



**Organizator:** Hotel Brzoza  
**Data:** 2015-12-31  
**Miejsce:** Brzoza  
**Dystans:** 10 km

## IX BIEG SYLWESTROWY

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-20

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	4.85km	7.2km	9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>JURGIEWICZ Bartosz</b>	<b>299</b>	MKL SZCZECIN	M-20	1	00:08:09	00:15:47	00:23:27	00:31:13	<b>00:32:46.05</b>	<b>00:32:47.20</b>		3:16	18.3 (100%)
2	<b>PAWLAK Bartosz</b>	<b>608</b>	WKS GRUNWALD POZNAŃ	M-20	2	00:08:18	00:16:08	00:24:03	00:31:52	<b>00:33:19.20</b>	<b>00:33:19.95</b>	+00:00:32 (1.6%)	3:19	18 (98.4%)
3	<b>RACZYŃSKI Mikołaj</b>	<b>571</b>		M-20	3	00:08:21	00:16:12	00:24:03	00:31:57	<b>00:33:32.05</b>	<b>00:33:32.80</b>	+00:00:45 (2.3%)	3:21	17.9 (97.8%)
4	<b>ŚLIWIŃSKI Dariusz</b>	<b>71</b>	PAŁUKI RUNNING TEAM	M-20	4	00:08:46	00:16:54	00:25:00	00:33:22	<b>00:34:57.20</b>	<b>00:34:59.95</b>	+00:02:12 (6.3%)	3:29	17.2 (94.0%)
5	<b>TEUSZ Bartek</b>	<b>696</b>		M-20	5	00:08:53	00:17:13	00:25:34	00:33:44	<b>00:35:24.70</b>	<b>00:35:27.65</b>	+00:02:40 (7.5%)	3:32	16.9 (92.3%)
6	<b>TUCZYŃSKI Sylwester</b>	<b>6</b>	BYDGOSKIE OKONIE	M-20	6	00:08:38	00:16:59	00:25:33	00:34:18	<b>00:35:56.40</b>	<b>00:35:57.80</b>	+00:03:10 (8.8%)	3:35	16.7 (91.3%)
7	<b>MAĆKOWSKI Maciej</b>	<b>323</b>	BRICO MARCHE ŻNIN	M-20	7	00:09:08	00:17:50	00:26:38	00:35:15	<b>00:36:52.50</b>	<b>00:36:55.60</b>	+00:04:08 (11.2%)	3:41	16.3 (89.1%)
8	<b>CZAJKOWSKI Piotr</b>	<b>426</b>	AGROLOK SPORT TEAM/BCT TEAM	M-20	8	00:09:27	00:18:13	00:26:55	00:35:33	<b>00:37:12.50</b>	<b>00:37:15.25</b>	+00:04:28 (12.0%)	3:43	16.1 (88.0%)
9	<b>KLINIEWSKI Maciej</b>	<b>646</b>	BRZOZA BIEGA	M-20	9	00:09:15	00:18:12	00:27:07	00:35:39	<b>00:37:14.15</b>	<b>00:37:17.85</b>	+00:04:30 (12.1%)	3:43	16.1 (88.0%)
10	<b>DEROŃ Waldemar</b>	<b>370</b>	1 POMORSKA BRYGADA LOGISTYCZNA BYDGOSZCZ	M-20	10	00:09:29	00:18:16	00:27:18	00:36:32	<b>00:38:15.35</b>	<b>00:38:20.00</b>	+00:05:32 (14.5%)	3:49	15.7 (85.8%)
11	<b>STRABEL Łukasz</b>	<b>419</b>	LUKAS	M-20	11	00:10:03	00:19:13	00:28:22	00:37:18	<b>00:39:01.95</b>	<b>00:39:04.10</b>	+00:06:16 (16.1%)	3:54	15.4 (84.2%)
12	<b>STACHERSKI Łukasz</b>	<b>625</b>	KUJATT RUNNERS TEAM	M-20	12	00:09:24	00:18:30	00:27:56	00:37:21	<b>00:39:05.05</b>	<b>00:39:12.05</b>	+00:06:24 (16.4%)	3:54	15.4 (84.2%)
13	<b>KŁOSKOWSKI Adam</b>	<b>72</b>	IWSP SZ BYDGOSZCZ	M-20	13	00:09:22	00:18:27	00:27:32	00:37:22	<b>00:39:17.85</b>	<b>00:39:20.95</b>	+00:06:33 (16.7%)	3:55	15.3 (83.6%)
14	<b>JANKOWSKI Kacper</b>	<b>259</b>		M-20	14	00:10:01	00:19:11	00:28:25	00:37:33	<b>00:39:19.75</b>	<b>00:39:25.00</b>	+00:06:37 (16.8%)	3:56	15.3 (83.6%)
15	<b>JAGODZIŃSKI Mateusz</b>	<b>483</b>	BYDGOSKIE OKONIE	M-20	15	00:09:50	00:19:06	00:28:35	00:38:05	<b>00:39:44.60</b>	<b>00:39:48.15</b>	+00:07:00 (17.6%)	3:58	15.1 (82.5%)
16	<b>TELEJKO Łukasz</b>	<b>181</b>	RUN BYDGOSZCZ	M-20	16	00:09:53	00:19:10	00:28:36	00:38:03	<b>00:39:47.75</b>	<b>00:39:54.55</b>	+00:07:07 (17.8%)	3:58	15.1 (82.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	4.85km	7.2km	9.55km	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
										10km	10km			
17	<b>HOŁTYN Patryk</b>	<b>233</b>	SPORT ZDROWIE KONDYCJA PIOTR SZEWCZUK	M-20	17	00:09:42	00:19:05	00:28:42	00:38:11	<b>00:39:56.55</b>	<b>00:39:59.00</b>	+00:07:11 (18.0%)	3:59	15 (82.0%)
18	<b>CZYŻNIKIEWICZ Paweł</b>	<b>270</b>	WOOLFIK.PL	M-20	18	00:10:06	00:19:40	00:29:10	00:38:16	<b>00:39:58.80</b>	<b>00:40:03.30</b>	+00:07:16 (18.1%)	3:59	15 (82.0%)
19	<b>ZIELIŃSKI Nicolas</b>	<b>250</b>		M-20	19	00:10:07	00:19:43	00:29:13	00:38:43	<b>00:40:33.15</b>	<b>00:40:36.55</b>	+00:07:49 (19.3%)	4:03	14.8 (80.9%)
20	<b>KRAMARZ Nikodem</b>	<b>602</b>		M-20	20	00:10:20	00:19:53	00:29:31	00:39:07	<b>00:40:51.10</b>	<b>00:40:56.70</b>	+00:08:09 (19.9%)	4:05	14.7 (80.3%)
21	<b>KRAMARZ Aleksander</b>	<b>601</b>		M-20	21	00:10:20	00:19:53	00:29:31	00:39:07	<b>00:40:53.35</b>	<b>00:40:58.65</b>	+00:08:11 (20.0%)	4:05	14.7 (80.3%)
22	<b>GRALIK Jędrzej</b>	<b>587</b>	BYDGOSKIE OKONIE	M-20	22	00:10:12	00:19:48	00:29:31	00:39:16	<b>00:41:02.40</b>	<b>00:41:09.85</b>	+00:08:22 (20.4%)	4:06	14.6 (79.8%)
23	<b>NITKA Dawid</b>	<b>147</b>		M-20	23	00:10:02	00:19:28	00:29:29	00:39:28	<b>00:41:19.95</b>	<b>00:41:23.90</b>	+00:08:36 (20.8%)	4:08	14.5 (79.2%)
24	<b>SKORECKI Aleksander</b>	<b>691</b>		M-20	24	00:10:40	00:20:42	00:30:45	00:40:20	<b>00:42:05.55</b>	<b>00:42:10.05</b>	+00:09:22 (22.2%)	4:12	14.3 (78.1%)
25	<b>MAĆKOWSKI Maciej</b>	<b>626</b>		M-20	25	00:10:00	00:19:48	00:30:06	00:40:17	<b>00:42:07.50</b>	<b>00:42:10.40</b>	+00:09:23 (22.3%)	4:12	14.2 (77.6%)
26	<b>KOWALSKI Adrian</b>	<b>49</b>	BYDGOSZCZ TRIATHLON TEAM	M-20	26	00:10:40	00:20:42	00:30:45	00:40:58	<b>00:42:49.25</b>	<b>00:42:54.20</b>	+00:10:07 (23.6%)	4:17	14 (76.5%)
27	<b>WAŚICKI Dariusz</b>	<b>540</b>	AZS UMK ENERGIA TORUŃ	M-20	27	00:11:00	00:21:15	00:31:33	00:41:25	<b>00:43:16.55</b>	<b>00:43:26.75</b>	+00:10:39 (24.5%)	4:19	13.9 (76.0%)
28	<b>SZYMAŃSKI Bartek</b>	<b>500</b>		M-20	28	00:11:16	00:21:13	00:31:27	00:41:31	<b>00:43:23.80</b>	<b>00:43:47.50</b>	+00:11:00 (25.1%)	4:20	13.8 (75.4%)
29	<b>DĄBROWSKI Paweł</b>	<b>36</b>		M-20	29	00:11:03	00:21:24	00:31:56	00:42:13	<b>00:44:11.70</b>	<b>00:44:18.70</b>	+00:11:31 (26.0%)	4:25	13.6 (74.3%)
30	<b>PILEWSKI Mikołaj</b>	<b>687</b>	BYDGOSZCZ TRIATHLON	M-20	30	00:11:21	00:21:32	00:31:47	00:41:47	<b>00:43:41.70</b>	<b>00:44:21.05</b>	+00:11:33 (26.1%)	4:22	13.7 (74.9%)
31	<b>KOCHANOWSKI Maciej</b>	<b>609</b>	BRZOZA BIEGA	M-20	31	00:11:02	00:21:17	00:31:32	00:42:13	<b>00:44:06.20</b>	<b>00:44:32.00</b>	+00:11:44 (26.4%)	4:24	13.6 (74.3%)
32	<b>KAŁAMAJA Jakub</b>	<b>538</b>		M-20	32	00:11:36	00:22:18	00:32:52	00:43:25	<b>00:45:17.70</b>	<b>00:45:41.90</b>	+00:12:54 (28.3%)	4:31	13.2 (72.1%)
33	<b>BOGACZYK Łukasz</b>	<b>621</b>		M-20	33	00:11:43	00:21:52	00:32:34	00:43:14	<b>00:45:11.50</b>	<b>00:45:45.50</b>	+00:12:58 (28.3%)	4:31	13.3 (72.7%)
34	<b>KOWALIKOWSKI Daniel</b>	<b>407</b>	MIMI TEAM	M-20	34	00:11:34	00:22:17	00:33:04	00:43:41	<b>00:45:40.00</b>	<b>00:45:49.50</b>	+00:13:02 (28.5%)	4:34	13.1 (71.6%)
35	<b>KLIMEK Paweł</b>	<b>395</b>		M-20	35	00:11:37	00:22:19	00:32:53	00:43:32	<b>00:45:36.10</b>	<b>00:45:59.70</b>	+00:13:12 (28.7%)	4:33	13.2 (72.1%)
36	<b>WIŚNIEWSKI Mikołaj</b>	<b>344</b>		M-20	36	00:11:42	00:22:39	00:33:42	00:44:20	<b>00:46:06.85</b>	<b>00:46:09.15</b>	+00:13:21 (29.0%)	4:36	13 (71.0%)
37	<b>OLENDER Tomasz</b>	<b>201</b>	ENDUHUB RUNNING TEAM	M-20	37	00:11:50	00:22:37	00:33:22	00:43:47	<b>00:45:35.15</b>	<b>00:46:09.25</b>	+00:13:22 (29.0%)	4:33	13.2 (72.1%)
38	<b>KOTLARSKI Krystian</b>	<b>309</b>	OZ JFTC	M-20	38	00:11:05	00:21:55	00:33:16	00:44:10	<b>00:46:09.55</b>	<b>00:46:27.90</b>	+00:13:40 (29.4%)	4:36	13 (71.0%)
39	<b>KACZAŁSKI Kamil</b>	<b>64</b>	DAMY RADĘ INOWROCŁAW	M-20	39	00:11:22	00:22:33	00:33:46	00:44:31	<b>00:46:28.85</b>	<b>00:46:44.10</b>	+00:13:56 (29.8%)	4:38	12.9 (70.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	2.5km	4.85km	7.2km	9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
40	<b>SMOLIŃSKI Łukasz</b>	<b>519</b>		M-20	40	00:11:46	00:22:40	00:34:00	00:44:59	<b>00:46:58.20</b>	<b>00:47:30.50</b>	+00:14:43 (31.0%)	4:41	12.8 (69.9%)
41	<b>BUKOWSKI Mateusz</b>	<b>509</b>		M-20	41	00:11:47	00:22:36	00:33:37	00:44:44	<b>00:46:54.40</b>	<b>00:47:34.70</b>	+00:14:47 (31.1%)	4:41	12.8 (69.9%)
42	<b>GRYCZKA Karol</b>	<b>38</b>		M-20	42	00:12:37	00:23:59	00:34:57	00:45:23	<b>00:47:05.25</b>	<b>00:47:37.00</b>	+00:14:49 (31.1%)	4:42	12.7 (69.4%)
43	<b>ŚWITAL Mateusz</b>	<b>55</b>	TAZAR	M-20	43	00:12:17	00:23:44	00:35:16	00:46:07	<b>00:47:54.75</b>	<b>00:48:03.10</b>	+00:15:15 (31.8%)	4:47	12.5 (68.3%)
44	<b>RUS Dariusz</b>	<b>518</b>	RANCZO MICHALIN	M-20	44	00:12:12	00:23:33	00:34:58	00:46:15	<b>00:48:17.85</b>	<b>00:48:51.65</b>	+00:16:04 (32.9%)	4:49	12.4 (67.8%)
45	<b>MARCHEL Paweł</b>	<b>383</b>	TKKF KOLEJARZ BYDGOSZCZ	M-20	45	00:11:35	00:23:04	00:35:08	00:46:52	<b>00:49:09.05</b>	<b>00:49:14.70</b>	+00:16:27 (33.4%)	4:54	12.2 (66.7%)
46	<b>GABRYSAK Bartosz</b>	<b>484</b>		M-20	46	00:12:35	00:24:04	00:35:40	00:47:08	<b>00:49:07.95</b>	<b>00:49:20.30</b>	+00:16:33 (33.5%)	4:54	12.2 (66.7%)
47	<b>MAŁECKI Jakub</b>	<b>139</b>	PAŁUKI RUNNING TEAM	M-20	47	00:12:17	00:23:47	00:35:22	00:46:47	<b>00:48:56.25</b>	<b>00:49:29.35</b>	+00:16:42 (33.7%)	4:53	12.3 (67.2%)
48	<b>MARCHEL Tomasz</b>	<b>109</b>		M-20	48	00:11:35	00:23:04	00:35:09	00:47:00	<b>00:49:33.55</b>	<b>00:49:38.90</b>	+00:16:51 (34.0%)	4:57	12.1 (66.1%)
49	<b>ZIEMSKI Mateusz</b>	<b>167</b>	TEAMOCHAL	M-20	49	00:12:16	00:23:30	00:34:58	00:47:02	<b>00:49:04.70</b>	<b>00:49:43.60</b>	+00:16:56 (34.1%)	4:54	12.2 (66.7%)
50	<b>MICHALAK Karol</b>	<b>654</b>	RUNEDA	M-20	50	00:12:17	00:23:52	00:35:57	00:47:32	<b>00:50:00.65</b>	<b>00:50:09.85</b>	+00:17:22 (34.6%)	5:00	12 (65.6%)
51	<b>LESZCZYŃSKI Bartosz</b>	<b>388</b>		M-20	51	00:12:55	00:24:51	00:36:51	00:48:26	<b>00:50:39.90</b>	<b>00:50:49.70</b>	+00:18:02 (35.5%)	5:04	11.8 (64.5%)
52	<b>SZOT Grzegorz</b>	<b>516</b>		M-20	52	00:12:09	00:23:58	00:36:03	00:49:21	<b>00:51:34.45</b>	<b>00:52:01.00</b>	+00:19:13 (37.0%)	5:09	11.6 (63.4%)
53	<b>GROCHOWSKI Jakub</b>	<b>670</b>		M-20	53	00:13:06	00:25:11	00:37:22	00:49:13	<b>00:51:23.25</b>	<b>00:52:02.30</b>	+00:19:15 (37.0%)	5:08	11.7 (63.9%)
54	<b>WIŚNIEWSKI Jakub</b>	<b>434</b>		M-20	54	00:13:04	00:25:22	00:37:44	00:50:02	<b>00:52:18.20</b>	<b>00:52:30.60</b>	+00:19:43 (37.6%)	5:13	11.5 (62.8%)
55	<b>BEDNAREK Mikołaj</b>	<b>457</b>		M-20	55	00:13:38	00:26:34	00:38:48	00:50:07	<b>00:52:16.65</b>	<b>00:52:47.55</b>	+00:20:00 (37.9%)	5:13	11.5 (62.8%)
56	<b>KRAWISZ Szymon</b>	<b>262</b>	CWZS ZAWISZA-STOWARZYSZENIE WIOSLARSKIE	M-20	56	00:13:50	00:26:24	00:38:35	00:50:10	<b>00:52:17.60</b>	<b>00:53:00.75</b>	+00:20:13 (38.2%)	5:13	11.5 (62.8%)
57	<b>RUTKIEWICZ Mateusz</b>	<b>583</b>		M-20	57	00:11:52	00:23:54	00:36:53	00:50:29	<b>00:52:53.30</b>	<b>00:53:22.90</b>	+00:20:35 (38.6%)	5:17	11.3 (61.7%)
58	<b>PILIŃSKI Robert</b>	<b>498</b>		M-20	58	00:13:56	00:26:33	00:39:13	00:51:23	<b>00:53:39.95</b>	<b>00:54:03.75</b>	+00:21:16 (39.4%)	5:22	11.2 (61.2%)
59	<b>DOBOSZ Kamil</b>	<b>462</b>		M-20	59	00:14:04	00:26:22	00:38:56	00:51:09	<b>00:53:33.25</b>	<b>00:54:15.00</b>	+00:21:27 (39.6%)	5:21	11.2 (61.2%)
60	<b>TYMOSIAK Mateusz</b>	<b>530</b>		M-20	60	00:14:17	00:27:22	00:40:08	00:52:44	<b>00:55:03.00</b>	<b>00:55:44.60</b>	+00:22:57 (41.2%)	5:30	10.9 (59.6%)
61	<b>KAZUBOWSKI Jeremiasz</b>	<b>68</b>	NIEZRZESZONY	M-20	61	00:14:35	00:27:53	00:40:53	00:53:50	<b>00:56:05.65</b>	<b>00:56:40.45</b>	+00:23:53 (42.1%)	5:36	10.7 (58.5%)
62	<b>BRZOZOWSKI Piotr</b>	<b>16</b>		M-20	62	00:14:35	00:27:50	00:41:05	00:54:41	<b>00:57:07.15</b>	<b>00:57:44.05</b>	+00:24:56 (43.2%)	5:42	10.5 (57.4%)

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63	<b>LASKOWSKI Maciej</b>	<b>394</b>		M-20	63	00:13:45	00:27:24	00:41:24	00:55:07	<b>00:57:39.65</b>	<b>00:58:19.30</b>	+00:25:32 (43.8%)	5:46	10.4 (56.8%)
64	<b>BOGACZ Michał</b>	<b>158</b>		M-20	64	00:14:04	00:28:11	00:42:17	00:56:01	<b>00:58:27.80</b>	<b>00:59:02.60</b>	+00:26:15 (44.5%)	5:50	10.3 (56.3%)
65	<b>JARZEMSKI Marcin</b>	<b>693</b>		M-20	65	00:14:47	00:28:21	00:42:20	00:56:32	<b>00:59:13.05</b>	<b>00:59:55.45</b>	+00:27:08 (45.3%)	5:55	10.1 (55.2%)
66	<b>KARWASZ Adam</b>	<b>593</b>		M-20	66	00:13:28	00:27:20	00:42:27	00:57:00	<b>00:59:44.50</b>	<b>01:00:21.05</b>	+00:27:33 (45.7%)	5:58	10 (54.6%)
67	<b>BRZOZOWSKI Marcin</b>	<b>19</b>	BRZOZA TRI TEAM	M-20	67	00:15:03	00:29:35	00:44:27	00:59:17	<b>01:01:59.30</b>	<b>01:02:35.70</b>	+00:29:48 (47.6%)	6:11	9.7 (53.0%)
68	<b>WAŚICKI Kamil</b>	<b>541</b>		M-20	68	00:15:15	00:31:13	00:47:46	01:04:31	<b>01:07:24.70</b>	<b>01:07:34.90</b>	+00:34:47 (51.5%)	6:44	8.9 (48.6%)

Znaleziono 68 wynik(ów)