



**Wydarzenie:** Dziki Weekend 2019  
**Organizator:** Stowarzyszenie Klub Biegowy Dzik  
**Data:** 2019-08-17  
**Miejsce:** Police  
**Dystans:** 10 km

## IX BIEG SZLAKIEM DZIKA

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M3 40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>PLESNER Krzysztof</b>	<b>1283</b>	JRG3 SZCZECIN	M3 40-49	1	00:00:02	00:21:51	<b>00:44:37.70</b>	<b>00:44:39.75</b>		4:27	13.4 (100%)
2	<b>JAROSIŃSKI Dawid</b>	<b>1342</b>	KP PSP MYŚLIBÓRZ	M3 40-49	2	00:00:01	00:21:57	<b>00:45:07.20</b>	<b>00:45:09.05</b>	+00:00:29 (1.1%)	4:30	13.3 (99.3%)
3	<b>ZYGMUNT Tomasz</b>	<b>1140</b>		M3 40-49	3	00:00:04	00:23:51	<b>00:47:57.60</b>	<b>00:48:01.65</b>	+00:03:19 (6.9%)	4:47	12.5 (93.3%)
4	<b>MAZUR Emiliusz</b>	<b>1427</b>	KM PSP KOSZALIN	M3 40-49	4	00:00:02	00:23:50	<b>00:48:04.50</b>	<b>00:48:06.85</b>	+00:03:26 (7.2%)	4:48	12.5 (93.3%)
5	<b>DOLEŻEK Krystian</b>	<b>601</b>		M3 40-49	5	00:00:04	00:24:29	<b>00:48:11.55</b>	<b>00:48:15.60</b>	+00:03:33 (7.4%)	4:49	12.5 (93.3%)
6	<b>WASILEWSKI Andrzej</b>	<b>1055</b>		M3 40-49	6	00:00:09	00:24:44	<b>00:49:20.15</b>	<b>00:49:29.45</b>	+00:04:42 (9.5%)	4:56	12.2 (91.0%)
7	<b>WUJDA Mirosław</b>	<b>1100</b>	ERNI RULEZ	M3 40-49	7	00:00:05	00:24:57	<b>00:50:39.45</b>	<b>00:50:44.65</b>	+00:06:01 (11.9%)	5:03	11.8 (88.1%)
8	<b>KRZEŚNIEWSKI Marcin</b>	<b>1305</b>	ROWEROWY ZAŁOM	M3 40-49	8	00:00:02	00:24:49	<b>00:50:49.25</b>	<b>00:50:52.20</b>	+00:06:11 (12.2%)	5:05	11.8 (88.1%)
9	<b>GARBACZ Krzysztof</b>	<b>1340</b>		M3 40-49	9	00:00:02	00:25:01	<b>00:52:32.65</b>	<b>00:52:34.70</b>	+00:07:54 (15.1%)	5:15	11.4 (85.1%)
10	<b>DUSZA Robert</b>	<b>614</b>		M3 40-49	10	00:00:21	00:26:23	<b>00:53:46.70</b>	<b>00:54:07.85</b>	+00:09:09 (17.0%)	5:22	11.2 (83.6%)
11	<b>BABICZ Wojtek</b>	<b>513</b>	BRIDGESTONE STARGARD SUNNERS	M3 40-49	11	00:00:03	00:26:40	<b>00:54:39.05</b>	<b>00:54:42.85</b>	+00:10:01 (18.3%)	5:27	11 (82.1%)
12	<b>BOJANOWSKI Piotr</b>	<b>1408</b>	BEMO MOTORS	M3 40-49	12	00:00:35	00:28:11	<b>00:54:39.45</b>	<b>00:55:14.80</b>	+00:10:01 (18.3%)	5:27	11 (82.1%)
13	<b>JODŁOWSKI Marek</b>	<b>701</b>		M3 40-49	13	00:00:18	00:27:38	<b>00:54:46.65</b>	<b>00:55:05.50</b>	+00:10:08 (18.5%)	5:28	11 (82.1%)
14	<b>MUCHA Rafał</b>	<b>1430</b>	KB HERMES	M3 40-49	14	00:00:14	00:27:19	<b>00:54:50.80</b>	<b>00:55:05.70</b>	+00:10:13 (18.6%)	5:29	10.9 (81.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
15	<b>ZELEK Darek</b>	<b>1113</b>		M3 40-49	15	00:00:01	00:26:48	<b>00:54:51.20</b>	<b>00:54:53.10</b>	+00:10:13 (18.6%)	5:29	10.9 (81.3%)
16	<b>WOSZCZYK Sebastian</b>	<b>1088</b>		M3 40-49	16	00:00:19	00:27:39	<b>00:54:54.05</b>	<b>00:55:13.55</b>	+00:10:16 (18.7%)	5:29	10.9 (81.3%)
17	<b>WARCHAŁOWSKI Arkadiusz</b>	<b>1053</b>		M3 40-49	17	00:00:13	00:26:51	<b>00:54:58.80</b>	<b>00:55:12.25</b>	+00:10:21 (18.8%)	5:29	10.9 (81.3%)
18	<b>KOWAL Tomasz</b>	<b>748</b>		M3 40-49	18	00:00:12	00:28:06	<b>00:56:06.95</b>	<b>00:56:19.70</b>	+00:11:29 (20.5%)	5:36	10.7 (79.9%)
19	<b>KRASNODĘBSKI Konrad</b>	<b>1405</b>	BBL POLICE	M3 40-49	19	00:00:07	00:28:35	<b>00:56:33.75</b>	<b>00:56:41.60</b>	+00:11:56 (21.1%)	5:39	10.6 (79.1%)
20	<b>DZIEMECKI Grzegorz</b>	<b>616</b>	SKS HUSARIA	M3 40-49	20	00:00:10	00:27:02	<b>00:56:50.00</b>	<b>00:57:00.30</b>	+00:12:12 (21.5%)	5:41	10.6 (79.1%)
21	<b>CHARLEJ Ireneusz</b>	<b>1336</b>	WIECZORNE BIEGANIE W SZCZECINIE	M3 40-49	21	00:00:07	00:27:48	<b>00:57:04.95</b>	<b>00:57:12.05</b>	+00:12:27 (21.8%)	5:42	10.5 (78.4%)
22	<b>JASTRZĘBSKI Daniel</b>	<b>695</b>		M3 40-49	22	00:00:10	00:28:16	<b>00:57:05.05</b>	<b>00:57:15.95</b>	+00:12:27 (21.8%)	5:42	10.5 (78.4%)
23	<b>MARKS Maciej</b>	<b>826</b>	STOWARZYSZENIE DOŁUJE-KOŚCINO	M3 40-49	23	00:00:15	00:27:43	<b>00:57:08.55</b>	<b>00:57:24.45</b>	+00:12:30 (21.9%)	5:42	10.5 (78.4%)
24	<b>OSTOJSKI Ireneusz</b>	<b>889</b>	DLL PARTNERS	M3 40-49	24	00:00:13	00:27:42	<b>00:57:46.85</b>	<b>00:58:00.30</b>	+00:13:09 (22.8%)	5:46	10.4 (77.6%)
25	<b>SZYPKOWSKI Marek</b>	<b>1027</b>	CHWIRAM	M3 40-49	25	00:00:02	00:28:39	<b>00:58:14.35</b>	<b>00:58:16.85</b>	+00:13:36 (23.4%)	5:49	10.3 (76.9%)
26	<b>KACZMAREK Krzysztof</b>	<b>704</b>	OSOWA BIEGA	M3 40-49	26	00:00:08	00:28:11	<b>00:58:19.30</b>	<b>00:58:27.65</b>	+00:13:41 (23.5%)	5:49	10.3 (76.9%)
27	<b>SURGUCKI Sebastian</b>	<b>1012</b>	W POGONI ZA DUCHEM	M3 40-49	27	00:00:31	00:31:08	<b>00:59:57.70</b>	<b>01:00:29.10</b>	+00:15:20 (25.6%)	5:59	10 (74.6%)
28	<b>WITORZĘĆ Dariusz</b>	<b>1076</b>		M3 40-49	28	00:00:14	00:29:46	<b>01:00:23.95</b>	<b>01:00:38.05</b>	+00:15:46 (26.1%)	6:02	9.9 (73.9%)
29	<b>BARSZCZEWSKI Jacek</b>	<b>522</b>	ZDROWO PIEPRZNIĘCI	M3 40-49	29	00:00:50	00:30:14	<b>01:00:40.90</b>	<b>01:01:31.70</b>	+00:16:03 (26.5%)	6:04	9.9 (73.9%)
30	<b>PONIEWIERKA Remigiusz</b>	<b>917</b>	DRAGON 10	M3 40-49	30	00:00:17	00:30:10	<b>01:00:42.60</b>	<b>01:01:00.50</b>	+00:16:04 (26.5%)	6:04	9.9 (73.9%)
31	<b>KONDELA Paweł</b>	<b>737</b>	AKTYWNE CHOSZCZNO	M3 40-49	31	00:00:27	00:30:26	<b>01:01:02.10</b>	<b>01:01:29.35</b>	+00:16:24 (26.9%)	6:06	9.8 (73.1%)
32	<b>GRZYBOWSKI Przemysław</b>	<b>661</b>	KP PSP POLICE	M3 40-49	32	00:00:06	00:30:18	<b>01:01:03.15</b>	<b>01:01:10.00</b>	+00:16:25 (26.9%)	6:06	9.8 (73.1%)
33	<b>WOJTKOWIAK Rafał</b>	<b>1080</b>		M3 40-49	33	00:00:26	00:30:07	<b>01:01:40.00</b>	<b>01:02:06.65</b>	+00:17:02 (27.6%)	6:10	9.7 (72.4%)
34	<b>ZADROŻNY Szymon</b>	<b>1106</b>	WATAHA WAŁCZ	M3 40-49	34	00:00:16	00:30:01	<b>01:01:47.05</b>	<b>01:02:03.80</b>	+00:17:09 (27.8%)	6:10	9.7 (72.4%)
35	<b>KOKOWSKI Jacek</b>	<b>1344</b>		M3 40-49	35	00:00:17	00:29:56	<b>01:01:56.35</b>	<b>01:02:14.30</b>	+00:17:18 (27.9%)	6:11	9.7 (72.4%)
36	<b>ZGUTKA Tomasz</b>	<b>1116</b>	HUSARIA RACE TEAM	M3 40-49	36	00:00:04	00:30:07	<b>01:02:36.00</b>	<b>01:02:40.35</b>	+00:17:58 (28.7%)	6:15	9.6 (71.6%)
37	<b>REMLAJN Adam</b>	<b>943</b>	GRUPA MALBORK	M3 40-49	37	00:00:12	00:30:45	<b>01:02:39.85</b>	<b>01:02:52.10</b>	+00:18:02 (28.8%)	6:16	9.6 (71.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
38	<b>ŁAWNICZAK Sebastian</b>	<b>801</b>		M3 40-49	38	00:00:42	00:30:27	<b>01:03:49.90</b>	<b>01:04:31.95</b>	+00:19:12 (30.1%)	6:22	9.4 (70.1%)
39	<b>MAJCHER Piotr</b>	<b>815</b>	PIŁA TEAM	M3 40-49	39	00:00:02	00:31:01	<b>01:03:55.60</b>	<b>01:03:58.50</b>	+00:19:17 (30.2%)	6:23	9.4 (70.1%)
40	<b>BOCK Udo</b>	<b>547</b>	BRAUNSCHWEIG HASH HOUSE HARRIERS	M3 40-49	40	00:00:00	00:31:00	<b>01:04:06.50</b>	<b>01:04:06.50</b>	+00:19:28 (30.4%)	6:24	9.4 (70.1%)
41	<b>ULASS Robert</b>	<b>1046</b>		M3 40-49	41	00:00:23	00:32:01	<b>01:04:12.90</b>	<b>01:04:36.15</b>	+00:19:35 (30.5%)	6:25	9.3 (69.4%)
42	<b>MĄDRAWSKI Tomasz</b>	<b>836</b>		M3 40-49	42	00:00:06	00:31:30	<b>01:04:30.00</b>	<b>01:04:36.75</b>	+00:19:52 (30.8%)	6:27	9.3 (69.4%)
43	<b>CZYNSZAK Krystian</b>	<b>1146</b>		M3 40-49	43	00:00:58	00:33:58	<b>01:04:35.20</b>	<b>01:05:33.55</b>	+00:19:57 (30.9%)	6:27	9.3 (69.4%)
44	<b>KOSTRZEWA Mariusz</b>	<b>744</b>	DZIKIE WIEPRZE CRM	M3 40-49	44	00:00:02	00:29:46	<b>01:04:45.65</b>	<b>01:04:48.30</b>	+00:20:07 (31.1%)	6:28	9.3 (69.4%)
45	<b>DOBRYCKI Piotr</b>	<b>599</b>	BRIDGESTONE STARGARD RUNNERS	M3 40-49	45	00:00:45	00:32:23	<b>01:04:47.25</b>	<b>01:05:32.85</b>	+00:20:09 (31.1%)	6:28	9.3 (69.4%)
46	<b>KUCHARCZYK Robert</b>	<b>764</b>	RUNGRYF	M3 40-49	46	00:00:11	00:32:42	<b>01:05:19.05</b>	<b>01:05:30.40</b>	+00:20:41 (31.7%)	6:31	9.2 (68.7%)
47	<b>CARŁO Marcin</b>	<b>568</b>	WIECZORNE BIEGANIE W SZCZECINIE	M3 40-49	47	00:00:12	00:34:55	<b>01:05:19.40</b>	<b>01:05:31.75</b>	+00:20:41 (31.7%)	6:31	9.2 (68.7%)
48	<b>HAJDUK Maciej</b>	<b>663</b>		M3 40-49	48	00:00:19	00:32:01	<b>01:05:24.50</b>	<b>01:05:44.25</b>	+00:20:46 (31.8%)	6:32	9.2 (68.7%)
49	<b>MLECZEK Roman</b>	<b>846</b>	BABINEK BIEGA	M3 40-49	49	00:00:16	00:33:03	<b>01:05:30.65</b>	<b>01:05:47.60</b>	+00:20:52 (31.9%)	6:33	9.2 (68.7%)
50	<b>MARTUSZEWSKI Ryszard</b>	<b>827</b>		M3 40-49	50	00:00:28	00:30:23	<b>01:05:52.30</b>	<b>01:06:20.65</b>	+00:21:14 (32.2%)	6:35	9.1 (67.9%)
51	<b>NASKRĘT Dariusz</b>	<b>863</b>		M3 40-49	51	00:00:31	00:33:59	<b>01:06:01.65</b>	<b>01:06:33.50</b>	+00:21:23 (32.4%)	6:36	9.1 (67.9%)
52	<b>KASPRZYK Bogdan</b>	<b>1426</b>	KM PSP KOSZALIN	M3 40-49	52	00:00:18	00:33:12	<b>01:06:27.55</b>	<b>01:06:46.30</b>	+00:21:49 (32.8%)	6:38	9 (67.2%)
53	<b>GOZDYRA Darek</b>	<b>646</b>		M3 40-49	53	00:00:20	00:31:49	<b>01:06:31.25</b>	<b>01:06:52.15</b>	+00:21:53 (32.9%)	6:39	9 (67.2%)
54	<b>HNAT Rafał</b>	<b>671</b>	WATAHA WAŁCZ	M3 40-49	54	00:00:19	00:31:34	<b>01:06:46.25</b>	<b>01:07:05.55</b>	+00:22:08 (33.2%)	6:40	9 (67.2%)
55	<b>CIESZYNSKI Wojciech</b>	<b>582</b>		M3 40-49	55	00:00:16	00:31:43	<b>01:07:16.15</b>	<b>01:07:33.00</b>	+00:22:38 (33.7%)	6:43	8.9 (66.4%)
56	<b>HRYNIŁO Marcin</b>	<b>1407</b>	BEMO MOTORS	M3 40-49	56	00:00:36	00:34:57	<b>01:08:10.20</b>	<b>01:08:46.35</b>	+00:23:32 (34.5%)	6:49	8.8 (65.7%)
57	<b>MAKSAJDA Dariusz</b>	<b>818</b>		M3 40-49	57	00:00:24	00:34:00	<b>01:08:15.55</b>	<b>01:08:40.25</b>	+00:23:37 (34.6%)	6:49	8.8 (65.7%)
58	<b>KLIMEK Krzysztof</b>	<b>727</b>		M3 40-49	58	00:00:56	00:34:39	<b>01:08:15.75</b>	<b>01:09:12.65</b>	+00:23:38 (34.6%)	6:49	8.8 (65.7%)
59	<b>BUBEŁA Tomasz</b>	<b>1335</b>		M3 40-49	59	00:00:34	00:33:41	<b>01:08:20.75</b>	<b>01:08:55.35</b>	+00:23:43 (34.7%)	6:50	8.8 (65.7%)
60	<b>STEFAŃCZYK Przemysław</b>	<b>1002</b>	GAZELA ŚWINOUJŚCIE	M3 40-49	60	00:00:17	00:33:19	<b>01:08:38.65</b>	<b>01:08:55.80</b>	+00:24:00 (35.0%)	6:51	8.7 (64.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
61	<b>PIERŚCIŃSKI Sławomir</b>	<b>910</b>		M3 40-49	61	00:00:32	00:34:15	<b>01:09:01.05</b>	<b>01:09:33.25</b>	+00:24:23 (35.3%)	6:54	8.7 (64.9%)
62	<b>CHUDZIŃSKI Bartosz</b>	<b>577</b>		M3 40-49	62	00:00:27	00:35:37	<b>01:09:18.75</b>	<b>01:09:46.45</b>	+00:24:41 (35.6%)	6:55	8.7 (64.9%)
63	<b>WRÓBLEWSKI Jarosław</b>	<b>1098</b>	RAZ SZCZECIN	M3 40-49	63	00:00:19	00:33:25	<b>01:09:36.90</b>	<b>01:09:56.80</b>	+00:24:59 (35.9%)	6:57	8.6 (64.2%)
64	<b>DOMAGALSKI Sławomir</b>	<b>604</b>	SKB DZIK	M3 40-49	64	00:00:21	00:33:23	<b>01:09:54.45</b>	<b>01:10:15.75</b>	+00:25:16 (36.2%)	6:59	8.6 (64.2%)
65	<b>MAŁOCHA Mariusz</b>	<b>821</b>	DZIADY OCR	M3 40-49	65	00:00:26	00:34:20	<b>01:10:12.60</b>	<b>01:10:39.45</b>	+00:25:34 (36.4%)	7:01	8.5 (63.4%)
66	<b>STRELCOW Krzysztof</b>	<b>1149</b>		M3 40-49	66	00:00:11	00:34:34	<b>01:10:42.65</b>	<b>01:10:54.10</b>	+00:26:04 (36.9%)	7:04	8.5 (63.4%)
67	<b>WOŁOSZYN Konrad</b>	<b>1085</b>	ADRENALINA TEAM	M3 40-49	67	00:00:20	00:33:32	<b>01:10:59.75</b>	<b>01:11:20.10</b>	+00:26:22 (37.1%)	7:06	8.5 (63.4%)
68	<b>ŻUROWSKI Jarosław</b>	<b>1127</b>		M3 40-49	68	00:00:26	00:35:21	<b>01:11:35.70</b>	<b>01:12:01.85</b>	+00:26:58 (37.7%)	7:09	8.4 (62.7%)
69	<b>WIECZOREK Mariusz</b>	<b>1060</b>		M3 40-49	69	00:00:34	00:34:03	<b>01:11:56.00</b>	<b>01:12:30.90</b>	+00:27:18 (38.0%)	7:11	8.3 (61.9%)
70	<b>FIJOLEK Krzysztof</b>	<b>623</b>	VIKING BIKE TEAM	M3 40-49	70	00:00:30	00:35:30	<b>01:11:58.05</b>	<b>01:12:28.10</b>	+00:27:20 (38.0%)	7:11	8.3 (61.9%)
71	<b>GRALEWICZ Robert</b>	<b>650</b>	MUROWANE MORSY	M3 40-49	71	00:00:42	00:37:14	<b>01:12:03.75</b>	<b>01:12:46.05</b>	+00:27:26 (38.1%)	7:12	8.3 (61.9%)
72	<b>GUMOWSKI Daniel</b>	<b>1257</b>		M3 40-49	72	00:00:06	00:34:14	<b>01:12:56.90</b>	<b>01:13:03.55</b>	+00:28:19 (38.8%)	7:17	8.2 (61.2%)
73	<b>WIERZCHOWSKI Arkadiusz</b>	<b>1067</b>	BRIDGESTONE STARGARD RUNNERS	M3 40-49	73	00:00:58	00:38:15	<b>01:12:59.45</b>	<b>01:13:57.90</b>	+00:28:21 (38.9%)	7:17	8.2 (61.2%)
74	<b>GANCKE Grzegorz</b>	<b>631</b>		M3 40-49	74	00:00:10	00:32:08	<b>01:13:03.30</b>	<b>01:13:13.90</b>	+00:28:25 (38.9%)	7:18	8.2 (61.2%)
75	<b>NASIADEK Arkadiusz</b>	<b>862</b>		M3 40-49	75	00:00:29	00:35:51	<b>01:13:06.40</b>	<b>01:13:35.55</b>	+00:28:28 (39.0%)	7:18	8.2 (61.2%)
76	<b>BŁASIAK Radosław</b>	<b>1133</b>		M3 40-49	76	00:00:42	00:36:58	<b>01:13:07.15</b>	<b>01:13:50.00</b>	+00:28:29 (39.0%)	7:18	8.2 (61.2%)
77	<b>ŁEMPKOWSKI Janusz</b>	<b>806</b>	DLL PARTNERS	M3 40-49	77	00:00:19	00:35:51	<b>01:13:35.65</b>	<b>01:13:55.25</b>	+00:28:57 (39.4%)	7:21	8.2 (61.2%)
78	<b>LEŚNIEWSKI Wojciech</b>	<b>791</b>		M3 40-49	78	00:00:31	00:38:40	<b>01:14:50.85</b>	<b>01:15:21.95</b>	+00:30:13 (40.4%)	7:29	8 (59.7%)
79	<b>SMOLINSKI Artur</b>	<b>986</b>		M3 40-49	79	00:00:41	00:37:19	<b>01:15:24.00</b>	<b>01:16:05.00</b>	+00:30:46 (40.8%)	7:32	8 (59.7%)
80	<b>KLESZOWSKI Daniel</b>	<b>724</b>		M3 40-49	80	00:00:32	00:37:31	<b>01:15:41.10</b>	<b>01:16:13.75</b>	+00:31:03 (41.0%)	7:34	7.9 (59.0%)
81	<b>GRODZIŃSKI Arkadiusz</b>	<b>653</b>	STARGARDZKI KLUB MORSÓW MIEDWIANIE	M3 40-49	81	00:00:48	00:37:17	<b>01:16:15.30</b>	<b>01:17:04.10</b>	+00:31:37 (41.5%)	7:37	7.9 (59.0%)
82	<b>TUMANOWICZ Tomasz</b>	<b>1041</b>		M3 40-49	82	00:00:36	00:35:25	<b>01:16:41.15</b>	<b>01:17:17.85</b>	+00:32:03 (41.8%)	7:40	7.8 (58.2%)
83	<b>GAUDEN Piotr</b>	<b>633</b>	SPC/KM UMK TORUŃ	M3 40-49	83	00:00:42	00:38:20	<b>01:16:52.00</b>	<b>01:17:34.85</b>	+00:32:14 (41.9%)	7:41	7.8 (58.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
84	<b>OMELAŃCZUK Piotr</b>	<b>885</b>	ZDROWO PIEPRZNIĘCI	M3 40-49	84	00:00:53	00:39:12	<b>01:18:44.20</b>	<b>01:19:37.45</b>	+00:34:06 (43.3%)	7:52	7.6 (56.7%)
85	<b>BORODYN Andrzej</b>	<b>551</b>	GRUPA DOCHODZENIOWA SAVE THE BEAT	M3 40-49	85	00:00:31	00:36:40	<b>01:19:03.30</b>	<b>01:19:35.05</b>	+00:34:25 (43.5%)	7:54	7.6 (56.7%)
86	<b>JAŚKIEWICZ Krzysztof</b>	<b>696</b>	RX FITNESS LUBIN	M3 40-49	86	00:00:58	00:39:46	<b>01:19:48.20</b>	<b>01:20:46.25</b>	+00:35:10 (44.1%)	7:58	7.5 (56.0%)
87	<b>GITNER Marcin</b>	<b>639</b>	BIĘKNI I BESTIE	M3 40-49	87	00:00:35	00:38:48	<b>01:20:09.20</b>	<b>01:20:45.15</b>	+00:35:31 (44.3%)	8:01	7.5 (56.0%)
88	<b>MRÓZ Tomek</b>	<b>851</b>		M3 40-49	88	00:00:01	00:39:53	<b>01:20:19.30</b>	<b>01:20:21.15</b>	+00:35:41 (44.4%)	8:02	7.5 (56.0%)
89	<b>JABŁOŃSKI Wojciech</b>	<b>1382</b>		M3 40-49	89	00:00:57	00:38:55	<b>01:20:30.30</b>	<b>01:21:28.25</b>	+00:35:52 (44.6%)	8:03	7.5 (56.0%)
90	<b>OSTROWSKI Piotr</b>	<b>891</b>	23. BAZA LOTNICTWA TAKTYCZNEGO	M3 40-49	90	00:00:47	00:39:07	<b>01:22:09.75</b>	<b>01:22:57.55</b>	+00:37:32 (45.7%)	8:13	7.3 (54.5%)
91	<b>PRĘTKI Robert</b>	<b>927</b>		M3 40-49	91	00:00:57	01:01:39	<b>01:23:59.00</b>	<b>01:24:56.30</b>	+00:39:21 (46.9%)	8:23	7.1 (53.0%)
92	<b>WAJDA Waldemar</b>	<b>1050</b>		M3 40-49	92	00:00:56	00:41:45	<b>01:25:42.10</b>	<b>01:26:38.40</b>	+00:41:04 (47.9%)	8:34	7 (52.2%)
93	<b>WIECZOREK Wojciech</b>	<b>1062</b>		M3 40-49	93	00:00:18	00:40:59	<b>01:27:21.35</b>	<b>01:27:39.80</b>	+00:42:43 (48.9%)	8:44	6.9 (51.5%)
94	<b>CIEMCIOCH Pawel</b>	<b>579</b>		M3 40-49	94	00:00:27	00:41:57	<b>01:27:29.20</b>	<b>01:27:56.60</b>	+00:42:51 (49.0%)	8:44	6.9 (51.5%)
95	<b>NIEZGODA Adam</b>	<b>871</b>	KOMPAS TEAM	M3 40-49	95	00:00:31	00:43:09	<b>01:28:17.10</b>	<b>01:28:48.35</b>	+00:43:39 (49.4%)	8:49	6.8 (50.7%)
96	<b>MOSKWA Grzegorz</b>	<b>849</b>	12BZ	M3 40-49	96	00:00:49	00:42:04	<b>01:28:56.10</b>	<b>01:29:45.85</b>	+00:44:18 (49.8%)	8:53	6.7 (50.0%)
97	<b>STEMPNIAK Zbigniew</b>	<b>1005</b>	REBELS LEGION TEAM	M3 40-49	97	00:00:51	00:43:55	<b>01:29:01.80</b>	<b>01:29:53.35</b>	+00:44:24 (49.9%)	8:54	6.7 (50.0%)
98	<b>CIEPIELA Przemysław</b>	<b>581</b>		M3 40-49	98	00:00:39	00:42:55	<b>01:29:13.80</b>	<b>01:29:53.35</b>	+00:44:36 (50.0%)	8:55	6.7 (50.0%)
99	<b>TOMASIŃSKI Szymon</b>	<b>1037</b>	OSOWA-BIEGA	M3 40-49	99	00:00:51	00:44:40	<b>01:29:50.25</b>	<b>01:30:41.35</b>	+00:45:12 (50.3%)	8:59	6.7 (50.0%)
100	<b>GRZEGORZEWSKI Krzysztof</b>	<b>658</b>		M3 40-49	100	00:00:58	00:45:36	<b>01:33:01.80</b>	<b>01:34:00.45</b>	+00:48:24 (52.0%)	9:18	6.4 (47.8%)
101	<b>BURAKOWSKI Grzegorz</b>	<b>564</b>		M3 40-49	101	00:00:43	00:45:29	<b>01:35:18.65</b>	<b>01:36:01.70</b>	+00:50:40 (53.2%)	9:31	6.3 (47.0%)
102	<b>BARSZCZEWSKI Stanisław</b>	<b>521</b>	KPW ŚWINOUJŚCIE	M3 40-49	102	00:00:41	00:45:25	<b>01:35:21.55</b>	<b>01:36:02.60</b>	+00:50:43 (53.2%)	9:32	6.3 (47.0%)
103	<b>BZDAWKA Rafał</b>	<b>566</b>		M3 40-49	103	00:00:41	00:45:26	<b>01:35:21.95</b>	<b>01:36:03.55</b>	+00:50:44 (53.2%)	9:32	6.3 (47.0%)
104	<b>SADOWSKI Mariusz</b>	<b>957</b>	IRON HOUSE	M3 40-49	104	00:00:49	00:52:29	<b>01:44:12.15</b>	<b>01:45:01.55</b>	+00:59:34 (57.2%)	10:25	5.8 (43.3%)
105	<b>PTASZYŃSKI Jarosław</b>	<b>934</b>	OCR TEAM WŁOCLAWEK	M3 40-49	105	00:00:48	00:52:29	<b>01:44:13.65</b>	<b>01:45:02.00</b>	+00:59:35 (57.2%)	10:25	5.8 (43.3%)

Znaleziono 105 wynik(ów)