



# IX OTWARTE MISTRZOSTWA LUBINA W NORDIC WALKING - AMATORZY 4KM

B4SPORT

**Event:** IX Otwarte Mistrzostwa LUBINA w NORDIC WALKING  
**Organiser:** Regionalne Centrum Sportowe Sp. z o.o.  
**Date:** 2017-10-29  
**Place:** Lubin  
**Distance:** 4 km



Classification: M46+

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Start time	Start_All 2km	Net time 4km	Czas brutto 4km	Gap	Pace min/km	Pace km/h
1	<b>JUREK Adam</b>	<b>11</b>	KS METRACO POLKOWICE	M46+	1		00:00:07	00:14:33	<b>00:29:34.35</b>	<b>00:29:41.70</b>		7:23	8.1 (100%)
2	<b>SPYCHAŁA Lesław</b>	<b>33</b>	WESOŁY BORSUK TEAM	M46+	2		00:00:07	00:15:25	<b>00:31:03.65</b>	<b>00:31:10.70</b>	+00:01:29 (4.8%)	7:45	7.7 (95.1%)
3	<b>WOJDYŁA Mieczysław</b>	<b>41</b>	TRADYCJA I JAKOŚĆ WROCŁAW	M46+	3		00:00:07	00:16:18	<b>00:33:09.50</b>	<b>00:33:17.30</b>	+00:03:35 (10.8%)	8:17	7.2 (88.9%)
4	<b>BAJ Stanisław</b>	<b>2</b>	ŚCINAWSKA GRUPA NORDIC WALKING	M46+	4		00:00:08	00:16:58	<b>00:34:50.50</b>	<b>00:34:59.30</b>	+00:05:16 (15.1%)	8:42	6.9 (85.2%)
5	<b>URBAN Jacek</b>	<b>36</b>	AZYMUT	M46+	5		00:00:06	00:17:57	<b>00:37:49.70</b>	<b>00:37:56.55</b>	+00:08:15 (21.8%)	9:27	6.3 (77.8%)
6	<b>KRAMER Leszek</b>	<b>14</b>	UNIWERSTET TRZECIEGO WIEKU	M46+	6		00:00:08	00:19:21	<b>00:39:33.40</b>	<b>00:39:42.30</b>	+00:09:59 (25.2%)	9:53	6.1 (75.3%)
7	<b>WINIARSKI Robert</b>	<b>38</b>		M46+	7		00:00:09	00:19:06	<b>00:39:41.25</b>	<b>00:39:50.60</b>	+00:10:06 (25.5%)	9:55	6 (74.1%)
8	<b>WIERZEJSKI Henryk</b>	<b>37</b>	AMATOR	M46+	8		00:00:10	00:20:48	<b>00:43:24.75</b>	<b>00:43:35.20</b>	+00:13:50 (31.9%)	10:51	5.5 (67.9%)
9	<b>SIKORA Marcin</b>	<b>138</b>		M46+	9		01:00:23	00:28:29	<b>00:56:04.85</b>	<b>01:56:28.00</b>	+00:26:30 (47.3%)	14:01	4.3 (53.1%)

Total 9 results.