



Wydarzenie: Dziki Weekend 2019
Organizator: Stowarzyszenie Klub Biegowy Dzik
Data: 2019-08-17
Miejsce: Police
Dystans: 10 km

IX BIEG SZLAKIEM DZIKA

B4SPORT

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Open K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	ZABOROWSKA Małgorzata	1104	OSP PŁOTY	K2 30-39	1	00:00:06	00:25:53	00:53:15.05	00:53:21.90		5:19	11.3 (100%)
2	DYDEK Edyta	1396	SKB DZIK	K1 16-29	1	00:00:02	00:26:31	00:54:39.95	00:54:42.85	+00:01:24 (2.6%)	5:28	11 (97.3%)
3	KRZACZKOWSKA Iwona	761	DZIKI WROCŁAW	K2 30-39	2	00:00:02	00:27:18	00:55:44.75	00:55:47.50	+00:02:29 (4.5%)	5:34	10.8 (95.6%)
4	MARZEC Karolina	828	DZIKIE DZIKI GORZÓW	K3 40-49	1	00:00:02	00:27:32	00:55:58.90	00:56:01.85	+00:02:43 (4.9%)	5:35	10.7 (94.7%)
5	KAMIŃSKA Adriana	709	BBL POLICE	K2 30-39	3	00:00:07	00:29:11	00:57:54.55	00:58:02.20	+00:04:39 (8.0%)	5:47	10.4 (92.0%)
6	PASIEKA Agnieszka	1351	21 BLT / UKL FENIKS ŚWIDWIN	K2 30-39	4	00:00:30	00:29:08	00:58:57.90	00:59:28.50	+00:05:42 (9.7%)	5:53	10.2 (90.3%)
7	ADAMCZEWSKA Agnieszka	501	3ATEAM	K3 40-49	2	00:00:30	00:30:59	00:59:58.45	01:00:29.10	+00:06:43 (11.2%)	5:59	10 (88.5%)
8	NIKLAS Małgorzata	872	KSF	K2 30-39	5	00:00:12	00:29:22	01:00:01.60	01:00:13.65	+00:06:46 (11.3%)	6:00	10 (88.5%)
9	DOLEŻEK Agnieszka	600	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	6	00:00:03	00:29:36	01:00:24.70	01:00:28.40	+00:07:09 (11.9%)	6:02	9.9 (87.6%)
10	BLICHARSKA Marta	540	12 BZ	K2 30-39	7	00:00:07	00:29:36	01:00:32.75	01:00:40.70	+00:07:17 (12.0%)	6:03	9.9 (87.6%)
11	ALABRUDZIŃSKA Agnieszka	1423		K2 30-39	8	00:00:00	00:29:19	01:00:39.40	01:00:39.40	+00:07:24 (12.2%)	6:03	9.9 (87.6%)
12	SOBAŃSKA Karolina	987	SKB DZIK	K2 30-39	9	00:00:07	00:29:12	01:00:48.50	01:00:55.95	+00:07:33 (12.4%)	6:04	9.9 (87.6%)
13	MASYS Agnieszka	829	GRUPA MALBORK	K3 40-49	3	00:00:12	00:30:51	01:01:13.00	01:01:25.25	+00:07:57 (13.0%)	6:07	9.8 (86.7%)
14	KWIATKOWSKA Aleksandra	779	WIECZORNE BIEGANIE W SZCZECINIE	K1 16-29	2	00:00:06	00:29:36	01:01:14.65	01:01:20.75	+00:07:59 (13.1%)	6:07	9.8 (86.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
15	SZATANEK Ewa	1016		K3 40-49	4	00:00:13	00:29:49	01:01:16.55	01:01:29.55	+00:08:01 (13.1%)	6:07	9.8 (86.7%)
16	DZIEMIANKO Ilona	617		K1 16-29	3	00:00:32	00:30:55	01:01:57.65	01:02:30.50	+00:08:42 (14.1%)	6:11	9.7 (85.8%)
16	SCHERFENBERG-KERL Katarzyna	965		K2 30-39	10	00:00:03	00:30:56	01:01:57.65	01:02:01.00	+00:08:42 (14.1%)	6:11	9.7 (85.8%)
18	SOWISZ Adrianna	995	SOWISZ TEAM	K1 16-29	4	00:00:27	00:31:03	01:02:33.70	01:03:01.35	+00:09:18 (14.9%)	6:15	9.6 (85.0%)
19	MAJDAN-ADAMSKA Agnieszka	816	HUSARIA RACE TEAM	K2 30-39	11	00:00:04	00:30:07	01:02:36.15	01:02:40.55	+00:09:21 (14.9%)	6:15	9.6 (85.0%)
20	GRABOWSKA Joanna	648	SPC	K3 40-49	5	00:00:10	00:31:06	01:03:11.30	01:03:21.40	+00:09:56 (15.7%)	6:19	9.5 (84.1%)
21	LACHOWICZ Blanka	785	HUSARIA RACE TEAM	K2 30-39	12	00:00:06	00:30:24	01:03:21.05	01:03:27.55	+00:10:06 (15.9%)	6:20	9.5 (84.1%)
22	RUTKOWSKA Anna	954	WATAHA WAŁCZ	K4 50-59	1	00:00:17	00:31:00	01:03:22.40	01:03:39.45	+00:10:07 (16.0%)	6:20	9.5 (84.1%)
23	SURGUCKA Iwona	1011	W POGONI ZA DUCHEM	K3 40-49	6	00:00:31	00:32:09	01:03:24.65	01:03:56.30	+00:10:09 (16.0%)	6:20	9.5 (84.1%)
24	KOZŁOWSKA Justyna	753	KLUB BIEGOWY WIKON NOWA SÓL	K1 16-29	5	00:00:10	00:31:25	01:03:34.55	01:03:44.65	+00:10:19 (16.2%)	6:21	9.4 (83.2%)
25	MAŁOCHA Klaudyna	822	BIEGACZE ŚWINOUJŚCIE	K1 16-29	6	00:00:00	00:30:42	01:03:38.85	01:03:38.85	+00:10:23 (16.3%)	6:21	9.4 (83.2%)
26	JAKUBIAK Anna	679	RAZ SZCZECIN	K4 50-59	2	00:00:19	00:31:10	01:03:43.85	01:04:02.90	+00:10:28 (16.4%)	6:22	9.4 (83.2%)
27	BOCK Agnieszka	546	BRAUNSCHWEIG HASH HOUSE HARRIERS	K2 30-39	13	00:00:07	00:30:53	01:03:58.85	01:04:06.65	+00:10:43 (16.8%)	6:23	9.4 (83.2%)
28	JODŁOWSKA Ewa	700		K2 30-39	14	00:00:20	00:32:08	01:04:11.25	01:04:31.30	+00:10:56 (17.0%)	6:25	9.3 (82.3%)
29	ADAMSKA Barbara	503	DUOLIFE TEAM	K1 16-29	7	00:00:02	00:30:20	01:04:22.15	01:04:25.05	+00:11:07 (17.3%)	6:26	9.3 (82.3%)
30	MURAWSKA Wioletta	852	KB DZIK POLICE	K4 50-59	3	00:00:05	00:31:17	01:04:25.80	01:04:31.50	+00:11:10 (17.4%)	6:26	9.3 (82.3%)
31	SYCHEL Magdalena	1014		K2 30-39	15	00:00:10	00:32:05	01:04:42.90	01:04:53.00	+00:11:27 (17.7%)	6:28	9.3 (82.3%)
32	CZYŻEWSKA Mirosława	591		K2 30-39	16	00:00:30	00:31:44	01:05:08.35	01:05:39.30	+00:11:53 (18.3%)	6:30	9.2 (81.4%)
33	SZYMAŃSKA Jolanta	1023		K2 30-39	17	00:00:32	00:32:48	01:05:39.90	01:06:12.05	+00:12:24 (18.9%)	6:34	9.1 (80.5%)
34	ŻUROWSKA Agnieszka	1126		K3 40-49	7	00:00:24	00:32:39	01:05:44.20	01:06:08.50	+00:12:29 (19.0%)	6:34	9.1 (80.5%)
35	STROJNA-GRZYBOWSKA Marta	1009	KALMAR RUNNERS	K2 30-39	18	00:00:08	00:32:22	01:05:45.85	01:05:54.45	+00:12:30 (19.0%)	6:34	9.1 (80.5%)
36	SZWARC Ewa	1356		K2 30-39	19	00:00:14	00:32:34	01:06:05.00	01:06:19.15	+00:12:49 (19.4%)	6:36	9.1 (80.5%)
37	LANG Monika	786	AWL	K1 16-29	8	00:00:57	00:33:03	01:06:07.40	01:07:04.70	+00:12:52 (19.5%)	6:36	9.1 (80.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
38	KAWECKA Anna	1386	KOBIECE BIEGANIE	K2 30-39	20	00:00:21	00:33:30	01:06:41.40	01:07:03.05	+00:13:26 (20.2%)	6:40	9 (79.6%)
39	ŻYLUK-GADOWSKA Paulina	1129	NIE PROWOKUJ LOCHY	K2 30-39	21	00:00:12	00:33:09	01:06:45.55	01:06:58.20	+00:13:30 (20.2%)	6:40	9 (79.6%)
40	PTAK Patrycja	932	HUSARIA RACE TEAM	K2 30-39	22	00:00:12	00:31:59	01:06:51.85	01:07:04.70	+00:13:36 (20.4%)	6:41	9 (79.6%)
41	KOLEJ Monika	734	DZIKIE DZIKI GORZÓW	K3 40-49	8	00:00:00	00:33:31	01:07:06.20	01:07:06.20	+00:13:51 (20.6%)	6:42	8.9 (78.8%)
42	MOSKWA Martyna	848	GO SPORT/MASZ PRZEBIEGANE	K1 16-29	9	00:00:11	00:33:42	01:07:06.35	01:07:17.40	+00:13:51 (20.6%)	6:42	8.9 (78.8%)
43	GÓRNIAK Joanna	1391		K4 50-59	4	00:00:03	00:32:48	01:07:15.60	01:07:19.10	+00:14:00 (20.8%)	6:43	8.9 (78.8%)
44	MIKICIUK Natalia	841		K1 16-29	10	00:00:35	00:33:57	01:07:26.95	01:08:02.65	+00:14:11 (21.1%)	6:44	8.9 (78.8%)
45	KUSTRA Paulina	1392	BBL POLICE	Rodzina K+K	1	00:00:08	00:32:43	01:07:50.10	01:07:58.85	+00:14:35 (21.5%)	6:47	8.8 (77.9%)
46	DIKTA Anna	596	23. BAZA LOTNICTWA TAKTYCZNEGO	K1 16-29	11	00:00:47	00:33:12	01:08:11.55	01:08:59.20	+00:14:56 (21.9%)	6:49	8.8 (77.9%)
47	JAROSŁAWSKA Sandra	687		K1 16-29	12	00:00:10	00:33:13	01:08:16.55	01:08:27.30	+00:15:01 (22.0%)	6:49	8.8 (77.9%)
48	TOMCZAK Joanna	1039	OSP OCIESZYN	K2 30-39	23	00:00:09	00:32:58	01:08:36.95	01:08:46.15	+00:15:21 (22.4%)	6:51	8.7 (77.0%)
49	STEFĄNCZYK Małgorzata	1001	GAZELA ŚWINOUJŚCIE	K3 40-49	9	00:00:16	00:33:20	01:08:39.10	01:08:55.70	+00:15:24 (22.4%)	6:51	8.7 (77.0%)
50	KRUBER Katarzyna	759		K2 30-39	24	00:00:12	00:33:43	01:08:49.40	01:09:02.25	+00:15:34 (22.6%)	6:53	8.7 (77.0%)
51	BIAŁKOWSKA Katarzyna	1151	KOBIECE BIEGANIE	K3 40-49	10	00:00:38	00:33:15	01:08:50.30	01:09:28.65	+00:15:35 (22.6%)	6:53	8.7 (77.0%)
52	PYREK Iwona	938		K2 30-39	25	00:00:23	00:34:02	01:08:59.10	01:09:22.50	+00:15:44 (22.8%)	6:53	8.7 (77.0%)
53	WOJSZCZYK Marlena	1079	TRYTON BIKE TEAM	K2 30-39	26	00:00:47	00:35:19	01:09:15.45	01:10:02.95	+00:16:00 (23.1%)	6:55	8.7 (77.0%)
54	ROGOWSKA Agnieszka	945	PIĘKNI I BESTIE	K2 30-39	27	00:00:37	00:34:09	01:09:21.60	01:09:58.85	+00:16:06 (23.2%)	6:56	8.7 (77.0%)
55	BOBEL Urszula	544		K2 30-39	28	00:00:32	00:34:30	01:09:39.05	01:10:12.00	+00:16:24 (23.5%)	6:58	8.6 (76.1%)
56	KNIOŁA Agnieszka	729	PIŁA TEAM	K2 30-39	29	00:00:04	00:34:41	01:10:15.05	01:10:19.35	+00:17:00 (24.2%)	7:01	8.5 (75.2%)
57	MATUSZAK Anita	832		K3 40-49	11	00:00:31	00:34:16	01:10:20.90	01:10:52.00	+00:17:05 (24.3%)	7:02	8.5 (75.2%)
58	JĘDRYKA Anna	698		K1 16-29	13	00:00:17	00:35:16	01:10:25.05	01:10:42.80	+00:17:10 (24.4%)	7:02	8.5 (75.2%)
59	NIEWADZIK Ula	868		K3 40-49	12	00:00:26	00:34:01	01:10:39.40	01:11:05.50	+00:17:24 (24.6%)	7:03	8.5 (75.2%)
60	CHODAK Monika	571	HUSARIA RACE TEAM	K3 40-49	13	00:00:06	00:33:28	01:10:48.20	01:10:55.05	+00:17:33 (24.8%)	7:04	8.5 (75.2%)

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61	JUSINSKA Anna	703	KBSPRINT SWIDWIN	K3 40-49	14	00:00:31	00:35:45	01:11:00.05	01:11:31.15	+00:17:45 (25.0%)	7:06	8.5 (75.2%)
62	SZCZYPEK Ola	1018	ADRENALINA	K2 30-39	30	00:00:19	00:33:33	01:11:00.50	01:11:20.10	+00:17:45 (25.0%)	7:06	8.4 (74.3%)
63	POSZUMSKA Gabriela	923		K1 16-29	14	00:00:15	00:34:30	01:11:10.65	01:11:26.30	+00:17:55 (25.2%)	7:07	8.4 (74.3%)
64	JAKUBIK Anna	680	HUSARIA RACE TEAM	K1 16-29	15	00:00:04	00:34:25	01:11:25.80	01:11:30.70	+00:18:10 (25.5%)	7:08	8.4 (74.3%)
65	CIEŚLA Beata	583	ZABIEGANI GOLENIÓW	K4 50-59	5	00:00:32	00:34:50	01:11:41.55	01:12:13.80	+00:18:26 (25.7%)	7:10	8.4 (74.3%)
66	GEILICH Katja	634	BRAUNSCHWEIG HASH HOUSE HARRIERS	K2 30-39	31	00:00:07	00:35:17	01:11:46.40	01:11:54.35	+00:18:31 (25.8%)	7:10	8.4 (74.3%)
67	LEWANDOWSKA Dorota	792	LOSZKI I WARCHLAKI	K3 40-49	15	00:00:37	00:35:40	01:11:58.40	01:12:35.80	+00:18:43 (26.0%)	7:11	8.3 (73.5%)
68	ROSZAK Weronika	1354	CIUWER TEAM	K1 16-29	16	00:00:28	00:36:18	01:12:12.50	01:12:40.80	+00:18:57 (26.3%)	7:13	8.3 (73.5%)
69	WITKOWSKA Kamila	1075		K2 30-39	32	00:00:09	00:35:43	01:12:21.95	01:12:31.45	+00:19:06 (26.4%)	7:14	8.3 (73.5%)
70	NICEWICZ Beata	865	UBAWIENI PO PACHY V	K3 40-49	16	00:00:40	00:34:59	01:13:05.35	01:13:45.75	+00:19:50 (27.1%)	7:18	8.2 (72.6%)
71	RAWA Donata	942		K3 40-49	17	00:00:25	00:35:12	01:13:07.30	01:13:32.45	+00:19:52 (27.2%)	7:18	8.2 (72.6%)
72	NIEWIADOMSKA Magda	869	KOBIECE BIEGANIE	K2 30-39	33	00:00:46	00:37:46	01:13:28.25	01:14:14.55	+00:20:13 (27.5%)	7:20	8.2 (72.6%)
73	DOBACZEWSKA-WASEK Ewa	597		K3 40-49	18	00:00:00	00:35:35	01:13:32.55	01:13:32.55	+00:20:17 (27.6%)	7:21	8.2 (72.6%)
74	ŁEMPKOWSKA Beata	805	DLL PARTNERS	K3 40-49	19	00:00:19	00:35:51	01:13:36.15	01:13:55.15	+00:20:21 (27.7%)	7:21	8.2 (72.6%)
75	PRZYBYSZ Katarzyna	929		K2 30-39	34	00:00:23	00:35:50	01:13:38.05	01:14:01.70	+00:20:23 (27.7%)	7:21	8.1 (71.7%)
76	ŚWITALSKA Edyta	1032	SZCZECIŃSKIE CENTRUM TRENINGU PERSONALNEGO	K3 40-49	20	00:00:20	00:36:02	01:13:42.20	01:14:02.45	+00:20:27 (27.7%)	7:22	8.1 (71.7%)
77	ISKRA Angelika	675		K1 16-29	17	00:00:17	00:35:45	01:13:42.50	01:13:59.65	+00:20:27 (27.8%)	7:22	8.1 (71.7%)
78	PUPEK Małgorzata	935		K2 30-39	35	00:00:31	00:36:21	01:13:46.20	01:14:17.40	+00:20:31 (27.8%)	7:22	8.1 (71.7%)
79	JAROSŁAWSKA Jowita	688		K2 30-39	36	00:00:09	00:35:49	01:13:49.35	01:13:58.90	+00:20:34 (27.9%)	7:22	8.1 (71.7%)
80	JAKUBOWSKA Anna	683		K2 30-39	37	00:00:21	00:36:28	01:13:52.10	01:14:13.40	+00:20:37 (27.9%)	7:23	8.1 (71.7%)
81	BRZESKA Ewa	557		K1 16-29	18	00:00:22	00:34:41	01:13:59.50	01:14:21.55	+00:20:44 (28.0%)	7:23	8.1 (71.7%)
82	GREGUŁA Joanna	1421		K1 16-29	19	00:00:46	00:37:19	01:14:23.40	01:15:09.75	+00:21:08 (28.4%)	7:26	8.1 (71.7%)
83	WIECZOREK Magdalena	1061		K3 40-49	21	00:00:18	00:36:46	01:14:31.50	01:14:49.55	+00:21:16 (28.5%)	7:27	8.1 (71.7%)

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84	KNOT Martyna	731	PIĘKNI I BESTIE	K2 30-39	38	00:00:35	00:35:30	01:14:38.35	01:15:13.70	+00:21:23 (28.7%)	7:27	8 (70.8%)
85	ULASS Patrycja	1045		K1 16-29	20	00:00:37	00:38:10	01:14:50.80	01:15:28.20	+00:21:35 (28.9%)	7:29	8 (70.8%)
86	KUKUROWSKA Sylwia	768	DLL PARTNERS	K3 40-49	22	00:00:30	00:38:04	01:14:51.25	01:15:21.95	+00:21:36 (28.9%)	7:29	8 (70.8%)
87	ADAMSKA Karolina	504	DUOLIFE TEAM	K1 16-29	21	00:00:03	00:35:41	01:14:54.90	01:14:58.25	+00:21:39 (28.9%)	7:29	8 (70.8%)
88	WOŹNIAK Beata	1089		K3 40-49	23	00:00:44	00:37:55	01:15:12.20	01:15:56.30	+00:21:57 (29.2%)	7:31	8 (70.8%)
89	JAKUBOWSKA Aneta	682	DZIKUS	K3 40-49	24	00:00:47	00:37:45	01:15:20.75	01:16:08.55	+00:22:05 (29.3%)	7:32	8 (70.8%)
90	ZAMOŻNY Anna	1109		K2 30-39	39	00:00:21	00:36:28	01:15:22.00	01:15:43.00	+00:22:06 (29.3%)	7:32	8 (70.8%)
91	JA Małgorzata	1142	KOBIECE BIEGANIE	K3 40-49	25	00:00:46	00:37:46	01:15:23.55	01:16:09.65	+00:22:08 (29.4%)	7:32	8 (70.8%)
92	MARCHIEL Lena	825		K4 50-59	6	00:00:40	00:38:14	01:15:33.40	01:16:13.85	+00:22:18 (29.5%)	7:33	7.9 (69.9%)
93	KUPNIEWSKA Aleksandra	776	KOMPAS TEAM	K2 30-39	40	00:00:29	00:37:33	01:15:40.20	01:16:09.75	+00:22:25 (29.6%)	7:34	7.9 (69.9%)
94	DOBIECKA Joanna	598		K2 30-39	41	00:00:36	00:37:59	01:15:50.45	01:16:26.70	+00:22:35 (29.8%)	7:35	7.9 (69.9%)
95	NADOBNA Kamila	856	STARGARD JA SIĘ NIE SCIGAM	K2 30-39	42	00:00:35	00:38:00	01:15:50.60	01:16:26.50	+00:22:35 (29.8%)	7:35	7.9 (69.9%)
96	IZYDORCZYK Kinga	677	STARGARD JA SIĘ NIE SCIGAM	K2 30-39	43	00:00:35	00:38:00	01:15:51.65	01:16:27.50	+00:22:36 (29.8%)	7:35	7.9 (69.9%)
97	ŚWIETLIK Alicja	1031		K3 40-49	26	00:00:24	00:37:38	01:16:05.75	01:16:30.45	+00:22:50 (30.0%)	7:36	7.9 (69.9%)
98	TOKARCZYK Marta	1035		K3 40-49	27	00:00:39	00:35:34	01:16:07.95	01:16:47.50	+00:22:52 (30.1%)	7:36	7.9 (69.9%)
99	KWIATKOWSKA Julita	780		K2 30-39	44	00:00:23	00:37:53	01:16:28.10	01:16:52.05	+00:23:13 (30.4%)	7:38	7.8 (69.0%)
100	JÓZEFOWICZ Anna	702	PIĘKNI I BESTIE	K2 30-39	45	00:00:37	00:36:56	01:16:41.25	01:17:18.65	+00:23:26 (30.6%)	7:40	7.8 (69.0%)
101	WITKOWSKA Anna	535	NIEZRZESZONA	K3 40-49	28	00:00:04	00:38:32	01:16:45.75	01:16:50.40	+00:23:30 (30.6%)	7:40	7.8 (69.0%)
102	MISTAK Paula	845	NIEZDECYDOWANI	K2 30-39	46	00:00:29	00:37:34	01:16:53.50	01:17:22.95	+00:23:38 (30.7%)	7:41	7.8 (69.0%)
103	KLIMECKA Katarzyna	725		K2 30-39	47	00:00:30	00:37:29	01:16:59.20	01:17:29.85	+00:23:44 (30.8%)	7:41	7.8 (69.0%)
104	DRZEWIECKA Agnieszka	607	BIEGACZE ŚWINOUJŚCIE	K3 40-49	29	00:00:39	00:38:31	01:17:06.30	01:17:45.65	+00:23:51 (30.9%)	7:42	7.8 (69.0%)
105	WRÓBLEWSKA Małgorzata	1096	POŁUPIN	K3 40-49	30	00:00:20	00:37:13	01:17:16.80	01:17:37.00	+00:24:01 (31.1%)	7:43	7.8 (69.0%)
106	MATUSZAK Kamila	834	MATUSZAK TEAM	K1 16-29	22	00:00:32	00:39:00	01:17:19.10	01:17:51.55	+00:24:04 (31.1%)	7:43	7.8 (69.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
107	OSTOLSKA Sylwia	890		K3 40-49	31	00:00:53	00:38:37	01:17:20.00	01:18:13.70	+00:24:04 (31.1%)	7:44	7.8 (69.0%)
108	BAGIŃSKA Laura	516		K1 16-29	23	00:00:27	00:37:57	01:17:25.55	01:17:52.95	+00:24:10 (31.2%)	7:44	7.8 (69.0%)
109	WIŚNIEWSKA Karolina	1072		K1 16-29	24	00:00:35	00:36:51	01:17:43.20	01:18:18.45	+00:24:28 (31.5%)	7:46	7.7 (68.1%)
110	WOSZCZYK Renata	1087		K3 40-49	32	00:00:40	00:38:38	01:17:43.80	01:18:24.25	+00:24:28 (31.5%)	7:46	7.7 (68.1%)
111	SAKOWSKA-CARŁO Magda	960	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	48	00:00:12	00:36:04	01:17:56.50	01:18:09.45	+00:24:41 (31.7%)	7:47	7.7 (68.1%)
112	HANDKE Justyna	666	XRUNNERS	K2 30-39	49	00:00:11	00:37:50	01:17:56.70	01:18:07.85	+00:24:41 (31.7%)	7:47	7.7 (68.1%)
113	CHMIELEWSKA Katarzyna	1253		K5 60+	1	00:00:37	00:38:56	01:18:00.25	01:18:38.20	+00:24:45 (31.7%)	7:48	7.7 (68.1%)
114	ŻBIKOWSKA Małgorzata	1123	SPC	K4 50-59	7	00:00:42	00:38:20	01:18:00.95	01:18:43.50	+00:24:45 (31.7%)	7:48	7.7 (68.1%)
115	STĘPIEŃ Agnieszka	1007	AGA	K2 30-39	50	00:00:22	00:38:46	01:18:04.25	01:18:27.10	+00:24:49 (31.8%)	7:48	7.7 (68.1%)
116	GUMOWSKA Karolina	1256	SARENKI	K2 30-39	51	00:00:05	00:37:42	01:18:13.85	01:18:19.80	+00:24:58 (31.9%)	7:49	7.7 (68.1%)
117	ŚWIDER Marzena	1263	SARENKI	K3 40-49	33	00:00:05	00:37:42	01:18:14.30	01:18:19.95	+00:24:59 (31.9%)	7:49	7.7 (68.1%)
118	POŹNIAK Aleksandra	926		K2 30-39	52	00:00:19	00:37:46	01:18:38.40	01:18:58.00	+00:25:23 (32.3%)	7:51	7.6 (67.3%)
119	BEDNARZ Katarzyna	527		K3 40-49	34	00:00:29	00:38:36	01:18:44.00	01:19:13.15	+00:25:28 (32.4%)	7:52	7.6 (67.3%)
120	WOLSKA Agnieszka	1082		K2 30-39	53	00:00:28	00:38:36	01:18:51.80	01:19:20.75	+00:25:36 (32.5%)	7:53	7.6 (67.3%)
121	PORAZIŃSKA Dagmara	918		K1 16-29	25	00:00:26	00:37:16	01:18:59.55	01:19:26.30	+00:25:44 (32.6%)	7:54	7.6 (67.3%)
122	GOŁUBOWICZ Marzena	1254	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	54	00:00:22	00:38:42	01:19:22.25	01:19:44.30	+00:26:07 (32.9%)	7:56	7.6 (67.3%)
123	ŁEMPICKA Karolina	803		K1 16-29	26	00:00:15	00:38:32	01:19:38.10	01:19:53.10	+00:26:23 (33.1%)	7:57	7.5 (66.4%)
124	BARSCZEWSKA Marlena	520	ZDROWO PIEPRZNIĘCI	K3 40-49	35	00:00:50	00:38:04	01:19:44.90	01:20:35.70	+00:26:29 (33.2%)	7:58	7.5 (66.4%)
125	JASIŃSKA Natalia	693	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	55	00:00:16	00:38:36	01:19:52.20	01:20:08.45	+00:26:37 (33.3%)	7:59	7.5 (66.4%)
126	SOBOLEWSKA Agata	989	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	56	00:00:16	00:38:36	01:19:52.25	01:20:08.30	+00:26:37 (33.3%)	7:59	7.5 (66.4%)
127	SIWIELA Katarzyna	972	KP PSP POLICE	K2 30-39	57	00:00:28	00:37:41	01:20:02.20	01:20:30.75	+00:26:47 (33.5%)	8:00	7.5 (66.4%)
128	SOWISZ Danuta	993	SOWISZ TEAM	K3 40-49	36	00:00:28	00:39:28	01:20:11.70	01:20:39.85	+00:26:56 (33.6%)	8:01	7.5 (66.4%)
129	GRALEWICZ Magdalena	651	MUROWANE MORSY	K3 40-49	37	00:00:44	00:40:09	01:20:14.35	01:20:58.45	+00:26:59 (33.6%)	8:01	7.5 (66.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
130	MAKOWSKA Joanna	1261		K2 30-39	58	00:00:44	00:38:54	01:20:15.20	01:21:00.05	+00:27:00 (33.6%)	8:01	7.5 (66.4%)
131	WIETRZYŃSKA Agnieszka	1068	MASZ PRZEBIEGANE	K2 30-39	59	00:00:11	00:38:55	01:20:19.70	01:20:31.05	+00:27:04 (33.7%)	8:02	7.5 (66.4%)
132	TITONI Marta	1034	MASZ PRZEBIEGANE	K1 16-29	27	00:00:12	00:38:44	01:20:24.85	01:20:37.15	+00:27:09 (33.8%)	8:02	7.5 (66.4%)
133	BABIŁO Natalia	515	MASZ PRZEBIEGANE	K1 16-29	28	00:00:11	00:38:44	01:20:35.50	01:20:47.15	+00:27:20 (33.9%)	8:03	7.4 (65.5%)
134	WALENT Marta	1052		K2 30-39	60	00:00:43	00:39:06	01:20:43.60	01:21:27.15	+00:27:28 (34.0%)	8:04	7.4 (65.5%)
135	STAŃKO Agnieszka	999	STARGARD JA SIĘ NIE ŚCIGAM	K2 30-39	61	00:00:34	00:39:57	01:20:51.80	01:21:26.45	+00:27:36 (34.1%)	8:05	7.4 (65.5%)
136	MARSCHAŁKOWSKA Dorota	1262	KM PSP KOSZALIN	K4 50-59	8	00:00:37	00:39:54	01:21:03.70	01:21:41.05	+00:27:48 (34.3%)	8:06	7.4 (65.5%)
137	BIELSKA Ola	533		K2 30-39	62	00:00:01	00:39:53	01:21:12.55	01:21:14.40	+00:27:57 (34.4%)	8:07	7.4 (65.5%)
138	CZAPLIŃSKA Magdalena	586		K2 30-39	63	00:00:25	00:39:45	01:21:24.15	01:21:49.15	+00:28:09 (34.6%)	8:08	7.4 (65.5%)
139	CHROBOCIŃSKA Elżbieta	576		K4 50-59	9	00:00:24	00:39:37	01:21:25.35	01:21:49.35	+00:28:10 (34.6%)	8:08	7.4 (65.5%)
140	LEŚNIEWSKA Julia	790		K3 40-49	38	00:00:31	00:38:40	01:21:31.50	01:22:03.45	+00:28:16 (34.7%)	8:09	7.4 (65.5%)
141	ZAJĄCZKOWSKA LEWANDOWSKA Marika	1108	OCR TEAM WŁOCŁAWEK	K2 30-39	64	00:00:43	00:39:38	01:22:02.55	01:22:45.70	+00:28:47 (35.1%)	8:12	7.3 (64.6%)
142	JAKUBOWSKA Dorota	681	23. BAZA LOTNICTWA TAKTYCZNEGO	K2 30-39	65	00:00:47	00:39:07	01:22:09.65	01:22:57.40	+00:28:54 (35.2%)	8:13	7.3 (64.6%)
143	BROCZKOWSKA Żaneta	555		K2 30-39	66	00:00:21	00:38:38	01:23:36.85	01:23:58.05	+00:30:21 (36.3%)	8:21	7.2 (63.7%)
144	KAROL Monika	712	LOSZKI I WARCHLAKI	K1 16-29	29	00:00:39	00:40:42	01:23:44.75	01:24:23.75	+00:30:29 (36.4%)	8:22	7.2 (63.7%)
145	KAROL Agnieszka	713	LOSZKI I WARCHLAKI	K3 40-49	39	00:00:38	00:40:43	01:23:45.45	01:24:23.85	+00:30:30 (36.4%)	8:22	7.2 (63.7%)
146	NIEWIADOMSKA Kamila	870	ZS ZWYROLE	K1 16-29	30	00:00:44	00:40:05	01:24:27.75	01:25:12.15	+00:31:12 (37.0%)	8:26	7.1 (62.8%)
147	WIELGUS-ULATOWSKA Joanna	1066	HUSARIA RACE TEAM	K2 30-39	67	00:00:05	00:41:36	01:24:53.35	01:24:58.40	+00:31:38 (37.3%)	8:29	7.1 (62.8%)
148	JEZIOREK Agnieszka	697	BABINEK BIEGA	K3 40-49	40	00:00:16	00:40:41	01:24:54.00	01:25:10.60	+00:31:38 (37.3%)	8:29	7.1 (62.8%)
149	MAJCHER Agata	813	PIŁA TEAM	K1 16-29	31	00:00:05	00:39:03	01:25:11.05	01:25:16.40	+00:31:56 (37.5%)	8:31	7 (61.9%)
150	ELBIŃSKA-KRAWCZUK Monika	619		K3 40-49	41	00:00:40	00:42:10	01:25:15.10	01:25:55.65	+00:32:00 (37.5%)	8:31	7 (61.9%)
151	MAJCHER Małgorzata	814	PIŁA TEAM	K3 40-49	42	00:00:07	00:40:54	01:25:24.10	01:25:31.45	+00:32:09 (37.6%)	8:32	7 (61.9%)
152	POST Mariola	922		K3 40-49	43	00:00:38	00:39:52	01:25:36.50	01:26:14.65	+00:32:21 (37.8%)	8:33	7 (61.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
153	DUTKIEWICZ Urszula	615	LUNA WOLVES	K2 30-39	68	00:00:32	00:40:36	01:25:40.50	01:26:13.35	+00:32:25 (37.8%)	8:34	7 (61.9%)
154	DEPTUŁA-BILL Bożena	595	HUSARIA RACE TEAM SZCZECINEK	K2 30-39	69	00:00:56	00:41:45	01:25:42.15	01:26:38.45	+00:32:27 (37.9%)	8:34	7 (61.9%)
155	STEMPNIAK Katarzyna	1003	REBELS LEGION TEAM	K2 30-39	70	00:00:51	00:41:16	01:25:56.95	01:26:48.55	+00:32:41 (38.0%)	8:35	7 (61.9%)
156	KOWNACKA Aleksandra	750	ZDROWO PIEPRZNIĘCI	K2 30-39	71	00:00:51	00:41:12	01:26:14.05	01:27:05.60	+00:32:59 (38.2%)	8:37	7 (61.9%)
157	MAŁKOWSKA Edyta	820		K2 30-39	72	00:00:44	00:42:06	01:26:28.10	01:27:12.15	+00:33:13 (38.4%)	8:38	6.9 (61.1%)
158	KACZMAREK Sylwia	705		K3 40-49	44	00:00:49	00:41:50	01:26:40.75	01:27:30.00	+00:33:25 (38.6%)	8:40	6.9 (61.1%)
159	ROMAN Ewelina	690		K2 30-39	73	00:00:24	00:40:54	01:26:43.50	01:27:08.30	+00:33:28 (38.6%)	8:40	6.9 (61.1%)
160	CYBULSKA Anna	1402		K2 30-39	74	00:00:59	00:42:23	01:26:43.75	01:27:43.50	+00:33:28 (38.6%)	8:40	6.9 (61.1%)
161	BAUMGART Katarzyna	525	STARGARD. JA SIĘ NIE ŚCIGAM!	K2 30-39	75	00:00:56	00:41:37	01:26:44.20	01:27:40.20	+00:33:29 (38.6%)	8:40	6.9 (61.1%)
162	SETA Krysia	967	MONIA GYM	K2 30-39	76	00:00:24	00:40:54	01:26:44.25	01:27:08.75	+00:33:29 (38.6%)	8:40	6.9 (61.1%)
163	KUNIKOWSKA Patrycja	773	STARGARD. JA SIĘ NIE ŚCIGAM.	K2 30-39	77	00:00:53	00:41:40	01:26:46.70	01:27:40.15	+00:33:31 (38.6%)	8:40	6.9 (61.1%)
164	WRÓŃSKA Sandra	1094	STARGARD JA SIĘ NIE ŚCIGAM	K1 16-29	32	00:00:53	00:42:46	01:26:46.85	01:27:40.10	+00:33:31 (38.6%)	8:40	6.9 (61.1%)
165	GĘBICKA Agata	638	STARGARD JA SIĘ NIE ŚCIGAM	K2 30-39	78	00:00:53	00:42:03	01:26:47.00	01:27:40.15	+00:33:31 (38.6%)	8:40	6.9 (61.1%)
166	SKARŻYŃSKA Anna	973		K1 16-29	33	00:00:29	00:42:11	01:26:52.70	01:27:21.85	+00:33:37 (38.7%)	8:41	6.9 (61.1%)
167	KOŹLIK Teresa	755		K4 50-59	10	00:00:23	00:42:15	01:27:06.95	01:27:30.00	+00:33:51 (38.9%)	8:42	6.9 (61.1%)
168	PIERŚCIŃSKA Marzena	909		K3 40-49	45	00:00:34	00:42:52	01:27:15.45	01:27:49.85	+00:34:00 (39.0%)	8:43	6.9 (61.1%)
169	SKOWYRA Wioletta	978	RUNGRYF GRYFICE	K3 40-49	46	00:00:34	00:42:42	01:27:28.35	01:28:02.40	+00:34:13 (39.1%)	8:44	6.9 (61.1%)
170	WOLANO Anna	1081	CF PRAWY BRZEG	K2 30-39	79	00:00:26	00:41:55	01:27:29.15	01:27:55.55	+00:34:14 (39.1%)	8:44	6.9 (61.1%)
171	WOŁCZAK Iwona	1083		K2 30-39	80	00:00:46	00:42:34	01:27:32.60	01:28:19.10	+00:34:17 (39.2%)	8:45	6.9 (61.1%)
172	LIPIŃSKA Sylwia	795		K1 16-29	34	00:00:52	00:43:25	01:27:33.85	01:28:26.55	+00:34:18 (39.2%)	8:45	6.9 (61.1%)
173	STEMPNIAK Ewa	1004		K2 30-39	81	00:00:48	00:42:14	01:27:35.30	01:28:23.85	+00:34:20 (39.2%)	8:45	6.9 (61.1%)
174	PERROT Magdalena	905		K3 40-49	47	00:00:30	00:43:11	01:27:57.50	01:28:27.85	+00:34:42 (39.5%)	8:47	6.8 (60.2%)
175	NOWAKOWSKA Oiwia	877	OCR TEAM WŁOCŁAWEK	K1 16-29	35	00:00:42	00:42:35	01:28:22.30	01:29:05.05	+00:35:07 (39.7%)	8:50	6.8 (60.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
176	LIS Klaudia	797		K1 16-29	36	00:00:49	00:42:04	01:28:55.90	01:29:45.80	+00:35:40 (40.1%)	8:53	6.7 (59.3%)
177	BŁACHOWIAK Małgorzata	541	CZERWONAK BIEGA	K4 50-59	11	00:00:45	00:42:58	01:29:01.95	01:29:47.55	+00:35:46 (40.2%)	8:54	6.7 (59.3%)
178	DOMASIK Izabela	605		K3 40-49	48	00:00:45	00:42:58	01:29:02.00	01:29:47.30	+00:35:46 (40.2%)	8:54	6.7 (59.3%)
179	WIELGOSZEWSKA Olga	1065		K2 30-39	82	00:00:39	00:42:55	01:29:14.15	01:29:53.65	+00:35:59 (40.3%)	8:55	6.7 (59.3%)
180	NIEMIERKO Magdalena	866		K3 40-49	49	00:00:39	00:42:55	01:29:14.50	01:29:53.50	+00:35:59 (40.3%)	8:55	6.7 (59.3%)
181	RUBAJ-FIEDZIWSKA Anna	1406		K2 30-39	83	00:00:52	00:43:28	01:29:20.15	01:30:12.45	+00:36:05 (40.4%)	8:56	6.7 (59.3%)
182	KULEWSKA Joanna	771	NORDICOWELOVE	K3 40-49	50	00:00:51	00:43:29	01:29:20.75	01:30:12.45	+00:36:05 (40.4%)	8:56	6.7 (59.3%)
183	NOWAK Aneta	874	NORDICOWELOVE	K3 40-49	51	00:00:51	00:43:45	01:29:21.05	01:30:12.50	+00:36:06 (40.4%)	8:56	6.7 (59.3%)
184	NAJMARK Małgorzata	858	SKB DZIK	K3 40-49	52	00:00:51	00:43:45	01:29:21.15	01:30:13.05	+00:36:06 (40.4%)	8:56	6.7 (59.3%)
185	GÓRSKA Agnieszka	647	NORDICOWE LOVE POLICE	K3 40-49	53	00:00:51	00:43:44	01:29:21.55	01:30:13.05	+00:36:06 (40.4%)	8:56	6.7 (59.3%)
186	NOWAK Irena	873	RUNGRYF	K4 50-59	12	00:00:33	00:44:05	01:29:39.10	01:30:12.90	+00:36:24 (40.6%)	8:57	6.7 (59.3%)
187	BIELAWSKA Katarzyna	1251		K1 16-29	37	00:00:09	00:41:32	01:29:44.80	01:29:53.85	+00:36:29 (40.7%)	8:58	6.7 (59.3%)
188	TOMASIŃSKA Monika	1036	OSOWA-BIEGA	K3 40-49	54	00:00:50	00:44:41	01:29:51.20	01:30:41.70	+00:36:36 (40.7%)	8:59	6.7 (59.3%)
189	WASYLÓW Katarzyna	1058		K4 50-59	13	00:00:47	00:43:26	01:30:00.60	01:30:47.75	+00:36:45 (40.8%)	9:00	6.7 (59.3%)
190	FINSTER Joanna	624		K1 16-29	38	00:00:55	00:43:09	01:30:21.55	01:31:16.70	+00:37:06 (41.1%)	9:02	6.6 (58.4%)
191	DUDKA Agata	613		K1 16-29	39	00:00:55	00:43:16	01:30:22.30	01:31:17.45	+00:37:07 (41.1%)	9:02	6.6 (58.4%)
192	KLEJNOWSKA Kamila	722	STARGARD JA SIĘ NIE ŚCIGAM	K2 30-39	84	00:00:34	00:43:25	01:31:00.25	01:31:35.20	+00:37:45 (41.5%)	9:06	6.6 (58.4%)
193	TALARCZYK Weronika	1033		K1 16-29	40	00:00:51	00:44:36	01:31:22.65	01:32:13.80	+00:38:07 (41.7%)	9:08	6.6 (58.4%)
194	ULASS Agnieszka	1044		K3 40-49	55	00:00:49	00:44:43	01:31:30.30	01:32:19.90	+00:38:15 (41.8%)	9:09	6.6 (58.4%)
195	STACH Sara	997		K1 16-29	41	00:00:09	00:43:49	01:32:07.10	01:32:16.30	+00:38:52 (42.2%)	9:12	6.5 (57.5%)
196	GRODZIŃSKA Agnieszka	652	KLUB MORSÓW MIEDWIANIE	K3 40-49	56	00:00:50	00:44:38	01:32:53.85	01:33:44.55	+00:39:38 (42.7%)	9:17	6.5 (57.5%)
197	RODAK Agnieszka	944		K3 40-49	57	00:00:59	00:45:35	01:33:01.40	01:34:00.55	+00:39:46 (42.8%)	9:18	6.5 (57.5%)
198	STEMPNIAK-LECHOWICZ Lidia	1006		K2 30-39	85	00:00:48	00:44:50	01:33:12.65	01:34:01.30	+00:39:57 (42.9%)	9:19	6.4 (56.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
199	WOŹNIAK Wiktoria	1091	FIFNE PYRKI	K1 16-29	42	00:00:50	00:44:39	01:33:24.05	01:34:14.25	+00:40:09 (43.0%)	9:20	6.4 (56.6%)
200	BZDAWKA Joanna	567	1976	K3 40-49	58	00:00:41	00:45:45	01:34:22.65	01:35:04.60	+00:41:07 (43.6%)	9:26	6.4 (56.6%)
201	MOŹDŹEŃ Anna	1145		K2 30-39	86	00:00:15	00:44:41	01:34:54.75	01:35:10.65	+00:41:39 (43.9%)	9:29	6.3 (55.8%)
202	KWIATKOWSKA Alicja	781	GDAŃSKIE DZIKI	K2 30-39	87	00:00:15	00:44:41	01:34:55.05	01:35:11.00	+00:41:40 (43.9%)	9:29	6.3 (55.8%)
203	CZYŹEWSKA Danuta	590	BIEGACZE ŚWINOUJŚCIE	K4 50-59	14	00:00:41	00:46:06	01:35:10.20	01:35:52.10	+00:41:55 (44.0%)	9:31	6.3 (55.8%)
204	WIKI Marta	1069		K1 16-29	43	00:00:52	00:46:02	01:35:14.65	01:36:07.35	+00:41:59 (44.1%)	9:31	6.3 (55.8%)
205	GRYTA Janina	656	BIEGACZE ŚWINOUJŚCIE	K4 50-59	15	00:00:42	00:46:08	01:35:18.80	01:36:01.45	+00:42:03 (44.1%)	9:31	6.3 (55.8%)
206	MAĆKÓW Natalia	811		K3 40-49	59	00:00:42	00:45:43	01:35:20.85	01:36:03.10	+00:42:05 (44.2%)	9:32	6.3 (55.8%)
207	BARSZCZEWSKA Małgorzata	519		K3 40-49	60	00:00:41	00:45:25	01:35:21.90	01:36:02.90	+00:42:06 (44.2%)	9:32	6.3 (55.8%)
208	CZYŹ Anna	589	3ATEAM	K3 40-49	61	00:00:34	00:47:12	01:36:21.95	01:36:56.25	+00:43:06 (44.7%)	9:38	6.2 (54.9%)
209	ADAMCZEWSKA Anna	502	3ATEAM	K3 40-49	62	00:00:33	00:47:12	01:36:22.60	01:36:56.10	+00:43:07 (44.7%)	9:38	6.2 (54.9%)
210	ORLON Barbara	886	RUN HAPPY	K3 40-49	63	00:00:14	00:46:19	01:37:44.30	01:37:58.75	+00:44:29 (45.5%)	9:46	6.1 (54.0%)
211	PŁOSA Monika	915		K2 30-39	88	00:00:54	00:47:57	01:38:37.85	01:39:32.75	+00:45:22 (46.0%)	9:51	6.1 (54.0%)
212	MASZCZYK Marta	830		K2 30-39	89	00:00:22	00:46:01	01:38:48.45	01:39:10.60	+00:45:33 (46.1%)	9:52	6.1 (54.0%)
213	PUZIO Hanna	936		K2 30-39	90	00:00:45	00:46:58	01:39:17.70	01:40:03.60	+00:46:02 (46.4%)	9:55	6 (53.1%)
214	PEDA Kamila	901		K2 30-39	91	00:00:23	00:49:34	01:40:54.90	01:41:18.55	+00:47:39 (47.2%)	10:05	5.9 (52.2%)
215	LISIECKA Barbara	798		K4 50-59	16	00:00:22	00:49:36	01:40:55.40	01:41:18.25	+00:47:40 (47.2%)	10:05	5.9 (52.2%)
216	KOBUS Natalia	732	IRON HOUSE	K2 30-39	92	00:00:49	00:52:28	01:44:12.40	01:45:01.80	+00:50:57 (48.9%)	10:25	5.8 (51.3%)
217	KOŁACZYŃSKA Monika	735		K3 40-49	64	00:00:37	00:50:13	01:46:10.65	01:46:48.60	+00:52:55 (49.8%)	10:37	5.7 (50.4%)
218	NANU Justyna	859	GRYFUS SZCZECIN	K2 30-39	93	00:00:28	00:49:27	01:46:20.85	01:46:48.85	+00:53:05 (49.9%)	10:38	5.6 (49.6%)
219	HAŁAS Renata	665	SZYBCIEJ NIE MOGĘ	K4 50-59	17	00:01:01	00:51:50	01:48:07.60	01:49:09.45	+00:54:52 (50.8%)	10:48	5.5 (48.7%)
220	KUCHARCZYK Elżbieta	765	RUNGRYF	K3 40-49	65	00:00:35	00:51:53	01:48:34.35	01:49:09.55	+00:55:19 (51.0%)	10:51	5.5 (48.7%)
221	JASIK Agnieszka	691		K3 40-49	66	00:00:33	00:49:29	01:50:30.60	01:51:04.30	+00:57:15 (51.8%)	11:03	5.4 (47.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Finish_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
222	MICHALSKA Karolina	839	KOMPAS TEAM	K1 16-29	44	00:00:32	00:49:30	01:50:32.25	01:51:04.40	+00:57:17 (51.8%)	11:03	5.4 (47.8%)
223	MUSZYŃSKA Oliwia	853	PIŁA TEAM	K1 16-29	45	00:00:05	00:52:22	01:54:22.25	01:54:28.20	+01:01:07 (53.4%)	11:26	5.2 (46.0%)
224	MUSZYŃSKA Barbara	854	PIŁA TEAM	K3 40-49	67	00:00:06	00:52:45	01:54:57.40	01:55:03.95	+01:01:42 (53.7%)	11:29	5.2 (46.0%)
225	JADCZAK Danuta	678	SZCZECINSKO-POLICKI KLUB MORSY	K5 60+	2	00:00:16	00:53:07	01:56:25.10	01:56:41.45	+01:03:10 (54.3%)	11:38	5.2 (46.0%)
226	GORYŃSKA Daria	644		K1 16-29	46	00:00:05	00:53:27	01:56:35.70	01:56:41.55	+01:03:20 (54.3%)	11:39	5.1 (45.1%)
227	KOSIANOWSKA Monika	742	GRUPA MALBORK	K4 50-59	18	00:00:38	00:57:10	02:06:44.45	02:07:22.50	+01:13:29 (58.0%)	12:40	4.7 (41.6%)
228	WINIARSKA-GRABOWSKA Agnieszka	1071		K2 30-39	94	00:00:38	00:57:13	02:06:47.45	02:07:26.15	+01:13:32 (58.0%)	12:40	4.7 (41.6%)
229	KULA Joanna	770		K2 30-39	95	00:00:57	01:03:49			+00:37:57	12:45	4.7 (41.6%)
	KIELISZEK Anna	719	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39		DNF	00:50:05 DNF	DNF	DNF		-	- (0.0%)

Znaleziono 230 wynik(ów)