



IX NOCNY BIEG SZLAKIEM DZIKA

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Wydarzenie: Dziki Weekend 2019
Organizator: Stowarzyszenie Klub Biegowy Dzik
Data: 2019-08-16
Miejsce: Police
Dystans: 5 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: K3 40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	MARZEC Karolina	828	DZIKIE DZIKI GORZÓW	K3 40-49	1	00:00:02	00:27:47.45	00:27:49.95		5:33	10.8 (100%)
2	SZATANEK Ewa	1016		K3 40-49	2	00:00:12	00:28:43.10	00:28:56.00	+00:00:55 (3.2%)	5:44	10.4 (96.3%)
3	MASYS Agnieszka	829	GRUPA MALBORK	K3 40-49	3	00:00:39	00:30:42.35	00:31:21.80	+00:02:54 (9.5%)	6:08	9.8 (90.7%)
4	MATUSZAK Anita	832		K3 40-49	4	00:00:34	00:31:04.80	00:31:39.65	+00:03:17 (10.6%)	6:13	9.7 (89.8%)
5	GRABOWSKA Joanna	648	SPC	K3 40-49	5	00:00:10	00:31:18.45	00:31:29.30	+00:03:31 (11.2%)	6:15	9.6 (88.9%)
6	ŻUROWSKA Agnieszka	1126		K3 40-49	6	00:00:05	00:31:42.80	00:31:48.30	+00:03:55 (12.4%)	6:20	9.5 (88.0%)
7	CHODAK Monika	571	HUSARIA RACE TEAM	K3 40-49	7	00:00:03	00:31:55.45	00:31:58.80	+00:04:08 (12.9%)	6:23	9.4 (87.0%)
8	BIAŁKOWSKA Katarzyna	1151	KOBIECE BIEGANIE	K3 40-49	8	00:00:20	00:32:23.95	00:32:44.35	+00:04:36 (14.2%)	6:28	9.3 (86.1%)
9	KOLEJ Monika	734	DZIKIE DZIKI GORZÓW	K3 40-49	9	00:00:14	00:32:46.85	00:33:00.85	+00:04:59 (15.2%)	6:33	9.2 (85.2%)
10	STEFĄNCZYK Małgorzata	1001	GAZELA ŚWINOUJŚCIE	K3 40-49	10	00:00:12	00:32:55.05	00:33:07.35	+00:05:07 (15.6%)	6:35	9.1 (84.3%)
11	NICEWICZ Beata	865	UBAWIENI PO PACHY V	K3 40-49	11	00:01:04	00:32:57.65	00:34:01.90	+00:05:10 (15.7%)	6:35	9.1 (84.3%)
12	DOBACZEWSKA-WASEK Ewa	597		K3 40-49	12	00:00:19	00:33:04.00	00:33:23.00	+00:05:16 (16.0%)	6:36	9.1 (84.3%)
13	ADAMCZEWSKA Agnieszka	501	3ATEAM	K3 40-49	13	00:00:47	00:33:09.50	00:33:57.40	+00:05:22 (16.2%)	6:38	9 (83.3%)
14	SURGUCKA Iwona	1011	W POGONI ZA DUCHEM	K3 40-49	14	00:00:38	00:33:14.25	00:33:52.65	+00:05:26 (16.4%)	6:38	9 (83.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
15	LEWANDOWSKA Dorota	792	LOSZKI I WARCHLAKI	K3 40-49	15	00:00:40	00:33:15.95	00:33:56.80	+00:05:28 (16.5%)	6:39	9 (83.3%)
16	BUDNA Anna	561		K3 40-49	16	00:00:25	00:33:28.25	00:33:53.80	+00:05:40 (17.0%)	6:41	9 (83.3%)
17	NIEWADZIK Ula	868		K3 40-49	17	00:00:21	00:33:42.50	00:34:04.45	+00:05:55 (17.6%)	6:44	8.9 (82.4%)
18	ŁEMPKOWSKA Beata	805	DLL PARTNERS	K3 40-49	18	00:00:06	00:34:11.95	00:34:17.95	+00:06:24 (18.7%)	6:50	8.8 (81.5%)
19	RAWA Donata	942		K3 40-49	19	00:00:21	00:34:27.10	00:34:48.15	+00:06:39 (19.3%)	6:53	8.7 (80.6%)
20	STACHOWICZ-HAWRYLAK Sylwia	1317		K3 40-49	20	00:00:23	00:34:28.20	00:34:51.40	+00:06:40 (19.4%)	6:53	8.7 (80.6%)
21	ŚWIETLIK Alicja	1031		K3 40-49	21	00:00:11	00:34:37.65	00:34:48.80	+00:06:50 (19.7%)	6:55	8.7 (80.6%)
22	JA Małgorzata	1142	KOBIECE BIEGANIE	K3 40-49	22	00:00:21	00:34:50.85	00:35:12.00	+00:07:03 (20.3%)	6:58	8.6 (79.6%)
23	JAKUBOWSKA Aneta	682	DZIKUS	K3 40-49	23	00:00:50	00:35:34.40	00:36:24.45	+00:07:46 (21.9%)	7:06	8.4 (77.8%)
24	TOKARCZYK Marta	1035		K3 40-49	24	00:00:23	00:35:39.05	00:36:02.25	+00:07:51 (22.0%)	7:07	8.4 (77.8%)
25	GRABOWSKA Iwona	1297		K3 40-49	25	00:00:05	00:36:14.35	00:36:20.05	+00:08:26 (23.3%)	7:15	8.3 (76.9%)
26	LEŚNIEWSKA Julia	790		K3 40-49	26	00:00:36	00:36:52.80	00:37:29.70	+00:09:05 (24.6%)	7:22	8.1 (75.0%)
27	KUKUROWSKA Sylwia	768	DLL PARTNERS	K3 40-49	27	00:00:36	00:36:53.15	00:37:29.90	+00:09:05 (24.7%)	7:22	8.1 (75.0%)
28	WRÓBLEWSKA Małgorzata	1096	POŁUPIN	K3 40-49	28	00:00:20	00:37:05.85	00:37:26.80	+00:09:18 (25.1%)	7:25	8.1 (75.0%)
29	JEZIOREK Agnieszka	697	BABINEK BIEGA	K3 40-49	29	00:00:30	00:37:06.80	00:37:36.95	+00:09:19 (25.1%)	7:25	8.1 (75.0%)
30	BARSZCZEWSKA Marlena	520	ZDROWO PIEPRZNIĘCI	K3 40-49	30	00:01:08	00:37:23.80	00:38:32.25	+00:09:36 (25.7%)	7:28	8 (74.1%)
31	ŚWITALSKA Edyta	1032	SZCZECIŃSKIE CENTRUM TRENINGU PERSONALNEGO	K3 40-49	31	00:00:16	00:37:27.80	00:37:44.30	+00:09:40 (25.8%)	7:29	8 (74.1%)
32	BEDNARZ Katarzyna	527		K3 40-49	32	00:00:25	00:38:31.00	00:38:56.15	+00:10:43 (27.8%)	7:42	7.8 (72.2%)
33	POST Mariola	922		K3 40-49	33	00:00:38	00:38:33.75	00:39:12.15	+00:10:46 (27.9%)	7:42	7.8 (72.2%)
34	WOSZCZYK Renata	1087		K3 40-49	34	00:00:54	00:38:39.70	00:39:34.40	+00:10:52 (28.1%)	7:44	7.8 (72.2%)
35	KUBÓW Katarzyna	1275	ŚRUNDUNIA SZCZECIN	K3 40-49	35	00:00:51	00:38:57.40	00:39:49.25	+00:11:09 (28.7%)	7:47	7.7 (71.3%)
36	ŚWIDER Marzena	1263	SARENKI	K3 40-49	36	00:00:52	00:39:13.40	00:40:06.20	+00:11:25 (29.1%)	7:50	7.6 (70.4%)
37	SOWISZ Danuta	993	SOWISZ TEAM	K3 40-49	37	00:00:21	00:39:31.55	00:39:52.80	+00:11:44 (29.7%)	7:54	7.6 (70.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
38	WIECZOREK Magdalena	1061		K3 40-49	38	00:00:16	00:40:06.40	00:40:23.20	+00:12:18 (30.7%)	8:01	7.5 (69.4%)
39	WITKOWSKA Anna	535	NIEZRZESZONA	K3 40-49	39	00:00:05	00:40:14.00	00:40:19.20	+00:12:26 (30.9%)	8:02	7.5 (69.4%)
40	KAROL Agnieszka	713	LOSZKI I WARCHLAKI	K3 40-49	40	00:00:40	00:40:22.65	00:41:02.95	+00:12:35 (31.2%)	8:04	7.4 (68.5%)
41	KACZMAREK Sylwia	705		K3 40-49	41	00:01:04	00:40:27.75	00:41:32.30	+00:12:40 (31.3%)	8:05	7.4 (68.5%)
42	DRZEWIECKA Agnieszka	607	BIEGACZE ŚWINOUJŚCIE	K3 40-49	42	00:00:45	00:40:29.15	00:41:14.60	+00:12:41 (31.4%)	8:05	7.4 (68.5%)
43	GABERT Beata	1267	RAZ SZCZECIN	K3 40-49	43	00:00:28	00:40:39.55	00:41:07.70	+00:12:52 (31.6%)	8:07	7.4 (68.5%)
44	SARABURA Magdalena	1286	KREJZOLE	K3 40-49	44	00:00:24	00:40:44.40	00:41:08.45	+00:12:56 (31.8%)	8:08	7.4 (68.5%)
45	MAJCHER Małgorzata	814	PIŁA TEAM	K3 40-49	45	00:00:07	00:41:01.95	00:41:09.50	+00:13:14 (32.3%)	8:12	7.3 (67.6%)
46	OSTOLSKA Sylwia	890		K3 40-49	46	00:01:07	00:41:05.30	00:42:13.15	+00:13:17 (32.4%)	8:13	7.3 (67.6%)
47	SOSKA Joanna	990	MUD GOATS	K3 40-49	47	00:00:26	00:41:11.75	00:41:38.60	+00:13:24 (32.5%)	8:14	7.3 (67.6%)
48	REGULINSKA Kamila	1285	KREJZOLE	K3 40-49	48	00:00:23	00:41:15.05	00:41:38.60	+00:13:27 (32.6%)	8:15	7.3 (67.6%)
49	ELBIŃSKA-KRAWCZUK Monika	619		K3 40-49	49	00:00:45	00:41:47.70	00:42:33.30	+00:14:00 (33.5%)	8:21	7.2 (66.7%)
50	BZDAWKA Joanna	567	1976	K3 40-49	50	00:00:50	00:41:52.35	00:42:43.20	+00:14:04 (33.6%)	8:22	7.2 (66.7%)
51	GRALEWICZ Magdalena	651	MUROWANE MORSY	K3 40-49	51	00:00:54	00:42:01.70	00:42:56.35	+00:14:14 (33.9%)	8:24	7.1 (65.7%)
52	GRODZIŃSKA Agnieszka	652	KLUB MORSÓW MIEDWIANIE	K3 40-49	52	00:00:43	00:42:39.30	00:43:22.65	+00:14:51 (34.8%)	8:31	7 (64.8%)
53	ULASS Agnieszka	1044		K3 40-49	53	00:01:02	00:42:58.00	00:44:00.85	+00:15:10 (35.3%)	8:35	7 (64.8%)
54	PIERŚCIŃSKA Marzena	909		K3 40-49	54	00:00:30	00:43:04.50	00:43:34.55	+00:15:17 (35.5%)	8:36	7 (64.8%)
55	BARSZCZEWSKA Małgorzata	519		K3 40-49	55	00:00:50	00:43:37.25	00:44:28.05	+00:15:49 (36.3%)	8:43	6.9 (63.9%)
56	TOMASIŃSKA Monika	1036	OSOWA-BIEGA	K3 40-49	56	00:01:05	00:43:40.45	00:44:46.20	+00:15:53 (36.4%)	8:44	6.9 (63.9%)
57	MAĆKÓW Natalia	811		K3 40-49	57	00:00:43	00:43:44.15	00:44:27.95	+00:15:56 (36.5%)	8:44	6.9 (63.9%)
58	KOZŁOWSKA-BANIAK Paulina	754	BRIDGESTONE STARGARD RUNNERS	K3 40-49	58	00:00:45	00:43:45.25	00:44:30.50	+00:15:57 (36.5%)	8:45	6.9 (63.9%)
59	DOMASIK Izabela	605		K3 40-49	59	00:00:54	00:43:49.30	00:44:44.25	+00:16:01 (36.6%)	8:46	6.8 (63.0%)
60	WOŹNIAK Beata	1089		K3 40-49	60	00:00:54	00:43:49.60	00:44:43.70	+00:16:02 (36.6%)	8:45	6.8 (63.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
61	NIEMIERKO Magdalena	866		K3 40-49	61	00:00:44	00:44:04.75	00:44:49.30	+00:16:17 (37.0%)	8:49	6.8 (63.0%)
62	SKOWYRA Wioletta	978	RUNGRYF GRZYFICE	K3 40-49	62	00:00:58	00:44:16.95	00:45:15.55	+00:16:29 (37.2%)	8:51	6.8 (63.0%)
63	PERROT Magdalena	905		K3 40-49	63	00:00:50	00:44:37.25	00:45:27.95	+00:16:49 (37.7%)	8:55	6.7 (62.0%)
64	RODAK Agnieszka	944		K3 40-49	64	00:00:59	00:45:03.65	00:46:02.70	+00:17:16 (38.3%)	9:00	6.7 (62.0%)
65	NOWAK Aneta	874	NORDICOWELOVE	K3 40-49	65	00:01:06	00:45:50.80	00:46:57.70	+00:18:03 (39.4%)	9:10	6.5 (60.2%)
66	NAJMARK Małgorzata	858	SKB DZIK	K3 40-49	66	00:01:06	00:45:51.05	00:46:57.90	+00:18:03 (39.4%)	9:10	6.5 (60.2%)
66	GÓRSKA Agnieszka	647	NORDICOWE LOVE POLICE	K3 40-49	67	00:01:06	00:45:51.05	00:46:57.30	+00:18:03 (39.4%)	9:10	6.5 (60.2%)
68	KULEWSKA Joanna	771	NORDICOWELOVE	K3 40-49	68	00:01:06	00:45:51.30	00:46:57.55	+00:18:03 (39.4%)	9:10	6.5 (60.2%)
69	ADAMCZEWSKA Anna	502	3ATEAM	K3 40-49	69	00:00:47	00:46:28.30	00:47:15.95	+00:18:40 (40.2%)	9:17	6.5 (60.2%)
70	CZYŻ Anna	589	3ATEAM	K3 40-49	70	00:00:46	00:46:30.40	00:47:17.15	+00:18:42 (40.2%)	9:18	6.4 (59.3%)
71	JASIK Agnieszka	691		K3 40-49	71	00:00:33	00:46:31.35	00:47:04.55	+00:18:43 (40.3%)	9:18	6.4 (59.3%)
72	DROZDEK Joanna	1295	KOMPAS TEAM	K3 40-49	72	00:00:30	00:46:50.45	00:47:20.95	+00:19:03 (40.7%)	9:22	6.4 (59.3%)
73	ORLON Barbara	886	RUN HAPPY	K3 40-49	73	00:00:08	00:48:01.65	00:48:10.35	+00:20:14 (42.1%)	9:36	6.2 (57.4%)
74	KOŁACZYŃSKA Monika	735		K3 40-49	74	00:01:01	00:49:42.15	00:50:43.25	+00:21:54 (44.1%)	9:56	6 (55.6%)
75	KUCHARCZYK Elżbieta	765	RUNGRYF	K3 40-49	75	00:00:59	00:52:16.70	00:53:16.50	+00:24:29 (46.8%)	10:27	5.7 (52.8%)
76	MUSZYŃSKA Barbara	854	PIŁA TEAM	K3 40-49	76	00:00:09	00:54:45.70	00:54:55.35	+00:26:58 (49.3%)	10:57	5.5 (50.9%)

Znaleziono 76 wynik(ów)