



IX BIEGI ULICZNE - BIEG GŁÓWNY NORDIC WALKING

B4SPORT

Wydarzenie: IX Biegi Uliczne im. Antoniego Nawrockiego
Organizator: MUKS „Start” Solec Kujawski
Data: 2023-06-11
Miejsce: Solec Kujawski
Dystans: 5 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Solec Kujawski	Pętla 1 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	GWIZDAŁA Zbigniew	608		M Open	1		00:15:41	00:31:37.45	00:31:37.45		6:19	9.5 (100%)
2	POTRZEBOWSKI Marek	623	LIFE BALANCE PLACE	M Open	2		00:16:43	00:34:00.20	00:34:17.50	+00:02:40 (7.8%)	6:48	8.8 (92.6%)
3	WOJTANIS Magdalena	629	SPC	K Open	1		00:17:00	00:34:45.30	00:35:01.05	+00:03:23 (9.7%)	6:57	8.6 (90.5%)
4	GWIZDAŁA Bartosz	609		M Open	3		00:17:13	00:35:13.60	00:35:32.35	+00:03:54 (11.0%)	7:02	8.5 (89.5%)
5	GRZESZAK Weronika	607		K Open	2		00:17:14	00:35:29.25	00:35:45.40	+00:04:07 (11.6%)	7:05	8.5 (89.5%)
6	POTRZEBOWSKA Agata	622	DEAF I LIFE BALANCE PLACE	K Open	3		00:17:48	00:36:00.70	00:36:00.70	+00:04:23 (12.2%)	7:12	8.3 (87.4%)
7	IGIELSKI Sławomir	611	PODNIEBNY TEAM	M Open	4		00:17:42	00:36:13.95	00:36:31.00	+00:04:53 (13.4%)	7:14	8.3 (87.4%)
8	WOLAK Monika	630		K Open	4		00:18:18	00:36:55.55	00:37:14.45	+00:05:37 (15.1%)	7:23	8.1 (85.3%)
9	POSTEK Danuta	621	ZIELONE GROSZKI	K Open	5		00:18:23	00:37:38.15	00:37:53.25	+00:06:15 (16.5%)	7:31	8 (84.2%)
10	SZULC Joanna	625		K Open	6		00:18:44	00:38:21.85	00:38:38.75	+00:07:01 (18.2%)	7:40	7.8 (82.1%)
11	KRYSZAK Anna	613	GLOBAL PROSPECT TEAM	K Open	7		00:19:02	00:38:43.75	00:39:00.15	+00:07:22 (18.9%)	7:44	7.7 (81.1%)
12	BŁASZAK Stanisława	602	GLOBAL PROSPECT TEAM	K Open	8		00:20:34	00:42:26.00	00:42:42.10	+00:11:04 (25.9%)	8:29	7.1 (74.7%)
13	KUJACIŃSKA Izabela	615		K Open	9		00:21:44	00:44:39.40	00:44:57.30	+00:13:19 (29.7%)	8:55	6.7 (70.5%)
14	BIELIŃSKA Edyta	600		K Open	10		00:22:42	00:45:17.00	00:45:36.05	+00:13:58 (30.7%)	9:03	6.6 (69.5%)
15	MRUK Patrycja	618		K Open	11		00:22:11	00:45:17.95	00:45:36.10	+00:13:58 (30.7%)	9:03	6.6 (69.5%)
16	BIELIŃSKI Leszek	601		M Open	5		00:22:42	00:45:18.90	00:45:37.80	+00:14:00 (30.7%)	9:03	6.6 (69.5%)
17	GORGOL Renata	604	LP5000	K Open	12		00:23:26	00:45:52.80	00:46:12.60	+00:14:35 (31.6%)	9:10	6.5 (68.4%)
17	NUNZEK Agnieszka	620		K Open	12		00:23:26	00:45:53.10	00:46:12.60	+00:14:35 (31.6%)	9:10	6.5 (68.4%)
19	IGIELSKA Ewa	610	PODNIEBNY TEAM	K Open	14		00:24:12	00:48:26.75	00:48:43.75	+00:17:06 (35.1%)	9:41	6.2 (65.3%)
20	MALICKA Ewa	616		K Open	15		00:24:36	00:48:47.85	00:49:05.70	+00:17:28 (35.6%)	9:45	6.1 (64.2%)
21	MALICKI Dariusz	617		M Open	6		00:24:37	00:48:48.85	00:49:05.75	+00:17:28 (35.6%)	9:45	6.1 (64.2%)
22	ULASZEK Monika	627		K Open	16		00:24:12	00:50:17.65	00:50:37.20	+00:18:59 (37.5%)	10:03	6 (63.2%)
23	RATKE Sandra	624		K Open	17		00:24:33	00:50:15.85	00:50:37.75	+00:19:00 (37.5%)	10:03	6 (63.2%)
24	JAKUBIAK Iwona	612		K Open	18		00:24:39	00:50:36.25	00:50:53.00	+00:19:15 (37.8%)	10:07	5.9 (62.1%)
25	ŻELAZKO Anna	631		K Open	19		00:27:03	00:53:48.95	00:54:09.85	+00:22:32 (41.6%)	10:45	5.6 (58.9%)
26	GROCHAL Dagna	606		K Open	20		00:27:02	00:53:48.65	00:54:09.90	+00:22:32 (41.6%)	10:45	5.6 (58.9%)
27	FRISCHKE-KRAJEWSKA Joanna	603		K Open	21		00:27:12	00:55:24.00	00:55:44.00	+00:24:06 (43.3%)	11:04	5.4 (56.8%)
28	GROCHAL Małgorzata	605		K Open	22		00:27:12	00:55:24.00	00:55:44.05	+00:24:06 (43.3%)	11:04	5.4 (56.8%)
29	WINIARSKA Beata	628		K Open	23		00:27:32	00:56:29.00	00:56:48.80	+00:25:11 (44.3%)	11:17	5.3 (55.8%)

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30	SZYSZKA Radosław	626		M Open	7				00:27:31	00:56:28.95	00:56:49.75	+00:25:12 (44.4%)	11:17	5.3 (55.8%)

Znaleziono 30 wynik(ów)