



IX BIEG SZLAKIEM DZIKA

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: Dziki Weekend 2019
Organizator: Stowarzyszenie Klub Biegowy Dzik
Data: 2019-08-17
Miejsce: Police
Dystans: 10 km

Klasyfikacja: K3 40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	MARZEC Karolina	828	DZIKIE DZIKI GORZÓW	K3 40-49	1	00:00:02	00:27:32	00:55:58.90	00:56:01.85		5:35	10.7 (100%)
2	ADAMCZEWSKA Agnieszka	501	3ATEAM	K3 40-49	2	00:00:30	00:30:59	00:59:58.45	01:00:29.10	+00:03:59 (6.7%)	5:59	10 (93.5%)
3	MASYS Agnieszka	829	GRUPA MALBORK	K3 40-49	3	00:00:12	00:30:51	01:01:13.00	01:01:25.25	+00:05:14 (8.6%)	6:07	9.8 (91.6%)
4	SZATANEK Ewa	1016		K3 40-49	4	00:00:13	00:29:49	01:01:16.55	01:01:29.55	+00:05:17 (8.6%)	6:07	9.8 (91.6%)
5	GRABOWSKA Joanna	648	SPC	K3 40-49	5	00:00:10	00:31:06	01:03:11.30	01:03:21.40	+00:07:12 (11.4%)	6:19	9.5 (88.8%)
6	SURGUCKA Iwona	1011	W POGONI ZA DUCHEM	K3 40-49	6	00:00:31	00:32:09	01:03:24.65	01:03:56.30	+00:07:25 (11.7%)	6:20	9.5 (88.8%)
7	ŻUROWSKA Agnieszka	1126		K3 40-49	7	00:00:24	00:32:39	01:05:44.20	01:06:08.50	+00:09:45 (14.8%)	6:34	9.1 (85.0%)
8	KOLEJ Monika	734	DZIKIE DZIKI GORZÓW	K3 40-49	8	00:00:00	00:33:31	01:07:06.20	01:07:06.20	+00:11:07 (16.6%)	6:42	8.9 (83.2%)
9	STEFĄNCZYK Małgorzata	1001	GAZELA ŚWINOUJŚCIE	K3 40-49	9	00:00:16	00:33:20	01:08:39.10	01:08:55.70	+00:12:40 (18.5%)	6:51	8.7 (81.3%)
10	BIAŁKOWSKA Katarzyna	1151	KOBIECE BIEGANIE	K3 40-49	10	00:00:38	00:33:15	01:08:50.30	01:09:28.65	+00:12:51 (18.7%)	6:53	8.7 (81.3%)
11	MATUSZAK Anita	832		K3 40-49	11	00:00:31	00:34:16	01:10:20.90	01:10:52.00	+00:14:22 (20.4%)	7:02	8.5 (79.4%)
12	NIEWADZIK Ula	868		K3 40-49	12	00:00:26	00:34:01	01:10:39.40	01:11:05.50	+00:14:40 (20.8%)	7:03	8.5 (79.4%)
13	CHODAK Monika	571	HUSARIA RACE TEAM	K3 40-49	13	00:00:06	00:33:28	01:10:48.20	01:10:55.05	+00:14:49 (20.9%)	7:04	8.5 (79.4%)
14	JUSINSKA Anna	703	KBSPRINT SWIDWIN	K3 40-49	14	00:00:31	00:35:45	01:11:00.05	01:11:31.15	+00:15:01 (21.2%)	7:06	8.5 (79.4%)

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15	LEWANDOWSKA Dorota	792	LOSZKI I WARCHLAKI	K3 40-49	15	00:00:37	00:35:40	01:11:58.40	01:12:35.80	+00:15:59 (22.2%)	7:11	8.3 (77.6%)
16	NICEWICZ Beata	865	UBAWIENI PO PACHY V	K3 40-49	16	00:00:40	00:34:59	01:13:05.35	01:13:45.75	+00:17:06 (23.4%)	7:18	8.2 (76.6%)
17	RAWA Donata	942		K3 40-49	17	00:00:25	00:35:12	01:13:07.30	01:13:32.45	+00:17:08 (23.4%)	7:18	8.2 (76.6%)
18	DOBACZEWSKA-WASEK Ewa	597		K3 40-49	18	00:00:00	00:35:35	01:13:32.55	01:13:32.55	+00:17:33 (23.9%)	7:21	8.2 (76.6%)
19	ŁEMPKOWSKA Beata	805	DLL PARTNERS	K3 40-49	19	00:00:19	00:35:51	01:13:36.15	01:13:55.15	+00:17:37 (23.9%)	7:21	8.2 (76.6%)
20	ŚWITALSKA Edyta	1032	SZCZECIŃSKIE CENTRUM TRENINGU PERSONALNEGO	K3 40-49	20	00:00:20	00:36:02	01:13:42.20	01:14:02.45	+00:17:43 (24.0%)	7:22	8.1 (75.7%)
21	WIECZOREK Magdalena	1061		K3 40-49	21	00:00:18	00:36:46	01:14:31.50	01:14:49.55	+00:18:32 (24.9%)	7:27	8.1 (75.7%)
22	KUKUROWSKA Sylwia	768	DLL PARTNERS	K3 40-49	22	00:00:30	00:38:04	01:14:51.25	01:15:21.95	+00:18:52 (25.2%)	7:29	8 (74.8%)
23	WOŹNIAK Beata	1089		K3 40-49	23	00:00:44	00:37:55	01:15:12.20	01:15:56.30	+00:19:13 (25.6%)	7:31	8 (74.8%)
24	JAKUBOWSKA Aneta	682	DZIKUS	K3 40-49	24	00:00:47	00:37:45	01:15:20.75	01:16:08.55	+00:19:21 (25.7%)	7:32	8 (74.8%)
25	JA Małgorzata	1142	KOBIECE BIEGANIE	K3 40-49	25	00:00:46	00:37:46	01:15:23.55	01:16:09.65	+00:19:24 (25.7%)	7:32	8 (74.8%)
26	ŚWIETLIK Alicja	1031		K3 40-49	26	00:00:24	00:37:38	01:16:05.75	01:16:30.45	+00:20:06 (26.4%)	7:36	7.9 (73.8%)
27	TOKARCZYK Marta	1035		K3 40-49	27	00:00:39	00:35:34	01:16:07.95	01:16:47.50	+00:20:09 (26.5%)	7:36	7.9 (73.8%)
28	WITKOWSKA Anna	535	NIEZRZESZONA	K3 40-49	28	00:00:04	00:38:32	01:16:45.75	01:16:50.40	+00:20:46 (27.1%)	7:40	7.8 (72.9%)
29	DRZEWIECKA Agnieszka	607	BIEGACZE ŚWINOUJŚCIE	K3 40-49	29	00:00:39	00:38:31	01:17:06.30	01:17:45.65	+00:21:07 (27.4%)	7:42	7.8 (72.9%)
30	WRÓBLEWSKA Małgorzata	1096	POŁUPIN	K3 40-49	30	00:00:20	00:37:13	01:17:16.80	01:17:37.00	+00:21:17 (27.6%)	7:43	7.8 (72.9%)
31	OSTOLSKA Sylwia	890		K3 40-49	31	00:00:53	00:38:37	01:17:20.00	01:18:13.70	+00:21:21 (27.6%)	7:44	7.8 (72.9%)
32	WOSZCZYK Renata	1087		K3 40-49	32	00:00:40	00:38:38	01:17:43.80	01:18:24.25	+00:21:44 (28.0%)	7:46	7.7 (72.0%)
33	ŚWIDER Marzena	1263	SARENKI	K3 40-49	33	00:00:05	00:37:42	01:18:14.30	01:18:19.95	+00:22:15 (28.4%)	7:49	7.7 (72.0%)
34	BEDNARZ Katarzyna	527		K3 40-49	34	00:00:29	00:38:36	01:18:44.00	01:19:13.15	+00:22:45 (28.9%)	7:52	7.6 (71.0%)
35	BARSZCZEWSKA Marlena	520	ZDROWO PIEPRZNIĘCI	K3 40-49	35	00:00:50	00:38:04	01:19:44.90	01:20:35.70	+00:23:46 (29.8%)	7:58	7.5 (70.1%)
36	SOWISZ Danuta	993	SOWISZ TEAM	K3 40-49	36	00:00:28	00:39:28	01:20:11.70	01:20:39.85	+00:24:12 (30.2%)	8:01	7.5 (70.1%)
37	GRALEWICZ Magdalena	651	MUROWANE MORSY	K3 40-49	37	00:00:44	00:40:09	01:20:14.35	01:20:58.45	+00:24:15 (30.2%)	8:01	7.5 (70.1%)

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38	LEŚNIEWSKA Julia	790		K3 40-49	38	00:00:31	00:38:40	01:21:31.50	01:22:03.45	+00:25:32 (31.3%)	8:09	7.4 (69.2%)
39	KAROL Agnieszka	713	LOSZKI I WARCHLAKI	K3 40-49	39	00:00:38	00:40:43	01:23:45.45	01:24:23.85	+00:27:46 (33.2%)	8:22	7.2 (67.3%)
40	JEZIOREK Agnieszka	697	BABINEK BIEGA	K3 40-49	40	00:00:16	00:40:41	01:24:54.00	01:25:10.60	+00:28:55 (34.1%)	8:29	7.1 (66.4%)
41	ELBIŃSKA-KRAWCZUK Monika	619		K3 40-49	41	00:00:40	00:42:10	01:25:15.10	01:25:55.65	+00:29:16 (34.3%)	8:31	7 (65.4%)
42	MAJCHER Małgorzata	814	PIŁA TEAM	K3 40-49	42	00:00:07	00:40:54	01:25:24.10	01:25:31.45	+00:29:25 (34.4%)	8:32	7 (65.4%)
43	POST Mariola	922		K3 40-49	43	00:00:38	00:39:52	01:25:36.50	01:26:14.65	+00:29:37 (34.6%)	8:33	7 (65.4%)
44	KACZMAREK Sylwia	705		K3 40-49	44	00:00:49	00:41:50	01:26:40.75	01:27:30.00	+00:30:41 (35.4%)	8:40	6.9 (64.5%)
45	PIERŚCIŃSKA Marzena	909		K3 40-49	45	00:00:34	00:42:52	01:27:15.45	01:27:49.85	+00:31:16 (35.8%)	8:43	6.9 (64.5%)
46	SKOWYRA Wioletta	978	RUNGRYF GRYFICE	K3 40-49	46	00:00:34	00:42:42	01:27:28.35	01:28:02.40	+00:31:29 (36.0%)	8:44	6.9 (64.5%)
47	PERROT Magdalena	905		K3 40-49	47	00:00:30	00:43:11	01:27:57.50	01:28:27.85	+00:31:58 (36.4%)	8:47	6.8 (63.6%)
48	DOMASIK Izabela	605		K3 40-49	48	00:00:45	00:42:58	01:29:02.00	01:29:47.30	+00:33:03 (37.1%)	8:54	6.7 (62.6%)
49	NIEMIERKO Magdalena	866		K3 40-49	49	00:00:39	00:42:55	01:29:14.50	01:29:53.50	+00:33:15 (37.3%)	8:55	6.7 (62.6%)
50	KULEWSKA Joanna	771	NORDICOWELOVE	K3 40-49	50	00:00:51	00:43:29	01:29:20.75	01:30:12.45	+00:33:21 (37.3%)	8:56	6.7 (62.6%)
51	NOWAK Aneta	874	NORDICOWELOVE	K3 40-49	51	00:00:51	00:43:45	01:29:21.05	01:30:12.50	+00:33:22 (37.3%)	8:56	6.7 (62.6%)
52	NAJMARK Małgorzata	858	SKB DZIK	K3 40-49	52	00:00:51	00:43:45	01:29:21.15	01:30:13.05	+00:33:22 (37.3%)	8:56	6.7 (62.6%)
53	GÓRSKA Agnieszka	647	NORDICOWE LOVE POLICE	K3 40-49	53	00:00:51	00:43:44	01:29:21.55	01:30:13.05	+00:33:22 (37.4%)	8:56	6.7 (62.6%)
54	TOMASIŃSKA Monika	1036	OSOWA-BIEGA	K3 40-49	54	00:00:50	00:44:41	01:29:51.20	01:30:41.70	+00:33:52 (37.7%)	8:59	6.7 (62.6%)
55	ULASS Agnieszka	1044		K3 40-49	55	00:00:49	00:44:43	01:31:30.30	01:32:19.90	+00:35:31 (38.8%)	9:09	6.6 (61.7%)
56	GRODZIŃSKA Agnieszka	652	KLUB MORSÓW MIEDWIANIE	K3 40-49	56	00:00:50	00:44:38	01:32:53.85	01:33:44.55	+00:36:54 (39.7%)	9:17	6.5 (60.7%)
57	RODAK Agnieszka	944		K3 40-49	57	00:00:59	00:45:35	01:33:01.40	01:34:00.55	+00:37:02 (39.8%)	9:18	6.5 (60.7%)
58	BZDAWKA Joanna	567	1976	K3 40-49	58	00:00:41	00:45:45	01:34:22.65	01:35:04.60	+00:38:23 (40.7%)	9:26	6.4 (59.8%)
59	MAĆKÓW Natalia	811		K3 40-49	59	00:00:42	00:45:43	01:35:20.85	01:36:03.10	+00:39:21 (41.3%)	9:32	6.3 (58.9%)
60	BARSCZEWSKA Małgorzata	519		K3 40-49	60	00:00:41	00:45:25	01:35:21.90	01:36:02.90	+00:39:23 (41.3%)	9:32	6.3 (58.9%)

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61	CZYŻ Anna	589	3ATEAM	K3 40-49	61	00:00:34	00:47:12	01:36:21.95	01:36:56.25	+00:40:23 (41.9%)	9:38	6.2 (57.9%)
62	ADAMCZEWSKA Anna	502	3ATEAM	K3 40-49	62	00:00:33	00:47:12	01:36:22.60	01:36:56.10	+00:40:23 (41.9%)	9:38	6.2 (57.9%)
63	ORLON Barbara	886	RUN HAPPY	K3 40-49	63	00:00:14	00:46:19	01:37:44.30	01:37:58.75	+00:41:45 (42.7%)	9:46	6.1 (57.0%)
64	KOŁACZYŃSKA Monika	735		K3 40-49	64	00:00:37	00:50:13	01:46:10.65	01:46:48.60	+00:50:11 (47.3%)	10:37	5.7 (53.3%)
65	KUCHARCZYK Elżbieta	765	RUNGRYF	K3 40-49	65	00:00:35	00:51:53	01:48:34.35	01:49:09.55	+00:52:35 (48.4%)	10:51	5.5 (51.4%)
66	JASIK Agnieszka	691		K3 40-49	66	00:00:33	00:49:29	01:50:30.60	01:51:04.30	+00:54:31 (49.3%)	11:03	5.4 (50.5%)
67	MUSZYŃSKA Barbara	854	PIŁA TEAM	K3 40-49	67	00:00:06	00:52:45	01:54:57.40	01:55:03.95	+00:58:58 (51.3%)	11:29	5.2 (48.6%)

Znaleziono 67 wynik(ów)