



IX NOCNY BIEG SZLAKIEM DZIKA

B4SPORT

Wydarzenie: Dziki Weekend 2019
Organizator: Stowarzyszenie Klub Biegowy Dzik
Data: 2019-08-16
Miejsce: Police
Dystans: 5 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: M3 40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	DOLEŻEK Krystian	601		M3 40-49	1	00:00:03	00:23:30.75	00:23:34.40		4:42	12.8 (100%)
2	ZGUTKA Tomasz	1116	HUSARIA RACE TEAM	M3 40-49	2	00:00:02	00:24:13.15	00:24:15.65	+00:00:42 (2.9%)	4:50	12.4 (96.9%)
3	KRZEŚNIEWSKI Marcin	1305	ROWEROWY ZAŁOM	M3 40-49	3	00:00:01	00:24:44.75	00:24:46.45	+00:01:14 (5.0%)	4:57	12.1 (94.5%)
4	WASILEWSKI Andrzej	1055		M3 40-49	4	00:00:07	00:24:59.70	00:25:07.40	+00:01:28 (5.9%)	5:00	12 (93.8%)
5	SZYPKOWSKI Marek	1027	CHWIRAM	M3 40-49	5	00:00:01	00:25:20.15	00:25:21.85	+00:01:49 (7.2%)	5:04	11.8 (92.2%)
6	ZELEK Darek	1113		M3 40-49	6	00:00:02	00:25:36.30	00:25:38.35	+00:02:05 (8.2%)	5:07	11.7 (91.4%)
7	WUJDA Mirosław	1100	ERNI RULEZ	M3 40-49	7	00:00:03	00:25:39.70	00:25:43.30	+00:02:08 (8.4%)	5:08	11.7 (91.4%)
8	WARCHAŁOWSKI Arkadiusz	1053		M3 40-49	8	00:00:13	00:25:52.60	00:26:06.35	+00:02:21 (9.1%)	5:10	11.6 (90.6%)
9	BOJANOWSKI Piotr	1408	BEMO MOTOR	M3 40-49	9	00:00:13	00:25:59.50	00:26:12.50	+00:02:28 (9.5%)	5:11	11.5 (89.8%)
10	BABICZ Wojtek	513	BRIDGESTONE STARGARD SUNNERS	M3 40-49	10	00:00:04	00:26:01.80	00:26:06.35	+00:02:31 (9.7%)	5:12	11.5 (89.8%)
11	JODŁOWSKI Marek	701		M3 40-49	11	00:00:15	00:26:16.10	00:26:31.70	+00:02:45 (10.5%)	5:15	11.4 (89.1%)
12	DZIMECKI Grzegorz	616	SKS HUSARIA	M3 40-49	12	00:00:04	00:26:28.65	00:26:32.80	+00:02:57 (11.2%)	5:17	11.3 (88.3%)
13	KRASNODEBSKI Konrad	1405	BBL POLICE	M3 40-49	13	00:00:06	00:26:35.00	00:26:41.30	+00:03:04 (11.6%)	5:19	11.3 (88.3%)
14	KOWAL Tomasz	748		M3 40-49	14	00:00:06	00:26:36.30	00:26:42.85	+00:03:05 (11.6%)	5:19	11.3 (88.3%)
15	WOSZCZYK Sebastian	1088		M3 40-49	15	00:00:14	00:26:43.20	00:26:57.60	+00:03:12 (12.0%)	5:20	11.2 (87.5%)
16	JASTRZĘBSKI Daniel	695		M3 40-49	16	00:00:06	00:27:05.65	00:27:12.35	+00:03:34 (13.2%)	5:25	11.1 (86.7%)
17	DUSZA Robert	614		M3 40-49	17	00:06:54	00:27:06.10	00:34:00.85	+00:03:35 (13.2%)	5:25	11.1 (86.7%)
18	STEFANCZYK Przemysław	1002	GAZELA ŚWINOUJŚCIE	M3 40-49	18	00:06:54	00:27:06.20	00:34:00.20	+00:03:35 (13.2%)	5:25	11.1 (86.7%)
19	MARKS Maciej	826	STOWARZYSZENIE DOŁUJE-KOŚCINO	M3 40-49	19	00:00:21	00:27:54.05	00:28:15.80	+00:04:23 (15.7%)	5:34	10.8 (84.4%)
20	WOJTKOWIAK Rafał	1080		M3 40-49	20	00:00:08	00:28:30.40	00:28:38.60	+00:04:59 (17.5%)	5:42	10.5 (82.0%)
21	OSTOJSKI Ireneusz	889	DLL PARTNERS	M3 40-49	21	00:00:06	00:28:30.45	00:28:37.35	+00:04:59 (17.5%)	5:42	10.5 (82.0%)
22	KACZMAREK Krzysztof	704	OSOWA BIEGA	M3 40-49	22	00:00:07	00:28:47.25	00:28:54.85	+00:05:16 (18.3%)	5:45	10.4 (81.3%)
23	ŁAWNICZAK Sebastian	801		M3 40-49	23	00:00:20	00:28:50.50	00:29:11.35	+00:05:19 (18.5%)	5:46	10.4 (81.3%)
24	ZADROŻNY Szymon	1106	WATAHA WAŁCZ	M3 40-49	24	00:00:05	00:29:56.15	00:30:01.40	+00:06:25 (21.5%)	5:59	10 (78.1%)
25	KOSTRZEWA Mariusz	744	DZIKIE WIEPRZE CRM	M3 40-49	25	00:00:01	00:30:03.25	00:30:04.65	+00:06:32 (21.8%)	6:00	10 (78.1%)
26	KONDELA Paweł	737	AKTYWNE CHOSZCZNO	M3 40-49	26	00:00:35	00:30:10.10	00:30:45.45	+00:06:39 (22.1%)	6:02	9.9 (77.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
27	WITORZĘĆ Dariusz	1076		M3 40-49	27	00:00:22	00:30:13.25	00:30:35.65	+00:06:42 (22.2%)	6:02	9.9 (77.3%)
28	MARTUSZEWSKI Ryszard	827		M3 40-49	28	00:00:22	00:30:22.90	00:30:45.45	+00:06:52 (22.6%)	6:04	9.9 (77.3%)
29	MAJCHER Piotr	815	PIŁA TEAM	M3 40-49	29	00:00:06	00:30:31.90	00:30:38.15	+00:07:01 (23.0%)	6:06	9.8 (76.6%)
30	MLECZEK Roman	846	BABINEK BIEGA	M3 40-49	30	00:00:29	00:30:35.15	00:31:05.00	+00:07:04 (23.1%)	6:07	9.8 (76.6%)
31	MĄDRAWSKI Tomasz	836		M3 40-49	31	00:00:13	00:30:44.65	00:30:58.40	+00:07:13 (23.5%)	6:09	9.8 (76.6%)
32	GOZDYRA Darek	646		M3 40-49	32	00:00:20	00:30:50.30	00:31:10.50	+00:07:19 (23.8%)	6:10	9.7 (75.8%)
33	REMLAJN Adam	943	GRUPA MALBORK	M3 40-49	33	00:00:39	00:31:05.85	00:31:45.20	+00:07:35 (24.4%)	6:13	9.6 (75.0%)
34	PONIEWIERKA Remigiusz	917	DRAGON 10	M3 40-49	34	00:00:40	00:31:11.95	00:31:52.80	+00:07:41 (24.6%)	6:14	9.6 (75.0%)
35	CIESZYNSKI Wojciech	582		M3 40-49	35	00:00:15	00:31:20.45	00:31:35.60	+00:07:49 (25.0%)	6:16	9.6 (75.0%)
36	HRYNIŁO Marcin	1407	BEMO MOTOR	M3 40-49	36	00:00:13	00:31:23.50	00:31:37.45	+00:07:52 (25.1%)	6:16	9.6 (75.0%)
37	SURGUCKI Sebastian	1012	W POGONI ZA DUCHEM	M3 40-49	37	00:00:39	00:31:27.10	00:32:06.20	+00:07:56 (25.2%)	6:17	9.5 (74.2%)
38	KUCHARCZYK Robert	764	RUNGRYF	M3 40-49	38	00:00:34	00:31:43.00	00:32:17.90	+00:08:12 (25.9%)	6:20	9.5 (74.2%)
39	ŁEMPKOWSKI Janusz	806	DLL PARTNERS	M3 40-49	39	00:00:06	00:31:53.75	00:32:00.00	+00:08:23 (26.3%)	6:22	9.4 (73.4%)
40	GRZYBOWSKI Przemysław	661	KP PSP POLICE	M3 40-49	40	00:01:00	00:32:05.25	00:33:06.05	+00:08:34 (26.7%)	6:25	9.3 (72.7%)
41	HNAT Rafał	671	WATAHA WAŁCZ	M3 40-49	41	00:00:29	00:32:11.95	00:32:41.60	+00:08:41 (27.0%)	6:26	9.3 (72.7%)
42	GANCKE Grzegorz	631		M3 40-49	42	00:00:39	00:32:36.90	00:33:16.55	+00:09:06 (27.9%)	6:31	9.2 (71.9%)
43	WRÓBLEWSKI Jarosław	1098	RAZ SZCZECIN	M3 40-49	43	00:00:20	00:32:52.90	00:33:13.15	+00:09:22 (28.5%)	6:34	9.1 (71.1%)
44	GRALEWICZ Robert	650	MUROWANE MORSY	M3 40-49	44	00:00:39	00:32:56.85	00:33:36.80	+00:09:26 (28.6%)	6:35	9.1 (71.1%)
45	CARŁO Marcin	568	WIECZORNE BIEGANIE W SZCZECINIE	M3 40-49	45	00:00:12	00:33:30.25	00:33:42.40	+00:09:59 (29.8%)	6:42	9 (70.3%)
46	FIJOLEK Krzysztof	623	VIKING BIKE TEAM	M3 40-49	46	00:00:41	00:33:32.55	00:34:13.70	+00:10:01 (29.9%)	6:42	8.9 (69.5%)
47	CZYNSZAK Krystian	1146		M3 40-49	47	00:00:44	00:33:42.45	00:34:27.10	+00:10:11 (30.2%)	6:44	8.9 (69.5%)
48	HAJDUK Maciej	663		M3 40-49	48	00:00:28	00:33:43.75	00:34:12.35	+00:10:13 (30.3%)	6:44	8.9 (69.5%)
49	CHUDZIŃSKI Bartosz	577		M3 40-49	49	00:00:36	00:34:02.10	00:34:38.45	+00:10:31 (30.9%)	6:48	8.8 (68.8%)
50	WIERZCHOWSKI Arkadiusz	1067	BRIDGESTONE STARGARD RUNNERS	M3 40-49	50	00:00:48	00:34:11.55	00:34:59.75	+00:10:40 (31.2%)	6:50	8.8 (68.8%)
51	PIERŚCIŃSKI Sławomir	910		M3 40-49	51	00:00:30	00:34:24.20	00:34:54.25	+00:10:53 (31.7%)	6:52	8.7 (68.0%)
52	KLIMEK Krzysztof	727		M3 40-49	52	00:00:48	00:34:26.00	00:35:14.95	+00:10:55 (31.7%)	6:53	8.7 (68.0%)
53	BŁASIAK Radosław	1133		M3 40-49	53	00:01:01	00:34:32.75	00:35:33.80	+00:11:02 (31.9%)	6:54	8.7 (68.0%)
54	MAKSAJDA Dariusz	818		M3 40-49	54	00:00:38	00:34:39.00	00:35:17.60	+00:11:08 (32.1%)	6:55	8.7 (68.0%)
55	ŻUROWSKI Jarosław	1127		M3 40-49	55	00:00:06	00:34:40.30	00:34:46.30	+00:11:09 (32.2%)	6:56	8.7 (68.0%)
56	KLESZOWSKI Daniel	724		M3 40-49	56	00:00:52	00:34:47.10	00:35:39.90	+00:11:16 (32.4%)	6:57	8.6 (67.2%)
57	WIECZORKOWSKI Paweł	1064		M3 40-49	57	00:00:59	00:35:01.40	00:36:00.60	+00:11:30 (32.9%)	7:00	8.6 (67.2%)
58	GRODZIŃSKI Arkadiusz	653	STARGARDZKI KLUB MORSÓW MIEDWIANIE	M3 40-49	58	00:00:42	00:35:02.50	00:35:44.70	+00:11:31 (32.9%)	7:00	8.6 (67.2%)
59	WOŁOSZYN Konrad	1085	ADRENALINA TEAM	M3 40-49	59	00:00:22	00:35:05.60	00:35:28.10	+00:11:34 (33.0%)	7:01	8.5 (66.4%)
60	WIECZOREK Mariusz	1060		M3 40-49	60	00:00:30	00:35:13.55	00:35:44.30	+00:11:42 (33.3%)	7:02	8.5 (66.4%)
61	NASKRĘT Dariusz	863		M3 40-49	61	00:00:39	00:35:32.15	00:36:11.90	+00:12:01 (33.8%)	7:06	8.4 (65.6%)
62	MAŁOCHA Mariusz	821	DZIADY OCR	M3 40-49	62	00:00:00	00:35:33.10	00:35:33.10	+00:12:02 (33.9%)	7:06	8.4 (65.6%)
63	GUMOWSKI Daniel	1257		M3 40-49	63	00:00:27	00:35:51.75	00:36:19.05	+00:12:21 (34.4%)	7:10	8.4 (65.6%)
64	NASIADEK Arkadiusz	862		M3 40-49	64	00:00:36	00:36:09.65	00:36:45.90	+00:12:38 (35.0%)	7:13	8.3 (64.8%)
65	BOCK Udo	547	BRAUNSCHWEIG HASH HOUSE HARRIERS	M3 40-49	65	00:00:00	00:36:16.40	00:36:16.40	+00:12:45 (35.2%)	7:15	8.3 (64.8%)
66	GITNER Marcin	639	BIĘKNI I BESTIE	M3 40-49	66	00:00:32	00:36:27.75	00:37:00.05	+00:12:57 (35.5%)	7:17	8.2 (64.1%)
67	DOBRYCKI Piotr	599	BRIDGESTONE STARGARD RUNNERS	M3 40-49	67	00:00:44	00:36:28.45	00:37:13.40	+00:12:57 (35.5%)	7:17	8.2 (64.1%)
68	OSTROWSKI Piotr	891	23. BAZA LOTNICTWA TAKTYCZNEGO	M3 40-49	68	00:00:49	00:36:44.30	00:37:33.90	+00:13:13 (36.0%)	7:20	8.2 (64.1%)
69	LEŚNIEWSKI Wojciech	791		M3 40-49	69	00:00:37	00:36:52.10	00:37:29.60	+00:13:21 (36.2%)	7:22	8.1 (63.3%)
70	STRELCOW Krzysztof	1149		M3 40-49	70	00:00:45	00:36:59.40	00:37:45.35	+00:13:28 (36.4%)	7:24	8.1 (63.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
71	BORODYN Andrzej	551	GRUPA DOCHODZENIOWA SAVE THE BEAT	M3 40-49	71	00:00:27	00:37:11.75	00:37:39.15	+00:13:41 (36.8%)	7:26	8.1 (63.3%)
72	TUMANOWICZ Tomasz	1041		M3 40-49	72	00:00:53	00:37:19.15	00:38:12.55	+00:13:48 (37.0%)	7:27	8 (62.5%)
73	BARSZCZEWSKI Jacek	522	ZDROWO PIEPRZNIĘCI	M3 40-49	73	00:01:08	00:37:24.30	00:38:33.00	+00:13:53 (37.1%)	7:29	8 (62.5%)
74	JAŚKIEWICZ Krzysztof	696	RX FITNESS LUBIN	M3 40-49	74	00:01:00	00:37:53.90	00:38:54.10	+00:14:23 (38.0%)	7:34	7.9 (61.7%)
75	SMOLINSKI Artur	986		M3 40-49	75	00:00:55	00:38:28.85	00:39:24.60	+00:14:58 (38.9%)	7:41	7.8 (60.9%)
76	BARTNIK Jarosław	1266	ŚRUNDUNIA SZCZECIN	M3 40-49	76	00:00:52	00:38:57.05	00:39:49.30	+00:15:26 (39.6%)	7:47	7.7 (60.2%)
77	ULASS Robert	1046		M3 40-49	77	00:01:03	00:39:05.50	00:40:08.80	+00:15:34 (39.9%)	7:49	7.7 (60.2%)
78	WAJDA Waldemar	1050		M3 40-49	78	00:01:06	00:39:18.55	00:40:24.80	+00:15:47 (40.2%)	7:51	7.6 (59.4%)
79	MOSKWA Grzegorz	849	12BZ	M3 40-49	79	00:01:01	00:39:31.65	00:40:32.70	+00:16:00 (40.5%)	7:54	7.6 (59.4%)
80	MRÓZ Tomek	851		M3 40-49	80	00:00:07	00:39:38.15	00:39:45.35	+00:16:07 (40.7%)	7:55	7.6 (59.4%)
81	WIECZOREK Wojciech	1062		M3 40-49	81	00:00:16	00:40:08.00	00:40:24.25	+00:16:37 (41.4%)	8:01	7.5 (58.6%)
82	GAUDEN Piotr	633	SPC/KM UMK TORUŃ	M3 40-49	82	00:00:58	00:40:28.30	00:41:26.60	+00:16:57 (41.9%)	8:05	7.4 (57.8%)
83	ANDRZEJCZAK Michał	507	BRIDGESTONE STARGARD RUNNERS	M3 40-49	83	00:00:05	00:40:40.05	00:40:45.40	+00:17:09 (42.2%)	8:08	7.4 (57.8%)
84	SADOWSKI Mariusz	957	IRON HOUSE	M3 40-49	84	00:00:17	00:41:04.55	00:41:22.25	+00:17:33 (42.8%)	8:13	7.3 (57.0%)
85	WILKOSZ Tomasz	1417		M3 40-49	85	00:00:33	00:41:05.55	00:41:38.60	+00:17:34 (42.8%)	8:13	7.3 (57.0%)
85	MURAWSKI Wojtek	1307	ŁOWCY KILOMETRÓW	M3 40-49	86	00:01:03	00:41:05.55	00:42:09.45	+00:17:34 (42.8%)	8:13	7.3 (57.0%)
87	SOSKA Jacek	991	ANGIODIABETICA.PL	M3 40-49	87	00:00:27	00:41:11.20	00:41:38.90	+00:17:40 (42.9%)	8:14	7.3 (57.0%)
88	DOMAGALSKI Sławomir	604	SKB DZIK	M3 40-49	88	00:00:36	00:41:15.00	00:41:51.85	+00:17:44 (43.0%)	8:15	7.3 (57.0%)
89	CIEMCIOCH Paweł	579		M3 40-49	89	00:00:24	00:41:24.00	00:41:48.70	+00:17:53 (43.2%)	8:16	7.2 (56.3%)
90	PRĘTKI Robert	927		M3 40-49	90	00:01:06	00:41:57.80	00:43:04.05	+00:18:27 (44.0%)	8:23	7.1 (55.5%)
91	JASIK Mariusz	692		M3 40-49	91	00:00:32	00:42:35.75	00:43:08.15	+00:19:05 (44.8%)	8:31	7 (54.7%)
92	OMELAŃCZUK Piotr	885	ZDROWO PIEPRZNIĘCI	M3 40-49	92	00:01:12	00:43:17.40	00:44:29.45	+00:19:46 (45.7%)	8:39	6.9 (53.9%)
93	BZDAWKA Rafał	566		M3 40-49	93	00:00:48	00:43:20.00	00:44:08.00	+00:19:49 (45.7%)	8:40	6.9 (53.9%)
94	BURAKOWSKI Grzegorz	564		M3 40-49	94	00:00:44	00:43:20.30	00:44:04.95	+00:19:49 (45.7%)	8:40	6.9 (53.9%)
95	BARSZCZEWSKI Stanisław	521	KPW ŚWINOUJŚCIE	M3 40-49	95	00:00:46	00:43:42.15	00:44:28.80	+00:20:11 (46.2%)	8:44	6.9 (53.9%)
96	STEMPNIAK Zbigniew	1005	REBELS LEGION TEAM	M3 40-49	96	00:00:57	00:43:50.35	00:44:48.25	+00:20:19 (46.4%)	8:46	6.8 (53.1%)
97	CIEPIELA Przemysław	581		M3 40-49	97	00:00:45	00:44:04.90	00:44:50.55	+00:20:34 (46.7%)	8:49	6.8 (53.1%)
98	TOMASIŃSKI Szymon	1037	OSOWA-BIEGA	M3 40-49	98	00:01:06	00:45:00.10	00:46:06.85	+00:21:29 (47.8%)	9:00	6.7 (52.3%)
99	GRZEGORZEWSKI Krzysztof	658		M3 40-49	99	00:00:59	00:45:03.80	00:46:03.60	+00:21:33 (47.8%)	9:00	6.7 (52.3%)
100	NIEZGODA Adam	871	KOMPAS TEAM	M3 40-49	100	00:00:31	00:46:50.20	00:47:21.35	+00:23:19 (49.8%)	9:22	6.4 (50.0%)
101	PTASZYŃSKI Jarosław	934	OCR TEAM WŁOCŁAWEK	M3 40-49	101	00:00:17	00:50:52.85	00:51:10.35	+00:27:22 (53.8%)	10:10	5.9 (46.1%)
102	MUSZYŃSKI Tomasz	855	PIŁA TEAM	M3 40-49	102	00:00:08	00:54:45.85	00:54:54.55	+00:31:15 (57.1%)	10:57	5.5 (43.0%)
103	AYAN Ismail	512	BRAUNSCHWEIG HASH HOUSE HARRIERS	M3 40-49	103	00:00:14					(0.0%)

Znaleziono 103 wynik(ów)