



# IX BIEGI ULICZNE - BIEG GŁÓWNY NORDIC WALKING

B4SPORT

**Wydarzenie:** IX Biegi Uliczne im. Antoniego Nawrockiego  
**Organizator:** MUKS „Start” Solec Kujawski  
**Data:** 2023-06-11  
**Miejsce:** Solec Kujawski  
**Dystans:** 5 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Gmina Solec Kujawski	Pętla 1 2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	WOJTANIS Magdalena	629	SPC	K Open	1		00:17:00	00:34:45.30	00:35:01.05		6:57	8.6 (100%)
2	GRZESZAK Weronika	607		K Open	2		00:17:14	00:35:29.25	00:35:45.40	+00:00:44 (2.1%)	7:05	8.5 (98.8%)
3	POTRZEBOWSKA Agata	622	DEAF I LIFE BALANCE PLACE	K Open	3		00:17:48	00:36:00.70	00:36:00.70	+00:00:59 (2.8%)	7:12	8.3 (96.5%)
4	WOLAK Monika	630		K Open	4		00:18:18	00:36:55.55	00:37:14.45	+00:02:13 (6.0%)	7:23	8.1 (94.2%)
5	POSTEK Danuta	621	ZIELONE GROSZKI	K Open	5		00:18:23	00:37:38.15	00:37:53.25	+00:02:52 (7.6%)	7:31	8 (93.0%)
6	SZULC Joanna	625		K Open	6		00:18:44	00:38:21.85	00:38:38.75	+00:03:37 (9.4%)	7:40	7.8 (90.7%)
7	KRYSZAK Anna	613	GLOBAL PROSPECT TEAM	K Open	7		00:19:02	00:38:43.75	00:39:00.15	+00:03:59 (10.2%)	7:44	7.7 (89.5%)
8	BŁASZAK Stanisława	602	GLOBAL PROSPECT TEAM	K Open	8		00:20:34	00:42:26.00	00:42:42.10	+00:07:41 (18.0%)	8:29	7.1 (82.6%)
9	KUJACIŃSKA Izabela	615		K Open	9		00:21:44	00:44:39.40	00:44:57.30	+00:09:56 (22.1%)	8:55	6.7 (77.9%)
10	BIELIŃSKA Edyta	600		K Open	10		00:22:42	00:45:17.00	00:45:36.05	+00:10:35 (23.2%)	9:03	6.6 (76.7%)
11	MRUK Patrycja	618		K Open	11		00:22:11	00:45:17.95	00:45:36.10	+00:10:35 (23.2%)	9:03	6.6 (76.7%)
12	GORGOL Renata	604	LP5000	K Open	12		00:23:26	00:45:52.80	00:46:12.60	+00:11:11 (24.2%)	9:10	6.5 (75.6%)
12	NUNZEK Agnieszka	620		K Open	12		00:23:26	00:45:53.10	00:46:12.60	+00:11:11 (24.2%)	9:10	6.5 (75.6%)
14	IGIELSKA Ewa	610	PODNIEBNY TEAM	K Open	14		00:24:12	00:48:26.75	00:48:43.75	+00:13:42 (28.1%)	9:41	6.2 (72.1%)
15	MALICKA Ewa	616		K Open	15		00:24:36	00:48:47.85	00:49:05.70	+00:14:04 (28.7%)	9:45	6.1 (70.9%)
16	ULASZEK Monika	627		K Open	16		00:24:12	00:50:17.65	00:50:37.20	+00:15:36 (30.8%)	10:03	6 (69.8%)
17	RATKE Sandra	624		K Open	17		00:24:33	00:50:15.85	00:50:37.75	+00:15:36 (30.8%)	10:03	6 (69.8%)
18	JAKUBIAK Iwona	612		K Open	18		00:24:39	00:50:36.25	00:50:53.00	+00:15:51 (31.2%)	10:07	5.9 (68.6%)
19	ŻELAZKO Anna	631		K Open	19		00:27:03	00:53:48.95	00:54:09.85	+00:19:08 (35.3%)	10:45	5.6 (65.1%)
20	GROCHAL Dagna	606		K Open	20		00:27:02	00:53:48.65	00:54:09.90	+00:19:08 (35.4%)	10:45	5.6 (65.1%)
21	FRISCHKE-KRAJEWSKA Joanna	603		K Open	21		00:27:12	00:55:24.00	00:55:44.00	+00:20:42 (37.2%)	11:04	5.4 (62.8%)
22	GROCHAL Małgorzata	605		K Open	22		00:27:12	00:55:24.00	00:55:44.05	+00:20:43 (37.2%)	11:04	5.4 (62.8%)
23	WINIARSKA Beata	628		K Open	23		00:27:32	00:56:29.00	00:56:48.80	+00:21:47 (38.4%)	11:17	5.3 (61.6%)

Znaleziono 23 wynik(ów)