



IX BIEG NA MOUNT EVEREST - PIĘKNO NATURY

B4SPORT

Wydarzenie: IX Bieg i Rajd Nordic Walking na Mount Everest -
Piękno Natury
Organizator: Klub Biegacza „GOCH” Bytów
Data: 2024-04-28
Miejsce: Bytów
Dystans: 8.85 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 8.85km	Różn	Tempo min/km	Tempo km/h
1	BARABASZ Mariusz	3	KOŚCIERSKI KLUB MORSA FORREST GUMP	M-40	1	00:34:23.57		3:53	15.4 (100%)
2	KOBUS Tomasz	72		M-40	2	00:35:12.08	+00:00:48 (2.3%)	3:58	15.1 (98.1%)
3	BRESKA Daniel	11	ŚCIGAŁ TEAM	M-40	3	00:35:31.05	+00:01:07 (3.2%)	4:00	15 (97.4%)
4	GOSTKOWSKI Łukasz	40	KB GOCH BYTÓW	M-30	1	00:36:55.65	+00:02:32 (6.9%)	4:10	14.4 (93.5%)
5	TROKA Błażej	169		M-30	2	00:37:23.83	+00:03:00 (8.0%)	4:13	14.2 (92.2%)
6	GÓRSKI Albin	44	ROZBIEGANE SOCHO	M-30	3	00:38:31.15	+00:04:07 (10.7%)	4:21	13.8 (89.6%)
7	CZECH Dariusz	25	ŚCIGAŁ TEAM	M-50	1	00:39:22.76	+00:04:59 (12.7%)	4:26	13.5 (87.7%)
8	WOLSKI Andrzej	181		M-30	4	00:40:23.65	+00:06:00 (14.9%)	4:33	13.1 (85.1%)
9	KLOC Dariusz	67	BEST BEASTS	M-40	4	00:40:34.30	+00:06:10 (15.2%)	4:35	13.1 (85.1%)
10	RYBARCZYK Maciej	143		M-50	2	00:40:47.74	+00:06:24 (15.7%)	4:36	13 (84.4%)
11	GLAZIK Dariusz	35	ŚCIGAŁ TEAM	M-40	5	00:41:03.77	+00:06:40 (16.2%)	4:38	12.9 (83.8%)
12	GUT Arkadiusz	48		M-18	1	00:41:11.94	+00:06:48 (16.5%)	4:39	12.9 (83.8%)
13	LEŚNIEWSKI Tomasz	99		M-60	1	00:41:25.75	+00:07:02 (17.0%)	4:40	12.8 (83.1%)
14	KOBUS Adam	71		M-50	3	00:41:26.55	+00:07:02 (17.0%)	4:40	12.8 (83.1%)
15	GŁÓWCZEWSKA Katarzyna	37	TALEX BORZYTUCHOM	K-18	1	00:41:29.18	+00:07:05 (17.1%)	4:41	12.8 (83.1%)
16	KUCZKOWSKI Michał	88	TUP TUP TRUP	M-40	6	00:41:29.40	+00:07:05 (17.1%)	4:41	12.8 (83.1%)
17	HEYKA Jarosław	52		M-50	4	00:41:33.18	+00:07:09 (17.2%)	4:41	12.8 (83.1%)
18	MILACHOWSKI Sebastian	116		M-40	7	00:42:01.44	+00:07:37 (18.2%)	4:44	12.6 (81.8%)
19	JANKOWSKI Grzegorz	53	POZYTYWNIENIE NAKRĘCONY	M-40	8	00:42:26.89	+00:08:03 (19.0%)	4:47	12.5 (81.2%)
20	LORBIECKI Marcin	103	KLUB BIEGACZA GOCH	M-30	5	00:42:52.80	+00:08:29 (19.8%)	4:50	12.4 (80.5%)
21	GROCHOWSKI Mateusz	45	ŚWIAT PŁYTEK U KRYSPIŃ	M-30	6	00:43:19.46	+00:08:55 (20.6%)	4:53	12.3 (79.9%)
22	KARPOV Serhii	63		M-30	7	00:43:25.98	+00:09:02 (20.8%)	4:54	12.2 (79.2%)
23	KURZAWA Mateusz	92		M-18	2	00:43:36.92	+00:09:13 (21.1%)	4:55	12.2 (79.2%)
24	CHAMIER GLISZCZYŃSKI Marian	15	TUCHOMSKIE ORŁY	M-50	5	00:43:49.68	+00:09:26 (21.5%)	4:57	12.1 (78.6%)
25	GRUCHAŁA Natalia	46	RUNTASTYCZNI TEAM BYTÓW	K-30	1	00:44:00.24	+00:09:36 (21.8%)	4:58	12.1 (78.6%)
26	FISZKA BORZYSZKOWSKI Jordan	31	RELENTLESS	M-18	3	00:44:07.35	+00:09:43 (22.1%)	4:59	12 (77.9%)
27	MATUSZYŃSKI Mirosław	114		M-40	9	00:44:13.21	+00:09:49 (22.2%)	4:59	12 (77.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto 8.85km	Różn		
28	WIZE Małgorzata	179		K-40	1	00:44:15.87	+00:09:52 (22.3%)	5:00	12 (77.9%)
29	ANDRYSKOWSKI Zdzisław	1		M-50	6	00:44:19.35	+00:09:55 (22.4%)	5:00	12 (77.9%)
30	CIESZYŃSKI Mariusz	19	BEAUTY STUDIO LĘBORK	M-50	7	00:44:38.63	+00:10:15 (23.0%)	5:02	11.9 (77.3%)
31	PACZUŁA Stanisław	125	BIEGAJĄCY DIETETYK TEAM	M-50	8	00:44:46.08	+00:10:22 (23.2%)	5:03	11.9 (77.3%)
32	JAWORSKA Klaudia	58	ROZBIEGANE SOCHO	K-30	2	00:45:19.12	+00:10:55 (24.1%)	5:07	11.7 (76.0%)
33	ŚLĘZAK Adam	164	OSP POGRODZIE	M-30	8	00:45:34.31	+00:11:10 (24.5%)	5:08	11.7 (76.0%)
34	GUT Mirosław	47		M-50	9	00:45:51.48	+00:11:27 (25.0%)	5:10	11.6 (75.3%)
35	WNUK LIPIŃSKI Michał	180	KLUB BIEGACZA GOCH BYTÓW	M-30	9	00:46:07.27	+00:11:43 (25.4%)	5:12	11.5 (74.7%)
36	DZIEMIANKO Benedykt	29	SKF JUTRZENKA BORZYTUCHOM	M-30	10	00:46:12.61	+00:11:49 (25.6%)	5:13	11.5 (74.7%)
37	GÓRA Roman	41	BIEGOLAS KOSZALIN	M-60	2	00:46:14.66	+00:11:51 (25.6%)	5:13	11.5 (74.7%)
38	WILGOCKI Radosław	175		M-40	10	00:46:19.21	+00:11:55 (25.7%)	5:14	11.5 (74.7%)
39	KONECKO Izabela	75		K-50	1	00:46:37.46	+00:12:13 (26.2%)	5:16	11.4 (74.0%)
40	KOBIEROWSKI Sławomir	70	7BOW	M-40	11	00:47:01.91	+00:12:38 (26.9%)	5:18	11.3 (73.4%)
41	MANIKOWSKI Przemysław	112	GOCH BYTÓW	M-40	12	00:47:03.96	+00:12:40 (26.9%)	5:18	11.3 (73.4%)
42	REDZIMSKI Wojciech	139	AP KOŚCIERZYNA	M-40	13	00:47:09.14	+00:12:45 (27.1%)	5:19	11.3 (73.4%)
43	STYP-REKOWSKI Piotr	155	KLUB BIEGACZA 'GOCH'	M-40	14	00:47:13.80	+00:12:50 (27.2%)	5:20	11.2 (72.7%)
44	SYNAK Ewelina	158		K-30	3	00:47:13.86	+00:12:50 (27.2%)	5:20	11.2 (72.7%)
45	LEONIK Stanisław	98	KB GOCH BYTÓW	M70+	1	00:47:26.42	+00:13:02 (27.5%)	5:21	11.2 (72.7%)
46	SIENKIEWICZ Marcin	146	KB GOCH	M-30	11	00:48:13.22	+00:13:49 (28.7%)	5:26	11 (71.4%)
47	STĘPNIAK Grzegorz	153	KLUB BIEGACZA KAMIEŃ POMORSKI	M-50	10	00:48:14.08	+00:13:50 (28.7%)	5:27	11 (71.4%)
48	ROCHOWSKI Piotr	140	STALOWOWOLSKI KLUB BIEGACZA	M-60	3	00:48:38.29	+00:14:14 (29.3%)	5:29	10.9 (70.8%)
49	KOWALSKI Łukasz	83	ZSP BYTÓW	M-40	15	00:48:43.42	+00:14:19 (29.4%)	5:30	10.9 (70.8%)
50	KWAŚNIAK Zdzisław	95		M-60	4	00:49:04.16	+00:14:40 (29.9%)	5:32	10.8 (70.1%)
51	SUDOŁ Michał	156		M-40	16	00:49:10.28	+00:14:46 (30.1%)	5:33	10.8 (70.1%)
52	ŚWIGOŃ Daniel	165		M-40	17	00:49:17.87	+00:14:54 (30.2%)	5:34	10.8 (70.1%)
53	KSYNA Bogusław	87	OSP KAMION	M-60	5	00:49:25.42	+00:15:01 (30.4%)	5:35	10.7 (69.5%)
54	LEKSYCKI Robert	97	AZS UNIWERSYTET GDAŃSKI	M-50	11	00:49:38.75	+00:15:15 (30.7%)	5:36	10.7 (69.5%)
55	WRÓŃSKI Piotr	183	KLUB BIEGACZA GOCH BYTÓW	M-40	18	00:50:14.68	+00:15:51 (31.5%)	5:40	10.6 (68.8%)
56	LUBECKI Janusz	104		M-40	19	00:51:29.53	+00:17:05 (33.2%)	5:49	10.3 (66.9%)
57	NADOLSKI Tomasz	120	DRUŻYNA OLBRZYMA	M-50	12	00:51:54.27	+00:17:30 (33.7%)	5:51	10.2 (66.2%)
58	CHAŁUPA Daniel	14	KB GOCH	M-40	20	00:52:13.89	+00:17:50 (34.2%)	5:54	10.2 (66.2%)
59	KAMIŃSKI Zbigniew	62	ANANASY Z 3 FAL	M-60	6	00:52:42.41	+00:18:18 (34.7%)	5:57	10.1 (65.6%)
60	LEIK Leszek	96		M-50	13	00:52:43.21	+00:18:19 (34.8%)	5:57	10.1 (65.6%)
61	LEWAŃCZYK Marcin	100	METROŻERCY	M-40	21	00:52:55.45	+00:18:31 (35.0%)	5:58	10 (64.9%)
62	SŁAWSKI Krzysztof	149	KB GOCH BYTÓW	M-50	14	00:53:36.65	+00:19:13 (35.8%)	6:03	9.9 (64.3%)
63	WITKA Piotr	177		M-50	15	00:54:00.36	+00:19:36 (36.3%)	6:06	9.8 (63.6%)
64	MUERAU-NOWICKA Hanna	119	KLUB BIEGACZA GOCH	K-60	1	00:54:25.12	+00:20:01 (36.8%)	6:08	9.8 (63.6%)
65	BLICHARZ Przemek	7		M-30	12	00:54:28.90	+00:20:05 (36.9%)	6:09	9.7 (63.0%)
66	SZRAMA Marian	161	BAZA 44	M-50	16	00:54:39.41	+00:20:15 (37.1%)	6:10	9.7 (63.0%)
67	GONTARZ Rafał	39	AKADEMIA BIEGOWA KOŚCIERZYNA	M-50	17	00:54:46.84	+00:20:23 (37.2%)	6:11	9.7 (63.0%)
68	GINTER Sylwia	33	-	K-40	2	00:55:04.35	+00:20:40 (37.5%)	6:13	9.6 (62.3%)
69	MŁYŃSKA Magdalena	118		K-40	3	00:55:05.63	+00:20:42 (37.6%)	6:13	9.6 (62.3%)
70	CIESZYŃSKI Andrzej	20	UKS EKONOMIK MARATOŃCZYK LEBORK	M-40	22	00:55:38.48	+00:21:14 (38.2%)	6:17	9.5 (61.7%)
71	CIESZYŃSKA Marta	18	BEAUTY STUDIO LĘBORK	K-40	4	00:55:57.60	+00:21:34 (38.5%)	6:19	9.5 (61.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto		Tempo min/km	Tempo km/h
						8.85km	Różn		
72	NOWICKA Anna	122		K-30	4	00:56:16.63	+00:21:53 (38.9%)	6:21	9.4 (61.0%)
73	PIANKOWSKI Maciej	131	KOŚCIERSKI KLUB MORSÓW 'FORREST GUMP' - LEŚNIK	M-50	18	00:56:30.95	+00:22:07 (39.1%)	6:23	9.4 (61.0%)
74	GLISZCZYŃSKI Łukasz	36		M-18	4	00:56:40.48	+00:22:16 (39.3%)	6:24	9.4 (61.0%)
75	GDANIEC Anna	32		K-40	5	00:56:44.65	+00:22:21 (39.4%)	6:24	9.4 (61.0%)
76	KRZOSKA Dorota	86		K-40	6	00:56:47.79	+00:22:24 (39.4%)	6:24	9.4 (61.0%)
77	KARPOWA Alona	54		K-30	5	00:57:32.53	+00:23:08 (40.2%)	6:30	9.2 (59.7%)
78	SZRYWER Daniel	191	BYTÓW	M-30	13	00:57:34.71	+00:23:11 (40.3%)	6:30	9.2 (59.7%)
79	BOGUSZEWSKI Artur	8		M-50	19	00:57:45.22	+00:23:21 (40.4%)	6:31	9.2 (59.7%)
80	PIANKOWSKA Joanna	130	KOŚCIERSKI KLUB MORSZA FORREST GUMP	K-50	2	00:58:09.33	+00:23:45 (40.9%)	6:34	9.1 (59.1%)
81	OKSENIUK Agnieszka	123	AKADEMIA BIEGOWA KOŚCIERZYNA - LEŚNIK	K-30	6	00:59:07.12	+00:24:43 (41.8%)	6:40	9 (58.4%)
82	ŻMUDA-TRZEBIATOWSKA Marzena	188		K-50	3	00:59:15.71	+00:24:52 (42.0%)	6:41	9 (58.4%)
83	WITKA Grażyna	176		K-50	4	00:59:41.77	+00:25:18 (42.4%)	6:44	8.9 (57.8%)
84	GNYBA Mariusz	38	METROŻERCY	M-40	23	00:59:49.67	+00:25:26 (42.5%)	6:45	8.9 (57.8%)
85	KOCIOŁEK Robert	73		M-60	7	01:00:18.33	+00:25:54 (43.0%)	6:48	8.8 (57.1%)
86	DOMASZK Zbigniew	28	TRIADA	M-50	20	01:00:35.94	+00:26:12 (43.2%)	6:50	8.8 (57.1%)
87	NOWAKOWSKI Czesław	121	DUCLA ACADEMY WARSZAWA	M70+	2	01:00:55.58	+00:26:32 (43.6%)	6:52	8.7 (56.5%)
88	CHUTEK Dorota	17	AKADEMIA ZDROWIA RUMIA	K-50	5	01:01:00.65	+00:26:37 (43.6%)	6:53	8.7 (56.5%)
89	STEFAŃSKI Marian	151	TKKF JASTRZĄB	M-50	21	01:02:24.54	+00:28:00 (44.9%)	7:03	8.5 (55.2%)
90	KMIEĆ Agnieszka	68		K-40	7	01:03:20.01	+00:28:56 (45.7%)	7:09	8.4 (54.5%)
91	MALEK Andrzej	109	ATLAS RUIING TEM	M70+	3	01:03:30.36	+00:29:06 (45.8%)	7:10	8.4 (54.5%)
92	SZNIGIR Katarzyna	159		K-40	8	01:04:09.95	+00:29:46 (46.4%)	7:14	8.3 (53.9%)
93	JUSZKIEWICZ Małgorzata	60	BYTOWSKIE MORSY	K-40	9	01:04:48.18	+00:30:24 (46.9%)	7:19	8.2 (53.2%)
94	MARCZAK Małgorzata	113	W.P.K.SŁOŃTEAM	K-60	2	01:05:46.68	+00:31:23 (47.7%)	7:25	8.1 (52.6%)
95	PIETRZYCKI Dariusz	132		M-40	24	01:05:47.71	+00:31:24 (47.7%)	7:25	8.1 (52.6%)
96	PIETRZYCKI Andrzej	133		M70+	4	01:05:47.94	+00:31:24 (47.7%)	7:25	8.1 (52.6%)
97	MACIEJEWSKI Michał	106		M-40	25	01:05:50.37	+00:31:26 (47.8%)	7:26	8.1 (52.6%)
98	GINTER Jadwiga	34	BYTOWSKIE MORSY	K-60	3	01:06:33.50	+00:32:09 (48.3%)	7:31	8 (51.9%)
99	PEPLIŃSKA Iwona	128		K-50	6	01:06:38.32	+00:32:14 (48.4%)	7:31	8 (51.9%)
100	PEPLIŃSKI Piotr	129		M-50	22	01:07:05.95	+00:32:42 (48.7%)	7:34	7.9 (51.3%)
101	CIŻMOWSKA Barbara	22		K-60	4	01:10:07.87	+00:35:44 (51.0%)	7:55	7.6 (49.4%)
102	KURAJK Marian	91	FIGHTING RUNNERS /ADIDAS RUNNERS/BIEGUSY	M70+	5	01:11:23.55	+00:36:59 (51.8%)	8:03	7.4 (48.1%)
103	BINIĘDA-PASTWA Zuzanna	6	KOŚCIERSKI KLUB MORSÓW FORREST GUMP	K-18	2	01:12:19.09	+00:37:55 (52.4%)	8:10	7.3 (47.4%)
104	CZUJKO Aleksandra	26		K-18	3	01:18:04.05	+00:43:40 (55.9%)	8:49	6.8 (44.2%)
105	JÓZEFOWICZ Magdalena	59		K-18	4	01:18:05.07	+00:43:41 (56.0%)	8:49	6.8 (44.2%)
106	ŁUBKOWSKA Grażyna	105		K70+	1	01:21:17.09	+00:46:53 (57.7%)	9:11	6.5 (42.2%)
107	KURAJK Ewa	90	FIGHTING RUNNERS/ADIDAS RUNNERS/BIEGUSY	K-60	5	01:27:30.27	+00:53:06 (60.7%)	9:53	6.1 (39.6%)

Znaleziono 107 wynik(ów)