

# IX BIEG OLIWSKI - 5KM BIEG

B4SPORT  
INTELIGENTNE ZAWODY SPORTOWE

**Wydarzenie:**

**Organizator:**

**Data:**

**Miejsce:**

**Dystans:**

IX Bieg Oliwski

Fundacja Silni Ciałem Niezlomni Duchem

2021-11-28

Gdańsk

5 km



Klasyfikacja: OPEN -M

| Msc | Zawodnik              | Numer | Klub                                 | Kategoria | Mkat | Czas netto 5km | Różn              | Tempo min/km | Tempo km/h    |
|-----|-----------------------|-------|--------------------------------------|-----------|------|----------------|-------------------|--------------|---------------|
| 1   | DAMENTKA Kamil        | 216   | CTS                                  | M-18      | 1    | 00:17:14.80    |                   | 43:05        | 1.4 (100%)    |
| 2   | DZIWOSZ Paweł         | 324   |                                      | M-30      | 1    | 00:18:43.90    | +00:01:29 (7.9%)  | 3:44         | 16 (1,142.9%) |
| 3   | BLOCH Szymon          | 328   | ENATA BRAND                          | M-30      | 2    | 00:19:05.70    | +00:01:50 (9.7%)  | 47:42        | 1.3 (92.9%)   |
| 4   | NAWROCKI Dariusz      | 248   | GRUPA BIEGOWA 65                     | M-30      | 3    | 00:19:24.90    | +00:02:10 (11.2%) | 48:30        | 1.2 (85.7%)   |
| 5   | KRÓL Dominik          | 237   |                                      | M-16      | 1    | 00:19:28.85    | +00:02:14 (11.5%) | 48:40        | 1.2 (85.7%)   |
| 6   | SENIUŚ Marcin         | 269   |                                      | M-40      | 1    | 00:19:29.50    | +00:02:14 (11.5%) | 48:42        | 1.2 (85.7%)   |
| 7   | RIABUKHA Oleksandr    | 265   | AIC TEAM                             | M-30      | 4    | 00:19:42.55    | +00:02:27 (12.5%) | 49:15        | 1.2 (85.7%)   |
| 8   | KIERNOZEK Tomasz      | 318   | MORSY RESET SZCZYTNO                 | M-30      | 5    | 00:19:43.75    | +00:02:28 (12.6%) | 49:17        | 1.2 (85.7%)   |
| 9   | HOLK-ŁEBIŃSKI Mateusz | 223   | KUJAWSCY RUNNERS                     | M-30      | 6    | 00:19:46.20    | +00:02:31 (12.8%) | 49:25        | 1.2 (85.7%)   |
| 10  | LANG Paweł            | 329   | KUJAWSKI RUNNERS                     | M-18      | 2    | 00:19:49.70    | +00:02:34 (13.0%) | 49:32        | 1.2 (85.7%)   |
| 11  | HEWELT Maciej         | 314   | PKO HARPAGAN GDAŃSK                  | M-30      | 7    | 00:20:18.05    | +00:03:03 (15.0%) | 50:45        | 1.2 (85.7%)   |
| 12  | WÓJCIK Max            | 339   |                                      | M-30      | 8    | 00:20:39.90    | +00:03:25 (16.5%) | 51:37        | 1.2 (85.7%)   |
| 13  | TRACZ Olgierd         | 278   | DOLINA NOTECI RACING TEAM/OSOWABIEGA | M-30      | 9    | 00:20:54.60    | +00:03:39 (17.5%) | 52:15        | 1.1 (78.6%)   |
| 14  | MATKOWIAK Patryk      | 321   |                                      | M-18      | 3    | 00:21:13.85    | +00:03:59 (18.8%) | 53:02        | 1.1 (78.6%)   |
| 15  | TORBICZ Piotr         | 277   | THALES                               | M-40      | 2    | 00:21:41.30    | +00:04:26 (20.5%) | 54:12        | 1.1 (78.6%)   |
| 16  | JEKA Rafał            | 226   |                                      | M-18      | 4    | 00:21:54.10    | +00:04:39 (21.3%) | 54:45        | 1.1 (78.6%)   |
| 17  | HOJKA Tomasz          | 222   | ZAKWAS TEAM                          | M-40      | 3    | 00:22:07.10    | +00:04:52 (22.0%) | 55:17        | 1.1 (78.6%)   |
| 18  | ŁATAS Paweł           | 241   | FIGHTINGRUNNERS                      | M-30      | 10   | 00:22:10.35    | +00:04:55 (22.2%) | 55:25        | 1.1 (78.6%)   |
| 19  | CZAJKA Marcin         | 215   |                                      | M-40      | 4    | 00:22:11.85    | +00:04:57 (22.3%) | 55:27        | 1.1 (78.6%)   |
| 20  | SKRZECZOWSKI Bartosz  | 270   | JAGUAR GDAŃSK                        | M-30      | 11   | 00:22:46.50    | +00:05:31 (24.3%) | 56:55        | 1.1 (78.6%)   |
| 21  | MAZUR Krzysztof       | 245   | LOTOS RUNNING TEAM                   | M-40      | 5    | 00:24:02.10    | +00:06:47 (28.2%) | 4:48         | 12.5 (892.9%) |
| 22  | BARAN Seweryn         | 202   | ŚWIAT PŁYTEK U KRYSPINA              | M-18      | 5    | 00:24:42.20    | +00:07:27 (30.2%) | 4:56         | 12.1 (864.3%) |
| 23  | MATYSZEWSKI Jarosław  | 244   |                                      | M-50      | 1    | 00:24:49.95    | +00:07:35 (30.5%) | 4:57         | 12.1 (864.3%) |
| 24  | BITOWT Grzegorz       | 205   | LOTOS RUNNING TEAM                   | M-30      | 12   | 00:25:03.00    | +00:07:48 (31.2%) | 5:00         | 12 (857.1%)   |
| 25  | PAWLAK Piotr          | 254   |                                      | M-40      | 6    | 00:25:15.30    | +00:08:00 (31.7%) | 5:03         | 11.9 (850.0%) |
| 26  | KOSAŁA Krzysztof      | 234   |                                      | M-18      | 6    | 00:25:20.10    | +00:08:05 (31.9%) | 5:04         | 11.8 (842.9%) |

|     |                      |       |                             |           |      | Czas netto 5km | Różn              | Tempo min/km | Tempo km/h    |
|-----|----------------------|-------|-----------------------------|-----------|------|----------------|-------------------|--------------|---------------|
| Msc | Zawodnik             | Numer | Klub                        | Kategoria | Mkat |                |                   |              |               |
| 27  | POKOJSKI Wojciech    | 261   | SPIE SPORT TEAM             | M-30      | 13   | 00:25:24.60    | +00:08:09 (32.1%) | 5:04         | 11.8 (842.9%) |
| 28  | CHROBAK Tomasz       | 210   |                             | M-40      | 7    | 00:25:30.00    | +00:08:15 (32.4%) | 5:06         | 11.8 (842.9%) |
| 29  | WILEWSKI Dawid       | 283   | WATAHA - ŁĄCZY NAS BIEGANIE | M-30      | 14   | 00:26:14.70    | +00:08:59 (34.3%) | 5:14         | 11.4 (814.3%) |
| 30  | GAŁUSZYŃSKI Łukasz   | 337   |                             | M-30      | 15   | 00:26:19.95    | +00:09:05 (34.5%) | 5:15         | 11.4 (814.3%) |
| 31  | KUROWSKI Wojciech    | 334   | GRUPA BIEGOWA 65            | M-40      | 8    | 00:26:20.20    | +00:09:05 (34.5%) | 5:16         | 11.4 (814.3%) |
| 32  | PIOTROWSKI Krzysztof | 257   |                             | M-50      | 2    | 00:27:53.20    | +00:10:38 (38.2%) | 5:34         | 10.8 (771.4%) |
| 33  | GAWRYLCZYK Maciej    | 221   |                             | M-60      | 1    | 00:27:55.55    | +00:10:40 (38.2%) | 5:35         | 10.7 (764.3%) |
| 34  | SZYDŁOWSKI Gawęł     | 315   |                             | M-18      | 7    | 00:27:59.45    | +00:10:44 (38.4%) | 5:35         | 10.7 (764.3%) |
| 35  | PEŁSZYŃSKI Jacek     | 330   |                             | M-40      | 9    | 00:29:27.30    | +00:12:12 (41.4%) | 5:53         | 10.2 (728.6%) |
| 36  | BENERT Jan           | 204   |                             | M-60      | 2    | 00:29:50.45    | +00:12:35 (42.2%) | 5:58         | 10.1 (721.4%) |
| 37  | BŁAWAT Michał        | 206   |                             | M-40      | 10   | 00:30:07.10    | +00:12:52 (42.7%) | 6:01         | 10 (714.3%)   |
| 38  | JACHOWICZ Dariusz    | 332   |                             | M-50      | 3    | 00:30:29.75    | +00:13:14 (43.4%) | 6:05         | 9.8 (700.0%)  |
| 39  | SZYCA Dariusz        | 274   | SPORTEVO                    | M-30      | 16   | 00:30:36.75    | +00:13:21 (43.7%) | 6:07         | 9.8 (700.0%)  |
| 40  | BURDA Robert         | 208   |                             | M-50      | 4    | 00:31:40.15    | +00:14:25 (45.5%) | 6:20         | 9.5 (678.6%)  |
| 41  | SKWIERAWSKI Wojciech | 271   | PAPAJ                       | M-18      | 8    | 00:32:13.20    | +00:14:58 (46.5%) | 6:26         | 9.3 (664.3%)  |
| 42  | KIEŁBASA Wojciech    | 110   | GO AUTO                     | M-50      | 5    | 00:32:54.85    | +00:15:40 (47.6%) | 6:34         | 9.1 (650.0%)  |
| 43  | SIKORA Rafał         | 316   | SPIE SPORT TEAM             | M-40      | 11   | 00:33:13.50    | +00:15:58 (48.1%) | 6:38         | 9 (642.9%)    |
| 44  | STUŻYŃSKI Tomasz     | 273   |                             | M-40      | 12   | 00:34:22.75    | +00:17:07 (49.8%) | 6:52         | 8.7 (621.4%)  |
| 45  | KUSIAK Włodzimierz   | 240   | PARKRUN RUMIA               | M70+      | 1    | 00:34:40.50    | +00:17:25 (50.3%) | 6:56         | 8.7 (621.4%)  |
| 46  | CHWALISZ Leszek      | 213   |                             | M70+      | 2    | 00:36:02.05    | +00:18:47 (52.1%) | 7:12         | 8.3 (592.9%)  |
| 47  | TYMIŃSKI Krzysztof   | 181   |                             | M70+      | 3    | 00:36:16.90    | +00:19:02 (52.5%) | 7:15         | 8.3 (592.9%)  |
| 48  | ŚMIGAJ Mirosław      | 276   |                             | M-60      | 3    | 00:39:58.10    | +00:22:43 (56.8%) | 7:59         | 7.5 (535.7%)  |
| 49  | KULCZYCKI Jan        | 238   |                             | M70+      | 4    | 00:47:11.55    | +00:29:56 (63.5%) | 9:26         | 6.4 (457.1%)  |
| 50  | PAŁASZ Edmund        | 252   |                             | M70+      | 5    | 00:51:16.40    | +00:34:01 (66.4%) | 10:15        | 5.9 (421.4%)  |

Znaleziono 50 wynik(ów)