



# IX BIEG TRZEŹWOŚCI - BIEG 10 KM

B4SPORT

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

XIII Festiwal Sportowo-Turystyczny 2019  
Rowerowa Brzoza  
2019-09-22  
Przytęki-Brzoza  
10 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Drużyna	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>BRZEZIŃSKI Błażej</b>	2	CWZS ZAWISZA BYDGOSZCZ	M3	1		Brzezińscy		00:00:01	<b>00:30:34.10</b>	<b>00:30:35.20</b>		3:03	19.6 (100%)
2	<b>KROCHMAL Paweł</b>	195	PAWKO RUNNER TEAM	M2	1				00:00:01	<b>00:34:25.45</b>	<b>00:34:26.85</b>	+00:03:51 (11.2%)	3:26	17.4 (88.8%)
3	<b>KRAMARZ Aleksander</b>	216		M2	2		Kramarz		00:00:02	<b>00:34:41.05</b>	<b>00:34:43.60</b>	+00:04:06 (11.9%)	3:28	17.3 (88.3%)
4	<b>BRZEZIŃSKA Aleksandra</b>	1	MKL TORUŃ	K2	1		Brzezińscy		00:00:01	<b>00:34:56.75</b>	<b>00:34:57.95</b>	+00:04:22 (12.5%)	3:29	17.2 (87.8%)
5	<b>POLAŃSKI Tomek</b>	256	B4SPORT TEAM	M4	1				00:00:02	<b>00:35:38.55</b>	<b>00:35:40.80</b>	+00:05:04 (14.2%)	3:33	16.8 (85.7%)
6	<b>RATAJCZYK Przemysław</b>	103	TKKF KOLEJARZ BYDGOSZCZ	M2	3	KP PSP Aleksandrów Kujawski		TKKF Kolejarz Bydgoszcz	00:00:02	<b>00:35:54.40</b>	<b>00:35:56.65</b>	+00:05:20 (14.9%)	3:35	16.7 (85.2%)
7	<b>DEROŃ Waldemar</b>	246	1 BRYGADA LOGISTYCZNA	M3	2	1 Brygada Logistyczna		1 Brygada Logistyczna	00:00:01	<b>00:36:14.00</b>	<b>00:36:15.85</b>	+00:05:39 (15.6%)	3:37	16.6 (84.7%)
8	<b>CHAWAWKO Tomasz</b>	21	TC. TEAM	M4	2				00:00:01	<b>00:36:36.35</b>	<b>00:36:38.20</b>	+00:06:02 (16.5%)	3:39	16.4 (83.7%)
9	<b>PAWŁOWSKI Tomasz</b>	56		M2	4		PAWŁOWSKI		00:00:02	<b>00:36:46.40</b>	<b>00:36:49.00</b>	+00:06:12 (16.9%)	3:40	16.3 (83.2%)
10	<b>KRAMARZ Nikodem</b>	207		M2	5		Kramarz		00:00:02	<b>00:36:46.90</b>	<b>00:36:49.25</b>	+00:06:12 (16.9%)	3:40	16.3 (83.2%)
11	<b>TUCHOLSKI Bartłomiej</b>	125	BYDGOSKIE OKONIE	M2	6			Bydgoskie Okonie	00:00:03	<b>00:36:56.45</b>	<b>00:36:59.90</b>	+00:06:22 (17.3%)	3:41	16.2 (82.7%)
12	<b>MAĆKOWSKI Maciej</b>	67	1986	M3	3				00:00:02	<b>00:37:01.55</b>	<b>00:37:04.10</b>	+00:06:27 (17.4%)	3:42	16.2 (82.7%)
13	<b>WIWATOWSKI Michał</b>	134		M4	3		Wiwatowscy		00:00:01	<b>00:37:06.90</b>	<b>00:37:08.75</b>	+00:06:32 (17.6%)	3:42	16.2 (82.7%)
14	<b>JAGODZIŃSKI Mateusz</b>	45	BYDGOSKIE OKONIE	M2	7		Jagodzińscy	Bydgoskie Okonie	00:00:01	<b>00:37:11.10</b>	<b>00:37:12.95</b>	+00:06:37 (17.8%)	3:43	16.1 (82.1%)
15	<b>MAŁECKI Jakub</b>	50	BYDGOSKIE OKONIE	M4	4	1 Brygada Logistyczna		Bydgoskie Okonie	00:00:01	<b>00:37:31.20</b>	<b>00:37:33.05</b>	+00:06:57 (18.5%)	3:45	16 (81.6%)
16	<b>SZLINGER Jakub</b>	138		M3	4				00:00:02	<b>00:37:34.90</b>	<b>00:37:37.65</b>	+00:07:00 (18.7%)	3:45	16 (81.6%)
17	<b>TUCZYŃSKI Sylwester Leon</b>	53	BYDGOSKIE OKONIE	M2	8			Bydgoskie Okonie	00:00:02	<b>00:37:38.45</b>	<b>00:37:41.05</b>	+00:07:04 (18.8%)	3:45	15.9 (81.1%)
18	<b>JAGIEŁA Jarosław</b>	156	TKKF KOLEJARZ BYDGOSZCZ	M4	5		Jagiela	TKKF Kolejarz Bydgoszcz	00:00:02	<b>00:37:41.00</b>	<b>00:37:43.25</b>	+00:07:06 (18.9%)	3:46	15.9 (81.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Drużyna	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
19	<b>MIKA Oskar</b>	<b>197</b>	BYDGOSKIE OKONIE	M4	6			Bydgoskie Okonie	00:00:02	<b>00:38:01.35</b>	<b>00:38:03.55</b>	+00:07:27 (19.6%)	3:48	15.8 (80.6%)
20	<b>SZENK Marta</b>	<b>3</b>		K3	1	1 Brygada Logistyczna			00:00:01	<b>00:38:10.70</b>	<b>00:38:12.10</b>	+00:07:36 (19.9%)	3:49	15.7 (80.1%)
21	<b>MAIK Daria</b>	<b>171</b>	LUKS START NAKŁO	K2	2				00:00:01	<b>00:38:30.65</b>	<b>00:38:32.25</b>	+00:07:56 (20.6%)	3:51	15.6 (79.6%)
22	<b>ETTINGER Paweł</b>	<b>191</b>		M3	5	ZK Potulice			00:00:02	<b>00:38:32.00</b>	<b>00:38:34.75</b>	+00:07:57 (20.7%)	3:51	15.6 (79.6%)
23	<b>KOWALCZYK Marek</b>	<b>29</b>	BRZOZA BIEGA	M4	7			Brzoza Biega	00:00:02	<b>00:38:38.05</b>	<b>00:38:40.90</b>	+00:08:03 (20.9%)	3:51	15.5 (79.1%)
24	<b>STACHOWICZ Wiesław</b>	<b>27</b>	BRZOZA BIEGA	M4	8	Inspektorat Wsparcia Sił Zbrojnych		Brzoza Biega	00:00:02	<b>00:38:41.50</b>	<b>00:38:43.85</b>	+00:08:07 (21.0%)	3:52	15.5 (79.1%)
25	<b>GÓRNY Maciej</b>	<b>249</b>	PACKMAN TEAM	M4	9	CSLog		CSLog	00:00:02	<b>00:38:50.45</b>	<b>00:38:52.60</b>	+00:08:16 (21.3%)	3:53	15.5 (79.1%)
26	<b>CHOLEWIŃSKI Dariusz</b>	<b>100</b>	HURAGAN MIEDZYŃ	M4	10				00:00:03	<b>00:39:19.50</b>	<b>00:39:23.40</b>	+00:08:45 (22.3%)	3:56	15.3 (78.1%)
27	<b>NIEDBALSKI Przemysław</b>	<b>141</b>	PAŁUKI RUNNING TEAM	M4	11			Pałuki Running Team	00:00:04	<b>00:39:26.05</b>	<b>00:39:30.90</b>	+00:08:51 (22.5%)	3:56	15.2 (77.6%)
28	<b>FROM Piotr</b>	<b>208</b>	CSLOG	M3	6	CSLog			00:00:02	<b>00:39:26.20</b>	<b>00:39:28.25</b>	+00:08:52 (22.5%)	3:56	15.2 (77.6%)
29	<b>BIAŁEK Dawid</b>	<b>248</b>	1 BRYGADA LOGISTYCZNA	M3	7	1 Brygada Logistyczna			00:00:03	<b>00:39:38.60</b>	<b>00:39:42.05</b>	+00:09:04 (22.9%)	3:57	15.1 (77.0%)
30	<b>KUŚNIEREK Bartosz</b>	<b>95</b>	PAŁUKI RUNNING TEAM	M3	8			Pałuki Running Team	00:00:04	<b>00:39:43.25</b>	<b>00:39:48.20</b>	+00:09:09 (23.0%)	3:58	15.1 (77.0%)
31	<b>MAGDZIARZ Jakub</b>	<b>167</b>	KANCELARIA HMM	M3	9		Magdziarz		00:00:03	<b>00:39:47.65</b>	<b>00:39:50.90</b>	+00:09:13 (23.2%)	3:58	15.1 (77.0%)
32	<b>WADELSKI Maciej</b>	<b>129</b>	1 BRYGADA LOGISTYCZNA	M3	10	1 Brygada Logistyczna		1 Brygada Logistyczna	00:00:03	<b>00:39:50.50</b>	<b>00:39:54.45</b>	+00:09:16 (23.3%)	3:59	15.1 (77.0%)
33	<b>SERWACZAK Grzegorz</b>	<b>232</b>	CSLOG	M3	11	CSLog			00:00:03	<b>00:39:54.20</b>	<b>00:39:57.35</b>	+00:09:20 (23.4%)	3:59	15 (76.5%)
34	<b>WOLNY Piotr</b>	<b>30</b>	BRZOZA BIEGA	M5	1			Brzoza Biega	00:00:02	<b>00:39:55.70</b>	<b>00:39:57.75</b>	+00:09:21 (23.4%)	3:59	15 (76.5%)
35	<b>KIEŁPIKOWSKI Patryk</b>	<b>145</b>		M3	12				00:00:03	<b>00:40:14.45</b>	<b>00:40:18.20</b>	+00:09:40 (24.0%)	4:01	14.9 (76.0%)
36	<b>KOTULA Sławomir</b>	<b>177</b>	1987	M3	13				00:00:02	<b>00:40:16.20</b>	<b>00:40:18.85</b>	+00:09:42 (24.1%)	4:01	14.9 (76.0%)
37	<b>SIKUT Arkadiusz</b>	<b>170</b>	12WOG	M4	12	12 WOG		12 WOG	00:00:05	<b>00:40:18.30</b>	<b>00:40:23.35</b>	+00:09:44 (24.2%)	4:01	14.9 (76.0%)
38	<b>NOWAKOWSKA Anna</b>	<b>158</b>	ALPIMADE TEAM	K2	3				00:00:01	<b>00:40:35.25</b>	<b>00:40:37.15</b>	+00:10:01 (24.7%)	4:03	14.8 (75.5%)
39	<b>ŁOPUSZYŃSKI Rafał</b>	<b>217</b>	12WOG	M4	13			12 WOG	00:00:05	<b>00:40:43.30</b>	<b>00:40:48.75</b>	+00:10:09 (24.9%)	4:04	14.7 (75.0%)
40	<b>DURCZAK Jerzy</b>	<b>130</b>	BYDGOSKIE OKONIE	M3	14				00:00:04	<b>00:41:00.30</b>	<b>00:41:04.50</b>	+00:10:26 (25.5%)	4:06	14.6 (74.5%)
41	<b>BŁASZAK Łukasz</b>	<b>172</b>	'BUBA' SOLEC KUJAWSKI	M3	15				00:00:02	<b>00:41:20.00</b>	<b>00:41:22.75</b>	+00:10:45 (26.0%)	4:08	14.5 (74.0%)
42	<b>ŁUCZAK Paweł</b>	<b>162</b>	TKKF KOLEJARZ BYDGOSZCZ	M5	2			TKKF Kolejarz Bydgoszcz	00:00:03	<b>00:42:05.85</b>	<b>00:42:09.75</b>	+00:11:31 (27.4%)	4:12	14.3 (73.0%)
43	<b>WIŚNIEWSKI Zbigniew</b>	<b>31</b>	BRZOZA BIEGA	M5	3		Wiśniewski /Szadkowski	Brzoza Biega	00:00:02	<b>00:42:13.60</b>	<b>00:42:16.55</b>	+00:11:39 (27.6%)	4:13	14.2 (72.4%)
44	<b>CHOJNACKI Krzysztof</b>	<b>231</b>	KRZYSZTOF CHOJNACKI	M5	4				00:00:05	<b>00:42:18.40</b>	<b>00:42:23.75</b>	+00:11:44 (27.7%)	4:13	14.2 (72.4%)

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45	<b>OLKOWSKI Jurek</b>	<b>124</b>	THE RUNNERS ŚWIECIE	M6	1				00:00:03	<b>00:42:21.50</b>	<b>00:42:25.45</b>	+00:11:47 (27.8%)	4:14	14.2 (72.4%)
46	<b>BIERNACKI Sławomir</b>	<b>181</b>		M3	16				00:00:06	<b>00:42:33.50</b>	<b>00:42:40.10</b>	+00:11:59 (28.2%)	4:15	14.1 (71.9%)
47	<b>GEHRKA Marcin</b>	<b>209</b>	CSLOG	M2	9	CSLog			00:00:07	<b>00:42:34.90</b>	<b>00:42:42.45</b>	+00:12:00 (28.2%)	4:15	14.1 (71.9%)
48	<b>KOWALSKA Angelika</b>	<b>206</b>	TRISPACE/TREK	K3	2			TRISPACE/TREK	00:00:04	<b>00:42:39.30</b>	<b>00:42:44.25</b>	+00:12:05 (28.3%)	4:16	14.1 (71.9%)
49	<b>RACZYŃSKI Krzysztof</b>	<b>176</b>	BIEGAJĄCY FILOZOF TEAM	M5	5				00:00:03	<b>00:42:43.75</b>	<b>00:42:46.90</b>	+00:12:09 (28.5%)	4:16	14 (71.4%)
50	<b>KUBIAK Sławomir</b>	<b>63</b>		M5	6				00:00:05	<b>00:42:44.05</b>	<b>00:42:49.90</b>	+00:12:09 (28.5%)	4:16	14 (71.4%)
51	<b>KRUSZKA Łukasz</b>	<b>94</b>	RYSZARD OCHÓDZKI	M4	14				00:00:02	<b>00:42:44.55</b>	<b>00:42:47.50</b>	+00:12:10 (28.5%)	4:16	14 (71.4%)
52	<b>DOBOSZ Maciej</b>	<b>119</b>	ZK POTULICE	M3	17	ZK Potulice			00:00:04	<b>00:43:00.25</b>	<b>00:43:04.70</b>	+00:12:26 (28.9%)	4:18	14 (71.4%)
53	<b>WIĘCKOWSKI Dariusz</b>	<b>86</b>	AMS TRIATHLON	M3	18				00:00:04	<b>00:43:02.45</b>	<b>00:43:06.45</b>	+00:12:28 (29.0%)	4:18	13.9 (70.9%)
54	<b>OLSZEWSKI Arkadiusz</b>	<b>254</b>		M3	19			Inowrocław Biega	00:00:04	<b>00:43:02.85</b>	<b>00:43:07.80</b>	+00:12:28 (29.0%)	4:18	13.9 (70.9%)
55	<b>BARCZAK Piotr</b>	<b>28</b>		M5	7	Inspektorat Wsparcia Sił Zbrojnych			00:00:05	<b>00:43:06.90</b>	<b>00:43:12.55</b>	+00:12:32 (29.1%)	4:18	13.9 (70.9%)
56	<b>PIECHOWIAK Jacek</b>	<b>215</b>		M4	15				00:00:06	<b>00:43:24.65</b>	<b>00:43:31.05</b>	+00:12:50 (29.6%)	4:20	13.8 (70.4%)
57	<b>WIŚNIEWSKI Wojciech</b>			M4	16				00:00:07	<b>00:43:40.00</b>	<b>00:43:47.60</b>	+00:13:05 (30.0%)	4:22	13.7 (69.9%)
58	<b>GURDAK Leszek</b>	<b>243</b>	BYDGOSZCZ NA START	M4	17				00:00:06	<b>00:43:53.75</b>	<b>00:43:59.75</b>	+00:13:19 (30.4%)	4:23	13.7 (69.9%)
59	<b>WIŚNIEWSKI Leszek</b>	<b>118</b>	BRZOZA	M5	8				00:00:06	<b>00:44:22.30</b>	<b>00:44:28.90</b>	+00:13:48 (31.1%)	4:26	13.5 (68.9%)
60	<b>RYBAK Remigiusz</b>	<b>143</b>	BIKE U UP	M4	18				00:00:06	<b>00:44:33.35</b>	<b>00:44:40.00</b>	+00:13:59 (31.4%)	4:27	13.5 (68.9%)
61	<b>KUNKE Tomasz</b>	<b>65</b>	13WOG GRUDZIĄDZ	M4	19	13 WOG GRUDZIĄDZ			00:00:07	<b>00:44:33.95</b>	<b>00:44:41.90</b>	+00:13:59 (31.4%)	4:27	13.5 (68.9%)
62	<b>PIKUL Andrzej</b>	<b>165</b>	KWP BYDGOSZCZ	M4	20	KWP Bydgoszcz			00:00:04	<b>00:44:40.60</b>	<b>00:44:45.20</b>	+00:14:06 (31.6%)	4:28	13.4 (68.4%)
63	<b>RASZTUBOWICZ Daniel</b>	<b>146</b>	PODGÓRZ TORUŃ	M4	21	56 Baza Lotnicza			00:00:12	<b>00:44:41.75</b>	<b>00:44:54.45</b>	+00:14:07 (31.6%)	4:28	13.4 (68.4%)
64	<b>STACHNIUK Klaudia</b>	<b>245</b>		K1	1			STACHNIUK	00:00:07	<b>00:44:49.90</b>	<b>00:44:56.90</b>	+00:14:15 (31.8%)	4:28	13.4 (68.4%)
65	<b>ELIAS Francisco</b>	<b>255</b>		M4	22	NFIO NATO			00:00:04	<b>00:44:54.25</b>	<b>00:44:58.55</b>	+00:14:20 (31.9%)	4:29	13.4 (68.4%)
66	<b>WASILEWSKI Mirosław</b>	<b>214</b>	ORKAMASTERSIŁAWA	M4	23	CSLog		CSLog Grupa	00:00:07	<b>00:44:55.05</b>	<b>00:45:02.05</b>	+00:14:20 (31.9%)	4:29	13.4 (68.4%)
67	<b>CZEPEK Aleksander</b>	<b>83</b>	BRZOZA BIEGA	M6	2			Brzoza Biega	00:00:03	<b>00:44:55.35</b>	<b>00:44:59.25</b>	+00:14:21 (32.0%)	4:29	13.4 (68.4%)
68	<b>ANTKOWIAK Bartosz</b>	<b>203</b>	TRISPACE/TREK	M3	20			TRISPACE/TREK	00:00:03	<b>00:45:01.05</b>	<b>00:45:04.95</b>	+00:14:26 (32.1%)	4:30	13.3 (67.9%)
69	<b>ZAROSA Kamila</b>	<b>35</b>	GERSY BIEGAJĄ	K4	1				00:00:05	<b>00:45:02.80</b>	<b>00:45:07.95</b>	+00:14:28 (32.1%)	4:30	13.3 (67.9%)
70	<b>BUZALSKI Robert</b>	<b>84</b>	ORANGE POLSKA	M4	24				00:00:04	<b>00:45:16.80</b>	<b>00:45:21.35</b>	+00:14:42 (32.5%)	4:31	13.2 (67.3%)

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71	<b>GŻYL Mikołaj</b>	<b>154</b>	JANUSZE TRIATHLONU 'EXODUS' TEAM	M3	21				00:00:07	<b>00:45:23.75</b>	<b>00:45:30.85</b>	+00:14:49 (32.7%)	4:32	13.2 (67.3%)
72	<b>SIKORA Sylwia</b>	<b>234</b>	1BRYGADA LOGISTYCZNA	K4	2	1 Brygada Logistyczna			00:00:01	<b>00:45:26.60</b>	<b>00:45:28.30</b>	+00:14:52 (32.7%)	4:32	13.2 (67.3%)
73	<b>MICHALIK Joanna</b>	<b>152</b>		K3	3				00:00:03	<b>00:45:31.85</b>	<b>00:45:35.50</b>	+00:14:57 (32.9%)	4:33	13.2 (67.3%)
73	<b>SAWICKI Michał</b>	<b>117</b>		M3	22		Sawiccy		00:00:11	<b>00:45:31.85</b>	<b>00:45:42.90</b>	+00:14:57 (32.9%)	4:33	13.2 (67.3%)
75	<b>NITKA Ireneusz</b>	<b>96</b>	LUKS START NAKŁO,	M4	25	ZK Potulice	Nitka		00:00:16	<b>00:45:38.60</b>	<b>00:45:55.15</b>	+00:15:04 (33.0%)	4:33	13.1 (66.8%)
76	<b>SZADKOWSKI Tomasz</b>	<b>201</b>		M3	23		Wiśniewski /Szadkowski		00:00:06	<b>00:45:47.50</b>	<b>00:45:54.00</b>	+00:15:13 (33.2%)	4:34	13.1 (66.8%)
77	<b>DRÓŻDŻ Malgorzata</b>	<b>202</b>		K3	4				00:00:16	<b>00:45:48.15</b>	<b>00:46:04.30</b>	+00:15:14 (33.3%)	4:34	13.1 (66.8%)
78	<b>TORCHALSKI Krzysztof</b>	<b>253</b>	RUN PASJA	M6	3			Run Pasja	00:00:03	<b>00:46:00.95</b>	<b>00:46:04.60</b>	+00:15:26 (33.6%)	4:36	13 (66.3%)
79	<b>LISEWSKI Piotr</b>	<b>182</b>	NIEZRZESZONY	M5	9				00:00:06	<b>00:46:04.50</b>	<b>00:46:10.50</b>	+00:15:30 (33.7%)	4:36	13 (66.3%)
80	<b>JAGODZIŃSKA Magdalena</b>	<b>44</b>	BYDGOSKIE OKONIE	K2	4		Jagodzińscy	Bydgoskie Okonie	00:00:06	<b>00:46:15.25</b>	<b>00:46:21.35</b>	+00:15:41 (33.9%)	4:37	13 (66.3%)
81	<b>TOMCZYK Agata</b>	<b>120</b>	SLA POLONIA BYDGOSZCZ	K3	5				00:00:04	<b>00:46:25.20</b>	<b>00:46:29.70</b>	+00:15:51 (34.1%)	4:38	12.9 (65.8%)
82	<b>JAGIEŁA Bartosz</b>	<b>157</b>	TKKF KOLEJARZ BYDGOSZCZ	M3	24		Jagieła	TKKF Kolejarz Bydgoszcz	00:00:04	<b>00:46:48.00</b>	<b>00:46:52.20</b>	+00:16:13 (34.7%)	4:40	12.8 (65.3%)
83	<b>TRZECIAK Robert</b>	<b>159</b>	12WOG	M4	26	12 WOG			00:00:09	<b>00:46:50.70</b>	<b>00:47:00.25</b>	+00:16:16 (34.7%)	4:41	12.8 (65.3%)
84	<b>DAWIDOWICZ Maciej</b>	<b>233</b>		M4	27				00:00:06	<b>00:46:50.85</b>	<b>00:46:57.50</b>	+00:16:16 (34.7%)	4:41	12.8 (65.3%)
85	<b>AUGUSTYNOWICZ Andrzej</b>	<b>111</b>	RCI BYDGOSZCZ	M4	28	RCI Bydgoszcz	Augustynowicz	RCI Bydgoszcz	00:00:07	<b>00:46:56.15</b>	<b>00:47:03.55</b>	+00:16:22 (34.9%)	4:41	12.8 (65.3%)
86	<b>PALACZ Wioletta</b>	<b>115</b>		K4	3				00:00:03	<b>00:47:02.10</b>	<b>00:47:05.65</b>	+00:16:28 (35.0%)	4:42	12.8 (65.3%)
87	<b>MRÓZ Violetta</b>	<b>82</b>	KS SOKÓŁ GAŚAWA	K4	4				00:00:08	<b>00:47:12.10</b>	<b>00:47:20.10</b>	+00:16:38 (35.2%)	4:43	12.7 (64.8%)
88	<b>RUSZKIEWICZ Łukasz</b>	<b>107</b>		M3	25				00:00:14	<b>00:47:27.90</b>	<b>00:47:42.60</b>	+00:16:53 (35.6%)	4:44	12.6 (64.3%)
89	<b>KLUSZCZYŃSKI Robert</b>	<b>173</b>		M5	10				00:00:04	<b>00:47:33.65</b>	<b>00:47:38.10</b>	+00:16:59 (35.7%)	4:45	12.6 (64.3%)
90	<b>MROZIK Andrzej</b>	<b>190</b>		M4	29				00:00:08	<b>00:47:34.30</b>	<b>00:47:42.95</b>	+00:17:00 (35.7%)	4:45	12.6 (64.3%)
91	<b>SKWIOT Stanisław</b>	<b>38</b>	TAKA RYBA	M5	11			Taka RYBA	00:00:03	<b>00:47:39.45</b>	<b>00:47:42.60</b>	+00:17:05 (35.9%)	4:45	12.6 (64.3%)
92	<b>LEWICKI Konrad</b>	<b>150</b>	ŻANDARMII Z BYDGOSZCZY	M3	26				00:00:04	<b>00:47:44.15</b>	<b>00:47:48.40</b>	+00:17:10 (36.0%)	4:46	12.6 (64.3%)
93	<b>ŚLEFARSKI Marcin</b>	<b>97</b>		M3	27				00:00:07	<b>00:47:44.95</b>	<b>00:47:52.80</b>	+00:17:10 (36.0%)	4:46	12.6 (64.3%)
94	<b>SIEJEK Błażej</b>	<b>62</b>		M3	28				00:00:08	<b>00:47:47.25</b>	<b>00:47:55.75</b>	+00:17:13 (36.0%)	4:46	12.6 (64.3%)
95	<b>GÓRSKI Marian</b>	<b>210</b>	JASTRZĄB RUDA ŚLĄSKA	M6	4				00:00:03	<b>00:47:52.35</b>	<b>00:47:55.80</b>	+00:17:18 (36.1%)	4:47	12.5 (63.8%)
96	<b>RATAJ Zuzanna</b>	<b>222</b>	KS POLONIA BYDGOSZCZ SLA	K3	6		Rataj		00:00:04	<b>00:47:55.80</b>	<b>00:47:59.85</b>	+00:17:21 (36.2%)	4:47	12.5 (63.8%)
97	<b>KARPINSKI Paweł</b>	<b>89</b>		M4	30		Karpincy		00:00:05	<b>00:48:15.10</b>	<b>00:48:20.45</b>	+00:17:41 (36.6%)	4:49	12.4 (63.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Drużyna	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
98	<b>WIDŹGOWSKI Przemysław</b>	<b>135</b>		M4	31				00:00:07	<b>00:48:16.80</b>	<b>00:48:24.15</b>	+00:17:42 (36.7%)	4:49	12.4 (63.3%)
99	<b>WRÓBLEWSKA Dagmara</b>	<b>133</b>	TKKF KOLEJARZ BYDGOSZCZ	K3	7			TKKF Kolejarz Bydgoszcz	00:00:08	<b>00:48:19.00</b>	<b>00:48:27.80</b>	+00:17:44 (36.7%)	4:49	12.4 (63.3%)
99	<b>RÓŻYCKI Sławomir</b>	<b>23</b>	TKKF KOLEJARZ BYDGOSZCZ	M5	12			TKKF Kolejarz Bydgoszcz	00:00:08	<b>00:48:19.00</b>	<b>00:48:27.95</b>	+00:17:44 (36.7%)	4:49	12.4 (63.3%)
101	<b>BAKOWSKI Dawid</b>	<b>199</b>	DAWID BAKOWSKI	M3	29				00:00:11	<b>00:48:25.00</b>	<b>00:48:36.65</b>	+00:17:50 (36.9%)	4:50	12.4 (63.3%)
102	<b>DE VIRION Aleksandra</b>	<b>57</b>	KOTY3!TAKA RYBA	K4	5			Taka RYBA	00:00:08	<b>00:48:39.65</b>	<b>00:48:48.15</b>	+00:18:05 (37.2%)	4:52	12.3 (62.8%)
103	<b>JUCHACZ Michał</b>	<b>85</b>	DZIKI Z BALCZEWA	M4	32				00:00:05	<b>00:49:14.80</b>	<b>00:49:20.45</b>	+00:18:40 (37.9%)	4:55	12.2 (62.2%)
104	<b>NAMIEŚNIK Krzysztof</b>	<b>39</b>	KRZYSIEKN	M4	33				00:00:10	<b>00:49:33.30</b>	<b>00:49:43.45</b>	+00:18:59 (38.3%)	4:57	12.1 (61.7%)
105	<b>SYNAKIEWICZ Tomasz</b>	<b>180</b>	SGB-BANK S.A.	M3	30				00:00:06	<b>00:49:33.55</b>	<b>00:49:39.65</b>	+00:18:59 (38.3%)	4:57	12.1 (61.7%)
106	<b>STACHNIUK Przemek</b>	<b>187</b>	OZ JFTC	M4	34	OZ JFTC			00:00:12	<b>00:49:34.05</b>	<b>00:49:46.75</b>	+00:18:59 (38.3%)	4:57	12.1 (61.7%)
107	<b>BOROWICZ Anna</b>	<b>205</b>		K3	8	OZ JFTC			00:00:07	<b>00:49:39.40</b>	<b>00:49:46.45</b>	+00:19:05 (38.4%)	4:57	12.1 (61.7%)
108	<b>FOTYN Patryk</b>	<b>219</b>		M2	10				00:00:04	<b>00:49:39.55</b>	<b>00:49:44.50</b>	+00:19:05 (38.4%)	4:58	12.1 (61.7%)
109	<b>PAWŁOWSKI Radosław</b>	<b>55</b>		M5	13	OZ JFTC	PAWŁOWSKI		00:00:06	<b>00:49:46.45</b>	<b>00:49:53.15</b>	+00:19:12 (38.6%)	4:58	12.1 (61.7%)
110	<b>DOMAN Janusz</b>	<b>64</b>	UKS SZBLA BRZOZA	M6	5				00:00:02	<b>00:49:48.95</b>	<b>00:49:51.90</b>	+00:19:14 (38.6%)	4:58	12 (61.2%)
111	<b>KRETOWICZ Piotr</b>	<b>235</b>		M2	11				00:00:11	<b>00:49:57.15</b>	<b>00:50:09.00</b>	+00:19:23 (38.8%)	4:59	12 (61.2%)
112	<b>STERNAL Tomasz</b>	<b>189</b>		M5	14		STERNAL		00:00:11	<b>00:50:01.55</b>	<b>00:50:12.60</b>	+00:19:27 (38.9%)	5:00	12 (61.2%)
113	<b>DZIĘCIOŁOWSKI Przemysław</b>	<b>250</b>		M4	35				00:00:09	<b>00:50:05.60</b>	<b>00:50:14.70</b>	+00:19:31 (39.0%)	5:00	12 (61.2%)
114	<b>SAWICKA Agnieszka</b>	<b>251</b>		K2	5		Sawiccy		00:00:11	<b>00:50:07.50</b>	<b>00:50:18.65</b>	+00:19:33 (39.0%)	5:00	12 (61.2%)
115	<b>ŚCIBAK Wojciech</b>	<b>198</b>	OZ JFTC	M3	31	OZ JFTC			00:00:14	<b>00:50:41.85</b>	<b>00:50:56.55</b>	+00:20:07 (39.7%)	5:04	11.8 (60.2%)
116	<b>STRÓŻYK Grażyna</b>	<b>126</b>		K2	6				00:00:11	<b>00:50:47.45</b>	<b>00:50:59.40</b>	+00:20:13 (39.8%)	5:04	11.8 (60.2%)
117	<b>MALEC Karol</b>	<b>227</b>		M4	36				00:00:07	<b>00:50:50.55</b>	<b>00:50:58.35</b>	+00:20:16 (39.9%)	5:05	11.8 (60.2%)
118	<b>WOJCIECHOWSKI Jarosław</b>	<b>110</b>		M4	37		Wojciechowscy		00:00:07	<b>00:50:58.20</b>	<b>00:51:05.75</b>	+00:20:24 (40.0%)	5:05	11.8 (60.2%)
119	<b>ANDRZEJEWSKI Ryszard</b>	<b>164</b>	ŻÓŁTOKRÓLEWSCY	M7+	1				00:00:08	<b>00:51:12.70</b>	<b>00:51:21.50</b>	+00:20:38 (40.3%)	5:07	11.7 (59.7%)
120	<b>ADAMSKI Łukasz</b>	<b>169</b>		M2	12				00:00:14	<b>00:51:23.20</b>	<b>00:51:37.35</b>	+00:20:49 (40.5%)	5:08	11.7 (59.7%)
121	<b>RICHTER Jacek</b>	<b>42</b>	TAKA RYBA	M4	38			Taka RYBA	00:00:09	<b>00:51:33.25</b>	<b>00:51:42.50</b>	+00:20:59 (40.7%)	5:09	11.6 (59.2%)
122	<b>LEWANDOWSKI Andrzej</b>	<b>204</b>		M5	15	ZK Potulice			00:00:11	<b>00:51:37.70</b>	<b>00:51:49.60</b>	+00:21:03 (40.8%)	5:09	11.6 (59.2%)
123	<b>KUŹMIŃSKA Maryla</b>	<b>25</b>	BRZOZA BIEGA	K3	9			Brzoza Biega	00:00:08	<b>00:51:42.90</b>	<b>00:51:51.55</b>	+00:21:08 (40.9%)	5:10	11.6 (59.2%)
124	<b>SIKORA Antoni</b>	<b>104</b>	ŻNIŃSKI KLUB BIEGACZA 1992	M7+	2				00:00:04	<b>00:52:03.25</b>	<b>00:52:07.50</b>	+00:21:29 (41.3%)	5:12	11.5 (58.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Drużyna	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
125	GLIWKA Artur	123	GLIWEK	M3	32				00:00:10	00:52:42.65	00:52:53.20	+00:22:08 (42.0%)	5:16	11.4 (58.2%)
126	BOŻEK Mariusz	200		M5	16				00:00:16	00:52:42.70	00:52:59.60	+00:22:08 (42.0%)	5:16	11.4 (58.2%)
127	RATAJ Krzysztof	221	KS POLONIA BYDGOSZCZ	M3	33		Rataj		00:00:11	00:52:52.60	00:53:03.95	+00:22:18 (42.2%)	5:17	11.3 (57.7%)
128	ŻUCHOWSKI Dariusz	247		M5	17				00:00:07	00:52:53.05	00:53:00.55	+00:22:18 (42.2%)	5:17	11.3 (57.7%)
129	PODSIEDLIK Zbigniew	161	22 ODN	M4	39	22 ODN			00:00:10	00:53:06.20	00:53:16.25	+00:22:32 (42.4%)	5:18	11.3 (57.7%)
130	POPIELA Maksymilian	166	SGB-BANK	M4	40				00:00:05	00:53:12.55	00:53:17.90	+00:22:38 (42.6%)	5:19	11.3 (57.7%)
131	NIEDBALSKA Anna	147	PAŁUKI RUNNING TEAM	K4	6				00:00:09	00:53:13.90	00:53:23.35	+00:22:39 (42.6%)	5:19	11.3 (57.7%)
132	GRUBA Jacek	48		M5	18				00:00:12	00:53:14.60	00:53:27.30	+00:22:40 (42.6%)	5:19	11.3 (57.7%)
133	GRODEK Krzysztof	66	13 WOJSKOWY ODDZIAŁ GOSPODARCZY	M5	19	13 WOG GRUDZIĄDZ			00:00:11	00:53:21.45	00:53:33.10	+00:22:47 (42.7%)	5:20	11.2 (57.1%)
134	OSTRZYCKI Sławomir	194		M3	34	KM PSP Bydgoszcz			00:00:13	00:53:44.05	00:53:57.20	+00:23:09 (43.1%)	5:22	11.2 (57.1%)
135	WALIGÓRA Karolina	26	BRZOZA BIEGA	K4	7			Brzoza Biega	00:00:08	00:53:53.30	00:54:02.10	+00:23:19 (43.3%)	5:23	11.1 (56.6%)
136	MAGDZIARZ Katarzyna	192		K3	10		Magdziarz		00:00:14	00:53:55.75	00:54:10.15	+00:23:21 (43.3%)	5:23	11.1 (56.6%)
137	KANIA Daniel	98		M4	41		KANIA		00:00:09	00:54:14.85	00:54:24.30	+00:23:40 (43.7%)	5:25	11.1 (56.6%)
138	ZUPA Wojciech	211	SISU-OWB TEAM	M5	20				00:00:09	00:54:29.35	00:54:38.45	+00:23:55 (43.9%)	5:26	11 (56.1%)
139	DROZDOWSKI Marcin	175		M3	35				00:00:04	00:54:53.40	00:54:58.35	+00:24:19 (44.3%)	5:29	10.9 (55.6%)
140	SZOPINSKA Justyna	239		K3	11				00:00:06	00:54:59.05	00:55:06.00	+00:24:24 (44.4%)	5:30	10.9 (55.6%)
141	LANGE Waldemar	212	OZ JFTC	M5	21	OZ JFTC			00:00:15	00:54:59.60	00:55:15.10	+00:24:25 (44.4%)	5:30	10.9 (55.6%)
142	JENDRZEJCZAK Robert	237		M2	13		Jendrzejczak		00:00:11	00:55:02.35	00:55:14.10	+00:24:28 (44.5%)	5:30	10.9 (55.6%)
143	JĘDRA Andrzej	132		M4	42				00:00:13	00:55:09.95	00:55:23.75	+00:24:35 (44.6%)	5:31	10.9 (55.6%)
144	KUZIEMSKI Jacek	121	13WOG	M5	22	13 WOG GRUDZIĄDZ			00:00:13	00:55:21.95	00:55:34.95	+00:24:47 (44.8%)	5:32	10.8 (55.1%)
145	MALAK Robert	142	NIEZ	M4	43				00:00:08	00:55:27.60	00:55:36.45	+00:24:53 (44.9%)	5:32	10.8 (55.1%)
146	KRYGIER Mirosława	81	KS SOKÓŁ GAŚAWA	K5	1				00:00:08	00:55:32.05	00:55:40.55	+00:24:57 (45.0%)	5:33	10.8 (55.1%)
147	PASZKIET Witold	36		M6	6				00:00:11	00:55:43.65	00:55:54.75	+00:25:09 (45.1%)	5:34	10.8 (55.1%)
148	WOJCIECHOWSKA Emilia	109		K4	8	KWP Bydgoszcz	Wojciechowscy		00:00:07	00:55:47.40	00:55:54.95	+00:25:13 (45.2%)	5:34	10.8 (55.1%)
149	JENDRZEJCZAK Dawid	236		M3	36		Jendrzejczak		00:00:11	00:56:18.15	00:56:30.00	+00:25:44 (45.7%)	5:37	10.7 (54.6%)
150	NIZIOŁ Katarzyna	174		K3	12				00:00:00	00:56:30.00	00:56:30.00	+00:25:55 (45.9%)	5:39	10.6 (54.1%)
151	KĘSIK Roman	69	13 WOG GRUDZIĄDZ	M5	23	13 WOG GRUDZIĄDZ			00:00:16	00:56:30.35	00:56:46.60	+00:25:56 (45.9%)	5:39	10.6 (54.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Drużyna	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
152	<b>BRZOZOWSKI Jarosław</b>	<b>32</b>	BRZOZA TRI TEAM	M5	24				00:00:13	<b>00:56:33.80</b>	<b>00:56:47.10</b>	+00:25:59 (46.0%)	5:39	10.6 (54.1%)
153	<b>MAKUCH-DOBOSZ Urszula</b>	<b>184</b>	12WOG	K4	9	12 WOG		12 WOG	00:00:14	<b>00:56:46.80</b>	<b>00:57:01.25</b>	+00:26:12 (46.2%)	5:40	10.6 (54.1%)
154	<b>DOBOSZ Kamil</b>	<b>183</b>		M3	37	56 Baza Lotnicza			00:00:14	<b>00:56:47.00</b>	<b>00:57:01.30</b>	+00:26:12 (46.2%)	5:40	10.6 (54.1%)
155	<b>SKORUPKA Radek</b>	<b>193</b>	ULUNG TEAM	M4	44				00:00:10	<b>00:56:47.35</b>	<b>00:56:57.40</b>	+00:26:13 (46.2%)	5:40	10.6 (54.1%)
156	<b>STERNAL Elżbieta</b>	<b>188</b>		K4	10		Sternal		00:00:14	<b>00:56:47.40</b>	<b>00:57:01.40</b>	+00:26:13 (46.2%)	5:40	10.6 (54.1%)
157	<b>STANKIEWICZ Dariusz</b>	<b>49</b>	BÓL TO ŚCIEMA	M5	25				00:00:16	<b>00:57:34.90</b>	<b>00:57:50.95</b>	+00:27:00 (46.9%)	5:45	10.4 (53.1%)
158	<b>KLOSKOWSKI Adam</b>	<b>163</b>	IWSP SZ BYDGOSZCZ	M3	38	Inspektorat Wsparcia Sił Zbrojnych			00:00:15	<b>00:58:22.95</b>	<b>00:58:38.60</b>	+00:27:48 (47.6%)	5:50	10.3 (52.6%)
159	<b>GRABOWSKA Marlena</b>	<b>113</b>		K3	13				00:00:10	<b>00:58:26.85</b>	<b>00:58:37.80</b>	+00:27:52 (47.7%)	5:50	10.3 (52.6%)
160	<b>ROMIANOWSKA Agnieszka</b>	<b>114</b>		K4	11				00:00:10	<b>00:58:28.55</b>	<b>00:58:38.90</b>	+00:27:54 (47.7%)	5:50	10.3 (52.6%)
161	<b>LEWANDOWSKA Izabela</b>	<b>112</b>		K3	14				00:00:10	<b>00:58:29.70</b>	<b>00:58:40.45</b>	+00:27:55 (47.7%)	5:51	10.3 (52.6%)
162	<b>KRYSZTOFIAK Robert</b>	<b>102</b>		M4	45				00:00:08	<b>00:58:43.00</b>	<b>00:58:51.25</b>	+00:28:08 (47.9%)	5:52	10.2 (52.0%)
163	<b>JOACHIMIAK Kinga</b>	<b>179</b>	SGB-BANK S.A.	K3	15				00:00:04	<b>00:58:50.50</b>	<b>00:58:55.30</b>	+00:28:16 (48.0%)	5:53	10.2 (52.0%)
164	<b>TOCZKIEWICZ Piotr</b>	<b>78</b>		M4	46		Toczkievicz		00:00:06	<b>00:59:02.40</b>	<b>00:59:08.55</b>	+00:28:28 (48.2%)	5:54	10.2 (52.0%)
165	<b>TOCZKIEWICZ Kaja</b>	<b>79</b>		K1	2		Toczkievicz		00:00:05	<b>00:59:03.20</b>	<b>00:59:08.55</b>	+00:28:29 (48.2%)	5:54	10.2 (52.0%)
166	<b>KIEŁB Jakub</b>	<b>228</b>		M4	47		...		00:00:16	<b>00:59:14.30</b>	<b>00:59:30.55</b>	+00:28:40 (48.4%)	5:55	10.1 (51.5%)
167	<b>KARPINSKA Anna</b>	<b>88</b>		K3	16		Karpinscy		00:00:06	<b>00:59:26.95</b>	<b>00:59:33.15</b>	+00:28:52 (48.6%)	5:56	10.1 (51.5%)
168	<b>DĘBSKI Jan</b>	<b>155</b>	SOŁTYS	M6	7				00:00:08	<b>00:59:28.00</b>	<b>00:59:36.00</b>	+00:28:53 (48.6%)	5:56	10.1 (51.5%)
169	<b>WYDRZYŃSKA Katarzyna</b>	<b>242</b>	SOLECCY BIEGACZE	K5	2				00:00:09	<b>00:59:35.70</b>	<b>00:59:44.80</b>	+00:29:01 (48.7%)	5:57	10.1 (51.5%)
170	<b>JULLY Arkadiusz</b>	<b>61</b>		M4	48				00:00:17	<b>00:59:52.90</b>	<b>01:00:10.35</b>	+00:29:18 (49.0%)	5:59	10 (51.0%)
171	<b>MUSIAŁ Artur</b>	<b>127</b>		M4	49				00:00:09	<b>01:00:05.95</b>	<b>01:00:15.55</b>	+00:29:31 (49.1%)	6:00	10 (51.0%)
172	<b>JANKOWSKI Tomasz Michał</b>	<b>105</b>	RUN DELFIN BYDGOSZCZ	M5	26		Jankowski		00:00:15	<b>01:00:13.45</b>	<b>01:00:28.70</b>	+00:29:39 (49.2%)	6:01	10 (51.0%)
173	<b>JANKOWSKI Maciej</b>	<b>106</b>	RUN DELFIN BYDGOSZCZ	M1	1		Jankowski		00:00:15	<b>01:00:13.50</b>	<b>01:00:28.55</b>	+00:29:39 (49.2%)	6:01	10 (51.0%)
174	<b>PIONTEK Elżbieta</b>	<b>87</b>		K6+	1				00:00:11	<b>01:00:34.90</b>	<b>01:00:46.55</b>	+00:30:00 (49.5%)	6:03	9.9 (50.5%)
175	<b>ROŚŁOŃSKA Kinga</b>	<b>37</b>		K3	17				00:00:11	<b>01:00:41.40</b>	<b>01:00:52.65</b>	+00:30:07 (49.6%)	6:04	9.9 (50.5%)
176	<b>SZTEJKA Jolanta</b>	<b>59</b>	PGB SPORTOWA PACZKA	K4	12				00:00:15	<b>01:00:47.80</b>	<b>01:01:03.60</b>	+00:30:13 (49.7%)	6:04	9.9 (50.5%)
177	<b>SZTEJKA Damian</b>	<b>60</b>		M4	50				00:00:14	<b>01:00:48.95</b>	<b>01:01:03.45</b>	+00:30:14 (49.7%)	6:04	9.9 (50.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Drużyna	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
178	<b>ANDRYSZAK Vanessa</b>	<b>24</b>	BRZOZA BIEGA	K1	3			Brzoza Biega	00:00:07	<b>01:00:54.90</b>	<b>01:01:02.00</b>	+00:30:20 (49.8%)	6:05	9.8 (50.0%)
179	<b>KURTYSIAK Roman</b>	<b>139</b>	IWSP SZ	M5	27	Inspektorat Wsparcia Sił Zbrojnych			00:00:14	<b>01:01:31.25</b>	<b>01:01:45.75</b>	+00:30:57 (50.3%)	6:09	9.8 (50.0%)
180	<b>BYSTRZYŃSKI Jan</b>	<b>226</b>		M4	51				00:00:13	<b>01:01:46.30</b>	<b>01:02:00.10</b>	+00:31:12 (50.5%)	6:10	9.7 (49.5%)
181	<b>RATAJ Maciej</b>	<b>220</b>		M4	52		Rataj		00:00:11	<b>01:01:47.50</b>	<b>01:01:58.95</b>	+00:31:13 (50.5%)	6:10	9.7 (49.5%)
182	<b>WYKRZYKOWSKI Andrzej</b>	<b>140</b>	13 WOG GRUDZIĄDZ	M6	8	13 WOG GRUDZIĄDZ			00:00:12	<b>01:01:52.30</b>	<b>01:02:05.10</b>	+00:31:18 (50.6%)	6:11	9.7 (49.5%)
183	<b>AUGUSTYNOWICZ Aurelia</b>	<b>116</b>	RCI BYDGOSZCZ	K4	13	RCI Bydgoszcz	Augustynowicz	RCI Bydgoszcz	00:00:10	<b>01:01:56.20</b>	<b>01:02:06.65</b>	+00:31:22 (50.6%)	6:11	9.7 (49.5%)
184	<b>BARCZAK Agnieszka</b>	<b>41</b>	1981	K3	18				00:00:10	<b>01:02:00.95</b>	<b>01:02:11.45</b>	+00:31:26 (50.7%)	6:12	9.7 (49.5%)
185	<b>MRÓZ Gabriela</b>	<b>196</b>	MUKS PODKARPACIE JEDLICZE	K2	7				00:00:12	<b>01:02:17.15</b>	<b>01:02:29.95</b>	+00:31:43 (50.9%)	6:13	9.6 (49.0%)
186	<b>WOJTYSIAK Dorota</b>	<b>218</b>	FORDONRUNNERS	K3	19				00:00:13	<b>01:02:38.85</b>	<b>01:02:52.45</b>	+00:32:04 (51.2%)	6:15	9.6 (49.0%)
187	<b>KRYMER Agnieszka</b>	<b>153</b>		K4	14				00:00:14	<b>01:02:45.30</b>	<b>01:02:59.30</b>	+00:32:11 (51.3%)	6:16	9.6 (49.0%)
188	<b>SIWIAK-STARZYŃSKA Joanna</b>	<b>223</b>		K4	15				00:00:13	<b>01:02:45.95</b>	<b>01:02:59.25</b>	+00:32:11 (51.3%)	6:16	9.6 (49.0%)
189	<b>DZIĘGIELEWSKA Grażyna</b>	<b>10</b>	GRAŻKA	K5	3				00:00:05	<b>01:03:19.40</b>	<b>01:03:25.05</b>	+00:32:45 (51.7%)	6:20	9.5 (48.5%)
190	<b>GAJZLER Jerzy</b>	<b>213</b>	BARTODZIEJE	M6	9				00:00:10	<b>01:03:38.50</b>	<b>01:03:48.95</b>	+00:33:04 (52.0%)	6:21	9.4 (48.0%)
191	<b>GRUBA Paweł</b>	<b>108</b>		M3	39				00:00:16	<b>01:04:00.30</b>	<b>01:04:17.00</b>	+00:33:26 (52.2%)	6:24	9.4 (48.0%)
192	<b>WOJANOWSKI Zbigniew</b>	<b>71</b>	13 WOG GRUDZIĄDZ	M6	10	13 WOG GRUDZIĄDZ		13 WOG	00:00:12	<b>01:04:22.20</b>	<b>01:04:34.75</b>	+00:33:48 (52.5%)	6:26	9.3 (47.4%)
193	<b>WOJANOWSKA Maryla</b>	<b>72</b>	13 WOG GRUDZIĄDZ	K6+	2	13 WOG GRUDZIĄDZ			00:00:12	<b>01:04:22.75</b>	<b>01:04:34.95</b>	+00:33:48 (52.5%)	6:26	9.3 (47.4%)
194	<b>GADOMSKA Maria</b>	<b>33</b>	RUN BYDGOSZCZ	K6+	3			RUN BYDGOSZCZ	00:00:09	<b>01:05:07.70</b>	<b>01:05:17.40</b>	+00:34:33 (53.1%)	6:30	9.2 (46.9%)
195	<b>LEWANDOWSKA Agnieszka</b>	<b>40</b>		K3	20				00:00:16	<b>01:06:33.80</b>	<b>01:06:49.90</b>	+00:35:59 (54.1%)	6:39	9 (45.9%)
196	<b>MARC' Robert</b>	<b>240</b>		M4	53				00:00:12	<b>01:07:28.95</b>	<b>01:07:41.35</b>	+00:36:54 (54.7%)	6:44	8.9 (45.4%)
197	<b>MARC' Agnieszka</b>	<b>241</b>		K4	16				00:00:11	<b>01:07:29.00</b>	<b>01:07:40.90</b>	+00:36:54 (54.7%)	6:44	8.9 (45.4%)
198	<b>KAMIŃSKI Artur</b>	<b>77</b>	13 WOG	M5	28	13 WOG GRUDZIĄDZ			00:00:15	<b>01:09:56.85</b>	<b>01:10:12.10</b>	+00:39:22 (56.3%)	6:59	8.6 (43.9%)
199	<b>NOWAK Natalia</b>	<b>128</b>		K1	4		Fundacja Wielka Rodzina		00:00:15	<b>01:10:24.45</b>	<b>01:10:40.10</b>	+00:39:50 (56.6%)	7:02	8.5 (43.4%)
200	<b>SZYMAŃSKA Alicja</b>	<b>58</b>	FUNDACJA WIELKA RODZINA	K3	21				00:00:15	<b>01:10:36.85</b>	<b>01:10:52.35</b>	+00:40:02 (56.7%)	7:03	8.5 (43.4%)
201	<b>GMYS Jakub</b>	<b>186</b>		M1	2				00:00:17	<b>01:13:01.55</b>	<b>01:13:18.75</b>	+00:42:27 (58.1%)	7:18	8.2 (41.8%)
202	<b>GMYS Tomasz</b>	<b>185</b>		M3	40				00:00:16	<b>01:13:01.65</b>	<b>01:13:18.55</b>	+00:42:27 (58.1%)	7:18	8.2 (41.8%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna mundurowa	Rodzina	Drużyna	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
203	<b>ANGIEL Władysław</b>	<b>230</b>	TKKF KOLEJARZ BYDGOSZCZ	M7+	3			TKKF Kolejarz Bydgoszcz	00:00:07	<b>01:17:53.60</b>	<b>01:18:00.95</b>	+00:47:19 (60.8%)	7:47	7.7 (39.3%)
204	<b>JAGIELNICKA Magdalena</b>	<b>224</b>		K4	17			Madzilla	00:00:12	<b>01:21:22.50</b>	<b>01:21:35.00</b>	+00:50:48 (62.4%)	8:08	7.4 (37.8%)

Znaleziono 204 wynik(ów)