



**Wydarzenie:** IX FESTIWAL BIEGU RZEŹNIKA  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2023-06-09  
**Miejsce:** Cisna  
**Dystans:** 94.39 km

## IX RZEŹNIK ULTRA

B4SPORT

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INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Smerek 20km	Wetlina 45km	Przełęcz nad Roztokami 80km	Liszna 90km	Czas netto 94.39km	Czas brutto 94.39km	Różn	Tempo min/km	Tempo km/h
1	<b>STACHURA Damian</b>	<b>2013</b>		M30	1		02:04:12	05:21:55	10:38:46	12:09:33	<b>12:56:37.95</b>	<b>12:56:46.85</b>		8:13	7.3 (100%)
2	<b>OLEJNIK Krzysztof</b>	<b>2042</b>		M30	2		02:17:59	05:46:11	11:52:03	13:51:59	<b>15:20:45.80</b>	<b>15:20:49.90</b>	+02:24:03 (15.6%)	9:45	6.2 (84.9%)
3	<b>JELENIOWSKI Paweł</b>	<b>2055</b>		M30	3		02:30:23	06:15:36	12:29:08	14:30:25	<b>15:30:22.80</b>	<b>15:30:32.80</b>	+02:33:45 (16.5%)	9:51	6.1 (83.6%)
4	<b>JĘDRZEJKO Dominik</b>	<b>2070</b>	BIEGAM SOBIE	M30	4		02:23:55	05:54:47	12:21:11	14:30:44	<b>15:32:21.30</b>	<b>15:32:27.15</b>	+02:35:40 (16.7%)	9:52	6.1 (83.6%)
5	<b>CHOŁKA Michał</b>	<b>2100</b>		M30	5		02:28:08	06:13:30	12:40:04	14:31:56	<b>15:35:11.20</b>	<b>15:35:19.35</b>	+02:38:32 (17.0%)	9:54	6.1 (83.6%)
6	<b>WOLSKI Darek</b>	<b>2010</b>	BYDGOSKI DZIK - TEAM HEJTERKI	M30	6		02:14:03	05:49:38	11:57:53	14:43:44	<b>15:42:51.65</b>	<b>15:43:01.25</b>	+02:46:14 (17.6%)	9:59	6 (82.2%)
7	<b>GAŁKA Michał</b>	<b>2047</b>	TOM-INSTAL TEAM	M30	7		02:26:52	06:12:22	12:38:19	15:06:17	<b>16:14:49.90</b>	<b>16:15:11.20</b>	+03:18:24 (20.3%)	10:19	5.8 (79.5%)
8	<b>GRUDZIŃSKI Jacek</b>	<b>2109</b>		M30	8		02:22:29	06:21:44	12:55:28	15:05:05	<b>16:15:47.45</b>	<b>16:15:53.70</b>	+03:19:06 (20.4%)	10:20	5.8 (79.5%)
9	<b>TOL Kamil</b>	<b>2008</b>	KUNA W AGREŚCIE	M30	9		02:41:16	06:41:32	13:13:20	15:19:37	<b>16:25:52.05</b>	<b>16:25:59.60</b>	+03:29:12 (21.2%)	10:26	5.7 (78.1%)
10	<b>WOŁKOWYCKI Paweł</b>	<b>2139</b>	BIEGAM Z KAJĄ	M30	10		02:46:10	06:38:23	13:12:45	15:20:07	<b>16:29:59.90</b>	<b>16:29:59.90</b>	+03:33:13 (21.5%)	10:29	5.7 (78.1%)
11	<b>GROBELNY Rafał</b>	<b>2104</b>		M30	11		02:31:28	06:20:14	13:05:38	15:20:43	<b>16:31:38.40</b>	<b>16:31:45.60</b>	+03:34:58 (21.7%)	10:30	5.7 (78.1%)
12	<b>ROSOLSKI Piotr</b>	<b>2073</b>	RAKONIEWICE	M30	12		02:37:44	06:37:59	13:38:28	15:43:07	<b>16:52:27.85</b>	<b>16:52:36.25</b>	+03:55:49 (23.3%)	10:43	5.6 (76.7%)
13	<b>TOMCZAK Dariusz</b>	<b>2021</b>		M30	13		02:59:15	07:16:15	14:21:18	16:16:40	<b>17:18:04.50</b>	<b>17:18:14.30</b>	+04:21:27 (25.2%)	10:59	5.5 (75.3%)
14	<b>ADAMCZYK Artur</b>	<b>2029</b>		M30	14		03:03:35	07:50:41	14:22:05	16:15:23	<b>17:21:23.60</b>	<b>17:21:23.60</b>	+04:24:36 (25.4%)	11:01	5.4 (74.0%)
15	<b>ROKITA Paweł</b>	<b>20</b>	RAKIETA_BIEGA_TEAM	M30	15		02:43:46	06:45:02	13:58:15	16:15:19	<b>17:25:49.15</b>	<b>17:25:54.20</b>	+04:29:07 (25.7%)	11:04	5.4 (74.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Smerek 20km	Wetlina 45km	Przełęcz nad Roztokami 80km	Liszna 90km	Czas netto 94.39km	Czas brutto 94.39km	Różn	Tempo min/km	Tempo km/h
16	<b>LEYK Daniel</b>	<b>2145</b>	LEYK TEAM	M30	16		03:03:00	07:25:18	14:30:40	16:47:27	<b>17:54:05.40</b>	<b>17:54:26.05</b>	+04:57:39 (27.7%)	11:22	5.3 (72.6%)
17	<b>MILEWSKI Mateusz</b>	<b>2093</b>	ASSECO ACTIVE TEAM	M30	17		02:44:50	06:47:44	14:31:24	16:49:12	<b>18:03:20.90</b>	<b>18:03:26.10</b>	+05:06:39 (28.3%)	11:28	5.2 (71.2%)
18	<b>NOWAK Filip</b>	<b>2044</b>		M30	18		02:55:21	07:25:56	14:57:02	16:54:32	<b>18:04:28.95</b>	<b>18:04:48.75</b>	+05:08:01 (28.4%)	11:29	5.2 (71.2%)
19	<b>PODOLSKI Marek</b>	<b>2107</b>	BIEGAMYRAZEM.PL	M30	19		02:45:26	06:59:54	14:51:16	17:11:42	<b>18:31:24.60</b>	<b>18:31:35.00</b>	+05:34:48 (30.1%)	11:46	5.1 (69.9%)
20	<b>POKORSKI Jakub</b>	<b>2146</b>	WARCHLACZKI	M30	20		02:28:05	06:38:28	14:43:07	17:11:50	<b>18:37:27.90</b>	<b>18:37:31.80</b>	+05:40:44 (30.5%)	11:50	5.1 (69.9%)
21	<b>PLESZ Wojciech</b>	<b>19</b>	SILESIA MARATHON CLUB	M30	21		02:56:24	07:38:16	15:21:48	18:21:44	<b>19:51:22.05</b>	<b>19:51:27.10</b>	+06:54:40 (34.8%)	12:37	4.8 (65.8%)
22	<b>SOŁTYSZIEWSKI Bartosz</b>	<b>2082</b>		M30	22		02:56:31	07:49:34	16:20:50	18:46:21	<b>20:17:25.70</b>	<b>20:17:32.55</b>	+07:20:45 (36.2%)	12:53	4.7 (64.4%)
23	<b>BUKOWSKI Damian</b>	<b>2129</b>		M30	23		02:58:40	07:51:19	16:10:28	18:51:09	<b>20:32:12.25</b>	<b>20:32:22.90</b>	+07:35:36 (37.0%)	13:03	4.6 (63.0%)
<b>Przekroczony limit czasu: 21:00:00</b>															
24	<b>SOĆKO Kamil</b>	<b>5</b>		M30	24		03:39:36	08:52:55	17:02:17		<b>21:05:02.65</b>	<b>21:05:06.55</b>	+08:08:19 (38.6%)	13:24	4.5 (61.6%)
	<b>WILK Krzysztof</b>	<b>12</b>	SARNI TĘTENT	M30			03:05:59 DNF	07:33:08 DNF	14:49:22 DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>CIECKIEWICZ Tomasz</b>	<b>2054</b>		M30			02:32:37 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>JĘDRZEJCZAK Artur</b>	<b>2147</b>	WLKP MOUNTAINS ULTRA	M30			03:05:09 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>GRABSKI Michał</b>	<b>14</b>	KOMBO KURCZAKI	M30			03:09:14 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)
	<b>MYĆ Witold</b>	<b>2045</b>		M30			03:15:36 DNF	DNF	DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 29 wynik(ów)