



IX BIEG TRZEŹWOŚCI - BIEG 10 KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

XIII Festiwal Sportowo-Turystyczny 2019
Rowerowa Brzoza
2019-09-22
Przytęki-Brzoza
10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Drużyna	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	BRZEZIŃSKI Błażej	2	CWZS ZAWISZA BYDGOSZCZ	M3	1		Brzezińscy		00:00:01	00:30:34.10	00:30:35.20		3:03	19.6 (100%)
2	KROCHMAL Paweł	195	PAWKO RUNNER TEAM	M2	1				00:00:01	00:34:25.45	00:34:26.85	+00:03:51 (11.2%)	3:26	17.4 (88.8%)
3	KRAMARZ Aleksander	216		M2	2		Kramarz		00:00:02	00:34:41.05	00:34:43.60	+00:04:06 (11.9%)	3:28	17.3 (88.3%)
4	BRZEZIŃSKA Aleksandra	1	MKL TORUŃ	K2	1		Brzezińscy		00:00:01	00:34:56.75	00:34:57.95	+00:04:22 (12.5%)	3:29	17.2 (87.8%)
5	POLAŃSKI Tomek	256	B4SPORT TEAM	M4	1				00:00:02	00:35:38.55	00:35:40.80	+00:05:04 (14.2%)	3:33	16.8 (85.7%)
6	RATAJCZYK Przemysław	103	TKKF KOLEJARZ BYDGOSZCZ/KP PSP ALEKSANDRÓW KUJAWSKI	M2	3	KP PSP Aleksandrów Kujawski		TKKF Kolejarz Bydgoszcz	00:00:02	00:35:54.40	00:35:56.65	+00:05:20 (14.9%)	3:35	16.7 (85.2%)
7	DEROŃ Waldemar	246	1 BRYGADA LOGISTYCZNA	M3	2	1 Brygada Logistyczna		1 Brygada Logistyczna	00:00:01	00:36:14.00	00:36:15.85	+00:05:39 (15.6%)	3:37	16.6 (84.7%)
8	CHAWAWKO Tomasz	21	TC. TEAM	M4	2				00:00:01	00:36:36.35	00:36:38.20	+00:06:02 (16.5%)	3:39	16.4 (83.7%)
9	PAWŁOWSKI Tomasz	56		M2	4		PAWŁOWSKI		00:00:02	00:36:46.40	00:36:49.00	+00:06:12 (16.9%)	3:40	16.3 (83.2%)
10	KRAMARZ Nikodem	207		M2	5		Kramarz		00:00:02	00:36:46.90	00:36:49.25	+00:06:12 (16.9%)	3:40	16.3 (83.2%)
11	TUCHOLSKI Bartłomiej	125	BYDGOSKIE OKONIE	M2	6			Bydgoskie Okonie	00:00:03	00:36:56.45	00:36:59.90	+00:06:22 (17.3%)	3:41	16.2 (82.7%)
12	MAĆKOWSKI Maciej	67	1986	M3	3				00:00:02	00:37:01.55	00:37:04.10	+00:06:27 (17.4%)	3:42	16.2 (82.7%)
13	WIWATOWSKI Michał	134		M4	3		Wiwatowscy		00:00:01	00:37:06.90	00:37:08.75	+00:06:32 (17.6%)	3:42	16.2 (82.7%)
14	JAGODZIŃSKI Mateusz	45	BYDGOSKIE OKONIE	M2	7		Jagodzińscy	Bydgoskie Okonie	00:00:01	00:37:11.10	00:37:12.95	+00:06:37 (17.8%)	3:43	16.1 (82.1%)
15	MAŁECKI Jakub	50	BYDGOSKIE OKONIE	M4	4	1 Brygada Logistyczna		Bydgoskie Okonie	00:00:01	00:37:31.20	00:37:33.05	+00:06:57 (18.5%)	3:45	16 (81.6%)
16	SZLINGER Jakub	138		M3	4				00:00:02	00:37:34.90	00:37:37.65	+00:07:00 (18.7%)	3:45	16 (81.6%)
17	TUCZYŃSKI Sylwester Leon	53	BYDGOSKIE OKONIE	M2	8			Bydgoskie Okonie	00:00:02	00:37:38.45	00:37:41.05	+00:07:04 (18.8%)	3:45	15.9 (81.1%)
18	JAGIEŁA Jarosław	156	TKKF KOLEJARZ BYDGOSZCZ	M4	5		Jagiela	TKKF Kolejarz Bydgoszcz	00:00:02	00:37:41.00	00:37:43.25	+00:07:06 (18.9%)	3:46	15.9 (81.1%)

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19	MIKA Oskar	197	BYDGOSKIE OKONIE	M4	6			Bydgoskie Okonie	00:00:02	00:38:01.35	00:38:03.55	+00:07:27 (19.6%)	3:48	15.8 (80.6%)
20	SZENK Marta	3		K3	1	1 Brygada Logistyczna			00:00:01	00:38:10.70	00:38:12.10	+00:07:36 (19.9%)	3:49	15.7 (80.1%)
21	MAIK Daria	171	LUKS START NAKŁO	K2	2				00:00:01	00:38:30.65	00:38:32.25	+00:07:56 (20.6%)	3:51	15.6 (79.6%)
22	ETTINGER Paweł	191		M3	5	ZK Potulice			00:00:02	00:38:32.00	00:38:34.75	+00:07:57 (20.7%)	3:51	15.6 (79.6%)
23	KOWALCZYK Marek	29	BRZOZA BIEGA	M4	7			Brzoza Biega	00:00:02	00:38:38.05	00:38:40.90	+00:08:03 (20.9%)	3:51	15.5 (79.1%)
24	STACHOWICZ Wiesław	27	BRZOZA BIEGA	M4	8	Inspektorat Wsparcia Sił Zbrojnych		Brzoza Biega	00:00:02	00:38:41.50	00:38:43.85	+00:08:07 (21.0%)	3:52	15.5 (79.1%)
25	GÓRNY Maciej	249	PACKMAN TEAM	M4	9	CSLog		CSLog	00:00:02	00:38:50.45	00:38:52.60	+00:08:16 (21.3%)	3:53	15.5 (79.1%)
26	CHOLEWIŃSKI Dariusz	100	HURAGAN MIEDZYŃ	M4	10				00:00:03	00:39:19.50	00:39:23.40	+00:08:45 (22.3%)	3:56	15.3 (78.1%)
27	NIEDBALSKI Przemysław	141	PAŁUKI RUNNING TEAM	M4	11			Pałuki Running Team	00:00:04	00:39:26.05	00:39:30.90	+00:08:51 (22.5%)	3:56	15.2 (77.6%)
28	FROM Piotr	208	CSLOG	M3	6	CSLog			00:00:02	00:39:26.20	00:39:28.25	+00:08:52 (22.5%)	3:56	15.2 (77.6%)
29	BIAŁEK Dawid	248	1 BRYGADA LOGISTYCZNA	M3	7	1 Brygada Logistyczna			00:00:03	00:39:38.60	00:39:42.05	+00:09:04 (22.9%)	3:57	15.1 (77.0%)
30	KUŚNIEREK Bartosz	95	PAŁUKI RUNNING TEAM	M3	8			Pałuki Running Team	00:00:04	00:39:43.25	00:39:48.20	+00:09:09 (23.0%)	3:58	15.1 (77.0%)
31	MAGDZIARZ Jakub	167	KANCELARIA HMM	M3	9		Magdziarz		00:00:03	00:39:47.65	00:39:50.90	+00:09:13 (23.2%)	3:58	15.1 (77.0%)
32	WADELSKI Maciej	129	1 BRYGADA LOGISTYCZNA	M3	10	1 Brygada Logistyczna		1 Brygada Logistyczna	00:00:03	00:39:50.50	00:39:54.45	+00:09:16 (23.3%)	3:59	15.1 (77.0%)
33	SERWACZAK Grzegorz	232	CSLOG	M3	11	CSLog			00:00:03	00:39:54.20	00:39:57.35	+00:09:20 (23.4%)	3:59	15 (76.5%)
34	WOLNY Piotr	30	BRZOZA BIEGA	M5	1			Brzoza Biega	00:00:02	00:39:55.70	00:39:57.75	+00:09:21 (23.4%)	3:59	15 (76.5%)
35	KIEŁPIKOWSKI Patryk	145		M3	12				00:00:03	00:40:14.45	00:40:18.20	+00:09:40 (24.0%)	4:01	14.9 (76.0%)
36	KOTULA Sławomir	177	1987	M3	13				00:00:02	00:40:16.20	00:40:18.85	+00:09:42 (24.1%)	4:01	14.9 (76.0%)
37	SIKUT Arkadiusz	170	12WOG	M4	12	12 WOG		12 WOG	00:00:05	00:40:18.30	00:40:23.35	+00:09:44 (24.2%)	4:01	14.9 (76.0%)
38	NOWAKOWSKA Anna	158	ALPIMADE TEAM	K2	3				00:00:01	00:40:35.25	00:40:37.15	+00:10:01 (24.7%)	4:03	14.8 (75.5%)
39	ŁOPUSZYŃSKI Rafał	217	12WOG	M4	13			12 WOG	00:00:05	00:40:43.30	00:40:48.75	+00:10:09 (24.9%)	4:04	14.7 (75.0%)
40	DURCZAK Jerzy	130	BYDGOSKIE OKONIE	M3	14				00:00:04	00:41:00.30	00:41:04.50	+00:10:26 (25.5%)	4:06	14.6 (74.5%)
41	BŁASZAK Łukasz	172	'BUBA' SOLEC KUJAWSKI	M3	15				00:00:02	00:41:20.00	00:41:22.75	+00:10:45 (26.0%)	4:08	14.5 (74.0%)
42	ŁUCZAK Paweł	162	TKKF KOLEJARZ BYDGOSZCZ	M5	2			TKKF Kolejarz Bydgoszcz	00:00:03	00:42:05.85	00:42:09.75	+00:11:31 (27.4%)	4:12	14.3 (73.0%)
43	WIŚNIEWSKI Zbigniew	31	BRZOZA BIEGA	M5	3		Wiśniewski /Szadkowski	Brzoza Biega	00:00:02	00:42:13.60	00:42:16.55	+00:11:39 (27.6%)	4:13	14.2 (72.4%)
44	CHOJNACKI Krzysztof	231	KRZYSZTOF CHOJNACKI	M5	4				00:00:05	00:42:18.40	00:42:23.75	+00:11:44 (27.7%)	4:13	14.2 (72.4%)

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45	OLKOWSKI Jurek	124	THE RUNNERS ŚWIECIE	M6	1				00:00:03	00:42:21.50	00:42:25.45	+00:11:47 (27.8%)	4:14	14.2 (72.4%)
46	BIERNACKI Sławomir	181		M3	16				00:00:06	00:42:33.50	00:42:40.10	+00:11:59 (28.2%)	4:15	14.1 (71.9%)
47	GEHRKA Marcin	209	CSLOG	M2	9	CSLog			00:00:07	00:42:34.90	00:42:42.45	+00:12:00 (28.2%)	4:15	14.1 (71.9%)
48	KOWALSKA Angelika	206	TRISPACE/TREK	K3	2			TRISPACE/TREK	00:00:04	00:42:39.30	00:42:44.25	+00:12:05 (28.3%)	4:16	14.1 (71.9%)
49	RACZYŃSKI Krzysztof	176	BIEGAJĄCY FILOZOF TEAM	M5	5				00:00:03	00:42:43.75	00:42:46.90	+00:12:09 (28.5%)	4:16	14 (71.4%)
50	KUBIAK Sławomir	63		M5	6				00:00:05	00:42:44.05	00:42:49.90	+00:12:09 (28.5%)	4:16	14 (71.4%)
51	KRUSZKA Łukasz	94	RYSZARD OCHÓDZKI	M4	14				00:00:02	00:42:44.55	00:42:47.50	+00:12:10 (28.5%)	4:16	14 (71.4%)
52	DOBOSZ Maciej	119	ZK POTULICE	M3	17	ZK Potulice			00:00:04	00:43:00.25	00:43:04.70	+00:12:26 (28.9%)	4:18	14 (71.4%)
53	WIĘCKOWSKI Dariusz	86	AMS TRIATHLON	M3	18				00:00:04	00:43:02.45	00:43:06.45	+00:12:28 (29.0%)	4:18	13.9 (70.9%)
54	OLSZEWSKI Arkadiusz	254		M3	19			Inowrocław Biega	00:00:04	00:43:02.85	00:43:07.80	+00:12:28 (29.0%)	4:18	13.9 (70.9%)
55	BARCZAK Piotr	28		M5	7	Inspektorat Wsparcia Sił Zbrojnych			00:00:05	00:43:06.90	00:43:12.55	+00:12:32 (29.1%)	4:18	13.9 (70.9%)
56	PIECHOWIAK Jacek	215		M4	15				00:00:06	00:43:24.65	00:43:31.05	+00:12:50 (29.6%)	4:20	13.8 (70.4%)
57	WIŚNIEWSKI Wojciech			M4	16				00:00:07	00:43:40.00	00:43:47.60	+00:13:05 (30.0%)	4:22	13.7 (69.9%)
58	GURDAK Leszek	243	BYDGOSZCZ NA START	M4	17				00:00:06	00:43:53.75	00:43:59.75	+00:13:19 (30.4%)	4:23	13.7 (69.9%)
59	WIŚNIEWSKI Leszek	118	BRZOZA	M5	8				00:00:06	00:44:22.30	00:44:28.90	+00:13:48 (31.1%)	4:26	13.5 (68.9%)
60	RYBAK Remigiusz	143	BIKE U UP	M4	18				00:00:06	00:44:33.35	00:44:40.00	+00:13:59 (31.4%)	4:27	13.5 (68.9%)
61	KUNKE Tomasz	65	13WOG GRUDZIĄDZ	M4	19	13 WOG GRUDZIĄDZ			00:00:07	00:44:33.95	00:44:41.90	+00:13:59 (31.4%)	4:27	13.5 (68.9%)
62	PIKUL Andrzej	165	KWP BYDGOSZCZ	M4	20	KWP Bydgoszcz			00:00:04	00:44:40.60	00:44:45.20	+00:14:06 (31.6%)	4:28	13.4 (68.4%)
63	RASZTUBOWICZ Daniel	146	PODGÓRZ TORUŃ	M4	21	56 Baza Lotnicza			00:00:12	00:44:41.75	00:44:54.45	+00:14:07 (31.6%)	4:28	13.4 (68.4%)
64	STACHNIUK Klaudia	245		K1	1			STACHNIUK	00:00:07	00:44:49.90	00:44:56.90	+00:14:15 (31.8%)	4:28	13.4 (68.4%)
65	ELIAS Francisco	255		M4	22	NFIO NATO			00:00:04	00:44:54.25	00:44:58.55	+00:14:20 (31.9%)	4:29	13.4 (68.4%)
66	WASILEWSKI Mirosław	214	ORKAMASTERSIŁAWA	M4	23	CSLog		CSLog Grupa	00:00:07	00:44:55.05	00:45:02.05	+00:14:20 (31.9%)	4:29	13.4 (68.4%)
67	CZEPEK Aleksander	83	BRZOZA BIEGA	M6	2			Brzoza Biega	00:00:03	00:44:55.35	00:44:59.25	+00:14:21 (32.0%)	4:29	13.4 (68.4%)
68	ANTKOWIAK Bartosz	203	TRISPACE/TREK	M3	20			TRISPACE/TREK	00:00:03	00:45:01.05	00:45:04.95	+00:14:26 (32.1%)	4:30	13.3 (67.9%)
69	ZAROSA Kamila	35	GERSY BIEGAJĄ	K4	1				00:00:05	00:45:02.80	00:45:07.95	+00:14:28 (32.1%)	4:30	13.3 (67.9%)
70	BUZALSKI Robert	84	ORANGE POLSKA	M4	24				00:00:04	00:45:16.80	00:45:21.35	+00:14:42 (32.5%)	4:31	13.2 (67.3%)

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71	GŻYL Mikołaj	154	JANUSZE TRIATHLONU 'EXODUS' TEAM	M3	21				00:00:07	00:45:23.75	00:45:30.85	+00:14:49 (32.7%)	4:32	13.2 (67.3%)
72	SIKORA Sylwia	234	1BRYGADA LOGISTYCZNA	K4	2	1 Brygada Logistyczna			00:00:01	00:45:26.60	00:45:28.30	+00:14:52 (32.7%)	4:32	13.2 (67.3%)
73	MICHALIK Joanna	152		K3	3				00:00:03	00:45:31.85	00:45:35.50	+00:14:57 (32.9%)	4:33	13.2 (67.3%)
73	SAWICKI Michał	117		M3	22		Sawiccy		00:00:11	00:45:31.85	00:45:42.90	+00:14:57 (32.9%)	4:33	13.2 (67.3%)
75	NITKA Ireneusz	96	LUKS START NAKŁO,	M4	25	ZK Potulice	Nitka		00:00:16	00:45:38.60	00:45:55.15	+00:15:04 (33.0%)	4:33	13.1 (66.8%)
76	SZADKOWSKI Tomasz	201		M3	23		Wiśniewski /Szadkowski		00:00:06	00:45:47.50	00:45:54.00	+00:15:13 (33.2%)	4:34	13.1 (66.8%)
77	DRÓŹDŹ Malgorzata	202		K3	4				00:00:16	00:45:48.15	00:46:04.30	+00:15:14 (33.3%)	4:34	13.1 (66.8%)
78	TORCHALSKI Krzysztof	253	RUN PASJA	M6	3			Run Pasja	00:00:03	00:46:00.95	00:46:04.60	+00:15:26 (33.6%)	4:36	13 (66.3%)
79	LISEWSKI Piotr	182	NIEZRZESZONY	M5	9				00:00:06	00:46:04.50	00:46:10.50	+00:15:30 (33.7%)	4:36	13 (66.3%)
80	JAGODZIŃSKA Magdalena	44	BYDGOSKIE OKONIE	K2	4		Jagodzińscy	Bydgoskie Okonie	00:00:06	00:46:15.25	00:46:21.35	+00:15:41 (33.9%)	4:37	13 (66.3%)
81	TOMCZYK Agata	120	SLA POLONIA BYDGOSZCZ	K3	5				00:00:04	00:46:25.20	00:46:29.70	+00:15:51 (34.1%)	4:38	12.9 (65.8%)
82	JAGIEŁA Bartosz	157	TKKF KOLEJARZ BYDGOSZCZ	M3	24		Jagięła	TKKF Kolejarz Bydgoszcz	00:00:04	00:46:48.00	00:46:52.20	+00:16:13 (34.7%)	4:40	12.8 (65.3%)
83	TRZECIAK Robert	159	12WOG	M4	26	12 WOG			00:00:09	00:46:50.70	00:47:00.25	+00:16:16 (34.7%)	4:41	12.8 (65.3%)
84	DAWIDOWICZ Maciej	233		M4	27				00:00:06	00:46:50.85	00:46:57.50	+00:16:16 (34.7%)	4:41	12.8 (65.3%)
85	AUGUSTYNOWICZ Andrzej	111	RCI BYDGOSZCZ	M4	28	RCI Bydgoszcz	Augustynowicz	RCI Bydgoszcz	00:00:07	00:46:56.15	00:47:03.55	+00:16:22 (34.9%)	4:41	12.8 (65.3%)
86	PALACZ Wioletta	115		K4	3				00:00:03	00:47:02.10	00:47:05.65	+00:16:28 (35.0%)	4:42	12.8 (65.3%)
87	MRÓZ Violetta	82	KS SOKÓŁ GAŚAWA	K4	4				00:00:08	00:47:12.10	00:47:20.10	+00:16:38 (35.2%)	4:43	12.7 (64.8%)
88	RUSZKIEWICZ Łukasz	107		M3	25				00:00:14	00:47:27.90	00:47:42.60	+00:16:53 (35.6%)	4:44	12.6 (64.3%)
89	KLUSZCZYŃSKI Robert	173		M5	10				00:00:04	00:47:33.65	00:47:38.10	+00:16:59 (35.7%)	4:45	12.6 (64.3%)
90	MROZIK Andrzej	190		M4	29				00:00:08	00:47:34.30	00:47:42.95	+00:17:00 (35.7%)	4:45	12.6 (64.3%)
91	SKWIOT Stanisław	38	TAKA RYBA	M5	11			Taka RYBA	00:00:03	00:47:39.45	00:47:42.60	+00:17:05 (35.9%)	4:45	12.6 (64.3%)
92	LEWICKI Konrad	150	ŻANDARMII Z BYDGOSZCZY	M3	26				00:00:04	00:47:44.15	00:47:48.40	+00:17:10 (36.0%)	4:46	12.6 (64.3%)
93	ŚLEFARSKI Marcin	97		M3	27				00:00:07	00:47:44.95	00:47:52.80	+00:17:10 (36.0%)	4:46	12.6 (64.3%)
94	SIEJEK Błażej	62		M3	28				00:00:08	00:47:47.25	00:47:55.75	+00:17:13 (36.0%)	4:46	12.6 (64.3%)
95	GÓRSKI Marian	210	JASTRZĄB RUDA ŚLĄSKA	M6	4				00:00:03	00:47:52.35	00:47:55.80	+00:17:18 (36.1%)	4:47	12.5 (63.8%)
96	RATAJ Zuzanna	222	KS POLONIA BYDGOSZCZ SLA	K3	6		Rataj		00:00:04	00:47:55.80	00:47:59.85	+00:17:21 (36.2%)	4:47	12.5 (63.8%)
97	KARPINSKI Paweł	89		M4	30		Karpincy		00:00:05	00:48:15.10	00:48:20.45	+00:17:41 (36.6%)	4:49	12.4 (63.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Drużyna	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
98	WIDŹGOWSKI Przemysław	135		M4	31				00:00:07	00:48:16.80	00:48:24.15	+00:17:42 (36.7%)	4:49	12.4 (63.3%)
99	WRÓBLEWSKA Dagmara	133	TKKF KOLEJARZ BYDGOSZCZ	K3	7			TKKF Kolejarz Bydgoszcz	00:00:08	00:48:19.00	00:48:27.80	+00:17:44 (36.7%)	4:49	12.4 (63.3%)
99	RÓŻYCKI Sławomir	23	TKKF KOLEJARZ BYDGOSZCZ	M5	12			TKKF Kolejarz Bydgoszcz	00:00:08	00:48:19.00	00:48:27.95	+00:17:44 (36.7%)	4:49	12.4 (63.3%)
101	BAKOWSKI Dawid	199	DAWID BAKOWSKI	M3	29				00:00:11	00:48:25.00	00:48:36.65	+00:17:50 (36.9%)	4:50	12.4 (63.3%)
102	DE VIRION Aleksandra	57	KOTY3!TAKA RYBA	K4	5			Taka RYBA	00:00:08	00:48:39.65	00:48:48.15	+00:18:05 (37.2%)	4:52	12.3 (62.8%)
103	JUCHACZ Michał	85	DZIKI Z BALCZEWA	M4	32				00:00:05	00:49:14.80	00:49:20.45	+00:18:40 (37.9%)	4:55	12.2 (62.2%)
104	NAMIEŚNIK Krzysztof	39	KRZYSIEKN	M4	33				00:00:10	00:49:33.30	00:49:43.45	+00:18:59 (38.3%)	4:57	12.1 (61.7%)
105	SYNAKIEWICZ Tomasz	180	SGB-BANK S.A.	M3	30				00:00:06	00:49:33.55	00:49:39.65	+00:18:59 (38.3%)	4:57	12.1 (61.7%)
106	STACHNIUK Przemek	187	OZ JFTC	M4	34	OZ JFTC			00:00:12	00:49:34.05	00:49:46.75	+00:18:59 (38.3%)	4:57	12.1 (61.7%)
107	BOROWICZ Anna	205		K3	8	OZ JFTC			00:00:07	00:49:39.40	00:49:46.45	+00:19:05 (38.4%)	4:57	12.1 (61.7%)
108	FOTYN Patryk	219		M2	10				00:00:04	00:49:39.55	00:49:44.50	+00:19:05 (38.4%)	4:58	12.1 (61.7%)
109	PAWŁOWSKI Radosław	55		M5	13	OZ JFTC	PAWŁOWSKI		00:00:06	00:49:46.45	00:49:53.15	+00:19:12 (38.6%)	4:58	12.1 (61.7%)
110	DOMAN Janusz	64	UKS SZBLA BRZOZA	M6	5				00:00:02	00:49:48.95	00:49:51.90	+00:19:14 (38.6%)	4:58	12 (61.2%)
111	KRETOWICZ Piotr	235		M2	11				00:00:11	00:49:57.15	00:50:09.00	+00:19:23 (38.8%)	4:59	12 (61.2%)
112	STERNAL Tomasz	189		M5	14		STERNAL		00:00:11	00:50:01.55	00:50:12.60	+00:19:27 (38.9%)	5:00	12 (61.2%)
113	DZIĘCIOŁOWSKI Przemysław	250		M4	35				00:00:09	00:50:05.60	00:50:14.70	+00:19:31 (39.0%)	5:00	12 (61.2%)
114	SAWICKA Agnieszka	251		K2	5		Sawiccy		00:00:11	00:50:07.50	00:50:18.65	+00:19:33 (39.0%)	5:00	12 (61.2%)
115	ŚCIBAK Wojciech	198	OZ JFTC	M3	31	OZ JFTC			00:00:14	00:50:41.85	00:50:56.55	+00:20:07 (39.7%)	5:04	11.8 (60.2%)
116	STRÓŻYK Grażyna	126		K2	6				00:00:11	00:50:47.45	00:50:59.40	+00:20:13 (39.8%)	5:04	11.8 (60.2%)
117	MALEC Karol	227		M4	36				00:00:07	00:50:50.55	00:50:58.35	+00:20:16 (39.9%)	5:05	11.8 (60.2%)
118	WOJCIECHOWSKI Jarosław	110		M4	37		Wojciechowscy		00:00:07	00:50:58.20	00:51:05.75	+00:20:24 (40.0%)	5:05	11.8 (60.2%)
119	ANDRZEJEWSKI Ryszard	164	ŻÓŁTOKRÓLEWSCY	M7+	1				00:00:08	00:51:12.70	00:51:21.50	+00:20:38 (40.3%)	5:07	11.7 (59.7%)
120	ADAMSKI Łukasz	169		M2	12				00:00:14	00:51:23.20	00:51:37.35	+00:20:49 (40.5%)	5:08	11.7 (59.7%)
121	RICHTER Jacek	42	TAKA RYBA	M4	38			Taka RYBA	00:00:09	00:51:33.25	00:51:42.50	+00:20:59 (40.7%)	5:09	11.6 (59.2%)
122	LEWANDOWSKI Andrzej	204		M5	15	ZK Potulice			00:00:11	00:51:37.70	00:51:49.60	+00:21:03 (40.8%)	5:09	11.6 (59.2%)
123	KUŹMIŃSKA Maryla	25	BRZOZA BIEGA	K3	9			Brzoza Biega	00:00:08	00:51:42.90	00:51:51.55	+00:21:08 (40.9%)	5:10	11.6 (59.2%)
124	SIKORA Antoni	104	ŻNIŃSKI KLUB BIEGACZA 1992	M7+	2				00:00:04	00:52:03.25	00:52:07.50	+00:21:29 (41.3%)	5:12	11.5 (58.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Drużyna	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
125	GLIWKA Artur	123	GLIWEK	M3	32				00:00:10	00:52:42.65	00:52:53.20	+00:22:08 (42.0%)	5:16	11.4 (58.2%)
126	BOŹEK Mariusz	200		M5	16				00:00:16	00:52:42.70	00:52:59.60	+00:22:08 (42.0%)	5:16	11.4 (58.2%)
127	RATAJ Krzysztof	221	KS POLONIA BYDGOSZCZ	M3	33		Rataj		00:00:11	00:52:52.60	00:53:03.95	+00:22:18 (42.2%)	5:17	11.3 (57.7%)
128	ŻUCHOWSKI Dariusz	247		M5	17				00:00:07	00:52:53.05	00:53:00.55	+00:22:18 (42.2%)	5:17	11.3 (57.7%)
129	PODSIEDLIK Zbigniew	161	22 ODN	M4	39	22 ODN			00:00:10	00:53:06.20	00:53:16.25	+00:22:32 (42.4%)	5:18	11.3 (57.7%)
130	POPIELA Maksymilian	166	SGB-BANK	M4	40				00:00:05	00:53:12.55	00:53:17.90	+00:22:38 (42.6%)	5:19	11.3 (57.7%)
131	NIEDBALSKA Anna	147	PAŁUKI RUNNING TEAM	K4	6				00:00:09	00:53:13.90	00:53:23.35	+00:22:39 (42.6%)	5:19	11.3 (57.7%)
132	GRUBA Jacek	48		M5	18				00:00:12	00:53:14.60	00:53:27.30	+00:22:40 (42.6%)	5:19	11.3 (57.7%)
133	GRODEK Krzysztof	66	13 WOJSKOWY ODDZIAŁ GOSPODARCZY	M5	19	13 WOG GRUDZIĄDZ			00:00:11	00:53:21.45	00:53:33.10	+00:22:47 (42.7%)	5:20	11.2 (57.1%)
134	OSTRZYCKI Sławomir	194		M3	34	KM PSP Bydgoszcz			00:00:13	00:53:44.05	00:53:57.20	+00:23:09 (43.1%)	5:22	11.2 (57.1%)
135	WALIGÓRA Karolina	26	BRZOZA BIEGA	K4	7			Brzoza Biega	00:00:08	00:53:53.30	00:54:02.10	+00:23:19 (43.3%)	5:23	11.1 (56.6%)
136	MAGDZIARZ Katarzyna	192		K3	10		Magdziarz		00:00:14	00:53:55.75	00:54:10.15	+00:23:21 (43.3%)	5:23	11.1 (56.6%)
137	KANIA Daniel	98		M4	41		KANIA		00:00:09	00:54:14.85	00:54:24.30	+00:23:40 (43.7%)	5:25	11.1 (56.6%)
138	ZUPA Wojciech	211	SISU-OWB TEAM	M5	20				00:00:09	00:54:29.35	00:54:38.45	+00:23:55 (43.9%)	5:26	11 (56.1%)
139	DROZDOWSKI Marcin	175		M3	35				00:00:04	00:54:53.40	00:54:58.35	+00:24:19 (44.3%)	5:29	10.9 (55.6%)
140	SZOPINSKA Justyna	239		K3	11				00:00:06	00:54:59.05	00:55:06.00	+00:24:24 (44.4%)	5:30	10.9 (55.6%)
141	LANGE Waldemar	212	OZ JFTC	M5	21	OZ JFTC			00:00:15	00:54:59.60	00:55:15.10	+00:24:25 (44.4%)	5:30	10.9 (55.6%)
142	JENDRZEJCZAK Robert	237		M2	13		Jendrzejczak		00:00:11	00:55:02.35	00:55:14.10	+00:24:28 (44.5%)	5:30	10.9 (55.6%)
143	JĘDRA Andrzej	132		M4	42				00:00:13	00:55:09.95	00:55:23.75	+00:24:35 (44.6%)	5:31	10.9 (55.6%)
144	KUZIEMSKI Jacek	121	13WOG	M5	22	13 WOG GRUDZIĄDZ			00:00:13	00:55:21.95	00:55:34.95	+00:24:47 (44.8%)	5:32	10.8 (55.1%)
145	MALAK Robert	142	NIEZ	M4	43				00:00:08	00:55:27.60	00:55:36.45	+00:24:53 (44.9%)	5:32	10.8 (55.1%)
146	KRYGIER Mirosława	81	KS SOKÓŁ GAŚAWA	K5	1				00:00:08	00:55:32.05	00:55:40.55	+00:24:57 (45.0%)	5:33	10.8 (55.1%)
147	PASZKIET Witold	36		M6	6				00:00:11	00:55:43.65	00:55:54.75	+00:25:09 (45.1%)	5:34	10.8 (55.1%)
148	WOJCIECHOWSKA Emilia	109		K4	8	KWP Bydgoszcz	Wojciechowscy		00:00:07	00:55:47.40	00:55:54.95	+00:25:13 (45.2%)	5:34	10.8 (55.1%)
149	JENDRZEJCZAK Dawid	236		M3	36		Jendrzejczak		00:00:11	00:56:18.15	00:56:30.00	+00:25:44 (45.7%)	5:37	10.7 (54.6%)
150	NIZIOŁ Katarzyna	174		K3	12				00:00:00	00:56:30.00	00:56:30.00	+00:25:55 (45.9%)	5:39	10.6 (54.1%)
151	KĘSIK Roman	69	13 WOG GRUDZIĄDZ	M5	23	13 WOG GRUDZIĄDZ			00:00:16	00:56:30.35	00:56:46.60	+00:25:56 (45.9%)	5:39	10.6 (54.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Drużyna	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
152	BRZOZOWSKI Jarosław	32	BRZOZA TRI TEAM	M5	24				00:00:13	00:56:33.80	00:56:47.10	+00:25:59 (46.0%)	5:39	10.6 (54.1%)
153	MAKUCH-DOBOSZ Urszula	184	12WOG	K4	9	12 WOG		12 WOG	00:00:14	00:56:46.80	00:57:01.25	+00:26:12 (46.2%)	5:40	10.6 (54.1%)
154	DOBOSZ Kamil	183		M3	37	56 Baza Lotnicza			00:00:14	00:56:47.00	00:57:01.30	+00:26:12 (46.2%)	5:40	10.6 (54.1%)
155	SKORUPKA Radek	193	ULUNG TEAM	M4	44				00:00:10	00:56:47.35	00:56:57.40	+00:26:13 (46.2%)	5:40	10.6 (54.1%)
156	STERNAL Elżbieta	188		K4	10		Sternal		00:00:14	00:56:47.40	00:57:01.40	+00:26:13 (46.2%)	5:40	10.6 (54.1%)
157	STANKIEWICZ Dariusz	49	BÓL TO ŚCIEMA	M5	25				00:00:16	00:57:34.90	00:57:50.95	+00:27:00 (46.9%)	5:45	10.4 (53.1%)
158	KLOSKOWSKI Adam	163	IWSP SZ BYDGOSZCZ	M3	38	Inspektorat Wsparcia Sił Zbrojnych			00:00:15	00:58:22.95	00:58:38.60	+00:27:48 (47.6%)	5:50	10.3 (52.6%)
159	GRABOWSKA Marlena	113		K3	13				00:00:10	00:58:26.85	00:58:37.80	+00:27:52 (47.7%)	5:50	10.3 (52.6%)
160	ROMIANOWSKA Agnieszka	114		K4	11				00:00:10	00:58:28.55	00:58:38.90	+00:27:54 (47.7%)	5:50	10.3 (52.6%)
161	LEWANDOWSKA Izabela	112		K3	14				00:00:10	00:58:29.70	00:58:40.45	+00:27:55 (47.7%)	5:51	10.3 (52.6%)
162	KRYSZTOFIAK Robert	102		M4	45				00:00:08	00:58:43.00	00:58:51.25	+00:28:08 (47.9%)	5:52	10.2 (52.0%)
163	JOACHIMIAK Kinga	179	SGB-BANK S.A.	K3	15				00:00:04	00:58:50.50	00:58:55.30	+00:28:16 (48.0%)	5:53	10.2 (52.0%)
164	TOCZKIEWICZ Piotr	78		M4	46		Toczkievicz		00:00:06	00:59:02.40	00:59:08.55	+00:28:28 (48.2%)	5:54	10.2 (52.0%)
165	TOCZKIEWICZ Kaja	79		K1	2		Toczkievicz		00:00:05	00:59:03.20	00:59:08.55	+00:28:29 (48.2%)	5:54	10.2 (52.0%)
166	KIEŁB Jakub	228		M4	47		...		00:00:16	00:59:14.30	00:59:30.55	+00:28:40 (48.4%)	5:55	10.1 (51.5%)
167	KARPINSKA Anna	88		K3	16		Karpinscy		00:00:06	00:59:26.95	00:59:33.15	+00:28:52 (48.6%)	5:56	10.1 (51.5%)
168	DĘBSKI Jan	155	SOŁTYS	M6	7				00:00:08	00:59:28.00	00:59:36.00	+00:28:53 (48.6%)	5:56	10.1 (51.5%)
169	WYDRZYŃSKA Katarzyna	242	SOLECCY BIEGACZE	K5	2				00:00:09	00:59:35.70	00:59:44.80	+00:29:01 (48.7%)	5:57	10.1 (51.5%)
170	JULLY Arkadiusz	61		M4	48				00:00:17	00:59:52.90	01:00:10.35	+00:29:18 (49.0%)	5:59	10 (51.0%)
171	MUSIAŁ Artur	127		M4	49				00:00:09	01:00:05.95	01:00:15.55	+00:29:31 (49.1%)	6:00	10 (51.0%)
172	JANKOWSKI Tomasz Michał	105	RUN DELFIN BYDGOSZCZ	M5	26		Jankowski		00:00:15	01:00:13.45	01:00:28.70	+00:29:39 (49.2%)	6:01	10 (51.0%)
173	JANKOWSKI Maciej	106	RUN DELFIN BYDGOSZCZ	M1	1		Jankowski		00:00:15	01:00:13.50	01:00:28.55	+00:29:39 (49.2%)	6:01	10 (51.0%)
174	PIONTEK Elżbieta	87		K6+	1				00:00:11	01:00:34.90	01:00:46.55	+00:30:00 (49.5%)	6:03	9.9 (50.5%)
175	ROŚŁOŃSKA Kinga	37		K3	17				00:00:11	01:00:41.40	01:00:52.65	+00:30:07 (49.6%)	6:04	9.9 (50.5%)
176	SZTEJKA Jolanta	59	PGB SPORTOWA PACZKA	K4	12				00:00:15	01:00:47.80	01:01:03.60	+00:30:13 (49.7%)	6:04	9.9 (50.5%)
177	SZTEJKA Damian	60		M4	50				00:00:14	01:00:48.95	01:01:03.45	+00:30:14 (49.7%)	6:04	9.9 (50.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Drużyna	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
178	ANDRYSZAK Vanessa	24	BRZOZA BIEGA	K1	3			Brzoza Biega	00:00:07	01:00:54.90	01:01:02.00	+00:30:20 (49.8%)	6:05	9.8 (50.0%)
179	KURTYSIAK Roman	139	IWSP SZ	M5	27	Inspektorat Wsparcia Sił Zbrojnych			00:00:14	01:01:31.25	01:01:45.75	+00:30:57 (50.3%)	6:09	9.8 (50.0%)
180	BYSTRZYŃSKI Jan	226		M4	51				00:00:13	01:01:46.30	01:02:00.10	+00:31:12 (50.5%)	6:10	9.7 (49.5%)
181	RATAJ Maciej	220		M4	52		Rataj		00:00:11	01:01:47.50	01:01:58.95	+00:31:13 (50.5%)	6:10	9.7 (49.5%)
182	WYKRZYKOWSKI Andrzej	140	13 WOG GRUDZIĄDZ	M6	8	13 WOG GRUDZIĄDZ			00:00:12	01:01:52.30	01:02:05.10	+00:31:18 (50.6%)	6:11	9.7 (49.5%)
183	AUGUSTYNOWICZ Aurelia	116	RCI BYDGOSZCZ	K4	13	RCI Bydgoszcz	Augustynowicz	RCI Bydgoszcz	00:00:10	01:01:56.20	01:02:06.65	+00:31:22 (50.6%)	6:11	9.7 (49.5%)
184	BARCZAK Agnieszka	41	1981	K3	18				00:00:10	01:02:00.95	01:02:11.45	+00:31:26 (50.7%)	6:12	9.7 (49.5%)
185	MRÓZ Gabriela	196	MUKS PODKARPACIE JEDLICZE	K2	7				00:00:12	01:02:17.15	01:02:29.95	+00:31:43 (50.9%)	6:13	9.6 (49.0%)
186	WOJTYSIAK Dorota	218	FORDONRUNNERS	K3	19				00:00:13	01:02:38.85	01:02:52.45	+00:32:04 (51.2%)	6:15	9.6 (49.0%)
187	KRYMER Agnieszka	153		K4	14				00:00:14	01:02:45.30	01:02:59.30	+00:32:11 (51.3%)	6:16	9.6 (49.0%)
188	SIWIAK-STARZYŃSKA Joanna	223		K4	15				00:00:13	01:02:45.95	01:02:59.25	+00:32:11 (51.3%)	6:16	9.6 (49.0%)
189	DZIĘGIELEWSKA Grażyna	10	GRAŻKA	K5	3				00:00:05	01:03:19.40	01:03:25.05	+00:32:45 (51.7%)	6:20	9.5 (48.5%)
190	GAJZLER Jerzy	213	BARTODZIEJE	M6	9				00:00:10	01:03:38.50	01:03:48.95	+00:33:04 (52.0%)	6:21	9.4 (48.0%)
191	GRUBA Paweł	108		M3	39				00:00:16	01:04:00.30	01:04:17.00	+00:33:26 (52.2%)	6:24	9.4 (48.0%)
192	WOJANOWSKI Zbigniew	71	13 WOG GRUDZIĄDZ	M6	10	13 WOG GRUDZIĄDZ		13 WOG	00:00:12	01:04:22.20	01:04:34.75	+00:33:48 (52.5%)	6:26	9.3 (47.4%)
193	WOJANOWSKA Maryla	72	13 WOG GRUDZIĄDZ	K6+	2	13 WOG GRUDZIĄDZ			00:00:12	01:04:22.75	01:04:34.95	+00:33:48 (52.5%)	6:26	9.3 (47.4%)
194	GADOMSKA Maria	33	RUN BYDGOSZCZ	K6+	3			RUN BYDGOSZCZ	00:00:09	01:05:07.70	01:05:17.40	+00:34:33 (53.1%)	6:30	9.2 (46.9%)
195	LEWANDOWSKA Agnieszka	40		K3	20				00:00:16	01:06:33.80	01:06:49.90	+00:35:59 (54.1%)	6:39	9 (45.9%)
196	MARC' Robert	240		M4	53				00:00:12	01:07:28.95	01:07:41.35	+00:36:54 (54.7%)	6:44	8.9 (45.4%)
197	MARC' Agnieszka	241		K4	16				00:00:11	01:07:29.00	01:07:40.90	+00:36:54 (54.7%)	6:44	8.9 (45.4%)
198	KAMIŃSKI Artur	77	13 WOG	M5	28	13 WOG GRUDZIĄDZ			00:00:15	01:09:56.85	01:10:12.10	+00:39:22 (56.3%)	6:59	8.6 (43.9%)
199	NOWAK Natalia	128		K1	4		Fundacja Wielka Rodzina		00:00:15	01:10:24.45	01:10:40.10	+00:39:50 (56.6%)	7:02	8.5 (43.4%)
200	SZYMAŃSKA Alicja	58	FUNDACJA WIELKA RODZINA	K3	21				00:00:15	01:10:36.85	01:10:52.35	+00:40:02 (56.7%)	7:03	8.5 (43.4%)
201	GMYS Jakub	186		M1	2				00:00:17	01:13:01.55	01:13:18.75	+00:42:27 (58.1%)	7:18	8.2 (41.8%)
202	GMYS Tomasz	185		M3	40				00:00:16	01:13:01.65	01:13:18.55	+00:42:27 (58.1%)	7:18	8.2 (41.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Drużyna	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
203	ANGIEL Władysław	230	TKKF KOLEJARZ BYDGOSZCZ	M7+	3			TKKF Kolejarz Bydgoszcz	00:00:07	01:17:53.60	01:18:00.95	+00:47:19 (60.8%)	7:47	7.7 (39.3%)
204	JAGIELNICKA Magdalena	224		K4	17			Madzilla	00:00:12	01:21:22.50	01:21:35.00	+00:50:48 (62.4%)	8:08	7.4 (37.8%)

Znaleziono 204 wynik(ów)