



# IX BIEG NA MOUNT EVEREST - PIĘKNO NATURY

B4SPORT

**Wydarzenie:** IX Bieg i Rajd Nordic Walking na Mount Everest - Piękno Natury  
**Organizator:** Klub Biegacza „GOCH” Bytów  
**Data:** 2024-04-28  
**Miejsce:** Bytów  
**Dystans:** 8.85 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 8.85km	Różn	Tempo min/km	Tempo km/h
1	BARABASZ Mariusz	3	KOŚCIERSKI KLUB MORSA FORREST GUMP	M-40	1	00:34:23.57		3:53	15.4 (100%)
2	KOBUS Tomasz	72		M-40	2	00:35:12.08	+00:00:48 (2.3%)	3:58	15.1 (98.1%)
3	BRESKA Daniel	11	ŚCIGAŁ TEAM	M-40	3	00:35:31.05	+00:01:07 (3.2%)	4:00	15 (97.4%)
4	GOSTKOWSKI Łukasz	40	KB GOCH BYTÓW	M-30	1	00:36:55.65	+00:02:32 (6.9%)	4:10	14.4 (93.5%)
5	TROKA Błażej	169		M-30	2	00:37:23.83	+00:03:00 (8.0%)	4:13	14.2 (92.2%)
6	GÓRSKI Albin	44	ROZBIEGANE SOCHO	M-30	3	00:38:31.15	+00:04:07 (10.7%)	4:21	13.8 (89.6%)
7	CZECH Dariusz	25	ŚCIGAŁ TEAM	M-50	1	00:39:22.76	+00:04:59 (12.7%)	4:26	13.5 (87.7%)
8	WOLSKI Andrzej	181		M-30	4	00:40:23.65	+00:06:00 (14.9%)	4:33	13.1 (85.1%)
9	KLOC Dariusz	67	BEST BEASTS	M-40	4	00:40:34.30	+00:06:10 (15.2%)	4:35	13.1 (85.1%)
10	RYBARCZYK Maciej	143		M-50	2	00:40:47.74	+00:06:24 (15.7%)	4:36	13 (84.4%)
11	GLAZIK Dariusz	35	ŚCIGAŁ TEAM	M-40	5	00:41:03.77	+00:06:40 (16.2%)	4:38	12.9 (83.8%)
12	GUT Arkadiusz	48		M-18	1	00:41:11.94	+00:06:48 (16.5%)	4:39	12.9 (83.8%)
13	LEŚNIEWSKI Tomasz	99		M-60	1	00:41:25.75	+00:07:02 (17.0%)	4:40	12.8 (83.1%)
14	KOBUS Adam	71		M-50	3	00:41:26.55	+00:07:02 (17.0%)	4:40	12.8 (83.1%)
15	GŁÓWCZEWSKA Katarzyna	37	TALEX BORZYTUCHOM	K-18	1	00:41:29.18	+00:07:05 (17.1%)	4:41	12.8 (83.1%)
16	KUCZKOWSKI Michał	88	TUP TUP TRUP	M-40	6	00:41:29.40	+00:07:05 (17.1%)	4:41	12.8 (83.1%)
17	HEYKA Jarosław	52		M-50	4	00:41:33.18	+00:07:09 (17.2%)	4:41	12.8 (83.1%)
18	MILACHOWSKI Sebastian	116		M-40	7	00:42:01.44	+00:07:37 (18.2%)	4:44	12.6 (81.8%)
19	JANKOWSKI Grzegorz	53	POZYTYWNIENAKRĘCONY	M-40	8	00:42:26.89	+00:08:03 (19.0%)	4:47	12.5 (81.2%)
20	LORBIECKI Marcin	103	KLUB BIEGACZA GOCH	M-30	5	00:42:52.80	+00:08:29 (19.8%)	4:50	12.4 (80.5%)
21	GROCHOWSKI Mateusz	45	ŚWIAT PŁYTEK U KRYSPIŃ	M-30	6	00:43:19.46	+00:08:55 (20.6%)	4:53	12.3 (79.9%)
22	KARPOV Serhii	63		M-30	7	00:43:25.98	+00:09:02 (20.8%)	4:54	12.2 (79.2%)
23	KURZAWA Mateusz	92		M-18	2	00:43:36.92	+00:09:13 (21.1%)	4:55	12.2 (79.2%)
24	CHAMIER GLISZCZYŃSKI Marian	15	TUCHOMSKIE ORŁY	M-50	5	00:43:49.68	+00:09:26 (21.5%)	4:57	12.1 (78.6%)
25	GRUCHAŁA Natalia	46	RUNTASTYCZNI TEAM BYTÓW	K-30	1	00:44:00.24	+00:09:36 (21.8%)	4:58	12.1 (78.6%)
26	FISZKA BORZYSZKOWSKI Jordan	31	RELENTLESS	M-18	3	00:44:07.35	+00:09:43 (22.1%)	4:59	12 (77.9%)
27	MATUSZYŃSKI Mirosław	114		M-40	9	00:44:13.21	+00:09:49 (22.2%)	4:59	12 (77.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto 8.85km	Różn		
28	<b>WIZE Małgorzata</b>	<b>179</b>		K-40	1	<b>00:44:15.87</b>	+00:09:52 (22.3%)	5:00	12 (77.9%)
29	<b>ANDRYSKOWSKI Zdzisław</b>	<b>1</b>		M-50	6	<b>00:44:19.35</b>	+00:09:55 (22.4%)	5:00	12 (77.9%)
30	<b>CIESZYŃSKI Mariusz</b>	<b>19</b>	BEAUTY STUDIO LĘBORK	M-50	7	<b>00:44:38.63</b>	+00:10:15 (23.0%)	5:02	11.9 (77.3%)
31	<b>PACZUŁA Stanisław</b>	<b>125</b>	BIEGAJĄCY DIETETYK TEAM	M-50	8	<b>00:44:46.08</b>	+00:10:22 (23.2%)	5:03	11.9 (77.3%)
32	<b>JAWORSKA Klaudia</b>	<b>58</b>	ROZBIEGANE SOCHO	K-30	2	<b>00:45:19.12</b>	+00:10:55 (24.1%)	5:07	11.7 (76.0%)
33	<b>ŚLĘZAK Adam</b>	<b>164</b>	OSP POGRODZIE	M-30	8	<b>00:45:34.31</b>	+00:11:10 (24.5%)	5:08	11.7 (76.0%)
34	<b>GUT Mirosław</b>	<b>47</b>		M-50	9	<b>00:45:51.48</b>	+00:11:27 (25.0%)	5:10	11.6 (75.3%)
35	<b>WNUK LIPIŃSKI Michał</b>	<b>180</b>	KLUB BIEGACZA GOCH BYTÓW	M-30	9	<b>00:46:07.27</b>	+00:11:43 (25.4%)	5:12	11.5 (74.7%)
36	<b>DZIEMIANKO Benedykt</b>	<b>29</b>	SKF JUTRZENKA BORZYTUCHOM	M-30	10	<b>00:46:12.61</b>	+00:11:49 (25.6%)	5:13	11.5 (74.7%)
37	<b>GÓRA Roman</b>	<b>41</b>	BIEGOLAS KOSZALIN	M-60	2	<b>00:46:14.66</b>	+00:11:51 (25.6%)	5:13	11.5 (74.7%)
38	<b>WILGOCKI Radosław</b>	<b>175</b>		M-40	10	<b>00:46:19.21</b>	+00:11:55 (25.7%)	5:14	11.5 (74.7%)
39	<b>KONECKO Izabela</b>	<b>75</b>		K-50	1	<b>00:46:37.46</b>	+00:12:13 (26.2%)	5:16	11.4 (74.0%)
40	<b>KOBIEROWSKI Sławomir</b>	<b>70</b>	7BOW	M-40	11	<b>00:47:01.91</b>	+00:12:38 (26.9%)	5:18	11.3 (73.4%)
41	<b>MANIKOWSKI Przemysław</b>	<b>112</b>	GOCH BYTÓW	M-40	12	<b>00:47:03.96</b>	+00:12:40 (26.9%)	5:18	11.3 (73.4%)
42	<b>REDZIMSKI Wojciech</b>	<b>139</b>	AP KOŚCIERZYNA	M-40	13	<b>00:47:09.14</b>	+00:12:45 (27.1%)	5:19	11.3 (73.4%)
43	<b>STYP-REKOWSKI Piotr</b>	<b>155</b>	KLUB BIEGACZA 'GOCH'	M-40	14	<b>00:47:13.80</b>	+00:12:50 (27.2%)	5:20	11.2 (72.7%)
44	<b>SYNAK Ewelina</b>	<b>158</b>		K-30	3	<b>00:47:13.86</b>	+00:12:50 (27.2%)	5:20	11.2 (72.7%)
45	<b>LEONIK Stanisław</b>	<b>98</b>	KB GOCH BYTÓW	M70+	1	<b>00:47:26.42</b>	+00:13:02 (27.5%)	5:21	11.2 (72.7%)
46	<b>SIENKIEWICZ Marcin</b>	<b>146</b>	KB GOCH	M-30	11	<b>00:48:13.22</b>	+00:13:49 (28.7%)	5:26	11 (71.4%)
47	<b>STĘPNIAK Grzegorz</b>	<b>153</b>	KLUB BIEGACZA KAMIEŃ POMORSKI	M-50	10	<b>00:48:14.08</b>	+00:13:50 (28.7%)	5:27	11 (71.4%)
48	<b>ROCHOWSKI Piotr</b>	<b>140</b>	STALOWOWOLSKI KLUB BIEGACZA	M-60	3	<b>00:48:38.29</b>	+00:14:14 (29.3%)	5:29	10.9 (70.8%)
49	<b>KOWALSKI Łukasz</b>	<b>83</b>	ZSP BYTÓW	M-40	15	<b>00:48:43.42</b>	+00:14:19 (29.4%)	5:30	10.9 (70.8%)
50	<b>KWAŚNIAK Zdzisław</b>	<b>95</b>		M-60	4	<b>00:49:04.16</b>	+00:14:40 (29.9%)	5:32	10.8 (70.1%)
51	<b>SUDOŁ Michał</b>	<b>156</b>		M-40	16	<b>00:49:10.28</b>	+00:14:46 (30.1%)	5:33	10.8 (70.1%)
52	<b>ŚWIGOŃ Daniel</b>	<b>165</b>		M-40	17	<b>00:49:17.87</b>	+00:14:54 (30.2%)	5:34	10.8 (70.1%)
53	<b>KSYNA Bogusław</b>	<b>87</b>	OSP KAMION	M-60	5	<b>00:49:25.42</b>	+00:15:01 (30.4%)	5:35	10.7 (69.5%)
54	<b>LEKSYCKI Robert</b>	<b>97</b>	AZS UNIWERSYTET GDAŃSKI	M-50	11	<b>00:49:38.75</b>	+00:15:15 (30.7%)	5:36	10.7 (69.5%)
55	<b>WRÓŃSKI Piotr</b>	<b>183</b>	KLUB BIEGACZA GOCH BYTÓW	M-40	18	<b>00:50:14.68</b>	+00:15:51 (31.5%)	5:40	10.6 (68.8%)
56	<b>LUBECKI Janusz</b>	<b>104</b>		M-40	19	<b>00:51:29.53</b>	+00:17:05 (33.2%)	5:49	10.3 (66.9%)
57	<b>NADOLSKI Tomasz</b>	<b>120</b>	DRUŻYNA OLBRZYMA	M-50	12	<b>00:51:54.27</b>	+00:17:30 (33.7%)	5:51	10.2 (66.2%)
58	<b>CHAŁUPA Daniel</b>	<b>14</b>	KB GOCH	M-40	20	<b>00:52:13.89</b>	+00:17:50 (34.2%)	5:54	10.2 (66.2%)
59	<b>KAMIŃSKI Zbigniew</b>	<b>62</b>	ANANASY Z 3 FAL	M-60	6	<b>00:52:42.41</b>	+00:18:18 (34.7%)	5:57	10.1 (65.6%)
60	<b>LEIK Leszek</b>	<b>96</b>		M-50	13	<b>00:52:43.21</b>	+00:18:19 (34.8%)	5:57	10.1 (65.6%)
61	<b>LEWAŃCZYK Marcin</b>	<b>100</b>	METROŻERCY	M-40	21	<b>00:52:55.45</b>	+00:18:31 (35.0%)	5:58	10 (64.9%)
62	<b>SŁAWSKI Krzysztof</b>	<b>149</b>	KB GOCH BYTÓW	M-50	14	<b>00:53:36.65</b>	+00:19:13 (35.8%)	6:03	9.9 (64.3%)
63	<b>WITKA Piotr</b>	<b>177</b>		M-50	15	<b>00:54:00.36</b>	+00:19:36 (36.3%)	6:06	9.8 (63.6%)
64	<b>MUERAU-NOWICKA Hanna</b>	<b>119</b>	KLUB BIEGACZA GOCH	K-60	1	<b>00:54:25.12</b>	+00:20:01 (36.8%)	6:08	9.8 (63.6%)
65	<b>BLICHARZ Przemek</b>	<b>7</b>		M-30	12	<b>00:54:28.90</b>	+00:20:05 (36.9%)	6:09	9.7 (63.0%)
66	<b>SZRAMA Marian</b>	<b>161</b>	BAZA 44	M-50	16	<b>00:54:39.41</b>	+00:20:15 (37.1%)	6:10	9.7 (63.0%)
67	<b>GONTARZ Rafał</b>	<b>39</b>	AKADEMIA BIEGOWA KOŚCIERZYNA	M-50	17	<b>00:54:46.84</b>	+00:20:23 (37.2%)	6:11	9.7 (63.0%)
68	<b>GINTER Sylwia</b>	<b>33</b>	-	K-40	2	<b>00:55:04.35</b>	+00:20:40 (37.5%)	6:13	9.6 (62.3%)
69	<b>MŁYŃSKA Magdalena</b>	<b>118</b>		K-40	3	<b>00:55:05.63</b>	+00:20:42 (37.6%)	6:13	9.6 (62.3%)
70	<b>CIESZYŃSKI Andrzej</b>	<b>20</b>	UKS EKONOMIK MARATOŃCZYK LEBORK	M-40	22	<b>00:55:38.48</b>	+00:21:14 (38.2%)	6:17	9.5 (61.7%)
71	<b>CIESZYŃSKA Marta</b>	<b>18</b>	BEAUTY STUDIO LĘBORK	K-40	4	<b>00:55:57.60</b>	+00:21:34 (38.5%)	6:19	9.5 (61.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto		Tempo min/km	Tempo km/h
						8.85km	Różn		
72	<b>NOWICKA Anna</b>	<b>122</b>		K-30	4	<b>00:56:16.63</b>	+00:21:53 (38.9%)	6:21	9.4 (61.0%)
73	<b>PIANKOWSKI Maciej</b>	<b>131</b>	KOŚCIERSKI KLUB MORSÓW 'FORREST GUMP' - LEŚNIK	M-50	18	<b>00:56:30.95</b>	+00:22:07 (39.1%)	6:23	9.4 (61.0%)
74	<b>GLISZCZYŃSKI Łukasz</b>	<b>36</b>		M-18	4	<b>00:56:40.48</b>	+00:22:16 (39.3%)	6:24	9.4 (61.0%)
75	<b>GDANIEC Anna</b>	<b>32</b>		K-40	5	<b>00:56:44.65</b>	+00:22:21 (39.4%)	6:24	9.4 (61.0%)
76	<b>KRZOSKA Dorota</b>	<b>86</b>		K-40	6	<b>00:56:47.79</b>	+00:22:24 (39.4%)	6:24	9.4 (61.0%)
77	<b>KARPOWA Alona</b>	<b>54</b>		K-30	5	<b>00:57:32.53</b>	+00:23:08 (40.2%)	6:30	9.2 (59.7%)
78	<b>SZRYWER Daniel</b>	<b>191</b>	BYTÓW	M-30	13	<b>00:57:34.71</b>	+00:23:11 (40.3%)	6:30	9.2 (59.7%)
79	<b>BOGUSZEWSKI Artur</b>	<b>8</b>		M-50	19	<b>00:57:45.22</b>	+00:23:21 (40.4%)	6:31	9.2 (59.7%)
80	<b>PIANKOWSKA Joanna</b>	<b>130</b>	KOŚCIERSKI KLUB MORSZA FORREST GUMP	K-50	2	<b>00:58:09.33</b>	+00:23:45 (40.9%)	6:34	9.1 (59.1%)
81	<b>OKSENIUK Agnieszka</b>	<b>123</b>	AKADEMIA BIEGOWA KOŚCIERZYNA - LEŚNIK	K-30	6	<b>00:59:07.12</b>	+00:24:43 (41.8%)	6:40	9 (58.4%)
82	<b>ŻMUDA-TRZEBIATOWSKA Marzena</b>	<b>188</b>		K-50	3	<b>00:59:15.71</b>	+00:24:52 (42.0%)	6:41	9 (58.4%)
83	<b>WITKA Grażyna</b>	<b>176</b>		K-50	4	<b>00:59:41.77</b>	+00:25:18 (42.4%)	6:44	8.9 (57.8%)
84	<b>GNYBA Mariusz</b>	<b>38</b>	METROŻERCY	M-40	23	<b>00:59:49.67</b>	+00:25:26 (42.5%)	6:45	8.9 (57.8%)
85	<b>KOCIOŁEK Robert</b>	<b>73</b>		M-60	7	<b>01:00:18.33</b>	+00:25:54 (43.0%)	6:48	8.8 (57.1%)
86	<b>DOMASZK Zbigniew</b>	<b>28</b>	TRIADA	M-50	20	<b>01:00:35.94</b>	+00:26:12 (43.2%)	6:50	8.8 (57.1%)
87	<b>NOWAKOWSKI Czesław</b>	<b>121</b>	DUCLA ACADEMY WARSZAWA	M70+	2	<b>01:00:55.58</b>	+00:26:32 (43.6%)	6:52	8.7 (56.5%)
88	<b>CHUTEK Dorota</b>	<b>17</b>	AKADEMIA ZDROWIA RUMIA	K-50	5	<b>01:01:00.65</b>	+00:26:37 (43.6%)	6:53	8.7 (56.5%)
89	<b>STEFAŃSKI Marian</b>	<b>151</b>	TKKF JASTRZĄB	M-50	21	<b>01:02:24.54</b>	+00:28:00 (44.9%)	7:03	8.5 (55.2%)
90	<b>KMIEĆ Agnieszka</b>	<b>68</b>		K-40	7	<b>01:03:20.01</b>	+00:28:56 (45.7%)	7:09	8.4 (54.5%)
91	<b>MALEK Andrzej</b>	<b>109</b>	ATLAS RUIING TEM	M70+	3	<b>01:03:30.36</b>	+00:29:06 (45.8%)	7:10	8.4 (54.5%)
92	<b>SZNIGIR Katarzyna</b>	<b>159</b>		K-40	8	<b>01:04:09.95</b>	+00:29:46 (46.4%)	7:14	8.3 (53.9%)
93	<b>JUSZKIEWICZ Małgorzata</b>	<b>60</b>	BYTOWSKIE MORSY	K-40	9	<b>01:04:48.18</b>	+00:30:24 (46.9%)	7:19	8.2 (53.2%)
94	<b>MARCZAK Małgorzata</b>	<b>113</b>	W.P.K.SŁOŃTEAM	K-60	2	<b>01:05:46.68</b>	+00:31:23 (47.7%)	7:25	8.1 (52.6%)
95	<b>PIETRZYCKI Dariusz</b>	<b>132</b>		M-40	24	<b>01:05:47.71</b>	+00:31:24 (47.7%)	7:25	8.1 (52.6%)
96	<b>PIETRZYCKI Andrzej</b>	<b>133</b>		M70+	4	<b>01:05:47.94</b>	+00:31:24 (47.7%)	7:25	8.1 (52.6%)
97	<b>MACIEJEWSKI Michał</b>	<b>106</b>		M-40	25	<b>01:05:50.37</b>	+00:31:26 (47.8%)	7:26	8.1 (52.6%)
98	<b>GINTER Jadwiga</b>	<b>34</b>	BYTOWSKIE MORSY	K-60	3	<b>01:06:33.50</b>	+00:32:09 (48.3%)	7:31	8 (51.9%)
99	<b>PEPLIŃSKA Iwona</b>	<b>128</b>		K-50	6	<b>01:06:38.32</b>	+00:32:14 (48.4%)	7:31	8 (51.9%)
100	<b>PEPLIŃSKI Piotr</b>	<b>129</b>		M-50	22	<b>01:07:05.95</b>	+00:32:42 (48.7%)	7:34	7.9 (51.3%)
101	<b>CIŻMOWSKA Barbara</b>	<b>22</b>		K-60	4	<b>01:10:07.87</b>	+00:35:44 (51.0%)	7:55	7.6 (49.4%)
102	<b>KURAJK Marian</b>	<b>91</b>	FIGHTING RUNNERS /ADIDAS RUNNERS/BIEGUSY	M70+	5	<b>01:11:23.55</b>	+00:36:59 (51.8%)	8:03	7.4 (48.1%)
103	<b>BINIĘDA-PASTWA Zuzanna</b>	<b>6</b>	KOŚCIERSKI KLUB MORSÓW FORREST GUMP	K-18	2	<b>01:12:19.09</b>	+00:37:55 (52.4%)	8:10	7.3 (47.4%)
104	<b>CZUJKO Aleksandra</b>	<b>26</b>		K-18	3	<b>01:18:04.05</b>	+00:43:40 (55.9%)	8:49	6.8 (44.2%)
105	<b>JÓZEFOWICZ Magdalena</b>	<b>59</b>		K-18	4	<b>01:18:05.07</b>	+00:43:41 (56.0%)	8:49	6.8 (44.2%)
106	<b>ŁUBKOWSKA Grażyna</b>	<b>105</b>		K70+	1	<b>01:21:17.09</b>	+00:46:53 (57.7%)	9:11	6.5 (42.2%)
107	<b>KURAJK Ewa</b>	<b>90</b>	FIGHTING RUNNERS/ADIDAS RUNNERS/BIEGUSY	K-60	5	<b>01:27:30.27</b>	+00:53:06 (60.7%)	9:53	6.1 (39.6%)

Znaleziono 107 wynik(ów)