

IX BIEG OLIWSKI - 10KM BIEG

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: IX Bieg Oliwski
Organizator: Fundacja Silni Ciałem Niezlomni Duchem
Data: 2021-11-28
Miejsce: Gdańsk
Dystans: 10 km



Klasyfikacja: M-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	WYSŁOUCH Michał	191	TRI TALENT TEAM	M-30	1	00:37:34.75		3:45	16 (100%)
2	SAMSONOV Sergey	162		M-30	2	00:38:25.50	+00:00:50 (2.2%)	3:50	15.6 (97.5%)
3	TOCHA Andrzej	176	BIEGAJĄCY TCZEW	M-30	3	00:39:40.15	+00:02:05 (5.3%)	3:58	15.1 (94.4%)
4	KWAŚNIK Jan	123	FIGHTING RUNNERS	M-30	4	00:41:25.70	+00:03:50 (9.3%)	4:08	14.5 (90.6%)
5	PĘDZISZEWSKI Piotr	150	VAI ALTO	M-30	5	00:41:57.40	+00:04:22 (10.4%)	4:11	14.3 (89.4%)
6	SARAK Artur	163	RYM TYM TYM Z **** DYM	M-30	6	00:43:51.25	+00:06:16 (14.3%)	4:23	13.7 (85.6%)
7	GAŁUSZYŃSKI Paweł	95	ACTIVE FLOW	M-30	7	00:45:07.15	+00:07:32 (16.7%)	4:30	13.3 (83.1%)
8	KOŁTUNIAK Zbigniew	112	EPAM TEAM	M-30	8	00:45:43.95	+00:08:09 (17.8%)	4:34	13.1 (81.9%)
9	JACHIMOWICZ Bartosz	104		M-30	9	00:46:57.00	+00:09:22 (20.0%)	4:41	12.8 (80.0%)
10	LIPKOWSKI Paweł	132		M-30	10	00:47:54.65	+00:10:19 (21.6%)	4:47	12.5 (78.1%)
11	LEHMANN Dawid	126		M-30	11	00:49:32.55	+00:11:57 (24.1%)	4:57	12.1 (75.6%)
12	RYCHARSKI Konrad	161	USTAW SIĘ NA BIEGANIE W GDAŃSKU	M-30	12	00:49:53.25	+00:12:18 (24.7%)	4:59	12 (75.0%)
13	WODYŃSKI Jan	185		M-30	13	00:49:57.95	+00:12:23 (24.8%)	4:59	12 (75.0%)
14	UZDOWSKI Tomek	182		M-30	14	00:50:36.85	+00:13:02 (25.8%)	5:03	11.9 (74.4%)
15	ROBLES José	156		M-30	15	00:51:00.80	+00:13:26 (26.3%)	5:06	11.8 (73.8%)
16	FIERKA Tomasz	90	BIEGAM BO LUBIĘ :)	M-30	16	00:51:08.65	+00:13:33 (26.5%)	5:06	11.7 (73.1%)
17	SIATKOWSKI Łukasz	164	GDAŃSKIE AUTOBUSY I TRAMWAJE	M-30	17	00:51:53.55	+00:14:18 (27.6%)	5:11	11.6 (72.5%)
18	KUZBORSKI Krzysztof	122		M-30	18	00:52:00.70	+00:14:25 (27.7%)	5:12	11.5 (71.9%)
19	BRZÓSKA Szymon	78	HELL SQUAD	M-30	19	00:54:02.55	+00:16:27 (30.5%)	5:24	11.1 (69.4%)
20	SZREDER Tomasz	172		M-30	20	00:55:26.55	+00:17:51 (32.2%)	5:32	10.8 (67.5%)
21	WAŃSKI Witold	183		M-30	21	00:56:48.10	+00:19:13 (33.8%)	5:40	10.6 (66.3%)
22	BRODA Michał	77		M-30	22	00:58:08.85	+00:20:34 (35.4%)	5:48	10.3 (64.4%)
23	TYMIŃSKI Jarosław	180	FOX	M-30	23	01:01:17.00	+00:23:42 (38.7%)	6:07	9.8 (61.3%)
24	LEWANDOWSKI Adam	130		M-30	24	01:02:52.70	+00:25:17 (40.2%)	6:17	9.5 (59.4%)
25	ŻYCKI Grzegorz	200		M-30	25	01:06:03.45	+00:28:28 (43.1%)	6:36	9.1 (56.9%)
26	TREDER Daniel	177	FOX	M-30	26	01:07:31.35	+00:29:56 (44.3%)	6:45	8.9 (55.6%)

Znaleziono 26 wynik(ów)