



IX KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM

B4SPORT

Wydarzenie: IX Bieg Sylwestrowy
Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2017-12-30
Miejsce: Koszalin
Dystans: 5 km



Klasyfikacja: K40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 1.71km	Start_All 3.42km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	WOJCIECHOWSKA-HRYCYK Agata	273		K40-49	1	00:07:54	00:16:17	00:24:00.95		4:48	12.5 (100%)
2	KAŻMIERCZAK Agnieszka	93		K40-49	2	00:07:56	00:16:27	00:24:16.55	+00:00:15 (1.1%)	4:51	12.4 (99.2%)
3	BIELEWICZ Anna	9	STOPA SŁUPSK	K40-49	3	00:08:12	00:16:42	00:24:39.80	+00:00:38 (2.6%)	4:56	12.2 (97.6%)
4	ŻMUDA Monika	267	CW FANZA KOŁOBRZEG	K40-49	4	00:08:43	00:17:32	00:25:31.75	+00:01:30 (5.9%)	5:06	11.7 (93.6%)
5	JUSIŃSKA Anna	81		K40-49	5	00:08:28	00:17:36	00:26:09.40	+00:02:08 (8.2%)	5:13	11.5 (92.0%)
6	CHROSTEK Dorota	23		K40-49	6	00:08:57	00:18:10	00:26:30.40	+00:02:29 (9.4%)	5:18	11.3 (90.4%)
7	GIERSZEWSKA Magdalena	52	KSK KOŁCZYGŁOWY	K40-49	7	00:09:33	00:19:14	00:27:54.10	+00:03:53 (13.9%)	5:34	10.8 (86.4%)
8	WALCZAK Agnieszka	241	TKKF KOSZALIN	K40-49	8	00:09:29	00:19:06	00:27:59.90	+00:03:58 (14.2%)	5:36	10.7 (85.6%)
9	BRYŁA Katarzyna	16	DB-ACTIVE	K40-49	9	00:09:07	00:19:13	00:28:43.10	+00:04:42 (16.4%)	5:44	10.4 (83.2%)
10	DOMAŃSKA Katarzyna	37		K40-49	10	00:09:42	00:19:35	00:29:12.15	+00:05:11 (17.8%)	5:50	10.3 (82.4%)
11	SULL Agnieszka	219	NIGHT RUNNERS SŁUPSK	K40-49	11	00:09:46	00:20:10	00:29:38.15	+00:05:37 (19.0%)	5:55	10.1 (80.8%)
12	SAMOIŁ-KOWALSKA Irena	207	TKKF KOSZALIN	K40-49	12	00:09:35	00:19:55	00:29:43.10	+00:05:42 (19.2%)	5:56	10.1 (80.8%)
13	BEDNARZ Katarzyna	5		K40-49	13	00:09:47	00:20:14	00:29:58.65	+00:05:57 (19.9%)	5:59	10 (80.0%)
14	PRYGIEL Ewa	191	PARKRUN ŚWIDWIN	K40-49	14	00:09:44	00:20:19	00:30:18.50	+00:06:17 (20.8%)	6:03	9.9 (79.2%)
15	URBAŃSKA Anetta	238		K40-49	15	00:09:39	00:20:15	00:30:21.65	+00:06:20 (20.9%)	6:04	9.9 (79.2%)
16	PAWLIK Danuta	278		K40-49	16	00:09:58	00:20:19	00:30:43.70	+00:06:42 (21.8%)	6:08	9.8 (78.4%)
17	KOROL Elżbieta	112	BABECZKI KOSZALIN	K40-49	17	00:10:10	00:20:45	00:30:55.00	+00:06:54 (22.3%)	6:11	9.7 (77.6%)
18	KURCZ Barbara	130	BABECZKI KOSZALIN	K40-49	18	00:10:09	00:20:44	00:30:55.10	+00:06:54 (22.3%)	6:11	9.7 (77.6%)
19	GRZYMALA Angelika	60	BABECZKI KOSZALIN	K40-49	19	00:10:10	00:20:45	00:30:55.30	+00:06:54 (22.3%)	6:11	9.7 (77.6%)
20	BORSUK Dorota	13		K40-49	20	00:10:31	00:21:33	00:32:01.95	+00:08:01 (25.0%)	6:24	9.4 (75.2%)
21	PEŁKA Iwona	181		K40-49	21	00:11:15	00:22:28	00:32:15.00	+00:08:14 (25.5%)	6:27	9.3 (74.4%)
22	KŁOCZKO Beata	104		K40-49	22	00:10:27	00:22:33	00:33:31.15	+00:09:30 (28.4%)	6:42	9 (72.0%)
23	MEGGER Agata	156	ŻYJ Z ENERGIA	K40-49	23	00:10:55	00:22:49	00:33:53.65	+00:09:52 (29.1%)	6:46	8.8 (70.4%)
24	WEISS-SZULC Barbara	288		K40-49	24	00:11:08	00:22:52	00:34:00.80	+00:09:59 (29.4%)	6:48	8.8 (70.4%)
25	LASKOWSKA Katarzyna	133		K40-49	25	00:11:10	00:23:32	00:34:33.70	+00:10:32 (30.5%)	6:54	8.7 (69.6%)