IX BIEG SZLAKIEM DZIKA

Wydarzenie: Dziki Weekend 2019
Organizator: Stowarzyszenie Klub Biegowy Dzik
Data: 2019-08-17
Miejsce: Police
Dystans: 10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M3 40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	**PLESNER Krzysztof**	**1283**	JRG3 SZCZECIN	M3 40-49	1	00:00:02	00:21:51	**00:44:37.70**	**00:44:39.75**		4:27	13.4 (100%)
2	**JAROSIŃSKI Dawid**	**1342**	KP PSP MYŚLIBÓRZ	M3 40-49	2	00:00:01	00:21:57	**00:45:07.20**	**00:45:09.05**	+00:00:29 (1.1%)	4:30	13.3 (99.3%)
3	**ZYGMUNT Tomasz**	**1140**		M3 40-49	3	00:00:04	00:23:51	**00:47:57.60**	**00:48:01.65**	+00:03:19 (6.9%)	4:47	12.5 (93.3%)
4	**MAZUR Emiliusz**	**1427**	KM PSP KOSZALIN	M3 40-49	4	00:00:02	00:23:50	**00:48:04.50**	**00:48:06.85**	+00:03:26 (7.2%)	4:48	12.5 (93.3%)
5	**DOLEŻEK Krystian**	**601**		M3 40-49	5	00:00:04	00:24:29	**00:48:11.55**	**00:48:15.60**	+00:03:33 (7.4%)	4:49	12.5 (93.3%)
6	**WASILEWSKI Andrzej**	**1055**		M3 40-49	6	00:00:09	00:24:44	**00:49:20.15**	**00:49:29.45**	+00:04:42 (9.5%)	4:56	12.2 (91.0%)
7	**WUJDA Mirosław**	**1100**	ERNI RULEZ	M3 40-49	7	00:00:05	00:24:57	**00:50:39.45**	**00:50:44.65**	+00:06:01 (11.9%)	5:03	11.8 (88.1%)
8	**KRZEŚNIOWSKI Marcin**	**1305**	ROWEROWY ZAŁOM	M3 40-49	8	00:00:02	00:24:49	**00:50:49.25**	**00:50:52.20**	+00:06:11 (12.2%)	5:05	11.8 (88.1%)
9	**GARBACZ Krzysztof**	**1340**		M3 40-49	9	00:00:02	00:25:01	**00:52:32.65**	**00:52:34.70**	+00:07:54 (15.1%)	5:15	11.4 (85.1%)
10	**DUSZA Robert**	**614**		M3 40-49	10	00:00:21	00:26:23	**00:53:46.70**	**00:54:07.85**	+00:09:09 (17.0%)	5:22	11.2 (83.6%)
11	**BABICZ Wojtek**	**513**	BRIDGESTONE STARGARD SUNNERS	M3 40-49	11	00:00:03	00:26:40	**00:54:39.05**	**00:54:42.85**	+00:10:01 (18.3%)	5:27	11 (82.1%)
12	**BOJANOWSKI Piotr**	**1408**	BEMO MOTORS	M3 40-49	12	00:00:35	00:28:11	**00:54:39.45**	**00:55:14.80**	+00:10:01 (18.3%)	5:27	11 (82.1%)
13	**JODŁOWSKI Marek**	**701**		M3 40-49	13	00:00:18	00:27:38	**00:54:46.65**	**00:55:05.50**	+00:10:08 (18.5%)	5:28	11 (82.1%)
14	**MUCHA Rafał**	**1430**	KB HERMES	M3 40-49	14	00:00:14	00:27:19	**00:54:50.80**	**00:55:05.70**	+00:10:13 (18.6%)	5:29	10.9 (81.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
15	**ZELEK Darek**	**1113**		M3 40-49	15	00:00:01	00:26:48	**00:54:51.20**	**00:54:53.10**	+00:10:13 (18.6%)	5:29	10.9 (81.3%)
16	**WOSZCZYK Sebastian**	**1088**		M3 40-49	16	00:00:19	00:27:39	**00:54:54.05**	**00:55:13.55**	+00:10:16 (18.7%)	5:29	10.9 (81.3%)
17	**WARCHAŁOWSKI Arkadiusz**	**1053**		M3 40-49	17	00:00:13	00:26:51	**00:54:58.80**	**00:55:12.25**	+00:10:21 (18.8%)	5:29	10.9 (81.3%)
18	**KOWAL Tomasz**	**748**		M3 40-49	18	00:00:12	00:28:06	**00:56:06.95**	**00:56:19.70**	+00:11:29 (20.5%)	5:36	10.7 (79.9%)
19	**KRASNODĘBSKI Konrad**	**1405**	BBL POLICE	M3 40-49	19	00:00:07	00:28:35	**00:56:33.75**	**00:56:41.60**	+00:11:56 (21.1%)	5:39	10.6 (79.1%)
20	**DZIEMECKI Grzegorz**	**616**	SKS HUSARIA	M3 40-49	20	00:00:10	00:27:02	**00:56:50.00**	**00:57:00.30**	+00:12:12 (21.5%)	5:41	10.6 (79.1%)
21	**CHARLEJ Ireneusz**	**1336**	WIECZORNE BIEGANIE W SZCZECINIE	M3 40-49	21	00:00:07	00:27:48	**00:57:04.95**	**00:57:12.05**	+00:12:27 (21.8%)	5:42	10.5 (78.4%)
22	**JASTRZĘBSKI Daniel**	**695**		M3 40-49	22	00:00:10	00:28:16	**00:57:05.05**	**00:57:15.95**	+00:12:27 (21.8%)	5:42	10.5 (78.4%)
23	**MARKS Maciej**	**826**	STOWARZYSZENIE DOŁUJE-KOŚCINO	M3 40-49	23	00:00:15	00:27:43	**00:57:08.55**	**00:57:24.45**	+00:12:30 (21.9%)	5:42	10.5 (78.4%)
24	**OSTOJSKI Ireneusz**	**889**	DLL PARTNERS	M3 40-49	24	00:00:13	00:27:42	**00:57:46.85**	**00:58:00.30**	+00:13:09 (22.8%)	5:46	10.4 (77.6%)
25	**SZYPKOWSKI Marek**	**1027**	CHWIRAM	M3 40-49	25	00:00:02	00:28:39	**00:58:14.35**	**00:58:16.85**	+00:13:36 (23.4%)	5:49	10.3 (76.9%)
26	**KACZMAREK Krzysztof**	**704**	OSOWA BIEGA	M3 40-49	26	00:00:08	00:28:11	**00:58:19.30**	**00:58:27.65**	+00:13:41 (23.5%)	5:49	10.3 (76.9%)
27	**SURGUCKI Sebastian**	**1012**	W POGONI ZA DUCHEM	M3 40-49	27	00:00:31	00:31:08	**00:59:57.70**	**01:00:29.10**	+00:15:20 (25.6%)	5:59	10 (74.6%)
28	**WITORZĘĆ Dariusz**	**1076**		M3 40-49	28	00:00:14	00:29:46	**01:00:23.95**	**01:00:38.05**	+00:15:46 (26.1%)	6:02	9.9 (73.9%)
29	**BARSZCZEWSKI Jacek**	**522**	ZDROWO PIEPRZNIĘCI	M3 40-49	29	00:00:50	00:30:14	**01:00:40.90**	**01:01:31.70**	+00:16:03 (26.5%)	6:04	9.9 (73.9%)
30	**PONIEWIERKA Remigiusz**	**917**	DRAGON 10	M3 40-49	30	00:00:17	00:30:10	**01:00:42.60**	**01:01:00.50**	+00:16:04 (26.5%)	6:04	9.9 (73.9%)
31	**KONDELA Paweł**	**737**	AKTYWNE CHOSZCZNO	M3 40-49	31	00:00:27	00:30:26	**01:01:02.10**	**01:01:29.35**	+00:16:24 (26.9%)	6:06	9.8 (73.1%)
32	**GRZYBOWSKI Przemysław**	**661**	KP PSP POLICE	M3 40-49	32	00:00:06	00:30:18	**01:01:03.15**	**01:01:10.00**	+00:16:25 (26.9%)	6:06	9.8 (73.1%)
33	**WOJTKOWIAK Rafał**	**1080**		M3 40-49	33	00:00:26	00:30:07	**01:01:40.00**	**01:02:06.65**	+00:17:02 (27.6%)	6:10	9.7 (72.4%)
34	**ZADROŻNY Szymon**	**1106**	WATAHA WAŁCZ	M3 40-49	34	00:00:16	00:30:01	**01:01:47.05**	**01:02:03.80**	+00:17:09 (27.8%)	6:10	9.7 (72.4%)
35	**KOKOWSKI Jacek**	**1344**		M3 40-49	35	00:00:17	00:29:56	**01:01:56.35**	**01:02:14.30**	+00:17:18 (27.9%)	6:11	9.7 (72.4%)
36	**ZGUTKA Tomasz**	**1116**	HUSARIA RACE TEAM	M3 40-49	36	00:00:04	00:30:07	**01:02:36.00**	**01:02:40.35**	+00:17:58 (28.7%)	6:15	9.6 (71.6%)
37	**REMLAJN Adam**	**943**	GRUPA MALBORK	M3 40-49	37	00:00:12	00:30:45	**01:02:39.85**	**01:02:52.10**	+00:18:02 (28.8%)	6:16	9.6 (71.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
38	**ŁAWNICZAK Sebastian**	**801**		M3 40-49	38	00:00:42	00:30:27	**01:03:49.90**	**01:04:31.95**	+00:19:12 (30.1%)	6:22	9.4 (70.1%)
39	**MAJCHER Piotr**	**815**	PIŁA TEAM	M3 40-49	39	00:00:02	00:31:01	**01:03:55.60**	**01:03:58.50**	+00:19:17 (30.2%)	6:23	9.4 (70.1%)
40	**BOCK Udo**	**547**	BRAUNSCHWEIG HASH HOUSE HARRIERS	M3 40-49	40	00:00:00	00:31:00	**01:04:06.50**	**01:04:06.50**	+00:19:28 (30.4%)	6:24	9.4 (70.1%)
41	**ULASS Robert**	**1046**		M3 40-49	41	00:00:23	00:32:01	**01:04:12.90**	**01:04:36.15**	+00:19:35 (30.5%)	6:25	9.3 (69.4%)
42	**MĄDRAWSKI Tomasz**	**836**		M3 40-49	42	00:00:06	00:31:30	**01:04:30.00**	**01:04:36.75**	+00:19:52 (30.8%)	6:27	9.3 (69.4%)
43	**CZYNSZAK Krystian**	**1146**		M3 40-49	43	00:00:58	00:33:58	**01:04:35.20**	**01:05:33.55**	+00:19:57 (30.9%)	6:27	9.3 (69.4%)
44	**KOSTRZEWA Mariusz**	**744**	DZIKIE WIEPRZE CRM	M3 40-49	44	00:00:02	00:29:46	**01:04:45.65**	**01:04:48.30**	+00:20:07 (31.1%)	6:28	9.3 (69.4%)
45	**DOBRYCKI Piotr**	**599**	BRIDGESTONE STARGARD RUNNERS	M3 40-49	45	00:00:45	00:32:23	**01:04:47.25**	**01:05:32.85**	+00:20:09 (31.1%)	6:28	9.3 (69.4%)
46	**KUCHARCZYK Robert**	**764**	RUNGRYF	M3 40-49	46	00:00:11	00:32:42	**01:05:19.05**	**01:05:30.40**	+00:20:41 (31.7%)	6:31	9.2 (68.7%)
47	**CARŁO Marcin**	**568**	WIECZORNE BIEGANIE W SZCZECINIE	M3 40-49	47	00:00:12	00:34:55	**01:05:19.40**	**01:05:31.75**	+00:20:41 (31.7%)	6:31	9.2 (68.7%)
48	**HAJDUK Maciej**	**663**		M3 40-49	48	00:00:19	00:32:01	**01:05:24.50**	**01:05:44.25**	+00:20:46 (31.8%)	6:32	9.2 (68.7%)
49	**MLECZEK Roman**	**846**	BABINEK BIEGA	M3 40-49	49	00:00:16	00:33:03	**01:05:30.65**	**01:05:47.60**	+00:20:52 (31.9%)	6:33	9.2 (68.7%)
50	**MARTUSZEWSKI Ryszard**	**827**		M3 40-49	50	00:00:28	00:30:23	**01:05:52.30**	**01:06:20.65**	+00:21:14 (32.2%)	6:35	9.1 (67.9%)
51	**NASKRĘT Dariusz**	**863**		M3 40-49	51	00:00:31	00:33:59	**01:06:01.65**	**01:06:33.50**	+00:21:23 (32.4%)	6:36	9.1 (67.9%)
52	**KASPRZYK Bogdan**	**1426**	KM PSP KOSZALIN	M3 40-49	52	00:00:18	00:33:12	**01:06:27.55**	**01:06:46.30**	+00:21:49 (32.8%)	6:38	9 (67.2%)
53	**GOZDYRA Darek**	**646**		M3 40-49	53	00:00:20	00:31:49	**01:06:31.25**	**01:06:52.15**	+00:21:53 (32.9%)	6:39	9 (67.2%)
54	**HNAT Rafał**	**671**	WATAHA WAŁCZ	M3 40-49	54	00:00:19	00:31:34	**01:06:46.25**	**01:07:05.55**	+00:22:08 (33.2%)	6:40	9 (67.2%)
55	**CIESZYNSKI Wojciech**	**582**		M3 40-49	55	00:00:16	00:31:43	**01:07:16.15**	**01:07:33.00**	+00:22:38 (33.7%)	6:43	8.9 (66.4%)
56	**HRYNIŁO Marcin**	**1407**	BEMO MOTORS	M3 40-49	56	00:00:36	00:34:57	**01:08:10.20**	**01:08:46.35**	+00:23:32 (34.5%)	6:49	8.8 (65.7%)
57	**MAKSAJDA Dariusz**	**818**		M3 40-49	57	00:00:24	00:34:00	**01:08:15.55**	**01:08:40.25**	+00:23:37 (34.6%)	6:49	8.8 (65.7%)
58	**KLIMEK Krzysztof**	**727**		M3 40-49	58	00:00:56	00:34:39	**01:08:15.75**	**01:09:12.65**	+00:23:38 (34.6%)	6:49	8.8 (65.7%)
59	**BUBEŁA Tomasz**	**1335**		M3 40-49	59	00:00:34	00:33:41	**01:08:20.75**	**01:08:55.35**	+00:23:43 (34.7%)	6:50	8.8 (65.7%)
60	**STEFAŃCZYK Przemysław**	**1002**	GAZELA ŚWINOUJŚCIE	M3 40-49	60	00:00:17	00:33:19	**01:08:38.65**	**01:08:55.80**	+00:24:00 (35.0%)	6:51	8.7 (64.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
61	**PIERŚCIŃSKI Sławomir**	**910**		M3 40-49	61	00:00:32	00:34:15	**01:09:01.05**	**01:09:33.25**	+00:24:23 (35.3%)	6:54	8.7 (64.9%)
62	**CHUDZIŃSKI Bartosz**	**577**		M3 40-49	62	00:00:27	00:35:37	**01:09:18.75**	**01:09:46.45**	+00:24:41 (35.6%)	6:55	8.7 (64.9%)
63	**WRÓBLEWSKI Jarosław**	**1098**	RAZ SZCZECIN	M3 40-49	63	00:00:19	00:33:25	**01:09:36.90**	**01:09:56.80**	+00:24:59 (35.9%)	6:57	8.6 (64.2%)
64	**DOMAGALSKI Sławomir**	**604**	SKB DZIK	M3 40-49	64	00:00:21	00:33:23	**01:09:54.45**	**01:10:15.75**	+00:25:16 (36.2%)	6:59	8.6 (64.2%)
65	**MAŁOCHA Mariusz**	**821**	DZIADY OCR	M3 40-49	65	00:00:26	00:34:20	**01:10:12.60**	**01:10:39.45**	+00:25:34 (36.4%)	7:01	8.5 (63.4%)
66	**STRELCOW Krzysztof**	**1149**		M3 40-49	66	00:00:11	00:34:34	**01:10:42.65**	**01:10:54.10**	+00:26:04 (36.9%)	7:04	8.5 (63.4%)
67	**WOŁOSZYN Konrad**	**1085**	ADRENALINA TEAM	M3 40-49	67	00:00:20	00:33:32	**01:10:59.75**	**01:11:20.10**	+00:26:22 (37.1%)	7:06	8.5 (63.4%)
68	**ŻUROWSKI Jarosław**	**1127**		M3 40-49	68	00:00:26	00:35:21	**01:11:35.70**	**01:12:01.85**	+00:26:58 (37.7%)	7:09	8.4 (62.7%)
69	**WIECZOREK Mariusz**	**1060**		M3 40-49	69	00:00:34	00:34:03	**01:11:56.00**	**01:12:30.90**	+00:27:18 (38.0%)	7:11	8.3 (61.9%)
70	**FIJOŁEK Krzysztof**	**623**	VIKING BIKE TEAM	M3 40-49	70	00:00:30	00:35:30	**01:11:58.05**	**01:12:28.10**	+00:27:20 (38.0%)	7:11	8.3 (61.9%)
71	**GRALEWICZ Robert**	**650**	MUROWANE MORSY	M3 40-49	71	00:00:42	00:37:14	**01:12:03.75**	**01:12:46.05**	+00:27:26 (38.1%)	7:12	8.3 (61.9%)
72	**GUMOWSKI Daniel**	**1257**		M3 40-49	72	00:00:06	00:34:14	**01:12:56.90**	**01:13:03.55**	+00:28:19 (38.8%)	7:17	8.2 (61.2%)
73	**WIERZCHOWSKI Arkadiusz**	**1067**	BRIDGESTONE STARGARD RUNNERS	M3 40-49	73	00:00:58	00:38:15	**01:12:59.45**	**01:13:57.90**	+00:28:21 (38.9%)	7:17	8.2 (61.2%)
74	**GANCKE Grzegorz**	**631**		M3 40-49	74	00:00:10	00:32:08	**01:13:03.30**	**01:13:13.90**	+00:28:25 (38.9%)	7:18	8.2 (61.2%)
75	**NASIADEK Arkadiusz**	**862**		M3 40-49	75	00:00:29	00:35:51	**01:13:06.40**	**01:13:35.55**	+00:28:28 (39.0%)	7:18	8.2 (61.2%)
76	**BŁASIAK Radosław**	**1133**		M3 40-49	76	00:00:42	00:36:58	**01:13:07.15**	**01:13:50.00**	+00:28:29 (39.0%)	7:18	8.2 (61.2%)
77	**ŁEMPKOWSKI Janusz**	**806**	DLL PARTNERS	M3 40-49	77	00:00:19	00:35:51	**01:13:35.65**	**01:13:55.25**	+00:28:57 (39.4%)	7:21	8.2 (61.2%)
78	**LEŚNIEWSKI Wojciech**	**791**		M3 40-49	78	00:00:31	00:38:40	**01:14:50.85**	**01:15:21.95**	+00:30:13 (40.4%)	7:29	8 (59.7%)
79	**SMOLINSKI Artur**	**986**		M3 40-49	79	00:00:41	00:37:19	**01:15:24.00**	**01:16:05.00**	+00:30:46 (40.8%)	7:32	8 (59.7%)
80	**KLESZOWSKI Daniel**	**724**		M3 40-49	80	00:00:32	00:37:31	**01:15:41.10**	**01:16:13.75**	+00:31:03 (41.0%)	7:34	7.9 (59.0%)
81	**GRODZIŃSKI Arkadiusz**	**653**	STARGARDZKI KLUB MORSÓW MIEDWIANIE	M3 40-49	81	00:00:48	00:37:17	**01:16:15.30**	**01:17:04.10**	+00:31:37 (41.5%)	7:37	7.9 (59.0%)
82	**TUMANOWICZ Tomasz**	**1041**		M3 40-49	82	00:00:36	00:35:25	**01:16:41.15**	**01:17:17.85**	+00:32:03 (41.8%)	7:40	7.8 (58.2%)
83	**GAUDEN Piotr**	**633**	SPC/KM UMK TORUŃ	M3 40-49	83	00:00:42	00:38:20	**01:16:52.00**	**01:17:34.85**	+00:32:14 (41.9%)	7:41	7.8 (58.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
84	**OMELAŃCZUK Piotr**	**885**	ZDROWO PIEPRZNIĘCI	M3 40-49	84	00:00:53	00:39:12	**01:18:44.20**	**01:19:37.45**	+00:34:06 (43.3%)	7:52	7.6 (56.7%)
85	**BORODYN Andrzej**	**551**	GRUPA DOCHODZENIOWA SAVE THE BEAT	M3 40-49	85	00:00:31	00:36:40	**01:19:03.30**	**01:19:35.05**	+00:34:25 (43.5%)	7:54	7.6 (56.7%)
86	**JAŚKIEWICZ Krzysztof**	**696**	RX FITNESS LUBIN	M3 40-49	86	00:00:58	00:39:46	**01:19:48.20**	**01:20:46.25**	+00:35:10 (44.1%)	7:58	7.5 (56.0%)
87	**GITNER Marcin**	**639**	BIĘKNI I BESTIE	M3 40-49	87	00:00:35	00:38:48	**01:20:09.20**	**01:20:45.15**	+00:35:31 (44.3%)	8:01	7.5 (56.0%)
88	**MRÓZ Tomek**	**851**		M3 40-49	88	00:00:01	00:39:53	**01:20:19.30**	**01:20:21.15**	+00:35:41 (44.4%)	8:02	7.5 (56.0%)
89	**JABŁOŃSKI Wojciech**	**1382**		M3 40-49	89	00:00:57	00:38:55	**01:20:30.30**	**01:21:28.25**	+00:35:52 (44.6%)	8:03	7.5 (56.0%)
90	**OSTROWSKI Piotr**	**891**	23. BAZA LOTNICTWA TAKTYCZNEGO	M3 40-49	90	00:00:47	00:39:07	**01:22:09.75**	**01:22:57.55**	+00:37:32 (45.7%)	8:13	7.3 (54.5%)
91	**PRĘTKI Robert**	**927**		M3 40-49	91	00:00:57	01:01:39	**01:23:59.00**	**01:24:56.30**	+00:39:21 (46.9%)	8:23	7.1 (53.0%)
92	**WAJDA Waldemar**	**1050**		M3 40-49	92	00:00:56	00:41:45	**01:25:42.10**	**01:26:38.40**	+00:41:04 (47.9%)	8:34	7 (52.2%)
93	**WIECZOREK Wojciech**	**1062**		M3 40-49	93	00:00:18	00:40:59	**01:27:21.35**	**01:27:39.80**	+00:42:43 (48.9%)	8:44	6.9 (51.5%)
94	**CIEMCIOCH Pawel**	**579**		M3 40-49	94	00:00:27	00:41:57	**01:27:29.20**	**01:27:56.60**	+00:42:51 (49.0%)	8:44	6.9 (51.5%)
95	**NIEZGODA Adam**	**871**	KOMPAS TEAM	M3 40-49	95	00:00:31	00:43:09	**01:28:17.10**	**01:28:48.35**	+00:43:39 (49.4%)	8:49	6.8 (50.7%)
96	**MOSKWA Grzegorz**	**849**	12BZ	M3 40-49	96	00:00:49	00:42:04	**01:28:56.10**	**01:29:45.85**	+00:44:18 (49.8%)	8:53	6.7 (50.0%)
97	**STEMPNIAK Zbigniew**	**1005**	REBELS LEGION TEAM	M3 40-49	97	00:00:51	00:43:55	**01:29:01.80**	**01:29:53.35**	+00:44:24 (49.9%)	8:54	6.7 (50.0%)
98	**CIEPIELA Przemysław**	**581**		M3 40-49	98	00:00:39	00:42:55	**01:29:13.80**	**01:29:53.35**	+00:44:36 (50.0%)	8:55	6.7 (50.0%)
99	**TOMASIŃSKI Szymon**	**1037**	OSOWA-BIEGA	M3 40-49	99	00:00:51	00:44:40	**01:29:50.25**	**01:30:41.35**	+00:45:12 (50.3%)	8:59	6.7 (50.0%)
100	**GRZEGORZEWSKI Krzysztof**	**658**		M3 40-49	100	00:00:58	00:45:36	**01:33:01.80**	**01:34:00.45**	+00:48:24 (52.0%)	9:18	6.4 (47.8%)
101	**BURAKOWSKI Grzegorz**	**564**		M3 40-49	101	00:00:43	00:45:29	**01:35:18.65**	**01:36:01.70**	+00:50:40 (53.2%)	9:31	6.3 (47.0%)
102	**BARSZCZEWSKI Stanisław**	**521**	KPW ŚWINOUJŚCIE	M3 40-49	102	00:00:41	00:45:25	**01:35:21.55**	**01:36:02.60**	+00:50:43 (53.2%)	9:32	6.3 (47.0%)
103	**BZDAWKA Rafał**	**566**		M3 40-49	103	00:00:41	00:45:26	**01:35:21.95**	**01:36:03.55**	+00:50:44 (53.2%)	9:32	6.3 (47.0%)
104	**SADOWSKI Mariusz**	**957**	IRON HOUSE	M3 40-49	104	00:00:49	00:52:29	**01:44:12.15**	**01:45:01.55**	+00:59:34 (57.2%)	10:25	5.8 (43.3%)
105	**PTASZYŃSKI Jarosław**	**934**	OCR TEAM WŁOCŁAWEK	M3 40-49	105	00:00:48	00:52:29	**01:44:13.65**	**01:45:02.00**	+00:59:35 (57.2%)	10:25	5.8 (43.3%)

Znaleziono 105 wynik(ów)