



IX BIEG SZLAKIEM DZIKA

B4SPORT

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Wydarzenie: Dziki Weekend 2019
Organizator: Stowarzyszenie Klub Biegowy Dzik
Data: 2019-08-17
Miejsce: Police
Dystans: 10 km

Klasyfikacja: K2 30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	ZABOROWSKA Małgorzata	1104	OSP PŁOTY	K2 30-39	1	00:00:06	00:25:53	00:53:15.05	00:53:21.90		5:19	11.3 (100%)
2	KRZACZKOWSKA Iwona	761	DZIKI WROCŁAW	K2 30-39	2	00:00:02	00:27:18	00:55:44.75	00:55:47.50	+00:02:29 (4.5%)	5:34	10.8 (95.6%)
3	KAMIŃSKA Adriana	709	BBL POLICE	K2 30-39	3	00:00:07	00:29:11	00:57:54.55	00:58:02.20	+00:04:39 (8.0%)	5:47	10.4 (92.0%)
4	PASIEKA Agnieszka	1351	21 BLT / UKL FENIKS ŚWIDWIN	K2 30-39	4	00:00:30	00:29:08	00:58:57.90	00:59:28.50	+00:05:42 (9.7%)	5:53	10.2 (90.3%)
5	NIKLAS Małgorzata	872	KSF	K2 30-39	5	00:00:12	00:29:22	01:00:01.60	01:00:13.65	+00:06:46 (11.3%)	6:00	10 (88.5%)
6	DOLEŻEK Agnieszka	600	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	6	00:00:03	00:29:36	01:00:24.70	01:00:28.40	+00:07:09 (11.9%)	6:02	9.9 (87.6%)
7	BLICHARSKA Marta	540	12 BZ	K2 30-39	7	00:00:07	00:29:36	01:00:32.75	01:00:40.70	+00:07:17 (12.0%)	6:03	9.9 (87.6%)
8	ALABRUDZIŃSKA Agnieszka	1423		K2 30-39	8	00:00:00	00:29:19	01:00:39.40	01:00:39.40	+00:07:24 (12.2%)	6:03	9.9 (87.6%)
9	SOBAŃSKA Karolina	987	SKB DZIK	K2 30-39	9	00:00:07	00:29:12	01:00:48.50	01:00:55.95	+00:07:33 (12.4%)	6:04	9.9 (87.6%)
10	SCHERFENBERG-KERL Katarzyna	965		K2 30-39	10	00:00:03	00:30:56	01:01:57.65	01:02:01.00	+00:08:42 (14.1%)	6:11	9.7 (85.8%)
11	MAJDAN-ADAMSKA Agnieszka	816	HUSARIA RACE TEAM	K2 30-39	11	00:00:04	00:30:07	01:02:36.15	01:02:40.55	+00:09:21 (14.9%)	6:15	9.6 (85.0%)
12	LACHOWICZ Blanka	785	HUSARIA RACE TEAM	K2 30-39	12	00:00:06	00:30:24	01:03:21.05	01:03:27.55	+00:10:06 (15.9%)	6:20	9.5 (84.1%)
13	BOCK Agnieszka	546	BRAUNSCHWEIG HASH HOUSE HARRIERS	K2 30-39	13	00:00:07	00:30:53	01:03:58.85	01:04:06.65	+00:10:43 (16.8%)	6:23	9.4 (83.2%)
14	JODŁOWSKA Ewa	700		K2 30-39	14	00:00:20	00:32:08	01:04:11.25	01:04:31.30	+00:10:56 (17.0%)	6:25	9.3 (82.3%)

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15	SYCHEL Magdalena	1014		K2 30-39	15	00:00:10	00:32:05	01:04:42.90	01:04:53.00	+00:11:27 (17.7%)	6:28	9.3 (82.3%)
16	CZYŻEWSKA Mirosława	591		K2 30-39	16	00:00:30	00:31:44	01:05:08.35	01:05:39.30	+00:11:53 (18.3%)	6:30	9.2 (81.4%)
17	SZYMAŃSKA Jolanta	1023		K2 30-39	17	00:00:32	00:32:48	01:05:39.90	01:06:12.05	+00:12:24 (18.9%)	6:34	9.1 (80.5%)
18	STROJNA-GRZYBOWSKA Marta	1009	KALMAR RUNNERS	K2 30-39	18	00:00:08	00:32:22	01:05:45.85	01:05:54.45	+00:12:30 (19.0%)	6:34	9.1 (80.5%)
19	SZWARC Ewa	1356		K2 30-39	19	00:00:14	00:32:34	01:06:05.00	01:06:19.15	+00:12:49 (19.4%)	6:36	9.1 (80.5%)
20	KAWECKA Anna	1386	KOBIECE BIEGANIE	K2 30-39	20	00:00:21	00:33:30	01:06:41.40	01:07:03.05	+00:13:26 (20.2%)	6:40	9 (79.6%)
21	ŻYLUK-GADOWSKA Paulina	1129	NIE PROWOKUJ LOCHY	K2 30-39	21	00:00:12	00:33:09	01:06:45.55	01:06:58.20	+00:13:30 (20.2%)	6:40	9 (79.6%)
22	PTAK Patrycja	932	HUSARIA RACE TEAM	K2 30-39	22	00:00:12	00:31:59	01:06:51.85	01:07:04.70	+00:13:36 (20.4%)	6:41	9 (79.6%)
23	TOMCZAK Joanna	1039	OSP OCIESZYN	K2 30-39	23	00:00:09	00:32:58	01:08:36.95	01:08:46.15	+00:15:21 (22.4%)	6:51	8.7 (77.0%)
24	KRUBER Katarzyna	759		K2 30-39	24	00:00:12	00:33:43	01:08:49.40	01:09:02.25	+00:15:34 (22.6%)	6:53	8.7 (77.0%)
25	PYREK Iwona	938		K2 30-39	25	00:00:23	00:34:02	01:08:59.10	01:09:22.50	+00:15:44 (22.8%)	6:53	8.7 (77.0%)
26	WOJSZCZYK Marlena	1079	TRYTON BIKE TEAM	K2 30-39	26	00:00:47	00:35:19	01:09:15.45	01:10:02.95	+00:16:00 (23.1%)	6:55	8.7 (77.0%)
27	ROGOWSKA Agnieszka	945	PIĘKNI I BESTIE	K2 30-39	27	00:00:37	00:34:09	01:09:21.60	01:09:58.85	+00:16:06 (23.2%)	6:56	8.7 (77.0%)
28	BOBEL Urszula	544		K2 30-39	28	00:00:32	00:34:30	01:09:39.05	01:10:12.00	+00:16:24 (23.5%)	6:58	8.6 (76.1%)
29	KNIOŁA Agnieszka	729	PIŁA TEAM	K2 30-39	29	00:00:04	00:34:41	01:10:15.05	01:10:19.35	+00:17:00 (24.2%)	7:01	8.5 (75.2%)
30	SZCZYPEK Ola	1018	ADRENALINA	K2 30-39	30	00:00:19	00:33:33	01:11:00.50	01:11:20.10	+00:17:45 (25.0%)	7:06	8.4 (74.3%)
31	GEILICH Katja	634	BRAUNSCHWEIG HASH HOUSE HARRIERS	K2 30-39	31	00:00:07	00:35:17	01:11:46.40	01:11:54.35	+00:18:31 (25.8%)	7:10	8.4 (74.3%)
32	WITKOWSKA Kamila	1075		K2 30-39	32	00:00:09	00:35:43	01:12:21.95	01:12:31.45	+00:19:06 (26.4%)	7:14	8.3 (73.5%)
33	NIEWIADOMSKA Magda	869	KOBIECE BIEGANIE	K2 30-39	33	00:00:46	00:37:46	01:13:28.25	01:14:14.55	+00:20:13 (27.5%)	7:20	8.2 (72.6%)
34	PRZYBYSZ Katarzyna	929		K2 30-39	34	00:00:23	00:35:50	01:13:38.05	01:14:01.70	+00:20:23 (27.7%)	7:21	8.1 (71.7%)
35	PUPEK Małgorzata	935		K2 30-39	35	00:00:31	00:36:21	01:13:46.20	01:14:17.40	+00:20:31 (27.8%)	7:22	8.1 (71.7%)
36	JAROSŁAWSKA Jowita	688		K2 30-39	36	00:00:09	00:35:49	01:13:49.35	01:13:58.90	+00:20:34 (27.9%)	7:22	8.1 (71.7%)
37	JAKUBOWSKA Anna	683		K2 30-39	37	00:00:21	00:36:28	01:13:52.10	01:14:13.40	+00:20:37 (27.9%)	7:23	8.1 (71.7%)

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38	KNOT Martyna	731	PIĘKNI I BESTIE	K2 30-39	38	00:00:35	00:35:30	01:14:38.35	01:15:13.70	+00:21:23 (28.7%)	7:27	8 (70.8%)
39	ZAMOŻNY Anna	1109		K2 30-39	39	00:00:21	00:36:28	01:15:22.00	01:15:43.00	+00:22:06 (29.3%)	7:32	8 (70.8%)
40	KUPNIEWSKA Aleksandra	776	KOMPAS TEAM	K2 30-39	40	00:00:29	00:37:33	01:15:40.20	01:16:09.75	+00:22:25 (29.6%)	7:34	7.9 (69.9%)
41	DOBIECKA Joanna	598		K2 30-39	41	00:00:36	00:37:59	01:15:50.45	01:16:26.70	+00:22:35 (29.8%)	7:35	7.9 (69.9%)
42	NADOBNA Kamila	856	STARGARD JA SIĘ NIE SCIGAM	K2 30-39	42	00:00:35	00:38:00	01:15:50.60	01:16:26.50	+00:22:35 (29.8%)	7:35	7.9 (69.9%)
43	IZYDORCZYK Kinga	677	STARGARD JA SIĘ NIE SCIGAM	K2 30-39	43	00:00:35	00:38:00	01:15:51.65	01:16:27.50	+00:22:36 (29.8%)	7:35	7.9 (69.9%)
44	KWIATKOWSKA Julita	780		K2 30-39	44	00:00:23	00:37:53	01:16:28.10	01:16:52.05	+00:23:13 (30.4%)	7:38	7.8 (69.0%)
45	JÓZEFOWICZ Anna	702	PIĘKNI I BESTIE	K2 30-39	45	00:00:37	00:36:56	01:16:41.25	01:17:18.65	+00:23:26 (30.6%)	7:40	7.8 (69.0%)
46	MISTAK Paula	845	NIEZDECYDOWANI	K2 30-39	46	00:00:29	00:37:34	01:16:53.50	01:17:22.95	+00:23:38 (30.7%)	7:41	7.8 (69.0%)
47	KLIMECKA Katarzyna	725		K2 30-39	47	00:00:30	00:37:29	01:16:59.20	01:17:29.85	+00:23:44 (30.8%)	7:41	7.8 (69.0%)
48	SAKOWSKA-CARŁO Magda	960	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	48	00:00:12	00:36:04	01:17:56.50	01:18:09.45	+00:24:41 (31.7%)	7:47	7.7 (68.1%)
49	HANDKE Justyna	666	XRUNNERS	K2 30-39	49	00:00:11	00:37:50	01:17:56.70	01:18:07.85	+00:24:41 (31.7%)	7:47	7.7 (68.1%)
50	STĘPIEŃ Agnieszka	1007	AGA	K2 30-39	50	00:00:22	00:38:46	01:18:04.25	01:18:27.10	+00:24:49 (31.8%)	7:48	7.7 (68.1%)
51	GUMOWSKA Karolina	1256	SARENKI	K2 30-39	51	00:00:05	00:37:42	01:18:13.85	01:18:19.80	+00:24:58 (31.9%)	7:49	7.7 (68.1%)
52	POŹNIAK Aleksandra	926		K2 30-39	52	00:00:19	00:37:46	01:18:38.40	01:18:58.00	+00:25:23 (32.3%)	7:51	7.6 (67.3%)
53	WOLSKA Agnieszka	1082		K2 30-39	53	00:00:28	00:38:36	01:18:51.80	01:19:20.75	+00:25:36 (32.5%)	7:53	7.6 (67.3%)
54	GOŁUBOWICZ Marzena	1254	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	54	00:00:22	00:38:42	01:19:22.25	01:19:44.30	+00:26:07 (32.9%)	7:56	7.6 (67.3%)
55	JASIŃSKA Natalia	693	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	55	00:00:16	00:38:36	01:19:52.20	01:20:08.45	+00:26:37 (33.3%)	7:59	7.5 (66.4%)
56	SOBOLEWSKA Agata	989	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	56	00:00:16	00:38:36	01:19:52.25	01:20:08.30	+00:26:37 (33.3%)	7:59	7.5 (66.4%)
57	SIWIELA Katarzyna	972	KP PSP POLICE	K2 30-39	57	00:00:28	00:37:41	01:20:02.20	01:20:30.75	+00:26:47 (33.5%)	8:00	7.5 (66.4%)
58	MAKOWSKA Joanna	1261		K2 30-39	58	00:00:44	00:38:54	01:20:15.20	01:21:00.05	+00:27:00 (33.6%)	8:01	7.5 (66.4%)
59	WIETRZYŃSKA Agnieszka	1068	MASZ PRZEBIEGANE	K2 30-39	59	00:00:11	00:38:55	01:20:19.70	01:20:31.05	+00:27:04 (33.7%)	8:02	7.5 (66.4%)
60	WALENT Marta	1052		K2 30-39	60	00:00:43	00:39:06	01:20:43.60	01:21:27.15	+00:27:28 (34.0%)	8:04	7.4 (65.5%)

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61	STAŃKO Agnieszka	999	STARGARD JA SIĘ NIE ŚCIGAM	K2 30-39	61	00:00:34	00:39:57	01:20:51.80	01:21:26.45	+00:27:36 (34.1%)	8:05	7.4 (65.5%)
62	BIELSKA Ola	533		K2 30-39	62	00:00:01	00:39:53	01:21:12.55	01:21:14.40	+00:27:57 (34.4%)	8:07	7.4 (65.5%)
63	CZAPLIŃSKA Magdalena	586		K2 30-39	63	00:00:25	00:39:45	01:21:24.15	01:21:49.15	+00:28:09 (34.6%)	8:08	7.4 (65.5%)
64	ZAJĄCZKOWSKA LEWANDOWSKA Marika	1108	OCR TEAM WŁOCŁAWEK	K2 30-39	64	00:00:43	00:39:38	01:22:02.55	01:22:45.70	+00:28:47 (35.1%)	8:12	7.3 (64.6%)
65	JAKUBOWSKA Dorota	681	23. BAZA LOTNICTWA TAKTYCZNEGO	K2 30-39	65	00:00:47	00:39:07	01:22:09.65	01:22:57.40	+00:28:54 (35.2%)	8:13	7.3 (64.6%)
66	BROCZKOWSKA Żaneta	555		K2 30-39	66	00:00:21	00:38:38	01:23:36.85	01:23:58.05	+00:30:21 (36.3%)	8:21	7.2 (63.7%)
67	WIELGUS-ULATOWSKA Joanna	1066	HUSARIA RACE TEAM	K2 30-39	67	00:00:05	00:41:36	01:24:53.35	01:24:58.40	+00:31:38 (37.3%)	8:29	7.1 (62.8%)
68	DUTKIEWICZ Urszula	615	LUNA WOLVES	K2 30-39	68	00:00:32	00:40:36	01:25:40.50	01:26:13.35	+00:32:25 (37.8%)	8:34	7 (61.9%)
69	DEPTUŁA-BILL Bożena	595	HUSARIA RACE TEAM SZCZECINEK	K2 30-39	69	00:00:56	00:41:45	01:25:42.15	01:26:38.45	+00:32:27 (37.9%)	8:34	7 (61.9%)
70	STEMPNIAK Katarzyna	1003	REBELS LEGION TEAM	K2 30-39	70	00:00:51	00:41:16	01:25:56.95	01:26:48.55	+00:32:41 (38.0%)	8:35	7 (61.9%)
71	KOWNACKA Aleksandra	750	ZDROWO PIEPRZNIĘCI	K2 30-39	71	00:00:51	00:41:12	01:26:14.05	01:27:05.60	+00:32:59 (38.2%)	8:37	7 (61.9%)
72	MAŁKOWSKA Edyta	820		K2 30-39	72	00:00:44	00:42:06	01:26:28.10	01:27:12.15	+00:33:13 (38.4%)	8:38	6.9 (61.1%)
73	ROMAN Ewelina	690		K2 30-39	73	00:00:24	00:40:54	01:26:43.50	01:27:08.30	+00:33:28 (38.6%)	8:40	6.9 (61.1%)
74	CYBULSKA Anna	1402		K2 30-39	74	00:00:59	00:42:23	01:26:43.75	01:27:43.50	+00:33:28 (38.6%)	8:40	6.9 (61.1%)
75	BAUMGART Katarzyna	525	STARGARD. JA SIĘ NIE ŚCIGAM!	K2 30-39	75	00:00:56	00:41:37	01:26:44.20	01:27:40.20	+00:33:29 (38.6%)	8:40	6.9 (61.1%)
76	SETA Krysia	967	MONIA GYM	K2 30-39	76	00:00:24	00:40:54	01:26:44.25	01:27:08.75	+00:33:29 (38.6%)	8:40	6.9 (61.1%)
77	KUNIKOWSKA Patrycja	773	STARGARD. JA SIĘ NIE ŚCIGAM.	K2 30-39	77	00:00:53	00:41:40	01:26:46.70	01:27:40.15	+00:33:31 (38.6%)	8:40	6.9 (61.1%)
78	GĘBICKA Agata	638	STARGARD JA SIĘ NIE ŚCIGAM	K2 30-39	78	00:00:53	00:42:03	01:26:47.00	01:27:40.15	+00:33:31 (38.6%)	8:40	6.9 (61.1%)
79	WOLANO Anna	1081	CF PRAWY BRZEG	K2 30-39	79	00:00:26	00:41:55	01:27:29.15	01:27:55.55	+00:34:14 (39.1%)	8:44	6.9 (61.1%)
80	WOŁCZAK Iwona	1083		K2 30-39	80	00:00:46	00:42:34	01:27:32.60	01:28:19.10	+00:34:17 (39.2%)	8:45	6.9 (61.1%)
81	STEMPNIAK Ewa	1004		K2 30-39	81	00:00:48	00:42:14	01:27:35.30	01:28:23.85	+00:34:20 (39.2%)	8:45	6.9 (61.1%)
82	WIELGOSZEWSKA Olga	1065		K2 30-39	82	00:00:39	00:42:55	01:29:14.15	01:29:53.65	+00:35:59 (40.3%)	8:55	6.7 (59.3%)
83	RUBAJ-FIEDZIWSKA Anna	1406		K2 30-39	83	00:00:52	00:43:28	01:29:20.15	01:30:12.45	+00:36:05 (40.4%)	8:56	6.7 (59.3%)

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84	KLEJNOWSKA Kamila	722	STARGARD JA SIĘ NIE ŚCIGAM	K2 30-39	84	00:00:34	00:43:25	01:31:00.25	01:31:35.20	+00:37:45 (41.5%)	9:06	6.6 (58.4%)
85	STEMPNIAK-LECHOWICZ Lidia	1006		K2 30-39	85	00:00:48	00:44:50	01:33:12.65	01:34:01.30	+00:39:57 (42.9%)	9:19	6.4 (56.6%)
86	MOŹDŻEŃ Anna	1145		K2 30-39	86	00:00:15	00:44:41	01:34:54.75	01:35:10.65	+00:41:39 (43.9%)	9:29	6.3 (55.8%)
87	KWIATKOWSKA Alicja	781	GDAŃSKIE DZIKI	K2 30-39	87	00:00:15	00:44:41	01:34:55.05	01:35:11.00	+00:41:40 (43.9%)	9:29	6.3 (55.8%)
88	PŁOSA Monika	915		K2 30-39	88	00:00:54	00:47:57	01:38:37.85	01:39:32.75	+00:45:22 (46.0%)	9:51	6.1 (54.0%)
89	MASZCZYK Marta	830		K2 30-39	89	00:00:22	00:46:01	01:38:48.45	01:39:10.60	+00:45:33 (46.1%)	9:52	6.1 (54.0%)
90	PUZIO Hanna	936		K2 30-39	90	00:00:45	00:46:58	01:39:17.70	01:40:03.60	+00:46:02 (46.4%)	9:55	6 (53.1%)
91	PEDA Kamila	901		K2 30-39	91	00:00:23	00:49:34	01:40:54.90	01:41:18.55	+00:47:39 (47.2%)	10:05	5.9 (52.2%)
92	KOBUS Natalia	732	IRON HOUSE	K2 30-39	92	00:00:49	00:52:28	01:44:12.40	01:45:01.80	+00:50:57 (48.9%)	10:25	5.8 (51.3%)
93	NANU Justyna	859	GRYFUS SZCZECIN	K2 30-39	93	00:00:28	00:49:27	01:46:20.85	01:46:48.85	+00:53:05 (49.9%)	10:38	5.6 (49.6%)
94	WINIARSKA-GRABOWSKA Agnieszka	1071		K2 30-39	94	00:00:38	00:57:13	02:06:47.45	02:07:26.15	+01:13:32 (58.0%)	12:40	4.7 (41.6%)
95	KULA Joanna	770		K2 30-39	95	00:00:57	01:03:49			+00:37:57	12:45	4.7 (41.6%)
	KIELISZEK Anna	719	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39		DNF	00:50:05 DNF	DNF	DNF		-	- (0.0%)

Znaleziono 96 wynik(ów)