



Wydarzenie: IX Bieg Mikołajkowy
Organizator: Stowarzyszenie BiegamBoLubie Team Police
Data: 2021-12-05
Miejsce: Police
Dystans: 10 km

IX BIEG MIKOŁAJKOWY

B4SPORT
INTELEGENTNE ZAWODY SPORTOWE

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INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Klasyfikacja rodzinna	Klasyfikacja Mundurowa	Klasyfikacja V M.P.		5 km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
								Azoty S.A.	Drużyna 1						
1	RUSEK Kamil	398	FEHLAU RUN TEAM	M-30	1					00:19:00	00:39:49.90	00:39:52.45		3:58	15.1 (100%)
2	APIECIONEK Mateusz	13	UKL ÓSEMKA POLICE	M-30	2			Tak		00:19:01	00:39:57.05	00:39:59.15	+00:00:06 (0.3%)	3:59	15 (99.3%)
3	KUBISZTAL Wojciech	224	FEHLAU RUN TEAM AND FRIENDS	M-30	3				fehlaun team and friends	00:19:03	00:40:05.45	00:40:07.55	+00:00:15 (0.6%)	4:00	15 (99.3%)
4	JANISZYN Marcin	139	KP PSP GRYFINO	M-30	4		Tak		kB Hermesa Gryfino	00:19:35	00:40:39.35	00:40:42.65	+00:00:50 (2.1%)	4:03	14.8 (98.0%)
5	ULDYNOWICZ Łukasz	512	MLUKS MOKASYN PŁOTY	M-30	5				Gryficka Siła Biegowa	00:20:08	00:42:12.75	00:42:17.00	+00:02:24 (5.7%)	4:13	14.2 (94.0%)
6	HOŁYŃSKI Leszek	129	KM PSP SZCZECIN	M-30	6		Tak		Wieczorne Bieganie w Szczecinie	00:20:29	00:42:28.30	00:42:34.70	+00:02:42 (6.4%)	4:14	14.1 (93.4%)
7	MIROWSKI Blazej	284	UKL OSEMKA POLICE	M-30	7					00:21:19	00:42:51.40	00:42:54.55	+00:03:02 (7.1%)	4:17	14 (92.7%)
8	BURAS Radosław	53	KB HERMES GRYFINO	M-30	8		Tak		kB Hermesa Gryfino	00:20:34	00:42:50.40	00:42:56.00	+00:03:03 (7.1%)	4:17	14 (92.7%)
9	OLEJARZ Damian	312	POL-BUD POLICE	M-30	9					00:21:20	00:43:38.20	00:43:40.45	+00:03:48 (8.7%)	4:21	13.8 (91.4%)
10	POLICZKIEWICZ Maciej	364		M-30	10					00:21:13	00:43:49.65	00:43:53.05	+00:04:00 (9.1%)	4:22	13.7 (90.7%)
11	MACIEJEWSKI Krzysztof	256		M-30	11					00:20:38	00:43:53.35	00:43:57.55	+00:04:05 (9.3%)	4:23	13.7 (90.7%)
12	OSETEK Sebastian	321	KB HERMES GRYFINO	M-30	12				kB Hermesa Gryfino	00:20:47	00:43:59.15	00:44:02.70	+00:04:10 (9.5%)	4:23	13.6 (90.1%)
13	PROCIAK Krzysztof	371	SKB DZIK	M-30	13				SKB DZIK	00:21:16	00:43:53.05	00:44:05.15	+00:04:12 (9.6%)	4:23	13.7 (90.7%)
14	ŁOKUCJEWSKI Paweł	250	POL-BUD POLICE / UKL ÓSEMKA	M-30	14					00:21:18	00:44:24.35	00:44:27.40	+00:04:34 (10.3%)	4:26	13.5 (89.4%)
15	STERNA Piotr	446		M-30	15	Jarosławscy		Tak	Jarosławskie i on	00:21:28	00:44:55.85	00:44:59.80	+00:05:07 (11.4%)	4:29	13.4 (88.7%)

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								Grupy	Azoty S.A.						
16	JASIUCHNA Marek	148		M-30	16		Tak			00:22:00	00:45:21.25	00:45:27.40	+00:05:34 (12.3%)	4:32	13.2 (87.4%)
17	GAWLE Łukasz	101	UNITY LINE	M-30	17					00:22:14	00:45:35.35	00:45:48.50	+00:05:56 (13.0%)	4:33	13.2 (87.4%)
18	FAFEREK Piotr	94	WIECZORNE BIEGANIE W SZCZECINIE	M-30	18					00:22:04	00:46:10.60	00:46:17.35	+00:06:24 (13.9%)	4:37	13 (86.1%)
19	BĘDKOWSKI Piotr	23	SWIM2TRI	M-30	19					00:22:03	00:46:43.10	00:46:49.65	+00:06:57 (14.8%)	4:40	12.8 (84.8%)
20	RYBAK Łukasz	405		M-30	20					00:23:29	00:47:28.65	00:47:39.30	+00:07:46 (16.3%)	4:44	12.6 (83.4%)
21	SZULC Marcin	477	BOLI BOLI	M-30	21					00:22:33	00:47:38.00	00:47:41.95	+00:07:49 (16.4%)	4:45	12.6 (83.4%)
22	FRANKIEWICZ Grzesiek	97		M-30	22					00:22:24	00:47:57.80	00:48:05.40	+00:08:12 (17.1%)	4:47	12.5 (82.8%)
23	ARLUKIEWICZ Grzegorz	14	TIP	M-30	23					00:23:35	00:48:19.20	00:48:24.75	+00:08:32 (17.6%)	4:49	12.4 (82.1%)
24	PUCHALSKI Grzegorz	376	MOBILNA WULKANIZACJA 536-226-226	M-30	24					00:22:57	00:48:26.30	00:48:30.10	+00:08:37 (17.8%)	4:50	12.4 (82.1%)
25	ORYL Mariusz	320		M-30	25		Tak			00:23:25	00:48:56.60	00:49:03.65	+00:09:11 (18.7%)	4:53	12.3 (81.5%)
26	NAGADOWSKI Paweł	298		M-30	26					00:23:08	00:49:07.10	00:49:10.65	+00:09:18 (18.9%)	4:54	12.2 (80.8%)
27	MAJKA Dariusz	262	BIEGACZE ŚWINOUJŚCIE	M-30	27					00:23:44	00:49:13.50	00:49:18.20	+00:09:25 (19.1%)	4:55	12.2 (80.8%)
28	SZCZYGIELSKI Radosław	466	DECATHLON SZCZECIN	M-30	28					00:23:50	00:49:17.70	00:49:23.05	+00:09:30 (19.3%)	4:55	12.2 (80.8%)
29	RÓŻAŃSKI Marcin	391	BRZÓZKI	M-30	29					00:23:27	00:49:06.90	00:49:23.25	+00:09:30 (19.3%)	4:54	12.2 (80.8%)
30	HETMAŃSKI Arek	127	LOVELASY	M-30	30			Tak	LoveLasy	00:23:35	00:49:37.65	00:49:41.50	+00:09:49 (19.8%)	4:57	12.1 (80.1%)
31	SACHARSKI Bartłomiej	408	WIECZORNE BIEGANIE W SZCZECINIE	M-30	31					00:23:52	00:49:40.10	00:49:50.45	+00:09:58 (20.0%)	4:58	12.1 (80.1%)
32	RUTKOWSKI Krzysztof	403		M-30	32					00:23:59	00:49:56.90	00:50:04.10	+00:10:11 (20.4%)	4:59	12 (79.5%)
33	ZAJĄC Maciej	558	BIEGACZE ŚWINOUJŚCIE	M-30	33					00:24:43	00:50:27.55	00:50:32.65	+00:10:40 (21.1%)	5:02	11.9 (78.8%)
34	WASILEWSKI Sylwester	520		M-30	34					00:24:11	00:51:30.60	00:51:41.25	+00:11:48 (22.9%)	5:09	11.7 (77.5%)
35	KACZMAREK Łukasz	158		M-30	35					00:25:34	00:51:44.50	00:51:55.85	+00:12:03 (23.2%)	5:10	11.6 (76.8%)
36	HOŁOWCZAK Krzysztof	128		M-30	36					00:24:55	00:51:51.60	00:52:00.05	+00:12:07 (23.3%)	5:11	11.6 (76.8%)
37	ECHAUST Artur	93	BOLI BOLI	M-30	37					00:24:13	00:52:22.00	00:52:26.15	+00:12:33 (24.0%)	5:14	11.5 (76.2%)
38	ZABŁOCKI Paweł	556	BRIDGESTONE RUNNERS	M-30	38					00:25:08	00:52:20.20	00:52:28.35	+00:12:35 (24.0%)	5:14	11.5 (76.2%)
39	OSMAN Tomasz	323	KS ŻYRAFY	M-30	39					00:25:07	00:52:07.35	00:52:29.35	+00:12:36 (24.0%)	5:12	11.5 (76.2%)

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								Grupy	Azoty S.A.						
40	PIECHOCKI Michał	343	BATKA RUNNING TEAM	M-30	40					00:24:52	00:53:16.60	00:53:23.10	+00:13:30 (25.3%)	5:19	11.3 (74.8%)
41	SOWA Krzysztof	436	TRASHMAGEDDON	M-30	41					00:25:56	00:53:29.75	00:53:38.00	+00:13:45 (25.7%)	5:20	11.2 (74.2%)
42	CZECHOWICZ Kuba	588		M-30	42					00:26:43	00:53:01.85	00:53:38.10	+00:13:45 (25.7%)	5:18	11.3 (74.8%)
43	KIBITLEWSKI Łukasz	175		M-30	43					00:26:30	00:53:57.20	00:54:02.60	+00:14:10 (26.2%)	5:23	11.1 (73.5%)
44	HAMAN Kacper	124	DPT RUN TEAM SZCZECIN	M-30	44					00:25:48	00:54:09.10	00:54:14.35	+00:14:21 (26.5%)	5:24	11.1 (73.5%)
45	BRODA Gracjan	44	BOLI BOLI	M-30	45					00:24:53	00:54:15.55	00:54:20.00	+00:14:27 (26.6%)	5:25	11.1 (73.5%)
46	CIEŚLA Paweł	65		M-30	46					00:27:25	00:54:44.90	00:54:56.20	+00:15:03 (27.4%)	5:28	11 (72.8%)
47	WRZOCHOL Paweł	553	BRIDGESTONE RUNNERS	M-30	47					00:26:28	00:55:15.05	00:55:20.85	+00:15:28 (28.0%)	5:31	10.9 (72.2%)
48	SOBCZAK Wojciech	428		M-30	48					00:26:36	00:54:55.25	00:55:23.05	+00:15:30 (28.0%)	5:29	10.9 (72.2%)
49	NIEDZIÓŁKA Michał	304		M-30	49					00:26:45	00:55:20.25	00:55:31.85	+00:15:39 (28.2%)	5:32	10.8 (71.5%)
50	MISZCZYŻYŃ Bartosz	285	BRAK	M-30	50					00:28:27	00:54:52.70	00:55:33.00	+00:15:40 (28.2%)	5:29	10.9 (72.2%)
51	JUSZCZYŻYŃ Radosław	584		M-30	51					00:27:05	00:55:24.50	00:55:41.95	+00:15:49 (28.4%)	5:32	10.8 (71.5%)
52	SIWAK Łukasz	420	DPT RUN TEAM SZCZECIN	M-30	52					00:25:50	00:56:10.65	00:56:16.15	+00:16:23 (29.1%)	5:37	10.7 (70.9%)
53	KAMOLA Maciej	163	WYBIEGAĆ MARZENIA TEAM	M-30	53					00:26:46	00:55:40.60	00:56:16.75	+00:16:24 (29.1%)	5:34	10.8 (71.5%)
54	GÓRSKI Łukasz	108		M-30	54					00:27:29	00:55:48.55	00:56:22.65	+00:16:30 (29.3%)	5:34	10.8 (71.5%)
55	SZUMIŃSKI Daniel	478		M-30	55					00:27:08	00:56:37.05	00:56:47.10	+00:16:54 (29.8%)	5:39	10.6 (70.2%)
56	ŚLUSARCZYK Piotr	491	ŁUTUTUTU	M-30	56					00:28:56	00:58:27.35	00:58:49.80	+00:18:57 (32.2%)	5:50	10.3 (68.2%)
57	GWIAŻDZIŃSKI Jakub	117		M-30	57					00:27:10	00:58:57.40	00:59:03.25	+00:19:10 (32.5%)	5:53	10.2 (67.5%)
58	SWOBODA Piotr	458	LOVELASY	M-30	58					00:29:51	01:00:28.65	01:00:30.45	+00:20:38 (34.1%)	6:02	9.9 (65.6%)
59	OLEŚKIEWICZ Michał	314	DPT RUN TEAM SZCZECIN	M-30	59					00:29:01	01:00:49.70	01:00:55.30	+00:21:02 (34.5%)	6:04	9.9 (65.6%)
60	MYŁKA Paweł	294	SPORTOWEZABAWY.PL	M-30	60					00:29:04	01:00:54.00	01:01:13.85	+00:21:21 (34.9%)	6:05	9.9 (65.6%)
61	CZYŻ Andrzej	70		M-30	61					00:30:55	01:00:59.30	01:01:27.55	+00:21:35 (35.1%)	6:05	9.8 (64.9%)

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								Grupy	Azoty S.A.						
62	TOMASZEWSKI Łukasz	500		M-30	62					00:29:31	01:01:28.25	01:01:41.05	+00:21:48 (35.4%)	6:08	9.8 (64.9%)
63	STUPNICKI Jakub	576		M-30	63					00:31:41	01:02:26.75	01:02:53.95	+00:23:01 (36.6%)	6:14	9.6 (63.6%)
64	MAGDZIK Marcin	259		M-30	64					00:30:20	01:03:14.65	01:03:23.25	+00:23:30 (37.1%)	6:19	9.5 (62.9%)
65	KOMOROWSKI Michał	189		M-30	65					00:29:12	01:00:40.30	01:03:46.35	+00:23:53 (37.5%)	6:04	9.9 (65.6%)
66	RUDZEWICZ Mariusz	395		M-30	66		Tak			00:29:22	01:03:45.70	01:03:52.70	+00:24:00 (37.6%)	6:22	9.4 (62.3%)
67	GORGOL Łukasz	105	BIEGAM BO BIEGAM	M-30	67					00:31:03	01:03:39.60	01:04:13.90	+00:24:21 (37.9%)	6:21	9.4 (62.3%)
68	PODWYSOCKI Adrian	360		M-30	68					00:31:32	01:06:31.65	01:06:46.40	+00:26:53 (40.3%)	6:39	9 (59.6%)
69	SZYMAŃSKI Marek	481	KB KAMIEŃ POMORSKI	M-30	69					00:32:29	01:08:04.25	01:08:34.60	+00:28:42 (41.9%)	6:48	8.8 (58.3%)
70	SZYMBRA Przemysław	482		M-30	70					00:34:47	01:08:24.55	01:08:51.15	+00:28:58 (42.1%)	6:50	8.8 (58.3%)
71	KUCAJ Mateusz	602		M-30	71					00:34:39	01:08:11.15	01:08:52.20	+00:28:59 (42.1%)	6:49	8.8 (58.3%)
72	MAKSIMOWICZ Paweł	264		M-30	72		Tak			00:33:55	01:10:13.75	01:10:28.65	+00:30:36 (43.4%)	7:01	8.5 (56.3%)
73	SZMELING Grzegorz	471		M-30	73					00:34:28	01:10:37.40	01:11:03.55	+00:31:11 (43.9%)	7:03	8.5 (56.3%)
74	PASZKIEWICZ Bartosz	331		M-30	74					00:33:45	01:11:18.85	01:11:41.65	+00:31:49 (44.4%)	7:07	8.4 (55.6%)
75	WENTA Patryk	523		M-30	75		Tak			00:33:07	01:11:48.85	01:12:03.50	+00:32:11 (44.7%)	7:10	8.4 (55.6%)
76	LIPERTOWICZ Sebastian	583	WIECZORNE BIEGANIE	M-30	76					00:35:14	01:11:22.70	01:12:08.10	+00:32:15 (44.7%)	7:08	8.4 (55.6%)
77	JARCZEWSKI Damian	142	POL-BUD POLICE	M-30	77					00:33:50	01:12:58.95	01:13:18.45	+00:33:26 (45.6%)	7:17	8.2 (54.3%)
78	JAKUBOWSKI Mateusz	137		M-30	78					00:35:36	01:16:00.90	01:16:27.25	+00:36:34 (47.8%)	7:36	7.9 (52.3%)
79	SZYDLOWSKI Piotr	589		M-30	79					00:35:51	01:16:18.45	01:16:52.30	+00:36:59 (48.1%)	7:37	7.9 (52.3%)
80	LICHT Michał	240	EMEL ATHLETIC TEAM	M-30	80			Tak	EMEL ATHLETIC TEAM	00:36:57	01:16:20.70	01:16:53.95	+00:37:01 (48.1%)	7:38	7.9 (52.3%)
	PANASIUK Sambor	594		M-30						00:36:37 DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 81 wynik(ów)