:46.30 | 00:59:05.15 | +00:22:35 (38.2%) | 5:52 | 10.2 (61.8%) |
| 190 | PUPEK Małgorzata | 377 | WILKI Z CIECHOCINKA | K-40 | 13 | | | | 00:28:45 | 00:58:52.75 | 00:59:07.75 | +00:22:38 (38.3%) | 5:53 | 10.2 (61.8%) |
| 191 | SZLARb Paweł | 470 | | M-50 | 16 | | | | 00:28:15 | 00:59:12.00 | 00:59:19.25 | +00:22:49 (38.5%) | 5:55 | 10.1 (61.2%) |
| 192 | SERKOWSKA Paulina | 413 | BLIŻNIAKI TEAM | K-20 | 13 | | Tak | | 00:29:06 | 00:58:50.40 | 00:59:19.55 | +00:22:50 (38.5%) | 5:53 | 10.2 (61.8%) |
| 193 | ROSZATYCKI Łukasz | 389 | WIECZORNE BIEGANIE W SZCZECINIE | M-40 | 52 | | | Wieczorne Bieganie w Szczecinie | 00:29:16 | 00:59:07.25 | 00:59:30.75 | +00:23:01 (38.7%) | 5:54 | 10.1 (61.2%) |
| 194 | LEŚNIAK Piotr | 235 | GRUPA AZOTY POLICE | M-20 | 20 | | | Tak | 00:29:00 | 00:59:14.60 | 00:59:36.75 | +00:23:07 (38.8%) | 5:55 | 10.1 (61.2%) |
| 195 | MAŁYSZKO Andrzej | 269 | BATKA RUNNING TEAM | M-50 | 17 | | | | 00:28:13 | 00:59:35.45 | 00:59:42.35 | +00:23:12 (38.9%) | 5:57 | 10.1 (61.2%) |
| 196 | BRENDa Jowita | 42 | | K-30 | 14 | Jarostawscy | | Jarostawskie i on | 00:28:41 | 00:59:37.90 | 00:59:43.70 | +00:23:14 (38.9%) | 5:57 | 10.1 (61.2%) |
| 197 | OLBRYCHOWSKA Paulina | 311 | WIECZOREN BIEGANIE W SZCZECINIE | K-30 | 15 | | | | 00:28:52 | 00:59:38.50 | 00:59:56.20 | +00:23:26 (39.1%) | 5:57 | 10.1 (61.2%) |
| 198 | KIERNOŻYCKI Mateusz | 178 | | M-40 | 53 | | | | 00:29:46 | 00:59:45.55 | 00:59:58.10 | +00:23:28 (39.1%) | 5:58 | 10 (60.6%) |
| 199 | PIECYK Katarzyna | 344 | | K-30 | 16 | | | | 00:28:01 | 00:59:53.75 | 01:00:02.95 | +00:23:33 (39.2%) | 5:59 | 10 (60.6%) |
| 200 | JAŚKIEWICZ Katarzyna | 150 | | K-40 | 14 | | | | 00:28:30 | 00:59:42.05 | 01:00:07.15 | +00:23:37 (39.3%) | 5:58 | 10.1 (61.2%) |
| 201 | MRÓZ Dariusz | 289 | MODLITWA BIEGANIA GRYFINO | M-40 | 54 | | | | 00:29:04 | 01:00:02.20 | 01:00:14.45 | +00:23:45 (39.4%) | 6:00 | 10 (60.6%) |
| 202 | SYC Rafał | 459 | | M-40 | 55 | | | | 00:29:05 | 01:00:02.55 | 01:00:14.60 | +00:23:45 (39.4%) | 6:00 | 10 (60.6%) |
| 203 | SZMYT Mariusz | 474 | | M-40 | 56 | | | | 00:29:11 | 01:00:06.60 | 01:00:26.40 | +00:23:56 (39.6%) | 6:00 | 10 (60.6%) |
| 204 | KĘSKA Katarzyna | 174 | LOVELASY | K-40 | 15 | | | LoveLasy | 00:28:47 | 01:00:23.95 | 01:00:27.95 | +00:23:58 (39.7%) | 6:02 | 9.9 (60.0%) |
| 205 | SZOSTAK Daniel | 476 | | M-40 | 57 | | | | 00:28:59 | 01:00:08.50 | 01:00:28.90 | +00:23:59 (39.7%) | 6:00 | 10 (60.6%) |
| 206 | FIRLIK Mirosław | 96 | KB KAMIEN POMORSKI | M-50 | 18 | | | | 00:29:42 | 00:59:59.00 | 01:00:29.00 | +00:23:59 (39.7%) | 5:59 | 10 (60.6%) |
| 207 | SWOBODA Piotr | 458 | LOVELASY | M-30 | 58 | | | LoveLasy | 00:29:51 | 01:00:28.65 | 01:00:30.45 | +00:24:01 (39.7%) | 6:02 | 9.9 (60.0%) |
| 208 | KRASNO DĘBSKI Konrad | 207 | | M-40 | 58 | | | LoveLasy | 00:29:50 | 01:00:28.40 | 01:00:30.80 | +00:24:01 (39.7%) | 6:02 | 9.9 (60.0%) |
| 208 | PLĄSEK Sylwester | 357 | LOVELASY | M-50 | 19 | | | Tak | 00:29:51 | 01:00:29.25 | 01:00:30.80 | +00:24:01 (39.7%) | 6:02 | 9.9 (60.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja rodzinna | Klasyfikacja Mundurowa | Klasyfikacja V M.P. Grupy Azoty S.A. | Drużyna 1 | 5 km | Czas netto | Czas brutto | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------|-------|---------------------------------|-----------|------|-----------------------|------------------------|--------------------------------------|---------------------------------|----------|--------------------|--------------------|-------------------|--------------|-------------|
| | | | | | | | | | | 5km | 10km | 10km | | | |
| 210 | KLABAN Szymon | 180 | | M-40 | 59 | | | | | 00:29:42 | 01:00:18.20 | 01:00:42.25 | +00:24:12 (39.9%) | 6:01 | 10 (60.6%) |
| 211 | SZAKIEL Mateusz | 461 | | M-20 | 21 | | | | | 00:29:31 | 01:00:36.10 | 01:00:50.60 | +00:24:21 (40.0%) | 6:03 | 9.9 (60.0%) |
| 212 | CHMIELEWSKA Agnieszka | 58 | CHMIELEWSKI TEAM - BBL POLICE | K-40 | 16 | | | | Policzanki | 00:29:28 | 01:00:49.20 | 01:00:52.10 | +00:24:22 (40.0%) | 6:04 | 9.9 (60.0%) |
| 213 | OLEŚKIEWICZ Michał | 314 | DPT RUN TEAM SZCZECIN | M-30 | 59 | | | | DPT RUN TEAM SZCZECIN | 00:29:01 | 01:00:49.70 | 01:00:55.30 | +00:24:25 (40.1%) | 6:04 | 9.9 (60.0%) |
| 214 | WIĄCEK Anna | 524 | KOBIECE BIEGANIE | K-40 | 17 | | | | | 00:29:57 | 01:00:21.35 | 01:00:57.00 | +00:24:27 (40.1%) | 6:02 | 9.9 (60.0%) |
| 215 | KACZMAREK Arleta | 157 | KOBIECE BIEGANIE | K-40 | 18 | | | | | 00:29:57 | 01:00:20.90 | 01:00:57.25 | +00:24:27 (40.1%) | 6:02 | 9.9 (60.0%) |
| 216 | MYŁKA Paweł | 294 | SPORTOWEZABAWY.PL | M-30 | 60 | | | | | 00:29:04 | 01:00:54.00 | 01:01:13.85 | +00:24:44 (40.4%) | 6:05 | 9.9 (60.0%) |
| 217 | SIEKIERSKI Piotr | 415 | DECATHLON SZCZECIN | M-20 | 22 | | | | Decathlon Szczecin | 00:29:07 | 01:00:49.40 | 01:01:14.45 | +00:24:45 (40.4%) | 6:04 | 9.9 (60.0%) |
| 218 | CZYŻ Adam | 71 | | M-40 | 60 | | | | | 00:30:11 | 01:00:54.15 | 01:01:18.55 | +00:24:49 (40.5%) | 6:05 | 9.9 (60.0%) |
| 219 | TROFIMOVA Victoriia | 503 | RUNNING RED SQUIRREL | K-30 | 17 | | | | | 00:30:22 | 01:01:06.25 | 01:01:18.95 | +00:24:49 (40.5%) | 6:06 | 9.8 (59.4%) |
| 220 | CZYŻ Andrzej | 70 | | M-30 | 61 | | | | | 00:30:55 | 01:00:59.30 | 01:01:27.55 | +00:24:58 (40.6%) | 6:05 | 9.8 (59.4%) |
| 221 | BILIŃSKI Zbigniew | 27 | | M-50 | 20 | | Tak | | 12BZ | 00:28:33 | 01:01:12.00 | 01:01:30.35 | +00:25:00 (40.7%) | 6:07 | 9.8 (59.4%) |
| 222 | BUDNA Anna | 48 | | K-40 | 19 | | | | | 00:29:06 | 01:01:20.90 | 01:01:31.25 | +00:25:01 (40.7%) | 6:08 | 9.8 (59.4%) |
| 223 | BUDNY Wojciech | 49 | | M-40 | 61 | | | | | 00:29:05 | 01:01:20.25 | 01:01:31.30 | +00:25:01 (40.7%) | 6:08 | 9.8 (59.4%) |
| 224 | BONDIA Aga | 36 | | K-40 | 20 | | | | | 00:29:44 | 01:01:17.95 | 01:01:35.10 | +00:25:05 (40.7%) | 6:07 | 9.8 (59.4%) |
| 225 | PITURA Małgorzata | 353 | | K-30 | 18 | | | | | 00:29:44 | 01:01:18.45 | 01:01:35.55 | +00:25:06 (40.8%) | 6:07 | 9.8 (59.4%) |
| 226 | STAWOWSKI Dominik | 590 | | M-20 | 23 | | | | | 00:35:51 | 01:01:07.10 | 01:01:40.95 | +00:25:11 (40.8%) | 6:06 | 9.8 (59.4%) |
| 227 | TOMASZEWSKI Łukasz | 500 | | M-30 | 62 | | | | | 00:29:31 | 01:01:28.25 | 01:01:41.05 | +00:25:11 (40.8%) | 6:08 | 9.8 (59.4%) |
| 228 | KELM Małgorzata | 170 | | K-40 | 21 | | | | | 00:29:20 | 01:01:26.25 | 01:01:46.90 | +00:25:17 (40.9%) | 6:08 | 9.8 (59.4%) |
| 229 | KUKOWSKA Małgorzata | 226 | SWINOUJSCIE | K-30 | 19 | | | | Świnoujście 1 | 00:29:39 | 01:01:39.25 | 01:01:50.65 | +00:25:21 (41.0%) | 6:09 | 9.7 (58.8%) |
| 230 | KĘPKA Wojciech | 9 | WIECZORNE BIEGANIE W SZCZECINIE | M-40 | 62 | | | | Wieczorne Bieganie w Szczecinie | 00:29:43 | 01:01:37.45 | 01:01:58.80 | +00:25:29 (41.1%) | 6:09 | 9.7 (58.8%) |
| 231 | SZMID Magdalena | 472 | WIECZORNE BIEGANIE W SZCZECINIE | K-30 | 20 | | | | Wieczorne Bieganie w Szczecinie | 00:29:44 | 01:01:37.30 | 01:01:58.85 | +00:25:29 (41.1%) | 6:09 | 9.7 (58.8%) |
| 232 | BOLEŃ Michał | 35 | | M-20 | 24 | | | | | 00:29:51 | 01:01:37.90 | 01:02:00.55 | +00:25:31 (41.2%) | 6:09 | 9.7 (58.8%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja rodzinna | Klasyfikacja Mundurowa | Klasyfikacja V M.P. Grupy Azoty S.A. | | Drużyna 1 | 5 km 5km | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------|------------|---------------------------------|-----------|------|-----------------------|------------------------|--------------------------------------|--|-------------------------------|----------|--------------------|--------------------|-------------------|--------------|-------------|
| | | | | | | | | | | | | | | | | |
| 233 | BOLEŃ Zuzanna | 34 | | K-20 | 14 | | | | | | 00:29:50 | 01:01:37.30 | 01:02:00.70 | +00:25:31 (41.2%) | 6:09 | 9.7 (58.8%) |
| 234 | MACIASZEK Linda | 254 | | K-20 | 15 | | | | | | 00:29:51 | 01:01:43.80 | 01:02:06.00 | +00:25:36 (41.2%) | 6:10 | 9.7 (58.8%) |
| 235 | KOZŁOWSKI Adam | 204 | WIECZORNE BIEGANIE W SZCZECINIE | M-40 | 63 | | | | | Wieczne Bieganie w Szczecinie | 00:30:26 | 01:02:00.70 | 01:02:26.00 | +00:25:56 (41.6%) | 6:12 | 9.7 (58.8%) |
| 236 | STUPNICKI Jakub | 576 | | M-30 | 63 | | | | | | 00:31:41 | 01:02:26.75 | 01:02:53.95 | +00:26:24 (42.0%) | 6:14 | 9.6 (58.2%) |
| 237 | POGODA Rafał | 361 | TIP | M-20 | 25 | | | Tak | | TIP | 00:32:08 | 01:02:24.70 | 01:02:55.30 | +00:26:25 (42.0%) | 6:14 | 9.6 (58.2%) |
| 238 | KRUPA Roksana | 217 | | K-20 | 16 | | | | | | 00:29:45 | 01:03:00.30 | 01:03:09.40 | +00:26:39 (42.2%) | 6:18 | 9.5 (57.6%) |
| 239 | NITSCHKE Iwona | 307 | MOCZYLSKIE DIABLICE | K-40 | 22 | | | | | | 00:30:06 | 01:02:26.30 | 01:03:16.90 | +00:26:47 (42.3%) | 6:14 | 9.6 (58.2%) |
| 240 | ZEMANKIEWICZ Łukasz | 568 | BIEG KORCZAKA | M-40 | 64 | | | | | | 00:29:23 | 01:03:05.95 | 01:03:23.05 | +00:26:53 (42.4%) | 6:18 | 9.5 (57.6%) |
| 241 | MAGDZIK Marcin | 259 | | M-30 | 64 | | | | | | 00:30:20 | 01:03:14.65 | 01:03:23.25 | +00:26:53 (42.4%) | 6:19 | 9.5 (57.6%) |
| 242 | POLICZKIEWICZ Aneta | 365 | | K-40 | 23 | | | | | | 00:30:32 | 01:03:09.95 | 01:03:26.10 | +00:26:56 (42.5%) | 6:18 | 9.5 (57.6%) |
| 243 | KĘSICKA-BLOCH Aneta | 173 | | K-40 | 24 | | | | | | 00:30:41 | 01:03:04.60 | 01:03:27.70 | +00:26:58 (42.5%) | 6:18 | 9.5 (57.6%) |
| 244 | ŁEBKOWSKI Karol | 248 | WILKI Z CIECHOCINKA | M-40 | 65 | | | | | | 00:29:30 | 01:03:14.25 | 01:03:29.35 | +00:26:59 (42.5%) | 6:19 | 9.5 (57.6%) |
| 245 | MAJ Anna | 260 | WIECZORNE BIEGANIE W SZCZECINIE | K-40 | 25 | | | | | | 00:31:43 | 01:02:49.20 | 01:03:31.55 | +00:27:02 (42.6%) | 6:16 | 9.6 (58.2%) |
| 246 | WILK Ania | 532 | DECATHLON SZCZECIN | K-20 | 17 | | | | | Decathlon Szczecin | 00:30:23 | 01:03:24.05 | 01:03:36.20 | +00:27:06 (42.6%) | 6:20 | 9.5 (57.6%) |
| 247 | KIERNOŻYCKA Kasia | 177 | BOSMAN | K-40 | 26 | | | | | | 00:29:46 | 01:03:26.60 | 01:03:39.10 | +00:27:09 (42.7%) | 6:20 | 9.5 (57.6%) |
| 248 | MŁYNARCZYK Krzysztof | 286 | | M-40 | 66 | | | | | | 00:31:13 | 01:03:21.80 | 01:03:41.30 | +00:27:11 (42.7%) | 6:20 | 9.5 (57.6%) |
| 249 | SZYMKIEWICZ Ewa | 489 | | K-40 | 27 | | | | | | 00:31:13 | 01:03:22.30 | 01:03:41.55 | +00:27:12 (42.7%) | 6:20 | 9.5 (57.6%) |
| 250 | BRZOZA Maciek | 46 | TOST I PIWO (TIP) | M-40 | 67 | | | Tak | | TIP | 00:31:35 | 01:03:28.25 | 01:03:45.05 | +00:27:15 (42.8%) | 6:20 | 9.5 (57.6%) |
| 251 | KOMOROWSKI Michał | 189 | | M-30 | 65 | | | | | | 00:29:12 | 01:00:40.30 | 01:03:46.35 | +00:27:16 (42.8%) | 6:04 | 9.9 (60.0%) |
| 252 | WONDOŁOWSKI Stanisław | 547 | WIECZORNE BIEGANIE SZCZECIN | M-60 | 3 | | | | | | 00:31:16 | 01:03:29.85 | 01:03:50.60 | +00:27:21 (42.8%) | 6:20 | 9.5 (57.6%) |
| 253 | MAJEWSKI Adam | 182 | | M-40 | 68 | | | Tak | | | 00:29:07 | 01:03:38.65 | 01:03:51.15 | +00:27:21 (42.9%) | 6:21 | 9.4 (57.0%) |
| 254 | RUDZEWICZ Mariusz | 395 | | M-30 | 66 | | | Tak | | | 00:29:22 | 01:03:45.70 | 01:03:52.70 | +00:27:23 (42.9%) | 6:22 | 9.4 (57.0%) |
| 255 | TOMCZYK Ferdynand | 501 | MODLITWA BIEGANIA GRYFINO | M-50 | 21 | | | | | | 00:33:08 | 01:03:27.35 | 01:03:54.65 | +00:27:25 (42.9%) | 6:20 | 9.5 (57.6%) |
| 256 | SZUSTER Jacek | 479 | MODLITWA BIEGANIA GRYFINO | M-50 | 22 | | | | | | 00:33:08 | 01:03:28.05 | 01:03:54.90 | +00:27:25 (42.9%) | 6:20 | 9.5 (57.6%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja rodzinna | Klasyfikacja Mundurowa | Klasyfikacja | 5 km | Czas netto | Czas brutto | Tempo | Tempo | | |
|-----|---------------------------------|------------|---------------------------------|-----------|------|-----------------------|------------------------|-------------------------|---------------------------------|------------|--------------------|--------------------|-------------------|-----------|-------------|
| | | | | | | | | V M.P. Grupy Azoty S.A. | | | | | | Drużyna 1 | 5km |
| 257 | WAWRZY尼亚K Monika | 521 | WF TEAM KOSTRZYŃ NAD ODRĄ | K-30 | 21 | | | | WF TEAM Kostrzyn nad Odrą | 00:29:47 | 01:03:43.45 | 01:03:55.95 | +00:27:26 (42.9%) | 6:22 | 9.4 (57.0%) |
| 257 | KRAWCZYK Marta | 208 | | K-30 | 21 | | | | | 00:29:47 | 01:03:43.30 | 01:03:55.95 | +00:27:26 (42.9%) | 6:22 | 9.4 (57.0%) |
| 259 | KOLSKA Lena | 186 | RAZ SZCZECIN | K-30 | 23 | | | | RAZ Szczecin | 00:29:42 | 01:03:49.15 | 01:03:59.20 | +00:27:29 (43.0%) | 6:22 | 9.4 (57.0%) |
| 260 | SLADKOVA Alona | 425 | UKL ÓSEMKA | K-30 | 24 | | | | | 00:30:27 | 01:04:07.50 | 01:04:13.70 | +00:27:44 (43.2%) | 6:24 | 9.4 (57.0%) |
| 261 | GORGOL Łukasz | 105 | BIEGAM BO BIEGAM | M-30 | 67 | | | | | 00:31:03 | 01:03:39.60 | 01:04:13.90 | +00:27:44 (43.2%) | 6:21 | 9.4 (57.0%) |
| 262 | MIKOŁAJCZAK Krystian | 279 | | M-20 | 26 | | | | | 00:31:03 | 01:03:39.80 | 01:04:14.25 | +00:27:44 (43.2%) | 6:21 | 9.4 (57.0%) |
| 263 | ŁUKASIEWICZ Agnieszka | 252 | KB HERMES GRYFINO | K-40 | 28 | | | | kB Hermesa Gryfino | 00:31:58 | 01:04:21.65 | 01:04:26.45 | +00:27:57 (43.4%) | 6:26 | 9.3 (56.4%) |
| 264 | TOKARZ Joanna | 498 | WIECZORNE NIEGANIE W SZCZECINIE | K-40 | 29 | | | | Wieczorne Bieganie w Szczecinie | 00:32:55 | 01:04:02.20 | 01:04:27.85 | +00:27:58 (43.4%) | 6:24 | 9.4 (57.0%) |
| 265 | CHARLEJ Ireneusz | 57 | WIECZORNE BIEGANIE W SZCZECINIE | M-40 | 69 | | Tak | | | 00:32:54 | 01:04:02.10 | 01:04:27.95 | +00:27:58 (43.4%) | 6:24 | 9.4 (57.0%) |
| 266 | RUDIUK-PLISZKA Katarzyna | 393 | | K-30 | 25 | | | | | 00:30:16 | 01:04:13.90 | 01:04:28.60 | +00:27:59 (43.4%) | 6:25 | 9.3 (56.4%) |
| 267 | WÓJCIAK Marcin | 549 | DIETETYKA ROŚNIJWWIEDZĘ | M-20 | 27 | | | | | 00:30:47 | 01:02:42.05 | 01:04:30.05 | +00:28:00 (43.4%) | 6:16 | 9.6 (58.2%) |
| 268 | MAŁACHOWSKA Katarzyna | 267 | | K-20 | 18 | | | | | 00:30:47 | 01:02:42.25 | 01:04:30.25 | +00:28:00 (43.4%) | 6:16 | 9.6 (58.2%) |
| 269 | MACIBORSKI Mirosław | 255 | WIECZORNE BIEGANIE W SZCZECINIE | M-50 | 23 | | | | | 00:31:24 | 01:04:20.95 | 01:04:44.80 | +00:28:15 (43.6%) | 6:26 | 9.3 (56.4%) |
| 270 | GRIMM-SPERLING Anja | 110 | | K-40 | 30 | | | | | 00:31:23 | 01:04:24.35 | 01:04:45.75 | +00:28:16 (43.7%) | 6:26 | 9.3 (56.4%) |
| 271 | DENEKO Maciej | 74 | | M-40 | 70 | | | | | 00:31:32 | 01:04:28.30 | 01:04:49.50 | +00:28:20 (43.7%) | 6:26 | 9.3 (56.4%) |
| 272 | KUBASIK Waldemar | 221 | BOSMAN | M-60 | 4 | | | | | 00:30:05 | 01:04:45.60 | 01:04:57.50 | +00:28:28 (43.8%) | 6:28 | 9.3 (56.4%) |
| 273 | PILAWSKI Piotr | 348 | TIP POLICE | M-20 | 28 | | | | TIP | 00:31:21 | 01:04:29.80 | 01:05:00.55 | +00:28:31 (43.9%) | 6:26 | 9.3 (56.4%) |
| 274 | SOBCZAK Alina | 575 | HULK TEAM | K-30 | 26 | | | | AktywnySplot | 00:32:17 | 01:04:46.75 | 01:05:06.55 | +00:28:37 (44.0%) | 6:28 | 9.3 (56.4%) |
| 275 | SIKORSKA Anna | 417 | | K-40 | 31 | | | | | 00:32:18 | 01:04:42.30 | 01:05:07.30 | +00:28:37 (44.0%) | 6:28 | 9.3 (56.4%) |
| 276 | HAJDUKIEWICZ Kasia | 118 | AKTYWNYSPLOT | K-30 | 27 | | | | AktywnySplot | 00:32:17 | 01:04:47.80 | 01:05:07.90 | +00:28:38 (44.0%) | 6:28 | 9.3 (56.4%) |
| 277 | PIWONI Marcin | 356 | PYRZYCE BIEGAJĄ | M-40 | 71 | | | | Pyrzyce biegają | 00:33:07 | 01:04:50.60 | 01:05:20.00 | +00:28:50 (44.1%) | 6:29 | 9.3 (56.4%) |
| 277 | PIWONI Marta | 355 | PYRZYCE BIEGAJĄ | K-30 | 28 | | | | Pyrzyce biegają | 00:33:07 | 01:04:51.60 | 01:05:20.00 | +00:28:50 (44.1%) | 6:29 | 9.3 (56.4%) |
| 279 | DEPKO Daniel | 75 | PYRZYCE BIEGAJĄ | M-40 | 72 | | | | Pyrzyce biegają | 00:33:07 | 01:04:51.80 | 01:05:20.15 | +00:28:50 (44.1%) | 6:29 | 9.3 (56.4%) |
| 280 | AUGUSTYŃIAK Grzegorz | 15 | UKL " FENIKS " ŚWIDWIN | M-40 | 73 | | | | | 00:33:57 | 01:04:45.70 | 01:05:24.85 | +00:28:55 (44.2%) | 6:28 | 9.3 (56.4%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja rodzinna | Klasyfikacja Mundurowa | Klasyfikacja V M.P. Grupy Azoty S.A. | | Drużyna 1 | 5 km 5km | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------|------------|-----------------------------------|-----------|------|-----------------------|------------------------|--------------------------------------|------------|-----------|----------|--------------------|--------------------|-------------------|--------------|-------------|
| | | | | | | | | | | | | | | | | |
| 281 | WOJCIECHOWSKA Wanda | 538 | POLSKA | K-50 | 3 | | | | | | 00:33:58 | 01:04:46.15 | 01:05:24.90 | +00:28:55 (44.2%) | 6:28 | 9.3 (56.4%) |
| 282 | WILIŃSKI Marek | 531 | TRENUJE BO DOBRZE SIĘ Z TYM CZUJE | M-60 | 5 | | | | | | 00:33:58 | 01:04:46.90 | 01:05:25.15 | +00:28:55 (44.2%) | 6:28 | 9.3 (56.4%) |
| 283 | KUPIŃSKI Mieczysław | 229 | MODLITWA BIEGANIA GRYFINO | M-40 | 74 | | | | | | 00:33:08 | 01:05:07.30 | 01:05:33.75 | +00:29:04 (44.3%) | 6:30 | 9.2 (55.8%) |
| 284 | RUMOWSKI Tomasz | 397 | WIECZORNE BIEGANIE SZCZECIN | M-40 | 75 | | | Tak | | | 00:31:57 | 01:05:16.55 | 01:05:37.50 | +00:29:08 (44.4%) | 6:31 | 9.2 (55.8%) |
| 285 | DYDEK Dorota | 90 | SKB DZIK | K-50 | 4 | Dydek | | | SKB DZIK | | 00:30:25 | 01:05:29.10 | 01:05:41.35 | +00:29:11 (44.4%) | 6:32 | 9.2 (55.8%) |
| 286 | BEJSTER Przemysław | 20 | WIECZORNE BIEGANIE W SZCZECINIE | M-60 | 6 | | | | | | 00:31:33 | 01:05:12.00 | 01:05:45.00 | +00:29:15 (44.5%) | 6:31 | 9.2 (55.8%) |
| 287 | CHMIELEWSKA Katarzyna | 577 | | K-60 | 2 | | | | Policzanki | | 00:32:06 | 01:05:39.65 | 01:05:51.05 | +00:29:21 (44.6%) | 6:33 | 9.1 (55.2%) |
| 288 | REINHOLZ Elżbieta | 382 | | K-40 | 32 | | | | | | 00:31:04 | 01:05:42.90 | 01:05:59.70 | +00:29:30 (44.7%) | 6:34 | 9.1 (55.2%) |
| 289 | KALISZ Irena | 160 | | K-40 | 33 | | | | | | 00:32:01 | 01:05:37.90 | 01:06:00.85 | +00:29:31 (44.7%) | 6:33 | 9.1 (55.2%) |
| 290 | OZIEWICZ Wioleta | 326 | | K-40 | 34 | | | | | | 00:31:21 | 01:05:48.10 | 01:06:03.70 | +00:29:34 (44.8%) | 6:34 | 9.1 (55.2%) |
| 291 | STOCKA Anna | 600 | | K-40 | 35 | | | | | | 00:31:21 | 01:05:48.05 | 01:06:03.95 | +00:29:34 (44.8%) | 6:34 | 9.1 (55.2%) |
| 292 | TRELIŃSKA Edyta | 502 | WIECZORNE BIEGAIE | K-40 | 36 | | | | | | 00:31:53 | 01:05:48.20 | 01:06:20.65 | +00:29:51 (45.0%) | 6:34 | 9.1 (55.2%) |
| 293 | STASZYK Magdalena | 444 | FLEKS | K-20 | 19 | | | | | | 00:34:02 | 01:05:46.80 | 01:06:24.05 | +00:29:54 (45.0%) | 6:34 | 9.1 (55.2%) |
| 294 | DĘBICKI Jakub | 76 | | M-20 | 29 | | | | | | 00:34:03 | 01:05:47.50 | 01:06:24.35 | +00:29:54 (45.0%) | 6:34 | 9.1 (55.2%) |
| 295 | KOCHAŃSKA Magdalena | 183 | PILCHOWO RUNNER TEAM | K-40 | 37 | | | | | | 00:33:27 | 01:06:01.35 | 01:06:29.05 | +00:29:59 (45.1%) | 6:36 | 9.1 (55.2%) |
| 296 | KORNIAGO Katarzyna | 192 | | K-40 | 38 | | | | | | 00:33:27 | 01:06:01.50 | 01:06:29.30 | +00:29:59 (45.1%) | 6:36 | 9.1 (55.2%) |
| 297 | RUDNICKA Anita | 394 | | K-40 | 39 | | | | | | 00:33:27 | 01:06:01.85 | 01:06:29.35 | +00:29:59 (45.1%) | 6:36 | 9.1 (55.2%) |
| 298 | HAJDUKIEWICZ Jarosław | 119 | | M-50 | 24 | | | | | | 00:30:19 | 01:06:25.65 | 01:06:36.45 | +00:30:07 (45.2%) | 6:38 | 9 (54.5%) |
| 299 | CHOYNACKA-SAŃKA Alicja | 60 | | K-40 | 40 | | | | | | 00:32:08 | 01:06:23.25 | 01:06:38.35 | +00:30:08 (45.2%) | 6:38 | 9 (54.5%) |
| 300 | PAWŁOWSKI Marcin | 338 | | M-40 | 76 | | | | | | 00:32:12 | 01:06:23.25 | 01:06:39.50 | +00:30:10 (45.3%) | 6:38 | 9 (54.5%) |
| 301 | REKOWSKA Danuta | 384 | | K-60 | 3 | | | | | | 00:31:55 | 01:06:35.00 | 01:06:39.80 | +00:30:10 (45.3%) | 6:39 | 9 (54.5%) |
| 302 | PIASECKA Angelika | 341 | | K-20 | 20 | | | | | | 00:31:33 | 01:06:32.20 | 01:06:46.30 | +00:30:16 (45.3%) | 6:39 | 9 (54.5%) |
| 303 | PODWYSOCKI Adrian | 360 | | M-30 | 68 | | | | | | 00:31:32 | 01:06:31.65 | 01:06:46.40 | +00:30:16 (45.4%) | 6:39 | 9 (54.5%) |
| 304 | DUMA Malgorzata | 86 | KOBIECE BIEGANIE | K-40 | 41 | | | | | | 00:31:54 | 01:06:20.50 | 01:06:52.95 | +00:30:23 (45.4%) | 6:38 | 9 (54.5%) |
| 305 | RUSINEK Radosław | 399 | | M-40 | 77 | | | | | | 00:32:34 | 01:06:51.00 | 01:06:59.65 | +00:30:30 (45.5%) | 6:41 | 9 (54.5%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja rodzinna | Klasyfikacja Mundurowa | Klasyfikacja V M.P. | | 5 km 5km | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------------|------------|---------------------------------|-----------|------|-----------------------|------------------------|---------------------|------------|----------|--------------------|--------------------|-------------------|--------------|-------------|
| | | | | | | | | Grupy | Azoty S.A. | | | | | | |
| 306 | JABŁONOWSKA Aleksandra | 132 | | K-30 | 29 | | | | | 00:33:09 | 01:06:43.10 | 01:07:08.75 | +00:30:39 (45.7%) | 6:40 | 9 (54.5%) |
| 307 | NADOLNA Monika | 295 | PARKRUN SZCZECIN | K-40 | 42 | | | | | 00:32:58 | 01:06:58.95 | 01:07:19.25 | +00:30:49 (45.8%) | 6:41 | 9 (54.5%) |
| 308 | GŁAZEK Julia | 103 | WIECZORNE BIEGANIE W SZCZECINIE | K-20 | 21 | | | | | 00:29:52 | 01:07:19.05 | 01:07:32.70 | +00:31:03 (46.0%) | 6:43 | 8.9 (53.9%) |
| 309 | ULDYNOWICZ Kasia | 511 | | K-30 | 30 | | | | | 00:33:37 | 01:07:25.80 | 01:07:49.35 | +00:31:19 (46.2%) | 6:44 | 8.9 (53.9%) |
| 309 | BUJNOWSKA Anita | 50 | | K-30 | 30 | | | | | 00:33:38 | 01:07:26.05 | 01:07:49.35 | +00:31:19 (46.2%) | 6:44 | 8.9 (53.9%) |
| 311 | DOBREK Wojciech | 80 | | M-50 | 25 | | | | | 00:32:40 | 01:07:28.95 | 01:08:06.05 | +00:31:36 (46.4%) | 6:44 | 8.9 (53.9%) |
| 312 | CIEMNA Joanna | 64 | | K-40 | 43 | | | | | 00:33:37 | 01:08:03.50 | 01:08:28.65 | +00:31:59 (46.7%) | 6:48 | 8.8 (53.3%) |
| 313 | GŁOGOWSKI Jan | 104 | | M-50 | 26 | | | | | 00:31:51 | 01:08:20.50 | 01:08:33.40 | +00:32:03 (46.8%) | 6:50 | 8.8 (53.3%) |
| 314 | KAROLAK Karolina | 165 | | K-30 | 32 | | | | | 00:33:48 | 01:08:19.00 | 01:08:34.15 | +00:32:04 (46.8%) | 6:49 | 8.8 (53.3%) |
| 315 | KAROLAK Łukasz | 166 | | M-40 | 78 | | | | | 00:33:49 | 01:08:20.15 | 01:08:34.50 | +00:32:05 (46.8%) | 6:50 | 8.8 (53.3%) |
| 316 | BŁĄŻEJEWSKA-JANNASZ Kamila | 30 | | K-30 | 33 | | | | | 00:33:09 | 01:08:10.35 | 01:08:34.60 | +00:32:05 (46.8%) | 6:49 | 8.8 (53.3%) |
| 316 | SZYMAŃSKI Marek | 481 | KB KAMIEN POMORSKI | M-30 | 69 | | | | | 00:32:29 | 01:08:04.25 | 01:08:34.60 | +00:32:05 (46.8%) | 6:48 | 8.8 (53.3%) |
| 318 | DANICKA Lidia | 72 | | K-40 | 44 | | | | | 00:33:01 | 01:08:22.95 | 01:08:39.20 | +00:32:09 (46.8%) | 6:50 | 8.8 (53.3%) |
| 319 | TIETZ Monika | 496 | | K-40 | 45 | | | | | 00:33:02 | 01:08:23.90 | 01:08:39.40 | +00:32:09 (46.9%) | 6:50 | 8.8 (53.3%) |
| 320 | ORSZULSKA Magdalena | 319 | WIECZORNE BIEGANIE W SZCZECINIE | K-40 | 46 | | | | | 00:34:56 | 01:08:17.55 | 01:08:41.75 | +00:32:12 (46.9%) | 6:49 | 8.8 (53.3%) |
| 321 | ROCZON Robert | 385 | | M-40 | 79 | | | | | 00:32:41 | 01:08:25.60 | 01:08:43.20 | +00:32:13 (46.9%) | 6:50 | 8.8 (53.3%) |
| 322 | SOŁTYSZEWSKA Izabela | 434 | | K-50 | 5 | | | | | 00:32:42 | 01:08:26.60 | 01:08:43.25 | +00:32:13 (46.9%) | 6:50 | 8.8 (53.3%) |
| 323 | ŁOKUCJEWSKA Aleksandra | 249 | POL-BUD POLICE | K-30 | 34 | | | | | 00:33:19 | 01:08:26.25 | 01:08:45.35 | +00:32:15 (46.9%) | 6:50 | 8.8 (53.3%) |
| 324 | WROŃSKA DRZEWIECKA Justyna | 552 | | K-30 | 35 | | | | | 00:33:47 | 01:08:31.95 | 01:08:47.95 | +00:32:18 (47.0%) | 6:51 | 8.8 (53.3%) |
| 325 | KRUCZKOWSKA Agnieszka | 214 | | K-40 | 47 | | | | | 00:33:03 | 01:08:32.90 | 01:08:49.70 | +00:32:20 (47.0%) | 6:51 | 8.8 (53.3%) |
| 326 | WRZOSEK Kamil | 554 | | M-20 | 30 | | | | | 00:33:03 | 01:08:32.15 | 01:08:49.85 | +00:32:20 (47.0%) | 6:51 | 8.8 (53.3%) |
| 327 | KRUCZKOWSKA Malwina | 215 | | K-20 | 22 | | | | | 00:33:03 | 01:08:32.45 | 01:08:50.00 | +00:32:20 (47.0%) | 6:51 | 8.8 (53.3%) |
| 328 | JASIŃSKI Robert | 146 | FLEKS | M-40 | 80 | | Tak | Tak | | 00:34:07 | 01:08:13.65 | 01:08:50.95 | +00:32:21 (47.0%) | 6:49 | 8.8 (53.3%) |
| 329 | SZYMBRA Przemysław | 482 | | M-30 | 70 | | | | | 00:34:47 | 01:08:24.55 | 01:08:51.15 | +00:32:21 (47.0%) | 6:50 | 8.8 (53.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja rodzinna | Klasyfikacja Mundurowa | Klasyfikacja V M.P. Grupy S.A. | | 5 km 5km | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------|-------|---------------------------------|-----------|------|-----------------------|------------------------|--------------------------------|------------------|----------|-----------------|------------------|-------------------|--------------|-------------|
| | | | | | | | | Azoty | Drużyna 1 | | | | | | |
| 330 | KUCAJ Mateusz | 602 | | M-30 | 71 | | | | | 00:34:39 | 01:08:11.15 | 01:08:52.20 | +00:32:22 (47.0%) | 6:49 | 8.8 (53.3%) |
| 331 | NAMEJKO Elżbieta | 300 | | K-30 | 36 | | | | | 00:33:56 | 01:08:22.45 | 01:08:53.80 | +00:32:24 (47.0%) | 6:50 | 8.8 (53.3%) |
| 332 | SROKA Robert | 440 | | M-40 | 81 | | Tak | | | 00:33:56 | 01:08:23.00 | 01:08:53.85 | +00:32:24 (47.0%) | 6:50 | 8.8 (53.3%) |
| 333 | SOKOŁOWSKA Magdalena | 432 | | K-30 | 37 | | | | Parkrun szczecin | 00:33:44 | 01:08:41.95 | 01:09:02.55 | +00:32:33 (47.1%) | 6:52 | 8.7 (52.7%) |
| 334 | MASŁOWSKA Barbara | 274 | | K-40 | 48 | | | | | 00:33:40 | 01:08:45.20 | 01:09:04.20 | +00:32:34 (47.2%) | 6:52 | 8.7 (52.7%) |
| 335 | MASŁOWSKI Artur | 275 | | M-40 | 82 | | | | | 00:33:39 | 01:08:45.30 | 01:09:04.45 | +00:32:35 (47.2%) | 6:52 | 8.7 (52.7%) |
| 336 | CHRAPEK Gabriel | 61 | | M-50 | 27 | | | | | 00:32:32 | 01:09:01.90 | 01:09:08.30 | +00:32:38 (47.2%) | 6:54 | 8.7 (52.7%) |
| 337 | KRAWCZYK Marlena | 209 | | K-40 | 49 | | | | | 00:33:57 | 01:08:30.30 | 01:09:10.20 | +00:32:40 (47.2%) | 6:51 | 8.8 (53.3%) |
| 338 | JASIUCHNA Aleksandra | 147 | BIEGACZE ŚWINOUJŚCIE | K-30 | 38 | | | | | 00:33:07 | 01:08:57.25 | 01:09:11.05 | +00:32:41 (47.3%) | 6:53 | 8.7 (52.7%) |
| 339 | MIKULSKA-GAWLE Karina | 281 | UNITY LINE | K-40 | 50 | | | | | 00:33:52 | 01:08:50.60 | 01:09:11.20 | +00:32:41 (47.3%) | 6:53 | 8.7 (52.7%) |
| 340 | WENTA Julia | 522 | | K-30 | 39 | | | | | 00:33:07 | 01:08:57.25 | 01:09:11.30 | +00:32:41 (47.3%) | 6:53 | 8.7 (52.7%) |
| 341 | KRUSZEWICZ Dalida | 218 | AMPIO TEAM | K-40 | 51 | | | | Ampio Team | 00:34:28 | 01:09:16.60 | 01:09:34.65 | +00:33:05 (47.6%) | 6:55 | 8.7 (52.7%) |
| 342 | KRUSZEWICZ Aleksander | 219 | AMPIO TEAM | M-40 | 83 | | | | Ampio Team | 00:34:28 | 01:09:16.25 | 01:09:34.90 | +00:33:05 (47.6%) | 6:55 | 8.7 (52.7%) |
| 343 | GOCAŁ Anita | 578 | | K-30 | 40 | | | | Policzanki | 00:34:25 | 01:09:11.85 | 01:09:42.15 | +00:33:12 (47.6%) | 6:55 | 8.7 (52.7%) |
| 344 | MAŁACHOWICZ Marika | 266 | | K-20 | 23 | | | | | 00:34:26 | 01:09:12.40 | 01:09:42.25 | +00:33:12 (47.6%) | 6:55 | 8.7 (52.7%) |
| 345 | MICHALCZYK Patrycja | 278 | | K-30 | 41 | | | | | 00:33:13 | 01:09:23.60 | 01:09:47.45 | +00:33:18 (47.7%) | 6:56 | 8.6 (52.1%) |
| 346 | JAKSINA Anna | 135 | | K-40 | 52 | | | | | 00:34:10 | 01:09:21.50 | 01:09:53.30 | +00:33:23 (47.8%) | 6:56 | 8.7 (52.7%) |
| 347 | JABŁOŃSKA Agnieszka | 133 | | K-40 | 53 | | | | | 00:32:29 | 01:09:47.20 | 01:10:00.80 | +00:33:31 (47.9%) | 6:58 | 8.6 (52.1%) |
| 348 | CZEKAŁSKI Tomasz | 68 | AGB NYGUS | M-40 | 84 | | | | | 00:32:30 | 01:09:47.60 | 01:10:00.90 | +00:33:31 (47.9%) | 6:58 | 8.6 (52.1%) |
| 349 | PIEROŻYŃSKA Natalia | 346 | PYRZYCE BIEGAJĄ | K-30 | 42 | | | | Pyrzyce biegają | 00:33:32 | 01:09:38.40 | 01:10:07.80 | +00:33:38 (48.0%) | 6:57 | 8.6 (52.1%) |
| 350 | KOMAR Anna | 188 | PYRZYCE BIEGAJĄ | K-40 | 54 | | | | Pyrzyce biegają | 00:33:33 | 01:09:38.75 | 01:10:07.85 | +00:33:38 (48.0%) | 6:57 | 8.6 (52.1%) |
| 351 | MAKSIMOWICZ Paweł | 264 | | M-30 | 72 | | Tak | | | 00:33:55 | 01:10:13.75 | 01:10:28.65 | +00:33:59 (48.2%) | 7:01 | 8.5 (51.5%) |
| 352 | WOŻNA Katarzyna | 548 | WIECZORNE BIEGANIE W SZCZECINIE | K-30 | 43 | | | | | 00:33:12 | 01:10:31.25 | 01:10:41.25 | +00:34:11 (48.4%) | 7:03 | 8.5 (51.5%) |
| 353 | ŻDŻAŃSKA Marzena | 572 | | K-30 | 44 | | | | | 00:34:49 | 01:10:29.00 | 01:11:01.10 | +00:34:31 (48.6%) | 7:02 | 8.5 (51.5%) |
| 353 | KASIŃSKA Zofia | 168 | | K-20 | 24 | | | | | 00:34:49 | 01:10:29.00 | 01:11:01.10 | +00:34:31 (48.6%) | 7:02 | 8.5 (51.5%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja rodzinna | Klasyfikacja Mundurowa | Klasyfikacja | 5 km | Czas netto | Czas brutto | Tempo | Tempo | |
|-----|-------------------------------|------------|---------------------------------|-----------|------|-----------------------|------------------------|-------------------------|----------|--------------------|--------------------|-------------------|-------|-------------|
| | | | | | | | | V M.P. Grupy Azoty S.A. | | | | | | Drużyna 1 |
| 355 | SZMELING Grzegorz | 471 | | M-30 | 73 | | | | 00:34:28 | 01:10:37.40 | 01:11:03.55 | +00:34:34 (48.6%) | 7:03 | 8.5 (51.5%) |
| 356 | PASZKIEWICZ Bartosz | 331 | | M-30 | 74 | | | | 00:33:45 | 01:11:18.85 | 01:11:41.65 | +00:35:12 (49.1%) | 7:07 | 8.4 (50.9%) |
| 357 | OSMAN Krzysztof | 324 | KS ŻYRAFY | M-20 | 31 | | | | 00:33:45 | 01:11:18.90 | 01:11:41.80 | +00:35:12 (49.1%) | 7:07 | 8.4 (50.9%) |
| 358 | POTERAŁSKI Radosław | 601 | PARKRUN ŚWINOUJŚCIE | M-40 | 85 | | | | 00:34:53 | 01:11:33.80 | 01:11:57.10 | +00:35:27 (49.3%) | 7:09 | 8.4 (50.9%) |
| 359 | DZIUBA Bogdan | 92 | BIEGACZE ŚWINOUJŚCIE | M-60 | 7 | | | | 00:35:05 | 01:11:46.35 | 01:11:57.40 | +00:35:27 (49.3%) | 7:10 | 8.4 (50.9%) |
| 360 | WENTA Patryk | 523 | | M-30 | 75 | | Tak | | 00:33:07 | 01:11:48.85 | 01:12:03.50 | +00:35:34 (49.4%) | 7:10 | 8.4 (50.9%) |
| 361 | KWIATKOWSKA Aleksandra | 582 | WIECZORNE BIEGANIE W SZCZECINIE | K-30 | 45 | | | | 00:35:14 | 01:11:22.50 | 01:12:07.85 | +00:35:38 (49.4%) | 7:08 | 8.4 (50.9%) |
| 362 | LIPERTOWICZ Sebastian | 583 | WIECZORNE BIEGANIE | M-30 | 76 | | | | 00:35:14 | 01:11:22.70 | 01:12:08.10 | +00:35:38 (49.4%) | 7:08 | 8.4 (50.9%) |
| 363 | LIPKIEWICZ Martyna | 242 | | K-30 | 46 | | | | 00:34:10 | 01:11:52.55 | 01:12:11.80 | +00:35:42 (49.5%) | 7:11 | 8.3 (50.3%) |
| 364 | BUKSIK Sławomir | 52 | | M-40 | 86 | | | | 00:34:09 | 01:11:51.60 | 01:12:11.90 | +00:35:42 (49.5%) | 7:11 | 8.4 (50.9%) |
| 365 | ROMAN Ewelina | 388 | MONIAGYM | K-30 | 47 | | Tak | | 00:35:53 | 01:11:36.45 | 01:12:15.60 | +00:35:46 (49.5%) | 7:09 | 8.4 (50.9%) |
| 366 | UŁANOWICZ Katarzyna | 513 | | K-40 | 55 | | | | 00:37:01 | 01:11:33.30 | 01:12:15.75 | +00:35:46 (49.5%) | 7:09 | 8.4 (50.9%) |
| 367 | WIDUCH Anna | 525 | MONIA GYM | K-30 | 48 | | | | 00:35:53 | 01:11:37.45 | 01:12:16.05 | +00:35:46 (49.5%) | 7:09 | 8.4 (50.9%) |
| 368 | STACHOWSKI Andrzej | 441 | MONIA GYM | M-50 | 28 | | | | 00:35:53 | 01:11:37.90 | 01:12:16.45 | +00:35:47 (49.5%) | 7:09 | 8.4 (50.9%) |
| 369 | BRANICA Hanna | 41 | | K-40 | 56 | | | | 00:35:13 | 01:11:50.85 | 01:12:31.50 | +00:36:02 (49.7%) | 7:11 | 8.4 (50.9%) |
| 370 | PIOTROWSKA Dorota | 351 | AMPIO TEAM | K-40 | 57 | | | | 00:34:28 | 01:12:21.45 | 01:12:39.45 | +00:36:10 (49.8%) | 7:14 | 8.3 (50.3%) |
| 371 | PIOTROWSKI Krzysztof | 352 | AMPIO TEAM | M-40 | 87 | | | | 00:34:29 | 01:12:21.10 | 01:12:39.55 | +00:36:10 (49.8%) | 7:14 | 8.3 (50.3%) |
| 372 | JAWORSKI Oktawian | 151 | | M-20 | 32 | | | | 00:33:44 | 01:12:33.95 | 01:12:49.30 | +00:36:19 (49.9%) | 7:15 | 8.3 (50.3%) |
| 372 | OLKOWICZ Marta | 315 | WIECZORNE BIEGANIE W SZCZECINIE | K-20 | 25 | | | | 00:33:44 | 01:12:33.75 | 01:12:49.30 | +00:36:19 (49.9%) | 7:15 | 8.3 (50.3%) |
| 374 | KAŁUZIŃSKA Aleksandra | 161 | | K-40 | 58 | | | | 00:35:32 | 01:12:32.05 | 01:12:52.15 | +00:36:22 (49.9%) | 7:15 | 8.3 (50.3%) |
| 375 | SOWISZ Danuta | 438 | | K-50 | 6 | | | | 00:34:12 | 01:12:48.45 | 01:13:15.50 | +00:36:46 (50.2%) | 7:16 | 8.2 (49.7%) |
| 376 | JARCZEWSKI Damian | 142 | POL-BUD POLICE | M-30 | 77 | | | | 00:33:50 | 01:12:58.95 | 01:13:18.45 | +00:36:49 (50.2%) | 7:17 | 8.2 (49.7%) |
| 377 | JAKUBIK Anna | 136 | WIECZORNE BIEGANIE | K-30 | 49 | | | | 00:33:26 | 01:13:14.00 | 01:13:39.85 | +00:37:10 (50.5%) | 7:19 | 8.2 (49.7%) |
| 378 | KRUGŁAK Anna | 216 | WIECZORNE BIEGANIE | K-40 | 59 | | | | 00:33:27 | 01:13:16.50 | 01:13:41.30 | +00:37:11 (50.5%) | 7:19 | 8.2 (49.7%) |
| 379 | WIELIŃSKI Krzysztof | 526 | KB HERMES GRYFINO | M-60 | 8 | | | | 00:35:41 | 01:13:43.20 | 01:14:18.50 | +00:37:49 (50.9%) | 7:22 | 8.1 (49.1%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja rodzinna | Klasyfikacja Mundurowa | Klasyfikacja V M.P. | | 5 km 5km | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------|-------|-----------------------|-----------|------|-----------------------|------------------------|---------------------|--------------------|----------|-----------------|------------------|-------------------|--------------|-------------|
| | | | | | | | | Grupy Azoty S.A. | Drużyna 1 | | | | | | |
| 380 | ROLLA Dorian | 386 | | M-40 | 88 | | | | | 00:35:32 | 01:14:19.85 | 01:14:37.75 | +00:38:08 (51.1%) | 7:25 | 8.1 (49.1%) |
| 381 | ROLLA Magdalena | 387 | | K-40 | 60 | | | | | 00:35:31 | 01:14:20.20 | 01:14:37.95 | +00:38:08 (51.1%) | 7:26 | 8.1 (49.1%) |
| 382 | IZNEROWICZ Monika | 131 | DPT RUN TEAM SZCZECIN | K-30 | 50 | | | | | 00:41:13 | 01:14:00.95 | 01:14:47.15 | +00:38:17 (51.2%) | 7:24 | 8.1 (49.1%) |
| 383 | WIEŻEL Hanna | 528 | | K-30 | 51 | | | | | 00:35:34 | 01:14:43.25 | 01:14:59.50 | +00:38:30 (51.3%) | 7:28 | 8 (48.5%) |
| 384 | ZIELIŃSKA Beata | 569 | | K-40 | 61 | | | | | 00:35:34 | 01:14:43.15 | 01:14:59.70 | +00:38:30 (51.3%) | 7:28 | 8 (48.5%) |
| 385 | ZUBA Lucyna | 570 | | K-50 | 7 | | | | | 00:35:04 | 01:14:48.30 | 01:15:03.25 | +00:38:33 (51.4%) | 7:28 | 8 (48.5%) |
| 386 | DĘBIAWA Iwona | 66 | | K-40 | 62 | | | | | 00:35:16 | 01:14:26.25 | 01:15:03.35 | +00:38:33 (51.4%) | 7:26 | 8.1 (49.1%) |
| 387 | RUTKOWSKA Justyna | 402 | SKB DZIK | K-40 | 63 | | | | SKB DZIK | 00:35:11 | 01:15:00.50 | 01:15:03.95 | +00:38:34 (51.4%) | 7:30 | 8 (48.5%) |
| 388 | RUTKOWSKI Michał | 404 | SKB DZIK | M-40 | 89 | | Tak | | SKB DZIK | 00:35:11 | 01:15:00.60 | 01:15:04.05 | +00:38:34 (51.4%) | 7:30 | 8 (48.5%) |
| 389 | PRAWDA Iwona | 368 | WIECZORNE BIEGANIE | K-40 | 64 | | | | | 00:35:28 | 01:15:03.45 | 01:15:27.70 | +00:38:58 (51.6%) | 7:30 | 8 (48.5%) |
| 390 | KOLASA Agnieszka | 185 | | K-40 | 65 | | | | | 00:36:16 | 01:15:26.65 | 01:15:43.45 | +00:39:14 (51.8%) | 7:32 | 8 (48.5%) |
| 391 | SURMA Anna | 457 | | K-30 | 52 | | | | | 00:36:58 | 01:15:24.60 | 01:16:05.25 | +00:39:35 (52.0%) | 7:32 | 8 (48.5%) |
| 392 | KAROLAK Kamila | 167 | | K-40 | 66 | | | | | 00:35:53 | 01:15:58.20 | 01:16:12.45 | +00:39:43 (52.1%) | 7:35 | 7.9 (47.9%) |
| 393 | JAKUBOWSKI Mateusz | 137 | | M-30 | 78 | | | | | 00:35:36 | 01:16:00.90 | 01:16:27.25 | +00:39:57 (52.3%) | 7:36 | 7.9 (47.9%) |
| 394 | SZCZEPANIAK Izabela | 463 | | K-30 | 53 | | | | | 00:35:37 | 01:16:01.15 | 01:16:27.40 | +00:39:57 (52.3%) | 7:36 | 7.9 (47.9%) |
| 395 | SZYDLOWSKI Piotr | 589 | | M-30 | 79 | | | | | 00:35:51 | 01:16:18.45 | 01:16:52.30 | +00:40:22 (52.5%) | 7:37 | 7.9 (47.9%) |
| 396 | LICHT Michał | 240 | EMEL ATHLETIC TEAM | M-30 | 80 | | | Tak | EMEL ATHLETIC TEAM | 00:36:57 | 01:16:20.70 | 01:16:53.95 | +00:40:24 (52.5%) | 7:38 | 7.9 (47.9%) |
| 397 | CHROBOCINSKI Daniel | 62 | ŻÓŁWIE W GALOPIE | M-20 | 33 | | | | | 00:37:38 | 01:16:50.15 | 01:17:13.90 | +00:40:44 (52.8%) | 7:41 | 7.8 (47.3%) |
| 398 | ZAJĄC Piotr | 557 | | M-40 | 90 | | | | | 00:36:20 | 01:17:38.15 | 01:18:06.80 | +00:41:37 (53.3%) | 7:45 | 7.7 (46.7%) |
| 399 | BIEŁOWIEC Adrianna | 25 | PUSZCZYK BUKOWY | K-20 | 26 | | | | | 00:37:00 | 01:17:51.30 | 01:18:19.00 | +00:41:49 (53.4%) | 7:47 | 7.7 (46.7%) |
| 400 | SZYMAŃSKA Ania | 480 | | K-50 | 8 | | | | | 00:38:05 | 01:20:14.15 | 01:20:23.55 | +00:43:54 (54.6%) | 8:01 | 7.5 (45.5%) |
| 401 | HERIAN Małgorzata | 126 | | K-30 | 54 | | | | | 00:37:22 | 01:20:26.20 | 01:21:07.70 | +00:44:38 (55.0%) | 8:02 | 7.5 (45.5%) |
| 402 | ŁUCZYŃSKA Katarzyna | 251 | | K-30 | 55 | | | | | 00:37:22 | 01:20:26.65 | 01:21:07.85 | +00:44:38 (55.0%) | 8:02 | 7.5 (45.5%) |
| 403 | CHROBOCIŃSKA Elżbieta | 63 | | K-50 | 9 | | | | | 00:37:50 | 01:23:13.00 | 01:23:35.00 | +00:47:05 (56.3%) | 8:19 | 7.2 (43.6%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja rodzinna | Klasyfikacja Mundurowa | Klasyfikacja | Drużyna 1 | 5 km 5km | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|-------|---------------------------------|-----------|------|-----------------------|------------------------|-------------------------|---------------------------------|--------------|-----------------|------------------|-------------------|--------------|-------------|
| | | | | | | | | V M.P. Grupy Azoty S.A. | | | | | | | |
| 404 | STUPNICKA Monika | 456 | | K-30 | 56 | | | | | 00:39:48 | 01:23:18.70 | 01:23:45.75 | +00:47:16 (56.4%) | 8:19 | 7.2 (43.6%) |
| 405 | SZYMCZAK Kamila | 485 | | K-30 | 57 | | | | RAZ Szczecin | 00:39:50 | 01:23:18.90 | 01:23:45.85 | +00:47:16 (56.4%) | 8:19 | 7.2 (43.6%) |
| 406 | JARNUCZAK Monika | 143 | | K-30 | 58 | | | | | 00:38:42 | 01:24:57.05 | 01:25:16.85 | +00:48:47 (57.2%) | 8:29 | 7.1 (43.0%) |
| 407 | WIELOCH Anna | 527 | | K-40 | 67 | | | | | 00:38:42 | 01:24:57.60 | 01:25:17.25 | +00:48:47 (57.2%) | 8:29 | 7.1 (43.0%) |
| 408 | KLEINSCHMIDT Anja | 181 | | K-40 | 68 | | | | | 00:40:21 | 01:25:33.00 | 01:25:55.60 | +00:49:26 (57.5%) | 8:33 | 7 (42.4%) |
| 409 | WILK Małgorzata | 533 | | K-30 | 59 | | | | | 00:39:59 | 01:25:26.55 | 01:26:08.20 | +00:49:38 (57.6%) | 8:32 | 7 (42.4%) |
| 410 | GIBAS-JASTRZĘBSKA Iwona | 102 | WIECZORNE BIEGANIE W SZCZECINIE | K-50 | 10 | | | | | 00:39:58 | 01:26:35.90 | 01:27:01.20 | +00:50:31 (58.1%) | 8:39 | 6.9 (41.8%) |
| 411 | BOŚKO Paulina | 40 | | K-30 | 60 | | | | | 00:42:19 | 01:19:07.85 | 01:29:29.50 | +00:53:00 (59.2%) | 7:54 | 7.6 (46.1%) |
| 412 | SOLTYS Krzysztof | 433 | DECATHLON SZCZECIN | M-20 | 34 | | | | Decathlon Szczecin | 00:39:21 | 01:28:49.25 | 01:30:13.10 | +00:53:43 (59.6%) | 8:52 | 6.8 (41.2%) |
| 413 | LICZBIŃSKA-HANKE Małgorzata | 241 | DECATHLON SZCZECIN | K-20 | 27 | | | | Decathlon Szczecin | 00:40:23 | 01:29:51.55 | 01:30:19.55 | +00:53:50 (59.6%) | 8:59 | 6.7 (40.6%) |
| 414 | SOKOŁOWSKA Anna | 431 | PARKRUN SZCZECIN | K-60 | 4 | | | | Parkrun szczecin | 00:44:01 | 01:33:30.95 | 01:33:52.75 | +00:57:23 (61.1%) | 9:21 | 6.4 (38.8%) |
| 414 | DYKER-WOŹNIAK Monika | 91 | PARKRUN SZCZECIN | K-40 | 69 | | | | Parkrun szczecin | 00:44:01 | 01:33:30.90 | 01:33:52.75 | +00:57:23 (61.1%) | 9:21 | 6.4 (38.8%) |
| 416 | DURKA Hanna | 87 | PARKRUN | K-60 | 5 | | | | Parkrun szczecin | 00:44:02 | 01:33:30.90 | 01:33:53.10 | +00:57:23 (61.1%) | 9:21 | 6.4 (38.8%) |
| | TIETZ Przemysław | 497 | | M-40 | | | Tak | | | 00:20:12 DNF | DNF | DNF | - | - | (0.0%) |
| | KOWALCZYK Magdalena | 198 | WIECZORNE BIEGANIE W SZCZECINIE | K-40 | | | | | | 00:34:48 DNF | DNF | DNF | - | - | (0.0%) |
| | KOWALCZYK Jan | 199 | WIECZORNE BIEGANIE W SZCZECINIE | M-40 | | | | | | 00:34:49 DNF | DNF | DNF | - | - | (0.0%) |
| | MĄDRZYK Magdalena | 277 | WIECZORNE BIEGANIE W SZCZECINIE | K-40 | | | | | | 00:34:55 DNF | DNF | DNF | - | - | (0.0%) |
| | PAWELCZAK Cezary | 333 | WIECZORNE BIEGANIE W SZCZECINIE | M-50 | | | | | | 00:36:30 DNF | DNF | DNF | - | - | (0.0%) |
| | KRĘPA Małgorzata | 597 | | K-40 | | | | | | 00:36:31 DNF | DNF | DNF | - | - | (0.0%) |
| | PASZKO Daniel | 332 | WIECZORNE BIEGANIE W SZCZECINIE | M-40 | | | | Tak | Wieczorne Bieganie w Szczecinie | 00:36:32 DNF | DNF | DNF | - | - | (0.0%) |
| | KRĘPA Daniel | 598 | | M-40 | | | | | | 00:36:32 DNF | DNF | DNF | - | - | (0.0%) |
| | PANASIUK Sambor | 594 | | M-30 | | | | | | 00:36:37 DNF | DNF | DNF | - | - | (0.0%) |
| | PRIEDITIS Marcin | 369 | | M-50 | | | | | | 00:37:17 DNF | DNF | DNF | - | - | (0.0%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Klasyfikacja rodzinna | Klasyfikacja Mundurowa | Klasyfikacja V M.P. | | 5 km 5km | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|------------|--------------------------|-----------|------|-----------------------|------------------------|---------------------|------------------------------|-----------------|-----------------|------------------|------|--------------|------------|
| | | | | | | | | Grupy Azoty S.A. | Drużyna 1 | | | | | | |
| | PRIEDITIS Magdalena | 370 | | K-40 | | | | | | 00:37:36 DNF | DNF | DNF | - | - | (0.0%) |
| | BATAKO Jakub | 581 | | M-16 | | | | | | 00:38:45 DNF | DNF | DNF | - | - | (0.0%) |
| | ADAM Kamila | 11 | | K-30 | | | | | | 00:42:18 DNF | DNF | DNF | - | - | (0.0%) |
| | MAZUR Mirosława | 276 | | K-60 | | | | | | 00:42:18 DNF | DNF | DNF | - | - | (0.0%) |
| | KRÓL Magdalena | 212 | SIOSTRY SĄSIADKI | K-30 | | | | | | 00:42:21 DNF | DNF | DNF | - | - | (0.0%) |
| | GUMOWSKA Karolina | 115 | | K-30 | | | | | TĘCZOWE TAJNIACZKI □ □ | 00:43:06 DNF | DNF | DNF | - | - | (0.0%) |
| | OLSZEWSKA Małgorzata | 316 | | K-50 | | | | | TĘCZOWE TAJNIACZKI □ □ | 00:43:06 DNF | DNF | DNF | - | - | (0.0%) |
| | ŚWIDER Marzena | 492 | TĘCZOWE TAJNIACZKI | K-40 | | | | | TĘCZOWE TAJNIACZKI □ □ | 00:43:06 DNF | DNF | DNF | - | - | (0.0%) |
| | MOLENDĄ Sabina | 287 | TĘCZOWE TAJNIACZKI | K-30 | | | | | TĘCZOWE TAJNIACZKI □ □ | 00:43:07 DNF | DNF | DNF | - | - | (0.0%) |
| | SIEMEK Anna | 416 | | K-40 | | | | | TĘCZOWE TAJNIACZKI □ □ | 00:43:07 DNF | DNF | DNF | - | - | (0.0%) |
| | PIERŚCIŃSKA Marzena | 347 | HULK TEAM POLICE | K-40 | | | | | AktywnySplot | 01:04:29 DNF | DNF | DNF | - | - | (0.0%) |
| | TOMASZEWSKA Beata | 499 | HULK TEAM POLICE | K-30 | | | Tak | | AktywnySplot | 01:04:41 DNF | DNF | DNF | - | - | (0.0%) |
| | LIWUŚ-ŁAPIŃSKA Asia | 243 | NIEZDIAGNOZOWANI W SZALE | K-30 | | | | | | 01:10:07 DNF | DNF | DNF | - | - | (0.0%) |
| | KRYGIER-ROŻEK Monika | 595 | | K-30 | | | | | | 01:10:07 DNF | DNF | DNF | - | - | (0.0%) |
| | REDLARSKA Anna | 381 | NWS | K-30 | | | | | | 01:10:55 DNF | DNF | DNF | - | - | (0.0%) |
| | KUFEL Marcin | 225 | BREL II | M-40 | | | | | | DNF | DNF | DNF | - | - | (0.0%) |
| | CIELUCH Paulina | 579 | | K-30 | | | | | Policzanki | DNF | DNF | DNF | - | - | (0.0%) |
| | WARDEGA Monika | 517 | KB HERMES | K-30 | | | | | kB Hermesa Gryfino | DNF | DNF | DNF | - | - | (0.0%) |

Znaleziono 444 wynik(ów)