



Wydarzenie:
Organizator:

Data:
Miejsce:
Dystans:

IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM

IX Bieg Sylwestrowy
Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej
2017-12-30
Koszalin
5 km

B4SPORT



Klasyfikacja: K30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 1.71km	Start_All 3.42km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	JĘDRASZKO Magda	79	MTS HAMER	K30-39	1	00:07:33	00:15:13	00:22:22.65		4:28	13.4 (100%)
2	SZABLA Ewelina	220	TKKF KOSZALIN	K30-39	2	00:07:30	00:15:17	00:22:38.05	+00:00:15 (1.1%)	4:31	13.3 (99.3%)
3	DOLNA Ewelina	36	KSK KOŁCZYGŁOWY	K30-39	3	00:07:46	00:15:42	00:22:51.80	+00:00:29 (2.1%)	4:34	13.1 (97.8%)
4	KĘSIK Agnieszka	96	ŚWIAT PŁYTEK U KRYSPINA	K30-39	4	00:07:24	00:15:25	00:23:06.10	+00:00:43 (3.1%)	4:37	13 (97.0%)
5	NOWODWORSKA Justyna	171	ŚCIGAŁ TEAM	K30-39	5	00:07:55	00:15:56	00:23:08.05	+00:00:45 (3.3%)	4:37	13 (97.0%)
6	MIGALSKA STANKIEWICZ Lucyna	163		K30-39	6	00:07:34	00:15:44	00:23:15.55	+00:00:52 (3.8%)	4:39	12.9 (96.3%)
7	WOŹNIAK Monika	255		K30-39	7	00:07:34	00:15:51	00:23:35.30	+00:01:12 (5.1%)	4:43	12.7 (94.8%)
8	CAŁA Małgorzata	20	ŚWIAT PŁYTEK U KRYSPINA	K30-39	8	00:08:24	00:16:58	00:24:57.50	+00:02:34 (10.3%)	4:59	12 (89.6%)
9	KUBICKA Karolina	128		K30-39	9	00:08:21	00:17:10	00:25:22.90	+00:03:00 (11.8%)	5:04	11.8 (88.1%)
10	ZIÓŁKOWSKA Gosia	262		K30-39	10	00:08:28	00:17:19	00:25:32.80	+00:03:10 (12.4%)	5:06	11.7 (87.3%)
11	ROBAKOWSKA Żaneta	199	GABINET REHABILITACJI AKTYWNEJ	K30-39	11	00:08:55	00:17:46	00:26:09.05	+00:03:46 (14.4%)	5:13	11.5 (85.8%)
12	MICHALSKA Agata	160	UAM TRIATHLON POZNAŃ	K30-39	12	00:08:53	00:18:15	00:26:52.30	+00:04:29 (16.7%)	5:22	11.2 (83.6%)
13	JUSZCZYK Agnieszka	84	ANOX TEAM	K30-39	13	00:09:03	00:18:15	00:26:52.35	+00:04:29 (16.7%)	5:22	11.2 (83.6%)
14	GŁUCH Katarzyna	55	ELEKTRONIK	K30-39	14	00:09:06	00:18:36	00:26:54.45	+00:04:31 (16.8%)	5:23	11.1 (82.8%)
15	CULKOWSKA Beata	27		K30-39	15	00:09:17	00:18:46	00:27:30.00	+00:05:07 (18.6%)	5:30	10.9 (81.3%)
16	LATOPOLSKA-OLEJNIK Kalina	135	ŻYTANIA TEAM	K30-39	16	00:09:22	00:18:53	00:27:36.60	+00:05:13 (19.0%)	5:31	10.9 (81.3%)
17	OSTAFI Joanna	176	ATF TEAM	K30-39	17	00:09:16	00:18:44	00:27:41.00	+00:05:18 (19.2%)	5:32	10.8 (80.6%)
18	PACAN Mira	178	ŚWIAT PŁYTEK U KRYSPINA	K30-39	18	00:09:43	00:19:27	00:27:54.60	+00:05:31 (19.8%)	5:34	10.8 (80.6%)
19	BRZOZOWSKA Barbara	17		K30-39	19	00:09:42	00:19:26	00:28:00.90	+00:05:38 (20.1%)	5:36	10.7 (79.9%)
20	KROCZYŃSKA Kinga	124	BWM KOŁOBRZEG	K30-39	20	00:09:40	00:19:26	00:28:14.70	+00:05:52 (20.8%)	5:39	10.6 (79.1%)
21	STACHURSKA Agnieszka	275		K30-39	21	00:09:48	00:19:32	00:28:16.65	+00:05:54 (20.9%)	5:39	10.6 (79.1%)
22	WĄSOWICZ Anna	244		K30-39	22	00:09:29	00:19:21	00:28:35.65	+00:06:13 (21.7%)	5:43	10.5 (78.4%)
23	REMPLAKOWSKA Małgorzata	196	WE RUN	K30-39	23	00:09:27	00:19:20	00:28:44.50	+00:06:21 (22.1%)	5:45	10.4 (77.6%)
24	CHODNICZAK Joanna	21		K30-39	24	00:09:44	00:19:29	00:28:45.25	+00:06:22 (22.2%)	5:45	10.4 (77.6%)
25	KIJKO Anna	97		K30-39	25	00:09:47	00:19:58	00:29:39.65	+00:07:17 (24.6%)	5:56	10.1 (75.4%)
26	ŁAPKO Anna	139		K30-39	26	00:09:53	00:20:21	00:30:00.40	+00:07:37 (25.4%)	6:00	10 (74.6%)
27	FIUK Agnieszka	44	ATF TEAM	K30-39	27	00:10:25	00:21:31	00:30:55.25	+00:08:32 (27.6%)	6:11	9.7 (72.4%)

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28	WDOWIAK Katarzyna	245	WKURW_TEAM	K30-39	28	00:10:17	00:21:40	00:32:12.35	+00:09:49 (30.5%)	6:26	9.3 (69.4%)
28	GRZYTEK Madzia	61	WQURW TEAM	K30-39	29	00:10:17	00:21:40	00:32:12.35	+00:09:49 (30.5%)	6:26	9.3 (69.4%)
30	STANCZEWSKA Karolina	214		K30-39	30	00:10:24	00:21:35	00:32:35.90	+00:10:13 (31.4%)	6:31	9.2 (68.7%)
31	JANCZYSZYN Dorota	287		K30-39	31	00:11:07	00:22:52	00:34:00.70	+00:11:38 (34.2%)	6:48	8.8 (65.7%)
32	MICHIEJEW-HANASZ Monika	162		K30-39	32	00:11:11	00:23:08	00:34:30.35	+00:12:07 (35.1%)	6:54	8.7 (64.9%)
33	LASKOWSKA Magdalena	134		K30-39	33	00:11:10	00:23:32	00:34:33.65	+00:12:11 (35.3%)	6:54	8.7 (64.9%)
34	ŁUBNIEWSKA Natalia	141	ANOX TEAM	K30-39	34	00:11:16	00:24:05	00:35:54.65	+00:13:32 (37.7%)	7:11	8.4 (62.7%)
35	SZYSZKOWSKA Kasia	231		K30-39	35	00:13:14	00:26:58	00:39:30.50	+00:17:07 (43.4%)	7:54	7.6 (56.7%)
36	DAMPS Julita	31	NIGHT RUNNERS SŁUPSK	K30-39	36	00:13:57	00:28:35	00:41:36.50	+00:19:13 (46.2%)	8:19	7.2 (53.7%)

Znaleziono 36 wynik(ów)