

# IX BIEG OLIWSKI - 5KM BIEG

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:**

IX Bieg Oliwski

**Organizator:**

Fundacja Silni Ciałem Niezlomni Duchem

**Data:**

2021-11-28

**Miejsce:**

Gdańsk

**Dystans:**

5 km



Klasyfikacja: OPEN -K

| Msc | Zawodnik                     | Numer | Klub                          | Kategoria | Mkat | Czas netto 5km | Różn              | Tempo min/km | Tempo km/h      |
|-----|------------------------------|-------|-------------------------------|-----------|------|----------------|-------------------|--------------|-----------------|
| 1   | SUDZIŃSKA Mariola            | 317   | AZS UMW OLSZTYN               | K-40      | 1    | 00:19:48.95    |                   | 49:30        | 1.2 (100%)      |
| 2   | KLAHS Katarzyna              | 232   |                               | K-18      | 1    | 00:20:58.60    | +00:01:09 (5.5%)  | 52:25        | 1.1 (91.7%)     |
| 3   | TUWALSKA Elżbieta            | 280   | LKS ZANTYR SZTUM              | K-40      | 2    | 00:22:35.80    | +00:02:46 (12.3%) | 56:27        | 1.1 (91.7%)     |
| 4   | KALINOWSKA Paulina           | 227   |                               | K-30      | 1    | 00:23:19.30    | +00:03:30 (15.0%) | 4:39         | 12.9 (1,075.0%) |
| 5   | KARPIŃSKA Barbara            | 231   |                               | K-40      | 3    | 00:25:42.00    | +00:05:53 (22.9%) | 5:08         | 11.7 (975.0%)   |
| 6   | JARMOŁOWICZ Beata            | 224   | CTS                           | K-50      | 1    | 00:26:06.05    | +00:06:17 (24.1%) | 5:13         | 11.5 (958.3%)   |
| 7   | RINC Małgorzata              | 266   |                               | K-30      | 2    | 00:26:19.85    | +00:06:30 (24.7%) | 5:15         | 11.4 (950.0%)   |
| 8   | POCHOPIEŃ Mira               | 259   | WATAHA-ŁĄCZY NAS BIEGANIE     | K-30      | 3    | 00:26:41.15    | +00:06:52 (25.7%) | 5:20         | 11.2 (933.3%)   |
| 9   | KARPENKO Liliana             | 230   | LILI                          | K-50      | 2    | 00:27:04.75    | +00:07:15 (26.8%) | 5:24         | 11.1 (925.0%)   |
| 10  | KOPCZYŃSKA Monika            | 338   | MINIONKI                      | K-40      | 4    | 00:27:10.45    | +00:07:21 (27.1%) | 5:26         | 11 (916.7%)     |
| 11  | CHRÓSCIELEWSKA Monika        | 211   |                               | K-30      | 4    | 00:27:14.55    | +00:07:25 (27.3%) | 5:26         | 11 (916.7%)     |
| 12  | PODCIBORSKA Joanna           | 260   |                               | K-30      | 5    | 00:28:14.00    | +00:08:25 (29.8%) | 5:38         | 10.6 (883.3%)   |
| 13  | WEILAND Karina               | 282   |                               | K-40      | 5    | 00:28:19.40    | +00:08:30 (30.0%) | 5:39         | 10.6 (883.3%)   |
| 14  | ALEKSIEJUK Aleksandra        | 201   | ACTIV FLOW                    | K-18      | 2    | 00:28:20.75    | +00:08:31 (30.1%) | 5:40         | 10.6 (883.3%)   |
| 15  | DUDANIEC-TARKOWSKA Agnieszka | 220   | AMTK GDAŃSK                   | K-30      | 6    | 00:28:28.05    | +00:08:39 (30.4%) | 5:41         | 10.5 (875.0%)   |
| 16  | MARTYŃSKA Dorota             | 243   |                               | K-40      | 6    | 00:28:30.70    | +00:08:41 (30.5%) | 5:42         | 10.5 (875.0%)   |
| 17  | SCIEPURO Karolina            | 268   |                               | K-30      | 7    | 00:28:54.85    | +00:09:05 (31.5%) | 5:46         | 10.4 (866.7%)   |
| 18  | KORPAS Ewa                   | 233   | KUNDY PORTOWE                 | K-30      | 8    | 00:29:11.55    | +00:09:22 (32.1%) | 5:50         | 10.3 (858.3%)   |
| 19  | JACHOWICZ Julia              | 331   |                               | K-30      | 9    | 00:29:16.00    | +00:09:27 (32.3%) | 5:51         | 10.3 (858.3%)   |
| 20  | SZYCA Elżbieta               | 275   |                               | K-50      | 3    | 00:29:46.45    | +00:09:57 (33.4%) | 5:57         | 10.1 (841.7%)   |
| 21  | BARTSCH Aleksandra           | 203   | BIGYELLOWFOOT ADVENTURE TEAM  | K-30      | 10   | 00:30:00.25    | +00:10:11 (34.0%) | 6:00         | 10 (833.3%)     |
| 22  | KAMROWSKA Natalia            | 229   |                               | K-30      | 11   | 00:30:14.80    | +00:10:25 (34.5%) | 6:02         | 9.9 (825.0%)    |
| 23  | OKOŃSKA Ewelina              | 249   | RYM TYM TYM Z **** DYM        | K-30      | 12   | 00:30:40.70    | +00:10:51 (35.4%) | 6:08         | 9.8 (816.7%)    |
| 24  | MICHALCZYK Mirka             | 246   | PRUSZCZ BIEGA KOBIETA W BIEGU | K-40      | 7    | 00:32:03.65    | +00:12:14 (38.2%) | 6:24         | 9.4 (783.3%)    |
| 25  | DELEKTA Marzena              | 218   |                               | K-40      | 8    | 00:32:17.05    | +00:12:28 (38.6%) | 6:27         | 9.3 (775.0%)    |
| 26  | WOŹNIAK Sandra               | 313   | ŚLĘZAK TEAM                   | K-30      | 13   | 00:32:48.40    | +00:12:59 (39.6%) | 6:33         | 9.1 (758.3%)    |

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|-----|---------------------------|-------|--------------|-----------|------|----------------|-------------------|--------------|--------------|
| 27  | CHYLIŃSKA Dorota          | 214   |              | K-50      | 4    | 00:32:55.10    | +00:13:06 (39.8%) | 6:35         | 9.1 (758.3%) |
| 28  | MLECZEK Aleksandra        | 247   | MAMUŚKA:)    | K-30      | 14   | 00:33:10.75    | +00:13:21 (40.3%) | 6:38         | 9 (750.0%)   |
| 29  | PRZYBYLSKA Aleksandra     | 264   | TEAM ELITE   | K-50      | 5    | 00:33:12.95    | +00:13:24 (40.3%) | 6:38         | 9 (750.0%)   |
| 30  | BENERT-BRANICKA Agnieszka | 335   |              | K-30      | 15   | 00:33:19.35    | +00:13:30 (40.5%) | 6:39         | 9 (750.0%)   |
| 31  | PAW Magdalena             | 253   |              | K-40      | 9    | 00:34:59.80    | +00:15:10 (43.4%) | 6:59         | 8.6 (716.7%) |
| 32  | DRAZKIEWICZ Ela           | 219   |              | K-40      | 10   | 00:35:24.60    | +00:15:35 (44.0%) | 7:04         | 8.5 (708.3%) |
| 33  | TROJANOWSKA Bogumiła      | 279   |              | K-50      | 6    | 00:36:18.85    | +00:16:29 (45.4%) | 7:15         | 8.3 (691.7%) |
| 34  | ŁUBKOWSKA Grażyna         | 242   |              | K-60      | 1    | 00:36:43.95    | +00:16:55 (46.1%) | 7:20         | 8.2 (683.3%) |
| 35  | STORMA Aleksandra         | 272   |              | K-30      | 16   | 00:37:04.35    | +00:17:15 (46.5%) | 7:24         | 8.1 (675.0%) |
| 36  | TYMIŃSKA Ewa              | 281   |              | K-60      | 2    | 00:37:30.10    | +00:17:41 (47.2%) | 7:30         | 8 (666.7%)   |
| 37  | PRZESŁAWSKA Hanna         | 263   | BABA BIEGNIE | K-30      | 17   | 00:38:37.35    | +00:18:48 (48.7%) | 7:43         | 7.8 (650.0%) |
| 38  | DEIK Elżbieta             | 217   |              | K70+      | 1    | 00:38:59.15    | +00:19:10 (49.2%) | 7:47         | 7.7 (641.7%) |
| 39  | CHOJNICKA Zofia           | 209   |              | K70+      | 2    | 00:44:13.05    | +00:24:24 (55.2%) | 8:50         | 6.8 (566.7%) |
| 40  | KURAJK Ewa                | 239   |              | K-60      | 3    | 00:45:14.70    | +00:25:25 (56.2%) | 9:02         | 6.6 (550.0%) |
| 41  | NABAKOWSKA Barbara        | 319   |              | K-60      | 4    | 00:45:20.35    | +00:25:31 (56.3%) | 9:04         | 6.6 (550.0%) |

Znaleziono 41 wynik(ów)