



Organizator: Hotel Brzoza
Data: 2015-12-31
Miejsce: Brzoza
Dystans: 10 km

IX BIEG SYLWESTROWY

B4SPORT

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	4.85km	7.2km	9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	WIŚNIEWSKA Marcjanna	266		K-20	1	00:11:34	00:22:21	00:33:06	00:43:34	00:45:22.75	00:45:36.55		4:32	13.2 (100%)
2	MATUŁA Ewelina	666	SALCO SPORT TEAM	K-20	2	00:11:59	00:23:04	00:34:17	00:45:26	00:47:29.80	00:47:32.90	+00:01:56 (4.1%)	4:44	12.6 (95.5%)
3	ZIELIŃSKA Marta	549	KB MANIAC POZNAŃ	K-20	3	00:11:59	00:23:07	00:34:28	00:45:32	00:47:30.30	00:47:49.00	+00:02:12 (4.6%)	4:45	12.6 (95.5%)
4	KOWALCZYK Aleksandra	610		K-20	4	00:11:54	00:22:57	00:34:09	00:45:39	00:47:45.15	00:47:57.00	+00:02:20 (4.9%)	4:46	12.6 (95.5%)
5	NEUMANN Kamila	440		K-20	5	00:12:16	00:24:01	00:35:35	00:46:48	00:48:55.10	00:49:04.00	+00:03:27 (7.0%)	4:53	12.3 (93.2%)
6	PĘCZKOWSKA Anna	563		K-20	6	00:12:41	00:24:08	00:35:16	00:46:27	00:48:30.85	00:49:11.75	+00:03:35 (7.3%)	4:51	12.4 (93.9%)
7	CZAPLEWSKA Agnieszka	317	KB ŁAPKA	K-20	7	00:12:11	00:24:03	00:35:48	00:47:23	00:49:29.50	00:49:47.70	+00:04:11 (8.4%)	4:56	12.1 (91.7%)
8	SZYMCZAK Sandra	386		K-20	8	00:12:54	00:24:50	00:36:50	00:48:25	00:50:39.05	00:50:49.20	+00:05:12 (10.3%)	5:03	11.8 (89.4%)
9	KRUK Małgorzata	140	KUJAWSKO-POMORSKIE.PL	K-20	9	00:13:05	00:24:45	00:36:37	00:48:22	00:50:34.35	00:51:09.45	+00:05:32 (10.8%)	5:03	11.9 (90.2%)
10	BRZYKCY Karolina	459	ING	K-20	10	00:13:28	00:25:22	00:37:19	00:49:08	00:51:26.60	00:51:57.95	+00:06:21 (12.2%)	5:08	11.7 (88.6%)
11	DĄBROWSKA Ewelina	676		K-20	11	00:13:28	00:25:57	00:38:14	00:49:46	00:51:53.40	00:52:07.60	+00:06:31 (12.5%)	5:11	11.6 (87.9%)
12	TRZCIŃSKA Klaudia	528		K-20	12	00:13:54	00:26:27	00:38:41	00:50:13	00:52:23.45	00:52:51.35	+00:07:14 (13.7%)	5:14	11.5 (87.1%)
13	MAĆKOWIAK Magdalena	225		K-20	13	00:13:27	00:26:10	00:38:49	00:51:01	00:54:00.25	00:54:06.70	+00:08:30 (15.7%)	5:24	11.1 (84.1%)
14	RATAJ Zuzanna	672	KOBIETY BIEGAJĄ	K-20	14	00:13:29	00:25:59	00:38:41	00:51:28	00:54:01.65	00:54:36.35	+00:08:59 (16.5%)	5:24	11.1 (84.1%)
15	LUZAK Magdalena	245		K-20	15	00:13:09	00:25:45	00:38:50	00:52:15	00:54:36.65	00:54:50.55	+00:09:14 (16.8%)	5:27	11 (83.3%)
16	GROMEK Zuzanna	357		K-20	16	00:13:30	00:26:18	00:39:40	00:53:22	00:56:01.80	00:56:15.35	+00:10:38 (18.9%)	5:36	10.7 (81.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	4.85km	7.2km	9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
17	NOWAK Paula	379	KUJATT RUNNERS TEAM	K-20	17	00:12:42	00:25:35	00:39:18	00:53:12	00:55:47.75	00:56:27.40	+00:10:50 (19.2%)	5:34	10.8 (81.8%)
18	ŚWIĄTEK Karolina	503	CYTADELA GRUDZIĄDZ	K-20	18	00:13:38	00:26:40	00:40:07	00:53:34	00:56:07.15	00:56:31.15	+00:10:54 (19.3%)	5:36	10.7 (81.1%)
19	REMUS Sandra	171		K-20	19	00:13:26	00:26:39	00:40:14	00:54:12	00:56:42.50	00:57:11.90	+00:11:35 (20.3%)	5:40	10.6 (80.3%)
20	MIAZGA Katarzyna	417		K-20	20	00:14:23	00:27:20	00:40:38	00:54:16	00:56:47.45	00:57:15.45	+00:11:38 (20.3%)	5:40	10.6 (80.3%)
21	KEMPCZYŃSKA- KALINOWSKA Marta	598		K-20	21	00:14:58	00:28:11	00:41:19	00:54:34	00:57:07.25	00:57:41.25	+00:12:04 (20.9%)	5:42	10.5 (79.5%)
22	ŚLESIŃSKA Agata	648		K-20	22	00:14:51	00:28:28	00:42:20	00:56:19	00:58:54.40	00:59:42.60	+00:14:06 (23.6%)	5:53	10.2 (77.3%)
23	JARZEMSKA Alicja	692		K-20	23	00:14:48	00:28:23	00:42:21	00:56:33	00:59:14.10	00:59:55.75	+00:14:19 (23.9%)	5:55	10.1 (76.5%)
24	STYPCZYŃSKA Natalia	482		K-20	24	00:14:47	00:28:51	00:43:05	00:57:18	00:59:57.30	01:00:38.80	+00:15:02 (24.8%)	5:59	10 (75.8%)
25	TARASZKA Olga	384	UMK TORUŃ	K-20	25	00:15:06	00:29:28	00:44:05	00:58:41	01:01:21.00	01:01:46.70	+00:16:10 (26.2%)	6:08	9.8 (74.2%)
26	KORBIŃSKA Sylwia	17	BRZOZA TRI TEAM	K-20	26	00:15:03	00:29:35	00:44:27	00:59:18	01:01:59.75	01:02:35.70	+00:16:59 (27.1%)	6:12	9.7 (73.5%)
27	JĘDRZEJCZYK Paulina	565	NAKIELSKI KB	K-20	27	00:15:41	00:30:29	00:45:14	00:59:42	01:02:25.90	01:02:39.80	+00:17:03 (27.2%)	6:14	9.6 (72.7%)
28	NOWAK Monika	454		K-20	28	00:15:01	00:29:52	00:45:28	01:01:14	01:02:21.25	01:02:51.05	+00:17:14 (27.4%)	6:14	9.6 (72.7%)
29	BŁASIŃSKA Natalia	614		K-20	29	00:15:24	00:30:16	00:45:53	01:01:53	01:04:38.95	01:05:02.30	+00:19:25 (29.9%)	6:27	9.3 (70.5%)
30	PACZKOWSKA Agata	219		K-20	30	00:14:26	00:29:45	00:45:48	01:02:01	01:04:40.00	01:05:04.20	+00:19:27 (29.9%)	6:28	9.3 (70.5%)
31	ŻYCHOWSKA Zuzanna	136	BOLS	K-20	31	00:15:59	00:31:23	00:47:20	01:03:26	01:06:25.75	01:06:47.20	+00:21:10 (31.7%)	6:38	9 (68.2%)
32	BUSE Małgorzata	69		K-20	32	00:15:58	00:31:29	00:47:23	01:03:08	01:06:12.20	01:06:52.20	+00:21:15 (31.8%)	6:37	9.1 (68.9%)
33	ŚLESIŃSKA Patrycja	420		K-20	33	00:16:55	00:32:52	00:49:15	01:05:57	01:08:43.90	01:09:24.70	+00:23:48 (34.3%)	6:52	8.7 (65.9%)
34	SZNAJDROWSKA Marta	597	RUN BYDGOSZCZ	K-20	34	00:16:55	00:33:07	00:49:47	01:06:14	01:09:17.65	01:09:52.05	+00:24:15 (34.7%)	6:55	8.7 (65.9%)
35	DUTKIEWICZ Urszula	375	TKKF KOLEJARZ BYDGOSZCZ	K-20	35	00:17:00	00:32:45	00:49:31	01:08:11	01:11:58.10	01:12:44.35	+00:27:07 (37.3%)	7:11	8.3 (62.9%)
36	KLIMEK Karolina	399		K-20	36	00:19:02	00:37:16	00:56:06	01:14:04	01:17:06.80	01:17:55.80	+00:32:19 (41.5%)	7:42	7.8 (59.1%)
	KOŁODYŃSKA Aleksandra	106		K-20		00:16:14 DNF	00:32:53 DNF	00:51:05 DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 37 wynik(ów)